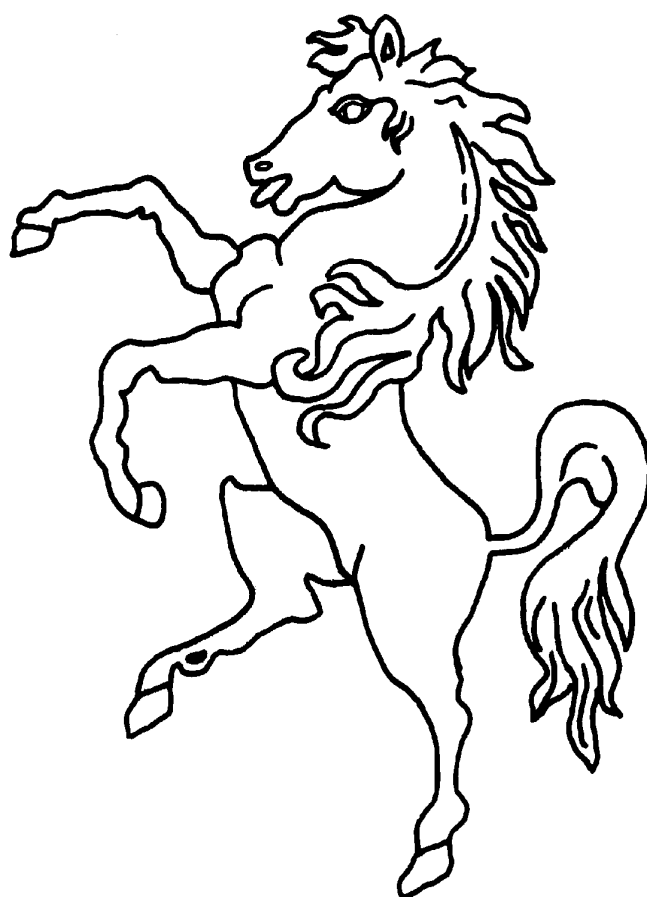


**KENT COUNTY ATHLETIC ASSOCIATION
KENT VETERAN'S CROSS COUNTRY
CHAMPIONSHIPS**



(UNDER UKA and KCAA RULES)

