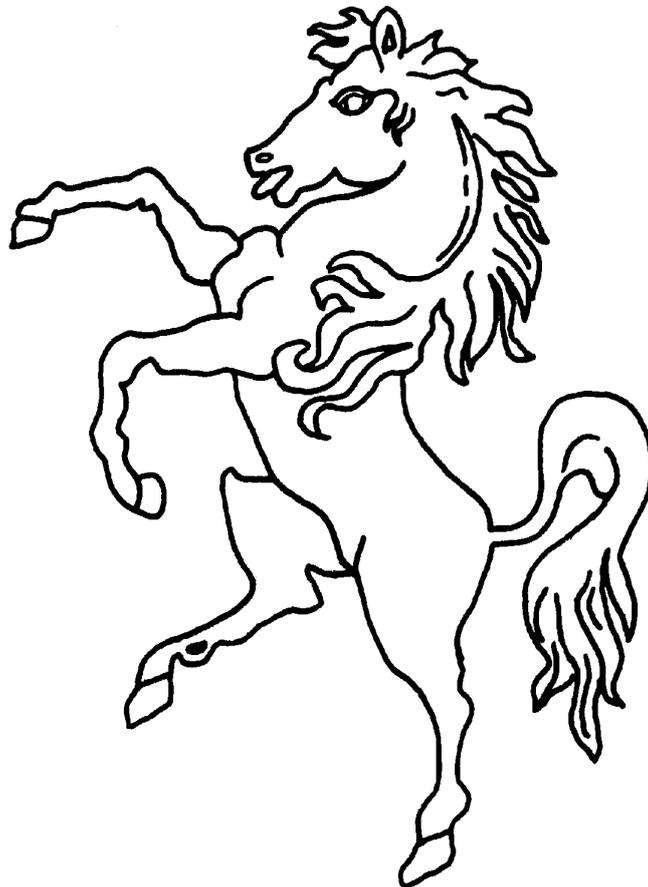


KENT COUNTY ATHLETIC ASSOCIATION MAIN CHAMPIONSHIPS



(UNDER UKA RULES)

13th – 14th May 2023

Norman Park, Bromley

Souvenir Programme

**Officials training at these Championships
has been grant funded by England Athletics**



PRESIDENTS WELCOME

I'm pleased to welcome you to the Kent County Athletics Championships 2023 at Norman Park, Bromley.

It's fantastic to see so many athletes booked in to compete over the two days of competition; both newcomers and experienced athletes returning to the county championships. As an 800m runner it's great to see so many athletes registered for the two lap race with over 100 of you contesting the (best) event!

To the newcomers I hope you have a fantastic experience competing at your first Championship, take the time to absorb what's going on (and what the experienced athletes are doing), give it your all and enjoy your competition. To the returning athletes I hope you get the performances you're looking for that can help set you up for the season and push you to the Kent regional teams.

My thanks to all the officials and volunteers organising this event. Holding a two-day championships is a huge undertaking and without our dedicated volunteers meetings like this wouldn't be able to go ahead. If you enjoy your weekend of competing or spectating, I urge you to talk to our officials and get involved so that we can host local track and field competition into the distant future.

Importantly, good luck and I look forward to meeting you at the medals podium!

Andrew Scoones

President 2023

KCAA president Kent County Athletics Association

Thanks

On behalf of KCAA I would like to acknowledge the support from England Athletics in providing a grant towards improving competition experience for athletes & officials at championships. Equally thanks goes to the Track & Field Committee (remember all of whom are volunteers) took on the big task of making today work. Thanks also to all Technical Officials & other volunteers who enable these championships to take place by giving up their time, skills & effort. We also acknowledge the time and effort spent by JustTiming and Track Staff who make such a valuable contribution to the smooth running of these Championships.

David Ralph
Chair Kent County Athletics Association
chairman@kcaa.org.uk

WARM UP ARRANGEMENTS

- **Athletes can use the back straight to warm-up**
- **During distances races athletes warming up should only be in lanes 7 & 8 to respect the competitors**
- **No warm-up on back straight during races involving lanes**
- **Athletes should not wear headphones on the track as they will need to be aware of the events going on and be able to hear any instructions from officials.**

GENERAL INFORMATION ATHLETE REGISTRATION

Athletes must register & collect their numbers from the registration desk as signposted not more than 1.5 hours before, but by at least 1 hour before the start (or warm up) time for your events. For the Track & Field you must then report to the start area at least 15 minutes before your event, or warm up time. If appropriate finals will be run at heats or second round time. If you wish to withdraw from an event prior

to competing, please let the athlete registration team know. You must be wearing a club or school vest & the bib numbers issued back & front on the Track & on the front only in Field events.

FIRST AID First Aid is being provided by EMATS Event Medical and Training Services Group.

MEDALS Medals will be awarded to the first 3 placed athletes in each event and will be presented at the presentation area. For Field events winners they will be taken directly there after their event. For track, as soon as the result is announced please make your way to the presentation area. Athletes must collect, or arrange for someone else to, KCAA does not deliver to those who do not collect them. Trophies will again be issued this year. If you have any questions please contact trophies@kcaa.org.uk

PERSONAL IMPLEMENTS If you wish to use personal implements they must be taken to the Technical Team in the equipment room, which is located near the 100m start line, at least an 90 minutes before your event (or warm up) is due to take place.

As Start Information System is in use; all athletes in sprint starts for races up to 400m (unless exempt) **all** athletes must use stadium blocks under UKA competition rules.

PHOTOGRAPHY POLICY KCAA does not require camera users to register the use their cameras as the prolific use of personal tablets & smartphones make this impractical to police. Should one of these photographs appear on a club website or in social media you need to contact them direct should you wish it removed. At some meetings we have press reporters and official championship photographers from whom you can purchase photographs of athletes in competition. Those photographers are easily identified wearing brightly coloured bibs. Also within the competition and medal presentation areas people authorized by KCAA may take photos for publicity & promotional purposes, especially for our Website or Facebook page. When entering these areas you need to be aware that it is assumed that you are giving permission for such photographs to be taken. Should a photo appear on our Website or Facebook page which you would like removed; please contact the track & field committee secretary on trackandfield@kcaa.org.uk.

QUALIFYING FOR NEXT ROUND Track results & seeding for next round will be published electronically at <https://justiming.co.uk/liveresults/liveresults.html?meeting=directory> To access them you will need to have device with mobile data. If after qualifying for a second round or final, you have need to withdraw you **MUST** inform the referee for that event. You will be allowed to withdraw but you will not be allowed to compete again during the course of the 2 days.

RESULTS Field results will be given to athletes before they leave the competition area. Track results will be published electronically at <https://justiming.co.uk/liveresults/liveresults.html?meeting=directory> to access them you will need to have device with mobile data. Full results are published on the KCAA website early next week and be submitted to Powerof10

TEAM SELECTORS Details of the KCAA county team selection policy, travel policy & dates of Inter-county matches can be found on the County Teams page of the KCAA website at <http://www.kcaa.org.uk/county%20teams.htm>.

The Under 17 & Under 15 Intercounties T&F is to be held at Horspath, Oxford, Sun 10th September 2023. The Lead Selector is Darrell Smith. The Selection criteria:- First 2 (eligible) athletes at the Kent Champs in events actually on the Timetable of the Southern Intercounties (tba). Must have achieved a Pb Awards level 7 or better prior the Southern Counties Entry date (tba)

The Senior and Under 20 Intercounties is to held at Horspath Oxford, Sun 2nd July 2023 The Selection Policy will be published on the KAA website. The Lead Selector is Alex Pope.

Kate from Podplus will be at the Championships for the purchase of Kent Kit as well as other athletics clothing etc.

Pureform who are the resident masseurs at the stadium will be available for athlete massages.

FINALLY THESE CHAMPIONSHIPS DO NOT RUN THEMSELVES.... KCAA is an association of registered clubs within the historic county of Kent and is run entirely by volunteers; without whom athletes would not be trained & competition events would not take place. We are managed by an Executive committee & various event committees who organise and run our yearly programme of events along with our Coaches, Technical Officials & Volunteer helpers. Without more volunteers we will need to reduce what we do and please would you consider if you could help; If you think you may be interested email our Secretary on secretary@kcaa.org.uk who will be able to provide you more information.

AWARDS DINNER The Annual President Awards Dinner will again be held on Friday 17th November 2023 at The Weald Of Kent Golf Club, Maidstone Road, Headcorn, Ashford, Kent, TN27 9PT, application form available from <http://www.kcaa.org.uk/Social/Form%20-%20KCAA%202023%20Awards%20dinner%20booking.pdf>.

KCAA 2023 CHAMPIONSHIPS & VENUES

Full details & entry information can be found on the KCAA website www.kcaa.org.uk & event details & reminders are published via the "Kent county athletic association" Facebook page.

10K & 3K Track Championships	28th June 2023	Central Park. Dartford
U13 Pentathlon	28th August 2023	Tonbridge School
Masters Jumps & Relay Championships	10th September 2023	Julie Rose Ashford
Combined Events, Masters Track & Throws & U13 Championships	16th & 17th September 2023	Medway Park

KCAA AWARDS CHAMPIONSHIPS

K.C.W.A.A. DONALD FYSON AND ROGER FYSON TROPHIES 1946 & 1964

These trophies are awarded for the Women's individual performance at these Championships.

TRACK TROPHY

2019	R. Dickens	Black & Brom H AC
2020	No Championship	
2021	A. Davies	Black & Brom H AC
2022	E. Turner	Med & Maid AC

FIELD TROPHY

2019	D. Martin	Ashford AC
2020	No Championship	
2021	D. Martin	Ashford AC
2022	L. Farley	Black & Brom H AC

LEONARD ARMSTRONG TROPHY

Awarded by the referee for the best Individual U15 Girl performance at the Championships

2019	L. Murray	Swale Comb. AC
2020	No Championship	
2021	R. Akinsanya	Med & Maid AC
2022	Q. Ukpai	Black & Brom H AC

GEORGE STRATFORD MEMORIAL TROPHY

Awarded by the referee for the best Hurdles performance at the championships

2019	L. Newnham	Dartford Harriers AC
2020	No Championship	
2021	A. Davies	Black & Brom H AC
2022	E. Lacey	Tonbridge AC

Championship Minimum Takeoff & Heights

as published on the Track and Field Website page

High Jump	SM	U20M	U17M	U15B	SW	U20W	U17W	U15G
minimum starting height	1.50m	1.50m	1.40m	1.25m	1.35m	1.35m	1.30m	1.20m

Progression will be in accordance with UKA Rules for Competition

Pole Vault	SM	U20M	U17M	U15B	SW	U20W	U17W	U15G
minimum starting height	2.00m*	2.00m*	1.85m**	1.70m**	1.85m**	1.85m**	1.70m**	1.55m**

* Progression will be 15cm to a height of 2.60m and then 10cm until 3 athletes in the competing age remain and then 5cm on request

** Progression will be 15cm to a height of 2.00m and then 10cm until 3 athletes in the competing age remain and then 5cm on request

Triple Jump	SM	U20M	U17M	U15B	SW	U20W	U17W
minimum take off board	9m	9m	7m	7m	7m	7m	7m

Kent County Athletic Association Track and Field Championships
Norman Park, Bromley May 13th & 14th 2023

Meeting Managers	Lynda Lenton, Peter Lenton	Lynda Lenton, Peter Lenton
Chief Starter	Sat: David Ralph	Sun: David Ralph
Starters	Sat: David Winfield, Gurpreet Jandu	Sun: David Winfield, John Foster, Gurpreet Jandu
Starter Ref	Sat: John Freeman	Sun: John Freeman
Chief Starters Assistant	Sat: Phil Pape	Sun: Sara Fletcher
Starters Assistants	Sat: Jan Clifford, Claire Capon, Teresa Hinton, John Foster	Sun: Phil Pape, Jan Clifford, Teresa Hinton, Joe Appiah
Track Referee	Sat: Josh Masters	Sun: John Hubbard
Track Judges (Sat)	Gill Freeman (CJ), Alison Fielder, Dave Walach, Jacqueline Francis, Dawn Hookway, James Adams, John Hubbard, Julie Roe, Kim Taylor, Mahesh Sankla, Martin Pickering, Sarah Holliday, Annette Hope, Neville Hope, Shareen Miller, Taryne McPherson	
Track Judges (Sun)	Julie Roe (CJ), Dawn Hookway, Gill Freeman, Gillian Skellon, Jacqueline Francis, Kim Taylor, Lewis Makey, Mahesh Sankla, Martin Pickering, Sarah Regan, Sarah Holliday, Karen Cosby	
Race Walk Judges	Sun: Christopher Hobbs (CJ), Noel Carmody, Shaun Lightman, Elizabeth Benson, Simon Benson	
Photofinish (Sat)	Sat: Maureen Fletcher	Sun: Maureen Fletcher
Timekeepers (Sat)	Miriam Dorrity (Chief), Barry Ferguson, Lyndsey Whitlock, Michael Beech, Paul Patten, John Saunders	
Timekeepers (Sun)	Barry Ferguson (Chief), Emily Beet, Lyndsey Whitlock, Michael Beech, Steve Hollingdale, Miriam Dorrity	
Field Referees	Sat: Amanda Edgley-Pearce, Frank Czarnowski	Sun: Marion Osborn
Technical Manager	Sat: Tim Williams	Sun: Tim Williams
Clerk of Course	Sat: Sally Emm, Chloe Williams, Lewis Makey	Sun: Sian Thomas, Chris Hogwood, Dave Walach
Field Judges (Sat)	John Askew, Ashley Pearson, Bob Furse, Chris Head-Rapson, David Cordell, Denis Lawrie, Dick Sharp, Elizabeth Benson, Gary Capon, Karen Cosby, Lesley Hall, Liz Parsons, Louise Edeleanu, Marion Osborn, Mike Botha, Mike Davies, Nia Thomas, Olivia Gratwick, Rob Turner, Robert Hammond, Sian Thomas, Simon Benson, Stacy Taylor, Stephen Hesketh, Stuart Earl, Stephen Williams, Wendy Masters	
Field Judges (Sun)	John Askew, Amanda Edgley-Pearce, Bob fursey, Chloe Williams, Claire Capon, David Cordell, Denis Lawrie, Dick Sharp, Elizabeth Benson, Gary Capon, John Sanders, Ken Burkett, Chris Head-Rapson, Lesley Hall, Liz Parsons, Louise Edeleanu, Mike Botha, Steve Hall, Mike Davies, Monica Drummond, Nia Thomas, Olivia Gratwick, Robert Hammond, Stephen Williams, Sally Emm, Simon Benson, Stacy Taylor, Rob Turner	
Non Technical Officials		
Stadium Assistants	Sat: Norman Park	Sun: Norman Park
Presentations	Andrew Scoones (President), Lee Capon	
Athlete Registration	Diane Capon	
Recorders	Brian Charlton, Barry Dorrity	
Announcers	-	
Photofinish Technician	Luke Smallwood	
KCAA Team Selection:	Refer to KCAA.org.uk website	

