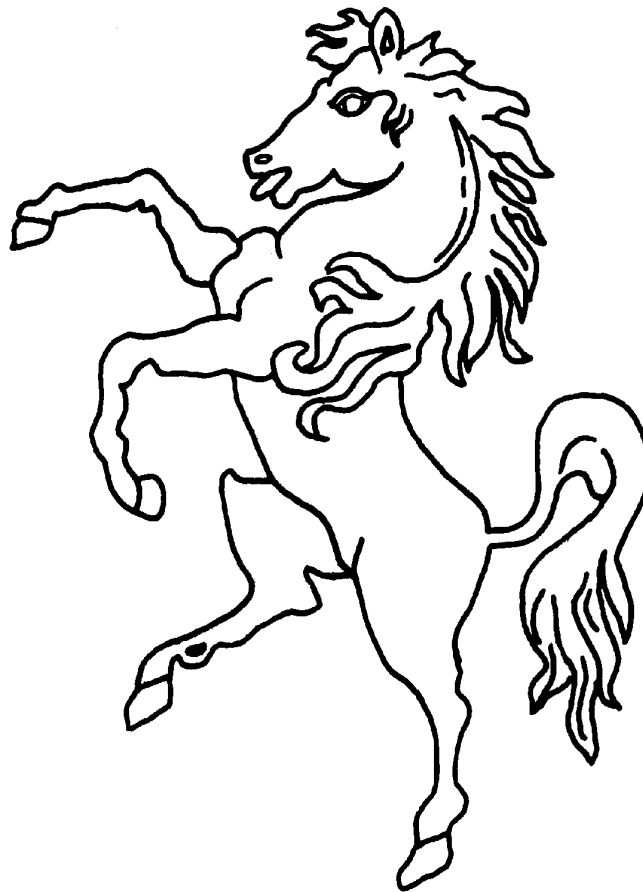


**KENT COUNTY ATHLETIC ASSOCIATION
KENT VETERAN'S CROSS COUNTRY
CHAMPIONSHIPS**



(UNDER UKA and KCAA RULES)

22nd November 2025

Central Park, Dartford

Kent Vets XC at Central Park, Dartford.

Saturday 22nd November 2025.

Parking reminders and update.

1. Competitors parking is recommended in the Acacia Car Park, Overy Liberty DA1 1DJ public pay and display car park as shown on the course maps and is convenient to the course. (The Central Car Park, Market Street is limited to a maximum stay of 2hrs)
www.dartford.gov.uk/by-category/transport-and-streets/parking/pay-and-display-car-parks-and-on-street-pay-and-display-bays/town-centre-car-parks-map. Acacia is £1 for 2 hrs/£2 for 4 hrs
2. Dartford Borough Council, politely reminded us that Cranford Road will be checked by Parking Officers, as that area is **Residents only parking**.
3. No parking is available at the track, as the car park will be locked after the morning Park Run, and Track activities.

Facilities

1. Portaloos will be located in the small meadow near the Darent Bridge.
2. Registrations, and Presentations will be at the Course.
3. First Aid provided by SMS, our regular provider, will be based up at the Start/Finish area from about 10.45.