30th November 2024

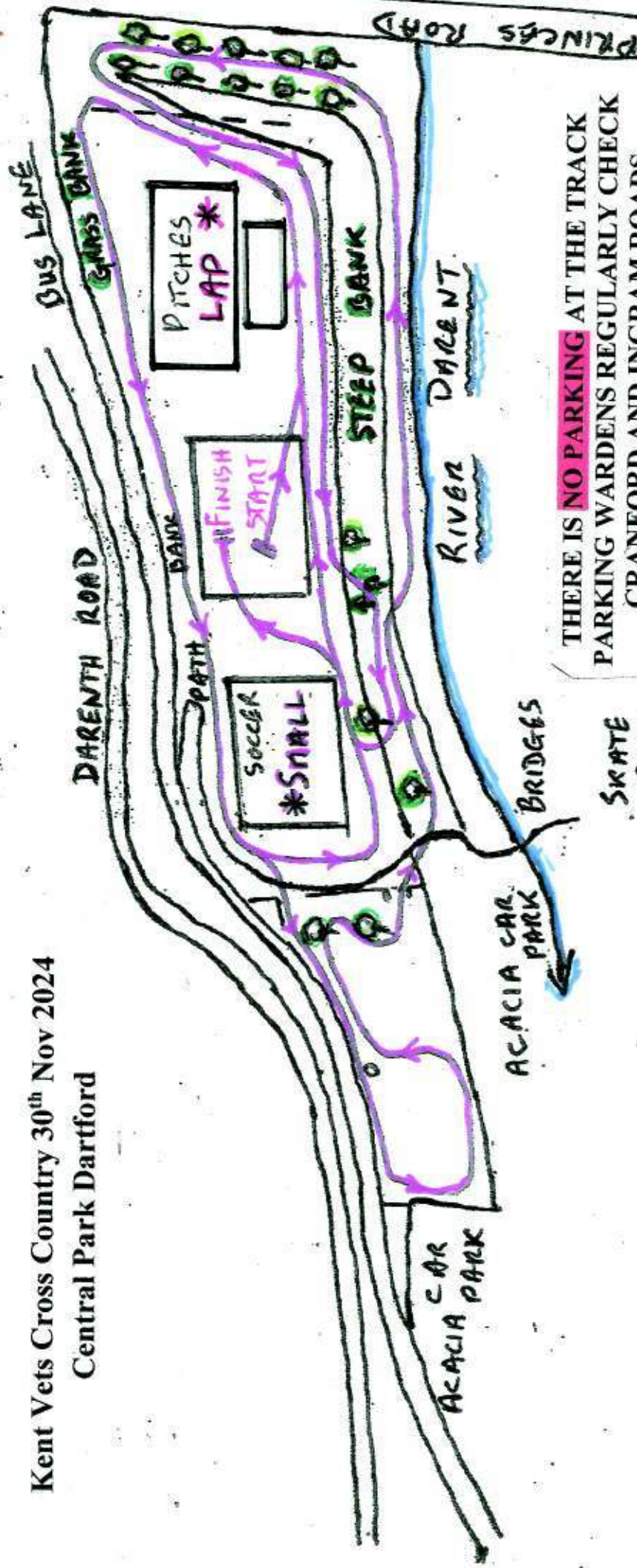
Central Park, Dartford

Kent Veteran's Cross Country Championship
Central Park Dartford
Saturday 30th December 2024

Race No	Event	Time	Team Awards	Course	Distance
Race 1	M50-M59	11.30	First 4 to score	One small and four long laps	8400m
Race 2	M60-M69	12.15	First 3 to score	Two small and two long laps	5200m
Race 2	M70+	12.15	-	Two small and two long laps	5200m
Race 2	W65+	12.15	-	Two small and two long laps	5200m
Race 3	W35-W44	13.00	First 3 to score	Two small and two long laps	5200m
Race 3	W45-W54	13.00	First 3 to score	Two small and two long laps	5200m
Race 3	W55-W64	13.00	First 3 to score	Two small and two long laps	5200m
Race 4	M40-M49	13.50	First 4 to score	One small and four long laps	8400m

The first 3 finishers in all age groups to be awarded medals

Kent Vets Cross Country 30th Nov 2024 Central Park Dartford



THERE IS **NO PARKING** AT THE TRACK
PARKING WARDENS REGULARLY CHECK
CRANFORD AND INGRAM ROADS

RACE HQ – REGISTRATION
NEAR THE COURSE

ATHLETICS
TRACK

Courses

11.30 M 50-59 One small lap, followed by 4 long laps – approx. 8.4k

12.15 M 60-69, M70+ and W65+

Two small laps, followed by 2 long laps – approx. 5.2k

13.00 W 35-44, W 45-54, W 55-64

Two small laps, followed by 2 long laps – approx. 5.2k

13.50 M 40-49 One small lap, followed by 4 long laps – approx. 8.4k

M50 - M59 Championship Entries

Race No Athlete Name

Ashford & District RRC

1 Jim Loftus (M55)
2 Scott Lynch (M55)
3 David Tomlinson

Ashford AC

4 Ian King

Ashford Striders RC

5 Andrew Cornwell (M55)

Beckenham Running Club

6 Jim Addison
7 Richard Stokes

Bexley AC

8 Alan Perryman (M55)

Blackheath & Bromley H AC

9 Chris Fishlock (M55)
10 Steven Hough
11 George Kleanthous (M55)
12 Chris Martin
13 Jason Meers (M55)
14 Douglas Varney
15 James Webber