KENT COUNTY ATHLETIC ASSOCIATION
2023 TRACK and FIELD Championships
Norman Park , Bromley May 13th & 14th 2023

SATURDAY PROGRAMME OF EVENTS

TRACK

Entries

T1	10.00	300mH	U17W	2 Heats	9
T2	10.15	400mH	U20W	Final	3
T3	10.15	400mH	SW	Final	3
T4	10.25	300m	U15B	2 Heats	11
T5	10.35	1500m	SM	Final	9
T6	10.45	1500m	U20M	Final	7
T7	10.55	1500m	U17M	Time trial	18
T8	11.10	1500m	U15B	Time trial	19
T9	11.25	300mH	U17W	Final	
T10	11.40	300m	U15B	Final	
T11	11.50	800m	U15G	3 Heats	23
T12	12.05	800m	U17W	2 Heats	17
T13	12.15	800m	U20W	2 Heats	13
T14	12.25	800m	SW	Final	6
T15	12.35	110mH	SM	Final	4
T16	12.40	110mH	U20M	Final	4
T17	12.50	100mH	U17M	Final	6
T18	13.00	80mH	U15B	2 Heats	13
T19	13.15	75mH	U15G	2 Heats	12
T20	13.25	100m	SM	2 Heats	16
T21	13.35	100m	U20M	2 Heats	12
T22	13.45	100m	U17M	2 Heats	16
T23	13.55	100m	U15B	3 Heats	22
T24	14.10	400m	SM	3 Heats	17
T25	14.20	400m	U20M	Final	8
T26	14.25	400m	U17M	2 Heats	10
T27	14.40	1500m S/C	SW/U20W/U17W	Final	2/3/2
T28	14.50	5000m	SM/SW	Final	12/2
T29	15.20	200m	U15G	3 Heats	21
T30	15.35	200m	U17W	2 Heats	14
T31	15.45	200m	SW	2 Heats	9
T32	15.55	200m	U20W	Final	6
T33	16.10	75mH	U15G	Final	21
T34	16.20	80mH	U15B	Final	14
T35	16.30	800m	U15G	Final	9
T36	16.35	800m	U17W	Final	6
T37	16.40	800m	U20W	Final	
T38	16.50	100m	SM	Final	
T39	16.55	100m	U20M	Final	
T40	17.00	100m	U17M	Final	
T41	17.05	100m	U15B	Final	
T42	17.15	400m	SM	Final	
T43	17.20	400m	U17M	Final	
T44	17.30	200m	U15G	Final	
T45	17.35	200m	U17W	Final	
T46	17.40	200m	SW	Final	

FIELD

Entries

F1	10.00	Shot	SM	7
F2	10.00	Shot	U20M	3
F3	10.00	Long Jump	U17M	7
F4	10.00	Hammer	U17W	4
F5	10.00	Hammer	U15G	6
F6	10.30	High Jump	SW	4
F7	10.30	High Jump	U20W	5
F8	10.30	High Jump	U17M	3
F9	10.30	Pole Vault	SM	4
F10	10.30	Pole Vault	U20M	3
F11	11.15	Hammer	SM	5
F12	11.15	Hammer	U20M	2
F13	11.15	Long Jump	U15B	16
F14	11.30	Shot	U17W	6
F15	11.30	Shot	U15G	11
F16	12.10	Discus	SM	5
F17	12.10	Discus	U20M	4
F18	12.45	High Jump	U15B	14
F19	13.00	Long Jump	SW	6
F20	13.00	Long Jump	U20W	8
F21	13.20	Discus	U17W	2
F22	13.20	Discus	U15G	7
F23	14.40	Javelin	SW	4
F24	14.40	Javelin	U20W	4
F25	14.55	Triple Jump	U17M	2
F26	14.55	Triple Jump	U15B	9
F27	15.00	Pole Vault	U17W	2
F28	15.00	Pole Vault	U15G	3
F29	15.50	Javelin	U17M	2
F30	15.50	Javelin	U15B	12
F31	16.10	Triple Jump	SW	4
F32	16.10	Triple Jump	U20W	2

Numbers must be worn back and front in all events except jump events, and are to be retained and used each day.

If you are competing in a TRACK event you **MUST** report to Registration at least **ONE HOUR** before the scheduled start of each track event, and **MUST** report to the Marksman **15 minutes** before the event.

For TRACK events, if insufficient athletes report for the heats the Final will be run at the heat time. Similarly if the number of heats does not warrant a second round the Final will be run at time of the second round.

Club (school) colours **MUST** be worn, or clothing acceptable under UKA Rule T5.

If, after qualifying for a second round or Final, you have need to withdraw, you **MUST** inform the referee for that event. You will be allowed to withdraw but will not be allowed to compete again during the course of the 2 days. So if you withdraw on the Saturday you cannot compete on the Sunday.

Athletes competing in FIELD events **MUST** report directly to that event 15 minutes before the event is due to start and **MUST** be alert to any announcements regarding their event

In the throws and horizontal jumps each competitor will be allowed **THREE** trials. Competitors as qualified under Rule T25 S2 will be allowed **THREE** further trials and compete in reverse ranking order determined from the first 3 rounds.

Competitors and Coaches should be aware of the rules regarding **ASSISTANCE**; UKA rule T6

Unsporting or improper behaviour during competition or to officials shall render the athlete liable to disqualification by the Referee from participation in all further events

Event T6 **1500 METRES UNDER 20 MEN** **Final** **10.45**
Kentish Express Shield
 CBP: 3m 52.6s M.Skelton Tonbridge AC 1991
 2022 Jamie Keir Invicta East Kent AC 3:55.67

360 Miles Brierley	Dartford Harriers AC	364 David Pougui	Cambridge Harriers
361 Thomas Claridge	Tonbridge AC	365 Louis Small	Ashford AC
362 Hayden Gear	Medway and Maidstone AC	366 Arthur Starvis	Blackheath & Bromley H AC
363 Daniel Moulton	Dartford Harriers AC		

1..... 2..... 3.....

Event T7 **1500 METRES UNDER 17 MEN** **Time trial** **10.55**
Kent Evening Post Shield
 CBP: 4m 0.3s R Farish Blackheath H 1981
 2022 Hayden Gear Medway and Maidstone AC 4:08.60

270 Henry Gibson	Medway and Maidstone AC	369 Harry Fage	Blackheath & Bromley H AC
271 Samuel Holloway	Cambridge Harriers	370 Ted Liddell	Tonbridge AC
273 Matthew Quogan	Dartford Harriers AC	371 Alexander Middleton	Blackheath & Bromley H AC
274 Ethan Rollings	Medway and Maidstone AC	372 Aidan Moore	Sevenoaks AC
276 Samuel Scrase-Field	Cambridge Harriers	373 Aidan Newton	Cambridge Harriers
277 Franklin Shepherd	Medway and Maidstone AC	374 Noah Paterson	Invicta East Kent AC
281 Adam Whitlock	Invicta East Kent AC	375 Jed Starvis	Blackheath & Bromley H AC
367 Ryan Alford-Smith	Sevenoaks AC	376 Fredrick Todd	Bexley AC
368 Olly Buck	Cambridge Harriers	377 Dylan Walsham	Bexley AC

1..... 2..... 3.....
 1..... 2..... 3.....

Event T8 **1500 METRES UNDER 15 BOYS** **Time trial** **11.10**
Tom Gordon Trophy
 CBP: 4m 17.4s D Bean Folkestone 1974
 2022 Theo Ronchetti Medway and Maidstone AC 4:27.41

286 Matias Caceres	Blackheath & Bromley H AC	309 Charlie Warren	Tonbridge AC
288 Connor Cousins	Medway and Maidstone AC	378 Joseph Atkins	Dartford Grammar School
291 Freddie Gibson	Medway and Maidstone AC	379 Nathan Clark	Blackheath & Bromley H AC
295 Daniel Horgan	Blackheath & Bromley H AC	380 Peter Fitzmaurice	Tonbridge AC
296 Aniket Iyengar	Cambridge Harriers	381 Louie Gear	Medway and Maidstone AC
298 Alex Martin	Blackheath & Bromley H AC	382 Dillon Gregory	Medway and Maidstone AC
299 Benjamin O'Grady	Blackheath & Bromley H AC	383 James Petrie	Tonbridge AC
304 Sebastian Sanz-Kozyra	Invicta East Kent AC	384 Nate Thomson	Invicta East Kent AC
305 Joseph Scanes	Blackheath & Bromley H AC	385 James Willcox	Ashford AC
307 Oliver Stone	Blackheath & Bromley H AC		

1..... 2..... 3.....
 1..... 2..... 3.....

Event T9 **300 METRES HURDLES UNDER 17 WOMEN** **Final** **11.25**
P.J.Reed Trophy
 CBP: 43.91s Emily Newnham Dartford Harriers AC 2019
 2022 Keziah Olaleye Cambridge Harriers 47.06

Qualifiers

1..... 2..... 3.....

Event T13	800 METRES UNDER 20 WOMEN		2 Heats	12.15
	Barrett Shield			
	CBP: 2:07.08 Bobby Clay Invicta East Kent AC 2015			
	2022 Billie Rouse Medway and Maidstone AC 2:10.65			
230 Lily Beaton	Blackheath & Bromley H AC	317 Abbe Clarke	Dartford Harriers AC	
231 Cameron Kelly-Gordon	Blackheath & Bromley H AC	318 Emily de Backer	Blackheath & Bromley H AC	
232 Olivia Magee-Brown	Blackheath & Bromley H AC	319 Sharne Elphick	Medway and Maidstone AC	
233 Gabriella Martin	Blackheath & Bromley H AC	320 Amy-Jayne Goodhand	Invicta East Kent AC	
234 Lily Meers	Blackheath & Bromley H AC	321 Freya Perry	Dartford Harriers AC	
315 Grace Bennett	Blackheath & Bromley H AC	322 Lola Sutton	Medway and Maidstone AC	
316 Hannah Clark	Blackheath & Bromley H AC			
1..... 2..... 3.....				
1..... 2..... 3.....				

Event T14	800 METRES SENIOR WOMEN		Final	12.25
	Kentish Express Cup			
	CBP: 2m 4.0s J.Allison Cambridge 1971			
	2022 Kathryn Sutton Dartford Harriers AC 2:15.79			
226 Kelsi Cornish	Blackheath & Bromley H AC	312 Annabel Carter	Tonbridge AC	
228 Sinead Norris	Cambridge Harriers	313 Chloe Sharp	Blackheath & Bromley H AC	
311 Julie Backley	Cambridge Harriers	314 Morgan Squibb	Blackheath & Bromley H AC	
1..... 2..... 3.....				

Event T15	110 METRES HURDLES SENIOR MEN		Final	12.35
	Kent Reliance Building Society Trophy			
	CBP: 14.5s G.J.Gower Blackheath H 1975			
	2021 Rico Cottell Blackheath & Bromley H AC 15.41			
13 Benjamin Richardson	Tonbridge AC	422 Alexander Hookway	Tonbridge AC	
420 Ezekiel Akinsola	Cambridge Harriers	423 Brandon Sikity	Cambridge Harriers	
421 Lewis Heffernan	Dartford Harriers AC			
1..... 2..... 3.....				

Event T16	110 METRES HURDLES UNDER 20 MEN		Final	12.40
	Harry Argent Trophy			
	CBP: 14.13s Ethan Akanni Bexley AC 2018			
	2022 Michael Alajiki Ashford AC 15.37			
27 Dante McNichol	Tonbridge AC	425 Reef Page	Tonbridge AC	
424 Daniel Goriola	Bexley AC	426 Carlos Rojo-Thigo	Cambridge Harriers	
1..... 2..... 3.....				

Event T17	100 METRES HURDLES UNDER 17 MEN		Final	12.50
	Lord Mayor's Cup City of Canterbury			
	CBP: 13.58 Rayhan Mourtada Blackheath & Bromley Harriers AC 2022			
	2022 Rayhan Mourtada Blackheath & Bromley Harriers AC 13.58			
41 Micah Payne-Cook	Kent AC	428 Rayhan Mourtada	Blackheath & Bromley H AC	
158 Cheyne West	Medway and Maidstone AC	429 Samuel Newton	Tonbridge AC	
427 Tobechi Azodoh	Bexley AC	430 Josiah Payne	Cambridge Harriers	
1..... 2..... 3.....				

Event T18	80 METRES HURDLES UNDER 15 BOYS		2 Heats	13.00
	Tom Gordon Trophy			
	CBP: 11.79 Ridwaan Ahmed Bexley AC 2019			
	2022 Hans Nmaju Central Park Athletics 12.29			
53 Jontay Johnson	Bexley AC	431 Dylan Case	Dartford Grammar School	
58 Ekene Ogbonna	Cambridge Harriers	432 Joshua Dako	Blackheath & Bromley H AC	
167 Elijah Olaleye	Cambridge Harriers	433 Jamie Ellerton	Blackheath & Bromley H AC	
168 Kai Rogan	Dartford Harriers AC	434 Hans Nmaju	Central Park Athletics	
172 Alfie Walach	Swale Combined AC	435 Rahman Odugbayi	Dartford Harriers AC	
173 Thomas Webb	Folkestone Running Club	436 Harry Wickers	Medway and Maidstone AC	
290 Kian Farrell	Blackheath & Bromley H AC			

1..... 2..... 3.....
 1..... 2..... 3.....

Event T19	75 METRES HURDLES UNDER 15 GIRLS		2 Heats	13.15
	Edward Sharp & Sons Ltd Cup			
	CBP: 11.33s S Solomon Black & Brom H AC 2004			
	2022 Elicia Lacey Tonbridge AC 11.56			
107 Beatrice Eaton	Thanet AC	454 Heidi Coulson	Blackheath & Bromley H AC	
112 Tess Hepple	Kent AC	455 Elsa Pawson	Tonbridge AC	
128 Nia Thomas	Cambridge Harriers	456 Orla Rickard	Blackheath & Bromley H AC	
192 Bethany Clayton	Invicta East Kent AC	457 Emilia Stevens	Swale Combined AC	
196 Lily Rockall	Folkestone Running Club	458 Araba Taylor	Tonbridge AC	
247 Beth Regan	Blackheath & Bromley H AC	459 Mia Whitwell	Bexley AC	

1..... 2..... 3.....
 1..... 2..... 3.....

Event T20	100 METRES SENIOR MEN		2 Heats	13.25
	H. Dutton Cup			
	CBP: 10.4s M.McIntyre Cro'90			
	2022 Michael Measter Belgrave Harriers 10.67			
1 Fortune Adah-Jahs	Bexley AC	9 Chizute Ogbedeh	Blackheath & Bromley H AC	
2 Michael Damoah	Blackheath & Bromley H AC	10 Harry Osborne	Medway and Maidstone AC	
3 Rhys Francis	Blackheath & Bromley H AC	11 Lewis Parsons	Thanet AC	
4 Max Harbord	Kent AC	12 Christian Quadjovie	Bexley AC	
5 Nathan Isaac	Medway and Maidstone AC	13 Benjamin Richardson	Tonbridge AC	
6 Leslie Lartey	Kent AC	14 Ishmael Smith-John	Crawley AC	
7 Alex Marshall	Medway and Maidstone AC	15 Steven Tester	Tonbridge AC	
8 Trey McPherson	Dartford Harriers AC	16 André Wright	Medway and Maidstone AC	

1..... 2..... 3.....
 1..... 2..... 3.....
 1..... 2..... 3.....

