

Kent County Championship Results Saturday 10/05/2025

Senior Men

100m		Heat 1		w/s= 1.5	
No.	Athlete	Club	Perf		
1	12	Omari Markland-Montgomery	Cambridge Harriers	10.91	Q
2	11	Warren Lewis	Blackheath & Bromley H AC	11.07	Q
3	19	Joseph E Terry	Tonbridge AC	11.66	
4	20	Steven Tester (M40)	Tonbridge AC	11.72	
	14	Nkwazi Ndila	Blackheath & Bromley H AC	DQ	
	3	Richard Brooks (M50)	Dartford Harriers AC	DNS	

100m		Heat 2		w/s= 2.2	
No.	Athlete	Club	Perf		
1	5	Michael Damoah	Blackheath & Bromley H AC	10.85	Q
2	18	Jevon Sutherland	Cambridge Harriers	11.01	Q
3	13	Trey McPherson	Dartford Harriers AC	11.05	q
4	15	Lewis Parsons	Thanet AC	11.27	q
5	7	William Heathcote	Medway & Maidstone AC	11.35	
6	9	Edson Kabia	Blackheath & Bromley H AC	11.70	

100m		Heat 3		w/s= 0.3	
No.	Athlete	Club	Perf		
1	16	Nickoy Robinson	Invicta East Kent AC	11.27	Q
2	8	Nathan Isaac	Medway & Maidstone AC	11.32	Q
3	4	Anthony Bryan	Tonbridge AC	11.44	
4	2	Joshua Arojo	Dartford Harriers AC	12.39	
5	17	Grant Stirling (M50)	SCVAC	12.77	
6	1	Paul Adade-Boateng (M40)	Cambridge Harriers	13.74	

100m		Final		w/s= 2.6	
No.	Athlete	Club	Perf		
1	5	Michael Damoah	Blackheath & Bromley H AC	10.56	
2	12	Omari Markland-Montgomery	Cambridge Harriers	10.67	
3	11	Warren Lewis	Blackheath & Bromley H AC	10.82	
4	18	Jevon Sutherland	Cambridge Harriers	10.86	
5	13	Trey McPherson	Dartford Harriers AC	10.94	
6	16	Nickoy Robinson	Invicta East Kent AC	10.96	
7	8	Nathan Isaac	Medway & Maidstone AC	11.27	
8	15	Lewis Parsons	Thanet AC	12.41	

400m		Heat 1			
No.	Athlete	Club	Perf		
1	144	Tommy Owler	Folkestone R & AC	47.94	Q
2	222	Lewis Collins	Tonbridge AC	49.47	Q
3	225	Adam Thompson	Southwark Athletics Club	50.76	Q
4	20	Steven Tester (M40)	Tonbridge AC	52.51	q
5	3	Richard Brooks (M50)	Dartford Harriers AC	55.54	

400m		Heat 2			
No.	Athlete	Club	Perf		
1	143	Connor Neal	Harrow AC	50.41	Q
2	145	Dylan Purton	Medway & Maidstone AC	50.96	Q
3	141	Joseph Burton	Tonbridge AC	51.85	Q
4	221	George Clements	Medway & Maidstone AC	52.38	q
5	223	Samuel Day	Tonbridge AC	53.21	

400m		Final			
No.	Athlete	Club	Perf		
1	144	Tommy Owler	Folkestone R & AC	47.24	
2	145	Dylan Purton	Medway & Maidstone AC	47.44	
3	143	Connor Neal	Harrow AC	48.02	
4	222	Lewis Collins	Tonbridge AC	49.24	
5	141	Joseph Burton	Tonbridge AC	50.38	
6	225	Adam Thompson	Southwark Athletics Club	50.39	
7	20	Steven Tester (M40)	Tonbridge AC	52.86	
	221	George Clements	Medway & Maidstone AC	DNS	

1500m		Final			
No.	Athlete	Club	Perf		
1	249	Ted Higgins	Tonbridge AC	4:01.14	
2	329	Chris Loudon (M40)	Cambridge Harriers	4:04.15	
3	250	Joseph O'Hara	Bexley AC	4:12.56	
4	330	Daniel Moulton	Dartford Harriers AC	4:30.47	
5	326	Connor Burford	Dartford Harriers AC	4:38.67	
6	331	Matthew Preston (M50)	Cambridge Harriers	4:40.72	

5000m**Final**

	No.	Athlete	Club	Perf
1	407	Jamie Walsh	Medway & Maidstone AC	15:24.69
2	402	Alexander Donnelly	Medway & Maidstone AC	16:19.71
3	400	Jack Bradley (M35)	Medway & Maidstone AC	16:22.68
4	408	Anthony Webb (M45)	Medway & Maidstone AC	16:24.97
5	409	Neill Wright (M45)	Medway & Maidstone AC	17:05.06
6	406	Aaron Stokes (M35)	Canterbury Harriers	17:46.55
7	401	Edward Brown (U20M)	Ashford AC	18:21.54

110m Hurdles**Final****w/s= 1.4**

	No.	Athlete	Club	Perf
1	430	Jonathan Mann	Bexley AC	14.68
2	429	Harvey Fordham	Paddock Wood AC	20.07
3	428	Bilen Ahmet (M40)	Kingston AC & Poly	22.39

Pole Vault**Final**

	No.	Athlete	Club	Perf
1	481	Ethan Kitteridge	Blackheath & Bromley H AC	4.30
2	485	Luke Williams	Havering Athletic Club	3.50
3	17	Grant Stirling	SCVAC	3.40
4	416	Oloff Van Zyl	Sevenoaks AC	2.90
	482	Douglas Noel	Invicta East Kent AC	nm
	484	Roger Platt	Blackheath & Bromley H AC	nm

4.20 o;4.30 o;4.50 xxx

3.20 o;3.30 -;3.40 o;3.50 xxo;3.60 xxx

2.90 o;3.00 -;3.10 o;3.20 -;3.30 xo;3.40 xo;3.50 xxx

2.60 o;2.80 o;2.90 o;3.00 xr

4.10 xxx

3.20 xxx

Shot**Final**

	No.	Athlete	Club	Perf
1	533	Khuwayne Linton	Harrow AC	11.77
2	429	Harvey Fordham	Paddock Wood AC	11.26
3	534	Mark Ryan	Medway & Maidstone AC	10.04
4	532	Andrew Kruszewski	Cambridge Harriers	9.64
5	428	Bilen Ahmet	Kingston AC & Poly	9.45

10.88; 10.76; 11.77; 11.66; 11.77; 11.65

10.16; 10.63; 11.25; 10.93; 10.77; 11.26

9.50; 9.73; 10.04; 9.70; 9.95; 9.90

9.46; 9.60; 9.64; x; 8.99; x

9.45; x; x; 9.15; x; x

Discus**Final**

	No.	Athlete	Club	Perf
1	561	Graham Holder	Bexley AC	31.70
2	15	Lewis Parsons	Thanet AC	31.49
3	532	Andrew Kruszewski	Cambridge Harriers	29.51

28.21; x; 28.53; 31.70; x; 31.04

28.10; 26.76; 30.97; 31.49; -; -

27.22; 28.04; 29.51; x; 28.02; 27.76

Hammer**Final**

	No.	Athlete	Club	Perf
1	561	Graham Holder	Bexley AC	46.48
2	534	Mark Ryan	Medway & Maidstone AC	36.55
3	575	Stephen Talbot	Dartford Harriers AC	33.46

42.77; 44.25; 43.40; 46.16; 46.48; 43.85

x; 34.67; 36.55; x; 33.69; x

30.92; 30.39; x; 30.45; 33.46; 29.87

U20 Men**100m****Heat 1****w/s= 2.0**

	No.	Athlete	Club	Perf
1	25	James Gill	Invicta East Kent AC	10.89
2	30	Isaiah Olajide	Medway & Maidstone AC	11.05
3	32	Daniel Shoyoye	Medway & Maidstone AC	11.06
4	29	Oji Okoro	Blackheath & Bromley H AC	11.14
5	24	Daniel Famojuro	Medway & Maidstone AC	11.18
6	27	Jamie Kent-Smith	Medway & Maidstone AC	11.18
7	26	Riley Heathcote	Medway & Maidstone AC	11.20

Q

Q

Q

q

q

100m**Heat 2****w/s= -0.4**

	No.	Athlete	Club	Perf
1	28	Michael Somade-Makinde	Cambridge Harriers	11.08
2	23	Dayne Douglas	Cambridge Harriers	11.11
3	31	Joshua Osaretin	Medway & Maidstone AC	11.29
4	34	Toby Vagg	Sevenoaks AC	11.56
5	21	Rahaan Beckford Collier	Cambridge Harriers	11.69
6	33	Zion Umeadi	Medway & Maidstone AC	11.82

Q

Q

Q

100m**Final****w/s= 0.8**

	No.	Athlete	Club	Perf
1	28	Michael Somade-Makinde	Cambridge Harriers	10.79
2	25	James Gill	Invicta East Kent AC	10.81
3	31	Joshua Osaretin	Medway & Maidstone AC	10.97
4	23	Dayne Douglas	Cambridge Harriers	11.05
5	32	Daniel Shoyoye	Medway & Maidstone AC	11.06
6	24	Daniel Famojuro	Medway & Maidstone AC	11.13
7	30	Isaiah Olajide	Medway & Maidstone AC	11.17
8	29	Oji Okoro	Blackheath & Bromley H AC	11.21

400m**Final**

No.	Athlete	Club	Perf
1 151	Zuriel Nwogwugwu	Blackheath & Bromley H AC	50.07
2 228	Thomas Daly	Tonbridge AC	50.34
3 229	John Flack	Kent AC	50.94
4 149	Chisom Mokwenye	Cambridge Harriers	51.29
5 230	Joe Stone	Tonbridge AC	52.71
6 148	Tomass Kalve	Medway & Maidstone AC	53.45
226	Archie Bailey	Invicta East Kent AC	dnf

1500m**Final**

No.	Athlete	Club	Perf
1 253	Franklin Shepherd	Medway & Maidstone AC	4:05.01
2 337	Jed Starvis	Blackheath & Bromley H AC	4:06.81
3 332	Toby Bawtree	Tonbridge AC	4:07.17
4 335	Alexander Middleton	Blackheath & Bromley H AC	4:10.92
5 333	Henry Gibson	Medway & Maidstone AC	4:12.93
6 338	Alexander Taylor	Bexley AC	4:19.35
334	Hayden Kelk	Invicta East Kent AC	dnf

110m Hurdles**Final****w/s= 1.9**

No.	Athlete	Club	Perf
1 432	Rayhan Mourtada	Blackheath & Bromley H AC	14.05
2 153	Cheyne West	Medway & Maidstone AC	14.21
3 431	Tobechi Azodoh	Bexley AC	14.81
150	Chinedu Ndukwu	Blackheath & Bromley H AC	DQ

Pole Vault**Final**

No.	Athlete	Club	Perf
1 483	Michael Oyetti	Dartford Harriers AC	4.10
2 486	Finn Kitteridge	Blackheath & Bromley H AC	4.00
3 488	Tom Walker	Dartford Harriers AC	3.90
4 487	Harry Owen	Tonbridge AC	3.70

3.70 o;3.80 -;3.90 xo;4.00 o;4.10 o;4.20 xxx
 3.60 o;3.70 o;3.80 xxo;3.90 -;4.00 xxo;4.10 xxx
 3.60 xo;3.70 xo;3.80 o;3.90 o;4.00 xxx
 3.60 o;3.70 o;3.80 xxx

Shot**Final**

No.	Athlete	Club	Perf
1 535	Jack Rider	Dartford Harriers AC	11.31

10.33; 10.86; 11.31; 10.38; 10.78; 9.64

Discus**Final**

No.	Athlete	Club	Perf
1 535	Jack Rider	Dartford Harriers AC	37.72

36.77; x; x; 37.72; 34.83; x

Hammer**Final**

No.	Athlete	Club	Perf
1 576	Max Thorne	Medway & Maidstone AC	43.24

41.28; 39.56; 43.16; 41.13; 43.24; 40.97

U17 Men**100m****Heat 1****w/s= 1.0**

No.	Athlete	Club	Perf
1 36	Zavier Brathwaite	Cambridge Harriers	11.35
2 44	Nicholas Marquez	Blackheath & Bromley H AC	11.72
3 48	Daniel Olatunji	Blackheath & Bromley H AC	11.76
4 40	Micah Fray	Ashford AC	11.87
5 39	Tyler Coppins	Ashford AC	12.01
6 51	Rufus Read	Tonbridge AC	12.23
7 43	Andrii Loish	Ashford AC	12.58
8 50	Dylan Patel	Ashford AC	12.88

Q
Q
Q
q
q

100m**Heat 2****w/s= -0.1**

No.	Athlete	Club	Perf
1 52	Victor Redman	Invicta East Kent AC	11.23
2 46	Leo Norris	Ashford AC	11.52
3 47	Jaaziel Obi	Tonbridge AC	11.75
4 35	Cameron Berry	Thanet AC	12.09
5 41	Kayden Harris-Torres	Blackheath & Bromley H AC	12.30
6 38	Jake Conyers	White Cliffs A & RC	12.64
7 42	Alfie Hughes	Swale Combined AC	12.76