The Course

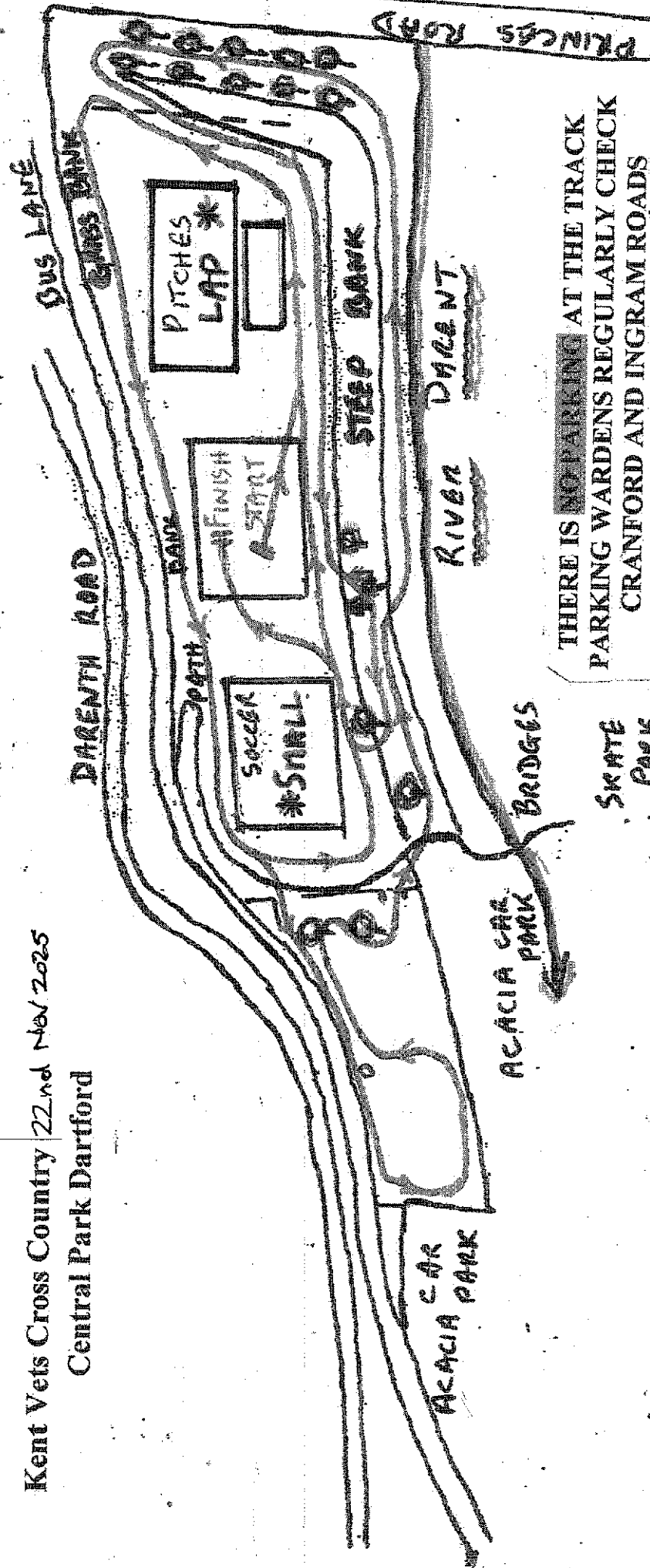
1. Almost exactly the same, as for the previous Championships, but Start/Finish have been relocated to a central area of the sports fields.
2. The twisting lap on the small Acacia field, is slightly shorter, as some land is now beyond the new fence line. Top gate in and bottom gate out across a surfaced path.
3. The steep path from the river side, back up to the plateau pitches area has even more exposed roots now. We will endeavour to spray the most obvious of these. The Park Runners run up this every week.
4. Thanks to Dartford Borough Council. They have cut, and prepared the steep bank, to make it very clear where the course runs. Even making separate tracks, where there is two-way running. Also cutting back some significant low branches.
5. We would ask that any tents not be located on the pitches. There is a fairly large area available close to the Finish Funnel. Dartford Royals FC are very cooperative with us about our event so we will try to keep the course off the active pitches.
6. The gate from the car park across the small Acacia field will be open for pedestrians only. It may help access if carrying tents.

Kent Veteran's Cross Country Championship
Central Park Dartford
Saturday 22nd November 2025

Race No	Event	Time	Team Awards	Course	Distance
Race 1	M50-M59	11.30	First 4 to score	One small and four long laps	8400m
Race 2	M60-M69	12.15	First 3 to score	Two small and two long laps	5200m
Race 2	M70+	12.15	First 3 to score	Two small and two long laps	5200m
Race 2	W65+	12.15	First 3 to score	Two small and two long laps	5200m
Race 3	W35-W44	13.00	First 3 to score	Two small and two long laps	5200m
Race 3	W45-W54	13.00	First 3 to score	Two small and two long laps	5200m
Race 3	W55-W64	13.00	First 3 to score	Two small and two long laps	5200m
Race 4	M40-M49	13.50	First 4 to score	One small and four long laps	8400m