Cambridge Harriers

16 Russell Buchanan
17 Steven Cummins
18 Paul Ford (M55)
19 David Reader
20 Jon Wilson

Canterbury Harriers

21 Phil Deery (M55)
22 Rob Waite

Central Park Athletics

23 James Carney
24 Alan Clisby (M55)
25 Antony Hylton
26 Craig Sharp

Dartford Harriers AC

27 Reuben Burford
28 David Hall (M55)
29 Christopher Turner (M55)
30 Nicholas Varley (M55)

Dartford Road Runners

31 Jason Browne
32 Andrew Green (M55)
33 Mark Reynolds (M55)
34 Robert White

Dulwich Runners AC

35 Terence Baker (M55)
36 Andy Bond

Folkestone Running and AC

37 Paul Bartlett
38 Tristan Bruce

Race No Athlete Name

Greenwich Tritons

39 Andrew Henderson
40 Luis Mendoza
41 Martin Tynan

Invicta East Kent AC

42 Gavin Whitlock

Istead and Ifield Harriers

43 Derek George

Kent AC

44 Che Compton
45 Paul Crompton (M55)
46 Julian Gevers (M55)
47 Christopher Greenwood
48 Philip Marsden
49 Paul McCrone (M55)
50 Stephen McGrory (M55)
51 Philip Sanders

Maidstone Harriers

52 Martin Jones

Medway and Maidstone AC

53 Adam Featherstone
54 Richard Kerswill (M55)
55 Alun Rodgers (M55)
56 Martin Taylor
57 Richard Tomlinson (M55)
58 Stephen Turpie

Mote Runners

59 Nigel Groves (M55)

Orpington Road Runners

60 Gavin Kitchingham (M55)
61 Martin Moss
62 Paul O'Grady (M55)

Sevenoaks AC

63 Allan Lee
64 Sebastian Naughton
65 Oloff Van Zyl (M55)

South Kent Harriers

66 John Creane
67 Richard Newsome
68 Lee Sentenacq (M55)

Thanet Roadrunners AC

69 Kevin McQuaid

Tonbridge AC

70 James Beeston
71 Tobin Bird (M55)
72 Derek Jee
73 Mark McLeavery
74 Ben Reynolds (M60)
75 Richard Sargent
76 Scott Shurmer
77 Michael Thomson (M55)

Race No Athlete Name

Tunbridge Wells Harriers

78 Robin Barwick
79 Craig Chapman
80 Stuart Corke (M55)
81 Andrew Deighton (M55)
82 Dan Foster
83 George Harris
84 Saul Harris
85 Eren Muduroglu (M55)
86 Peter Nuttall
87 Colin Timmins (M55)
88 Simon Whitaker (M55)

M60 - M69 Championship Entries

Race No	Athlete Name
	Ashford & District RRC
89	Adrian Beresford
90	Philip Marr
	Beckenham Running Club
91	Steven Moss
92	Craig Williamson
	Bexley AC
93	Gary Witt
	Blackheath & Bromley H AC
94	Luigi Arcuri (M65)
95	Roger Beswick
96	Mark Ellison
97	Cornelius Griffin (M65)
98	David Leal (M65)
99	Timothy Nash
100	Steven Pairman
	Cambridge Harriers
101	Clem Dixon
102	Martin Hawkins
103	Martin Leat (W65)
104	Graham Maynard
105	Ian McCarthy (M65)
106	Paul Warricker
	Canterbury Harriers
107	Adam Cowper-Smith (M65)
108	Andrew Farrant (M65)
109	Hugh Gostelow (M65)
110	Gary Robertson
111	David Thomas (M70)
	Central Park Athletics
112	Anthony Durey
113	Peter Thomas (M65)
	Dartford Road Runners
114	Paul Hooper (M65)
115	Jonathan Wynne
	Dulwich Runners AC
116	Michael Fullilove
117	Garry Meehan
118	Stephen Smythe (M65)
119	Tony Tuohy
120	Neville Webb (M65)
	Greenwich Tritons
121	Gerry Frizzelle (M65)
122	Simon Neville
	Harvel Hash House Harriers
123	Ian Dickson (M65)
	Istead and Ifield Harriers
124	Peter Moore