Event T21	100 METRES UNDER 20 MEN		2 Heats	13.35
	R.A.Askew Trophy			
	CBP: 10.57s D Grant Blackheath H2000			
	2022 Dejaune Lingard Cambridge Harriers 10.67			
17 Divine Akinlolu	Cambridge Harriers	23 Leo Godfrey	Ashford AC	
18 James Baker	Dartford Harriers AC	24 Flynn Hughes	Ashford AC	
19 Oliver Brooke	Tonbridge AC	25 Jamie Kent-Smith	Medway and Maidstone AC	
20 Andrew Bull	Canterbury Athletics Academy	26 Hassan Malador	Bexley AC	
21 Jasper Emmanuel	Medway and Maidstone AC	27 Dante McNichol	Tonbridge AC	
22 Moshood Erinfolami	Cambridge Harriers	28 Nkwazi Ndila	Blackheath & Bromley H AC	

1..... 2..... 3.....
 1..... 2..... 3.....

Event T22	100 METRES UNDER 17 MEN				2 Heats	13.45
	City Sports Shield					
	CBP: 10.7s S.Green Kent AC 1972					
	2022 Leo Godfrey Ashford AC 11.46					
29	Onateri Agbinor	S Factor Academy	37	Oscar Mitroi	Dartford Harriers AC	
30	Ephraim Akinlolu	Cambridge Harriers	38	Brandon Nathan	Dartford Harriers AC	
31	Alfie Baker-Harris	Tonbridge AC	39	Kola Olojede	Cambridge Harriers	
32	Rahaan Beckford Collier	Cambridge Harriers	40	Deriniola Oshakuade	Dartford Grammar School	
33	James Beecroft	Blackheath & Bromley H AC	41	Micah Payne-Cook	Kent AC	
34	Daniel Culver	Medway and Maidstone AC	42	Benjamin Purton	Medway and Maidstone AC	
35	David Ikuesan	Blackheath & Bromley H AC	43	Chaka Sankofa	Bexley AC	
36	Reo McCausland	Blackheath & Bromley H AC	44	Toby Vagg	Sevenoaks AC	
1.....	2.....	3.....				
1.....	2.....	3.....				
1.....	2.....	3.....				

Event T23	100 METRES UNDER 15 BOYS				3 Heats	13.55
	Tom Gordon Trophy					
	CBP: 11.25 James Beecroft Sevenoaks AC 2022					
	2022 James Beecroft Sevenoaks AC 11.27					
45	Jeffrey Agholor	Bexley AC	56	Felix Murray	Tonbridge AC	
46	Ikenna Azodoh	Bexley AC	57	Michael Norman-Scaletta	Cambridge Harriers	
47	Zavier Brathwaite	Cambridge Harriers	58	Ekene Ogbonna	Cambridge Harriers	
48	William Bryant	Invicta East Kent AC	59	Kema Jr. Onyemaechi	Cambridge Harriers	
49	Tyler Coppins	Ashford AC	60	Charlie Platt	Blackheath & Bromley H AC	
50	Jack Giles	Maplesden Noakes	61	Tom Ravenscroft	Cambridge Harriers	
51	Bryan Ikechukwu-Chime	Dartford Grammar School	62	Rufus Read	Tonbridge AC	
52	Noah Jennings	Swale Combined AC	63	Victor Redman	Folkestone Running Club	
53	Jontay Johnson	Bexley AC	64	Oscar Sadowski	Blackheath & Bromley H AC	
54	Olufikayo Lana	Dartford Grammar School	65	Tristan Thomas	Blackheath & Bromley H AC	
55	Nicholas Marquez	Blackheath & Bromley H AC	66	Senul Weerasinghe	Tonbridge AC	
1.....	2.....	3.....				
1.....	2.....	3.....				
1.....	2.....	3.....				

Event T24	400 METRES SENIOR MEN				3 Heats	14.10
	J.J.Astor Cup					
	CBP: 46.97Jack Green Kent AC 2016					
	2022 Connor Neal Thanet AC 48.22					
15	Steven Tester	Tonbridge AC	201	Kieran Eland	Tonbridge AC	
133	Nicholas Atwell	Thames Valley Harriers	202	Noah Friend	Tonbridge AC	
137	Connor Neal	Harrow AC	203	Omari Markland-Montgomery	Cambridge Harriers	
138	Darren Oregbomwanhia	Cambridge Harriers	204	Bailey Marks-Belaon	Blackheath & Bromley H AC	
139	Kristian Samwell-Nash	Ashford AC	205	Henry Marshall	Tonbridge AC	
140	Omaro Thomas	Medway and Maidstone AC	206	Samuel Reardon	Blackheath & Bromley H AC	
198	Joseph Burton	Medway and Maidstone AC	207	George Seery	Blackheath & Bromley H AC	
199	George Clements	Medway and Maidstone AC	208	Bailey Stickings	Blackheath & Bromley H AC	
200	Lewis Collins	Tonbridge AC				
1.....	2.....	3.....				
1.....	2.....	3.....				
1.....	2.....	3.....				

Event T25	400 METRES UNDER 20 MEN	Final	14.20
	Barclays Bank Challenge Cup		
	CBP: 47.4s S.Heard W'hampton & Bilston 1980		
	2022 Tommy Owler Folkestone Running Club 49.55		
142 Joshua Aboagye	Medway and Maidstone AC	210 James Gill	Invicta East Kent AC
145 Nathan Firla	Blackheath & Bromley H AC	211 Tommy Owler	Folkestone Running Club
146 Dylan Purton	Medway and Maidstone AC	212 Harrison White	Canterbury Athletics Academy
209 Jack Adams	Cambridge Harriers	213 Oscar Witcombe	Blackheath & Bromley H AC
1.....	2.....	3.....	
1.....	2.....	3.....	

Event T26	400 METRES UNDER 17 MEN	2 Heats	14.25
	Rochester Upon Medway Trophy		
	CBP: 49.3s S.Garrett Bexley 1981		
	2022 Oliver Brooke Tonbridge AC 50.69		
38 Brandon Nathan	Dartford Harriers AC	215 James Lawson	Blackheath & Bromley H AC
151 Thomas Daly	Tonbridge AC	216 Roddy Ostle	Invicta East Kent AC
155 Jay Sanders	Invicta East Kent AC	217 Cillian Roots	Kent AC
156 Joe Stone	Tonbridge AC	218 Charlie Rouse	Medway and Maidstone AC
214 Andrei Anghel	Bexley AC	219 Felix Tynan	Cambridge Harriers
1.....	2.....	3.....	
1.....	2.....	3.....	

Event T27	1500 METRES STEEPLECHASE SENIOR WOMEN	Final	14.40
	CBP: 6:15.16 Emily Hale Medway and Maidstone AC 2019		
	2019 Emily Hale Medway and Maidstone AC 6:15.16		
314 Morgan Squibb	Blackheath & Bromley H AC	418 Emily Hale	Medway and Maidstone AC
1.....	2.....	3.....	

Event T27	1500 METRES STEEPLECHASE UNDER 20 WOMEN	Final	14.40
	CBP: 4:55.30 Holly Page Dartford Harriers AC 2017		
	2022 Morgan Squibb Blackheath & Bromley Harriers AC 5:08.96		
388 Lily Crossley	Medway and Maidstone AC	472 Sophie Slack	Tonbridge AC
471 Carys Firth	Blackheath & Bromley H AC		
1.....	2.....	3.....	

Event T27	1500 METRES STEEPLECHASE UNDER 17 WOMEN	Final	14.40
	Hana Cordell Memorial Trophy		
	CBP: 4:58.09 Yasmin Austridge Blackheath & Bromley H AC 2016		
	2022 Carys Firth Blackheath & Bromley Harriers AC 5:35.00		
332 Lexie Johnson	Dartford Harriers AC	473 Isla Spink	Blackheath & Bromley H AC
1.....	2.....	3.....	

Event T28	5000 METRES SENIOR MEN		Final	14.50
	Kent Constabulary Challenge Cup			
	CBP: 13m 57.63s S Barden GEC Avionics 1995			
	2022 Wegahta Zerom Ashford AC 15:04.16			
249 Christian Clement	Blackheath & Bromley H AC	412 Benjamin Gayleard	Medway and Maidstone AC	
259 Jamie Walsh	Medway and Maidstone AC	413 Calum Laing	Tonbridge AC	
355 Tom Collins	Medway and Maidstone AC	414 Teweldebrhan Menges	Medway and Maidstone AC	
409 Sean Barwick	Medway and Maidstone AC	415 Aron Thompsett	Invicta East Kent AC	
410 Tom Cotton	Dartford Harriers AC	416 Thomas Wright	Bexley AC	
411 Micah Evans	Blackheath & Bromley H AC	417 Wegahta Zerom	Ashford AC	

1..... 2..... 3.....
 1..... 2..... 3.....

Event T28	5000 METRES SENIOR WOMEN		Final	14.50
	CBP: 15m 45.86s C Dale Invicta EK 2005			
	2022 Megan Marchant Cambridge Harriers 17:37.23			

418 Emily Hale	Medway and Maidstone AC	419 Vanessa Vander	Medway and Maidstone AC
----------------	-------------------------	--------------------	-------------------------

1..... 2..... 3.....

Event T29	200 METRES UNDER 15 GIRLS		3 Heats	15.20
	Kentish Independent Cup			
	CBP: 25.00s D Asher-Smith Black & Brom 2010			
	2022 Nuriah Orhurhu Cambridge Harriers 26.06			

96 Ismae Abomeli	Thanet AC	126 Georgiana Sweeting	Tonbridge AC
102 Mariana Caceres	Blackheath & Bromley H AC	127 Laetitia Tene	Dartford Harriers AC
103 Emily Cadman	Cambridge Harriers	190 Keriema Bailey	Bexley AC
106 Ariana Clarke	Cambridge Harriers	191 Daisy Butler	Cambridge Harriers
108 Chiamaka Ekenulo	Cambridge Harriers	192 Bethany Clayton	Invicta East Kent AC
110 Sienna Gratwick	Medway and Maidstone AC	193 Grace Durrant	Medway and Maidstone AC
111 Genevieve Harper	Tonbridge AC	194 Layla Forrest	Invicta East Kent AC
115 Jayda Renae Mckenzie	Cambridge Harriers	195 Renee Itugbu	Bexley AC
116 Annabel Mottram	Tonbridge AC	196 Lily Rockall	Folkestone Running Club
118 Kimora Okeke	Invicta East Kent AC	197 Abigail Williams	Blackheath & Bromley H AC
125 Sophia Stewart	Sevenoaks AC		

1..... 2..... 3.....
 1..... 2..... 3.....
 1..... 2..... 3.....

Event T30	200 METRES UNDER 17 WOMEN		2 Heats	15.35
	Horace Denton Cup			
	CBP: 23.93s Kaliyah Young Dartford Harriers AC 2019			
	2022 Faith Akinbileje Blackheath & Bromley Harriers AC 24.29			

80 Rebecca Akinsanya	Medway and Maidstone AC	183 Chanya-Asa Haastrup	Medway and Maidstone AC
81 Abella Ammam	Dartford Harriers AC	184 Emily Moyle	Medway and Maidstone AC
88 Azaria Makinde	Medway and Maidstone AC	185 Jada Rose Oladele	Medway and Maidstone AC
90 Violet Maxted	Ashford AC	186 Fadheelah Olawale-Agbojo	Bexley AC
92 Harriet Medlen	Tonbridge AC	187 Niniola Omotola	Medway and Maidstone AC
93 Nuriah Orhurhu	Cambridge Harriers	188 Alexia Scotiniadis	Tonbridge AC
95 Nina Whitter	Blackheath & Bromley H AC	189 Qi-Chi Ukpai	Blackheath & Bromley H AC

1..... 2..... 3.....
 1..... 2..... 3.....

Event T31	200 METRES SENIOR WOMEN		2 Heats	15.45
	1965 Vice Presidents Trophy			
	CBP: 23.6s S.Joseph Brom '85 & J.Stoute Brom'87			
	2022 Ellie Turner Medway and Maidstone AC 24.67			
70 Shamariah Notice	Kent AC	174 Chanelle Cole	Blackheath & Bromley H AC	
71 Leah Scott	Kent AC	175 Lucy Hope	Medway and Maidstone AC	
73 Ellie Turner	Medway and Maidstone AC	176 Karolina Mykietyń	Central Park Athletics	
74 Louisa Vallins	Blackheath & Bromley H AC	177 Samantha Williams	Blackheath & Bromley H AC	
75 Abigail Walters	Medway and Maidstone AC			
1..... 2..... 3.....				
1..... 2..... 3.....				

Event T32	200 METRES UNDER 20 WOMEN		Final	15.55
	CBP: 24.95s K Thomas Dartford H 1998			
	2022 Scarlet Thomas-Wright Invicta East Kent AC 25.68			
78 Lucy Tallon	Tonbridge AC	180 Jessica Lewis	Sevenoaks AC	
178 Charlotte Henrich	Invicta East Kent AC	181 Daisy Meenan	Canterbury Athletics Academy	
179 Christal Izuchukwu	Bexley AC	182 Millie Vas	Thanet AC	
1..... 2..... 3.....				

Event T33	75 METRES HURDLES UNDER 15 GIRLS		Final	16.10
	Edward Sharp & Sons Ltd Cup			
	CBP: 11.33s S Solomon Black & Brom H AC 2004			
	2022 Elicia Lacey Tonbridge AC 11.56			
107 Beatrice Eaton	Thanet AC	454 Heidi Coulson	Blackheath & Bromley H AC	
112 Tess Hepple	Kent AC	455 Elsa Pawson	Tonbridge AC	
128 Nia Thomas	Cambridge Harriers	456 Orla Rickard	Blackheath & Bromley H AC	
192 Bethany Clayton	Invicta East Kent AC	457 Emilia Stevens	Swale Combined AC	
196 Lily Rockall	Folkestone Running Club	458 Araba Taylor	Tonbridge AC	
247 Beth Regan	Blackheath & Bromley H AC	459 Mia Whitwell	Bexley AC	
1..... 2..... 3.....				
1..... 2..... 3.....				

Event T34	80 METRES HURDLES UNDER 15 BOYS		Final	16.20
	Tom Gordon Trophy			
	CBP: 11.79 Ridwaan Ahmed Bexley AC 2019			
	2022 Hans Nmaju Central Park Athletics 12.29			
53 Jontay Johnson	Bexley AC	431 Dylan Case	Dartford Grammar School	
58 Ekene Ogbonna	Cambridge Harriers	432 Joshua Dako	Blackheath & Bromley H AC	
167 Elijah Olaleye	Cambridge Harriers	433 Jamie Ellerton	Blackheath & Bromley H AC	
168 Kai Rogan	Dartford Harriers AC	434 Hans Nmaju	Central Park Athletics	
172 Alfie Walach	Swale Combined AC	435 Rahman Odugbayi	Dartford Harriers AC	
173 Thomas Webb	Folkestone Running Club	436 Harry Wickers	Medway and Maidstone AC	
290 Kian Farrell	Blackheath & Bromley H AC			
1..... 2..... 3.....				
1..... 2..... 3.....				

