

Kent County Championship Results Sunday 10/05/2026
Senior Men

200m		Final		w/s= -1.5
No.	Athlete	Club	Perf	
1	126	William Vilpoix-Phillips	Dwain Chambers Sprint Club	22.30
2	127	Tommy Owler	Folkestone Running & AC	22.31
3	19	Jevon Sutherland	Cambridge Harriers	22.35
4	128	Dylan Purton	Tonbridge AC	22.50
5	129	Adam Thompson	Southwark Athletics Club	23.65
6	4	Rahaan Beckford Collier	Cambridge Harriers	24.87
	15	Walter Michelli (M45)	Dartford Harriers AC	DNS
	20	Omaro Thomas	Medway and Maidstone AC	DNS

800m		Final		
No.	Athlete	Club	Perf	
1	221	Joseph O'Hara	Bexley AC	2:01.49
2	217	Luke Francis	Bexley AC	2:03.13
3	218	Daniel Grech	Medway and Maidstone AC	2:04.88
4	223	Andrew Scoones (M35)	Swale Combined AC	2:05.29
5	219	Samuel Hallett	Medway and Maidstone AC	2:08.73
6	216	Connor Burford	Dartford Harriers AC	2:12.13
7	222	Matthew Preston (M50)	Cambridge Harriers	2:24.59

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	403	Bailey Stickings	Blackheath & Bromley H AC	52.14
2	402	Tom Richards (M35)	Tonbridge AC	59.18
3	191	Ian Firla (M55)	Blackheath & Bromley H AC	71.54

2000m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	372	Lewis Mills	Tonbridge AC	5:50.16
2	371	George Major	Coastal Striders	7:28.81
3	374	Oloff Van Zyl (M55)	Sevenoaks AC	7:36.39
4	370	Jacob Armstrong Plieth (M50)	Croydon Harriers	7:54.42
5	373	Jerome Moisan (M50)	Medway and Maidstone AC	8:33.62

CBP

High Jump		Final		
No.	Athlete	Club	Perf	
1	375	Harvey Fordham	Paddock Wood AC	1.80

1.60 o;1.65 -;1.70 o;1.75 o;1.80 o;1.85 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	442	Casey Johnson	Central Park Athletics	7.12
2	444	Joe Stone	Tonbridge AC	6.41
3	8	Harvey Humpheryes	Thanet AC	6.19
4	443	Alex Stone	Tonbridge AC	5.44

w/s

4.0 7.12,4.0; 6.97,3.1; -; 6.34,1.8; 6.69,2.6; x
 4.0 x; 6.41,4.0; x; 6.31,1.5; 5.85,1.8; x
 2.8 5.48,-0.3; 5.88,2.6; 6.19,2.8; -; 5.90,1.6; 5.86,1.5
 2.6 x; 3.96,1.9; x; 4.28,2.3; 5.44,2.6; 3.85,0.6

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	375	Harvey Fordham	Paddock Wood AC	12.95
2	443	Alex Stone	Tonbridge AC	12.54

w/s

0.0 12.78,1.4; 12.81,1.2; 12.88,0.0; 12.62,0.1; 12.33,1.0; 12.95,0.0
 1.1 x; x; 11.11,1.5; 12.44,0.0; x; 12.54,1.1

Javelin		Final		
No.	Athlete	Club	Perf	
1	520	Callum Nason	Cambridge Harriers	34.94

30.40; 32.61; 34.94; 31.03; -; -

U20M

200m		Final		w/s= -0.1
No.	Athlete	Club	Perf	
1	21	Marley Byfield	Blackheath & Bromley H AC	22.18
2	26	Isaiah Olajide	Medway and Maidstone AC	23.09
3	24	Ebube Madubata	Blackheath & Bromley H AC	23.53
4	130	Tane Chambers	Blackheath & Bromley H AC	24.08
5	22	Elijah Edusei	Medway and Maidstone AC	24.21

800m		Final		
No.	Athlete	Club	Perf	
1	227	Lewis Jessup	Tonbridge AC	1:55.20
2	228	Samuel Smialowski	Tonbridge AC	2:03.94

