

**Kent County Championship Results Saturday 11/05/2019**

**Senior Men**

<b>100m</b>		<b>Heat 1</b>		<b>w/s= 0.0</b>
No.	Athlete	Club	Perf	
1	4	Nathan Brown	Kent AC	10.91
2	8	Maximilian Heavens	Invicta East Kent AC	10.95
3	14	Lewis Smith	Ashford AC	11.13
4	15	Adam Wall	Thanet AC	12.32
5	9	Leslie Lartey	Invicta East Kent AC	12.49

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<b>100m</b>		<b>Heat 2</b>		<b>w/s= 1.7</b>
No.	Athlete	Club	Perf	
1	2	Korede Awe	Invicta East Kent AC	10.54
2	10	Jack Lennard	Tonbridge AC	10.80
3	6	Idorenyin Ekere	Bexley AC	11.33
4	11	Abraham Ogunmefun	Bexley AC	11.43
5	1	Femi Awe	Radley AC	11.48
	3	Adam Bernard	Medway Phoenix	DNS

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<b>100m</b>		<b>Final</b>		<b>w/s= 2.4</b>
No.	Athlete	Club	Perf	
1	2	Korede Awe	Invicta East Kent AC	10.47
2	10	Jack Lennard	Tonbridge AC	10.73
3	8	Maximilian Heavens	Invicta East Kent AC	10.74
4	4	Nathan Brown	Kent AC	10.78
5	14	Lewis Smith	Ashford AC	11.15
6	6	Idorenyin Ekere	Bexley AC	11.16
7	1	Femi Awe	Radley AC	11.38
8	11	Abraham Ogunmefun	Bexley AC	11.49

<b>400m</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	22	Omari Markland-Montgomery	Cambridge Harriers	50.68
2	19	George Clements	Medway and Maidstone AC	51.37
3	3	Adam Bernard	Medway Phoenix	55.69

<b>1500m</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	31	Lucas Taylor-Costin	Dartford Harriers AC	4:04.12
2	24	Marley Godden	Medway and Maidstone AC	4:08.47

<b>5000m</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	34	Jim Allchin	Kent AC	15:13.46
2	111	Oliver Prior (U20M)	Ashford AC	15:15.64
3	44	Marshall Smith (U20M)	Ashford AC	15:17.09
4	38	Anthony Johnson	Kent AC	15:24.19
5	37	Joe Hartley	Kent AC	16:12.05
6	39	Peter Lighting	Kent AC	16:20.46
7	35	Tom Collins	Medway and Maidstone AC	16:36.60
8	43	Cameron Sharp (U20M)	Central Park Athletics	16:59.37

<b>110m Hurdles</b>		<b>Final</b>		<b>w/s= 1.1</b>
No.	Athlete	Club	Perf	
1	13	Paul Slater	Bexley AC	17.04

<b>Pole Vault</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	54	Scott Huggins	Blackheath & Bromley H AC	4.90
2	55	Luke Williams	Ashford AC	3.60
3	63	Alexander Hookway	Tonbridge AC	3.20

4.70 o;4.80 xxo;4.90 o;5.00 xxx  
3.30 o;3.50 xo;3.60 o;3.70 xxx  
3.00 o;3.20 o;3.30 xxx

<b>Shot</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	63	Alexander Hookway	Tonbridge AC	11.48
2	61	Vitor Hugo Brito Costa	Cambridge Harriers	9.70
3	60	William Blake	Medway and Maidstone AC	9.54
4	62	Michael Farrell (M55)	Swale Combined AC	8.13

11.09; 10.93; 11.48; x; 11.24; 11.30  
8.03; 8.74; 8.79; 9.27; 9.70; 9.20  
8.65; 8.59; 8.86; 9.45; 9.06; 9.54  
8.10; x; 8.13; x; x; 7.61

<b>Discus</b>		<b>Final</b>		
No.	Athlete	Club	Perf	
1	65	Andrew Kruszewski (M60)	Cambridge Harriers	34.25
2	63	Alexander Hookway	Tonbridge AC	32.98
3	61	Vitor Hugo Brito Costa	Cambridge Harriers	28.97
4	64	Charles Flynn (M35)	Medway and Maidstone AC	24.53
5	62	Michael Farrell (M55)	Swale Combined AC	23.64

32.88; x; 33.65; 32.57; 32.55; 34.25  
31.58; 30.03; 28.30; 32.56; 32.98; 30.28  
24.24; 27.50; 26.58; 25.83; 24.47; 28.97  
x; x; 23.30; x; 24.22; 24.53  
x; 21.73; 18.86; 18.89; 23.64; 21.69

Hammer		Final	
No.	Athlete	Club	Perf
1	Graham Holder (M45)	Bexley AC	50.70
2	Michael Farrell (M55)	Swale Combined AC	29.41
3	Stephen Talbot (M50)	Dartford Harriers AC	29.39
4	Charles Flynn (M35)	Medway and Maidstone AC	28.64
5	Andrew Rushbrook (M55)	Bexley AC	28.30

43.54; x; 49.34; 48.28; 49.01; 50.70  
 23.19; 29.12; 29.41; 28.53; 28.04; 27.91  
 23.86; x; 29.39; x; x; 27.64  
 24.84; x; 25.09; x; 27.07; 28.64  
 27.93; 27.95; 28.09; 28.30; 27.10; 26.66

U20 Men			
100m		Heat 1	w/s= 2.2
No.	Athlete	Club	Perf
1	Alex Marshall	Medway and Maidstone AC	10.77
2	Luke Moore	Cambridge Harriers	11.16
3	Reon Edwards	Herne Hill Harriers	11.21
4	Peter Akor	Cambridge Harriers	11.45
5	Rory Kuypers	Medway and Maidstone AC	11.49
6	George Smith	Tonbridge AC	11.79
7	Tobi Akioye	Tonbridge AC	13.02

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100m		Heat 2	w/s= 0.1
No.	Athlete	Club	Perf
1	Joshua Oshunrinde	Medway and Maidstone AC	10.80
2	Anton Bachorski	Tonbridge AC	11.08
3	Connor Neal	Thanet AC	11.33
4	Nathan Isaac	Medway and Maidstone AC	11.42
5	Leonard Wright	Blackheath & Bromley H AC	11.71
6	Iyioluwa Adesan	Cambridge Harriers	11.78
7	Konrad Farrall	Thanet AC	11.85

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100m		Final	w/s= 1.9
No.	Athlete	Club	Perf
1	Alex Marshall	Medway and Maidstone AC	10.66
2	Joshua Oshunrinde	Medway and Maidstone AC	10.70
3	Luke Moore	Cambridge Harriers	10.97
4	Anton Bachorski	Tonbridge AC	10.98
5	Reon Edwards	Herne Hill Harriers	11.10
6	Connor Neal	Thanet AC	11.26
7	Peter Akor	Cambridge Harriers	11.30
8	Nathan Isaac	Medway and Maidstone AC	11.61

400m		Final	
No.	Athlete	Club	Perf
1	Conor Murphy	Medway and Maidstone AC	49.39
2	Michael Fagbenle	Bexley AC	49.50
3	Charles Crick	Tonbridge AC	51.48
4	Ben Townend	Medway and Maidstone AC	52.69
5	Ewan Wood	Tonbridge AC	53.18
6	Pedro Gleadall	Blackheath & Bromley H AC	53.92
7	Barnaby Dougal	Invicta East Kent AC	54.35
8	Harry Osborne	Medway and Maidstone AC	56.45

1500m		Final	
No.	Athlete	Club	Perf
1	Ted Higgins	Bexley AC	4:00.93
2	Harrison Tremain	Ashford AC	4:02.41
3	Charlie Brisley	Invicta East Kent AC	4:03.00
4	Adam Wood	Ashford AC	4:03.61
5	Matthew Francis	Blackheath & Bromley H AC	4:17.86
6	Benjamin Tynan	Cambridge Harriers	4:38.95
7	Ronnie Stowell	Bexley AC	4:45.42

110m Hurdles		Final	w/s= 1.1
No.	Athlete	Club	Perf
1	Konrad Farrall	Thanet AC	16.32

Pole Vault		Final	
No.	Athlete	Club	Perf
1	Pedro Gleadall	Blackheath & Bromley H AC	4.20
2	Douglas Noel	Invicta East Kent AC	3.80

4.00 o;4.20 xxo;4.30 xxx  
 3.70 o;3.80 xxo;4.00 xxx

Shot		Final	
No.	Athlete	Club	Perf
1	Khuwayne Linton	S Factor Academy	9.91

9.22; 9.57; 9.59; 9.59; 9.91; x

Discus		Final	
No.	Athlete	Club	Perf
1	Douglas Noel	Invicta East Kent AC	40.56
2	Pedro Gleadall	Blackheath & Bromley H AC	34.51

39.94; x; 38.29; 40.56; x; x  
 23.97; 34.51; 34.51; 32.43; x; x

Hammer		Final	
No.	Athlete	Club	Perf
1	Reece Perkins	Medway and Maidstone AC	38.02

38.02; x; x; 35.22; 36.86; 37.10

**U17 Men****100m****Heat 1****w/s= 0.2**

No.	Athlete	Club	Perf	
1	141	Prince Mulamba	Cambridge Harriers	11.35
2	142	Reece Nelson	Blackheath & Bromley H AC	11.36
3	137	Matthew Kinsambwe	Bexley AC	11.45
4	129	Fortune Adah-Jahs	Bexley AC	11.53
5	140	Alexander Milligan	Tonbridge AC	11.65
6	145	Daniel Pedro	Dartford Grammar School	11.78
7	144	Harrison Patching-Scott	Swale Combined AC	12.23
8	135	Oliver Gregory	Folkestone Running Club	12.39

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q**100m****Heat 2****w/s= 0.2**

No.	Athlete	Club	Perf	
1	134	Jake Goodman	Invicta East Kent AC	11.10
2	143	Zachary Nwogwugwu	Tonbridge AC	11.14
3	146	Michael Uozie	Dartford Harriers AC	11.48
4	139	Trey McPherson	Dartford Harriers AC	11.58
5	132	James Butcher	Medway and Maidstone AC	12.06
6	138	Joe Lowes	Thanet AC	12.07
7	148	Adrian Ximines	Kent AC	12.11
8	133	Tammo Foad	Ashford AC	12.83

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q**100m****Final****w/s= 1.7**

No.	Athlete	Club	Perf	
1	143	Zachary Nwogwugwu	Tonbridge AC	10.99
2	134	Jake Goodman	Invicta East Kent AC	11.23
3	142	Reece Nelson	Blackheath & Bromley H AC	11.33
4	139	Trey McPherson	Dartford Harriers AC	11.46
5	129	Fortune Adah-Jahs	Bexley AC	11.56
6	146	Michael Uozie	Dartford Harriers AC	11.56
	141	Prince Mulamba	Cambridge Harriers	DNS
	137	Matthew Kinsambwe	Bexley AC	DNS

**400m****Final**

No.	Athlete	Club	Perf	
1	151	Kristian Samwell-Nash	Ashford AC	51.22
2	152	Zac Beasty	Tonbridge AC	54.08
3	157	Tobias Seales	S Factor Academy	57.91
4	156	Nathaniel Masters	Bexley AC	58.64
5	154	Spencer Elphick	Tonbridge AC	60.06

**1500m****Final**

No.	Athlete	Club	Perf	
1	174	Oliver Bright	Blackheath & Bromley H AC	4:08.76
2	160	Fraser Gordon	Tonbridge AC	4:11.10
3	178	Louis Small	Ashford AC	4:14.38
4	164	Samuel Reardon	Blackheath & Bromley H AC	4:16.29
5	158	Finlay Croll	Tonbridge AC	4:16.44
6	177	Jack Small	Ashford AC	4:16.71
7	176	Jalen Pople	Bexley AC	4:20.26
8	173	Tom Brash	Blackheath & Bromley H AC	4:23.34
9	172	Max Behrens	Ashford AC	4:29.92
10	175	Ethan Gear	Medway and Maidstone AC	4:30.29
11	162	Daniel Moulton	Dartford Harriers AC	4:35.46
12	169	Louis Woods	Cambridge Harriers	4:39.86
13	171	Christopher Archer	Dartford Harriers AC	5:17.45

**100m Hurdles****Final****w/s= 0.5**

No.	Athlete	Club	Perf	
1	182	George Seery	Thanet AC	14.22
2	179	Michael Alajiki	Ashford AC	14.44
3	135	Oliver Gregory	Folkestone Running Club	15.39
4	181	Finn Rodgers	Medway and Maidstone AC	16.64

**High Jump****Final**

No.	Athlete	Club	Perf	
1	152	Zac Beasty	Tonbridge AC	1.75
2	182	George Seery	Thanet AC	1.70
3	186	Joshua Cockerham	Dartford Harriers AC	1.70
4	188	Joshua O'Brien	Tonbridge AC	1.70
5	185	Quinn Bury	Invicta East Kent AC	1.55

1.65 o;1.70 xxo;1.75 xxo;1.81 xxx  
1.60 o;1.65 o;1.70 o;1.75 xxx  
1.55 o;1.60 o;1.65 xxo;1.70 o;1.75 xxx  
1.65 o;1.70 xxo;1.75 xxx  
1.40 o;1.45 o;1.50 o;1.55 o;1.60 xxx**Long Jump****Final**

No.	Athlete	Club	Perf	
1	182	George Seery	Thanet AC	5.98
2	192	Jacob Byfield	Blackheath & Bromley H AC	5.89
3	193	Morgan Lucas	Dartford Harriers AC	5.50
4	135	Oliver Gregory	Folkestone Running Club	5.13
5	185	Quinn Bury	Invicta East Kent AC	4.73
6	144	Harrison Patching-Scott	Swale Combined AC	4.72