Q
Q
Q

100m**Final****w/s= 1.0**

No.	Athlete	Club	Perf
1 52	Victor Redman	Invicta East Kent AC	11.08
2 36	Zavier Brathwaite	Cambridge Harriers	11.15
3 44	Nicholas Marquez	Blackheath & Bromley H AC	11.33
4 46	Leo Norris	Ashford AC	11.36
5 48	Daniel Olatunji	Blackheath & Bromley H AC	11.62
6 47	Jaaziel Obi	Tonbridge AC	11.66
7 39	Tyler Coppins	Ashford AC	11.86
40	Micah Fray	Ashford AC	DNS

400m**Final**

	No.	Athlete	Club	Perf
1	155	Lucas Cameron	Medway & Maidstone AC	50.44
2	235	Micah Salmon	Blackheath & Bromley H AC	51.48
3	233	Luke Martin	Invicta East Kent AC	54.62
4	236	Thomas Webb	Folkestone R & AC	55.66
5	234	James Odwong	Bexley AC	59.18

1500m**Final**

	No.	Athlete	Club	Perf
1	345	Sebastian Sanz-Kozyra	Invicta East Kent AC	4:17.40
2	341	Freddie Gibson	Medway & Maidstone AC	4:19.11
3	347	James Shaw	Blackheath & Bromley H AC	4:20.07
4	342	Daniel Horgan	Blackheath & Bromley H AC	4:21.11
5	348	Charlie Warren	Tonbridge AC	4:23.33
6	344	George Jacobs	Tonbridge AC	4:28.00
7	268	Premlee Salmon	Dartford Harriers AC	4:27.69
8	349	Daniel Whitehouse	Cambridge Harriers	4:28.09
9	257	Ben Coleman	Invicta East Kent AC	4:33.31
10	340	Louie Gear	Medway & Maidstone AC	4:34.18
11	258	Joshua Coleman	Invicta East Kent AC	4:40.02
12	269	Guy Slingsby	Folkestone R & AC	4:42.02
13	346	George Searle	Kent AC	4:42.97

100m Hurdles**Final****w/s= -0.1**

	No.	Athlete	Club	Perf
1	439	Hans Nmaju	Cambridge Harriers	13.6
2	441	Elijah Olaleye	Cambridge Harriers	13.8
3	442	Kai Rogan	Dartford Harriers AC	13.8
4	438	Jamie Ellerton	Blackheath & Bromley H AC	14.4
5	443	George Savvas	Tonbridge AC	14.9

High Jump**Final**

	No.	Athlete	Club	Perf
1	463	Harry Wickers	Medway & Maidstone AC	1.80
2	464	Thomas Woolacott	Ashford AC	1.78
3	42	Alfie Hughes	Swale Combined AC	1.70
3	462	Ryan Lynott	Cambridge Harriers	1.70
5	160	Alfie Walach	Swale Combined AC	1.70
6	624	William Jones	Ashford AC	1.65

1.65 o; 1.70 o; 1.75 o; 1.80 xxx; 1.80 x; 1.78 o; 1.80 o
 1.60 o; 1.65 o; 1.70 o; 1.75 o; 1.80 xxx; 1.80 x; 1.78 o; 1.80 x
 1.55 o; 1.60 o; 1.65 o; 1.70 o; 1.75 xxx
 1.60 o; 1.65 o; 1.70 o; 1.75 xxx
 1.55 o; 1.60 o; 1.65 xo; 1.70 xo; 1.75 xxx
 1.60 o; 1.65 o; 1.70 xxx

Long Jump**Final**

	No.	Athlete	Club	Perf
1	463	Harry Wickers	Medway & Maidstone AC	6.87
2	508	Toby Gwinnell	Tonbridge AC	6.39
3	507	Jayden Akubue	Dartford Harriers AC	6.28
4	511	Jack Warner	Ashford AC	5.84
5	154	Daniel Ayo-Adepoju	Dartford Harriers AC	5.72
6	510	Fedhel Amin Shanavas	Tonbridge AC	5.72
7	160	Alfie Walach	Swale Combined AC	5.52
8	509	Bryan Ikechukwu-Chime	Dartford Grammar School	5.27

w/s

-0.1 6.53,1.8; 6.32,2.1; 6.87,-0.1; r
 2.5 6.33,1.7; 6.31,-1.4; 6.32,0.0; 6.39,2.5; 6.13,-1.5; 6.07,-2.0
 0.5 6.06,2.4; 6.28,1.5; 6.16,-1.1; 6.20,4.6; 6.28,0.5; 6.25,3.7
 4.1 x; x; 5.45,0.8; 5.61,2.4; 5.84,4.1; 4.20,1.5
 1.0 5.30,1.2; 5.32,-1.5; 5.71,0.4; 5.69,1.5; 5.63,4.9; 5.72,1.0
 0.6 x; x; 5.72,0.6; 4.04,0.2; x; x
 -1.3 x; 5.22,1.9; 5.38,-0.6; 5.47,1.8; 5.25,-0.3; 5.52,-1.3
 2.5 x; x; x; 5.16,1.2; 5.27,2.5; 5.07,-0.5

Triple Jump**Final**

	No.	Athlete	Club	Perf
1	525	Ellis Yeboah Afari	Dartford Harriers AC	13.63
2	509	Bryan Ikechukwu-Chime	Dartford Grammar School	13.34
3	507	Jayden Akubue	Dartford Harriers AC	13.25
4	441	Elijah Olaleye	Cambridge Harriers	12.65
5	464	Thomas Woolacott	Ashford AC	12.11
6	42	Alfie Hughes	Swale Combined AC	11.02

1.7 13.63,1.7; 13.07,1.5; 13.19,2.0; 12.89,-2.1; x; 13.14,-1.2
 -1.1 12.21,2.0; x; x; 12.47,-2.2; x; 13.34,-1.1
 -0.4 12.89,2.6; 12.86,0.5; x; 13.25,-0.4; 13.17,-1.3; x
 1.1 12.58,-0.6; 12.65,1.1; 12.20,0.0; 12.46,-1.7; x; 12.58,0.9
 0.9 11.99,1.0; 12.11,0.9; x; 11.60,-1.0; x; 11.24,-1.8
 2.0 11.02,2.0; 9.90,-2.6; 10.07,-0.2; 10.69,-0.8; x; 10.15,-2.2

Javelin**Final**

	No.	Athlete	Club	Perf
1	594	Frederick Luckett	Cambridge Harriers	63.22
2	508	Toby Gwinnell	Tonbridge AC	56.10
3	236	Thomas Webb	Folkestone R & AC	45.41
4	542	Cian Whelan	Cambridge Harriers	42.92
5	593	Kyle Brakespear-Slann	Ashford AC	34.97
6	595	Sarhiren Puvanenthiran	Dartford Harriers AC	33.88
7	540	Richard Faraday	Thanet AC	30.44
8	592	George Ansell	Bexley AC	23.15

x; 49.47; 52.04; 59.98; 63.22; r
 49.86; x; 53.68; 45.95; 50.24; 56.10
 34.32; 38.32; 33.45; 45.41; 37.50; 40.11
 41.62; 38.33; 31.10; 37.12; 36.65; 42.92
 29.52; 25.76; 34.97; 30.67; x; 30.53
 30.92; 29.08; 33.88; 32.03; 28.14; x
 x; 25.46; 30.44; 28.06; 23.01; 26.04
 23.15; 22.18; 22.25; x; x; 20.52

U15 Boys**100m****Heat 1****w/s= 1.0**

No.	Athlete	Club	Perf
1 65	Jacob McGeachy	Tonbridge AC	12.52
2 56	Lucas Colley	Cambridge Harriers	12.56
3 67	Rupert Minifie	Tonbridge AC	12.62
4 68	Ify Obodoh	Dartford Harriers AC	12.67
5 70	Josef Oshodi	Tonbridge AC	12.74
6 66	Philip Mihailov	Tonbridge AC	12.78
7 69	Zion Odele	Cambridge Harriers	12.94
57	Theo Dimech	Medway & Maidstone AC	DQ

Q

Q

100m**Heat 2****w/s= 1.0**

No.	Athlete	Club	Perf
1 63	Jovani Lindsey	Cambridge Harriers	11.78
2 77	Jacob Uttin	White Cliffs A & RC	12.36
3 71	Alex Pipponiau	Sevenoaks AC	12.89
4 60	Oliver Hawkins	Folkestone R & AC	12.89
5 58	Olutomiwa Faromika	Ashford AC	12.94
6 61	Oskar Lam	Dartford Grammar School	13.02
7 74	David Shoyoye	Medway & Maidstone AC	14.25

Q

Q

100m**Heat 3****w/s= -1.1**

No.	Athlete	Club	Perf
1 75	Tristan Suberu	Folkestone R & AC	11.47
2 59	Vwegba Fydoro-Okiti	Kent AC	12.02
3 62	Waylon Lee	Cambridge Harriers	12.22
4 55	Jacob Clark-Jones	Invicta East Kent AC	12.47
5 64	Harry Lusher	Ashford AC	12.89
6 73	Jevanne Pusey	S Factor Academy	13.39
7 76	Harry Sugumaran	Dartford Grammar School	13.41

Q

Q

q

q

100m**Final****w/s= 1.3**

No.	Athlete	Club	Perf
1 75	Tristan Suberu	Folkestone R & AC	11.20
2 63	Jovani Lindsey	Cambridge Harriers	11.67
3 59	Vwegba Fydoro-Okiti	Kent AC	11.78
4 62	Waylon Lee	Cambridge Harriers	12.02
5 65	Jacob McGeachy	Tonbridge AC	12.31
6 77	Jacob Uttin	White Cliffs A & RC	12.32
7 56	Lucas Colley	Cambridge Harriers	12.36
55	Jacob Clark-Jones	Invicta East Kent AC	DNS

100m Wheelchair**Final****w/s= -0.2**

No.	Athlete	Club	Perf
1 140	Owen Edwards	Weir Archer Academy	21.22

300m**Heat 1**

No.	Athlete	Club	Perf
1 212	Jericho Senior	Blackheath & Bromley H AC	37.98
2 168	Samuel Voyle	Folkestone R & AC	41.64
3 209	Luca Hunstone	Blackheath & Bromley H AC	43.87
4 210	Ethan Miles	Medway & Maidstone AC	48.14

Q

Q

Q

300m**Heat 2**

No.	Athlete	Club	Perf
1 77	Jacob Uttin	White Cliffs A & RC	41.47
2 208	Aathinath Gananathan	Blackheath & Bromley H AC	41.51
3 58	Olutomiwa Faromika	Ashford AC	43.09
4 57	Theo Dimech	Medway & Maidstone AC	43.65
5 207	Charles Austin	Dartford Harriers AC	46.92

Q

Q

Q

q

q

300m**Final**

No.	Athlete	Club	Perf
1 212	Jericho Senior	Blackheath & Bromley H AC	38.85
2 77	Jacob Uttin	White Cliffs A & RC	39.73
3 208	Aathinath Gananathan	Blackheath & Bromley H AC	41.18
4 168	Samuel Voyle	Folkestone R & AC	42.48
5 58	Olutomiwa Faromika	Ashford AC	43.28
6 209	Luca Hunstone	Blackheath & Bromley H AC	45.50
207	Charles Austin	Dartford Harriers AC	dns
57	Theo Dimech	Medway & Maidstone AC	dns

800m**Heat 1**

No.	Athlete	Club	Perf
1 290	Zachary Ward	Tonbridge AC	2:16.83
2 279	Johnny Lee	Blackheath & Bromley H AC	2:17.61
3 286	Alexander Smith	Blackheath & Bromley H AC	2:18.86
4 281	Dexter Mein	Blackheath & Bromley H AC	2:19.60
5 278	Daniel Kershaw	Medway & Maidstone AC	2:20.25
6 163	Jack Gregory	Medway & Maidstone AC	2:22.99
7 207	Charles Austin	Dartford Harriers AC	2:39.12

Q

Q

800m**Heat 2**

No.	Athlete	Club	Perf
1 272	Oscar Barker	Ashford AC	2:14.21
2 285	Austin Richards	Cambridge Harriers	2:14.79
3 287	Jakub Szustkiewicz	Cambridge Harriers	2:15.25
4 288	Matthew Tootell	Blackheath & Bromley H AC	2:15.90
5 277	Senuth Gomes	Bexley AC	2:16.28
6 291	Victor Watling	Tonbridge AC	2:23.42
7 276	Cameron Drake	Medway & Maidstone AC	2:46.30

Q
Q
q
q

800m**Heat 3**

No.	Athlete	Club	Perf
1 272	Oscar Barker	Ashford AC	2:15.96
2 275	Dylan Davidson-Daniel	Ashford AC	2:16.17
3 283	Sebastian Mottram	Tonbridge AC	2:17.66
4 289	Alex van den Berg-Hows	Cambridge Harriers	2:19.15
5 284	Louis Pang	Folkestone R & AC	2:36.47
6 210	Ethan Miles	Medway & Maidstone AC	2:37.21
7 274	Lewis Crick	Blackheath & Bromley H AC	2:37.64

