

KCAA Veterans/Masters Championships - Medway Park, Gillingham 11/09/2022

M35

High Jump

Final

No.	Name	Club	Perf	
1	G 1	Bilen Ahmet	Kingston & Poly	1.45

1.30 o;1.40 o;1.45 o;1.50 xxr

Pole Vault

Final

No.	Name	Club	Perf	
1	G 1	Bilen Ahmet	Kingston & Poly	3.20

2.80 o;3.00 o;3.20 o;3.40 xxx

Triple Jump

Final

No.	Name	Club	Perf	
1	- 1	Bilen Ahmet	Kingston & Poly	10.09

9.95, 10.09, 9.88, r

M40

High Jump

Final

No.	Name	Club	Perf	
1	G 2	Martin Lloyd	Bexley	2.00

CBP 1.80 o;1.90 o;2.00 xo;2.03 xxx

Triple Jump

Final

No.	Name	Club	Perf	
1	G 16	Stephen Lake (M45)	Ashford	10.13

9.97, 10.13, 9.71, 9.67, x, x

M50

High Jump

Final

No.	Name	Club	Perf	
1	G 6	Dan Eliassen	Kent AC	1.40

1.30 o;1.40 o;1.45 xxx

Pole Vault

Final

No.	Name	Club	Perf	
1	G 13	Roger Platt	Black & Brom	3.20

2.80 xo;3.00 xo;3.20 xo;3.40 xxx

Long Jump

Final

No.	Name	Club	Perf	
1	G 21	Oloff Van Zyl	Sevenoaks	5.24
2	S 6	Dan Eliassen	Kent AC	5.19
3	B 19	Stephen Daly	Tonbridge	4.45
4	20	John Foster	Med and Maid	4.41
5	17	Andy Whitnell	Bexley	3.34

4.96, 5.03, 5.16, 5.08, 5.01, 5.24
4.69, 4.76, 4.75, 5.19, 3.19, 4.97
x, x, x, x, 4.45, x
x, 4.09, 3.85, 4.27, 4.41, x
3.34, x, 3.34, x, 3.21, 3.14

Triple Jump

Final

No.	Name	Club	Perf	
1	G 6	Dan Eliassen	Kent AC	10.55
2	S 21	Oloff Van Zyl	Sevenoaks	10.52
3	B 19	Stephen Daly	Tonbridge	9.47
4	20	John Foster	Med and Maid	8.93

10.55, 10.42, 10.37, 10.10, 9.52, -
10.02, 9.97, 10.52, 9.73, -, -
8.99, 9.44, 7.54, x, 8.95, 9.47
8.51, 8.86, 8.93, 8.76, -, -

M60

High Jump

Final

No.	Name	Club	Perf	
1	G 7	Gary Capon	Dartford	1.45

1.30 o;1.40 o;1.45 xxo;1.50 xxx

Pole Vault

Final

No.	Name	Club	Perf	
1	G 7	Gary Capon	Dartford	2.20

2.00 o;2.10 o;2.20 o;2.30 xxx

Long Jump

Final

No.	Name	Club	Perf	
1	G 7	Gary Capon	Dartford	4.59

CBP 4.40, 4.45, -, 4.17, 4.25, 4.59

Triple Jump

Final

No.	Name	Club	Perf	
1	G 7	Gary Capon	Dartford	9.42
2	S 30	Robert Sibley (M65)	Med and Maid	8.63

8.95, 9.30, -, 8.67, -, 9.42
8.63, 7.74, -, r

M70**High Jump****Final**

	No.	Name	Club	Perf	
1	G	26	Anthony Garrett (M75)	Bexley	1.05

0.90 o;1.00 o;1.05 xxo

Long Jump**Final**

	No.	Name	Club	Perf	
1	G	26	Anthony Garrett (M75)	Bexley	2.75

2.63, 2.72, x, x, 2.75, 2.38

W35**High Jump****Final**

	No.	Name	Club	Perf	
1	G	8	Stevie Langford	Ashford	1.55

1.45 o;1.50 o;1.55 xxo;1.60 xxx

W40**Pole Vault****Final**

	No.	Name	Club	Perf	
		15	Elizabeth Bignell	Paddock W	nm

1.60 xxx

Long Jump**Final**

	No.	Name	Club	Perf	
1	G	27	Helen Nyberg-Mitroi	Dartford	3.95

3.68, 3.62, 3.93, 3.95, 3.80, 3.85

Triple Jump**Final**

	No.	Name	Club	Perf	
1	G	27	Helen Nyberg-Mitroi	Dartford	8.48

8.30, 8.48, 8.33, 8.23, 8.40, 8.36

W50**High Jump****Final**

	No.	Name	Club	Perf	
1	G	10	Christine Pates (W55)	Bexley	1.26

1.15 o;1.18 -;1.21 o;1.24 -;1.26 xxo;1.30 xxx

Long Jump**Final**

	No.	Name	Club	Perf	
1	G	28	Helen Bond	Tonbridge	3.73
2	S	10	Christine Pates (W55)	Bexley	3.29

3.56, 3.22, 3.52, x, 3.47, 3.73
3.24, 3.10, 3.19, 3.13, 3.29, 3.28**Triple Jump****Final**

	No.	Name	Club	Perf	
1	G	28	Helen Bond	Tonbridge	7.04

6.79, 7.04, x, r

W60**High Jump****Final**

	No.	Name	Club	Perf	
1	G	12	Teresa Eades	Dartford	1.21
2	S	11	Teresa Hinton	Paddock W	1.13

1.15 o;1.18 o;1.21 xxo;1.24 xxx
1.00 o;1.03 o;1.06 o;1.09 xxo;1.12 o;1.15 xxx**Pole Vault****Final**

	No.	Name	Club	Perf	
1	G	12	Teresa Eades	Dartford	2.20

2.00 o;2.10 xo;2.20 xxo;2.30 xxx

Long Jump**Final**

	No.	Name	Club	Perf	
1	G	12	Teresa Eades	Dartford	3.60
2	S	11	Teresa Hinton	Paddock W	3.15
3	-	29	Liz Slater	Bexley	2.34

3.60, 3.44, -, 3.51, 3.35, 3.15
2.86, x, 3.15, 2.39, 2.83, -
2.20, 2.27, 2.27, 2.34, 2.02, 2.28**Triple Jump****Final**

	No.	Name	Club	Perf	
1	G	12	Teresa Eades	Dartford	7.72
2	S	29	Liz Slater	Bexley	5.87

7.70, 7.72, 7.65, 7.65, x, -
5.58, 5.81, 5.78, 5.65, 5.87, 5.87