2000m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	226	Harry Fage	Blackheath & Bromley H AC	6:32.06

Long Jump		Final		
No.	Athlete	Club	Perf	
1	446	Rahman Odugbayi	Dartford Harriers AC	6.78

3.9 6.48,0.0; 6.78,3.9; 4.14,4.5; 6.28,3.0; 6.26,1.5; 6.50,2.1

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	446	Rahman Odugbayi	Dartford Harriers AC	13.61

w/s
1.8 13.54,1.7; 13.43,1.3; 13.51,0.0; 13.48,2.6; 13.11,0.0; 13.61,1.8

U18M

200m		Final		w/s= -2.8
No.	Athlete	Club	Perf	
1	43	Evan Wood	Blackheath & Bromley H AC	22.28
2	29	Zavier Brathwaite	Cambridge Harriers	22.69
3	38	Keon Odulawa	Dartford Harriers AC	24.27
4	135	Fawaz Orebiyi	Cambridge Harriers	25.07
5	136	Fred Simpson	Cambridge Harriers	25.10
6	36	Josephus Nanjo	Central Park Athletics	25.78

CBP

800m		Final		
No.	Athlete	Club	Perf	
1	230	Joe Breeze	S Factor Athletics Academy	1:58.62
2	240	Joshua Wellings	Cambridge Harriers	1:59.87
3	236	Oscar Graffin	Tonbridge AC	2:01.04
4	233	Thomas Ellis	Cambridge Harriers	2:01.63
5	238	Premlee Salmon	Dartford Harriers AC	2:04.12
6	231	Sid Breeze	S Factor Athletics Academy	2:04.77
7	239	Jacob Sparks	Dartford Harriers AC	2:04.84
8	237	Oscar Roach	Folkestone Running & AC	2:08.48
9	241	Joseph White	Cambridge Harriers	2:09.74

CBP

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	381	Elijah Olaleye	Cambridge Harriers	53.68
2	37	Hans Nmaju	Cambridge Harriers	56.22
3	405	Harry Wrigley	Tonbridge AC	58.43
	199	Alexander D'Cruz	Blackheath & Bromley H AC	DQ

CBP

2000m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	288	Benjamin O'Grady	Blackheath & Bromley H AC	5:56.67

CBP

Shot		Final		
No.	Athlete	Club	Perf	
1	472	Harry Beard	Medway and Maidstone AC	17.37
2	28	Edward Bennett	Dartford Harriers AC	11.37
3	473	Richard Faraday	Thanet AC	9.68

CBP 16.68; x; 16.95; x; 17.37; x
11.06; 10.36; 9.93; 11.37; -; x
9.48; 9.59; x; 9.51; 9.68; 9.15

Discus		Final		
No.	Athlete	Club	Perf	
1	472	Harry Beard	Medway and Maidstone AC	53.43
2	28	Edward Bennett	Dartford Harriers AC	30.96
3	473	Richard Faraday	Thanet AC	28.13

CBP 48.07; 49.56; 48.40; x; 50.27; 53.43
27.60; 28.41; 30.96; 26.33; x; 29.33
x; 28.13; 26.15; x; 25.77; 22.63

Hammer		Final		
No.	Athlete	Club	Perf	
1	506	Rory Witcombe	Blackheath & Bromley H AC	57.09
2	504	Chielotem Abana	Dartford Harriers AC	48.05
3	473	Richard Faraday	Thanet AC	36.17
4	505	Nathan Scrase-Field	Cambridge Harriers	29.40

CBP 52.14; 43.85; 51.06; x; 57.09; 54.35
41.38; 43.54; 48.05; x; 43.05; 45.95
x; 36.17; 36.06; 33.41; x; x
25.69; 27.01; 28.05; x; 29.40; 28.97

U16B

200m		Heat 1		w/s= -2.9
No.	Athlete	Club	Perf	
1	144	Jericho Senior	Blackheath & Bromley H AC	24.37
2	140	Harry Lusher	Ashford AC	25.17
3	69	Nicodemus Senior	Blackheath & Bromley H AC	25.50
4	62	Ashley Michelli	Blackheath & Bromley H AC	25.76
5	143	Alex Pipponiau	Sevenoaks AC	25.76
6	141	Ethan Miles	Medway and Maidstone AC	26.23
7	137	Akin Adeyemo	Blackheath & Bromley H AC	27.18