-0.3 5.98,-0.3; x; 5.92,-0.6; x; 5.59,-1.7; r  
-0.9 x; x; 5.73,-0.1; 5.73,-1.0; x; 5.89,-0.9  
-1.1 2.07,-1.2; 5.17,-0.5; 5.40,-1.4; 4.84,0.0; 5.50,-1.1; 5.49,0.0  
0.0 4.74,0.2; 4.63,-1.5; 4.86,-1.5; 5.03,-1.8; 5.13,0.0; 5.10,0.0  
0.0 4.73,0.0; 4.62,0.0; 4.65,-1.1; 4.36,-0.6; 4.63,0.0; 4.51,-0.1  
-0.2 4.72,-0.2; 4.45,-0.8; 4.53,-1.3; 4.23,-1.0; 4.63,-1.4; r

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	195	Daniel Falode	Cambridge Harriers	13.87
2	179	Michael Alajiki	Ashford AC	12.13
3	145	Daniel Pedro	Dartford Grammar School	11.33

-0.1 12.31,0.1; 13.33,-0.1; 13.04,-1.4; 13.87,-0.1; -;  
-0.8 x; x; 11.75,0.0; 12.13,-0.8; x; x  
-1.5 11.27,0.0; x; 11.33,-1.5; x; 10.77,-0.9; -

Javelin		Final		
No.	Athlete	Club	Perf	
1	204	Eddie Brown	Cambridge Harriers	48.03
2	155	Isaac Handley	The Judd School	40.38
3	154	Spencer Elphick	Tonbridge AC	35.19

48.03; 47.70; 45.70; 40.78; 42.60; 43.53  
40.14; 40.38; 38.12; 38.48; 34.54; 36.83  
32.21; 35.19; x; x; 27.56; 30.45

### U15 Boys

100m		Heat 1		w/s= 2.8	
No.	Athlete	Club	Perf		
1	223	Dante Legister	Cambridge Harriers	11.48	Q
2	216	Shaquille Fernandez-Folkes	Cambridge Harriers	12.00	Q
3	220	Osagie Imanswuomo	Cambridge Harriers	12.13	Q
4	227	Dylan Purton	Medway and Maidstone AC	12.15	q
5	229	Jack Saxby	Ashford AC	12.20	q
6	208	James Baker	Dartford Harriers AC	12.63	q
7	226	Luke Prior	Ashford AC	13.38	

100m		Heat 2		w/s= 0.4	
No.	Athlete	Club	Perf		
1	206	Jason Adeogun	Bexley AC	12.46	Q
2	218	Alexander Gray	Paddock Wood AC	12.62	Q
3	219	Daniel Hardy	Medway and Maidstone AC	12.98	Q
4	214	Jack Doubtfire	Folkestone Running Club	13.20	Q
5	211	Tyler Christie	Ashford AC	13.22	
6	212	Aidan Collins	Tonbridge AC	13.64	

100m		Heat 3		w/s= 0.0	
No.	Athlete	Club	Perf		
1	207	Ridwaan Ahmed	Bexley AC	12.37	Q
2	221	Kieran Isaac	Medway and Maidstone AC	12.52	Q
3	210	Andrew Bull	Ashford AC	12.92	Q
4	217	Javan Gordon	Bexley AC	13.02	q
5	231	Dayo Sijuade	Cambridge Harriers	13.36	
6	222	Jerzy Krzyszka	Folkestone Running Club	13.93	

100m		Heat 4		w/s= -1.0	
No.	Athlete	Club	Perf		
1	224	Kieran Onyango	Cambridge Harriers	12.79	Q
2	205	Temiloluwa Abiola	Cambridge Harriers	13.33	Q
3	228	Mubarrak Salih	Cambridge Harriers	13.36	Q
4	209	Oliver Brooke	Tonbridge AC	14.11	
5	233	Emmanuel Virginie	Folkestone Running Club	14.83	
	225	Tommy Owler	Folkestone Running Club	DNS	

100m		S/F 1		w/s= 0.2	
No.	Athlete	Club	Perf		
1	223	Dante Legister	Cambridge Harriers	11.57	Q
2	216	Shaquille Fernandez-Folkes	Cambridge Harriers	11.99	Q
3	227	Dylan Purton	Medway and Maidstone AC	12.08	Q
4	228	Mubarrak Salih	Cambridge Harriers	12.15	Q
5	224	Kieran Onyango	Cambridge Harriers	12.26	
6	220	Osagie Imanswuomo	Cambridge Harriers	12.30	
7	205	Temiloluwa Abiola	Cambridge Harriers	12.61	
8	217	Javan Gordon	Bexley AC	12.72	

100m		S/F 2		w/s= 1.0	
No.	Athlete	Club	Perf		
1	207	Ridwaan Ahmed	Bexley AC	11.91	Q
2	206	Jason Adeogun	Bexley AC	12.14	Q
3	221	Kieran Isaac	Medway and Maidstone AC	12.22	Q
4	218	Alexander Gray	Paddock Wood AC	12.23	Q
5	210	Andrew Bull	Ashford AC	12.35	
6	208	James Baker	Dartford Harriers AC	12.54	
7	229	Jack Saxby	Ashford AC	12.54	
8	219	Daniel Hardy	Medway and Maidstone AC	12.76	

100m		Final		w/s= 1.1	
No.	Athlete	Club	Perf		
1	223	Dante Legister	Cambridge Harriers	11.60	
2	207	Ridwaan Ahmed	Bexley AC	11.87	
3	216	Shaquille Fernandez-Folkes	Cambridge Harriers	11.97	
4	228	Mubarrak Salih	Cambridge Harriers	12.00	
5	227	Dylan Purton	Medway and Maidstone AC	12.11	
6	206	Jason Adeogun	Bexley AC	12.12	
7	218	Alexander Gray	Paddock Wood AC	12.36	
8	221	Kieran Isaac	Medway and Maidstone AC	12.40	

300m		Heat 1			
No.	Athlete	Club	Perf		
1	244	Daniel Goriola	Dartford Grammar School	37.64	Q
2	236	Adam Islam-Medeaux	Blackheath & Bromley H AC	38.96	Q
3	243	Nathan Awoyele	Cambridge Harriers	39.94	Q
4	229	Jack Saxby	Ashford AC	39.98	q
5	247	Felix Mcardle Hodge	Tonbridge AC	47.30	

300m		Heat 2			
No.	Athlete	Club	Perf		
1	249	Connor Sutton	Blackheath & Bromley H AC	38.94	Q
2	225	Tommy Owler	Folkestone Running Club	40.70	Q
3	245	Jonathan Idowu	Dartford Grammar School	41.26	Q
4	241	Alex Stone	Paddock Wood AC	42.98	q
5	212	Aidan Collins	Tonbridge AC	44.55	
6	242	Dontay Thomas	Cambridge Harriers	46.48	

300m		Final			
No.	Athlete	Club	Perf		
1	244	Daniel Goriola	Dartford Grammar School	37.50	
2	236	Adam Islam-Medeaux	Blackheath & Bromley H AC	37.67	
3	249	Connor Sutton	Blackheath & Bromley H AC	38.54	
4	225	Tommy Owler	Folkestone Running Club	40.01	
5	245	Jonathan Idowu	Dartford Grammar School	40.71	
6	229	Jack Saxby	Ashford AC	41.52	
7	243	Nathan Awoyele	Cambridge Harriers	42.69	
8	241	Alex Stone	Paddock Wood AC	43.31	

1500m		Final			
No.	Athlete	Club	Perf		
1	269	Jamie Keir	Invicta East Kent AC	4:23.91	
2	283	Thomas Hutton	Invicta East Kent AC	4:32.75	
3	282	Oliver Horne	Medway Triathlon Club	4:33.00	
4	267	George Hopkins	Tonbridge AC	4:35.70	
5	260	Luke Fenton	Dartford Harriers AC	4:38.15	
6	281	Hayden Gear	Medway and Maidstone AC	4:38.18	
7	286	George Shaw	Blackheath & Bromley H AC	4:38.97	
8	285	Jamie Macdonald	Tonbridge AC	4:50.15	
9	279	Huxley Crush	Tonbridge AC	4:51.81	
10	277	Miles Brierley	Dartford Harriers AC	4:56.80	
11	256	Gervace Card	Cambridge Harriers	4:59.65	
12	234	Edward Best	Dartford Harriers AC	5:01.16	
13	276	Sam Breed	Tonbridge AC	5:01.30	
14	261	Samuel Ferreyra	Dartford Harriers AC	5:08.96	
15	275	David Barclay	Tonbridge AC	5:15.25	
16	284	Sam Lloyd	Dartford Harriers AC	5:18.81	

80m Hurdles		Heat 1		w/s= 0.8	
No.	Athlete	Club	Perf		
1	207	Ridwaan Ahmed	Bexley AC	11.83	Q
2	291	Nathan Njoku	Bexley AC	12.12	Q
3	219	Daniel Hardy	Medway and Maidstone AC	12.63	Q
4	271	Reef Page	Invicta East Kent AC	12.82	q
5	209	Oliver Brooke	Tonbridge AC	13.97	

80m Hurdles		Heat 2		w/s= 1.5	
No.	Athlete	Club	Perf		
1	244	Daniel Goriola	Dartford Grammar School	12.54	Q
2	292	Benjamin Oladapo-Gamu	Dartford Grammar School	13.20	Q
3	289	Felic Gollan	Tonbridge AC	13.77	Q
4	287	Reuben Chandler	Cambridge Harriers	13.90	q
5	288	Jonathan Ellerton	Blackheath & Bromley H AC	16.31	

80m Hurdles		Final		w/s= 1.8	
No.	Athlete	Club	Perf		
1	207	Ridwaan Ahmed	Bexley AC	11.79	
2	244	Daniel Goriola	Dartford Grammar School	11.80	
3	291	Nathan Njoku	Bexley AC	12.15	
4	292	Benjamin Oladapo-Gamu	Dartford Grammar School	12.66	
5	219	Daniel Hardy	Medway and Maidstone AC	12.92	
6	271	Reef Page	Invicta East Kent AC	13.27	
7	289	Felic Gollan	Tonbridge AC	13.66	
	287	Reuben Chandler	Cambridge Harriers	DNS	

High Jump		Final		
No.	Athlete	Club	Perf	
1	296	Harvey Fordham	Paddock Wood AC	1.70
2	295	Jack Butler	Ashford AC	1.65
3	244	Daniel Goriola	Dartford Grammar School	1.55
4	297	Praise Oguadinma	Dartford Grammar School	1.45
5	210	Andrew Bull	Ashford AC	1.40
6	247	Felix Mcardle Hodge	Tonbridge AC	1.40

Q

Q

Q

q

Q

Q

Q

q

Q

Q

Q

q

Q

Q

Q

q

CBP

1.50 o;1.55 o;1.60 xo;1.65 o;1.70 o;1.75 xxx

1.50 o;1.55 o;1.60 xo;1.65 xxo;1.70 xxx

1.40 o;1.45 o;1.50 xo;1.55 o;1.60 xxx

1.30 o;1.35 o;1.40 o;1.45 xxo;1.50 xxx

1.30 o;1.35 `o;1.40 o;1.45 xxx

1.30 xo;1.35 o;1.40 o;1.45 xxx

Long Jump				Final	
No.	Athlete	Club	Perf		
1	296	Harvey Fordham	Paddock Wood AC	5.42	0.0 5.42,0.0; 5.10,0.0; 4.45,-0.1; 5.22,-0.7; 5.15,0.0; 5.28,0.0
2	214	Jack Doubtfire	Folkestone Running Club	5.41	-1.2 5.00,0.0; 5.05,-0.7; x; x; x; 5.41,-1.2
3	292	Benjamin Oladapo-Gamu	Dartford Grammar School	5.22	0.0 5.22,0.0; 4.98,0.0; 4.95,-1.2; 4.96,-0.2; 5.04,-1.8; x
4	218	Alexander Gray	Paddock Wood AC	5.01	-0.7 x; 4.67,0.0; 4.59,-1.9; 4.71,-2.2; 5.01,-0.7; 4.69,-0.8
5	206	Jason Adeogun	Bexley AC	4.94	-2.0 x; 4.94,-2.0; 4.29,0.0; 4.39,-0.7; 4.24,0.0
6	271	Reef Page	Invicta East Kent AC	4.93	0.2 x; 4.93,0.2; 4.83,-0.4; 4.77,-0.4; x; x
7	246	Benjamin Lineker	Medway and Maidstone AC	4.83	-0.2 4.46,-1.4; 4.55,-1.7; 4.51,0.2; 4.73,0.0; 4.83,-0.2; 4.49,-0.6
8	301	Ben Wilkes	Tonbridge AC	4.58	-0.2 x; 4.08,0.0; 4.58,-0.2; 4.35,-0.5; 4.15,0.0; 4.37,-1.0
9	233	Emmanuel Virginie	Folkestone Running Club	4.46	-1.5 4.46,-1.5; 4.13,0.0; 4.10,-1.2
10	293	Reece Onabanjo	Dartford Harriers AC	4.37	0.0 4.32,-0.3; 4.26,0.0; 4.37,0.0
11	265	Kazimierz Gogol	Medway and Maidstone AC	4.25	0.0 4.14,0.0; 4.25,0.0; 4.17,0.0
12	209	Oliver Brooke	Tonbridge AC	4.21	0.0 3.96,-0.1; 4.21,0.0; 4.21,0.0
13	289	Felic Gollan	Tonbridge AC	4.02	0.0 4.01,-0.8; x; 4.02,0.0
14	242	Dontay Thomas	Cambridge Harriers	3.81	0.0 3.81,0.0; x; 3.72,0.0
15	249	Connor Sutton	Blackheath & Bromley H AC	3.65	0.0 x; 3.65,0.0; x

Triple Jump				Final	
No.	Athlete	Club	Perf		
1	296	Harvey Fordham	Paddock Wood AC	10.73	-0.5 10.69,-2.0; 10.11,-1.6; x; 10.73,-0.5; 10.23,0.0; 10.37,-0.3
2	300	Edward Waters	Tonbridge AC	10.63	-1.1 10.17,-3.0; x; 10.35,-0.6; 10.34,-1.7; 10.63,-1.1; x
3	241	Alex Stone	Paddock Wood AC	10.23	-0.4 10.14,-1.7; 10.18,-0.2; 10.04,-1.8; 10.06,0.0; 10.23,-0.4; 10.07,-0.8
4	301	Ben Wilkes	Tonbridge AC	10.19	-0.9 x; x; x; 10.19,-0.9; 9.86,0.0; 10.09,-1.2
5	221	Kieran Isaac	Medway and Maidstone AC	10.00	-1.8 9.89,-1.7; 10.00,-1.8; -; x; x; -