Q
Q
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800m Wheelchair**Final**

No.	Athlete	Club	Perf
1 140	Owen Edwards	Weir Archer Academy	2:42.74

1500m**Heat 1**

No.	Athlete	Club	Perf
1 356	Joel Graffin	Tonbridge AC	4:45.35
2 357	Ellis Hill	Tonbridge AC	4:45.42
3 362	Finley Paton	Ashford AC	4:45.48
4 364	Luke Roderick	Kent AC	4:45.86
5 353	James Bunn	Blackheath & Bromley H AC	4:47.99
6 355	Finn Gotkine	Blackheath & Bromley H AC	4:50.47
7 365	James Ross	Sevenoaks AC	4:53.83
8 370	Oliver White	Tonbridge AC	5:10.28
9 363	Zac Pluckrose	Tonbridge AC	5:14.60

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1500m**Heat 2**

No.	Athlete	Club	Perf
1 368	Samuel Watson	Central Park Athletics	4:43.88
2 367	Aiden Tomsett	Ashford AC	4:45.10
3 354	Ricardo Cervera-Tomlins	Blackheath & Bromley H AC	4:55.19
4 351	Guy Bowers	Tonbridge AC	4:56.46
5 366	Luca Szumilewicz	Tonbridge AC	4:56.52
6 358	Zacchaeus Kelman	Blackheath & Bromley H AC	4:57.72
7 361	Daniel McPherson	Tonbridge AC	4:58.67
8 359	Kit Larkin	Tonbridge AC	4:59.95
9 369	Bailey Webster	Tonbridge AC	5:02.46

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80m Hurdles**Final****w/s= 0.9**

No.	Athlete	Club	Perf
1 211	Jake Phillips	Ashford AC	12.1
2 55	Jacob Clark-Jones	Invicta East Kent AC	12.3
3 291	Victor Watling	Tonbridge AC	13.1
4 76	Harry Sugumaran	Dartford Grammar School	13.9
5 74	David Shoyoye	Medway & Maidstone AC	16.4
209	Luca Hunstone	Blackheath & Bromley H AC	DNS

High Jump**Final**

No.	Athlete	Club	Perf
1 291	Victor Watling	Tonbridge AC	1.58
2 290	Zachary Ward	Tonbridge AC	1.50
2 275	Dylan Davidson-Daniel	Ashford AC	1.50
4 465	Sherwin Felix	Cambridge Harriers	1.45
5 466	Jude Lowe	Dartford Harriers AC	1.40
6 467	Leo Peach	Ashford AC	1.30

3.40 o;3.50 -;3.60 o;3.70 o;3.85 xo;3.90 xxx
1.35 o;1.40 o;1.45 o;1.50 o;1.55 xxx
1.35 o;1.40 o;1.45 o;1.50 o;1.55 xxx
1.35 o;1.40 xo1.50 xxx
1.25 xo;1.30 xo;1.35 o;1.40 xo;1.45 xxx
1.25 o;1.30 xo;1.35 xxx

Long Jump**Final**

No.	Athlete	Club	Perf
1 514	Caleb Faleye	Dartford Harriers AC	5.60
2 211	Jake Phillips	Ashford AC	5.39
3 66	Philip Mihailov	Tonbridge AC	5.37
4 68	Ify Obodoh	Dartford Harriers AC	5.31
5 513	Emmanuel Brown	Dartford Grammar School	4.73
6 162	Alexander Bull	Ashford AC	4.69
7 512	Isaac Ajao	Cambridge Harriers	4.65
8 209	Luca Hunstone	Blackheath & Bromley H AC	4.53
9 290	Zachary Ward	Tonbridge AC	4.40
10 73	Jevanne Pusey	S Factor Academy	3.91
11 467	Leo Peach	Ashford AC	3.58

- 5.27,1.2; x; 5.51,2.9; x; x; 5.60,-
1.0 5.21,-1.3; 5.20,0.8; 5.38,3.6; 5.39,1.0; 5.26,0.6; 5.34,3.3
-2.3 5.25,-0.2; 5.37,-2.3; x; 4.77,4.8; 5.11,1.6; x
2.8 x; x; 4.78,2.2; 5.29,3.4; 5.06,-1.8; 5.31,2.8
2.2 x; 4.37,2.0; 4.73,2.2; 4.26,2.5; 4.37,-1.7; 4.52,2.4
2.7 4.69,2.7; 3.87,1.7; 4.27,2.6; -; -; -
1.0 4.65,1.0; 4.56,-0.5; 4.40,2.6; 4.60,-; 4.51,-; 4.50,-
2.9 4.53,2.9; 3.88,0.0; 3.65,3.2; -; -; -
1.5 4.15,-0.6; 4.35,-0.9; 4.40,1.5
1.0 3.91,1.0; 3.68,-0.5; 3.53,3.5
2.0 3.55,1.8; 3.27,2.2; 3.58,2.0

Triple Jump			Final	
	No.	Athlete	Club	Perf
1	514	Caleb Faleye	Dartford Harriers AC	11.26
2	526	Siddharth Sinha	Blackheath & Bromley H AC	11.25
3	513	Emmanuel Brown	Dartford Grammar School	9.08

w/s

-2.4 10.66,-1.4; 10.36,-1.6; x; 10.89,-2.6; 10.90,-1.8; 11.26,-2.4
 1.4 11.25,1.4; 10.58,-1.5; 10.60,-0.3; 10.35,-1.0; 11.12,1.2; 11.12,-2.1
 1.8 9.08,1.8; 8.96,-0.6; 8.46,-1.9; 8.75,-1.3; 8.75,-1.8; 8.02,1.5

	Javelin		Final	
	No.	Athlete	Club	Perf
1	599	William Connop	Medway & Maidstone AC	55.38
2	598	Thomas Connop	Medway & Maidstone AC	50.74
3	545	Story Bundy	Invicta East Kent AC	48.10
4	208	Aathinath Gananathan	Blackheath & Bromley H AC	33.82
5	600	Jake Davison	Folkestone R & AC	31.79
6	597	Rudi Charles	Medway & Maidstone AC	31.26
7	71	Alex Pipponiau	Sevenoaks AC	27.17
8	596	Daniel Burke	Ashford AC	22.83
9	493	Samuel Beaumont	Ashford AC	21.38

52.91; 51.04; 53.04; 51.53; 54.44; 55.38
 50.74; 46.56; 47.83; 48.68; 47.73; 45.68
 42.46; 43.26; 48.10; 47.25; x; 39.99
 31.34; 30.33; 33.82; 29.62; 29.23; 29.31
 x; 29.60; 28.06; 31.79; 29.41; 28.43
 28.97; 27.99; 28.65; x; 30.20; 31.26
 24.88; x; x; 27.17; 25.78; 22.66
 22.83; 18.79; 21.23; 19.38; 21.61; 20.52
 19.67; x; 19.83; 20.01; 21.38; 20.75

Disability Javelin			Final	
	No.	Athlete	Club	Perf
1	546	Miles Edwardes F38	Weir Archer Academy	20.06

16.61; 18.13; 17.75; 18.95; 20.06; 19.04

Senior Women

100m Wheelchair		Final		w/s= -0.2
No.	Athlete	Club	Perf	
1	139	Claudia Burrough T54 (G)	Weir Archer Academy	21.33

200m		Final		w/s= 1.7
No.	Athlete	Club	Perf	
1	169	Jessica Daly	Tonbridge AC	27.32
2	170	Gabrielle Dapaah	Kent AC	28.29
3	82	Shamariah Notice	Kent AC	28.94

800m			Final	
	No.	Athlete	Club	Perf
1	241	Cameron Kelly-Gordon	Blackheath & Bromley H AC	2:23.24
2	292	Anna Palmer	Tonbridge AC	2:23.80

800m Wheelchair			Final	
	No.	Athlete	Club	Perf
1	139	Claudia Burrough T54 (G)	Weir Archer Academy	2:32.94

5000m			Final	
	No.	Athlete	Club	Perf
1	375	Abigail Royden	Medway & Maidstone AC	25:00.82
2	373	Sophia Moore	Bexley AC	26:12.98
3	411	Rebekah Goodhand	Invicta East Kent AC	26:22.62
	413	Briony Walsh	Ashford AC	DNF

High Jump			Final	
	No.	Athlete	Club	Perf
1	469	Jade Oni	Blackheath & Bromley H AC	1.65
2	468	Deborah Martin	Ashford AC	1.65

1.60 o; 1.65 o; 1.70 xxx

1.45 o; 1.50 o; 1.55 xxo; 1.60 o; 1.65 o; 1.70 xxx

	Long Jump		Final	
	No.	Athlete	Club	Perf
1	515	Eloise Harvey	Dartford Harriers AC	5.33
2	469	Jade Oni	Blackheath & Bromley H AC	5.27
3	517	Nina Ridge	Tonbridge AC	4.38
4	80	Poppy Dinley	Medway & Maidstone AC	4.27
5	516	Emily Murray	Kent AC	4.02

w/s

- x; x; 4.45,2.5; x; 5.33,-; x
 1.2 5.14,-1.4; 5.23,0.7; 5.27,1.2; 5.13,-1.3; 5.22,1.1; x
 0.7 4.32,-0.4; 4.01,-0.9; 4.38,0.7; x; 4.00,-1.0; x
 2.5 x; 4.27,2.5; 4.08,1.0; r
 - 4.02,-; r

Triple Jump			Final	
	No.	Athlete	Club	Perf
1	515	Eloise Harvey	Dartford Harriers AC	11.07
2	527	Grace Sullivan	Ashford AC	10.35

w/s

-1.5 10.34,-2.3; 10.60,-2.8; 10.68,-2.4; x; 10.71,-1.7; 11.07,-1.5
 -2.7 10.00,-2.2; 10.35,-2.7; 10.23,-2.7; 10.10,-2.2; x; 10.27,-1.4

Javelin			Final	
	No.	Athlete	Club	Perf
1	602	Lauren Farley	Blackheath & Bromley H AC	49.57
2	603	Katie Marsh	Cambridge Harriers	34.21
3	601	Elizabeth Bignell	Paddock Wood AC	23.42
4	550	Faith Cox	Ashford AC	21.62
5	551	Natalie Mann	Cambridge Harriers	19.12
6	517	Nina Ridge	Tonbridge AC	17.35

46.67; 49.34; 49.25; 49.00; 49.57; 44.56
 31.21; 32.27; 32.97; 30.89; 33.30; 34.21
 x; 20.96; 22.93; x; 20.83; 23.42
 21.62; 20.17; 20.00; 20.83; x; 20.08
 18.25; 19.12; 18.62; 17.84; 19.00; 18.64
 15.21; 16.22; 16.53; x; 17.35; x

U20 Women**200m****Final****w/s= 2.8**

No.	Athlete	Club	Perf
1	91	Oluwadamitan Showemimo	Medway & Maidstone AC
2	84	Evangeline Dixon	Tonbridge AC
3	173	Georgina Kyte	Invicta East Kent AC
4	90	Princess Nduku	Be Fit Today TA
5	88	Azaria Makinde	Medway & Maidstone AC
6	172	Hannah Clarke	Dartford Harriers AC

800m**Final**

No.	Athlete	Club	Perf
1	299	Lola Sutton	Medway & Maidstone AC
2	294	Abbe Clarke	Dartford Harriers AC
3	297	Abigail Hawkes	Medway & Maidstone AC
4	247	Lily Slack	Tonbridge AC
5	295	Jennifer Clayton	Medway & Maidstone AC
6	296	Iris Crossley	Medway & Maidstone AC
7	298	Heidi Hughes	Medway & Maidstone AC
8	293	Sophie Ansell	Bexley AC

400m Hurdles**Final**

No.	Athlete	Club	Perf
1	460	Arabella Wilson (G)	Thames Valley Harriers
2	173	Georgina Kyte	Invicta East Kent AC
3	457	Gracelyn Kendeck	Blackheath & Bromley H AC
4	459	Keziah Olaleye	Cambridge Harriers

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High Jump**Final**

No.	Athlete	Club	Perf
1	471	Matilda Secker	Tonbridge AC
2	472	Ella Thomas	Tonbridge AC
3	435	Bethany Shimmén-Smith	Thanet AC
4	470	Heather Beet	Bexley AC
5	245	Eve Morgan	Medway & Maidstone AC

=CBP 1.60 o; 1.65 o; 1.70 o; 1.73 o; 1.76 xxx
1.55 o; 1.60 o; 1.65 xo; 1.70 xxx
1.35 o; 1.40 o; 1.45 o; 1.50 o; 1.55 xo; 1.60 xxx
1.35 o; 1.40 o; 1.45 xo; 1.50 xxx
1.35 xo; 1.40 xxx