Race No	Athlete Name
	Kent AC
125	Luke Armitage
126	Roger Beardsworth
127	Leonard Reilly
128	Stephen Scobie
	Larkfield AC
129	Jonathan Hunter
	Maidstone Harriers
130	Craig Peake (M65)
131	Michael White
	Medway and Maidstone AC
132	Robert Fursey
133	Don Lawless
134	Paul McAuliffe (M65)
135	Mark Simpson
	Mote Runners
136	Alan Probert
	Orpington Road Runners
137	Steven Georgiadis
	Sevenoaks AC
138	Christopher Desmond
139	Keith Dowson
	South Kent Harriers
140	Kevin Gregory
141	Michael Hayley (M70)
142	Raymond Pearce (M65)
143	Jeremy Saynor
144	Leigh Woods
	Tonbridge AC
145	Cain Bradley
146	Philip Coleman
147	Antony Fullbrook
148	Ben Reynolds
149	Graeme Saker
	Tunbridge Wells Harriers
150	Stephen Austin (M65)
151	Steve Bolton
152	Andrew Howey
153	Andrew Joad
154	Colin Ricketts
155	Geoff Turner

M70+ Championship Entries

Race No	Athlete Name
	Blackheath & Bromley H AC
156	Andrew Lawes
157	Jim Phelan (M75)
158	Christopher Pike
159	John Turner
	Cambridge Harriers
160	Michael Ellsmore
	Canterbury Harriers
161	Steven Clark
162	Joe Hicks
	Dartford Harriers AC
163	Robert Coombes (M75)
	Dartford Road Runners
164	Steve Gallagher
165	Roy Knight
	Greenwich Tritons
166	Vernon Thomas (M80)
	Istead and Ifield Harriers
167	John Wilkins
	Kent AC
168	Daniel Mackay
169	Julian Spencer-Wood
	Mote Runners
170	David Grunfeld (M75)
	Orpington Road Runners
171	Stephen Briggs
	Paddock Wood AC
172	John Tolhurst
	Sevenoaks AC
173	John Denyer (M75)
174	Simon Hallpike
175	Geoffrey Kitchener (M75)
	South Kent Harriers
176	Michael Hayley
	Tonbridge AC
177	Alan Newman
	Veterans AC
178	John McGlashan

W65+ Championship Entries

Race No Athlete Name

Bexley AC

179 Kathy Leaf
180 Geraldine Legon

Cambridge Harriers

181 Stephanie Dungate
182 Monica Grenham (W70)
183 Maria MacDonald (W70)
184 Anna Rowland

Canterbury Harriers

185 Elisabeth Batty
186 Barbara Wenman

Istead and Ifield Harriers

187 Barbara Ockendon (W70)

Kent AC

188 Zoe Gaffen
189 Annabelle Hadlow

Larkfield AC

190 Janice Moorekite

Orpington Road Runners

191 Janet Lenton

Tunbridge Wells Harriers

192 Michele Bradshaw
193 Margaret Deighton
194 Lucille Joannes
195 Stella Richardson

W35 - W44 Championship Entries**W45 - W54 Championship Entries**

Race No Athlete Name

Ashford & District RRC

196 Lauren Aldred
 197 Kelly Gammon (W40)
 198 Ailis Goddard (W40)
 199 Wafaa Schiefler

Bexley AC

200 Kirsty Witt

Blackheath & Bromley H AC

201 Andrea Clement (W40)
 202 Imogen McLennan (W40)
 203 Ashley Pearson (W50)

Cambridge Harriers

204 Katie Sanders (W40)

Central Park Athletics

205 Coralie Charles (W40)
 206 Suzanne Croft (W40)

Dartford Harriers AC

207 Sophie Price (W40)
 208 Ami Woodcock

Dartford Road Runners

209 Amy Hutchings (W40)

Harvel Hash House Harriers

210 Nicola Cornall
 211 Emily Plummer

Istead and Ifield Harriers

212 Sally George (W40)

Kent AC

213 Vicky Boyle (W45)
 214 Victoria Buck (W50)
 215 Victoria Cartwright (W40)
 216 Heather Castle (W40)
 217 Amy Clements (W40)
 218 Elinor Skinner (W45)