Javelin				Final	
No.	Athlete	Club	Perf		
1	299	Benjamin Platt	Blackheath & Bromley H AC	41.21	40.07; 41.21; 37.50; 35.49; 37.11; x
2	314	Theodore Hafford Tear	Cambridge Harriers	37.57	37.57; 34.81; 33.16; 34.79; 32.15; 32.51
3	247	Felix Mcardle Hodge	Tonbridge AC	33.19	x; x; 33.19; 31.99; 30.51; x
4	315	Indiana Winter	Tonbridge AC	31.09	30.83; 31.09; x; 26.22; 30.09; 18.13
5	241	Alex Stone	Paddock Wood AC	30.72	29.16; 30.20; x; 30.66; 30.72; 29.86
6	289	Felic Gollan	Tonbridge AC	25.31	23.68; 23.11; 23.31; 23.38; 25.31; x
7	245	Jonathan Idowu	Dartford Grammar School	21.63	21.63; x; 20.22; 20.62; x; x
8	308	Max Parsons	Central Park Athletics	19.16	16.54; 17.12; x; 17.04; 19.16; 17.79
9	302	Boma Appolos	Bexley AC	14.27	x; x; 14.27

Senior Women				Final	
200m				w/s= 1,4	
No.	Athlete	Club	Perf		
1	324	Rachel Dickens	Blackheath & Bromley H AC	24.79	
2	326	Emma-Louise Wagstaff	Kent AC	27.86	
3	317	Doyin Aderinto	Cambridge Harriers	28.81	
4	316	Derin Aderinto	Cambridge Harriers	29.24	
5	322	Kirstie Taylor	Dartford Harriers AC	29.29	
6	320	Shamariah Notice	Kent AC	30.17	
7	325	Katie Scoones	Swale Combined AC	30.41	

800m				Final	
No.	Athlete	Club	Perf		
1	335	Kathryn Sutton	Dartford Harriers AC	2:13.53	
2	334	Chloe Sharp	Central Park Athletics	2:14.92	
3	336	Briony Walsh	Ashford AC	2:18.76	
4	332	Annabel Carter	Tonbridge AC	2:26.24	
5	333	Rebecca Miah	Bexley AC	2:37.18	
6	330	Bonnie Maugey	Dartford Harriers AC	2:46.37	

400m Hurdles				Final	
No.	Athlete	Club	Perf		
	349	Sarah Dodds	Bexley AC	DNF	

5000m				Final	
No.	Athlete	Club	Perf		
1	343	Renata McDonnell	Deal Triathlon	19:16.08	

1500m Steeplechase				Final	
No.	Athlete	Club	Perf		
1	350	Emily Hale	Medway and Maidstone AC	6:15.16	

High Jump				Final	
No.	Athlete	Club	Perf		
1	352	Deborah Martin	Ashford AC	1.70	1.50 o; 1.55 o; 1.60 o; 1.65 o; 1.70 xo; 1.73 xxx
2	351	Katherine Hamilton	Ashford AC	1.45	1.40 xo; 1.45 o; 1.50 xxx

Long Jump				Final	
No.	Athlete	Club	Perf		
1	330	Bonnie Maugey	Dartford Harriers AC	4.26	x; x; 2.19,0.0; 4.00,-0.1; 4.14,-0.3; 4.26,0.0
2	321	Lyn Sole (W55)	Thanet AC	3.59	-1.0 3.33,-0.1; 3.23,0.1; 3.42,-0.5; 3.00,-0.2; 3.59,-1.0; 2.96,0.0

Javelin		Final	
No.	Athlete	Club	Perf
1	366 Paige Macheath	Cambridge Harriers	38.75
2	365 Elizabeth Duffin (W35)	Paddock Wood AC	21.32
3	358 Natalie Mann	Cambridge Harriers	20.16
4	357 Christine Lynch (W60)	Swale Combined AC	14.81
5	321 Lyn Sole (W55)	Thanet AC	14.15
6	359 Chloe Williams	Thanet AC	12.25

x; 31.20; 31.66; 35.38; 38.75; 31.02  
 20.09; 20.72; 20.45; x; 21.32; x  
 17.81; 18.82; 20.09; 16.75; 20.16; 19.13  
 13.93; 13.45; 14.81; 14.55; 13.43; 12.76  
 14.15; 11.67; 13.57; 13.04; 12.08; 13.96  
 12.01; x; 12.25; 11.22; 11.00; 9.75

### U20 Women

200m		Heat 1		w/s= 0.4
No.	Athlete	Club	Perf	
1	385 Asha Root	Tonbridge AC	26.74	Q
2	379 Ornella Adjadi	S Factor Academy	26.94	Q
3	369 Tami Brown	S Factor Academy	27.60	Q
4	381 Faith Cox	Ashford AC	28.31	q
5	382 Sapphire-Chyna Elliott	Cambridge Harriers	29.67	

200m		Heat 2		w/s= 0.1
No.	Athlete	Club	Perf	
1	380 Chanelle Cole	Dartford Harriers AC	26.37	Q
2	384 Lucy Hope	Medway and Maidstone AC	26.69	Q
3	378 Faye Olszowka	Bexley AC	27.65	Q
4	371 Zara Edeleanu	Medway and Maidstone AC	28.04	q

200m		Final		w/s= 1.3
No.	Athlete	Club	Perf	
1	380 Chanelle Cole	Dartford Harriers AC	25.62	
2	384 Lucy Hope	Medway and Maidstone AC	25.84	
3	379 Ornella Adjadi	S Factor Academy	26.23	
4	385 Asha Root	Tonbridge AC	26.39	
5	378 Faye Olszowka	Bexley AC	26.95	
6	371 Zara Edeleanu	Medway and Maidstone AC	27.25	
7	369 Tami Brown	S Factor Academy	27.68	
8	381 Faith Cox	Ashford AC	28.02	

800m		Final	
No.	Athlete	Club	Perf
1	397 Alexandra Millard	Invicta East Kent AC	2:15.96
2	394 Lara Atkinson	Cambridge Harriers	2:25.27
3	393 Imogen Amos	Invicta East Kent AC	2:28.76
4	396 Louise Flynn	Invicta East Kent AC	2:33.62

400m Hurdles		Final	
No.	Athlete	Club	Perf
1	408 Grace Scopes	Blackheath & Bromley H AC	65.05
2	409 Eleanor Wastell	Medway and Maidstone AC	66.48
3	403 Emily Featherstone	Medway and Maidstone AC	66.89
4	404 Jade Fitt	Cambridge Harriers	68.86
5	405 Lauren Macey	Invicta East Kent AC	69.14
6	407 Holly Platt	Blackheath & Bromley H AC	74.48

1500m Steeplechase		Final	
No.	Athlete	Club	Perf
1	412 Amelia Smith	Blackheath & Bromley H AC	5:18.83
2	411 Lily Newton	Herne Hill Harriers	5:22.32
3	410 Isabel Lloyd	Dartford Harriers AC	6:18.30

High Jump		Final	
No.	Athlete	Club	Perf
1	414 Ashleigh West	Medway and Maidstone AC	1.70
2	413 Ayanna Henry	Cambridge Harriers	1.55
3	381 Faith Cox	Ashford AC	1.35

1.55 o;1.60 o;1.65 xo;1.70 o;1.70 xxx  
 1.50 xxo;1.55 o;1.60 xxx  
 1.35 xo;1.40 xxx

Long Jump		Final	
No.	Athlete	Club	Perf
1	418 Mayong Tabe	Medway and Maidstone AC	5.93
2	374 Eloise Harvey	Dartford Harriers AC	5.59
3	413 Ayanna Henry	Cambridge Harriers	5.07
4	417 Zoe Martial	Blackheath & Bromley H AC	4.89
5	381 Faith Cox	Ashford AC	4.22

-0.8 5.93,-0.8; 5.80,-0.4; 5.70,-0.9; 4.73,0.0; -; x  
 0.0 x; 5.59,0.0; 1.62,0.0; x; r  
 -0.2 4.96,0.2; 4.95,0.0; 5.07,-0.2; 4.79,0.0; 4.89,-1.4; 4.98,-1.4  
 0.0 4.63,0.0; 4.72,-0.9; 4.87,-1.0; 4.68,-1.6; 4.89,0.0; 4.72,0.0  
 -0.1 4.01,-0.7; 4.02,-1.3; 3.94,-1.0; 4.09,-0.1; 4.17,-1.0; 4.22,-0.1

Triple Jump		Final	
No.	Athlete	Club	Perf
1	374 Eloise Harvey	Dartford Harriers AC	12.48
2	419 Jade Oni	Blackheath & Bromley H AC	12.20
3	420 Kamiyla Robinson-Pascal	Blackheath & Bromley H AC	9.75
4	382 Sapphire-Chyna Elliott	Cambridge Harriers	9.61

CBP  
 0.0 12.17,0.0; 12.19,-0.9; 12.02,0.0; x; 12.39,-0.4; 12.48,0.0  
 -1.1 12.04,0.0; 12.17,0.4; 12.20,-1.1; 12.04,-1.0; 12.15,0.0; 12.00,0.5  
 -0.5 9.49,-0.6; 9.67,-0.4; 9.75,-0.5; 9.53,-0.3; 9.41,-0.2;  
 0.0 8.59,-1.2; 9.59,-0.6; 9.40,-0.3; x; 9.52,0.0; 9.61,0.0

Javelin		Final	
No.	Athlete	Club	Perf
1	422 Lauren Farley	Blackheath & Bromley H AC	44.10
2	427 Eloise Locke	Blackheath & Bromley H AC	38.99
3	381 Faith Cox	Ashford AC	20.80

CBP

35.54; 44.10; 42.19; 41.38; x; 41.84  
 38.99; 38.38; 38.92; 38.60; 36.01; 37.26  
 20.80; 19.23; 17.43; 19.69; 17.14; 20.22

U17 Women			
200m		Heat 1	w/s= 1.1
No.	Athlete	Club	Perf
1	445 Kaliyah Young	Dartford Harriers AC	24.30
2	447 Isabelle Harding	Invicta East Kent AC	27.06
3	451 Ella Saxby	Ashford AC	28.01
4	429 Jessica Booth	Thanet AC	28.28
5	439 Gabrielle Oguntuga	Ashford AC	29.25

Q

Q

Q

q

200m		Heat 2	w/s= 2.2
No.	Athlete	Club	Perf
1	443 Zsiriah Thomas	Blackheath & Bromley H AC	25.92
2	450 Shakanya Osahon	Blackheath & Bromley H AC	26.32
3	433 Isabella Fassnidge	Tonbridge AC	26.69
4	430 Imogen Davis	Ashford AC	26.91

Q

Q

Q

q

200m		Final	w/s= 1.2
No.	Athlete	Club	Perf
1	445 Kaliyah Young	Dartford Harriers AC	23.93
2	443 Zsiriah Thomas	Blackheath & Bromley H AC	25.65
3	450 Shakanya Osahon	Blackheath & Bromley H AC	26.17
4	433 Isabella Fassnidge	Tonbridge AC	26.61
5	430 Imogen Davis	Ashford AC	26.64
6	447 Isabelle Harding	Invicta East Kent AC	26.97
7	429 Jessica Booth	Thanet AC	27.97
8	451 Ella Saxby	Ashford AC	28.98

CBP

800m		Final	
No.	Athlete	Club	Perf
1	461 Maddison Sawyer	Invicta East Kent AC	2:18.22
2	469 Maisy Rose	Dartford Harriers AC	2:18.46
3	470 Billie Rouse	Medway and Maidstone AC	2:26.12
4	467 Daniella Harper	Blackheath & Bromley H AC	2:26.60
5	464 Rachel Anderson	Medway and Maidstone AC	2:34.67
6	466 Jildou Chappell	Invicta East Kent AC	2:45.74

300m Hurdles		Final	
No.	Athlete	Club	Perf
1	457 Emily Newnham	Dartford Harriers AC	43.91
2	459 Kelsey Pullin	Blackheath & Bromley H AC	46.57
3	484 Rebekah O'Brien	Tonbridge AC	46.95
4	456 Maya Marriner	Tonbridge AC	50.15
5	482 Sohaila Ali	Tonbridge AC	52.20
6	485 Katie Rothery	Medway and Maidstone AC	53.26
7	483 Sofia Bashir	Invicta East Kent AC	54.17

CBP

1500m Steeplechase		Final	
No.	Athlete	Club	Perf
1	469 Maisy Rose	Dartford Harriers AC	5:12.61
2	486 Olivia Berry	Blackheath & Bromley H AC	5:12.62
3	465 Ailbhe Barnes	Blackheath & Bromley H AC	5:21.00
4	487 Ellie Osmond	Blackheath & Bromley H AC	5:40.01

Pole Vault		Final	
No.	Athlete	Club	Perf
1	489 Lily Smith	Dartford Harriers AC	2.30
2	444 Bronwyn Yeandle	Ashford AC	2.20

2.20 o;2.30 o; r

2.00 xo;2.10 o;2.20 xxo;2.30 xxx

Shot		Final	
No.	Athlete	Club	Perf
1	494 Nana Gyedu	Blackheath & Bromley H AC	15.63
2	495 Zara Obamakinwa	Medway and Maidstone AC	11.90
3	497 Abigail Stewart	Cambridge Harriers	11.20
4	447 Isabelle Harding	Invicta East Kent AC	9.60
5	496 Summer Salter	Medway and Maidstone AC	9.01

CBP

15.29; 15.63; 15.55; 15.46; 15.46; 15.43  
 11.03; 11.05; 11.44; 11.51; 11.90; 10.80  
 10.06; 10.63; 11.20; 10.63; 10.77; 10.75  
 9.60; 9.30; 9.32; 8.50; 9.32; 9.09  
 8.60; 8.30; x; 8.72; 8.92; 9.01