Long Jump**Final**

No.	Athlete	Club	Perf
1	519	Daisy Snell	Blackheath & Bromley H AC
2	518	Isabella Amartey	Dartford Harriers AC
3	471	Matilda Secker	Tonbridge AC
4	472	Ella Thomas	Tonbridge AC

w/s
2.4 x; 6.00, 1.8; x; 5.26, -1.2; 6.03, 0.0; 6.16, 2.4
2.2 5.54, 2.1; 5.93, 2.2; 5.61, 0.8; 5.61, 2.1; x; x
-1.8 4.97, 3.2; 5.01, -3.2; 5.24, 1.0; 5.25, -1.8; 5.25, 0.0; 5.21, 1.3
-0.1 4.99, -0.3; x; x; 4.90, -1.1; 5.15, -0.1; x

Triple Jump**Final**

No.	Athlete	Club	Perf
1	529	Qi-Chi Ukpai	Blackheath & Bromley H AC
2	626	Abella Ammam	Dartford Harriers AC
3	528	Marie-Anne Bright	Dartford Harriers AC
4	470	Heather Beet	Bexley AC

w/s
1.1 12.17, 1.1; 12.01, -3.1; 11.64, -1.6; 11.45, -2.5; x; 11.91, -1.1
-1.2 10.55, -3.8; 10.66, -0.7; 10.35, -2.0; 10.49, -1.9; x; 10.86, -1.2
-1.8 10.39, -1.4; 9.88, -0.9; 10.49, -1.8; x; 10.24, -2.0; 10.05, -
-2.1 9.31, -2.1; 8.94, -2.5; 7.89, -4.0; 9.06, -1.4; 8.75, -1.4;

Javelin**Final**

No.	Athlete	Club	Perf
1	604	Harriet Court	Thames Valley Harriers
2	471	Matilda Secker	Tonbridge AC
3	472	Ella Thomas	Tonbridge AC
4	435	Bethany Shimmén-Smith	Thanet AC

CBP 48.11; 47.58; 44.34; 42.96; 46.67; 48.47
29.67; 31.57; 2.83; 28.60; 28.13; 27.06
x; 26.87; x; 24.78; 26.40; 25.00
21.31; 19.21; 17.51; x; x; 19.89

U17 Women**200m****Heat 1****w/s= 2.3**

No.	Athlete	Club	Perf
1	183	Sienna Thompson	Cambridge Harriers
2	98	Isabella Campbell-Andou	Blackheath & Bromley H AC
3	93	Ismae Abomeli	Woodford Green AC w EL
4	181	Jayda Renae McKenzie	Cambridge Harriers
5	179	Laila Humphrey	Invicta East Kent AC
6	178	Felicity Edwards	Tonbridge AC

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200m**Heat 2****w/s= 1.9**

No.	Athlete	Club	Perf
1	100	Annie Dinnis	Tonbridge AC
2	105	Hannah Odelade	Dartford Harriers AC
3	95	Taraoluwa Adeeso	Cambridge Harriers
4	94	Omolara Adeeso	Cambridge Harriers
5	108	Amelia Reed	Medway & Maidstone AC
6	176	Océane Argivier	Swale Combined AC
7	102	Hannah Ibikunle	Bexley AC

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200m Heat 3 w/s= 4.1

No.	Athlete	Club	Perf
1	104	Olivia Mtungwazi	Sevenoaks AC
2	182	Angel Salako	Dartford Harriers AC
3	175	Hannah Areeson	Ashford AC
4	109	Lucy Steer	Invicta East Kent AC
5	184	Rebecca Turner	Dartford Harriers AC
6	110	Aliah Sandra Storari	Invicta East Kent AC

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200m Final w/s= 1.4

No.	Athlete	Club	Perf
1	104	Olivia Mtungwazi	Sevenoaks AC
2	182	Angel Salako	Dartford Harriers AC
3	100	Annie Dinnis	Tonbridge AC
4	175	Hannah Areeson	Ashford AC
5	98	Isabella Campbell-Andou	Blackheath & Bromley H AC
6	109	Lucy Steer	Invicta East Kent AC
7	105	Hannah Odelade	Dartford Harriers AC
	183	Sienna Thompson	Cambridge Harriers
			DNS

800m Final

No.	Athlete	Club	Perf
1	304	Isla Murray	Holland Sports AC
2	307	Neve Raymond	Tonbridge AC
3	302	Aoife Foley	Tonbridge AC
4	205	Katie Wake	Bexley AC
5	308	Charlotte Stevens	Blackheath & Bromley H AC
6	198	Evie Fish	Bexley AC
7	309	Violet Turner	Cambridge Harriers
8	301	Freya Dinwiddy	Blackheath & Bromley H AC
9	300	Lily Bridgeman	Blackheath & Bromley H AC

300m Hurdles Final

No.	Athlete	Club	Perf
1	454	Araba Taylor	Tonbridge AC
2	184	Rebecca Turner	Dartford Harriers AC
3	446	Tess Hepple	Kent AC
4	453	Beth Regan	Blackheath & Bromley H AC
5	111	Nia Thomas	Cambridge Harriers
6	202	Lily Rockall	Folkestone R & AC
7	197	Bethany Clayton	Invicta East Kent AC

Pole Vault Final

No.	Athlete	Club	Perf
1	500	Elsa Pawson	Blackheath & Bromley H AC
2	499	Luna Corry	Blackheath & Bromley H AC
3	113	Sena Wright	Tonbridge AC

3.20 xo;3.30 o;3.41 xxx
2.45 o;2.60 xxo;2.70 o;2.80 xxx
1.85 o;2.00 o;2.15 o;2.30 xxx

Shot Final

No.	Athlete	Club	Perf
1	554	Emilia Adese	Blackheath & Bromley H AC
2	557	Tilly Ryan	Medway & Maidstone AC
3	555	Brianna Kuranga	Sevenoaks AC
4	558	Harriet Smith	Swale Combined AC
5	447	Lily Juan	Medway & Maidstone AC
6	556	Adriana Pepin	Thanet AC

15.47; 14.47; 14.86; 14.71; 14.22; 14.91
10.15; 9.88; 9.13; 9.31; 9.57; 9.98
9.62; 9.06; 9.52; 9.38; 9.22; 9.17
8.97; 9.48; 8.83; 9.48; 8.69; 9.28
8.08; 7.85; 8.10; 7.44; 7.65; 7.92
6.25; 6.59; 6.96; 6.56; 6.49; 6.40

Discus Final

No.	Athlete	Club	Perf
1	558	Harriet Smith	Swale Combined AC
2	476	Abigail Smith	Folkestone R & AC
3	556	Adriana Pepin	Thanet AC

26.47; 28.71; 29.36; 29.98; x; x
15.52; 19.54; 20.02; 19.81; 19.51; 18.65
17.50; x; 15.63; 17.20; x; 18.21

Hammer Final

No.	Athlete	Club	Perf
1	557	Tilly Ryan	Medway & Maidstone AC
2	590	Charlotte Bloodworth	Blackheath & Bromley H AC
3	556	Adriana Pepin	Thanet AC
4	558	Harriet Smith	Swale Combined AC
5	476	Abigail Smith	Folkestone R & AC

CBP 51.73; 49.95; 52.18; 49.86; 42.62; 49.34
37.98; 32.69; x; x; x; x
x; 32.13; 33.95; 32.51; 35.69; x
24.82; 26.36; x; 26.05; x; x
x; 18.32; 22.18; x; x; 22.66

U15 Girls**200m****Heat 1****w/s= 2.7**

	No.	Athlete	Club	Perf
1	190	Sereniti Rankin	Ashford AC	26.37
2	194	Mattea Stanley	Invicta East Kent AC	27.22
3	185	Cheryl Adjadi	Kent AC	27.63
4	136	Isabella-Rose Stephenson	S Factor Academy	28.21
5	192	Serena Simans	Blackheath & Bromley H AC	28.35
6	191	Millie Rumley	Swale Combined AC	29.84
7	188	Isla Kennedy	Dartford Harriers AC	30.07

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Q**200m****Heat 2****w/s= 1.5**

	No.	Athlete	Club	Perf
1	133	Amiyah Spencer	Medway & Maidstone AC	25.72
2	187	Manroop Jandu	Dartford Harriers AC	26.54
3	137	Naima Clara Storari	Invicta East Kent AC	27.95
4	130	Gigi Sandor	Tonbridge AC	28.00
5	189	Elizabeth McKen	Cambridge Harriers	28.16
6	123	Lauren Griffin	Blackheath & Bromley H AC	28.23
7	186	Charlotte Currie	Tonbridge AC	30.13
8	193	Ka'liyah Smith	S Factor Academy	31.36

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q**200m****Final****w/s= 1.5**

	No.	Athlete	Club	Perf
1	133	Amiyah Spencer	Medway & Maidstone AC	25.45
2	190	Sereniti Rankin	Ashford AC	25.59
3	187	Manroop Jandu	Dartford Harriers AC	26.29
4	130	Gigi Sandor	Tonbridge AC	27.56
5	194	Mattea Stanley	Invicta East Kent AC	27.60
6	137	Naima Clara Storari	Invicta East Kent AC	27.70
7	185	Cheryl Adjadi	Kent AC	27.74
8	189	Elizabeth McKen	Cambridge Harriers	28.09

800m**Heat 1**

	No.	Athlete	Club	Perf
1	219	Freya Pearson	Blackheath & Bromley H AC	2:30.61
2	321	Shevia Ryan	Dartford Harriers AC	2:30.87
3	317	Eva John	Blackheath & Bromley H AC	2:32.16
4	324	Esther Yeatman	Cambridge Harriers	2:33.96
5	218	Melody Lindsey	Blackheath & Bromley H AC	2:34.99
6	315	Isabella Jenkins	Blackheath & Bromley H AC	2:37.94
7	311	Neve Arnould	Central Park Athletics	2:40.06
8	318	Arianne Launders	Tonbridge AC	2:47.93
9	323	Gwennan Thomas	Dartford Harriers AC	2:49.58

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q**800m****Heat 2**

	No.	Athlete	Club	Perf
1	214	Kara Bryan	Blackheath & Bromley H AC	2:24.01
2	314	Harriet Hughes	Blackheath & Bromley H AC	2:33.51
3	319	Chloe Morez	Blackheath & Bromley H AC	2:39.13
4	322	Natasha Stevens	Ashford AC	2:39.83
5	313	Stella Garvey	Blackheath & Bromley H AC	2:48.29
6	312	Freya Denbow	Blackheath & Bromley H AC	2:48.64
7	320	Ellie Owens	Central Park Athletics	2:48.89
8	316	Imogen Jenner-Heard	Blackheath & Bromley H AC	2:49.10
9	188	Isla Kennedy	Dartford Harriers AC	2:52.17

75m Hurdles**Heat 1****w/s= -0.2**

	No.	Athlete	Club	Perf
1	450	Talia Junaid-Evans	Dartford Harriers AC	11.71
2	189	Elizabeth McKen	Cambridge Harriers	12.81
3	186	Charlotte Currie	Tonbridge AC	13.05
4	216	Sophie Floyd	Cambridge Harriers	13.08
5	452	Claudia Rigby	Kent AC	13.15
6	220	Amelie Ramdeen	Blackheath & Bromley H AC	13.55
7	625	Josephine Hamilton-Rennha	Medway & Maidstone AC	15.79

75m Hurdles**Heat 2****w/s= -**

	No.	Athlete	Club	Perf
1	451	Matilda Murray	Blackheath & Bromley H AC	11.73
2	191	Millie Rumley	Swale Combined AC	12.47
3	136	Isabella-Rose Stephenson	S Factor Academy	12.98
4	194	Mattea Stanley	Invicta East Kent AC	13.21
5	322	Natasha Stevens	Ashford AC	15.71
6	193	Ka'liyah Smith	S Factor Academy	15.74
7	188	Isla Kennedy	Dartford Harriers AC	16.17

75m Hurdles		Final		w/s= 1.8
No.	Athlete	Club	Perf	
1	450	Talia Junaïd-Evans	Dartford Harriers AC	11.2
1	451	Matilda Murray	Blackheath & Bromley H AC	11.2
3	191	Millie Rumley	Swale Combined AC	12.0
4	189	Elizabeth McKen	Cambridge Harriers	12.1
5	136	Isabella-Rose Stephenson	S Factor Academy	12.5
6	186	Charlotte Currie	Tonbridge AC	12.9
7	216	Sophie Floyd	Cambridge Harriers	13.1
8	452	Claudia Rigby	Kent AC	15.2

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Pole Vault		Final		
	No.	Athlete	Club	Perf
1	501	Ella Brooker	Blackheath & Bromley H AC	3.30
2	503	Isabelle Rider	Dartford Harriers AC	3.00
3	502	Zoya Gabryelow	Dartford Harriers AC	3.00
4	186	Charlotte Currie	Tonbridge AC	2.00

2.60 xo;2.70 -;2.80 o;2.90 o;3.00 o;3.10 o;3.20 xxo;3.30 o;3.41 xxx
2.30 o;2.45 o;2.60 o;2.70 xxo;2.80 xo;2.90 xxo;3.00 o;3.10 xxx
2.60 o;2.70 o;2.80 xo;2.90 o;3.00 xxo;3.10 xxx
1.55 o;1.70 xo;1.85 xo;2.00 xxo;2.15 r