Q
Q
Q

200m		Heat 2		w/s= -1.9
No.	Athlete	Club	Perf	
1	60	Jovani Lindsey	Cambridge Harriers	24.40
2	45	Olajide Ajetomobi	Bexley AC	24.90
3	142	Ify Obodoh	Dartford Harriers AC	24.90
4	46	Agbaraolorun Akinsiku	Dartford Harriers AC	24.90
5	139	Jack Gregory	Medway and Maidstone AC	26.80
6	548	Jonathan Inman	Cambridge Harriers	27.50
	72	Michael Uwezu	Ashford AC	DNS

Q
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YC

200m		Final		w/s= -2.2
No.	Athlete	Club	Perf	
1	144	Jericho Senior	Blackheath & Bromley H AC	23.85
2	60	Jovani Lindsey	Cambridge Harriers	24.20
3	45	Olajide Ajetomobi	Bexley AC	24.74
4	46	Agbaraolorun Akinsiku	Dartford Harriers AC	25.19
5	69	Nicodemus Senior	Blackheath & Bromley H AC	25.31
6	140	Harry Lusher	Ashford AC	25.45
	62	Ashley Michelli	Blackheath & Bromley H AC	DNS
	142	Ify Obodoh	Dartford Harriers AC	DNS

CBP

800m		Final		
No.	Athlete	Club	Perf	
1	244	Dylan Davidson-Daniel	Ashford AC	2:02.72
2	249	Johnny Lee	Blackheath & Bromley H AC	2:04.86
3	252	Sebastian Mottram	Tonbridge AC	2:04.89
4	167	Matthew Tootell	Blackheath & Bromley H AC	2:06.36
5	251	Dexter Mein	Blackheath & Bromley H AC	2:06.58
6	250	Tiago Maia-Gibbon	Blackheath & Bromley H AC	2:08.95
7	242	Wilfred Collins	S Factor Athletics Academy	2:11.37
8	246	Benjamin Evans	Blackheath & Bromley H AC	2:13.03

CBP

1500m		Final		
No.	Athlete	Club	Perf	
1	296	Guy Bowers	Tonbridge AC	4:25.6
2	295	Oscar Barker	Ashford AC	4:26.4
3	313	Luca Szumilewicz	Tonbridge AC	4:27.0
4	306	Tristan Linder	Medway and Maidstone AC	4:27.2
5	297	Ricardo Cervera-Tomlins	Blackheath & Bromley H AC	4:29.0
6	309	Finley Paton	Ashford AC	4:30.0
7	314	Aiden Tomsett	Ashford AC	4:32.6
8	301	William Glasgow	Ashford AC	4:33.7
9	299	Emilio Garbuno Forbes	Tonbridge AC	4:36.1
10	300	William Gibbins	Weald Tri Club	4:37.6
11	316	Alexander van den Berg-Hows	Cambridge Harriers	4:43.8
12	315	Alfie Trowsdale	Tonbridge AC	4:48.9

CBP

300m Hurdles		Final		
No.	Athlete	Club	Perf	
1	389	Victor Watling	Tonbridge AC	43.10
2	165	Levi Mgbedike	Cambridge Harriers	43.97
3	384	Maxwell Guezodje	Cambridge Harriers	45.90
	65	Jake Phillips	Ashford AC	DQ

CBP

1500m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	362	Austin Richards	Cambridge Harriers	4:48.49
2	361	Finn Gotkine	Blackheath & Bromley H AC	5:09.50

CBP

Shot		Final		
No.	Athlete	Club	Perf	
1	478	Kendrick Onolememen	Cambridge Harriers	17.42
2	474	Obinna Aniebo	Dartford Grammar School	16.18
3	479	Samar Plaha	Dartford Grammar School	14.11
4	475	Story Bundy	Invicta East Kent AC	14.03
5	477	Evan Middlemiss	Blackheath & Bromley H AC	11.31
6	450	Aathinarth Gananathan	Blackheath & Bromley H AC	10.59
7	476	Maximilian Hepburn Evans	Tonbridge AC	9.87
8	480	Hayden Raymond	Medway and Maidstone AC	9.58