Discus		Final	
No.	Athlete	Club	Perf
1	495 Zara Obamakinwa	Medway and Maidstone AC	40.63
2	493 Titobioluwa Akinrele	Blackheath & Bromley H AC	30.22
3	497 Abigail Stewart	Cambridge Harriers	30.20
4	498 Emma Osborn	Bexley AC	17.03

x; x; 28.57; 40.63; 35.58; 39.73

x; 25.18; 27.84; x; 27.26; 30.22

28.96; 29.48; 28.89; 30.20; 28.34; 30.14

17.03; 16.20; 13.38; 15.68; 11.38; 13.19



Hammer		Final		
No.	Athlete	Club	Perf	
1	497	Abigail Stewart	Cambridge Harriers	45.60
2	499	Charlotte Whiffen	Paddock Wood AC	40.00
3	496	Summer Salter	Medway and Maidstone AC	34.77
4	498	Emma Osborn	Bexley AC	18.75

45.60; 43.16; x; x; x; 45.19  
 38.77; 39.04; 35.49; 40.00; 37.33; x  
 23.61; 34.77; x; 31.63; x; 32.08  
 17.10; 18.75; 18.31; 16.99; 17.45; 16.99

U15 Girls				
200m		Heat 1	w/s= 0.9	
No.	Athlete	Club	Perf	
1	539	Shawanna Williams	Cambridge Harriers	27.15
2	517	Emily Kerr	Blackheath & Bromley H AC	27.33
3	528	Shenae Reid	S Factor Academy	27.43
4	510	Chichi Cooper	Cambridge Harriers	27.66
5	544	Jessica Daly	Tonbridge AC	28.95
6	546	Ottillie Mcardle Hodge	Tonbridge AC	29.68
7	526	Amelie Rabbidge	Tonbridge AC	29.96

Q  
Q  
q  
q

200m		Heat 2	w/s= 2.3	
No.	Athlete	Club	Perf	
1	518	Sophie Kerr	Blackheath & Bromley H AC	27.77
2	532	Lucy Tallon	Tonbridge AC	28.24
3	529	Maisie Riddell	Folkestone Running Club	28.80
4	515	Grace Jakeman	Thanet AC	28.93
5	543	Poppy Buckle	Sevenoaks AC	30.19
6	541	Isabelle Bridgeman	Tonbridge AC	30.32
7	540	Maria Agbalaya	Cambridge Harriers	30.64

Q  
Q

200m		Heat 3	w/s= 0.5	
No.	Athlete	Club	Perf	
1	537	Libby Turbutt	Ashford AC	27.13
2	549	Amarisa Sibley	Blackheath & Bromley H AC	27.74
3	547	Abigail O'Dwyer	Tonbridge AC	29.09
4	449	Oluwaseun Okeh	Bexley AC	29.56
5	530	Nadia Sadler-Reeves	Ashford AC	29.70
6	550	Millie Vas	Thanet AC	29.91
7	542	Cara Brown	Tonbridge AC	30.31
8	508	Abigail Babalola	Cambridge Harriers	31.68

Q  
Q

200m		Final	w/s= 1.2	
No.	Athlete	Club	Perf	
1	537	Libby Turbutt	Ashford AC	26.48
2	539	Shawanna Williams	Cambridge Harriers	26.79
3	517	Emily Kerr	Blackheath & Bromley H AC	27.02
4	518	Sophie Kerr	Blackheath & Bromley H AC	27.05
5	549	Amarisa Sibley	Blackheath & Bromley H AC	27.23
6	532	Lucy Tallon	Tonbridge AC	27.23
7	510	Chichi Cooper	Cambridge Harriers	27.30
8	528	Shenae Reid	S Factor Academy	28.28

800m		Heat 1		
No.	Athlete	Club	Perf	
1	570	Faith Mpassy	Blackheath & Bromley H AC	2:31.55
2	575	Sophie Slack	Tonbridge AC	2:32.40
3	572	Abigail Royden	Medway and Maidstone AC	2:34.59
4	578	Madeline Tynan	Cambridge Harriers	2:35.74
5	555	Sofia-Plum Maher	Blackheath & Bromley H AC	2:40.22
6	565	Lily Crossley	Medway and Maidstone AC	2:40.66
7	556	Rhianna Munn	Sevenoaks AC	2:49.24
8	577	Isobel Tyler	Thanet Roadrunners AC	2:49.96
9	563	Aida Butler-Thiam	S-Factor Academy	2:55.35

Q  
Q

800m		Heat 2		
No.	Athlete	Club	Perf	
1	576	Jennifer Swandale	Thanet Roadrunners AC	2:23.35
2	566	Chiani-Rae Garland	Bexley AC	2:23.86
3	560	Josephine Bassett	Medway Phoenix	2:25.78
4	569	Sarah Mitchell	Medway and Maidstone AC	2:31.22
5	559	Olivia Wauters	Blackheath & Bromley H AC	2:34.17
6	580	Annabel Young	Medway and Maidstone AC	2:39.83
7	579	Amelie Willars	Blackheath & Bromley H AC	2:47.86
8	541	Isabelle Bridgeman	Tonbridge AC	3:00.61

Q  
Q  
q

800m		Heat 3		
No.	Athlete	Club	Perf	
1	564	Hannah Clark	Blackheath & Bromley H AC	2:25.18
2	554	Cameron Kelly-Gordon	Blackheath & Bromley H AC	2:25.61
3	562	Olivia Breed	Tonbridge AC	2:25.89
4	568	Amelia Middleton	Blackheath & Bromley H AC	2:32.40
5	567	Gabriella Martin	Blackheath & Bromley H AC	2:33.03
6	573	Emma Ryan	Medway and Maidstone AC	2:36.46
7	561	Lauren Bowen	Dartford Harriers AC	2:45.92
8	574	Hannah Saldin	Cambridge Harriers	3:08.76

Q  
Q  
q

800m		Final		
No.	Athlete	Club	Perf	
1	576	Jennifer Swandale	Thanet Roadrunners AC	2:22.48
2	564	Hannah Clark	Blackheath & Bromley H AC	2:23.78
3	566	Chiani-Rae Garland	Bexley AC	2:24.67
4	570	Faith Mpassy	Blackheath & Bromley H AC	2:25.33
5	560	Josephine Basset	Medway Phoenix	2:27.57
6	562	Olivia Breed	Tonbridge AC	2:29.74
7	575	Sophie Slack	Tonbridge AC	2:34.49
8	554	Cameron Kelly-Gordon	Blackheath & Bromley H AC	2:35.25

75m Hurdles		Heat 1		w/s= 2.1	
No.	Athlete	Club	Perf		
1	591	Catrina MacArthur	Folkestone Running Club	12.50	Q
2	594	Jessie Sargeant	Bexley AC	12.52	Q
3	531	Chloe Salter	Dartford Harriers AC	12.82	q
4	590	Emily Algeo	Blackheath & Bromley H AC	13.24	q
5	552	Ciara Harrop	Medway and Maidstone AC	16.41	

75m Hurdles		Heat 2		w/s= 0.9	
No.	Athlete	Club	Perf		
1	524	Naomi Parrott	Ashford AC	12.95	Q
2	544	Jessica Daly	Tonbridge AC	13.33	Q
3	592	Mabel Naisbitt	Thanet AC	13.84	
4	511	Cerys Daniels	Cambridge Harriers	14.20	
5	553	Keira Hulks	Thanet AC	14.51	
6	596	Ruby Towler	Medway and Maidstone AC	15.17	

75m Hurdles		Heat 3		w/s= 1.1	
No.	Athlete	Club	Perf		
1	537	Libby Turbutt	Ashford AC	12.51	Q
2	519	Asha Lacey	Tonbridge AC	13.20	Q
3	526	Amelie Rabbidge	Tonbridge AC	13.29	
4	593	Jessica Penny	Paddock Wood AC	13.70	
5	595	Eleanor Thomas	Tonbridge AC	13.81	
541	Isabelle Bridgeman	Tonbridge AC	DNF		

75m Hurdles		Final			w/s= 1.6
No.	Athlete	Club	Perf		
1	537	Libby Turbutt	Ashford AC	12.34	
2	594	Jessie Sargeant	Bexley AC	12.47	
3	591	Catrina MacArthur	Folkestone Running Club	12.51	
4	531	Chloe Salter	Dartford Harriers AC	12.82	
5	524	Naomi Parrott	Ashford AC	12.88	
6	544	Jessica Daly	Tonbridge AC	13.05	
7	519	Asha Lacey	Tonbridge AC	13.13	
8	590	Emily Algeo	Blackheath & Bromley H AC	13.16	

Pole Vault		Final			
No.	Athlete	Club	Perf		
1	530	Nadia Sadler-Reeves	Ashford AC	2.10	2.00 o;2.10 xo;2.20 xxx

Shot		Final			
No.	Athlete	Club	Perf		
1	505	Cleo Agyepong	Cambridge Harriers	12.88	11.36; 12.35; 12.74; 11.87; 12.58; 12.88
2	594	Jessie Sargeant	Bexley AC	8.37	7.35; 7.54; 8.37; 6.67; 8.32; -
3	595	Eleanor Thomas	Tonbridge AC	8.00	6.82; 7.53; 7.29; 7.65; 7.19; 8.00
4	538	Amelia Williams	Swale Combined AC	7.92	x; 7.92; 7.79; 7.77; 7.69; x
5	608	Ashlynn Madumere	Cambridge Harriers	7.57	6.51; 7.34; 7.44; 6.29; 7.20; 7.57
6	592	Mabel Naisbitt	Thanet AC	7.01	6.47; 6.13; 6.57; 6.26; 7.01; 6.60
7	550	Millie Vas	Thanet AC	7.01	-; -; 6.48; 6.47; 6.51; 7.01
8	525	Libby Pritchard	Thanet AC	6.08	5.73; 6.08; 5.84; 5.50; 5.68; 5.06
9	530	Nadia Sadler-Reeves	Ashford AC	5.88	-; -; 5.88; -

Discus		Final			
No.	Athlete	Club	Perf		
1	612	Gypsy Nash	Medway and Maidstone AC	29.68	24.89; 26.33; 28.90; x; 29.68; 28.42
2	610	Eliyah Burke	Folkestone Running Club	21.26	21.26; 17.51; 20.56; x; 19.93; 20.15
3	546	Otilie Mcardle Hodge	Tonbridge AC	19.65	18.27; 16.35; x; 17.66; 19.65; 15.52
4	611	Annaleise Kerswill	Medway and Maidstone AC	14.84	x; x; x; 13.20; 14.84; 13.99
5	609	Oluwafolabomi Orisatoki	Bexley AC	13.87	13.12; 12.74; 11.33; x; 13.33; 13.87

Hammer		Final			
No.	Athlete	Club	Perf		
1	613	Lily Murray	Swale Combined AC	51.68	50.83; x; x; x; x; 51.68
2	612	Gypsy Nash	Medway and Maidstone AC	46.76	46.56; x; 46.76; x; 44.72; 46.50
3	538	Amelia Williams	Swale Combined AC	27.00	24.09; 23.12; 21.93; 27.00; x; 26.26
4	614	Sarah Shoyoye	Medway and Maidstone AC	26.73	x; 24.37; x; x; 26.38; 26.73
5	595	Eleanor Thomas	Tonbridge AC	26.53	25.07; 24.66; x; 23.64; 23.16; 26.53
6	611	Annaleise Kerswill	Medway and Maidstone AC	24.45	19.47; 19.46; 21.64; 21.38; 19.45; 24.45
7	609	Oluwafolabomi Orisatoki	Bexley AC	22.28	22.28; 20.64; 18.21; 17.87; 19.95; 15.87
8	546	Otilie Mcardle Hodge	Tonbridge AC	17.81	17.81; 16.48; 17.11; 15.54; r

Q  
Q  
q  
q

Q  
Q

Q  
Q

2.00 o;2.10 xo;2.20 xxx

11.36; 12.35; 12.74; 11.87; 12.58; 12.88  
7.35; 7.54; 8.37; 6.67; 8.32; -  
6.82; 7.53; 7.29; 7.65; 7.19; 8.00  
x; 7.92; 7.79; 7.77; 7.69; x  
6.51; 7.34; 7.44; 6.29; 7.20; 7.57  
6.47; 6.13; 6.57; 6.26; 7.01; 6.60  
-; -; 6.48; 6.47; 6.51; 7.01  
5.73; 6.08; 5.84; 5.50; 5.68; 5.06  
-; -; 5.88; -

24.89; 26.33; 28.90; x; 29.68; 28.42  
21.26; 17.51; 20.56; x; 19.93; 20.15  
18.27; 16.35; x; 17.66; 19.65; 15.52  
x; x; x; 13.20; 14.84; 13.99  
13.12; 12.74; 11.33; x; 13.33; 13.87

CBP

50.83; x; x; x; x; 51.68  
46.56; x; 46.76; x; 44.72; 46.50  
24.09; 23.12; 21.93; 27.00; x; 26.26  
x; 24.37; x; x; 26.38; 26.73  
25.07; 24.66; x; 23.64; 23.16; 26.53  
19.47; 19.46; 21.64; 21.38; 19.45; 24.45  
22.28; 20.64; 18.21; 17.87; 19.95; 15.87  
17.81; 16.48; 17.11; 15.54; r

**Kent County Championship Results Sunday 12/05/2019**  
**Senior Men**

100m Disability		Final	w/s= 2.3	
No.	Athlete	Club	Perf	
1	16	Conrad Davis (T20)	Bexley AC	12.81

200m		Heat 1	w/s= 2.0		
No.	Athlete	Club	Perf		
1	10	Jack Lennard	Tonbridge AC	22.27	Q
2	6	Idorenyin Ekere	Bexley AC	22.78	Q
3	1	Femi Awe	Radley AC	23.56	Q
4	17	George Blake	Medway and Maidstone AC	23.65	q
5	16	Conrad Davis (T20)	Bexley AC	26.82	