Medway and Maidstone AC

219 Vanessa Vander (W40)

Paddock Wood AC

220 Jacqueline O'Reilly (W40)

South Kent Harriers

221 Amanda Bashford (W40)
 222 Kate Tulloch (W50)
 223 Rebecca Young (W45)

Tonbridge AC

224 Nichola Evans (W40)
 225 Rebecca Morton
 226 Charlotte Warren

Tunbridge Wells Harriers

227 Vicky Eames (W40)
 228 Alison Farrall (W50)
 229 Sonja King (W40)

Ashford & District RRC

230 Massah Cooper
 231 Lucy Johnstone

Ashford AC

232 Gemma Carter-Collins

Ashford Striders RC

233 Sharon Gardner
 234 Victoria Shrubsole (W50)
 235 Rachel Tomsett (W50)

Beckenham Running Club

236 Niamh Brooks

Bexley AC

237 Beata Kubala-Todd
 238 Kelli Potter
 239 Gill Stewart (W50)

Blackheath & Bromley H AC

240 Katy Sugden (W50)

Cambridge Harriers

241 Julie Backley (W50)
 242 Joanne Barber (W50)
 243 Emma Brown
 244 Maggie Illingworth
 245 Joanna Parkes

Central Park Athletics

246 Elizabeth Brookes
 247 Anoushka Johnson (W50)
 248 Kirsten McTeer

Dartford Harriers AC

249 Kerrie Clarke (W50)
 250 Jane Crawley
 251 Sally Hulance
 252 Donna Turner
 253 Karen Vicary

Dartford Road Runners

254 Hazel Behagg
 255 Emma Brown
 256 Nicola Chapman
 257 Alexandra Cooper (W50)
 258 Christine Munday (W50)

Folkestone Running and AC

259 Caroline Curtis (W55)
 260 Maria Felicetti (W55)
 261 Karla Larnder (W50)

Greenwich Tritons

262 Marcela Arvizu (W50)
 263 Katharyn Gladwell (W50)
 264 Emmanuelle Navarri (W50)
 265 Tina Reeves

Invicta East Kent AC

266 Renata McDonnell (W50)

Kent AC

267 Victoria Buck (W50)
 268 Jane Haile (W50)
 269 Elinor Skinner
 270 Suzanne Spalding (W50)

Medway and Maidstone AC

271 Karen Cudmore (W50)
 272 Jenny Fowler
 273 Bernadette Harrop (W50)
 274 Taryne McPherson

Mote Runners

275 Hanka Eichler-Gregory

Orpington Road Runners

276 Anna Larnar

Sevenoaks AC

277 Nicolene Hanekom

South Kent Harriers

278 Kate Tulloch (W50)
 279 Rebecca Young

Swale Combined AC

280 Olwen Cockell (W50)

Tonbridge AC

281 Lisa Knight (W50)
 282 Virginie Martel (W50)
 283 Elizabeth Owen
 284 Pearl Pearce

Tunbridge Wells Harriers

285 Jillian Holford (W50)
 286 Julie McPherson
 287 Rose Sawyer (W50)
 288 Carol Tsang
 289 Joan Woodward (W50)

W55 - W64 Championship Entries

Race No Athlete Name

Ashford & District RRC

290 Tracey Calnan
291 Mandy Mabb

Ashford Striders RC

292 Nicola Crawley

Beckenham Running Club

293 Tanya Byrne
294 Kate Marchant
295 Andrea Pickup

Cambridge Harriers

296 Rose Baker (W60)
297 Christine Bond (W60)
298 Angela Ford
299 Marian Hine
300 Frances Nestor (W60)

Central Park Athletics

301 Ann Komzolik (W60)
302 Denise Rose (W60)

Greenwich Tritons

303 Louise Johnson

Harvel Hash House Harriers

304 Sue Cameron
305 Karen Hill (W60)

Kent AC

306 Clare Elms (W60)