CBP 17.33; x; 17.40; 16.68; 16.83; 17.42
x; x; x; 16.18; 14.06; 15.91
13.58; 13.69; 14.11; x; 12.64; 12.34
13.04; 13.29; 13.64; x; 13.04; 14.03
9.52; 10.56; 9.85; 10.86; 11.31; x
x; x; x; 9.96; 10.30; 10.59
x; 9.31; 9.87; 9.82; 9.54; 9.12
9.58; x; 9.13; 9.47; 9.33; 8.43

Discus		Final		
No.	Athlete	Club	Perf	
1	474	Obinna Aniebo	Dartford Grammar School	65.41
2	478	Kendrick Onolememen	Cambridge Harriers	64.48
3	475	Story Bundy	Invicta East Kent AC	50.36
4	479	Samar Plaha	Dartford Grammar School	39.66
5	450	Aathinarth Gananathan	Blackheath & Bromley H AC	38.58
6	476	Maximilian Hepburn Evans	Tonbridge AC	35.30
7	477	Evan Middlemiss	Blackheath & Bromley H AC	29.53
8	491	Daniel Burke	Ashford AC	18.79

CBP x; 65.41; x; x; x; x
63.52; 64.17; x; 65.08; 64.48; 63.02
x; x; 34.26; 50.36; 45.33; x
x; x; 38.92; 37.31; 39.66; x
38.04; 34.13; x; 37.65; 35.26; 38.58
29.50; 31.09; 33.31; x; 34.20; 35.30
27.99; 26.46; 24.76; x; 29.53; x
18.58; x; 18.63; 18.79; 17.99; 18.57

Hammer		Final		
No.	Athlete	Club	Perf	
1	474	Obinna Aniebo	Dartford Grammar School	51.96
2	509	Osarode Oviawe	Tonbridge AC	48.80
3	507	Joshua Fatusin	Dartford Harriers AC	47.66
4	477	Evan Middlemiss	Blackheath & Bromley H AC	37.82
5	508	Timi Omotosho	Dartford Harriers AC	37.39
6	510	Gabriel Sunday	Dartford Grammar School	31.16
7	476	Maximilian Hepburn Evans	Tonbridge AC	28.66

CBP 51.50; x; 51.96; 51.96; x; 48.37
 x; 48.80; 46.14; x; x; x
 47.66; 46.07; 42.78; 47.58; 45.50; 44.97
 35.28; x; 36.22; x; 33.22; 37.82
 35.11; x; 37.39; x; 31.12; 35.38
 28.75; x; x; 31.16; x; x
 25.93; x; 18.70; 21.86; 27.76; 28.66

Senior Women		Final		w/s= 0.5	
100m		No.	Athlete	Club	Perf
1	75	Doyin Aderinto	Cambridge Harriers	12.36	
2	76	Noa Maoundus	Cambridge Harriers	12.78	
3	74	Derin Aderinto	Cambridge Harriers	12.85	
4	80	Zahra Saedi	Ashford AC	13.61	
5	78	Amirat Mohammed-Hassan	Cambridge Harriers	13.61	

400m		Final		
No.	Athlete	Club	Perf	
1	146	Asha Root	Tonbridge AC	53.74
2	209	Holly Mpassy	Blackheath & Bromley H AC	54.39
3	145	Lucy Hope	Medway and Maidstone AC	57.37
4	206	Zoe Austridge	Blackheath & Bromley H AC	60.89
5	79	Faye Olszowka (T20)	Bexley AC	64.10

1500m		Final		
No.	Athlete	Club	Perf	
1	321	Abigail Royden	Medway and Maidstone AC	4:44.61

100m Hurdles		Final		w/s= -1.4
No.	Athlete	Club	Perf	
1	78	Amirat Mohammed-Hassan	Cambridge Harriers	18.33
2	76	Noa Maoundus	Cambridge Harriers	25.64

1500m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	352	Olwen Cockell (W50)	Swale Combined AC	6:38.49