200m		Heat 2	w/s= 1.1		
No.	Athlete	Club	Perf		
1	2	Korede Awe	Invicta East Kent AC	21.89	Q
2	8	Maximilian Heavens	Invicta East Kent AC	22.31	Q
3	11	Abraham Ogunmefun	Bexley AC	23.64	Q
4	15	Adam Wall	Thanet AC	25.89	q

200m		Final	w/s= 1.7	
No.	Athlete	Club	Perf	
1	2	Korede Awe	Invicta East Kent AC	21.46
2	10	Jack Lennard	Tonbridge AC	21.66
3	8	Maximilian Heavens	Invicta East Kent AC	21.93
4	6	Idorenyin Ekere	Bexley AC	22.58
5	1	Femi Awe	Radley AC	23.51
6	11	Abraham Ogunmefun	Bexley AC	23.57
7	17	George Blake	Medway and Maidstone AC	24.25
	15	Adam Wall	Thanet AC	DNS

800m		Final		
No.	Athlete	Club	Perf	
1	31	Lucas Taylor-Costin	Dartford Harriers AC	1:56.90
2	28	Andrejs Safars	Medway and Maidstone AC	2:02.32
3	24	Marley Godden	Medway and Maidstone AC	2:02.51
4	29	Andrew Scoones	Swale Combined AC	2:03.00
5	27	Ryan Maunders	Medway and Maidstone AC	2:03.18
6	30	Craig Sharp	Central Park Athletics	2:03.97
7	25	Michael Major	Medway and Maidstone AC	2:05.81

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	48	Lewis Heffernan	Medway and Maidstone AC	56.31
2	17	George Blake	Medway and Maidstone AC	59.11
3	3	Adam Bernard	Medway Phoenix	72.86

2000m Steeplechase		Final		
No.	Athlete	Club	Perf	
1	51	Bayley Massey	Cambridge Harriers	6:35.83
2	49	Jack Crossley	Medway and Maidstone AC	6:44.12
3	50	Don Lawless	Maidstone Harriers	8:43.96

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	47	Luc Legon	Bexley AC	13:41.57
2	45	Jonathan Hobbs	Ashford AC	14:47.18

High Jump		Final			
No.	Athlete	Club	Perf		
1	53	Matthew Smiley	Ashford AC	1.75	1.70 o;1.75 xo;1.80 xxx
2	14	Lewis Smith	Ashford AC	1.55	1.55 o;1.60 xxx

Long Jump		Final			
No.	Athlete	Club	Perf		
1	14	Lewis Smith	Ashford AC	6.40	0.5 6.20,0.8; 6.29,0.0; 6.40,0.5; 6.18,0.4; 6.24,0.7; 6.13,1.1
2	13	Paul Slater	Bexley AC	5.96	0.5 5.35,1.0; 5.81,1.1; 5.96,0.5; x; x; 5.91,0.0
3	56	Jack Fox	Dartford Harriers AC	5.77	0.6 5.77,0.6; 5.66,0.0; 5.74,0.8; 5.71,1.4; 5.58,0.8; 5.54,0.7
4	15	Adam Wall	Thanet AC	4.98	0.7 x; x; 4.98,0.7; x; 4.68,0.7; x
5	58	Richard Silvester (M35)	Swale Combined AC	4.96	0.4 4.83,0.8; 4.64,0.9; 4.82,1.6; 4.79,0.3; 4.96,0.4; 4.88,1.4

Triple Jump		Final			
No.	Athlete	Club	Perf		
1	57	Lawrence Harvey (M35)	Trafford AC	13.83	-0.1 13.08,-2.2; 13.52,0.0; 13.61,-0.9; 13.64,-0.8; 13.55,-1.2; 13.83,-0.1
2	56	Jack Fox	Dartford Harriers AC	12.93	0.0 12.93,0.0; 12.57,0.0; 12.58,-1.0; 12.85,-0.7; 12.61,0.0; 12.91,-0.6
3	59	Stephen Lake (M45)	Ashford AC	10.78	0.0 10.75,-1.3; 10.78,0.0; 10.40,-0.3; x; 10.05,-2.8; x

Javelin		Final		
No.	Athlete	Club	Perf	
1	69	Sonny Nash	Medway and Maidstone AC	53.37
2	62	Michael Farrell (M55)	Swale Combined AC	27.79

53.36; 53.37; x; 49.96; 51.24; 51.75  
20.59; 21.65; 24.89; 27.79; 23.57; 24.83

## U20M

100m Disability		Final		w/s= 2.3
No.	Athlete	Club	Perf	
1	88	Sebastian Brooks (T20)	Tonbridge AC	16.27

200m		Heat 1		w/s= 1.0
No.	Athlete	Club	Perf	
1	79	Alex Marshall	Medway and Maidstone AC	21.74
2	74	Reon Edwards	Herne Hill Harriers	22.47
3	81	Connor Neal	Thanet AC	22.56
4	72	Peter Akor	Cambridge Harriers	22.97
5	89	Bradley McIntyre	Medway and Maidstone AC	23.66
6	84	Oscar Prager	Tonbridge AC	25.59

Q  
Q  
Q  
q

200m		Heat 2		w/s= 2.6
No.	Athlete	Club	Perf	
1	90	Conor Murphy	Medway and Maidstone AC	22.2
2	73	Anton Bachorski	Tonbridge AC	22.2
3	80	Luke Moore	Cambridge Harriers	22.6
4	85	George Smith	Tonbridge AC	23.5
5	75	Konrad Farrall	Thanet AC	23.88
77	Matthew Knight	Blackheath & Bromley H AC	DNS	

Q  
Q  
Q  
q

200m		Final		w/s= 3.1
No.	Athlete	Club	Perf	
1	79	Alex Marshall	Medway and Maidstone AC	21.43
2	73	Anton Bachorski	Tonbridge AC	22.27
3	80	Luke Moore	Cambridge Harriers	22.27
4	90	Conor Murphy	Medway and Maidstone AC	22.45
5	81	Connor Neal	Thanet AC	22.62
6	74	Reon Edwards	Herne Hill Harriers	22.64
7	72	Peter Akor	Cambridge Harriers	23.17
8	85	George Smith	Tonbridge AC	23.46

800m		Final		
No.	Athlete	Club	Perf	
1	105	Angus Harrington	Blackheath & Bromley H AC	1:54.72
2	108	Harrison Tremain	Ashford AC	1:58.26
3	103	Matthew Francis	Blackheath & Bromley H AC	1:59.41
4	96	Ben Townend	Medway and Maidstone AC	2:01.62
5	101	Toby Emm	Tonbridge AC	2:01.99
6	99	Alexander Donnelly	Medway and Maidstone AC	2:09.67
7	100	Aronne Duncan	Cambridge Harriers	2:11.46

400m Hurdles		Final		
No.	Athlete	Club	Perf	
1	116	Coleman Corry	Blackheath & Bromley H AC	58.49

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	114	Matthew Crane	Bexley AC	14:22.89

High Jump		Final		
No.	Athlete	Club	Perf	
1	121	Luke Okosieme	Cambridge Harriers	1.90
2	119	Omobodunde Balogun	Bexley AC	1.85
3	122	Brandon Sikity	Cambridge Harriers	1.80
4	120	David Fullbrook	Tonbridge AC	1.80

1.80 o;1.85 o;1.90 xo;1.93 xx  
1.70 o;1.75 o;1.80 o;1.85 xxo;1.90 xxx  
1.70 o;1.75 xo;1.80 xxx  
1.75 o;1.80 xo;1.85 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	81	Connor Neal	Thanet AC	6.13
2	120	David Fullbrook	Tonbridge AC	5.85

0.5 6.13,0.5; 5.88,1.7; 5.19,0.7; nj; 5.69,1.5; -  
1.9 nj; nj; nj; 5.62,1.2; nj; 5.85,1.9

Disability Long Jump		Final		
No.	Athlete	Club	Perf	
1	88	Sebastian Brooks (T20)	Tonbridge AC	3.43

1.5 3.34,1.5; 3.43,1.5; -; -; 2.84,0.7; 3.15,0.5

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	125	Robert Mills	Medway and Maidstone AC	12.27
2	124	Jacob Calvert	Bexley AC	10.74

-1.0 11.99,-1.4; 12.05,0.0; 12.20,-1.0; 12.27,-0.8; 12.27,-1.0; 11.54,-0.8  
0.0 10.64,0.0; 10.74,0.0; 10.52,-1.8; 10.72,-2.0; 10.49,-1.9; 10.23,-1.3

Javelin		Final	
No.	Athlete	Club	Perf
1	123 Douglas Noel	Invicta East Kent AC	47.62
2	120 David Fullbrook	Tonbridge AC	47.37
3	101 Toby Emm	Tonbridge AC	35.32

x; x; 45.12; 45.75; 47.62; 46.61  
42.80; 45.79; 45.63; 47.37; 45.87; 47.31  
31.32; 33.50; 35.32; 29.09; 33.53; 34.33

## U17M

200m		Heat 1		w/s= 2.9
No.	Athlete	Club	Perf	
1	151 Kristian Samwell-Nash	Ashford AC	22.32	Q
2	142 Reece Nelson	Blackheath & Bromley H AC	22.66	Q
3	150 Charles Nortey	Blackheath & Bromley H AC	22.81	Q
4	146 Michael Uozzie	Dartford Harriers AC	23.04	q
5	138 Joe Lowes	Thanet AC	24.45	

200m		Heat 2		w/s= 1.2
No.	Athlete	Club	Perf	
1	134 Jake Goodman	Invicta East Kent AC	22.75	Q
2	129 Fortune Adah-Jahs	Bexley AC	23.09	Q
3	140 Alexander Milligan	Tonbridge AC	23.18	Q
4	139 Trey McPherson	Dartford Harriers AC	23.27	q
5	149 Judah Chike-Michael	Cambridge Harriers	24.21	
6	133 Tammo Foad	Ashford AC	26.34	

200m		Final		w/s= 0.6
No.	Athlete	Club	Perf	
1	151 Kristian Samwell-Nash	Ashford AC	21.99	
2	134 Jake Goodman	Invicta East Kent AC	22.33	
3	142 Reece Nelson	Blackheath & Bromley H AC	22.62	
4	150 Charles Nortey	Blackheath & Bromley H AC	22.92	
5	129 Fortune Adah-Jahs	Bexley AC	23.15	
6	139 Trey McPherson	Dartford Harriers AC	23.24	
7	140 Alexander Milligan	Tonbridge AC	23.24	
8	146 Michael Uozzie	Dartford Harriers AC	23.35	

800m		Final	
No.	Athlete	Club	Perf
1	164 Samuel Reardon	Blackheath & Bromley H AC	2:00.89
2	163 Oscar Parrick	Invicta East Kent AC	2:03.42
3	158 Finlay Croll	Tonbridge AC	2:04.55
4	170 Lucas Zurdo	Kent AC	2:07.37
5	165 Adam Singleterry	Tonbridge AC	2:11.49
6	162 Daniel Moulton	Dartford Harriers AC	2:12.81
7	167 Jude Weekly	Kent AC	2:14.73
8	169 Louis Woods	Cambridge Harriers	2:19.59
9	168 Thomas Williams	Invicta East Kent AC	2:27.24

400m Hurdles		Final	
No.	Athlete	Club	Perf
1	181 Finn Rodgers	Medway and Maidstone AC	62.45
2	184 Stefano Bertero	S-Factor Academy	63.04

3000m Walk		Final	
No.	Athlete	Club	Perf
1	183 Alex Macheath	Cambridge Harriers	14:12.24

Pole Vault		Final	
No.	Athlete	Club	Perf
1	189 Barnaby Corry	Blackheath & Bromley H AC	4.00
2	190 Ethan Kitteridge	Blackheath & Bromley H AC	3.60
3	191 Oluwafemi Segun	Dartford Grammar School	3.40
4	180 Charles Costello	Tonbridge AC	2.60

3.70 o;3.80 xo;3.90 xo;4.00 xo;4.11 xxx  
3.30 o;3.40 o;3.50 xo;3.60 o;3.70 xxx  
3.10 o;3.20 o;3.30 o;3.40 o;3.50 xxx  
2.30 o;2.40 o;2.50 o;2.60 o;2.70 xxx

Shot		Final	
No.	Athlete	Club	Perf
1	198 Dillon Claydon	Blackheath & Bromley H AC	12.44
2	200 Levi Onipede	Dartford Grammar School	11.49
3	197 Satvik Chaganti	Blackheath & Bromley H AC	9.55
4	199 James Martin	The Judd School	8.76

x; 11.75; 12.07; 12.44; 10.11; x  
x; x; x; 11.34; 11.49; 11.09  
8.64; 9.40; 9.55; 9.38; 8.27; 9.30  
7.81; 8.76; x; 8.55; 8.75; 8.57

Discus		Final	
No.	Athlete	Club	Perf
1	198 Dillon Claydon	Blackheath & Bromley H AC	41.80
2	196 Neil Akinyemi	Dartford Grammar School	39.96
3	199 James Martin	The Judd School	31.36
4	197 Satvik Chaganti	Blackheath & Bromley H AC	25.56

40.25; 35.36; 41.80; 40.27; 39.06; x  
x; 33.10; 30.23; 33.96; 37.80; 39.96  
23.14; 29.62; 26.58; 31.36; 28.83; 28.22  
25.56; 23.85; x; 19.28; 20.05; 24.62

	Hammer		Final	
	No.	Athlete	Club	Perf
1	203	Alex Ringshall	Dartford Harriers AC	51.37
2	201	Harry Blake	Medway and Maidstone AC	48.72

48.34; x; x; 47.93; 51.37; 49.06  
x; 46.66; 43.03; 47.70; 48.72; 46.93

### U15B

200m		Heat 1		w/s= 0.8	
No.	Athlete	Club	Perf		
1	237	Ben Nolan	Tonbridge AC	23.92	Q
2	206	Jason Adeogun	Bexley AC	24.22	Q
3	208	James Baker	Dartford Harriers AC	25.28	q
4	240	Liam Simms	Paddock Wood AC	25.96	
5	231	Dayo Sijuade	Cambridge Harriers	26.01	
6	239	Kobey Permaul	Folkestone Running Club	27.03	
7	235	William Davey	Tonbridge AC	29.59	