Event T35	800 METRES UNDER 15 GIRLS		Final	16.30
	Major A.W.Kinally Cup			
	CBP: 2m 10.8s E.Langston Folkestone 1986			
	2022 Megan Barlow Blackheath & Bromley Harriers AC 2:17.35			
120 Hope Opawole	Bexley AC	344 Aoife Foley	Tonbridge AC	
130 Katie Wake	Bexley AC	345 Delilah Lester	Cambridge Harriers	
241 Celia Allen	Cambridge Harriers	346 Lydia Marston	Blackheath & Bromley H AC	
242 Charlotte Bloodworth	Blackheath & Bromley H AC	347 Aoife McDonagh	Blackheath & Bromley H AC	
244 Caitlin Hough	Blackheath & Bromley H AC	348 Rowan Pearson	Blackheath & Bromley H AC	
245 Ariana Jenner-Heard	Blackheath & Bromley H AC	349 Aimee Price	Bexley AC	
246 Leah Kyriacou	Blackheath & Bromley H AC	350 Luciana Smith	Blackheath & Bromley H AC	
339 Olivia Baker	Medway and Maidstone AC	351 Niamh Stanley	Blackheath & Bromley H AC	
340 Lily Bridgeman	Blackheath & Bromley H AC	352 Lucy Steer	Invicta East Kent AC	
341 Sofia Cudmore Smith	Medway and Maidstone AC	353 Sophie Tran	Blackheath & Bromley H AC	
342 Eva Denbow	Blackheath & Bromley H AC	354 Iris Williams	Cambridge Harriers	
343 Freya Dinwiddy	Blackheath & Bromley H AC			
1.....	2.....	3.....		
1.....	2.....	3.....		
1.....	2.....	3.....		

Event T36	800 METRES UNDER 17 WOMEN		Final	16.35
	W R Lewis Silver Salver			
	CBP: 2:09.89 Sabrina Sinha Cambridge Harriers 2015			
	2022 Chiani-Rae Garland Bexley AC 2:16.16			
240 Matilda Shilland	Blackheath & Bromley H AC	331 Abigail Hawkes	Medway and Maidstone AC	
323 Betty Adams	Dartford Harriers AC	332 Lexie Johnson	Dartford Harriers AC	
324 Sophie Ansell	Bexley AC	333 Jessica Kelly	Blackheath & Bromley H AC	
325 Megan Barlow	Blackheath & Bromley H AC	334 Amber Matthews	Medway and Maidstone AC	
326 Lola Bischoff	Blackheath & Bromley H AC	335 Isabel Morris	Sevenoaks AC	
327 Jennifer Clayton	Folkestone Running Club	336 Islay Pearson	Blackheath & Bromley H AC	
328 Iris Crossley	Medway and Maidstone AC	337 Zoë Vallis	Invicta East Kent AC	
329 Holly Diprose	Sevenoaks AC	338 Lydia Witcombe	Blackheath & Bromley H AC	
330 Madeleine Dunsmore	Bexley AC			
1.....	2.....	3.....		
1.....	2.....	3.....		
1.....	2.....	3.....		

Event T37	800 METRES UNDER 20 WOMEN		Final	16.40
	Barrett Shield			
	CBP: 2:07.08 Bobby Clay Invicta East Kent AC 2015			
	2022 Billie Rouse Medway and Maidstone AC 2:10.65			
Qualifiers			
1.....	2.....	3.....		

Event T38	100 METRES SENIOR MEN		Final	16.50
	H. Dutton Cup			
	CBP: 10.4s M.McIntyre Cro'90			
	2022 Michael Measter Belgrave Harriers 10.67			
Qualifiers			
1.....	2.....	3.....		

Event T39 **100 METRES UNDER 20 MEN** **Final** **16.55**
R.A.Askew Trophy
 CBP: 10.57s D Grant Blackheath H2000
 2022 Dejaune Lingard Cambridge Harriers 10.67

Qualifiers

1..... 2..... 3.....

Event T40 **100 METRES UNDER 17 MEN** **Final** **17.00**
City Sports Shield
 CBP: 10.7s S.Green Kent AC 1972
 2022 Leo Godfrey Ashford AC 11.46

Qualifiers

1..... 2..... 3.....

Event T41 **100 METRES UNDER 15 BOYS** **Final** **17.05**
Tom Gordon Trophy
 CBP: 11.25 James Beecroft Sevenoaks AC 2022
 2022 James Beecroft Sevenoaks AC 11.27

Qualifiers

1..... 2..... 3.....

Event T42 **400 METRES SENIOR MEN** **Final** **17.15**
J.J.Astor Cup
 CBP: 46.97Jack Green Kent AC 2016
 2022 Connor Neal Thanet AC 48.22

Qualifiers

1..... 2..... 3.....

Event T43 **400 METRES UNDER 17 MEN** **Final** **17.20**
Rochester Upon Medway Trophy
 CBP: 49.3s S.Garrett Bexley 1981
 2022 Oliver Brooke Tonbridge AC 50.69

Qualifiers

1..... 2..... 3.....

Event T44 **200 METRES UNDER 15 GIRLS** **Final** **17.30**
Kentish Independent Cup
 CBP: 25.00s D Asher-Smith Black & Brom 2010
 2022 Nuriah Orhurhu Cambridge Harriers 26.06

Qualifiers

1..... 2..... 3.....

Event T45 **200 METRES UNDER 17 WOMEN** **Final** **17.35**
Horace Denton Cup
 CBP: 23.93s Kaliyah Young Dartford Harriers AC 2019
 2022 Faith Akinbileje Blackheath & Bromley Harriers AC 24.29

Qualifiers

1..... 2..... 3.....

Event F5 **HAMMER UNDER 15 GIRLS** **FINAL** **10.00**
The David Ethern Cup
 CBP: 51.68m Lily Murray Swale Combined AC 2019
 2022 Lacey Webb Invicta East Kent AC 27.65

123 Sara Scrivens	Invicta East Kent AC	565 Maddison Lopez	Bexley AC
242 Charlotte Bloodworth	Blackheath & Bromley H AC	566 Tilly Ryan	Medway and Maidstone AC
564 Amelia Cannon	Tonbridge AC	567 Abigail Smith	Folkestone Running Club

1..... 2..... 3.....

Event F6 **HIGH JUMP SENIOR WOMEN** **FINAL** **10.30**
Lady Marjorie Reed Cup
 CBP: 1.78m D.Hinton W'hampton & Bils '80 &'82
 2022 Stevie Langford Ashford AC 1.55

439 Imogen Davis	Thanet AC	496 Stevie Langford	Ashford AC
464 Rebekah O'Brien	Tonbridge AC	497 Deborah Martin	Ashford AC

1..... 2..... 3.....

Event F7 **HIGH JUMP UNDER 20 WOMEN** **FINAL** **10.30**
Lady Marjorie Reed Cup
 CBP: 1.73m Rebecca Hawkins Bexley AC 2018
 2022 Imogen Davis Thanet AC 1.60

182 Millie Vas	Thanet AC	499 Freya Ridge	Tonbridge AC
444 Jessie Sargeant	Blackheath & Bromley H AC	500 Nadia Sadler-Reeves	Ashford AC
498 Georgia Baker	Tonbridge AC		

1..... 2..... 3.....

Event F8 **HIGH JUMP UNDER 17 MEN** **FINAL** **10.30**
 CBP: 2.03m M Lloyd Bexley Borough 1996
 2022 Andrew Nikoro Blackheath & Bromley Harriers AC 1.76

34 Daniel Culver	Medway and Maidstone AC	429 Samuel Newton	Tonbridge AC
427 Tobechei Azodoh	Bexley AC		

1..... 2..... 3.....

Event F9 **POLE VAULT SENIOR MEN** **FINAL** **10.30**
J.Morrison Challenge Cup
 CBP: 5.26m Scott Huggins Blackheath & Bromley H AC 2017
 2022 Douglas Noel Invicta East Kent AC 4.20

422 Alexander Hookway	Tonbridge AC	503 Roger Platt	Blackheath & Bromley H AC
484 Bilen Ahmet	Kingston AC & Poly Harriers	504 Luke Williams	Havering Mayesbrook AC

1..... 2..... 3.....

Event F10 **POLE VAULT UNDER 20 MEN** **FINAL** **10.30**
J.A.Wakeman Trophy
 CBP: 5.00m S Huggins Black & Brom H AC 2008
 2022 Barnaby Corry Blackheath & Bromley Harriers AC 4.50

27 Dante McNichol	Tonbridge AC	505 Oluwafemi Segun	Dartford Harriers AC
213 Oscar Witcombe	Blackheath & Bromley H AC		

1..... 2..... 3.....

Event F11	HAMMER SENIOR MEN		FINAL	11.15
	CBP: 66.62m Amir Williamson NEB 2010			
	2022 Reece Perkins Medway and Maidstone AC 33.22			
540 Mark Ryan	Medway and Maidstone AC	576 Andrew Rushbrook	Bexley AC	
568 Graham Holder	Bexley AC	577 Stephen Talbot	Dartford Harriers AC	
575 Harry Blake	Medway and Maidstone AC			
1.....	2.....	3.....		
Event F12	HAMMER UNDER 20 MEN		FINAL	11.15
	CBP: 66.35 Amir Williamson Black & Brom H AC 2006			
	2022 Harry Blake Medway and Maidstone AC 47.61			
578 Kai Barham	Dartford Harriers AC	579 Timothy Masters	Bexley AC	
1.....	2.....	3.....		
Event F13	LONG JUMP UNDER 15 BOYS		FINAL	11.15
	Tom Gordon Trophy			
	CBP: 5.97m C.Amey Blackheath 1992			
	2022 Hans Nmaju Central Park Athletics 5.61			
45 Jeffrey Agholor	Bexley AC	433 Jamie Ellerton	Blackheath & Bromley H AC	
46 Ikenna Azodoh	Bexley AC	434 Hans Nmaju	Central Park Athletics	
52 Noah Jennings	Swale Combined AC	435 Rahman Odugbayi	Dartford Harriers AC	
53 Jontay Johnson	Bexley AC	436 Harry Wickers	Medway and Maidstone AC	
160 Jayden Akubue	Central Park Athletics	491 Oliver Downs	Invicta East Kent AC	
168 Kai Rogan	Dartford Harriers AC	493 Alfie Hughes	Swale Combined AC	
224 Liam Hough	Blackheath & Bromley H AC	494 Louis Ib	Tonbridge AC	
432 Joshua Dako	Blackheath & Bromley H AC	495 Dylan Leadbeater	Ashford AC	
1.....	2.....	3.....		
Event F14	SHOT UNDER 17 WOMEN		FINAL	11.30
	Megafoam Limited Cup			
	CBP: 15.63m Nana Gyedu Blackheath & Bromley H AC 2019			
	2022 Hannah Bridge Cambridge Harriers 14.15			
449 Gabriella Noyce	Cambridge Harriers	561 Morgane Argivier	Swale Combined AC	
453 Nia Thomas	Medway and Maidstone AC	562 Imogen Castle	Invicta East Kent AC	
467 Tallulah Ndikanwu	Blackheath & Bromley H AC	563 Lacey Webb	Blackheath & Bromley H AC	
1.....	2.....	3.....		
Event F15	SHOT UNDER 15 GIRLS		FINAL	11.30
	Ted Hawkins Shield			
	CBP: 13.05 Nana Gyedu Cambridge Harriers 2017 (3.00kg)			
	2022 Erin Simpson Blackheath & Bromley Harriers AC 9.90			
97 Emilia Adese	Blackheath & Bromley H AC	454 Heidi Coulson	Blackheath & Bromley H AC	
113 Laila Humphrey	Invicta East Kent AC	564 Amelia Cannon	Tonbridge AC	
114 Brianna Kuranga	Sevenoaks AC	565 Maddison Lopez	Bexley AC	
132 Dakota Wilson	Invicta East Kent AC	566 Tilly Ryan	Medway and Maidstone AC	
192 Bethany Clayton	Invicta East Kent AC	567 Abigail Smith	Folkestone Running Club	
244 Caitlin Hough	Blackheath & Bromley H AC			
1.....	2.....	3.....		

Event F16	DISCUS SENIOR MEN	FINAL	12.10
	CBP: 60.48m L Newman Belgrave H 1996		
	2022 Dele Aladese Blackheath & Bromley Harriers AC 48.79		
536 Dillon Claydon	Blackheath & Bromley H AC	540 Mark Ryan	Medway and Maidstone AC
537 Joseph Gunton	Bexley AC	568 Graham Holder	Bexley AC
538 Andrew Kruszewski	Cambridge Harriers		
1.....	2.....	3.....	

Event F17	DISCUS UNDER 20 MEN	FINAL	12.10
	CBP: 59.32m C Griffith-Parker Cambridge H 2009		
	2022 Dillon Claydon Blackheath & Bromley Harriers AC 46.25		
27 Dante McNichol	Tonbridge AC	541 Timi Babatunde	Dartford Harriers AC
425 Reef Page	Tonbridge AC	542 Brydon Duncan	Blackheath & Bromley H AC
1.....	2.....	3.....	

Event F18	HIGH JUMP UNDER 15 BOYS	FINAL	12.45
	Tom Gordon Trophy		
	CBP: 1.93m N.Brewer Blackheath H 1991		
	2022 Samuel Newton Tonbridge AC 1.60		
52 Noah Jennings	Swale Combined AC	489 Ayoola Akeju	Dartford Grammar School
165 Daniel Obike	Dartford Grammar School	490 Matthew Akintolu	Dartford Grammar School
172 Alfie Walach	Swale Combined AC	491 Oliver Downs	Invicta East Kent AC
224 Liam Hough	Blackheath & Bromley H AC	492 Ethan Harris	Dartford Harriers AC
284 Omari Anderson	Dartford Grammar School	493 Alfie Hughes	Swale Combined AC
300 Oscar Pickering	Blackheath & Bromley H AC	494 Louis Ib	Tonbridge AC
432 Joshua Dako	Blackheath & Bromley H AC	495 Dylan Leadbeater	Ashford AC
436 Harry Wickers	Medway and Maidstone AC		
1.....	2.....	3.....	

Event F19	LONG JUMP SENIOR WOMEN	FINAL	13.00
	Ellis & Walker Cup		
	CBP: 6.24m J Hepher Bromley L 2000		
	2022 Eloise Harvey Dartford Harriers AC 5.52		
69 Zara Edeleanu	Medway and Maidstone AC	522 Claudia Baker	Blackheath & Bromley H AC
229 Faye Olszowka	Bexley AC	523 Eloise Harvey	Dartford Harriers AC
439 Imogen Davis	Thanet AC	524 Helen Nyberg-Mitroi	Dartford Harriers AC
1.....	2.....	3.....	