Shot		Final		
No.	Athlete	Club	Perf	
1	483	Natalie Mann	Cambridge Harriers	8.28
2	482	Alyson French	Swale Combined AC	7.76

8.28; x; 7.62; 7.28; 7.37; 7.79
 7.63; 7.76; 7.44; 7.17; x; 7.12

Discus		Final		
No.	Athlete	Club	Perf	
1	495	Zara Obamakinwa	Blackheath & Bromley H AC	57.91
2	494	Kirsty-Anne Ebbage	Birchfield Harriers	39.77
3	483	Natalie Mann	Cambridge Harriers	25.87
4	493	Sam Ansell	Bexley AC	20.51
5	482	Alyson French	Swale Combined AC	18.10

CBP x; 52.39; 57.91; 53.25; x; 55.10
 36.64; x; x; 39.77; 38.95; 39.63
 24.63; 23.79; x; x; x; 25.87
 20.37; 20.51; 18.62; x; x; 16.39
 x; 16.84; 18.10; 16.29; x; 16.63

Hammer		Final		
No.	Athlete	Club	Perf	
1	494	Kirsty-Anne Ebbage	Birchfield Harriers	40.77
2	513	Amelia Lawton	Thanet AC	37.61
3	511	Claire Capon	Dartford Harriers AC	36.44
4	483	Natalie Mann	Cambridge Harriers	34.70
5	512	Sophie Fenner	Cambridge Harriers	33.98
6	514	Stacy Taylor	Dartford Harriers AC	25.40

40.77; x; 38.58; 39.83; x; x
 37.61; x; 35.81; 35.71; x; x
 32.64; 35.50; 34.00; 36.44; x; x
 34.70; 34.28; 33.06; 32.35; 33.60; x
 31.54; x; x; 33.98; 32.29; x
 25.40; x; x; 22.96; x; x

U20W		Final		w/s= -1.4	
100m		No.	Athlete	Club	Perf
1	85	Oluwadamitan Showemimo	Medway and Maidstone AC	12.24	
2	86	Qi-Chi Ukpai	Blackheath & Bromley H AC	12.67	
3	84	Azaria Makinde	Medway and Maidstone AC	12.71	

400m		Final	
No.	Athlete	Club	Perf
210	Hannah Clarke	Dartford Harriers AC	DQ

1500m		Final		
No.	Athlete	Club	Perf	
1	323	Amelia Lawrence	Cambridge Harriers	4:53.02

100m Hurdles		Final		w/s= -1.4
No.	Athlete	Club	Perf	
1	83	Lily Gayle	Cambridge Harriers	14.55

Hammer		Final		
No.	Athlete	Club	Perf	
1	516	Isabella Wilson	Thanet AC	41.47
2	515	Lacee Webb	Blackheath & Bromley H AC	29.92

x; 37.36; 38.06; 39.94; 41.47; x
29.78; 28.00; 26.40; 29.54; x; 29.92

U18W 100m		Final		w/s= -3.2
No.	Athlete	Club	Perf	
1	90	Chizam Boniface	Blackheath & Bromley H AC	12.35
2	88	Danielle Agyemang-Tolbert	Cambridge Harriers	12.40
3	92	Cheyenne Nketia	Blackheath & Bromley H AC	12.57
4	89	Keriema Bailey	Bexley AC	12.82
5	96	Lucy Steer	Invicta East Kent AC	12.88
6	95	Amelia Reed	Medway and Maidstone AC	13.56
7	97	Aliah Sandra Storari	Invicta East Kent AC	13.83

CBP

1500m		Final		
No.	Athlete	Club	Perf	
1	324	Rose Crossley	Medway and Maidstone AC	4:52.82
2	326	Martha Leek	Medway and Maidstone AC	4:58.01
3	325	Isabel Gowing	Tonbridge AC	5:00.45

CBP

100m Hurdles		Final		w/s= -1.1
No.	Athlete	Club	Perf	
1	390	Tess Hepple	Cambridge Harriers	14.43
2	93	Fayo Olatunde	Blackheath & Bromley H AC	14.72