200m		Heat 2		w/s= 0.8	
No.	Athlete	Club	Perf		
1	216	Shaquille Fernandez-Folkes	Cambridge Harriers	24.23	Q
2	227	Dylan Purton	Medway and Maidstone AC	24.67	Q
3	221	Kieran Isaac	Medway and Maidstone AC	25.45	
4	205	Temiloluwa Abiola	Cambridge Harriers	25.68	
5	217	Javan Gordon	Bexley AC	25.70	
6	226	Luke Prior	Ashford AC	27.25	
7	222	Jerzy Krzyszka	Folkestone Running Club	28.00	

200m		Heat 3		w/s= 1.7	
No.	Athlete	Club	Perf		
1	223	Dante Legister	Cambridge Harriers	23.90	Q
2	229	Jack Saxby	Ashford AC	24.77	Q
3	238	Joshua Oyetti	Dartford Grammar School	25.23	q
4	210	Andrew Bull	Ashford AC	25.61	
5	211	Tyler Christie	Ashford AC	25.63	
6	213	Oluwabamigbe Dahunsi	Cambridge Harriers	26.34	
7	241	Alex Stone	Paddock Wood AC	27.15	

200m		Final		w/s= 1.3	
No.	Athlete	Club	Perf		
1	223	Dante Legister	Cambridge Harriers	23.92	
2	216	Shaquille Fernandez-Folkes	Cambridge Harriers	24.15	
3	227	Dylan Purton	Medway and Maidstone AC	24.40	
4	229	Jack Saxby	Ashford AC	24.50	
5	237	Ben Nolan	Tonbridge AC	24.91	
6	206	Jason Adeogun	Bexley AC	25.03	
7	208	James Baker	Dartford Harriers AC	25.43	
	238	Joshua Oyetti	Dartford Grammar School	DNS	

800m		Heat 1			
No.	Athlete	Club	Perf		
1	269	Jamie Keir	Invicta East Kent AC	2:10.95	Q
2	271	Reef Page	Invicta East Kent AC	2:14.35	Q
3	268	Daniel Kanu	Dartford Grammar School	2:15.23	Q
4	259	Cameron Featherstone	Medway and Maidstone AC	2:15.62	q
5	257	Angus Currie	Tonbridge AC	2:17.33	q
6	267	George Hopkins	Tonbridge AC	2:18.63	
7	265	Kazimierz Gogol	Medway and Maidstone AC	2:20.49	
8	264	Theo Gaymes	Kent AC	2:28.69	
9	261	Samuel Ferreyra	Dartford Harriers AC	2:32.71	
10	274	Oscar Zurdo	Kent AC	2:42.15	

800m		Heat 2			
No.	Athlete	Club	Perf		
1	272	Matthew Smith	Blackheath & Bromley H AC	2:16.14	Q
2	262	Ethan Fiore	Cambridge Harriers	2:16.67	Q
3	260	Luke Fenton	Dartford Harriers AC	2:17.70	Q
4	245	Jonathan Idowu	Dartford Grammar School	2:18.41	
5	258	Callum Featherstone	Medway and Maidstone AC	2:24.40	
6	256	Gervace Card	Cambridge Harriers	2:27.47	
7	251	Jack Adams	Cambridge Harriers	2:36.18	
8	266	Daniel Henley	Kent AC	2:38.22	
9	255	Joe Butterfield	Tonbridge AC	2:39.25	
	254	Guy Barnett	Kent AC	DIS	

800m		Final		
No.	Athlete	Club	Perf	
1	272	Matthew Smith	Blackheath & Bromley H AC	2:07.58
2	271	Reef Page	Invicta East Kent AC	2:08.64
3	268	Daniel Kanu	Dartford Grammar School	2:09.23
4	262	Ethan Fiore	Cambridge Harriers	2:10.66
5	269	Jamie Keir	Invicta East Kent AC	2:11.81
6	260	Luke Fenton	Dartford Harriers AC	2:17.19
7	259	Cameron Featherstone	Medway and Maidstone AC	2:20.73
	257	Angus Currie	Tonbridge AC	DNS

1500m		Final		
No.	Athlete	Club	Perf	
1	269	Jamie Keir	Invicta East Kent AC	4:23.91
2	283	Thomas Hutton	Invicta East Kent AC	4:32.75
3	282	Oliver Horne	Medway Triathlon Club	4:33.00
4	267	George Hopkins	Tonbridge AC	4:35.70
5	260	Luke Fenton	Dartford Harriers AC	4:38.15
6	281	Hayden Gear	Medway and Maidstone AC	4:38.18
7	286	George Shaw	Blackheath & Bromley H AC	4:38.97
8	285	Jamie Macdonald	Tonbridge AC	4:50.15
9	279	Huxley Crush	Tonbridge AC	4:51.81
10	277	Miles Brierley	Dartford Harriers AC	4:56.80
11	256	Gervace Card	Cambridge Harriers	4:59.65
12	234	Edward Best	Dartford Harriers AC	5:01.16
13	276	Sam Breed	Tonbridge AC	5:01.30
14	261	Samuel Ferreyre	Dartford Harriers AC	5:08.96
15	275	David Barclay	Tonbridge AC	5:15.25
16	284	Sam Lloyc	Dartford Harriers AC	5:18.81

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	294	Christian Hopper	Cambridge Harriers	16:06.69
2	288	Jonathan Ellerton	Blackheath & Bromley H AC	20:38.00

Pole Vault		Final		
No.	Athlete	Club	Perf	
1	299	Benjamin Platt	Blackheath & Bromley H AC	3.40
2	238	Joshua Oyetti	Dartford Grammar School	2.90
3	261	Samuel Ferreyra	Dartford Harriers AC	1.85
	298	Alexei Baranov	Dartford Grammar School	nm

CBP

2.90 o;3.00 o;3.10 o;3.20 xo;3.30 o;3.40 xo;3.50 xxx

2.50 o;2.60 xxo;2.70 xo;2.80 o;2.90 xxo;3.00 xxx

1.70 xo;1.85 o;2.00 xxx

1.70 xxx

Shot		Final		
No.	Athlete	Club	Perf	
1	237	Ben Nolan	Tonbridge AC	12.87
2	306	Ayomide Johnson	Dartford Grammar School	12.72
3	303	Timi Babatunde	Dartford Grammar School	11.44
5	271	Reef Page	Invicta East Kent AC	10.06
6	302	Boma Appolos	Bexley AC	9.86
7	304	Kai Barham	Dartford Harriers AC	9.80
8	226	Luke Prior	Ashford AC	8.81
9	307	Dante McNichol	Tonbridge AC	8.74
10	208	James Baker	Dartford Harriers AC	8.42
12	308	Max Parsons	Central Park Athletics	5.96

11.93; 11.91; 12.43; 11.81; 12.19; 12.87

12.02; 11.93; 11.80; 11.00; 11.31; 12.72

11.34; x; 10.18; 10.36; 10.47; 11.44

8.96; 9.22; 10.06; x; 9.67; 9.81

7.64; 9.86; 9.21; 9.67; 9.49; 9.51

8.37; 9.80; 8.25; x; x; 8.76

8.56; 7.98; 7.99; 8.29; 7.34; 8.81

8.25; 8.74; 8.46

7.78; 8.42; 7.43

5.04; 5.96; x

Discus		Final		
No.	Athlete	Club	Perf	
1	237	Ben Nolan	Tonbridge AC	38.24
2	303	Timi Babatunde	Dartford Grammar School	38.00
3	618	Brydon Duncan	Blackheath & Bromley H AC	35.52
4	306	Ayomide Johnson	Dartford Grammar School	34.07
5	307	Dante McNichol	Tonbridge AC	29.14
6	241	Alex Stone	Paddock Wood AC	28.52
7	302	Boma Appolos	Bexley AC	25.94
8	312	Keenan Simmons	Folkestone Running Club	24.08
9	226	Luke Prior	Ashford AC	21.87
10	304	Kai Barham	Dartford Harriers AC	20.08
11	309	Henry Smith	Sevenoaks AC	18.01
12	310	Adam Childs	Medway and Maidstone AC	13.27

x; 35.54; 38.24; x; x; 35.80

x; 34.15; 32.29; 30.08; x; 38.00

x; 27.55; 32.04; 30.63; 35.52; 30.78

33.03; x; 34.07; 32.72; x; x

x; 25.29; 22.69; 28.46; 29.14; 23.06

x; 23.17; x; x; 28.52; 21.58

22.67; 21.09; 20.62; 25.94; 23.49; 23.65

x; 23.47; 23.56; 17.13; x; 24.08

21.74; 19.58; 21.87

20.08; x; x

x; x; 18.01

13.27; 12.69; x

Hammer		Final		
No.	Athlete	Club	Perf	
1	313	Timothy Masters	Bexley AC	41.10
2	304	Kai Barham	Dartford Harriers AC	37.71
3	306	Ayomide Johnson	Dartford Grammar School	32.11
4	307	Dante McNichol	Tonbridge AC	29.81
5	312	Keenan Simmons	Folkestone Running Club	28.90
6	235	William Davey	Tonbridge AC	13.40

x; x; 35.73; 41.10; x; x

36.25; 35.94; x; 36.52; 37.47; 37.71

29.75; 30.03; 32.11; x; x; x

25.80; 28.41; 29.81; x; x; x

26.93; 25.54; 28.90; 28.32; x; 19.86

x; 12.22; 13.40; 12.82; 12.25; 12.91

**Senior Women****100m****Final****w/s= 1.1**

No.	Athlete	Club	Perf
1	317	Doyin Aderinto	Cambridge Harriers
2	319	Jessica Murphy	Tonbridge AC
3	316	Derin Aderinto	Cambridge Harriers
4	322	Kirstie Taylor	Dartford Harriers AC
5	320	Shamariah Notice	Kent AC
6	321	Lyn Sole (W55)	Thanet AC

**400m****Final**

No.	Athlete	Club	Perf
1	329	Krystal Galley	Blackheath & Bromley H AC
2	331	Ellie White	Bexley AC
3	325	Katie Scoones	Swale Combined AC

**1500m****Final**

No.	Athlete	Club	Perf
1	334	Chloe Sharp	Central Park Athletics
2	339	Clare Elms	Dulwich Runners AC
3	340	Lucy Marlow	Cambridge Harriers

**3000m Walk****Final**

No.	Athlete	Club	Perf
1	346	Emily Ghose	Tonbridge AC
2	347	Lesley Hall	Ashford AC
3	348	Geraldine Legon	Bexley AC

**Pole Vault****Final**

No.	Athlete	Club	Perf
1	353	Grace Thomas	Dartford Harriers AC

2.50 o;2.60 xo;2.70 xo;2.80 xxo;2.90 xxx

**Shot****Final**

No.	Athlete	Club	Perf
1	354	Marianne Berndt (W40)	Bexley AC
2	356	Vanessa Hannam (W45)	Medway and Maidstone AC
3	355	Nicola Gregory	Bexley AC
4	358	Natalie Mann	Cambridge Harriers
5	359	Chloe Williams	Thanet AC
6	357	Christine Lynch (W60)	Swale Combined AC

10.20; 9.90; 10.60; 10.25; 9.83; 9.74  
 9.75; 9.86; 10.19; 10.07; 9.96; 9.98  
 7.93; 8.31; 8.38; 8.60; 8.39; 8.45  
 7.26; 7.65; 6.96; 7.30; 6.83; 7.13  
 7.20; 7.14; 6.64; 6.87; 6.90; 6.42  
 4.60; 4.61; 4.74; 4.59; 4.60; 4.41

**Discus****Final**

No.	Athlete	Club	Perf
1	356	Vanessa Hannam (W45)	Medway and Maidstone AC
2	354	Marianne Berndt (W40)	Bexley AC
3	355	Nicola Gregory	Bexley AC
4	360	Nina Ridge (W45)	Tonbridge AC
5	359	Chloe Williams	Thanet AC
6	321	Lyn Sole (W55)	Thanet AC
7	357	Christine Lynch (W60)	Swale Combined AC

34.61; 35.96; 35.67; x; 36.35; 35.44  
 x; x; 26.93; x; 30.73; 33.06  
 23.49; 27.84; 28.37; 27.85; 27.28; 28.26  
 16.65; x; x; 17.49; 22.36; 19.83  
 19.95; 20.44; 19.68; 20.60; x; 19.60  
 13.01; 12.88; 15.61; 13.90; x; 14.74  
 12.51; 12.56; 12.28; 11.74; 12.47; 11.50

**Hammer****Final**

No.	Athlete	Club	Perf
1	318	Claire Capon	Dartford Harriers AC
2	361	Jessica Blake	Medway and Maidstone AC
3	362	Bonnie Brito Costa	Cambridge Harriers
4	363	Sophie Fenner	Cambridge Harriers
5	364	Stacy Taylor (W35)	Dartford Harriers AC
6	359	Chloe Williams	Thanet AC
7	360	Nina Ridge (W45)	Tonbridge AC
8	357	Christine Lynch (W60)	Swale Combined AC
	358	Natalie Mann	Cambridge Harriers

38.31; x; x; 36.38; x; 37.43  
 36.00; 37.50; 34.68; x; 32.54; 34.42  
 33.24; x; x; 26.67; 35.03; 33.54  
 26.27; 25.94; x; 26.96; x; x  
 x; 22.35; x; 22.16; 24.53; 23.56  
 21.59; 23.06; 23.31; x; 24.37; 22.11  
 18.20; 17.96; 19.86; x; 19.23; 19.18  
 14.06; 13.73; 13.91; 13.40; 12.19; 12.50  
 x; x; x