The first 3 finishers in all age groups to be awarded medals

Kent Vets Cross Country 22nd Nov 2025
Central Park Dartford



Courses

- 11.30 M 50-59 One small lap, followed by 4 long laps – approx. 8.4k
- 12.15 M 60-69, M70+ and W65+
Two small laps, followed by 2 long laps – approx. 5.2k
- 13.00 W 35-44, W 45-54, W 55-64
Two small laps, followed by 2 long laps – approx. 5.2k
- 13.50 M 40-49 One small lap, followed by 4 long laps – approx. 8.4k

RACE HQ – REGISTRATION
NEAR THE COURSE

ATHLETICS
TRACK

M50 - M59 Championship Entries

Race No Athlete Name

Ashford AC

1 Ian King

Ashford & District RRRC

2 Jim Loftus (M55)

3 David Tomlinson

Beckenham Running Club

4 Jim Addison

5 Neil Phillips (M55)

Bexley AC

6 Brian Crane (M55)

7 Santos Diana

Blackheath & Bromley H AC

8 David Beadle (M55)

9 Barry Horgan

10 Chris Martin

11 Jason Meers (M55)

12 Colin Pearson (M55)

13 Neil Roberts

14 Douglas Varney

Cambridge Harriers

15 Russell Buchanan

16 Steven Cummins

17 Anthony McGinty

18 Winston Parkinson

19 Matthew Preston

20 David Reader

Canterbury Harriers

21 Phil Deery (M55)

Central Park Athletics

22 Antony Hylton

Croydon Harriers

23 Jacob Armstrong Plieth

Dartford Harriers AC

24 Reuben Burford

25 Nicholas Varley (M55)

Dartford Road Runners

26 Andrew Green (M55)

27 Keith Harvey (M55)

28 Steve Jarvis

29 Mark Reynolds (M55)

Dover Road Runners

30 Michael Larnder

Dulwich Runners AC

31 Andy Bond

Folkestone Running and AC

32 Paul Bartlett

33 Darren Philip

Greenwich Tritons

34 Martin Tynan

Race No Athlete Name

Invicta East Kent AC

35 Michael Gallyer-Barnett (M55)

36 Darren Scrivens

37 Gavin Whitlock (M55)

Istead and Ifield Harriers

38 Andrew Archer (M55)

39 Derek George

40 Peter Stone

Kent AC

41 Che Compton

42 Julian Gevers (M55)

43 Adrian Lobb

44 Philip Marsden (M55)

45 Paul McCrone (M55)

46 Stephen McGrory (M55)

47 Philip Sanders

Medway and Maidstone AC

48 Richard Kerswill (M55)

49 Justin Lane

50 Scott Lynch (M55)

51 Jerome Moisan

52 Alun Rodgers (M55)

53 Jason Simmonds

54 Stephen Turpie

55 Darren Wright

56 Neill Wright

Mote Runners

57 Paul Norman

Orpington Road Runners

58 Gavin Kitchingham (M55)

59 Martin Moss

60 Paul O'Grady (M55)

Plumstead Runners

61 Hugo McGregor-Davies (M55)

Sevenoaks AC

62 Allan Lee

63 Oloff Van Zyl (M55)

Tonbridge AC

64 Nicholas Arnott

65 James Beeston

66 Anthony Bennett

67 Tobin Bird (M55)

68 Ed Fraser

69 Christopher Potter (M55)

70 Richard Preston (M55)

Tunbridge Wells Harriers

71 Robin Barwick

72 Craig Chapman

73 George Harris

74 William Levett

75 Eren Muduroglu (M55)

76 Christopher Walmsley

77 Simon Whitaker (M55)

Weald Tri Club

78 Tim Tapper (M55)

M60 - M69 Championship Entries