	Shot		Final	
	No.	Athlete	Club	Perf
1	560	Miya Cook	Cambridge Harriers	10.44
2	521	Kathleen Knight Misson	Medway & Maidstone AC	9.42
3	503	Isabelle Rider	Dartford Harriers AC	9.18
4	193	Ka'liyah Smith	S Factor Academy	7.80
5	559	Lucy Burrows-Cloude	Paddock Wood AC	7.56
6	190	Sereniti Rankin	Ashford AC	7.04
7	136	Isabella-Rose Stephenson	S Factor Academy	5.14

x; 9.91; 9.76; 10.44; 9.92; x
7.71; x; 8.67; x; 9.42; 9.12
x; 9.18; x; x; x
5.88; 7.55; 6.63; 6.50; 7.60; 7.80
7.56; 7.14; 6.30; 6.19; 7.41; 5.89
6.74; 6.52; 7.04; 6.61; x; 6.87
4.65; 5.14; 4.99; 3.93; 4.16; 3.82

Discus			Final	
	No.	Athlete	Club	Perf
1	503	Isabelle Rider	Dartford Harriers AC	30.34
2	216	Sophie Floyd	Cambridge Harriers	24.09
3	573	Sienna Morris	Ashford AC	22.28
4	574	Dulcie Simpson	Blackheath & Bromley H AC	18.58
5	572	Chloe Lindsey	Cambridge Harriers	16.69
6	571	Hayley-Caprice Beaumont	S Factor Academy	12.41

28.89; 30.34; 29.55; 29.70; 27.94; 27.11
22.37; 21.11; 22.31; 23.04; 24.09; -
20.37; 21.82; 21.41; 22.14; 22.28; 21.99
17.51; 18.58; 16.82; x; 16.19; 17.89
14.88; x; 15.05; 16.69; 15.42; 14.81
12.41; 11.78; x; 10.94; 10.68; 11.97

Hammer			Final	
	No.	Athlete	Club	Perf
1	574	Dulcie Simpson	Blackheath & Bromley H AC	28.04
2	559	Lucy Burrows-Cloude	Paddock Wood AC	24.64
3	572	Chloe Lindsey	Cambridge Harriers	15.86

x; 28.04; x; x; x; 26.22
x; x; 22.31; 23.15; 22.29; 24.64
15.86; 14.89; 13.99; 15.13; 14.87; 13.18

Kent County Championship Results Sunday 11/05/2025
Senior Men

200m		Heat 1		w/s= -2.1	
No.	Athlete	Club	Perf		
1	144	Tommy Owler	Folkestone R & AC	21.86	Q
2	145	Dylan Purton	Medway & Maidstone AC	22.44	Q
3	18	Jevon Sutherland	Cambridge Harriers	22.73	Q
4	11	Warren Lewis	Blackheath & Bromley H AC	22.93	q
5	13	Trey McPherson	Dartford Harriers AC	22.98	q

200m		Heat 2		w/s= -0.3	
No.	Athlete	Club	Perf		
1	146	William Vilpoix-Phillips	Dwain Chambers Sprint Club	22.02	Q
2	142	Kieran Eland	Tonbridge AC	23.17	Q
3	19	Joseph E Terry	Tonbridge AC	23.54	Q
4	7	William Heathcote	Medway & Maidstone AC	23.59	qR

200m		Final		w/s= -1.1	
No.	Athlete	Club	Perf		
1	144	Tommy Owler	Folkestone R & AC	21.74	
2	145	Dylan Purton	Medway & Maidstone AC	21.81	
3	146	William Vilpoix-Phillips	Dwain Chambers Sprint Club	21.95	
4	18	Jevon Sutherland	Cambridge Harriers	22.47	
5	19	Joseph E Terry	Tonbridge AC	23.85	
6	7	William Heathcote	Medway & Maidstone AC	24.52	
	13	Trey McPherson	Dartford Harriers AC	DNS	
	11	Warren Lewis	Blackheath & Bromley H AC	DNS	

800m		Final			
No.	Athlete	Club	Perf		
1	249	Ted Higgins	Tonbridge AC	1:57.65	
2	250	Joseph O'Hara	Bexley AC	2:03.19	

2000m Steeplechase		Final			
No.	Athlete	Club	Perf		
1	415	Lewis Mills	Tonbridge AC	5:52.68	
2	416	Oloff Van Zyl (M55)	Sevenoaks AC	7:18.95	

3000m Walk		Final			
No.	Athlete	Club	Perf		
1	613	Luc Legon	Bexley AC	13:17.73	
2	612	Jonathan Hobbs	Ashford AC	34:35.37	
3	611	Matthew Ellerton (M50)	Blackheath & Bromley H AC	19:18.98	

High Jump		Final			
No.	Athlete	Club	Perf		
1	429	Harvey Fordham	Paddock Wood AC	1.70	1.65 o; 1.70 o; 1.80 xxx

Long Jump		Final			
No.	Athlete	Club	Perf		
1	506	Ben Sutton	Blackheath & Bromley H AC	6.91	w/s -0.8 6.67,2.2; 6.77,1.7; 6.91,-0.8; 6.73,0.5; 6.78,-0.6; 6.76,2.7
2	505	Alex Stone	Tonbridge AC	5.68	- 5.57,1.8; 5.68,,4; x; x; 5.53,2.4; 3.96,2.5
3	17	Grant Stirling	SCVAC	5.42	0.9 5.42,0.9; 5.20,2.0; 5.41,-1.0; 5.32,0.6; 5.30,2.7; 5.33,0.0
4	504	Kehinde Dauda	Kent AC	5.16	-0.8 4.94,-1.1; 5.02,1.8; 5.02,-1.7; 5.16,-0.8; 4.91,1.3; 4.76,0.8
5	1	Paul Adade-Boateng	Cambridge Harriers	4.36	1.8 4.36,1.8; x; -; r

Triple Jump		Final			
No.	Athlete	Club	Perf		
1	505	Alex Stone	Tonbridge AC	12.90	w/s 1.7 x; 12.57,-1.5; 12.90,1.7; 12.39,-1.2; 12.63,2.4; 12.54,1.2
2	522	Kieran Isaac	Medway & Maidstone AC	12.75	0.3 12.23,1.3; 12.75,0.3; 12.16,1.1; 11.63,0.0; 12.50,1.6; 12.42,-1.0
3	17	Grant Stirling	SCVAC	12.52	1.2 11.96,1.5; x; 12.52,1.2; 11.98,1.0; 12.15,1.6; 12.33,2.4

Javelin		Final			
No.	Athlete	Club	Perf		
1	482	Douglas Noel	Invicta East Kent AC	53.48	52.09; 53.10; 53.48; 51.46; 52.11; 51.50
2	591	Callum Nason	Cambridge Harriers	51.79	0.88; 49.84; 47.16; 50.46; 51.79; 46.92

U20M

200m		Heat 1		w/s= -0.7	
No.	Athlete	Club	Perf		
1	153	Cheyne West	Medway & Maidstone AC	22.30	Q
2	151	Zuriel Nwogwugwu	Blackheath & Bromley H AC	22.73	Q
3	23	Dayne Douglas	Cambridge Harriers	22.81	Q
4	27	Jamie Kent-Smith	Medway & Maidstone AC	23.08	q
5	31	Joshua Osaretin	Medway & Maidstone AC	24.56	q

200m		Heat 2		w/s= 0.8
No.	Athlete	Club	Perf	
1	29	Oji Okoro	Blackheath & Bromley H AC	22.97
2	148	Tomass Kalve	Medway & Maidstone AC	23.10
3	26	Riley Heathcote	Medway & Maidstone AC	23.79
	150	Chinedu Ndukwu	Blackheath & Bromley H AC	DQ

Q
Q
Q

200m		Final		w/s= -0.1
No.	Athlete	Club	Perf	
1	153	Cheyne West	Medway & Maidstone AC	21.82
2	151	Zuriel Nwogwugwu	Blackheath & Bromley H AC	22.07
3	23	Dayne Douglas	Cambridge Harriers	22.30
4	31	Joshua Osaretin	Medway & Maidstone AC	22.76
5	29	Oji Okoro	Blackheath & Bromley H AC	22.86
6	26	Riley Heathcote	Medway & Maidstone AC	22.98
7	148	Tomass Kalve	Medway & Maidstone AC	23.28
	27	Jamie Kent-Smith	Medway & Maidstone AC	DQ

800m		Final	
No.	Athlete	Club	Perf
1	252	Theo Ronchetti	Medway & Maidstone AC
2	253	Franklin Shepherd	Medway & Maidstone AC
3	254	Samuel Smialowski	Tonbridge AC
4	628	Luke Bridges	Sevenoaks AC

400m Hurdles		Final	
No.	Athlete	Club	Perf
1	432	Rayhan Mourtada	Blackheath & Bromley H AC
2	153	Cheyne West	Medway & Maidstone AC
3	455	Alexander Morrell	Blackheath & Bromley H AC
	150	Chinedu Ndukwu	Blackheath & Bromley H AC

CBP

3000m Walk		Final	
No.	Athlete	Club	Perf
1	623	Jonathan Ellerton	Blackheath & Bromley H AC

High Jump		Final	
No.	Athlete	Club	Perf
1	433	Samuel Newton	Tonbridge AC

1.80 o;1.85 xo;1.90 xxx

Long Jump		Final	
No.	Athlete	Club	Perf
1	433	Samuel Newton	Tonbridge AC
2	230	Joe Stone	Tonbridge AC

3.4 6.67,3.4; x; 6.38,-0.3; x; 6.49,0.0; 6.61,-1.7
3.0 6.28,3.0; 6.09,-1.1; x; 6.00,2.0; x; 6.05,3.3

Javelin		Final	
No.	Athlete	Club	Perf
1	577	Max Kennedy	Blackheath & Bromley H AC
2	433	Samuel Newton	Tonbridge AC

43.36; 47.20; 48.07; 42.12; 44.44; 46.98
40.36; 46.50; 44.36; 41.97; 47.53; 43.09

U17M

200m		Heat 1		w/s= 2.2
No.	Athlete	Club	Perf	
1	159	Troy Ogedengbe	Blackheath & Bromley H AC	22.44
2	46	Leo Norris	Ashford AC	22.77
3	36	Zavier Brathwaite	Cambridge Harriers	22.79
4	156	Luca Glyde-Jones	Cambridge Harriers	22.85
5	160	Alfie Walach	Swale Combined AC	25.46

Q
Q
Q
q

200m		Heat 2		w/s= 0.8
No.	Athlete	Club	Perf	
1	158	Jayden Naiker	Ashford AC	23.66
2	155	Lucas Cameron	Medway & Maidstone AC	23.69
3	39	Tyler Coppins	Ashford AC	24.34
4	154	Daniel Ayo-Adepoju	Dartford Harriers AC	24.39
5	38	Jake Conyers	White Cliffs A & RC	25.80

Q
Q
Q
q

200m		Final		w/s= -1.3
No.	Athlete	Club	Perf	
1	36	Zavier Brathwaite	Cambridge Harriers	22.53
2	159	Troy Ogedengbe	Blackheath & Bromley H AC	22.69
3	155	Lucas Cameron	Medway & Maidstone AC	22.81
4	46	Leo Norris	Ashford AC	23.04
5	156	Luca Glyde-Jones	Cambridge Harriers	23.11
6	158	Jayden Naiker	Ashford AC	24.49
7	39	Tyler Coppins	Ashford AC	24.52
8	154	Daniel Ayo-Adepoju	Dartford Harriers AC	24.96

800m**Heat 1**

	No.	Athlete	Club	Perf
1	271	Chidubem Ugoji	Dartford Harriers AC	2:02.37
2	264	Louis Holley	Kent AC	2:02.49
3	237	Joshua Wellings	Cambridge Harriers	2:02.57
4	256	William Bachelor	Tonbridge AC	2:02.67
5	260	Thomas Ellis	Cambridge Harriers	2:03.63
6	263	Steven Galliard	Tonbridge AC	2:04.02
7	258	Joshua Coleman	Invicta East Kent AC	2:12.26
8	270	Jacob Sparks	Dartford Harriers AC	2:12.92

Q
Q
Q
q
q

800m**Heat 2**

	No.	Athlete	Club	Perf
1	261	Kian Farrell	Blackheath & Bromley H AC	2:08.14
2	268	Premlee Salmon	Dartford Harriers AC	2:09.55
3	257	Ben Coleman	Invicta East Kent AC	2:13.03
4	259	Lucas Drake	Bexley AC	2:14.87
5	310	Matteo Watson	Kent AC	2:19.08
6	269	Guy Slingsby	Folkestone R & AC	2:20.62
7	266	Jude Maslin	Cambridge Harriers	2:28.29

Q
Q
Q

800m**Final**

	No.	Athlete	Club	Perf
1	261	Kian Farrell	Blackheath & Bromley H AC	1:58.91
2	264	Louis Holley	Kent AC	2:00.23
3	237	Joshua Wellings	Cambridge Harriers	2:00.74
4	271	Chidubem Ugoji	Dartford Harriers AC	2:00.87
5	256	William Bachelor	Tonbridge AC	2:03.54
6	268	Premlee Salmon	Dartford Harriers AC	2:08.22
7	260	Thomas Ellis	Cambridge Harriers	2:08.24
8	257	Ben Coleman	Invicta East Kent AC	2:16.56