**U20W****100m****Heat 1****w/s= 0.8**

No.	Athlete	Club	Perf
1	376	Ellie Turner	Medway and Maidstone AC
2	374	Eloise Harvey	Dartford Harriers AC
3	375	Yetunde Mongo	Ashford AC
4	371	Zara Edeleanu	Medway and Maidstone AC
5	367	Rebecca Abegunde-William	Bexley AC

Q  
 Q  
 Q  
 q  
 q

**100m****Heat 2****w/s= 1.8**

No.	Athlete	Club	Perf
1	370	Katia Cienciala	Blackheath & Bromley H AC
2	369	Tami Brown	S Factor Academy
3	368	Shiann Brock-Walters	Cambridge Harriers
4	377	Rachel Yeldham	Blackheath & Bromley H AC

Q  
 Q  
 Q



100m		Final		w/s= -0.9
No.	Athlete	Club	Perf	
1	376	Ellie Turner	Medway and Maidstone AC	12.09
2	374	Eloise Harvey	Dartford Harriers AC	12.52
3	375	Yetunde Mongo	Ashford AC	12.65
4	370	Katia Cienciala	Blackheath & Bromley H AC	12.92
5	369	Tami Brown	S Factor Academy	13.10
6	371	Zara Edeleanu	Medway and Maidstone AC	13.26
7	367	Rebecca Abegunde-William	Bexley AC	13.74
	368	Shiann Brock-Walters	Cambridge Harriers	DNS

400m		Heat 1			
No.	Athlete	Club	Perf		
1	385	Asha Root	Tonbridge AC	57.38	Q
2	379	Ornella Adjadi	S Factor Academy	60.63	Q
3	384	Lucy Hope	Medway and Maidstone AC	62.00	Q
4	388	Liberty Kerswill	Medway and Maidstone AC	65.80	q
5	378	Faye Olszowka	Bexley AC	66.17	

400m		Heat 2			
No.	Athlete	Club	Perf		
1	387	Taiwo Eyiowuawi	Bexley AC	59.75	Q
2	380	Chanelle Cole	Dartford Harriers AC	60.92	Q
3	392	Jessica O'Hara	Tonbridge AC	61.64	Q
4	391	Lucy Maunders	Medway and Maidstone AC	64.93	q
5	389	Cary Kwaramba-Downs	Dartford Harriers AC	71.93	
	390	Freya Lee	Invicta East Kent AC	DNS	

400m		Final			
No.	Athlete	Club	Perf		
1	385	Asha Root	Tonbridge AC	56.39	
2	387	Taiwo Eyiowuawi	Bexley AC	58.56	
3	380	Chanelle Cole	Dartford Harriers AC	58.60	
4	379	Ornella Adjadi	S Factor Academy	61.43	
5	384	Lucy Hope	Medway and Maidstone AC	61.67	
6	392	Jessica O'Hara	Tonbridge AC	62.52	
7	391	Lucy Maunders	Medway and Maidstone AC	68.37	
8	388	Liberty Kerswill	Medway and Maidstone AC	69.90	

1500m		Final			
No.	Athlete	Club	Perf		
1	397	Alexandra Millard	Invicta East Kent AC	4:39.85	
2	394	Lara Atkinson	Cambridge Harriers	4:49.21	
3	399	Lucy Elms	Dulwich Runners AC	4:57.83	
4	393	Imogen Amos	Invicta East Kent AC	5:00.68	
5	396	Louise Flynn	Invicta East Kent AC	5:20.30	

100m Hurdles		Final		w/s= 1.6	
No.	Athlete	Club	Perf		
1	400	Zoe Austridge	Blackheath & Bromley H AC	15.47	

3000m Walk		Final			
No.	Athlete	Club	Perf		
1	401	Jacqueline Benson	Ashford AC	16:59.25	
2	402	Beatrice Fury	Medway and Maidstone AC	17:42.14	

Pole Vault		Final			
No.	Athlete	Club	Perf		
1	416	Lois Warden	Blackheath & Bromley H AC	3.40	3.20 o;3.30 o;3.40 xo;3.50 xxx
2	415	Erin Thomas	Dartford Harriers AC	3.40	3.10 o;3.20 xo;3.30 o;3.40 xo;3.50 xxx
3	407	Holly Platt	Blackheath & Bromley H AC	2.70	2.30 xo;2.40 o;2.50 o;2.60 o;2.70 xxo;2.80 xxx

Shot		Final			
No.	Athlete	Club	Perf		
1	423	Hannah Macaulay	Blackheath & Bromley H AC	11.33	10.92; 10.32; 11.33; 10.81; 10.87; 11.24
2	421	Kirsty-Anne Ebbage	Tonbridge AC	10.45	10.45; 9.34; 9.98; 10.00; 9.67; 9.54
3	381	Faith Cox	Ashford AC	7.75	7.10; 7.36; 7.41; 7.63; 7.33; 7.75

Discus		Final			
No.	Athlete	Club	Perf		
1	423	Hannah Macaulay	Blackheath & Bromley H AC	39.46	37.80; 37.55; 35.63; 39.46; x; 35.47
2	421	Kirsty-Anne Ebbage	Tonbridge AC	35.65	34.46; 32.21; 35.65; x; x; 34.85
3	424	Grace Adeleye	Medway and Maidstone AC	27.32	23.01; 24.62; x; 24.87; 27.11; 27.32
4	425	Lexie Hammon	Swale Combined AC	15.65	15.65; x; x; x; x

Hammer		Final		
No.	Athlete	Club	Perf	
1	426	Molly Walsh	Blackheath & Bromley H AC	51.71
2	424	Grace Adeleye	Medway and Maidstone AC	40.20
3	421	Kirsty-Anne Ebbage	Tonbridge AC	38.76
4	425	Lexie Hammon	Swale Combined AC	27.18

x; 51.71; 49.30; 49.65; 51.57; 48.17  
x; 39.15; x; 40.20; 38.97; x  
34.14; 38.76; 37.25; 34.40; x; 35.01  
x; 25.40; 22.87; 25.15; 25.22; 27.18

U17W				
100m		Heat 1	w/s= 1.7	
No.	Athlete	Club	Perf	
1	445	Kaliyah Young	Dartford Harriers AC	12.16
2	441	Marian Owusuwaah	Cambridge Harriers	12.41
3	436	Tianna Haynes	Blackheath & Bromley H AC	12.59
4	431	Melody Eboh	Bexley AC	13.07
5	433	Isabella Fassnidge	Tonbridge AC	13.18
6	437	Freya Jury	Swale Combined AC	13.52
7	438	Kaliyah Lacey	Tonbridge AC	13.95

Q  
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q

100m		Heat 2	w/s= 1.2	
No.	Athlete	Club	Perf	
1	443	Zsiriah Thomas	Blackheath & Bromley H AC	12.28
2	432	Sileena Farrell	Dartford Harriers AC	12.30
3	444	Bronwyn Yeandle	Ashford AC	13.14
4	430	Imogen Davis	Ashford AC	13.29
5	434	Emily Frimpong	Bexley AC	13.40
6	429	Jessica Booth	Thanet AC	13.47
7	428	Emmanuella Adeyemi	Bexley AC	13.48
8	439	Gabrielle Oguntuga	Ashford AC	13.92

Q  
Q  
Q

100m		Final	w/s= 0.0	
No.	Athlete	Club	Perf	
1	445	Kaliyah Young	Dartford Harriers AC	12.04
2	441	Marian Owusuwaah	Cambridge Harriers	12.40
3	432	Sileena Farrell	Dartford Harriers AC	12.46
4	436	Tianna Haynes	Blackheath & Bromley H AC	12.64
5	431	Melody Eboh	Bexley AC	13.04
6	433	Isabella Fassnidge	Tonbridge AC	13.13
7	444	Bronwyn Yeandle	Ashford AC	13.18
	443	Zsiriah Thomas	Blackheath & Bromley H AC	DIS

300m		Heat 1	Perf	
No.	Athlete	Club	Perf	
1	461	Maddison Sawyer	Invicta East Kent AC	42.14
2	453	Emily Bowart	Tonbridge AC	42.63
3	459	Kelsey Pullin	Blackheath & Bromley H AC	42.91
4	458	Eliz O'Donnell	Tonbridge AC	43.31
5	452	Abigail Walters	Medway and Maidstone AC	43.72

Q  
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q  
q

300m		Heat 2	Perf	
No.	Athlete	Club	Perf	
1	457	Emily Newnham	Dartford Harriers AC	40.55
2	463	Chloe Sumner	Invicta East Kent AC	40.93
3	460	Keira Rose	Tonbridge AC	41.68
4	455	Erin Hughes	Medway and Maidstone AC	45.14
5	454	Ellie Dolby	Blackheath & Bromley H AC	45.48

Q  
Q  
Q

300m		Final	Perf	
No.	Athlete	Club	Perf	
1	457	Emily Newnham	Dartford Harriers AC	39.54
2	460	Keira Rose	Tonbridge AC	40.80
3	463	Chloe Sumner	Invicta East Kent AC	40.82
4	453	Emily Bowart	Tonbridge AC	42.23
5	461	Maddison Sawyer	Invicta East Kent AC	42.29
6	459	Kelsey Pullin	Blackheath & Bromley H AC	42.73
7	458	Eliz O'Donnell	Tonbridge AC	44.02
	452	Abigail Walters	Medway and Maidstone AC	DNS

1500m		Final	Perf	
No.	Athlete	Club	Perf	
1	473	Katie Goodge	Tonbridge AC	4:40.10
2	465	Ailbhe Barnes	Blackheath & Bromley H AC	4:50.62
3	475	Elisha Roger	Ashford AC	5:03.23
4	464	Rachel Anderson	Medway and Maidstone AC	5:28.15

80m Hurdles		Final		w/s= 1.0
No.	Athlete	Club	Perf	
1	450	Shakanya Osahon	Blackheath & Bromley H AC	11.79
2	443	Zsiriah Thomas	Blackheath & Bromley H AC	11.83
3	434	Emily Frimpong	Bexley AC	12.07
4	477	Samantha Stubbs	Tonbridge AC	12.26
5	447	Isabelle Harding	Invicta East Kent AC	12.31
6	438	Kaliyah Lacey	Tonbridge AC	12.58
7	476	Asmara Griffiths	Cambridge Harriers	13.92
	442	Sarris Teale	Ashford AC	DNS

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	480	Millie Morris	Ashford AC	17:05.69
2	481	Grace Whittingham	Ashford AC	17:31.26
3	478	Rachel Harding	Ashford AC	19:24.64

High Jump		Final		
No.	Athlete	Club	Perf	
1	484	Rebekah O'Brien	Tonbridge AC	1.65
2	477	Samantha Stubbs	Tonbridge AC	1.60
3	488	Freya Ridge	Tonbridge AC	1.50
4	447	Isabelle Harding	Invicta East Kent AC	1.45
5	431	Melody Eboh	Bexley AC	1.30

1.50 o;1.55 o;1.60 o;1.65 o;1.70 xxx  
 1.45 o;1.50 o;1.55 o;1.60 xxo;1.65 xxx  
 1.40 o;1.45 o;1.50 o;1.55 xxx  
 1.40 o;1.45 xxo;1.50 xxx  
 1.30 o;1.35 xr

Long Jump		Final		
No.	Athlete	Club	Perf	
1	430	Imogen Davis	Ashford AC	5.03
2	437	Freya Jury	Swale Combined AC	4.89
3	492	Akeiyla Robinson-Pascal	Blackheath & Bromley H AC	4.78
4	490	Annabel Duncombe	Blackheath & Bromley H AC	4.76
5	428	Emmanuella Adeyemi	Bexley AC	4.50
6	491	Chloe Morford	Dartford Harriers AC	4.43
7	466	Jildou Chappell	Invicta East Kent AC	4.19

-0.9 x; x; 4.54,-1.4; 4.73,0.0; 5.03,-0.9; x  
 -1.8 4.68,-0.5; 4.61,-1.5; 4.89,-1.8; 4.55,-0.9; 4.75,-0.2; 4.75,-1.0  
 -0.7 4.67,-1.4; x; 4.78,-0.6; 4.65,-1.9; 4.78,-0.7; 4.55,-0.6  
 -1.3 x; x; 4.60,-1.7; 4.76,-1.3; 4.71,-0.7; 4.66,-1.4  
 -0.6 4.09,-1.1; 3.52,-1.3; 3.41,-0.9; 4.01,-1.4; 3.75,0.0; 4.50,-0.6  
 -1.3 4.35,-1.1; 4.43,-1.3; x; 4.08,0.6; x; x  
 -1.6 4.19,-0.7; x; 4.08,-1.2; 4.07,-1.0; 4.19,-1.6; 4.19,-1.5

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	432	Sileena Farrell	Dartford Harriers AC	10.28

1.1 10.02,0.1; 10.12,1.2; 10.28,1.1; x; 9.97,0.9; x

Javelin		Final		
No.	Athlete	Club	Perf	
1	500	Mia Bonner	Bexley AC	31.30
2	503	Maia Hyland	Paddock Wood AC	29.02
3	466	Jildou Chappell	Invicta East Kent AC	28.77
4	504	Kiera Jones	Tonbridge AC	27.26
5	502	Ruth Chappell	Blackheath & Bromley H AC	26.70

31.30; 29.10; 30.11; 28.86; 28.86; 29.00  
 26.31; 26.27; 29.02; 26.23; 28.11; 26.08  
 24.56; 24.92; 25.04; 25.38; 25.82; 28.77  
 22.16; 27.26; 25.11; 26.45; 26.52; 26.21  
 25.80; 26.38; 22.22; 24.64; 22.48; 26.70

U15G		Heat 1		w/s= 0.0
100m				
No.	Athlete	Club	Perf	
1	517	Emily Kerr	Blackheath & Bromley H AC	13.21
2	522	Timileyin Olowofoyeku	Dartford Harriers AC	13.40
3	538	Amelia Williams	Swale Combined AC	14.01
4	526	Amelie Rabbidge	Tonbridge AC	14.02
5	535	Isobel Thorn	Tonbridge AC	14.05
6	516	Cheyenne John-Baptiste	Cambridge Harriers	14.18
7	525	Libby Pritchard	Thanet AC	14.59