Event F20	LONG JUMP UNDER 20 WOMEN	FINAL	13.00
	CBP: 6.32m G.Oladapo Hounslow 1984		
	2022 Imogen Davis Thanet AC 5.64		
180 Jessica Lewis	Sevenoaks AC	498 Georgia Baker	Tonbridge AC
182 Millie Vas	Thanet AC	500 Nadia Sadler-Reeves	Ashford AC
442 Cerys Daniels	Cambridge Harriers	525 Emily Algeo	Blackheath & Bromley H AC
444 Jessie Sargeant	Blackheath & Bromley H AC	526 Anyiache Nonjang	Bexley AC
1.....	2.....	3.....	

Event F21 **DISCUS UNDER 17 WOMEN** **FINAL** **13.20**
North Kent Cycling & Athletic Club Cup
 CBP: 41.72 S Brown Black & Brom H AC 2006
 2022 Hannah Bridge Cambridge Harriers 30.78

563 Lacey Webb Blackheath & Bromley H AC 573 Erin Simpson Blackheath & Bromley H AC

1..... 2..... 3.....

Event F22 **DISCUS UNDER 15 GIRLS** **FINAL** **13.20**
Major J.A.Mansi Cup
 CBP: 34.53m L Fox Ashford AC 1999
 2022 Erin Simpson Blackheath & Bromley Harriers AC 28.02

123 Sara Scrivens Invicta East Kent AC 566 Tilly Ryan Medway and Maidstone AC
 242 Charlotte Bloodworth Blackheath & Bromley H AC 567 Abigail Smith Folkestone Running Club
 564 Amelia Cannon Tonbridge AC 574 Lottie Palmer Blackheath & Bromley H AC
 565 Maddison Lopez Bexley AC

1..... 2..... 3.....

Event F23 **JAVELIN SENIOR WOMEN** **FINAL** **14.40**
Silver Challenge Cup
 CBP: 55.01m K Morrison Shaftesbury Barnet H 2002
 2022 Lauren Farley Blackheath & Bromley Harriers AC 50.92

558 Natalie Mann Cambridge Harriers 602 Lauren Farley Blackheath & Bromley H AC
 601 Elizabeth Bignell Paddock Wood AC 603 Catherine Rodwell Medway and Maidstone AC

1..... 2..... 3.....

Event F24 **JAVELIN UNDER 20 WOMEN** **FINAL** **14.40**
 CBP: 44.10m Lauren Farley Blackheath & Bromley H AC 2019
 2022 Jessie Sargeant Bexley AC 34.06

444 Jessie Sargeant Blackheath & Bromley H AC 499 Freya Ridge Tonbridge AC
 472 Sophie Slack Tonbridge AC 604 Katie Marsh Cambridge Harriers

1..... 2..... 3.....

Event F25 **TRIPLE JUMP UNDER 17 MEN** **FINAL** **14.55**
 CBP: 14.31m D Smith Ashford AC 2008
 2022 David Babarinde Dartford Harriers AC 13.25

153 Jake Foster Medway and Maidstone AC 530 David Ola Dartford Grammar School

1..... 2..... 3.....

Event F26 **TRIPLE JUMP UNDER 15 BOYS** **FINAL** **14.55**
Lewisham Trophy
 CBP: 13.27m Nangeloum Ursell Lewisham 1996
 2022 Tishe Fatona Dartford Grammar School 11.99

51 Bryan Ikechukwu-Chime Dartford Grammar School 431 Dylan Case Dartford Grammar School
 56 Felix Murray Tonbridge AC 435 Rahman Odugbayi Dartford Harriers AC
 161 Derayo Alade Dartford Harriers AC 531 Campbell South Tonbridge AC
 169 Saketh Sangeeth Dartford Grammar School 532 Ellis Yeboah-Afari Dartford Grammar School
 170 Mathieu-William Taylor Dartford Grammar School

1..... 2..... 3.....

Event F27	POLE VAULT UNDER 17 WOMEN		FINAL	15.00
	CBP: 3.60m H Olson Ashford AC 2003			
	2021 Lucinda White Tonbridge AC 2.60			
338 Lydia Witcombe	Blackheath & Bromley H AC	516 Lily Anderson	Blackheath & Bromley H AC	
1.....	2.....	3.....		
Event F28	POLE VAULT UNDER 15 GIRLS		FINAL	15.00
	CBP: 3.40m H Olson Ashford AC 2001			
	2019 Nadia Sadler-Reeves Ashford AC 2.10			
455 Elsa Pawson	Tonbridge AC	517 Luna Corry	Blackheath & Bromley H AC	
458 Araba Taylor	Tonbridge AC			
1.....	2.....	3.....		
Event F29	JAVELIN UNDER 17 MEN		FINAL	15.50
	Kent Schools Trophy			
	CBP: 72.59m James Whiteaker The Judd School 2014			
	2022 Felix Mcardle Hodge Blackheath & Bromley Harriers AC 56.89			
594 Ellis Ibrahim	Blackheath & Bromley H AC	595 Max Kennedy	Blackheath & Bromley H AC	
1.....	2.....	3.....		
Event F30	JAVELIN UNDER 15 BOYS		FINAL	15.50
	Tom Gordon Trophy			
	CBP: 57.74m C.Green Medway 1994			
	2022 Ellis Ibrahim Blackheath & Bromley Harriers AC 46.60			
173 Thomas Webb	Folkestone Running Club	553 Rory Witcombe	Blackheath & Bromley H AC	
294 Hugo Hoang	Dartford Grammar School	596 Sam Fowler	Medway and Maidstone AC	
301 Alikhan Rahimberganov	Dartford Grammar School	597 Toby Gwinnell	Tonbridge AC	
382 Dillon Gregory	Medway and Maidstone AC	598 Frederick Luckett	Dartford Grammar School	
491 Oliver Downs	Invicta East Kent AC	599 Sarhiren Puvanenthiran	Dartford Grammar School	
551 George Jones	Cambridge Harriers	600 Jago Veale	Tonbridge AC	
1.....	2.....	3.....		
Event F31	TRIPLE JUMP SENIOR WOMEN		FINAL	16.10
	KCAA Senior Women's Triple Jump Trophy			
	CBP: 12.89m K.Hambrook Ashford AC 1992			
	2022 Helen Nyberg-Mitroi Dartford Harriers AC 8.74			
523 Eloise Harvey	Dartford Harriers AC	533 Karina Harris	Blackheath & Bromley H AC	
524 Helen Nyberg-Mitroi	Dartford Harriers AC	534 Rachael Ilori	Blackheath & Bromley H AC	
1.....	2.....	3.....		
Event F32	TRIPLE JUMP UNDER 20 WOMEN		FINAL	16.10
	CBP: 12.48m Eloise Harvey Dartford Harriers AC 2019			
	2022 Kacey Walters Shaftesbury Barnet Harriers 12.04			
525 Emily Algeo	Blackheath & Bromley H AC	526 Anyiache Nonjang	Bexley AC	
1.....	2.....	3.....		

KENT COUNTY ATHLETIC ASSOCIATION
2023 TRACK and FIELD Championships
Norman Park , Bromley May 13th & 14th 2023

SUNDAY PROGRAMME OF EVENTS

TRACK					FIELD						
					Entries						Entries
T47	10.00	400mH	SM	Final	4	F33	10.00	Shot	SW	6	
T48	10.10	400mH	U17M	Final	4	F34	10.00	Shot	U20W	2	
T49	10.25	300m	U15G	2 Heats	15	F35	10.00	Long Jump	U17W	6	
T50	10.35	300m	U17W	Final	8	F36	10.00	Long Jump	U15G	19	
T51	10.40	1500m	SW	Final	8	F37	10.00	Hammer	U17M	3	
T52	10.50	1500m	U20W	Final	13	F38	10.00	Hammer	U15B	10	
T53	11.00	1500m	U17W	Final	12	F39	10.15	High Jump	SM	3	
T54	11.10	1500m	U15G	Final	14	F40	10.15	High Jump	U20M	3	
T55	11.25	100mH	SW	Final	4	F41	10.30	Pole Vault	SW	2	
T56	11.30	100mH	U20W	Final	6	F42	10.30	Pole Vault	U20W	2	
T57	11.40	80mH	U17W	2 Heats	9	F43	11.30	Hammer	SW	7	
T58	11.55	100m	U15G	5 Heats	37	F44	11.30	Hammer	U20W	1	
T59	12.20	800m	U15B	3 Heats	33	F45	11.30	Shot	U17M	5	
T60	12.35	800m	U17M	2 Heats	17	F46	11.30	Shot	U15B	11	
T61	12.45	800m	U20M	Final	8	F47	12.40	Discus	SW	6	
T62	12.50	800m	SM	2 Heats	13	F48	12.40	Discus	U20W	2	
T63	13.05	200m	U15B	4 Heats	25	F49	12.45	Long Jump	SM	4	
T64	13.30	80mH	U17W	Final		F50	12.45	Long Jump	U20M	2	
T65	13.40	2000m S/C	SM/U20M	Final	2/1	F51	12.30	High Jump	U17W	6	
T66	14.00	1500m S/C	U17M	Final	2	F52	12.30	High Jump	U15G	5	
T67	14.10	300m	U15G	Final		F53	13.00	Pole Vault	U17M	3	
T68	14.20	3000mW	All	Final		F54	13.00	Pole Vault	U15B	10	
T69	14.45	100m	U15G	S/F		F55	13.50	Discus	U17M	6	
T70	14.50	100m	U17W	2 Heats	16	F56	13.50	Discus	U15B	9	
T71	15.00	100m	U20W	Final	3	F57	14.15	Triple Jump	SM	3	
T72	15.05	100m	SW	2 Heats	10	F58	14.15	Triple Jump	U20M	3	
T73	15.20	200m	SM	3 Heats	20	F59	15.15	Javelin	SM	3	
T74	15.35	200m	U20M	3 Heats	18	F60	15.15	Javelin	U20M	3	
T75	15.50	200m	U17M	2 Heats	15	F61	15.30	Triple Jump	U17W	4	
T76	16.00	200m	U15B	S/F		F62	15.30	Triple Jump	U15G	3	
T77	16.15	400m	U20W	Final	7	F63	16.10	Javelin	U17W	4	
T78	16.20	400m	SW	Final	7	F64	16.10	Javelin	U15G	9	
T79	16.30	100m	15G	Final							
T80	16.35	100m	U17W	Final							
T81	16.40	100m	SW	Final							
T82	16.50	800m	U15B	Final							
T83	16.55	800m	U17M	Final							
T84	17.00	800m	SM	Final							
T85	17.10	200m	SM	Final							
T86	17.15	200m	U20M	Final							
T87	17.20	200m	U17M	Final							
T88	17.25	200m	U15B	Final							

All Athletes who have not competed on the Saturday and Athletes competing in track events on Sunday **MUST** report to Registration at least **ONE HOUR** before the scheduled start of their first event.

Athletes competing in **TRACK** events **MUST** report to the Marksman **15 minutes** before the event.

Athletes competing in **FIELD** events **MUST** report directly to that event **15 minutes** before the start and **MUST** be alert to any announcement regarding that event.

In the throws and horizontal jumps each competitor will be allowed **THREE** trials. Competitors as qualified under Rule T25 S2 will be allowed **THREE** further trials and compete in reverse ranking order determined from the first 3 rounds.

For **TRACK** events, if insufficient athletes report for the Heats the Final will be run at the Heat time. Similarly if the number of Heats does not warrant a second round the Final will be run at time of second round.

Club colours **MUST** be worn or clothing acceptable under UKA rule T5.

If, after reporting for an event or after qualifying for a second round or Final, you need to withdraw, you **MUST** inform the referee for that event. You will be allowed to withdraw but will not be allowed to compete again during the course of the 2 days. So if you withdraw on the Saturday you cannot compete on Sunday.

TRACK EVENTS

Event T47	400 METRES HURDLES SENIOR MEN		Final	10.00
	ITT Business Challenge Cup			
	CBP: 49.54 Jack Green Kent AC 2017			
	2022 Bailey Stickings Blackheath & Bromley Harriers AC 51.32			
207 George Seery	Blackheath & Bromley H AC	460 George Blake	Medway and Maidstone AC	
208 Bailey Stickings	Blackheath & Bromley H AC	461 Fuad Busoir	Cambridge Harriers	
1.....	2.....	3.....		
Event T48	400 METRES HURDLES UNDER 17 MEN		Final	10.10
	Royal Navy Presentation Cup			
	CBP: 54.64s J Green Ashford AC 2008			
	2022 Cheyne West Medway and Maidstone AC 62.47			
153 Jake Foster	Medway and Maidstone AC	428 Rayhan Mourtada	Blackheath & Bromley H AC	
158 Cheyne West	Medway and Maidstone AC	462 Alexander Morrell	Blackheath & Bromley H AC	
1.....	2.....	3.....		
Event T49	300 METRES UNDER 15 GIRLS		2 Heats	10.25
	CBP: 41.75s Emily Newnham Medway Phoenix 2018			
	2022 Alyssa Firla Blackheath & Bromley Harriers AC 42.07			
103 Emily Cadman	Cambridge Harriers	241 Celia Allen	Cambridge Harriers	
122 Isobel Rae	Blackheath & Bromley H AC	242 Charlotte Bloodworth	Blackheath & Bromley H AC	
125 Sophia Stewart	Sevenoaks AC	243 Elvie Fish	Bexley AC	
127 Laetitia Tene	Dartford Harriers AC	244 Caitlin Hough	Blackheath & Bromley H AC	
130 Katie Wake	Bexley AC	245 Ariana Jenner-Heard	Blackheath & Bromley H AC	
194 Layla Forrest	Invicta East Kent AC	246 Leah Kyriacou	Blackheath & Bromley H AC	
196 Lily Rockall	Folkestone Running Club	247 Beth Regan	Blackheath & Bromley H AC	
197 Abigail Williams	Blackheath & Bromley H AC			
1.....	2.....	3.....		
1.....	2.....	3.....		
Event T50	300 METRES UNDER 17 WOMEN		Final	10.35
	Conlan Franklin Trophy			
	CBP: 2013 Cheriece Hylton Black & Brom 37.59			
	2022 Charlotte Henrich Invicta East Kent AC 39.44			
82 Faith Assah	Cambridge Harriers	237 Evie Cameron	Medway and Maidstone AC	
86 Lilly-Ella Gore	Folkestone Running Club	238 Alyssa Firla	Blackheath & Bromley H AC	
188 Alexia Scotiniadis	Tonbridge AC	239 Francesca Middleton	Blackheath & Bromley H AC	
236 Neve Bachelor	Tonbridge AC	240 Matilda Shilland	Blackheath & Bromley H AC	
1.....	2.....	3.....		
1.....	2.....	3.....		
Event T51	1500 METRES SENIOR WOMEN		Final	10.40
	Sir Ralph Reed Cup			
	CBP: 4:18.88 L Dobriskey Ashford AC 2004			
	2022 Alexa Parker Kent AC 4:37.58			
226 Kelsi Cornish	Blackheath & Bromley H AC	313 Chloe Sharp	Blackheath & Bromley H AC	
228 Sinead Norris	Cambridge Harriers	314 Morgan Squibb	Blackheath & Bromley H AC	
311 Julie Backley	Cambridge Harriers	386 Taryne McPherson	Medway and Maidstone AC	
312 Annabel Carter	Tonbridge AC	387 Alexa Parker	Kent AC	
1.....	2.....	3.....		