400m Hurdles**Final**

	No.	Athlete	Club	Perf
1	441	Elijah Olaleye	Cambridge Harriers	55.24
2	456	Harry Wrigley	Tonbridge AC	60.42
3	236	Thomas Webb	Folkestone R & AC	60.81
4	160	Alfie Walach	Swale Combined AC	62.34

1500m Steeplechase**Final**

	No.	Athlete	Club	Perf
1	420	Benjamin O'Grady	Blackheath & Bromley H AC	4:29.44
2	421	James Petrie	Tonbridge AC	4:33.49
3	422	Dylan Sandhu	Kent AC	4:46.07
	423	Oliver Ward	Blackheath & Bromley H AC	DNF

3000m Walk**Final**

	No.	Athlete	Club	Perf
1	614	Trejan Checheku-Boamah	Blackheath & Bromley H AC	16:34.25

Pole Vault**Final**

	No.	Athlete	Club	Perf
1	491	Charlie Platt	Blackheath & Bromley H AC	3.80
2	489	Jonathan Adegbola	Blackheath & Bromley H AC	3.20
3	490	David Odeyemi	Dartford Harriers AC	3.00
4	492	Alistair Sosu	Dartford Harriers AC	2.90

1.60 o;1.65 -;1.70 o;1.75 o;1.85 o;1.90 xxx
3.20 o;3.30 xxx
2.60 o;2.70 xo;2.80 o;2.90 xo;3.00 xxo;3.10 xxx
2.70 o;2.80 o;2.90 xo;3.00 xxx

Shot**Final**

	No.	Athlete	Club	Perf
1	537	Michael Bridge	Cambridge Harriers	15.50
2	539	Kierath Dhillon	Dartford Harriers AC	13.69
3	508	Toby Gwinnell	Tonbridge AC	12.30
4	536	Samuel Bello	Dartford Grammar School	10.85
5	541	Blake Gates	Swale Combined AC	10.48
6	236	Thomas Webb	Folkestone R & AC	9.86
7	538	Owen Davies	Tonbridge AC	9.62
8	43	Andrii Loish	Ashford AC	9.30
9	160	Alfie Walach	Swale Combined AC	8.96
10	540	Richard Faraday	Thanet AC	8.75

x; x; 12.21; 15.06; 15.50; 15.20
12.82; 13.69; 13.62; 13.57; 13.53; x
11.77; 11.36; 11.70; 11.04; 12.30; 11.93
10.85; x; 10.28; 7.34; 9.56; 9.94
10.35; 10.48; 10.19; 10.14; 10.26; 9.85
9.50; 9.53; 9.24; 8.97; 9.86; 9.06
9.24; x; 9.31; x; 9.07; 9.62
9.30; 7.20; 8.84; 9.20; 9.08; 8.81
8.96; 8.36; 8.51
7.82; 8.01; 8.75

Discus**Final**

	No.	Athlete	Club	Perf
1	537	Michael Bridge	Cambridge Harriers	42.55
2	541	Blake Gates	Swale Combined AC	39.52
3	508	Toby Gwinnell	Tonbridge AC	37.08
4	539	Kierath Dhillon	Dartford Harriers AC	36.35
5	538	Owen Davies	Tonbridge AC	25.60
6	540	Richard Faraday	Thanet AC	25.49

x; 42.55; x; x; 41.28; x
x; x; 32.82; 37.96; 36.68; 39.52
32.65; 37.08; x; x; 33.91; x
x; 30.37; 33.55; 36.35; x; x
x; x; 25.60; 22.31; 23.96; 24.96
x; 19.18; 22.06; x; 25.49; 24.45

Hammer		Final		
	No.	Athlete	Club	Perf
1	579	Chielotem Abana	Dartford Grammar School	46.19
2	581	Rory Witcombe	Blackheath & Bromley H AC	44.88
3	541	Blake Gates	Swale Combined AC	44.46
4	580	Joshua Ogunkola	Dartford Grammar School	39.26
5	540	Richard Faraday	Thanet AC	28.58
6	538	Owen Davies	Tonbridge AC	24.73

x; x; 40.45; 43.85; 42.84; 46.19
x; x; 44.88; x; x; x
41.09; x; 41.26; 42.09; 43.89; 44.46
x; 37.04; x; x; x; 39.26
x; x; x; x; 28.58; x
x; 21.29; x; x; 24.73; x

U15B

200m		Heat 1		w/s= 0.7
	No.	Athlete	Club	Perf
1	63	Jovani Lindsey	Cambridge Harriers	23.69
2	65	Jacob McGeachy	Tonbridge AC	25.19
3	64	Harry Lusher	Ashford AC	25.67
4	61	Oskar Lam	Dartford Grammar School	26.19
5	164	Levi Mgbedike	Cambridge Harriers	26.60
6	163	Jack Gregory	Medway & Maidstone AC	27.48

Q
Q
Q
q
q

200m		Heat 2		w/s= 0.4
	No.	Athlete	Club	Perf
1	62	Waylon Lee	Cambridge Harriers	24.91
2	162	Alexander Bull	Ashford AC	26.02
3	166	Nicodemus Senior	Blackheath & Bromley H AC	26.03
4	167	Edward Spender	Tonbridge AC	26.61
5	71	Alex Pipponiau	Sevenoaks AC	26.62
6	168	Samuel Voyle	Folkestone R & AC	26.92
7	165	Max Philip	Sevenoaks AC	28.16

Q
Q
Q

200m		Final		w/s= -0.8
	No.	Athlete	Club	Perf
1	63	Jovani Lindsey	Cambridge Harriers	23.63
2	62	Waylon Lee	Cambridge Harriers	24.82
3	65	Jacob McGeachy	Tonbridge AC	25.51
4	64	Harry Lusher	Ashford AC	25.99
5	166	Nicodemus Senior	Blackheath & Bromley H AC	26.28
6	162	Alexander Bull	Ashford AC	26.29
7	61	Oskar Lam	Dartford Grammar School	26.59
	164	Levi Mgbedike	Cambridge Harriers	DNS

800m		Final		
	No.	Athlete	Club	Perf
1	273	Jack Barlow	Blackheath & Bromley H AC	2:09.37
2	279	Johnny Lee	Blackheath & Bromley H AC	2:10.19
3	288	Matthew Tootell	Blackheath & Bromley H AC	2:10.88
4	272	Oscar Barker	Ashford AC	2:11.34
5	285	Austin Richards	Cambridge Harriers	2:12.31
6	275	Dylan Davidson-Daniel	Ashford AC	2:12.62
7	287	Jakub Szustkiewicz	Cambridge Harriers	2:14.43
	290	Zachary Ward	Tonbridge AC	DNF

1500m		Final		
	No.	Athlete	Club	Perf
1	356	Joel Graffin	Tonbridge AC	4:25.61
2	366	Luca Szumilewicz	Tonbridge AC	4:26.96
3	368	Samuel Watson	Central Park Athletics	4:27.17
4	351	Guy Bowers	Tonbridge AC	4:27.26
5	353	James Bunn	Blackheath & Bromley H AC	4:28.69
6	362	Finley Paton	Ashford AC	4:33.92
7	358	Zacchaeus Kelman	Blackheath & Bromley H AC	4:35.96
8	354	Ricardo Cervera-Tomlins	Blackheath & Bromley H AC	4:36.20
9	357	Ellis Hill	Tonbridge AC	4:36.26
10	364	Luke Roderick	Kent AC	4:36.43
11	367	Aiden Tomsett	Ashford AC	4:45.22
12	355	Finn Gotkine	Blackheath & Bromley H AC	4:45.78

3000m Walk		Final		
	No.	Athlete	Club	Perf
1	621	Luke Eperon	Blackheath & Bromley H AC	21:57.00

Pole Vault		Final		
	No.	Athlete	Club	Perf
1	494	Andrei Dragulin	Dartford Harriers AC	2.70
2	495	Ryan Pokharel	Dartford Harriers AC	2.60
3	493	Samuel Beaumont	Ashford AC	2.20

1.60 o;1.65 -;1.70 o;1.75 o;1.85 o;1.90 xxx
2.20 o;2.30 o;2.40 xo;2.50 xo;2.60 xo;2.70 xxx
1.85 o;2.00 xo;2.10 o;2.20 xo;2.30 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	547	Kendrick Onolememen	Cambridge Harriers	13.67
2	543	Obinna Aniebo	Dartford Grammar School	12.97
3	545	Story Bundy	Invicta East Kent AC	12.76
4	208	Aathinarth Gananathan	Blackheath & Bromley H AC	10.23
5	548	Hayden Raymond	Medway & Maidstone AC	9.93
6	544	Oliver Beecroft	Blackheath & Bromley H AC	9.22
7	351	Guy Bowers	Tonbridge AC	8.50

13.67; x; 12.62; 12.96; x; 13.55
 12.05; 11.26; 12.23; 12.97; x; x
 12.15; 11.77; 12.44; 12.05; 12.76; 12.47
 9.82; 9.75; 9.54; x; 10.23; 10.18
 9.19; 9.93; 9.65; 9.08; 9.12; 9.80
 x; x; x; x; 9.22; x
 x; 8.01; 8.20; x; 8.03; 8.50

Disability Shot		Final		
No.	Athlete	Club	Perf	
1	546	Miles Edwardes F38	Weir Archer Academy	7.19

6.06; 6.77; 7.19; 6.93; 6.17; 5.89

Discus		Final		
No.	Athlete	Club	Perf	
1	547	Kendrick Onolememen	Cambridge Harriers	46.56
2	545	Story Bundy	Invicta East Kent AC	43.91
3	208	Aathinarth Gananathan	Blackheath & Bromley H AC	36.88
4	565	Samar Plaha	Cambridge Harriers	36.05
5	563	Maximilian Hepburn Evans	Tonbridge AC	28.03
6	544	Oliver Beecroft	Blackheath & Bromley H AC	27.73
7	564	Aleksander Pietrowski	Medway & Maidstone AC	25.46
8	493	Samuel Beaumont	Ashford AC	16.61

29.29; x; 38.30; 39.60; 39.35; 46.56
 x; 41.04; x; 43.91; 43.73; 41.42
 32.46; 33.44; 33.69; 34.97; 36.88; 36.67
 28.97; x; 32.66; 36.05; 36.04; 35.04
 x; 25.53; 28.03; 25.76; 26.80; 27.04
 27.73; 27.10; 25.16; x; x; 24.28
 x; x; x; 25.37; 24.53; 25.46
 15.96; x; x; 12.17; 16.61; x

Hammer		Final		
No.	Athlete	Club	Perf	
1	583	Stanley Trofimczuk	Dartford Grammar School	43.01
2	543	Obinna Aniebo	Dartford Grammar School	42.71
3	582	Joshua Fatusin	Central Park Athletics	42.01

x; 41.17; 42.52; 43.01; x; 41.30
 41.51; x; 40.52; 38.40; 42.56; 42.71
 42.01; 38.94; 41.49; x; x; x

Senior Women				
100m		Final		w/s= 1.7
No.	Athlete	Club	Perf	
1	79	Doyin Aderinto	Cambridge Harriers	12.29
2	83	Mary Schouvaloff	Cambridge Harriers	12.81
3	80	Poppy Dinley	Medway & Maidstone AC	12.91
4	78	Derin Aderinto	Cambridge Harriers	13.14
5	81	Zara Edeleanu	Medway & Maidstone AC	13.37
6	82	Shamariah Notice	Kent AC	13.84

400m		Final		
No.	Athlete	Club	Perf	
1	171	Asha Root	Tonbridge AC	55.28
2	241	Cameron Kelly-Gordon	Blackheath & Bromley H AC	58.30
3	239	Lucy Hope	Medway & Maidstone AC	58.40
4	238	Kimberly Bopanna (W40)	Basildon AC	60.45
5	240	Erin Hughes	Medway & Maidstone AC	61.64

1500m		Final		
No.	Athlete	Club	Perf	
1	371	Hannah Clark	Blackheath & Bromley H AC	4:36.44
2	372	Amy-Jayne Goodhand	Invicta East Kent AC	4:42.25
3	374	Alexa Parker	Kent AC	4:54.68
4	375	Abigail Royden	Medway & Maidstone AC	4:55.33
	373	Sophia Moore	Bexley AC	DNF

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	617	Hannah Hopper	Cambridge Harriers	14:44.26
2	619	Jessica Wilton	Ashford AC	15:19.15
3	616	Emily Ghose	Tonbridge AC	16:09.77
4	618	Grazia Manzotti (W55)	Tonbridge AC	16:16.23
5	615	Jacqueline Benson	Ashford AC	18:41.18

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	497	Teresa Eades	Dartford Harriers AC	2.20
2	496	Angie Crush	Tonbridge AC	2.10

1.85 o; 2.00 o; 2.10 o; 2.20 xo; 2.25 xxx
 1.85 o; 2.00 o; 2.10 o; 2.20 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	550	Faith Cox	Ashford AC	10.01
2	551	Natalie Mann	Cambridge Harriers	7.95