Q  
Q  
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q

100m		Heat 2		w/s= 2.2
No.	Athlete	Club	Perf	
1	539	Shawanna Williams	Cambridge Harriers	12.87
2	510	Chichi Cooper	Cambridge Harriers	12.94
3	518	Sophie Kerr	Blackheath & Bromley H AC	13.04
4	527	Olivia Rabin	S Factor Academy	13.45
5	521	Amirat Mohammed-Hassan	Cambridge Harriers	13.90
6	524	Naomi Parrott	Ashford AC	14.03
7	519	Asha Lacey	Tonbridge AC	14.31

Q  
Q  
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Q  
q  
q

100m		Heat 3		w/s= 1.0
No.	Athlete	Club	Perf	
1	507	Princess Asemota	Medway and Maidstone AC	12.99
2	528	Shenae Reid	S Factor Academy	13.06
3	514	Mia Franklin	Medway and Maidstone AC	13.91
4	506	Ayomi Akande	Cambridge Harriers	14.70
5	520	Sara Mahfouz	Cambridge Harriers	14.74
6	523	Elizabeth Ositele	Paddock Wood AC	14.80
	513	Phebe Foster	Tonbridge AC	DNS

Q  
Q  
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Q

100m		Heat 4		w/s= 1.7	
No.	Athlete	Club	Perf		
1	537	Libby Turbutt	Ashford AC	13.04	Q
2	532	Lucy Tallon	Tonbridge AC	13.30	Q
3	515	Grace Jakeman	Thanet AC	13.63	Q
4	533	Caitlin Taylor	Folkestone Running Club	13.87	Q
5	508	Abigail Babalola	Cambridge Harriers	14.51	
6	513	Phebe Foster	Tonbridge AC	14.63	
7	512	Grace Dixon	Folkestone Running Club	14.66	

100m		Heat 5		w/s= 0.8	
No.	Athlete	Club	Perf		
1	536	Strel Krystal Tukala	Cambridge Harriers	13.57	Q
2	534	Scarlet Thomas-Wright	Invicta East Kent AC	13.73	Q
3	531	Chloe Salter	Dartford Harriers AC	13.98	Q
4	530	Nadia Sadler-Reeves	Ashford AC	14.34	Q
5	511	Cerys Daniels	Cambridge Harriers	14.51	
6	509	Sophia Baker	Thanet AC	15.18	

100m		S/F 1		w/s= 2.2	
No.	Athlete	Club	Perf		
1	507	Princess Asemota	Medway and Maidstone AC	12.74	Q
2	518	Sophie Kerr	Blackheath & Bromley H AC	13.14	Q
3	532	Lucy Tallon	Tonbridge AC	13.43	
4	536	Strel Krystal Tukala	Cambridge Harriers	13.91	
5	535	Isobel Thorn	Tonbridge AC	13.93	
6	531	Chloe Salter	Dartford Harriers AC	14.04	
7	533	Caitlin Taylor	Folkestone Running Club	14.10	
	506	Ayomi Akande	Cambridge Harriers	DNS	

100m		S/F 2		w/s= 2.1	
No.	Athlete	Club	Perf		
1	539	Shawanna Williams	Cambridge Harriers	12.91	Q
2	510	Chichi Cooper	Cambridge Harriers	13.15	Q
3	528	Shenae Reid	S Factor Academy	13.16	q
4	515	Grace Jakeman	Thanet AC	13.77	
5	514	Mia Franklin	Medway and Maidstone AC	13.78	
6	526	Amelie Rabbidge	Tonbridge AC	14.09	
7	516	Cheyenne John-Baptiste	Cambridge Harriers	14.10	
8	530	Nadia Sadler-Reeves	Ashford AC	14.58	

100m		S/F 3		w/s= 1.5	
No.	Athlete	Club	Perf		
1	517	Emily Kerr	Blackheath & Bromley H AC	13.05	Q
2	537	Libby Turbutt	Ashford AC	13.26	Q
3	522	Timileyin Olowofoyeku	Dartford Harriers AC	13.30	q
4	527	Olivia Rabin	S Factor Academy	13.49	
5	534	Scarlet Thomas-Wright	Invicta East Kent AC	13.62	
6	521	Amirat Mohammed-Hassan	Cambridge Harriers	13.97	
7	524	Naomi Parrott	Ashford AC	14.19	
	538	Amelia Williams	Swale Combined AC	DNS	

100m		Final		w/s= 2.2	
No.	Athlete	Club	Perf		
1	507	Princess Asemota	Medway and Maidstone AC	12.72	
2	539	Shawanna Williams	Cambridge Harriers	12.90	
3	510	Chichi Cooper	Cambridge Harriers	13.07	
4	528	Shenae Reid	S Factor Academy	13.15	
5	537	Libby Turbutt	Ashford AC	13.18	
6	518	Sophie Kerr	Blackheath & Bromley H AC	13.20	
7	522	Timileyin Olowofoyeku	Dartford Harriers AC	13.28	
8	517	Emily Kerr	Blackheath & Bromley H AC	13.30	

300m		Heat 1			
No.	Athlete	Club	Perf		
1	549	Amarisa Sibley	Blackheath & Bromley H AC	44.54	Q
2	547	Abigail O'Dwyer	Tonbridge AC	45.53	Q
3	529	Maisie Riddell	Folkestone Running Club	45.63	Q
4	559	Olivia Wauters	Blackheath & Bromley H AC	45.68	q
5	512	Grace Dixon	Folkestone Running Club	50.62	
6	552	Ciara Harrop	Medway and Maidstone AC	52.43	

300m		Heat 2			
No.	Athlete	Club	Perf		
1	554	Cameron Kelly-Gordon	Blackheath & Bromley H AC	44.03	Q
2	553	Keira Hulks	Thanet AC	46.70	Q
3	555	Sofia-Plum Maher	Blackheath & Bromley H AC	48.40	Q
4	556	Rhianna Munn	Sevenoaks AC	50.27	q
5	506	Ayomi Akande	Cambridge Harriers	50.66	
6	508	Abigail Babalola	Cambridge Harriers	51.46	

300m		Final		
No.	Athlete	Club	Perf	
1	549	Amarisa Sibley	Blackheath & Bromley H AC	42.21
2	554	Cameron Kelly-Gordon	Blackheath & Bromley H AC	42.45
3	529	Maisie Riddell	Folkestone Running Club	45.09
4	553	Keira Hulks	Thanet AC	45.54
5	547	Abigail O'Dwyer	Tonbridge AC	45.55
6	559	Olivia Wauters	Blackheath & Bromley H AC	46.38
7	555	Sofia-Plum Maher	Blackheath & Bromley H AC	48.65
8	556	Rhianna Munn	Sevenoaks AC	50.47

1500m		Final		
No.	Athlete	Club	Perf	
1	564	Hannah Clark	Blackheath & Bromley H AC	4:44.66
2	583	Amy-Jayne Goodhand	Thanet Roadrunners AC	4:45.49
3	586	Anna Palmer	Medway and Maidstone AC	4:52.27
4	588	Teigan Sullivan	Invicta East Kent AC	5:00.67
5	566	Chiani-Rae Garland	Bexley AC	5:05.23
6	575	Sophie Slack	Tonbridge AC	5:05.97
7	589	Ella Webb	Medway Phoenix	5:13.18
8	572	Abigail Royden	Medway and Maidstone AC	5:15.10
9	584	Millie Knightley	Invicta East Kent AC	5:35.70
10	585	Ella McIntyre	Tonbridge AC	5:37.60
11	587	Jessica Rayner	Paddock Wood AC	5:40.20
12	579	Amelie Willars	Blackheath & Bromley H AC	5:41.87
13	581	Tallulah Butcher	Invicta East Kent AC	5:45.61
14	571	Evie Ravenscroft	Cambridge Harriers	6:04.52
	569	Sarah Mitchell	Medway and Maidstone AC	DNS

3000m Walk		Final		
No.	Athlete	Club	Perf	
1	598	Abigail Smith	Blackheath & Bromley H AC	17:16.30
2	597	Hannah Atkinson	Cambridge Harriers	18:45.87
	599	Katie Stringer	Medway and Maidstone AC	DNF

High Jump		Final		
No.	Athlete	Club	Perf	
1	604	Kacey Walters	Cambridge Harriers	1.60
2	603	Saskia Lean	Tonbridge AC	1.55
3	600	Georgia Baker	Tonbridge AC	1.50
4	602	Rugi Fonti-Kanu	Bexley AC	1.40
5	511	Cerys Daniels	Cambridge Harriers	1.35
6	570	Faith Mpassy	Blackheath & Bromley H AC	1.35
7	601	Elena Duncombe	Blackheath & Bromley H AC	1.35

1.50 o;1.55 o;1.60 o;1.65 xxx  
1.35 o;1.40 o;1.45 o;1.50 xo;1.55 o;1.60 xxx  
1.35 o;1.40 o;1.45 xo;1.50 o;1.55 xxx  
1.35 o;1.40 xxo;1.45 xxx  
1.25 o;1.30 o;1.35 o;1.40 xxx  
1.30 xo;1.35 o;1.40 xxx  
1.30 o;1.35 xxo;1.40 xxx

Long Jump		Final		
No.	Athlete	Club	Perf	
1	604	Kacey Walters	Cambridge Harriers	4.94
2	600	Georgia Baker	Tonbridge AC	4.80
3	537	Libby Turbutt	Ashford AC	4.80
4	518	Sophie Kerr	Blackheath & Bromley H AC	4.77
5	594	Jessie Sargeant	Bexley AC	4.68
6	532	Lucy Tallon	Tonbridge AC	4.46
7	590	Emily Algeo	Blackheath & Bromley H AC	4.42
8	530	Nadia Sadler-Reeves	Ashford AC	4.40
9	539	Shawanna Williams	Cambridge Harriers	4.20
10	533	Caitlin Taylor	Folkestone Running Club	4.12
11	601	Elena Duncombe	Blackheath & Bromley H AC	4.06
12	547	Abigail O'Dwyer	Tonbridge AC	3.97
13	607	Nikol Crofts	Cambridge Harriers	3.85
14	606	Maja Crofts	Cambridge Harriers	3.83
15	535	Isobel Thorn	Tonbridge AC	3.79
16	509	Sophia Baker	Thanet AC	3.65
17	525	Libby Pritchard	Thanet AC	3.57
18	511	Cerys Daniels	Cambridge Harriers	3.56
19	508	Abigail Babalola	Cambridge Harriers	3.41
20	552	Ciara Harrop	Medway and Maidstone AC	3.16

0.4 4.94,0.4; 4.69,0.3; 4.72,0.4; 4.71,0.6; 4.71,1.8; 4.84,1.5  
0.3 4.75,0.3; 4.67,0.1; 4.56,0.6; 4.78,0.8; 4.73,0.9; 4.80,0.3  
-0.6 x; 4.80,-0.6; 4.63,0.9; 4.77,1.3; x; 3.71,1.0  
0.2 4.63,0.1; 4.70,0.3; 4.77,0.2; 4.54,1.1; 4.57,1.0; 4.67,1.4  
0.3 4.68,0.3; 4.48,0.2; 4.52,0.7; 4.35,1.2; x; 4.48,0.0  
0.3 4.46,0.3; 4.11,0.4; 4.19,0.6; 4.08,1.3; 4.29,0.8; 4.07,0.1  
0.0 4.26,0.1; 4.31,0.2; 4.35,1.2; 4.42,0.0; 4.28,0.8; x  
0.7 4.17,0.4; 4.40,0.7; 4.17,0.5; 4.10,0.2; 4.15,0.9; 4.00,1.0  
1.3 3.83,0.3; 3.92,-0.1; 4.20,1.3  
0.1 3.89,0.0; 4.12,0.1; 3.90,0.5  
0.3 4.06,0.3; 3.83,0.1; 4.05,0.9  
0.1 3.69,0.1; 3.97,0.1; 3.79,0.8  
0.5 3.69,0.1; 3.73,0.9; 3.85,0.5  
0.4 3.83,0.4; 3.79,0.0; 2.86,0.7  
0.6 3.62,0.3; 3.55,0.4; 3.79,0.6  
0.2 3.65,0.2; 3.27,0.0; 3.51,0.9  
0.0 3.34,0.0; 3.57,0.0; 3.53,0.5  
0.3 3.56,0.3; 3.44,0.4; 2.89,0.6  
0.3 3.41,0.3; 3.40,0.3; 3.35,0.5  
0.1 3.16,0.1; x; 3.09,0.3

Triple Jump		Final		
No.	Athlete	Club	Perf	
1	537	Libby Turbutt	Ashford AC	10.48
2	523	Elizabeth Ositelu	Paddock Wood AC	7.60

0.4 10.48,0.4; 10.28,0.9; 10.34,1.8; 10.24,1.3; x  
3.0 7.34,1.6; x; 7.19,2.2; 7.60,3.0; 7.51,1.5; 7.58,0.4

Javelin		Final		
No.	Athlete	Club	Perf	
1	605	Lucinda White	Tonbridge AC	38.33
2	594	Jessie Sargeant	Bexley AC	33.52
3	615	Katie Marsh	Cambridge Harriers	31.13
4	530	Nadia Sadler-Reeves	Ashford AC	24.30
5	592	Mabel Naisbitt	Thanet AC	20.78
6	616	Isobel Rayner	Paddock Wood AC	19.04
7	609	Oluwafolabomi Orisatoki	Bexley AC	18.92
8	512	Grace Dixon	Folkestone Running Club	14.04

CBP

35.63; x; 31.65; 37.97; 32.07; 38.33  
x; 30.58; 29.26; 30.05; 33.52; 31.76  
x; 30.36; 27.83; 30.68; 31.13; 30.89  
23.14; 20.80; 24.30; 20.30; 20.70; x  
17.32; 19.95; 20.78; 20.15; x; 18.50  
17.42; 17.08; 15.23; 17.56; 16.41; 19.04  
17.15; 18.92; x; 15.67; x; 18.45  
10.62; 12.46; 14.04; 13.47; x; x