307 Ronnie Haydon-Jones (W60)
308 Nicky Hayes (W60)
309 Kathryn Williams (W60)
310 Sarah Young

Maidstone Harriers

311 Julie Stoppani (W60)

Tonbridge AC

312 Maria Heslop
313 Grazia Manzotti
314 Tina Oldershaw
315 Lucy Pitcairn-Knowles (W60)
316 Theresa White

Tunbridge Wells Harriers

317 Alison Beard
318 Lynne Bristow
319 Tara Taylor (W60)

M40 - M49 Championship Entries

Race No Athlete Name

Ashford & District RRC

320 Nick Collins (M45)
321 Andrew Johnstone (M45)

Bexley AC

322 Jon Fish (M45)

Blackheath & Bromley H AC

323 Sam Aldridge
324 Philip Bunn (M45)
325 Leonardus De Bruyn (M45)
326 Micah Evans
327 Gregory Firth (M45)
328 Sebastian Jones
329 Martin Richardson
330 Ian Scott (M45)

Cambridge Harriers

331 Danny Kendall (M45)
332 James MacDonald
333 John O'Mahony (M45)
334 Mark Penny
335 Ben Shearer (M45)
336 Rob Shearer (M45)
337 Peter St Amour (M45)

Central Park Athletics

338 Johnnie Arnould (M45)
339 Tema Hassan (M45)
340 Simon Johnson (M45)
341 Mark Smith (M45)

Coastal Striders

342 George Major

Crystal Palace Triathletes

343 Daniel Bentley-Gouldstone

Dartford Harriers AC

344 Chris Biddle
345 Stuart Waterman (M45)

Dartford Road Runners

346 Barrie Seal (M45)
347 Rob Smith (M45)

Dulwich Runners AC

348 Joe Farrington-Douglas (M45)

Folkestone Running and AC

349 Simon Coffey
350 Nicholas Steele

Harvel Hash House Harriers

351 Gavin Braithwaite
352 James Buchan (M45)
353 Daniel Fairclough (M45)
354 Andrew Plummer
355 Neil Woolcombe (M45)

Invicta East Kent AC

356 Michael Mawby

Race No Athlete Name

Kent AC

357 Jonathan Beatty (M45)
358 Samuel Evans
359 Richard Giles (M45)
360 Alex Harris (M45)
361 Robert Harvey (M45)
362 Robert Laing (M45)
363 Peter Lighting
364 Daniel Lineham
365 Arif Merali
366 Alex Morales (M45)
367 David Morgan
368 Matthew Moroney
369 William Palmer
370 Neil Phillips (M45)
371 Alex Robbins (M45)
372 Jonathan Tipper

Larkfield AC

373 Lee Cooper

Maidstone Harriers

374 Kevin Buchanan
375 Will Merrifield (M45)

Medway and Maidstone AC

376 Justin Lane (M45)
377 Anthony Webb (M45)
378 Clive Woolven
379 Darren Wright (M45)
380 Neill Wright (M45)

Sittingbourne Striders

381 Stephen Apps (M45)

South Kent Harriers

382 Cris Francis (M45)

Tonbridge AC

383 Anthony Bennett (M45)
384 Craig Halsey (M45)
385 Richard Harris (M45)
386 Tim Hill (M45)
387 Julian Rendall (M45)
388 Tom Rule
389 Tim Sherman-Samuels
390 Jay Smith
391 Peter Sutton
392 Joseph Watts

Tunbridge Wells Harriers

393 Andy Eames
394 Kieran Fitzpatrick
395 Gareth Hiron
396 Alexander Holmes (M45)
397 Pete Holmes
398 Michael King (M45)
399 William Levett (M45)
400 Ken MacSporran (M45)
401 Keith Mitchell (M45)
402 James Sarre (M45)
403 Edward Steele
404 Robert Winter (M45)