Race No	Athlete Name	Race No	Athlete Name	Race No	Athlete Name
	Ashford & District RRC		Medway and Maidstone AC		Greenwich Tritons
79	Adrian Beresford	116	Robert Fursey	150	Vernon Thomas (M80)
80	Keith Lynn	117	Don Lawless		
	Beckenham Running Club	118	Adrian Moody		Istead and Ifield Harriers
81	Steven Moss	119	Mark Simpson	151	Geoffrey Bains
82	Richard Selway		Mote Runners	152	Barry Bell (M75)
83	Nigel Wood (M65)	120	Alan Probert	153	Trevor Edgley (M75)
	Bexley AC		Orpington Road Runners	154	John Wilkins
84	Alan Perryman	121	Steven Georgiadis		Kent AC
	Blackheath & Bromley H AC	122	Martin Pointing	155	John Barron
85	Mark Ellison (M65)		Plumstead Runners	156	Andrew Gardiner
86	David Leal (M65)	123	James Otter	157	Julian Spencer-Wood
87	Steven Pairman		Sevenoaks AC		Medway and Maidstone AC
88	Andrew Tutt	124	Keith Dowson	158	Paul McAuliffe
	Cambridge Harriers		Tonbridge AC	159	Ivon Whitmore
89	Clem Dixon	125	Cain Bradley (M65)	160	Jeremy Woolley
90	Martin Hawkins	126	Philip Coleman		Mote Runners
91	Martin Leat (M65)	127	Antony Fullbrook	161	David Grunfeld (M75)
92	Ian McCarthy (M65)	128	Mark Pitcairn-Knowles	162	Michael Jefferies (M75)
	Canterbury Harriers	129	Ben Reynolds	163	Robert Korten
93	John Cooper (M65)	130	Graeme Saker		Orpington Road Runners
94	Adam Cowper-Smith (M65)		Tunbridge Wells Harriers	164	Barry Dixey
95	Andrew Farrant (M65)	131	Steve Bolton (M65)	165	Tony Edwards (M75)
96	Hugh Gostelow (M65)	132	Clifford Gray		Sevenoaks AC
97	Andrew Phillips	133	Colin Ricketts	166	John Denyer (M75)
	Central Park Athletics	134	Colin Timmins	167	Simon Hallpike
98	John Arnould (M65)	135	Martin Yardley	168	Geoffrey Kitchener (M75)
99	Anthony Durey		Vegan Runners UK	169	Jim Knight
	Dartford Road Runners	136	Adrian Pope		Tonbridge AC
100	Jonathan Wynne		M70+ Championship Entries	170	Alan Newman
	Dulwich Runners AC		Blackheath & Bromley H AC		Tunbridge Wells Harriers
101	Stephen Smythe (M65)	137	Cornelius Griffin	171	Paul Kromm
	Folkestone Running and AC	138	Andrew Lawes	172	Peter Richardson
102	Torben Jessen		Cambridge Harriers		
103	Krzysztof Klidzia	139	Michael Ellsmore		
104	Andrew Noble	140	Peter Hadley (M75)		
105	David Weekes		Canterbury Harriers		
	Greenwich Tritons	141	Steven Clark		
106	Simon Neville	142	Joe Hicks		
	Invicta East Kent AC	143	Tony Savage		
107	Adrian Gilham	144	David Thomas		
	Istead and Ifield Harriers	145	Mark Wenman		
108	Peter Gibson (M65)		Dartford Harriers AC		
109	Melwyn Moore	146	Robert Coombes (M75)		
110	Peter Moore		Dartford Road Runners		
	Kent AC	147	Steve Gallagher		
111	Luke Armitage	148	Roy Knight		
112	Roger Beardsworth		Dover Road Runners		
113	Bernard Hutchinson (M65)	149	Mark Sluman		
114	Leonard Reilly				
115	Stephen Scobie				