9.32; 10.01; 9.84; 9.34; 9.73; 9.35
 7.95; 7.41; 7.43; 6.65; 7.22; 7.37

Discus		Final		
	No.	Athlete	Club	Perf
1	551	Natalie Mann	Cambridge Harriers	24.25
2	550	Faith Cox	Ashford AC	21.30
3	567	Zsuzsanna Racz	Bexley AC	20.31
4	568	Chloe Williams	Thanet AC	19.93
5	566	Sam Ansell	Bexley AC	18.92

24.25; 22.91; 22.84; x; x; 23.44
 19.88; 12.99; 15.23; 21.30; 19.34; 18.38
 x; 19.37; 17.26; 20.31; x; 7.17
 19.78; 17.83; 19.92; 19.70; 19.93; 19.78
 18.92; 16.69; 17.91; x; 17.17; 18.20

Hammer		Final		
	No.	Athlete	Club	Perf
1	585	Sophie Fenner	Cambridge Harriers	38.18
2	584	Claire Capon	Dartford Harriers AC	35.41
3	551	Natalie Mann	Cambridge Harriers	33.90
4	587	Stacy Taylor	Dartford Harriers AC	30.03

38.18; 35.99; 36.04; 37.39; 36.13; x
 33.64; 33.15; 33.80; 31.91; 35.41; x
 30.86; 33.90; 31.42; 32.65; 32.43; x
 24.34; 26.97; 29.14; 27.34; 24.48; 30.03

U20W 100m		Final			w/s= -2.0
	No.	Athlete	Club	Perf	
1	91	Oluwadamitan Showemimo	Medway & Maidstone AC	12.29	
2	84	Evangelina Dixon	Tonbridge AC	12.77	
3	89	Violet Maxted	Ashford AC	12.78	
4	90	Princess Nduku	Be Fit Today TA	12.86	
5	88	Azaria Makinde	Medway & Maidstone AC	12.97	
6	87	Elicia Lacey	Tonbridge AC	13.10	
7	86	Natalia Kolodziejczyk	Thanet AC	14.30	

400m		Final		
	No.	Athlete	Club	Perf
1	89	Violet Maxted	Ashford AC	59.68
2	247	Lily Slack	Tonbridge AC	60.96
3	227	Megan Barlow	Blackheath & Bromley H AC	63.10
4	245	Eve Morgan	Medway & Maidstone AC	66.90
5	243	Olivia Magee-Brown	Blackheath & Bromley H AC	67.02

1500m		Final		
	No.	Athlete	Club	Perf
1	378	Amelia Lawrence	Cambridge Harriers	4:37.84
2	299	Lola Sutton	Medway & Maidstone AC	4:39.71
3	376	Emma Clayton	Medway & Maidstone AC	5:02.44
4	379	Freya Perry	Dartford Harriers AC	5:02.79

100m Hurdles		Final			w/s= -0.8
	No.	Athlete	Club	Perf	
1	85	Lily Gayle	Cambridge Harriers	14.55	
2	434	Amelie Rabbidge	Tonbridge AC	15.04	
3	435	Bethany Shimmens-Smith	Thanet AC	17.05	
4	436	Nia Thomas	Medway & Maidstone AC	17.72	
	87	Elicia Lacey	Tonbridge AC	DNF	

1500m Steeplechase		Final		
	No.	Athlete	Club	Perf
1	419	Polly Moses	Tonbridge AC	5:46.66

Shot		Final		
	No.	Athlete	Club	Perf
1	553	Hannah Bridge	Cambridge Harriers	11.08
2	552	Morgane Argivier	Swale Combined AC	7.35

10.49; 10.09; 10.04; 11.08; 10.94; 10.92
 6.99; 6.71; x; 6.79; 7.14; 7.35

Discus		Final		
	No.	Athlete	Club	Perf
1	569	Erin Simpson	Blackheath & Bromley H AC	33.56
2	553	Hannah Bridge	Cambridge Harriers	32.14
3	570	Lacey Webb	Blackheath & Bromley H AC	23.28

33.24; 31.74; 32.41; x; 33.56; 32.75
 30.58; 31.45; 32.14; x; 27.35; 29.42
 22.08; x; 21.61; x; 17.42; 23.28

Hammer		Final		
	No.	Athlete	Club	Perf
1	589	Hope Still	Dartford Harriers AC	42.43
2	588	Amelia Lawton	Thanet AC	37.31
3	570	Lacey Webb	Blackheath & Bromley H AC	30.99
4	552	Morgane Argivier	Swale Combined AC	27.75

x; 38.40; 40.20; 42.43; 41.70; x
 33.67; x; 37.11; 37.31; x; x
 30.99; x; 28.11; x; x; x
 27.75; 20.57; x; 26.27; 20.48; 27.31

U17W**100m****Heat 1****w/s= 1.0**

	No.	Athlete	Club	Perf
1	111	Nia Thomas	Cambridge Harriers	12.67
2	100	Annie Dinnis	Tonbridge AC	12.93
3	109	Lucy Steer	Invicta East Kent AC	13.00
4	110	Aliah Sandra Storari	Invicta East Kent AC	13.09
5	95	Taraoluwa Adeeso	Cambridge Harriers	13.30
6	108	Amelia Reed	Medway & Maidstone AC	13.67

Q

Q

100m**Heat 2****w/s= -1.6**

	No.	Athlete	Club	Perf
1	629	Danielle Agyemang-Tolbert	Cambridge Harriers	12.74
2	98	Isabella Campbell-Andou	Blackheath & Bromley H AC	13.33
3	93	Ismae Abomeli	Woodford Green AC w EL	13.36
4	103	Aki Manciani	Ashford AC	13.49
5	94	Omolara Adeeso	Cambridge Harriers	13.67
6	113	Sena Wright	Tonbridge AC	14.29

Q

Q

100m**Heat 3****w/s= -0.1**

	No.	Athlete	Club	Perf
1	104	Olivia Mtungwazi	Sevenoaks AC	12.24
2	45	Cheyenne Nketia	Blackheath & Bromley H AC	12.30
3	96	Chizam Boniface	Blackheath & Bromley H AC	12.40
4	106	Fayo Olatunde	Blackheath & Bromley H AC	12.84
5	105	Hannah Odelade	Dartford Harriers AC	13.70
6	99	Imogen Carter	Thanet AC	14.32

Q

Q

q

q

100m**Final****w/s= -0.3**

	No.	Athlete	Club	Perf
1	45	Cheyenne Nketia	Blackheath & Bromley H AC	12.22
2	96	Chizam Boniface	Blackheath & Bromley H AC	12.39
3	104	Olivia Mtungwazi	Sevenoaks AC	12.39
4	629	Danielle Agyemang-Tolbert	Cambridge Harriers	12.60
5	111	Nia Thomas	Cambridge Harriers	12.83
6	106	Fayo Olatunde	Blackheath & Bromley H AC	12.95
7	98	Isabella Campbell-Andou	Blackheath & Bromley H AC	13.07
8	100	Annie Dinnis	Tonbridge AC	13.19

300m**Heat 1**

	No.	Athlete	Club	Perf
1	112	Sophie Tran	Blackheath & Bromley H AC	41.33
2	206	Alice Witherspoon	Blackheath & Bromley H AC	43.16
3	200	Ariana Jenner-Heard	Blackheath & Bromley H AC	43.84
4	174	Celia Allen	Cambridge Harriers	44.28
5	199	Sienna Gratwick	Medway & Maidstone AC	46.44
6	201	Jordyn Ofori-Awuah	Medway & Maidstone AC	48.09

Q

Q

q

300m**Heat 2**

	No.	Athlete	Club	Perf
1	105	Hannah Odelade	Dartford Harriers AC	44.77
2	103	Aki Manciani	Ashford AC	45.13
3	198	Evie Fish	Bexley AC	45.32
4	197	Bethany Clayton	Invicta East Kent AC	51.20
	204	Saskia Taylor	Tonbridge AC	DQ

Q

Q

300m**Heat 3**

	No.	Athlete	Club	Perf
1	203	Luciana Smith	Blackheath & Bromley H AC	41.92
2	175	Hannah Areeson	Ashford AC	42.53
3	205	Katie Wake	Bexley AC	43.55
4	196	Olivia Baker	Medway & Maidstone AC	45.79
5	195	Lois Baisley	Invicta East Kent AC	48.20

Q

Q

q

300m**Final**

	No.	Athlete	Club	Perf
1	112	Sophie Tran	Blackheath & Bromley H AC	42.05
2	175	Hannah Areeson	Ashford AC	42.24
3	203	Luciana Smith	Blackheath & Bromley H AC	42.52
4	206	Alice Witherspoon	Blackheath & Bromley H AC	43.90
5	200	Ariana Jenner-Heard	Blackheath & Bromley H AC	44.80
6	205	Katie Wake	Bexley AC	44.82
7	103	Aki Manciani	Ashford AC	46.00
8	105	Hannah Odelade	Dartford Harriers AC	46.85

1500m		Final		
	No.	Athlete	Club	Perf
1	302	Aoife Foley	Tonbridge AC	4:55.55
2	382	Ava Chappell	Ashford AC	4:56.55
3	384	Isabel Gowing	Tonbridge AC	4:56.55
4	388	Celia Yeatman	Cambridge Harriers	4:56.60
5	387	Abbie White	Dartford Harriers AC	5:17.78
6	381	Isabel Brand	Cambridge Harriers	5:19.49
7	385	Delilah Lester	Cambridge Harriers	5:22.88
8	383	Meredith Cummins	Cambridge Harriers	5:23.03
9	386	Antonia Moore	Medway & Maidstone AC	6:07.90

80m Hurdles		Final		w/s= -
	No.	Athlete	Club	Perf
1	446	Tess Hepple	Kent AC	11.66
2	111	Nia Thomas	Cambridge Harriers	11.99
3	106	Fayo Olatunde	Blackheath & Bromley H AC	12.01
4	179	Laila Humphrey	Invicta East Kent AC	12.82
5	184	Rebecca Turner	Dartford Harriers AC	12.85
6	447	Lily Juan	Medway & Maidstone AC	15.32
7	197	Bethany Clayton	Invicta East Kent AC	15.42

1500m Steeplechase		Final		
	No.	Athlete	Club	Perf
1	427	Evangelina Warn (G)	Brentwood Beagles AC	5:09.59
2	426	Niamh Stanley	Blackheath & Bromley H AC	5:36.13
3	387	Abbie White	Dartford Harriers AC	5:50.14
4	425	Matilda Moisan	Medway & Maidstone AC	6:53.64
5	424	Thandiwe Fesshaie	Medway & Maidstone AC	7:43.66

G
S
B

High Jump		Final		
	No.	Athlete	Club	Perf
1	204	Saskia Taylor	Tonbridge AC	1.66
2	474	Phoebe Folarin	Kent AC	1.54
3	475	Gracie Lawton	Thanet AC	1.45
4	476	Abigail Smith	Folkestone R & AC	1.40
5	473	Michelle Ekpenyong	Bexley AC	1.35

1.40 o;1.45 o;1.48 o;1.51 o;1.54 o;1.57 o;1.60 o;1.63 xxo;1.66 xo;1.68 xxx
1.40 o;1.45 o;1.48 xxo;1.51 o;1.54 xo;1.57 xxx
1.30 o;1.35 xo;1.40 o;1.45 xo;1.48 xxx
1.30 o;1.35 o;1.40 xxo;1.45 xxx
1.30 xo;1.35 o;1.40 xxx

Long Jump		Final		
	No.	Athlete	Club	Perf
1	182	Angel Salako	Dartford Harriers AC	5.28
2	454	Araba Taylor	Tonbridge AC	5.13
3	179	Laila Humphrey	Invicta East Kent AC	4.82
4	202	Lily Rockall	Folkestone R & AC	4.65
5	181	Jayda Renae Mckenzie	Cambridge Harriers	4.51
6	475	Gracie Lawton	Thanet AC	4.51
7	93	Ismae Abomeli	Woodford Green AC w EL	4.49
8	176	Océane Argivier	Swale Combined AC	4.20
9	473	Michelle Ekpenyong	Bexley AC	3.85
10	386	Antonia Moore	Medway & Maidstone AC	3.29

w/s

-0.9 5.28,-0.9; 4.84,-1.0; 5.19,-0.9; x; x; x
0.2 5.06,-1.2; x; 4.73,0.0; 4.92,-0.5; 5.13,0.2; 5.05,-0.8
0.8 4.82,0.8; 4.57,-1.6; 4.53,-1.4; 4.56,-2.5; 4.36,-1.1; 4.58,-0.1
-1.3 4.48,0.4; 4.56,-1.0; 4.52,1.2; 4.33,-0.1; 4.49,-2.6; 4.65,-1.3
0.7 4.43,2.2; 4.51,0.7; 4.07,-0.2; 3.88,-2.1; 4.23,0.1; 3.95,-0.3
-0.6 4.27,0.9; 4.36,0.5; 4.05,-0.8; 3.89,-1.4; 4.51,-0.6; x
0.8 4.45,-1.0; 4.39,2.0; 4.42,2.3; 4.37,-0.6; 4.49,0.8; 3.21,-0.3
-1.2 4.04,0.3; 3.94,-1.0; 4.06,-1.7; 3.89,-2.5; 4.01,-1.4; 4.20,-1.2
1.3 3.85,1.3; 3.72,0.1; 3.58,-0.1
-1.2 3.26,-1.3; 3.19,3.3; 3.29,-1.2