CBP

High Jump		Final		
No.	Athlete	Club	Perf	
1	427	Abigail Smith	Folkestone Running & AC	1.40
	426	Destiny Oveto	S Factor Athletics Academy	NM

CBP 1.30 o; 1.35 o; 1.40 o; 1.45 xxx
1.30 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	150	Dara Akinyele	Dartford Harriers AC	5.02
2	454	Emily Malherbe	Medway and Maidstone AC	4.97
3	97	Aliah Sandra Storari	Invicta East Kent AC	4.65
4	426	Destiny Oveto	S Factor Athletics Academy	4.18

w/s

- CBP 5.02,-; 4.87,-; 4.50,-; 4.73,-; 4.64,-; 4.82,-
- 3.65,-; 4.29,-; x; x; 4.38,-; 4.97,-
- x; 4.31,-; 4.65,-; 4.41,-; 4.14,-; 4.30,-
- 4.15,-; 4.18,-; 4.05,-; x; x; 3.84,-

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	214	Angel Salako	Dartford Harriers AC	10.73
2	466	Chikamso Ugoji	Dartford Harriers AC	10.61
3	427	Abigail Smith	Folkestone Running & AC	8.75

0.0 CBP 10.55,2.4; 10.30,-0.1; 10.65,1.0; 10.73,0.0; 10.46,0.0; 10.40,0.6
1.3 9.91,0.0; 10.48,1.8; 10.61,1.3; 10.18,0.0; 10.49,3.0; 10.61,1.8
2.2 8.45,3.5; 8.59,4.9; 8.72,0.7; 8.75,2.2; 8.27,1.0; 8.47,0.5

Javelin		Final		
No.	Athlete	Club	Perf	
1	534	Mia Blaber	Medway and Maidstone AC	39.25
2	535	Maddison Lopez	Bexley AC	34.07
3	427	Abigail Smith	Folkestone Running & AC	27.24

CBP 37.76; 37.38; 39.25; 36.30; 30.34; 38.38
34.07; 29.36; 32.52; 28.49; x; 27.04
25.78; 26.47; 25.98; 24.54; 26.05; 27.24

U16G 100m		Heat 1		w/s= 0.8
No.	Athlete	Club	Perf	
1	121	Gwennan Thomas	Dartford Harriers AC	13.94
2	113	Edesiri Okpenerho	Blackheath & Bromley H AC	14.11
3	104	Layla Allen	Medway and Maidstone AC	14.27
4	108	Nicola Cranage	Cambridge Harriers	14.81
5	118	Serena Simans	Blackheath & Bromley H AC	14.95
6	122	Emilia Vella	Ashford AC	15.47
100m		Heat 2		w/s= -1.9
No.	Athlete	Club	Perf	
1	103	Joyce Akindeji	Medway and Maidstone AC	13.40
2	111	Nataniah Hinds	Medway and Maidstone AC	13.68
3	119	Jennifer Speakman	Cambridge Harriers	13.80
4	102	Annabel Aghedo	Dartford Harriers AC	13.91
5	107	Sheun Bello	Bexley AC	14.15
6	110	Lauren Griffin	Blackheath & Bromley H AC	14.49

Q
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Q

100m		Heat 3		w/s= -0.9
No.	Athlete	Club	Perf	
1	120	Amiyah Spencer	Medway and Maidstone AC	12.42
2	106	Kerienah Bailey	Bexley AC	13.22
3	123	Ayomide Yemi-Sofumade	Medway and Maidstone AC	13.44
4	114	Indiah Onwujiwe	Swale Combined AC	13.51
5	117	Oluwamumidara Showemimo	Medway and Maidstone AC	13.60
6	109	Zamaia Dixon	Blackheath & Bromley H AC	13.70
7	100	Similoluwa Adenikinju	Cambridge Harriers	13.85

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q

100m		Final		w/s= -1.6
No.	Athlete	Club	Perf	
1	120	Amiyah Spencer	Medway and Maidstone AC	12.38
2	103	Joyce Akindeji	Medway and Maidstone AC	13.07
3	106	Kerienah Bailey	Bexley AC	13.15
4	114	Indiah Onwujiwe	Swale Combined AC	13.27
5	123	Ayomide Yemi-Sofumade	Medway and Maidstone AC	13.56
6	111	Nataniah Hinds	Medway and Maidstone AC	13.71
7	113	Edesiri Okpenerho	Blackheath & Bromley H AC	13.80
8	121	Gwennan Thomas	Dartford Harriers AC	13.83