Event T52	1500 METRES UNDER 20 WOMEN		Final	10.50
	Julie Rose Memorial Cup			
	CBP: 4m 22.6s L Dobriskey Ashford AC 2002			
	2022 Morgan Squibb Blackheath & Bromley Harriers AC 4:33.85			
230 Lily Beaton	Blackheath & Bromley H AC	389 Ingrid Linn	Medway and Maidstone AC	
316 Hannah Clark	Blackheath & Bromley H AC	390 Isabella Louth	Blackheath & Bromley H AC	
317 Abbe Clarke	Dartford Harriers AC	391 Abigail Royden	Medway and Maidstone AC	
318 Emily de Backer	Blackheath & Bromley H AC	392 Ella Webb	Medway and Maidstone AC	
320 Amy-Jayne Goodhand	Invicta East Kent AC	393 Liberty Whyte	Blackheath & Bromley H AC	
321 Freya Perry	Dartford Harriers AC	394 Annabel Young	Medway and Maidstone AC	
388 Lily Crossley	Medway and Maidstone AC			
1.....	2.....	3.....		
1.....	2.....	3.....		

Event T53	1500 METRES UNDER 17 WOMEN		Final	11.00
	Mr & Mrs P.W.Davies Cup			
	CBP: 4m 28.10s L Dobriskey Ashford AC 2000			
	2022 Liberty Whyte Blackheath & Bromley Harriers AC 4:46.71			
325 Megan Barlow	Blackheath & Bromley H AC	397 Millie Dack	Medway and Maidstone AC	
328 Iris Crossley	Medway and Maidstone AC	398 Kyla Dervish	Blackheath & Bromley H AC	
329 Holly Diprose	Sevenoaks AC	399 Heidi Hughes	Medway and Maidstone AC	
334 Amber Matthews	Medway and Maidstone AC	400 Poppy Kybert	Dartford Harriers AC	
395 Ella Baker	Sevenoaks AC	401 Amelia Lawrence	Cambridge Harriers	
396 Emma Clayton	Folkestone Running Club	402 Beth Palmer	Medway and Maidstone AC	
1.....	2.....	3.....		
1.....	2.....	3.....		

Event T54	1500 METRES UNDER 15 GIRLS		Final	11.10
	J.W.Oliver Shield			
	CBP: 4:32.77 Sabrina Sinha Cambridge H 2013			
	2022 Megan Barlow Blackheath & Bromley Harriers AC 4:47.92			
341 Sofia Cudmore Smith	Medway and Maidstone AC	403 Rose Crossley	Medway and Maidstone AC	
344 Aoife Foley	Tonbridge AC	404 Isabel Gowing	Tonbridge AC	
345 Delilah Lester	Cambridge Harriers	405 Isabel Pauling	Blackheath & Bromley H AC	
347 Aoife McDonagh	Blackheath & Bromley H AC	406 Neve Raymond	Tonbridge AC	
350 Luciana Smith	Blackheath & Bromley H AC	407 Millie Watts	Tonbridge AC	
351 Niamh Stanley	Blackheath & Bromley H AC	408 Celia Yeatman	Cambridge Harriers	
354 Iris Williams	Cambridge Harriers			
1.....	2.....	3.....		
1.....	2.....	3.....		

Event T55	100 METRES HURDLES SENIOR WOMEN		Final	11.25
	Miss H.V.Fossey Cup			
	CBP: 13.90 Anastasia Davies Blackheath & Bromley H AC 2021			
	2021 Anastasia Davies Blackheath & Bromley H AC 13.90			
437 Zoe Austridge	Blackheath & Bromley H AC	439 Imogen Davis	Thanet AC	
438 Simone Baxter	Tonbridge AC	440 Victory Ogbah	Cambridge Harriers	
1.....	2.....	3.....		

Event T56	100 METRES HURDLES UNDER 20 WOMEN		Final	11.30
	Mick Paul Cup			
	CBP: 14.26 Anastasia Davies Blackheath & Bromley H AC 2017			
	2022 Emily Frimpong Bexley AC 14.80			
441 Isabelle Bridgeman	Tonbridge AC	444 Jessie Sargeant	Blackheath & Bromley H AC	
442 Cerys Daniels	Cambridge Harriers	445 Sarris Teale	Ashford AC	
443 Amelie Rabbidge	Tonbridge AC	446 Ruby Towler	Medway and Maidstone AC	
1..... 2..... 3.....				

Event T57	80 METRES HURDLES UNDER 17 WOMEN		2 Heats	11.40
	Miss H.V.Fossey Trophy			
	CBP: 11.37s S Solomon Black & Brom H AC 2005			
	2022 Amelie Rabbidge Tonbridge AC 12.11			
87 Elicia Lacey	Tonbridge AC	450 Matilda Secker	Tonbridge AC	
187 Niniola Omotola	Medway and Maidstone AC	451 Daisy Snell	Blackheath & Bromley H AC	
447 Jadesola Adenuga	Bexley AC	452 Hannah St Clare	Folkestone Running Club	
448 Lily Gayle	Cambridge Harriers	453 Nia Thomas	Medway and Maidstone AC	
449 Gabriella Noyce	Cambridge Harriers			
1..... 2..... 3.....				
1..... 2..... 3.....				

Event T58	100 METRES UNDER 15 GIRLS		5 Heats	11.55
	Borough of Woolwich Cup			
	CBP: 12.27s D Asher-Smith Black & Brom 2009			
	2022 Nuriah Orhurhu Cambridge Harriers 12.55			
96 Ismae Abomeli	Thanet AC	115 Jayda Renae Mckenzie	Cambridge Harriers	
97 Emilia Adese	Blackheath & Bromley H AC	116 Annabel Mottram	Tonbridge AC	
98 Victoria Simi Akinlolu	Cambridge Harriers	117 Olivia Mtungwazi	Sevenoaks AC	
99 Hannah Areeson	Ashford AC	118 Kimora Okeke	Invicta East Kent AC	
100 Mia Blaber	Medway and Maidstone AC	119 Eunice Olagbolabo	Blackheath & Bromley H AC	
101 Chizam Boniface	Blackheath & Bromley H AC	120 Hope Opawole	Bexley AC	
102 Mariana Caceres	Blackheath & Bromley H AC	121 Mia Pearson	Ashford AC	
103 Emily Cadman	Cambridge Harriers	122 Isobel Rae	Blackheath & Bromley H AC	
104 Isabella Campbell-Andou	Blackheath & Bromley H AC	123 Sara Scrivens	Invicta East Kent AC	
105 Hattie Carson	Sevenoaks AC	124 Faith Sogoye	Blackheath & Bromley H AC	
106 Ariana Clarke	Cambridge Harriers	125 Sophia Stewart	Sevenoaks AC	
107 Beatrice Eaton	Thanet AC	126 Georgiana Sweeting	Tonbridge AC	
108 Chiamaka Ekenulu	Cambridge Harriers	127 Laetitia Tene	Dartford Harriers AC	
109 Nana-Aisha Giwa	Bexley AC	128 Nia Thomas	Cambridge Harriers	
110 Sienna Gratwick	Medway and Maidstone AC	129 Rebecca Turner	Dartford Harriers AC	
111 Genevieve Harper	Tonbridge AC	130 Katie Wake	Bexley AC	
112 Tess Hepple	Kent AC	131 Sienna Williams	Blackheath & Bromley H AC	
113 Laila Humphrey	Invicta East Kent AC	132 Dakota Wilson	Invicta East Kent AC	
114 Brianna Kuranga	Sevenoaks AC			
1..... 2..... 3.....				
1..... 2..... 3.....				
1..... 2..... 3.....				
1..... 2..... 3.....				
1..... 2..... 3.....				

Event T59 800 METRES UNDER 15 BOYS 3 Heats 12.20

Tom Gordon Trophy
 CBP: 2:01.11 C Haines Med and Maid 2004
 2022 Theo Ronchetti Medway and Maidstone AC 2:04.11

173 Thomas Webb	Folkestone Running Club	295 Daniel Horgan	Blackheath & Bromley H AC
221 Eliot Botten-Vanacore	Blackheath & Bromley H AC	296 Aniket Iyengar	Cambridge Harriers
223 Oliver Cook	Cambridge Harriers	297 Kaden John	Bexley AC
224 Liam Hough	Blackheath & Bromley H AC	298 Alex Martin	Blackheath & Bromley H AC
225 Joshua Wellings	Cambridge Harriers	299 Benjamin O'Grady	Blackheath & Bromley H AC
283 Joel Ampong	Dartford Grammar School	300 Oscar Pickering	Blackheath & Bromley H AC
284 Omari Anderson	Dartford Grammar School	301 Alikhan Rahimberganov	Dartford Grammar School
285 Samuel Barlow	Blackheath & Bromley H AC	302 Dhruv Raut	Greenwich Tritons
286 Matias Caceres	Blackheath & Bromley H AC	303 Henry Reynolds	Cambridge Harriers
287 Oliver Churcher	Swale Combined AC	304 Sebastian Sanz-Kozyra	Invicta East Kent AC
288 Connor Cousins	Medway and Maidstone AC	305 Joseph Scanes	Blackheath & Bromley H AC
289 Alfred Everitt	Tonbridge AC	306 Aaron Sebuwufu	Blackheath & Bromley H AC
290 Kian Farrell	Blackheath & Bromley H AC	307 Oliver Stone	Blackheath & Bromley H AC
291 Freddie Gibson	Medway and Maidstone AC	308 Oliver Ward	Blackheath & Bromley H AC
292 Lucien Hayes	Sevenoaks AC	309 Charlie Warren	Tonbridge AC
293 Joseph Hill	Blackheath & Bromley H AC	310 Alfie Whitelock	Blackheath & Bromley H AC
294 Hugo Hoang	Dartford Grammar School		

1.....	2.....	3.....
1.....	2.....	3.....
1.....	2.....	3.....
1.....	2.....	3.....
1.....	2.....	3.....

Event T60 800 METRES UNDER 17 MEN 2 Heats 12.35

Astral Cup presented by Astral Sports
 CBP: 1m 54.53s N Kirk GEC Avionics 1995
 2022 Franklin Shepherd Medway and Maidstone AC 1:59.83

217 Cillian Roots	Kent AC	275 Theo Ronchetti	Medway and Maidstone AC
219 Felix Tynan	Cambridge Harriers	276 Samuel Scrase-Field	Cambridge Harriers
268 Tane Chambers	Blackheath & Bromley H AC	277 Franklin Shepherd	Medway and Maidstone AC
269 Mark Constable	Blackheath & Bromley H AC	278 Andrew Simmons	Sevenoaks AC
270 Henry Gibson	Medway and Maidstone AC	279 Samuel Smialowski	Tonbridge AC
271 Samuel Holloway	Cambridge Harriers	280 Hendri Verster	Blackheath & Bromley H AC
272 Riley Maisey	Medway and Maidstone AC	281 Adam Whitlock	Invicta East Kent AC
273 Matthew Quogan	Dartford Harriers AC	282 Connor Wray	Blackheath & Bromley H AC
274 Ethan Rollings	Medway and Maidstone AC		

1.....	2.....	3.....
1.....	2.....	3.....
1.....	2.....	3.....

Event T61 800 METRES UNDER 20 MEN Final 12.45

The Bromley Sports Centre Trophy
 CBP: 1m 52.04 N Kirk GEC Avionics 1996
 2022 Matthew Smith Blackheath & Bromley Harriers AC 1:55.45

212 Harrison White	Canterbury Athletics Academy	264 Jonathan Idowu	Cambridge Harriers
261 Angus Currie	Tonbridge AC	265 Samuel Lloyd	Dartford Harriers AC
262 Callum Featherstone	Medway and Maidstone AC	266 Matthew Smith	Blackheath & Bromley H AC
263 Cameron Featherstone	Medway and Maidstone AC	267 Thomas Sugden	Blackheath & Bromley H AC

1.....	2.....	3.....
1.....	2.....	3.....

Event T62	800 METRES SENIOR MEN		2 Heats	13.50
	J.A.Cottrell Challenge Cup			
	CBP: 1m 48.5s S.Heard W'hampton & Bils 1990			
	2022 Joseph O'Hara Bexley AC 1:55.16			
248 Nicholas Armstrong	Newham & Essex Beagles AC	255 Stuart McNally	Dartford Harriers AC	
249 Christian Clement	Blackheath & Bromley H AC	256 Joseph O'Hara	Bexley AC	
250 Roderick Cookey-Bresi	Cambridge Harriers	257 Matthew Preston	Cambridge Harriers	
251 Robert Everitt	Paddock Wood AC	258 Lucas Taylor-Costin	Dartford Harriers AC	
252 Ian Firla	Blackheath & Bromley H AC	259 Jamie Walsh	Medway and Maidstone AC	
253 Mark Kybert	Dartford Harriers AC	260 Oliver Weston	Invicta East Kent AC	
254 Chris Loudon	Cambridge Harriers			
1.....	2.....	3.....		
1.....	2.....	3.....		

Event T63	200 METRES UNDER 15 BOYS		4 Heats	13.05
	Tom Gordon Trophy			
	CBP: 23.24s J Alaka Black & Brom 2004			
	2022 James Beecroft Sevenoaks AC 23.33			
47 Zavier Brathwaite	Cambridge Harriers	162 Tolani Bello	Dartford Grammar School	
48 William Bryant	Invicta East Kent AC	163 Trejan Checheku-Boamah	Blackheath & Bromley H AC	
54 Olufikayo Lana	Dartford Grammar School	164 Rhys Joyeux	Cambridge Harriers	
55 Nicholas Marquez	Blackheath & Bromley H AC	165 Daniel Obike	Dartford Grammar School	
57 Michael Norman-Scaletta	Cambridge Harriers	166 Troy Ogedengbe	Blackheath & Bromley H AC	
58 Ekene Ogbonna	Cambridge Harriers	167 Elijah Olaleye	Cambridge Harriers	
59 Kema Jr. Onyemaechi	Cambridge Harriers	168 Kai Rogan	Dartford Harriers AC	
61 Tom Ravenscroft	Cambridge Harriers	169 Saketh Sangeeth	Dartford Grammar School	
63 Victor Redman	Folkestone Running Club	170 Mathieu-William Taylor	Dartford Grammar School	
65 Tristan Thomas	Blackheath & Bromley H AC	171 Thomas Vallins	Blackheath & Bromley H AC	
159 Jonathan Adegbola	Bexley AC	172 Alfie Walach	Swale Combined AC	
160 Jayden Akubue	Central Park Athletics	173 Thomas Webb	Folkestone Running Club	
161 Derayo Alade	Dartford Harriers AC			
1.....	2.....	3.....		
1.....	2.....	3.....		
1.....	2.....	3.....		
1.....	2.....	3.....		