W65+ Championship Entries

Race No Athlete Name

Beckenham Running Club

173 Gail Arnott

Bexley AC

174 Geraldine Legon

Cambridge Harriers

175 Stephanie Dungate

176 Maria MacDonald (W70)

177 Anna Rowland

Canterbury Harriers

178 Elisabeth Batty

179 Leontine Jones (W75)

180 Barbara Wenman

Dover Road Runners

181 Johanne Daniels

Invicta East Kent AC

182 Victoria Talbot Rosner

Istead and Ifield Harriers

183 Joyce Bell (W70)

184 Barbara Ockendon (W70)

185 Mary Whittaker (W70)

Kent AC

186 Zoe Gaffen

187 Annabelle Hadlow

Larkfield AC

188 Janice Moorekite

Tunbridge Wells Harriers

189 Stella Richardson

W35 - W44 Championship Entries

Race No	Athlete Name
	Ashford & District RRC
190	Jolene Brind
191	Sophie Edmonds
192	Ailis Goddard (W40)
193	Ellie Osborne (W40)
194	Wafaa Schiefler (W40)
195	Victoria Stone
196	Sophie West (W40)
	Bexley AC
197	Laura Waller (W40)
198	Kirsty Witt
	Cambridge Harriers
199	Katie Sanders (W40)
	Central Park Athletics
200	Coralie Charles (W40)
	Dartford Road Runners
201	Amy Hutchings (W40)
	Harvel Hash House Harriers
202	Emily Plummer
	Istead and Ifield Harriers
203	Karla Ceka (W40)
204	Sally George (W40)
	Kent AC
205	Victoria Cartwright (W40)
206	Susannah Fairbrass
207	Nesrin Sabanci (W40)
208	Elinor Skinner (W50)
	Medway and Maidstone AC
209	Vera Hunter (W40)
	Tonbridge AC
210	Eleanor Baker (W40)
211	Rebecca Morton
212	Charlotte Warren (W40)
	Tunbridge Wells Harriers
213	Susan Cooper (W40)
214	Vicky Eames (W40)
215	Stephanie Hanes
216	Rosalind Hunter (W40)

W45 - W54 Championship Entries

Race No	Athlete Name
	Ashford & District RRC
217	Alison Waters (W50)
	Bexley AC
218	Claire Briner (W50)
219	Julie Bryer
220	Sarah Dodds
221	Christina Fleetwood
222	Beata Kubala-Todd
223	Zsuzsanna Racz
	Blackheath & Bromley H AC
224	Jane Bradshaw (W50)
225	Elizabeth Bunn
226	Carole Coulon (W50)
227	Angelina Stephens
228	Katy Sugden (W50)
	Cambridge Harriers
229	Joanne Barber (W50)
230	Emma Brown
231	Ceinwen Giles (W50)
232	Maggie Illingworth
233	Joanna Parke
	Central Park Athletics
234	Elizabeth Brookes
235	Anoushka Johnson (W50)
236	Kirsten McTeer (W50)
	Dartford Harriers AC
237	Kerrie Clarke (W50)
	Dartford Road Runners
238	Hazel Behagg (W50)
239	Emma Brown
240	Christine Munday (W50)
	Dover Road Runners
241	Karla Larnder (W50)
	Folkestone Running and AC
242	Carrie Thomas
	Greenwich Tritons
243	Kate Fry
244	Lesley McCarthy (W50)
245	Emmanuelle Navarri (W50)
	Invicta East Kent AC
246	Renata McDonnell (W50)
	Istead and Ifield Harriers
247	Jacqueline King (W50)
	Kent AC
248	Victoria Buck (W50)
249	Clare Elms (W60)
250	Teresa Murphy
251	Elinor Skinner (W50)
252	Suzanne Spalding (W50)
	Larkfield AC
253	Claire Stone

Race No	Athlete Name
	Medway and Maidstone AC
254	Karen Cudmore (W50)
255	Jenny Fowler
256	Taryne Fursey
257	Rachael Huntingford (W50)
258	Jill Young (W50)
	Sevenoaks AC
259	Rebecca Pickard
	Swale Combined AC
260	Olwen Cockell (W50)
	Tonbridge AC
261	Julie Goodge (W50)
262	Sasha Humphries (W50)
263	Lisa Knight (W50)
264	Elizabeth Owen
	Tunbridge Wells Harriers
265	Alison Farrall (W50)
266	Jillian Holford (W50)
267	Julie McPherson (W50)
268	Katie Trowsdale
269	Joan Woodward (W50)