CBP

300m		Heat 1		
No.	Athlete	Club	Perf	
1	175	Kara Bryan	Blackheath & Bromley H AC	41.13
2	153	Maya Conell	Blackheath & Bromley H AC	42.12
3	106	Kerienah Bailey	Bexley AC	43.95
4	159	Mattea Stanley	Invicta East Kent AC	44.63
5	182	Amelie Ramdeen	Blackheath & Bromley H AC	45.84
6	173	Izzy Adams	Swale Combined AC	48.50
7	180	Nathaniel Odubamowo	Bexley AC	54.13

Q CBP
Q
Q
q

300m		Heat 2		
No.	Athlete	Club	Perf	
1	176	Gabriella Emoekabu	Medway and Maidstone AC	43.03
2	179	Eva John	Blackheath & Bromley H AC	44.19
3	181	Freya Pearson	Blackheath & Bromley H AC	44.23
4	185	Isabella-Rose Stephenson	S Factor Athletics Academy	44.33
5	183	Shevia Ryan	Dartford Harriers AC	44.88
6	184	Aoife Stanley	Blackheath & Bromley H AC	44.91
7	177	Alba Homans-Yau	Blackheath & Bromley H AC	45.43

Q
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300m		Final		
No.	Athlete	Club	Perf	
1	175	Kara Bryan	Blackheath & Bromley H AC	41.43
2	153	Maya Conell	Blackheath & Bromley H AC	42.70
3	176	Gabriella Emoekabu	Medway and Maidstone AC	43.33
4	159	Mattea Stanley	Invicta East Kent AC	43.55
5	185	Isabella-Rose Stephenson	S Factor Athletics Academy	44.45
6	179	Eva John	Blackheath & Bromley H AC	44.55
7	106	Kerienah Bailey	Bexley AC	45.04
8	181	Freya Pearson	Blackheath & Bromley H AC	45.28

800m		Final		
No.	Athlete	Club	Perf	
1	175	Kara Bryan	Blackheath & Bromley H AC	2:17.36
2	177	Alba Homans-Yau	Blackheath & Bromley H AC	2:24.96
3	181	Freya Pearson	Blackheath & Bromley H AC	2:25.41
4	179	Eva John	Blackheath & Bromley H AC	2:26.72
5	268	Elliott Amos	Blackheath & Bromley H AC	2:31.10
6	272	Poppy Duncan	Ashford AC	2:31.11
7	152	Emily Butcher	Tonbridge AC	2:34.14
8	274	Hana Maeda	Tonbridge AC	2:36.34

CBP

1500m		Final		
No.	Athlete	Club	Perf	
1	334	Purdey Hutchings	Tonbridge AC	4:45.65
2	332	Matilda Holliday	Dartford Harriers AC	4:46.27
3	333	Harriet Hughes	Blackheath & Bromley H AC	4:46.75
4	336	Lizzie Sanders	Cambridge Harriers	4:48.08
5	328	Evie De Bruyn	Blackheath & Bromley H AC	5:02.73
6	330	Stella Garvey	Blackheath & Bromley H AC	5:33.84
7	327	Holly Alford-Smith	Blackheath & Bromley H AC	5:43.26

CBP

300m Hurdles		Final		
No.	Athlete	Club	Perf	
1	398	Matilda Murray	Blackheath & Bromley H AC	43.96
2	181	Freya Pearson	Blackheath & Bromley H AC	47.43
3	158	Poppy Rogers	Medway and Maidstone AC	51.04
4	121	Gwennan Thomas	Dartford Harriers AC	51.93
	412	Keira Barnard	Swale Combined AC	DNF

CBP

1500m Steeplechase Final

No.	Athlete	Club	Perf
1	367	Gretchen Cheung	6:07.34
2	368	Isabella Jenkins	6:11.82