Event T64	80 METRES HURDLES UNDER 17 WOMEN		Final	13.30
	Miss H.V.Fossey Trophy			
	CBP: 11.37s S Solomon Black & Brom H AC 2005			
	2022 Amelie Rabbidge Tonbridge AC 12.11			
Qualifiers			
1.....	2.....	3.....		

Event T65	2000 METRES STEEPLECHASE SENIOR MEN		Final	13.40
	Sir Eric Bowater Challenge Cup			
	CBP: 6:11.89 Tom Cox Tonbridge AC 2016			
	2022 Blair Wilson Blackheath & Bromley Harriers AC 6:56.25			
355 Tom Collins	Medway and Maidstone AC	413 Calum Laing	Tonbridge AC	
1.....	2.....	3.....		

Event T65 **2000 METRES STEEPLECHASE UNDER 20 MEN** **Final** **13.40**
Chatham Reliance Challenge Cup
 CBP: 5m 47.5s S.Newport Tonbridge AC 1985
 2022 Thomas Mitchell Sevenoaks AC 7:13.52

469 Charlie Ellison Tonbridge AC

1..... 2..... 3.....

Event T66 **1500 METRES STEEPLECHASE UNDER 17 MEN** **Final** **14.00**
Stuart Kirk Challenge Trophy
 CBP: 4m 21.5s D.Robertson Tonbridge AC1989
 2022 Charlie Ellison Tonbridge AC 4:50.99

369 Harry Fage Blackheath & Bromley H AC 470 Harrison Fraser Tonbridge AC

1..... 2..... 3.....

Event T67 **300 METRES UNDER 15 GIRLS** **Final** **14.10**
 CBP: 41.75s Emily Newnham Medway Phoenix 2018
 2022 Alyssa Firla Blackheath & Bromley Harriers AC 42.07

Qualifiers

1..... 2..... 3.....

Event T68 **3000 METRES WALK SENIOR MEN** **Final** **14.20**
Sir A Ralph Reed Cup
 CBP: 11m 46.59s T Bosworth Tonbridge AC 2010
 2022 Luc Legon Bexley AC 13:14.38

474 Mark Ashby Cambridge Harriers 476 Matthew Ellerton Blackheath & Bromley H AC
 475 Matthew Crane Bexley AC 477 Luc Legon Bexley AC

1..... 2..... 3.....

Event T68 **3000 METRES WALK UNDER 20 MEN** **Final** **14.20**
 CBP: 11:53.08 Cameron Corbishley Medway & Maidstone 2016
 2022 Christian Hopper Cambridge Harriers 14:12.06

478 Jonathan Ellerton Blackheath & Bromley H AC

1..... 2..... 3.....

Event T68 **3000 METRES WALK UNDER 15 BOYS** **Final** **14.20**
 CBP: 14m 16.8s Cameron Corbishley Med and Maid 2011
 2022 Lewis Burr Tonbridge AC 17:27.78

163 Trejan Checheku-Boamah Blackheath & Bromley H AC

1..... 2..... 3.....

Event T68 **3000 METRES WALK SENIOR WOMEN** **Final** **14.20**
Ron Pantling Cup
 CBP: 14m 32.8s A.Hodd Tonbridge AC 1986
 2022 Jacqueline Benson Ashford AC 16:04.58

479 Lesley Hall Ashford AC 481 Grazia Manzotti Tonbridge AC
 480 Hannah Hopper Cambridge Harriers

1..... 2..... 3.....

Event T72	100 METRES SENIOR WOMEN	2 Heats	15.05
	Lt.Col. Sheldon Cup		
	CBP: 11.6s R.Wilson Wigmore 1980		
	2022 Ellie Turner Medway and Maidstone AC 11.95		
67	Derin Aderinto	Cambridge Harriers	72 Olivia Shortland
68	Doyin Aderinto	Cambridge Harriers	73 Ellie Turner
69	Zara Edeleanu	Medway and Maidstone AC	74 Louisa Vallins
70	Shamariah Notice	Kent AC	75 Abigail Walters
71	Leah Scott	Kent AC	76 Leah Wearing-Channing
			Thanet AC
1.....	2.....	3.....	
1.....	2.....	3.....	

Event T73	200 METRES SENIOR MEN	3 Heats	15.20
	Viscount Wakefield Challenge Cup		
	CBP: 21.01s J Alaka Black & Brom 2009		
	2022 Alex Marshall Medway and Maidstone AC 22.01		
1	Fortune Adah-Jahs	Bexley AC	16 André Wright
2	Michael Damoah	Blackheath & Bromley H AC	133 Nicholas Atwell
5	Nathan Isaac	Medway and Maidstone AC	134 Richard Brooks
6	Leslie Lartey	Kent AC	135 Jack Lennard
7	Alex Marshall	Medway and Maidstone AC	136 Bonar McGuire
8	Trey McPherson	Dartford Harriers AC	137 Connor Neal
9	Chizute Ogbedeh	Blackheath & Bromley H AC	138 Darren Oregbomwanhia
10	Harry Osborne	Medway and Maidstone AC	139 Kristian Samwell-Nash
11	Lewis Parsons	Thanet AC	140 Omaro Thomas
14	Ishmael Smith-John	Crawley AC	141 Conrad Williams
			Kent AC
1.....	2.....	3.....	
1.....	2.....	3.....	
1.....	2.....	3.....	

Event T74	200 METRES UNDER 20 MEN	3 Heats	15.35
	W.G.Spencer Challenge Cup		
	CBP: 21.2s N.Stickings GEC Avionics 1990		
	2022 Dylan Purton Medway and Maidstone AC 22.05		
17	Divine Akinlolu	Cambridge Harriers	28 Nkwazi Ndila
18	James Baker	Dartford Harriers AC	142 Joshua Aboagye
19	Oliver Brooke	Tonbridge AC	143 Jack Ebanks
20	Andrew Bull	Canterbury Athletics Academy	144 Shaquille Fernandez-Folkes
21	Jasper Emmanuel	Medway and Maidstone AC	145 Nathan Firla
22	Moshood Erinfolami	Cambridge Harriers	146 Dylan Purton
23	Leo Godfrey	Ashford AC	147 Riley Rattigan
24	Flynn Hughes	Ashford AC	148 Rhys Rudkin
26	Hassan Malador	Bexley AC	149 William Vilpoix-Phillips
			Central Park Athletics
1.....	2.....	3.....	
1.....	2.....	3.....	
1.....	2.....	3.....	

Event T75	200 METRES UNDER 17 MEN		2 Heats	15.50
	Presidents Trophy presented by Mr PR Stedall			
	CBP: 21.65s Gavin Comber Dartford H 2004			
	2022 Joe Stone Tonbridge AC 23.02			
29 Onateri Agbinor	S Factor Academy	152 Kristian Elphick-Mutru	Sevenoaks AC	
33 James Beecroft	Blackheath & Bromley H AC	153 Jake Foster	Medway and Maidstone AC	
37 Oscar Mitroi	Dartford Harriers AC	154 Chisom Mokwenye	Cambridge Harriers	
39 Kola Olojede	Cambridge Harriers	155 Jay Sanders	Invicta East Kent AC	
42 Benjamin Purton	Medway and Maidstone AC	156 Joe Stone	Tonbridge AC	
43 Chaka Sankofa	Bexley AC	157 Harrison Vallins	Blackheath & Bromley H AC	
150 Marley Byfield	Blackheath & Bromley H AC	158 Cheyne West	Medway and Maidstone AC	
151 Thomas Daly	Tonbridge AC			
1.....	2.....	3.....		
1.....	2.....	3.....		

Event T76	200 METRES UNDER 15 BOYS		S/F	16.00
	Tom Gordon Trophy			
	CBP: 23.24s J Alaka Black & Brom 2004			
	2022 James Beecroft Sevenoaks AC 23.33			
Qualifiers				
1.....	2.....	3.....		
1.....	2.....	3.....		

Event T77	400 METRES UNDER 20 WOMEN		Final	16.15
	CBP: 55.15s Cheriece Hylton Blackheath & Bromley H AC 2014			
	2022 Billie Rouse Medway and Maidstone AC 57.70			
178 Charlotte Henrich	Invicta East Kent AC	233 Gabriella Martin	Blackheath & Bromley H AC	
230 Lily Beaton	Blackheath & Bromley H AC	234 Lily Meers	Blackheath & Bromley H AC	
231 Cameron Kelly-Gordon	Blackheath & Bromley H AC	235 Lily Stewart	Tonbridge AC	
232 Olivia Magee-Brown	Blackheath & Bromley H AC			
1.....	2.....	3.....		

Event T78	400 METRES SENIOR WOMEN		Final	16.20
	AB Howard Cup			
	CBP: 53.7s H.Burkart Croydon H 1987			
	2022 Lucy Hope Medway and Maidstone AC 58.76			
174 Chanelle Cole	Blackheath & Bromley H AC	227 Erin Hughes	Medway and Maidstone AC	
175 Lucy Hope	Medway and Maidstone AC	228 Sinead Norris	Cambridge Harriers	
177 Samantha Williams	Blackheath & Bromley H AC	229 Faye Olszowka	Bexley AC	
226 Kelsi Cornish	Blackheath & Bromley H AC			
1.....	2.....	3.....		

Event T79	100 METRES UNDER 15 GIRLS		Final	16.30
	Borough of Woolwich Cup			
	CBP: 12.27s D Asher-Smith Black & Brom 2009			
	2022 Nuriah Orhurhu Cambridge Harriers 12.55			
Qualifiers				
1.....	2.....	3.....		

Event T80	100 METRES UNDER 17 Women Kent Messenger Cup CBP: 11.64 Shannon Hylton Black & Brom 2013 2022 Faith Akinbileje Blackheath & Bromley Harriers AC 11.82	Final	16.35
Qualifiers			
1.....	2.....	3.....	
Event T81	100 METRES SENIOR WOMEN Lt.Col. Sheldon Cup CBP: 11.6s R.Wilson Wigmore 1980 2022 Ellie Turner Medway and Maidstone AC 11.95	Final	16.40
Qualifiers			
1.....	2.....	3.....	
Event T82	800 METRES UNDER 15 BOYS Tom Gordon Trophy CBP: 2:01.11 C Haines Med and Maid 2004 2022 Theo Ronchetti Medway and Maidstone AC 2:04.11	Final	16.50
Qualifiers			
1.....	2.....	3.....	
Event T83	800 METRES UNDER 17 MEN Astral Cup presented by Astral Sports CBP: 1m 54.53s N Kirk GEC Avionics 1995 2022 Franklin Shepherd Medway and Maidstone AC 1:59.83	Final	16.55
Qualifiers			
1.....	2.....	3.....	
Event T84	800 METRES SENIOR MEN J.A.Cottrell Challenge Cup CBP: 1m 48.5s S.Heard W'hampton & Bils 1990 2022 Joseph O'Hara Bexley AC 1:55.16	Final	17.00
Qualifiers			
1.....	2.....	3.....	
Event T85	200 METRES SENIOR MEN Viscount Wakefield Challenge Cup CBP: 21.01s J Alaka Black & Brom 2009 2022 Alex Marshall Medway and Maidstone AC 22.01	Final	17.10
Qualifiers			
1.....	2.....	3.....	
Event T86	200 METRES UNDER 20 MEN W.G.Spencer Challenge Cup CBP: 21.2s N.Stickings GEC Avionics 1990 2022 Dylan Purton Medway and Maidstone AC 22.05	Final	17.15
Qualifiers			
1.....	2.....	3.....	

Event T87 **200 METRES UNDER 17 MEN** **Final** **17.20**
Presidents Trophy presented by Mr PR Stedall
 CBP: 21.65s Gavin Comber Dartford H 2004
 2022 Joe Stone Tonbridge AC 23.02

Qualifiers

1..... 2..... 3.....

Event T88 **200 METRES UNDER 15 BOYS** **Final** **17.25**
Tom Gordon Trophy
 CBP: 23.24s J Alaka Black & Brom 2004
 2022 James Beecroft Sevenoaks AC 23.33

Qualifiers

1..... 2..... 3.....

FIELD EVENTS

Event F33 **SHOT SENIOR WOMEN** **FINAL** **10.00**
GEC (Erith) Ltd. Cup
 CBP: 18.61m J.Oakes Croydon H 1990
 2022 Marianne Berndt Medway and Maidstone AC 10.05

439 Imogen Davis	Thanet AC	556 Nicola Gregory	Bexley AC
554 Marianne Berndt	Bexley AC	557 Vanessa Hannam	Medway and Maidstone AC
555 Kirsty-Anne Ebbage	Tonbridge AC	558 Natalie Mann	Cambridge Harriers

1..... 2..... 3.....

Event F34 **SHOT UNDER 20 WOMEN** **FINAL** **10.00**
 CBP: 14.81m J Dunkley Shaftesbury Barnet H 1998
 2022 Cleo Agyepong Blackheath & Bromley Harriers AC 13.84

559 Cleo Agyepong	Blackheath & Bromley H AC	560 Hannah Bridge	Cambridge Harriers
-------------------	---------------------------	-------------------	--------------------

1..... 2..... 3.....

Event F35 **LONG JUMP UNDER 17 WOMEN** **FINAL** **10.00**
Kentish Times Perpetual Cup
 CBP: 5.86m G.Oladapo Hounslow 1982
 2022 Jessica Lewis Sevenoaks AC 4.64

90 Violet Maxted	Ashford AC	451 Daisy Snell	Blackheath & Bromley H AC
449 Gabriella Noyce	Cambridge Harriers	452 Hannah St Clare	Folkestone Running Club
450 Matilda Secker	Tonbridge AC	502 Bethany Shimmen-Smith	Thanet AC

1..... 2..... 3.....

Event F36	LONG JUMP UNDER 15 GIRLS	FINAL	10.00
	Mrs D. Higley Cup		
	CBP: 5.43m Daisy Snell Blackheath & Bromley H AC 2021		
	2022 Qi-Chi Ukpai Blackheath & Bromley Harriers AC 4.99		
96	Ismae Abomeli	Thanet AC	119 Eunice Olagbolabo
99	Hannah Areeson	Ashford AC	121 Mia Pearson
100	Mia Blaber	Medway and Maidstone AC	124 Faith Sogoye
101	Chizam Boniface	Blackheath & Bromley H AC	130 Katie Wake
104	Isabella Campbell-Andou	Blackheath & Bromley H AC	191 Daisy Butler
110	Sienna Gratwick	Medway and Maidstone AC	192 Bethany Clayton
111	Genevieve Harper	Tonbridge AC	196 Lily Rockall
112	Tess Hepple	Kent AC	244 Caitlin Hough
113	Laila Humphrey	Invicta East Kent AC	454 Heidi Coulson
116	Annabel Mottram	Tonbridge AC	

1..... 2..... 3.....