W55 - W64 Championship Entries

Race No Athlete Name

Ashford & District RRC

270 Tracey Calnan
271 Christine Costiff (W60)

Beckenham Running Club

272 Kate Marchant

Cambridge Harriers

273 Rose Baker (W60)
274 Christine Bond (W60)
275 Angela Ford
276 Marian Hine

Canterbury Harriers

277 Karen Hoult (W60)

Central Park Athletics

278 Denise Rose (W60)

Folkestone Running and Athletics Club

279 Katherine Evans
280 Belinda Hitching
281 Catherine O'Connor

Greenwich Tritons

282 Louise Johnson

Kent AC

283 Clare Elms (W60)
284 Ronnie Haydon-Jones (W60)
285 Nicky Hayes (W60)
286 Sarah Young

Mote Runners

287 Tracey Dennis (W60)

Orpington Road Runners

288 Samantha Goffin

Tonbridge AC

289 Theresa White

Tunbridge Wells Harriers

290 Alison Beard
291 Lynne Bristow
292 Rose Sawyer

M40 - M49 Championship Entries

Race No Athlete Name

Ashford & District RRC

293 Mark Harrison (M45)
294 Luke Roberts

Blackheath & Bromley H AC

295 Sam Aldridge (M45)
296 Mark Bruce
297 Christian Clement
298 Leonardus De Bruyn (M45)
299 Micah Evans
300 Gregory Firth (M45)
301 Martin Richardson
302 Ian Scott (M45)

Cambridge Harriers

303 Vincent Bleu (M45)
304 Gavin Hows (M45)
305 Danny Kendall (M45)
306 Chris Loudon
307 James MacDonald (M45)
308 John O'Mahony (M45)
309 Mark Penny (M45)
310 Peter Reynolds
311 Ben Shearer (M45)
312 Peter St Amour (M45)

Central Park Athletics

313 Johnnie Arnould (M45)
314 Simon Johnson (M45)
315 Robert Lenihan

Dartford Harriers AC

316 Chris Biddle
317 Jasper Holliday (M45)

Dartford Road Runners

318 Barrie Seal (M45)
319 Rob Smith (M45)

Dover Road Runners

320 Chris Edwards (M45)

Dulwich Runners AC

321 Matthew Hartin

Folkestone Running and AC

322 Simon Coffey (M45)
323 Nicholas Steele

Harvel Hash House Harriers

324 Neil Woolcombe (M45)

Invicta East Kent AC

325 Paul Bartlett (M45)

Istead and Ifield Harriers

326 Petrit Ceka

Race No Athlete Name

Kent AC

327 Jonathan Beatty (M45)
328 Ian Cooper
329 Barnaby Day
330 Michael Gibson
331 Alex Harris (M45)
332 Stephen Jones (M45)
333 Robert Laing (M45)
334 Peter Lighting
335 Khawaja Shahabuddin (M45)
336 Tim Sharp (M45)
337 Jonathan Tipper (M45)
338 Samuel Wilcock (M45)

Medway and Maidstone AC

339 Kevin Buchanan
340 Lee Cooper
341 Robin Hunter (M45)
342 Daniel St Martin

Plumstead Runners

343 Gavin Banks (M45)

Swale Combined AC

344 Jonathan Cork

Tonbridge AC

345 Russell Crane
346 Craig Halsey (M45)
347 Julian Rendall (M45)
348 Tom Rule
349 Jay Smith
350 Jacek Traczynski
351 Joseph Watts

Tunbridge Wells Harriers

352 Andy Eames
353 Gareth Hiron
354 Alexander Holmes (M45)
355 John Law (M45)
356 Kannan Mahalingam (M45)
357 Keith Mitchell (M45)
358 James Sarre (M45)
359 Edward Steele

Weald Tri Club

360 Matthew Britton