Triple Jump		Final		
	No.	Athlete	Club	Perf
1	446	Tess Hepple	Kent AC	10.98
2	182	Angel Salako	Dartford Harriers AC	10.53
3	184	Rebecca Turner	Dartford Harriers AC	10.10
4	520	Esme Aye-Kumi	Kent AC	9.59
5	447	Lily Juan	Medway & Maidstone AC	9.29
6	476	Abigail Smith	Folkestone R & AC	8.73

0.8 10.98,0.8; 10.90,2.8; 10.57,1.4; -; 10.61,-0.6; 10.58,0.9
-0.4 10.38,0.9; 10.31,-0.4; 10.35,2.7; 10.53,-0.4; 10.41,0.5; 10.25,0.7
0.8 9.97,0.7; 9.66,1.0; 9.15,0.8; x; 10.01,-3.1; 10.10,0.8
0.7 9.59,0.7; 8.93,0.7; r
1.9 8.53,0.3; 7.85,0.0; 8.14,-0.9; 7.69,1.1; 8.80,-4.1; 9.29,1.9
1.5 x; 8.43,0.0; 8.52,-1.3; 8.73,1.5; 8.70,-0.3; 8.06,-0.5

Javelin		Final		
	No.	Athlete	Club	Perf
1	606	Florence Holman	Blackheath & Bromley H AC	42.05
2	605	Mia Blaber	Medway & Maidstone AC	41.50
3	475	Gracie Lawton	Thanet AC	36.08
4	607	Maddison Lopez	Bexley AC	32.04
5	476	Abigail Smith	Folkestone R & AC	29.01
6	179	Laila Humphrey	Invicta East Kent AC	26.20
7	556	Adriana Pepin	Thanet AC	23.56
8	178	Felicity Edwards	Tonbridge AC	19.08
9	608	Eleanor Smith	Ashford AC	14.01

30.01; 39.73; 38.24; 38.85; 31.49; 42.05
30.24; 31.95; 41.22; 39.97; 41.50; 39.72
21.96; 36.08; 28.91; 28.51; x; 30.42
25.39; x; 32.04; x; 30.22; x
22.88; 23.49; 21.98; 20.37; 25.12; 29.01
24.63; 26.20; x; x; x; x
16.73; 16.96; 20.28; x; 23.56; x
19.08; 18.77; 15.70; 17.64; 17.71; 16.75
x; x; 14.01

U15G**100m****Heat 1****w/s= -0.2**

No.	Athlete	Club	Perf
1	133	Amiyah Spencer	Medway & Maidstone AC
2	138	Tia Wiggins	Invicta East Kent AC
3	137	Naima Clara Storari	Invicta East Kent AC
4	123	Lauren Griffin	Blackheath & Bromley H AC
5	126	Mylan Mighty	Medway & Maidstone AC
6	135	Michaela Sodunke	Medway & Maidstone AC

Q

Q

q

100m**Heat 2****w/s= 1.4**

No.	Athlete	Club	Perf
1	131	Oluwamumidara Showemimo	Medway & Maidstone AC
2	120	Kayla Fanoiki	Bexley AC
3	118	Sheun Bello	Bexley AC
4	134	Niah Spencer	Folkestone R & AC
5	116	Layla Allen	Medway & Maidstone AC
6	124	Lily Kenyon	Invicta East Kent AC

Q

Q

100m**Heat 3****w/s= 0.8**

No.	Athlete	Club	Perf
1	115	Joyce Akindeji	Medway & Maidstone AC
2	119	Zamaia Dixon	Blackheath & Bromley H AC
3	129	Haleema Okejimi	Bexley AC
4	117	Chloe Ashton	Dartford Harriers AC
5	128	Angel Oahimi	Medway & Maidstone AC

Q

Q

q

100m**Final****w/s= -0.3**

No.	Athlete	Club	Perf
1	133	Amiyah Spencer	Medway & Maidstone AC
2	138	Tia Wiggins	Invicta East Kent AC
3	115	Joyce Akindeji	Medway & Maidstone AC
4	119	Zamaia Dixon	Blackheath & Bromley H AC
5	137	Naima Clara Storari	Invicta East Kent AC
6	131	Oluwamumidara Showemimo	Medway & Maidstone AC
7	129	Haleema Okejimi	Bexley AC
	120	Kayla Fanoiki	Bexley AC
			DNS

300m**Heat 1**

No.	Athlete	Club	Perf
1	214	Kara Bryan	Blackheath & Bromley H AC
2	219	Freya Pearson	Blackheath & Bromley H AC
3	216	Sophie Floyd	Cambridge Harriers
4	220	Amelie Ramdeen	Blackheath & Bromley H AC
5	117	Chloe Ashton	Dartford Harriers AC

Q

Q

Q

q

q

300m**Heat 2**

No.	Athlete	Club	Perf
1	187	Manroop Jandu	Dartford Harriers AC
2	217	Alba Homans-Yau	Blackheath & Bromley H AC
3	188	Isla Kennedy	Dartford Harriers AC
4	625	Josephine Hamilton-Rennhack	Medway & Maidstone AC

Q

Q

Q

300m**Final**

No.	Athlete	Club	Perf
1	214	Kara Bryan	Blackheath & Bromley H AC
2	187	Manroop Jandu	Dartford Harriers AC
3	219	Freya Pearson	Blackheath & Bromley H AC
4	217	Alba Homans-Yau	Blackheath & Bromley H AC
5	220	Amelie Ramdeen	Blackheath & Bromley H AC
6	117	Chloe Ashton	Dartford Harriers AC
7	188	Isla Kennedy	Dartford Harriers AC
8	625	Josephine Hamilton-Rennhack	Medway & Maidstone AC

800m**Final**

No.	Athlete	Club	Perf
1	214	Kara Bryan	Blackheath & Bromley H AC
2	219	Freya Pearson	Blackheath & Bromley H AC
3	314	Harriet Hughes	Blackheath & Bromley H AC
4	317	Eva John	Blackheath & Bromley H AC
5	321	Shevia Ryan	Dartford Harriers AC
6	218	Melody Lindsey	Blackheath & Bromley H AC
7	319	Chloe Morez	Blackheath & Bromley H AC
8	324	Esther Yeatman	Cambridge Harriers

1500m Final

	No.	Athlete	Club	Perf
1	393	Matilda Holliday	Dartford Harriers AC	4:50.21
2	394	Purdey Hutchings	Tonbridge AC	4:53.12
3	398	Aimee Watts	Tonbridge AC	5:03.84
4	396	Lizzie Sanders	Cambridge Harriers	5:04.92
5	217	Alba Homans-Yau	Blackheath & Bromley H AC	5:07.24
6	390	Zara Chappell	Ashford AC	5:16.60
7	397	Arianna Temmerman	Blackheath & Bromley H AC	5:28.48
8	389	Emily Butcher	Tonbridge AC	5:29.65
9	395	Hana Maeda	Tonbridge AC	5:30.10
10	399	Seren Yeatman	Cambridge Harriers	5:32.48
11	392	Poppy Duncan	Folkestone R & AC	5:47.20

3000m Walk Final

	No.	Athlete	Club	Perf
1	620	Ellin Wilson	Ashford AC	17:38.14
2	622	Millicent Steele	Ashford AC	18:45.02

High Jump Final

	No.	Athlete	Club	Perf
1	480	Alessia Scala	Blackheath & Bromley H AC	1.73
2	450	Talia Junaid-Evans	Dartford Harriers AC	1.58
3	187	Manroop Jandu	Dartford Harriers AC	1.55
4	449	Megan Fulton	Swale Combined AC	1.45
5	190	Sereniti Rankin	Ashford AC	1.45
6	323	Gwennan Thomas	Dartford Harriers AC	1.35
6	188	Isla Kennedy	Dartford Harriers AC	1.35
8	479	Sophie Robinson	Sevenoaks AC	1.30
9	134	Niah Spencer	Folkestone R & AC	1.25
10	126	Mylan Mighty	Medway & Maidstone AC	1.25

CBP 1.50 o; 1.55 o; 1.58 -; 1.61 o; 1.67 xo; 1.71 o; 1.73 xo; 1.75 xxx
 1.45 xxo; 1.50 o; 1.55 o; 1.58 o; 1.61 xxx
 1.45 o; 1.50 -; 1.55 xo; 1.58 xxx
 1.35 o; 1.40 o; 1.45 o; 1.50 xxx
 1.30 o; 1.35 o; 1.40 o; 1.45 xxo; 1.50 xxx
 1.25 o; 1.30 xo; 1.35 xo; 1.40 xxx
 1.20 o; 1.25 o; 1.30 xo; 1.35 xo; 1.40 r
 1.20 o; 1.25 xo; 1.30 xo; 1.35 xxx
 1.25 o; 1.30 xxx
 1.20 o; 1.25 xxo; 1.30 xxx

Long Jump Final

	No.	Athlete	Club	Perf
1	450	Talia Junaid-Evans	Dartford Harriers AC	5.29
2	521	Kathleen Knight Misson	Medway & Maidstone AC	5.12
3	115	Joyce Akindeji	Medway & Maidstone AC	4.84
4	187	Manroop Jandu	Dartford Harriers AC	4.70
5	189	Elizabeth McKen	Cambridge Harriers	4.64
6	220	Amelie Ramdeen	Blackheath & Bromley H AC	4.63
7	190	Sereniti Rankin	Ashford AC	4.62
8	124	Lily Kenyon	Invicta East Kent AC	4.55
9	194	Mattea Stanley	Invicta East Kent AC	4.28
10	134	Niah Spencer	Folkestone R & AC	4.14
11	138	Tia Wiggins	Invicta East Kent AC	4.08
12	479	Sophie Robinson	Sevenoaks AC	3.91
13	117	Chloe Ashton	Dartford Harriers AC	3.86

w/s
 3.2 5.07,0.8; 5.00,0.1; 5.05,0.1; 4.98,-0.5; 5.29,3.2; x
 3.2 4.92,0.4; 4.57,-0.8; 4.69,-0.5; 4.72,0.0; 4.95,1.3; 5.12,3.2
 2.0 4.49,0.2; 4.55,-2.2; 4.71,-2.1; 4.58,-0.9; 4.70,2.3; 4.84,2.0
 2.9 4.70,2.9; 4.47,-1.4; 4.58,-1.4; 3.87,-0.1; 4.62,1.7; 4.59,1.8
 -1.0 4.39,0.6; 4.50,-1.2; 4.64,-1.0; 4.43,-0.3; 4.47,1.2; 4.29,2.6
 0.9 4.40,-1.4; x; 4.23,1.1; 4.30,-1.1; 4.63,0.9; 4.49,3.1
 0.7 4.51,0.4; x; 4.62,0.7; 4.35,0.0; x; x
 3.2 4.47,-1.0; 4.26,-1.7; 4.45,0.1; 4.08,-1.6; x; 4.55,3.2
 1.4 4.28,1.4; 4.25,-0.4; 4.23,-0.6
 -1.7 3.45,-0.3; 3.87,-0.3; 4.14,-1.7
 1.5 3.79,-0.1; 3.98,0.0; 4.08,1.5
 1.0 x; 3.91,1.0; 3.82,-0.8
 0.0 3.86,0.0; 3.78,2.4; 3.85,-1.8

Triple Jump Final

	No.	Athlete	Club	Perf
1	189	Elizabeth McKen	Cambridge Harriers	9.74
2	530	Kelsie Allcorn	Paddock Wood AC	9.55
3	114	Shekinah Acheampong	Kent AC	8.35
4	531	Diana Obersterescu	Bexley AC	7.64

w/s
 2.3 9.36,1.7; 9.60,1.1; 9.74,2.3; 9.51,0.9; 9.35,1.6; 9.28,0.8
 0.1 9.14,1.3; 9.28,-0.7; 9.55,0.1; 8.87,0.5; 8.90,-1.1; 8.63,1.0
 1.8 x; 7.98,0.5; 8.35,1.8; x; 8.15,1.2; x
 x; 7.56,0.3; 7.53,-1.4; 7.32,2.8; 7.64,0.7; x

Javelin Final

	No.	Athlete	Club	Perf
1	560	Miya Cook	Cambridge Harriers	34.39
2	609	Imogen Mace	Sevenoaks AC	32.32
3	559	Lucy Burrows-Cloude	Paddock Wood AC	21.77
4	571	Hayley-Caprice Beaumont	S Factor Academy	17.90
5	572	Chloe Lindsey	Cambridge Harriers	17.51
6	610	Millicent Steele	Ashford AC	16.73

30.87; 34.39; x; r
 27.78; 27.81; 28.50; 27.57; 27.63; 32.32
 21.41; 21.77; 18.26; 15.86; 13.56; 14.16
 15.86; x; x; x; x; 17.90
 14.63; 15.42; 15.67; 17.51; 15.94; x
 13.05; 15.83; 16.19; 15.08; 16.73; 15.22