CBP

High Jump Final

No.	Athlete	Club	Perf
1	429	Alessia Scala	1.78
2	396	Talia Junaid-Evans	1.68
3	178	Manroop Jandu	1.60
4	108	Nicola Cranage	1.30
	428	Leela Bhadeshia	nm

CBP 1.60 o;1.65 o;1.68 o;1.71 o;1.74 o;1.76 o;1.78 xo;1.80 xxx
 1.60 o;1.65 xo;1.68 xo;1.71 xxx
 1.55 xxo;1.60 o;1.65 xxx
 1.20 o;1.30 xo;1.35 xxx
 1.20 xxx

Long Jump Final

No.	Athlete	Club	Perf
1	396	Talia Junaid-Evans	5.32
2	103	Joyce Akindeji	5.19
3	399	Tiffany Oyewale	4.96
4	159	Mattea Stanley	4.90
5	182	Amelie Ramdeen	4.71
6	459	Isabelle Rider	4.61
7	456	Lily Kenyon	4.56
8	102	Annabel Aghedo	4.34
9	158	Poppy Rogers	4.27
10	455	Abigall Aghedo	4.24
11	547	Amanda Onwuasoanya	4.11
12	173	Izzy Adams	3.60
	458	Olwyn Mtungwazi	nm

w/s

2.8 CBP x; x; 5.27,3.9; 5.32,2.8; 5.28,4.1; 5.09,3.7
 3.0 5.19,3.0; x; 4.95,3.5; 4.99,2.8; 5.10,3.4; 5.05,1.3
 2.0 4.86,4.1; x; 4.90,2.7; 4.96,2.0; 4.33,2.0; x
 3.0 4.65,2.3; 4.60,2.1; 4.38,2.7; 4.65,2.0; 4.55,2.3; 4.90,3.0
 1.8 4.42,2.8; 4.33,2.9; 4.46,1.3; 4.71,1.8; 4.59,3.9; 4.48,2.3
 3.5 4.50,3.7; 4.48,2.4; 4.25,2.3; 4.56,3.0; x; 4.61,3.5
 2.3 x; 4.45,2.3; x; x; x; 4.56,2.3
 4.1 3.59,5.0; 3.52,3.1; 4.34,4.1; 3.70,1.8; 4.30,2.1; 4.23,4.0
 3.6 4.27,3.6; 4.23,0.5; -
 1.1 4.03,5.4; 4.20,1.7; 4.24,1.1
 2.0 4.11,2.0; 3.09,2.0; 3.52,2.6
 1.7 3.18,1.1; 3.55,2.4; 3.60,1.7
 x; x; x

Triple Jump Final

No.	Athlete	Club	Perf
1	397	Elizabeth McKen	10.26
2	172	Shekinah Acheampong	9.26
3	467	Kelsie Allcorn	9.15
4	468	Diana Obersterescu	7.99

w/s

0.8 CBP 10.26,0.8; 10.12,0.1; 10.19,0.6; 10.00,0.9; 9.96,0.0; 9.77,1.3
 3.5 9.26,3.5; x; 9.02,2.1; 8.80,1.5; 8.94,3.0; x
 0.0 9.15,0.0; x; 9.01,4.6; 8.97,0.2; 8.66,3.0; 8.75,1.9
 2.3 7.96,3.6; 7.94,0.7; 7.72,2.2; 7.99,2.3; 7.78,0.0; 7.79,2.5

Javelin Final

No.	Athlete	Club	Perf
1	393	Miya Cook	38.27
2	497	Imogen Mace	36.22
3	536	Ruby Aslaner	31.29
4	486	Lucy Burrows-Cloude	24.10
5	537	Hayley-Caprice Beaumont	21.25
6	105	Antonia Badmus	12.36

CBP 36.05; 36.28; 35.01; 33.84; x; 38.27
 29.65; 34.97; 29.50; 35.31; 32.17; 36.22
 22.43; 21.63; 25.90; x; 22.53; 31.29
 17.82; 22.78; 20.59; 23.25; 16.70; 24.10
 x; 18.21; 21.25; x; x; 21.20
 12.36; 11.54; 6.78; 11.26; x; 12.24