Event F37	HAMMER UNDER 17 MEN	FINAL	10.00
	CBP: 68.70 Kai Barham Dartford Harriers AC 2022		
	2022 Kai Barham Dartford Harriers AC 68.70		
38	Brandon Nathan	Dartford Harriers AC	581 Max Thorne
580	Osarodion Lawrence-Orumwense	Dartford Grammar School	Medway and Maidstone AC

1..... 2..... 3.....

Event F38	HAMMER UNDER 15 BOYS	FINAL	10.00
	Tom Gordon Trophy		
	CBP: 61.44 A Jordon Black & Brom H AC 2006		
	2022 Brandon Nathan Dartford Harriers AC 41.52		
172	Alfie Walach	Swale Combined AC	570 George Henderson
489	Ayoola Akeju	Dartford Grammar School	582 Kosi Orji
549	Kierath Dhillon	Dartford Harriers AC	583 Ronel Robert
550	Blake Gates	Swale Combined AC	584 Edward Tyler
553	Rory Witcombe	Blackheath & Bromley H AC	Tonbridge AC

1..... 2..... 3.....

Event F39	HIGH JUMP SENIOR MEN	FINAL	10.15
	Sir Ralph Reed Challenge Cup		
	CBP: 2.28m G.Parsons London AC 1986		
	2022 Martin Lloyd Bexley AC 1.85		
484	Bilen Ahmet	Kingston AC & Polytechnic Harrier	486 James Nightingale
485	Martin Lloyd	Bexley AC	Blackheath & Bromley H AC

1..... 2..... 3.....

Event F40	HIGH JUMP UNDER 20 MEN	FINAL	10.15
	Radio Medway Helen Broad Cup		
	CBP: 2.08m H McKinson Cambridge H 1998		
	2022 Harvey Fordham Paddock Wood AC 1.90		
27	Dante McNichol	Tonbridge AC	488 Harvey Fordham
487	Jack Butler	Ashford AC	Paddock Wood AC

1..... 2..... 3.....

Event F41	POLE VAULT SENIOR WOMEN		FINAL	10.30
	KCAA Senior Women's Pole Vault Trophy			
	CBP: 4.00m L Hughes Bromley AC 2004			
	2022 Holly Platt Blackheath & Bromley Harriers AC 2.70			
513 Eleanor Barrett	Blackheath & Bromley H AC	514 Holly Platt	Blackheath & Bromley H AC	
1..... 2..... 3.....				
Event F42	POLE VAULT UNDER 20 WOMEN		FINAL	10.30
	Jim Day Trophy			
	CBP: 3.70 Ailis McGovern Bexley AC 2015			
	2022 Lucinda White Tonbridge AC 3.30			
234 Lily Meers	Blackheath & Bromley H AC	515 Bronwyn Yeandle	Ashford AC	
1..... 2..... 3.....				
Event F43	HAMMER SENIOR WOMEN		FINAL	11.30
	KCAA Ladies Hammer Shield			
	CBP: 61.36 Shaunagh Brown Blackheath & Bromley H AC 2015			
	2022 Sophie Fenner Cambridge Harriers 33.03			
555 Kirsty-Anne Ebbage	Tonbridge AC	586 Sophie Fenner	Cambridge Harriers	
558 Natalie Mann	Cambridge Harriers	587 Abigail Stewart	Blackheath & Bromley H AC	
571 Chloe Williams	Thanet AC	588 Stacy Taylor	Dartford Harriers AC	
585 Claire Capon	Dartford Harriers AC			
1..... 2..... 3.....				
Event F44	HAMMER UNDER 20 WOMEN		FINAL	11.30
	KCAA Under 20 Women's Hammer Trophy			
	CBP: 52.59m R Blackie Black & Brom H AC 2006			
	2022 Lily Murray Swale Combined AC 51.75			
589 Lily Murray	Swale Combined AC			
1..... 2..... 3.....				
Event F45	SHOT UNDER 17 MEN		FINAL	11.30
	The Blandford Trophy			
	CBP: 18.93m C Griffith-Parker Cambridge H 2007			
	2022 Timi Babatunde Dartford Harriers AC 13.10			
34 Daniel Culver	Medway and Maidstone AC	545 Arun Menon	Dartford Harriers AC	
543 Debare Alade	Dartford Harriers AC	546 Damien Osei-Bonsu	Dartford Grammar School	
544 Sonny Hatch	Dartford Harriers AC			
1..... 2..... 3.....				
Event F46	SHOT UNDER 15 BOYS		FINAL	11.30
	Tom Gordon Trophy			
	CBP: 17.22m C Griffith-Parker Cambridge H 2005			
	2022 Sonny Hatch Dartford Harriers AC 12.66			
66 Senul Weerasinghe	Tonbridge AC	549 Kierath Dhillon	Dartford Harriers AC	
162 Tolani Bello	Dartford Grammar School	550 Blake Gates	Swale Combined AC	
173 Thomas Webb	Folkestone Running Club	551 George Jones	Cambridge Harriers	
287 Oliver Churcher	Swale Combined AC	552 Guy Van der Stighelen	Sevenoaks AC	
547 Michael Bridge	Cambridge Harriers	553 Rory Witcombe	Blackheath & Bromley H AC	
548 Owen Davies	Tonbridge AC			
1..... 2..... 3.....				

Event F47	HIGH JUMP UNDER 17 WOMEN			FINAL	12.30
	Sir Ralph Reed Cup				
	CBP: 1.78m S.Vickers Kent AC 1973				
	2022 Matilda Secker Tonbridge AC 1.66				
189 Qi-Chi Ukpai	Blackheath & Bromley H AC	452 Hannah St Clare	Folkestone Running Club		
449 Gabriella Noyce	Cambridge Harriers	501 Heather Beet	Bexley AC		
450 Matilda Secker	Tonbridge AC	502 Bethany Shimmen-Smith	Thanet AC		
1.....	2.....	3.....			
Event F48	HIGH JUMP UNDER 15 GIRLS			FINAL	12.30
	Lady Margaret Reed Cup				
	CBP: 1.69m Amber Durrant Medway & Maidstone AC 2014				
	2022 Qi-Chi Ukpai Blackheath & Bromley Harriers AC 1.60				
108 Chiamaka Ekenulo	Cambridge Harriers	454 Heidi Coulson	Blackheath & Bromley H AC		
129 Rebecca Turner	Dartford Harriers AC	455 Elsa Pawson	Tonbridge AC		
190 Keriema Bailey	Bexley AC				
1.....	2.....	3.....			
Event F49	DISCUS SENIOR WOMEN			FINAL	12.40
	Medway Silver Salver				
	CBP: 52.28m E.Mulvihill Greenwich Borough AC 1987				
	2022 Vanessa Hannam Medway and Maidstone AC 35.73				
554 Marianne Berndt	Bexley AC	557 Vanessa Hannam	Medway and Maidstone AC		
555 Kirsty-Anne Ebbage	Tonbridge AC	558 Natalie Mann	Cambridge Harriers		
556 Nicola Gregory	Bexley AC	571 Chloe Williams	Thanet AC		
1.....	2.....	3.....			
Event F50	DISCUS UNDER 20 WOMEN			FINAL	12.40
	CBP: 51.18m S Brown Black & Brom H AC 2007				
	2022 Zara Obamakinwa Blackheath & Bromley Harriers AC 49.24				
560 Hannah Bridge	Cambridge Harriers	572 Zara Obamakinwa	Blackheath & Bromley H AC		
1.....	2.....	3.....			
Event F51	LONG JUMP SENIOR MEN			FINAL	12.45
	Lt.Col. Sheldon Challenge Cup				
	CBP: 7.82m J King W'hampton & Bilston 1984				
	2022 Lewis Smith Ashford AC 6.64				
423 Brandon Sikity	Cambridge Harriers	518 Stephen Lake	Ashford AC		
484 Bilen Ahmet	Kingston AC & Polytechnic Harrier	519 Andy Whitnell	Bexley AC		
1.....	2.....	3.....			
Event F52	LONG JUMP UNDER 20 MEN			FINAL	12.45
	Lt.Col. Sheldon Challenge Cup				
	CBP: 7.45m B Nevison Tonbridge AC 1986				
	2022 Michael Alajiki Ashford AC 6.36				
27 Dante McNichol	Tonbridge AC	520 Augustine Kodji	Dartford Harriers AC		
1.....	2.....	3.....			

Event F53 **POLE VAULT UNDER 17 MEN** **FINAL** **13.00**
Jim Day Trophy
 CBP: 4.10m Pedro Gleadall Blackheath & Bromley H AC 2018
 2022 Oscar Witcombe Blackheath & Bromley Harriers AC 3.71

506 Finn Kitteridge Blackheath & Bromley H AC 508 Tom Walker Dartford Harriers AC
 507 Michael Oyetti Dartford Grammar School

1..... 2..... 3.....

Event F54 **POLE VAULT UNDER 15 BOYS** **FINAL** **13.00**
Tom Gordon Trophy
 CBP: 3.40m Benjamin Platt Blackheath & Bromley H AC 2019
 2022 Charlie Platt Blackheath & Bromley Harriers AC 3.60

51 Bryan Ikechukwu-Chime Dartford Grammar School 435 Rahman Odugbayi Dartford Harriers AC
 60 Charlie Platt Blackheath & Bromley H AC 509 Sope Aremu Dartford Harriers AC
 159 Jonathan Adegbola Bexley AC 510 David Odeyemi Dartford Grammar School
 172 Alfie Walach Swale Combined AC 511 Joshua Ogunkola Dartford Harriers AC
 431 Dylan Case Dartford Grammar School 512 Alistair Sosu Dartford Grammar School

1..... 2..... 3.....

Event F55 **DISCUS UNDER 17 MEN** **FINAL** **13.50**
The Blandford Trophy
 CBP: 57.92m C Griffith-Parker Cambridge H 2007
 2022 Timi Babatunde Dartford Harriers AC 52.97

34 Daniel Culver Medway and Maidstone AC 544 Sonny Hatch Dartford Harriers AC
 462 Alexander Morrell Blackheath & Bromley H AC 545 Arun Menon Dartford Harriers AC
 543 Debare Alade Dartford Harriers AC 569 Jack Rider Dartford Harriers AC

1..... 2..... 3.....

Event F56 **DISCUS UNDER 15 BOYS** **FINAL** **13.50**
Tom Gordon Trophy
 CBP: 50.17m C Griffith-Parker Cambridge H 2005
 2022 Arun Menon Dartford Harriers AC 38.94

54 Olufikayo Lana Dartford Grammar School 550 Blake Gates Swale Combined AC
 169 Saketh Sangeeth Dartford Grammar School 551 George Jones Cambridge Harriers
 283 Joel Ampong Dartford Grammar School 553 Rory Witcombe Blackheath & Bromley H AC
 547 Michael Bridge Cambridge Harriers 570 George Henderson Blackheath & Bromley H AC
 548 Owen Davies Tonbridge AC

1..... 2..... 3.....

Event F57 **TRIPLE JUMP SENIOR MEN** **FINAL** **14.15**
Kentish Times Challenge Shield
 CBP: 15.88m T Oke Woodford Green & Essex Ladies 2003
 2022 Lewis Smith Ashford AC 13.26

484 Bilen Ahmet Kingston AC & Poly Harriers 527 Okiki Olugunna Bexley AC
 518 Stephen Lake Ashford AC

1..... 2..... 3.....

Event F58	TRIPLE JUMP UNDER 20 MEN		FINAL	14.15
	The Norman Page Trophy			
	CBP: 14.85m E.Clark Blackheath H 1993			
	2022 Kevin Masindo Ashford AC 13.77			
520 Augustine Kodji	Dartford Harriers AC	529 Alex Stone	Paddock Wood AC	
528 Kieran Isaac	Medway and Maidstone AC			
1.....	2.....	3.....		
Event F69	JAVELIN SENIOR MEN		FINAL	15.15
	Kentish Times Challenge Trophy			
	CBP: 80.72m S.Backley Cambridge AC 1992			
	2022 James Whiteaker Blackheath & Bromley Harriers AC 69.49			
484 Bilen Ahmet	Kingston AC & Poly Harriers	591 Stephen Simmons	Bedford & County AC	
537 Joseph Gunton	Bexley AC			
1.....	2.....	3.....		
Event F60	JAVELIN UNDER 20 MEN		FINAL	15.15
	Leisure Services Shield by Maidstone Bor			
	CBP: 77.00m S.Backley Cambridge H 1988			
	2022 Jonah Radcliffe The Judd School 52.71			
529 Alex Stone	Paddock Wood AC	593 Jonah Radcliffe	The Judd School	
592 Felix Mcardle Hodge	Blackheath & Bromley H AC			
1.....	2.....	3.....		
Event F61	TRIPLE JUMP UNDER 17 WOMEN		FINAL	15.30
	CBP: 12.10 Eloise Harvey Dartford Harriers AC 2017			
	2022 Emma Powell Bexley AC 9.46			
81 Abella Ammam	Dartford Harriers AC	501 Heather Beet	Bexley AC	
189 Qi-Chi Ukpai	Blackheath & Bromley H AC	535 Marie-Anne Bright	Dartford Harriers AC	
1.....	2.....	3.....		
Event F62	TRIPLE JUMP UNDER 15 GIRLS		FINAL	15.30
	CBP: 11.10 Qi-Chi Ukpai Blackheath & Bromley Harriers AC 2022			
	2022 Qi-Chi Ukpai Blackheath & Bromley Harriers AC 11.10			
129 Rebecca Turner	Dartford Harriers AC	458 Araba Taylor	Tonbridge AC	
195 Renee Itugbu	Bexley AC			
1.....	2.....	3.....		
Event F63	JAVELIN UNDER 17 WOMEN		FINAL	16.10
	Miss H.V.Fossey Cup			
	CBP: 44.08 Eloise Locke Blackheath & Bromley H AC 2016 (500gm)			
	2022 Katie Marsh Cambridge Harriers 39.93			
467 Tallulah Ndikanwu	Blackheath & Bromley H AC	605 Emily Holden	Sevenoaks AC	
573 Erin Simpson	Blackheath & Bromley H AC	606 Eleanor Russell	Bexley AC	
1.....	2.....	3.....		

Event F64

JAVELIN UNDER 15 GIRLS

FINAL

16.10

Avril Bowring Cup

CBP: 38.33m Lucinda White Tonbridge AC 2019

2022 Erin Simpson Blackheath & Bromley Harriers AC 28.13

100	Mia Blaber	Medway and Maidstone AC	564	Amelia Cannon	Tonbridge AC
113	Laila Humphrey	Invicta East Kent AC	565	Maddison Lopez	Bexley AC
123	Sara Scrivens	Invicta East Kent AC	567	Abigail Smith	Folkestone Running Club
244	Caitlin Hough	Blackheath & Bromley H AC	574	Lottie Palmer	Blackheath & Bromley H AC
458	Araba Taylor	Tonbridge AC			

1..... 2..... 3.....