

U14 & U16 timetable

Match 1 – based on 2 divisions - 8 clubs each division – 8 lane track – Currently there is no N/S but we could adjust the timetable to add N/S to the 800m and 200m – to do this would recommend 800m uses the curved line start.

10.30	75m Hurdles	U14 Girls A/B	Division 1
	75m Hurdles	U14 Girls A/B	Division 2
11:00	80m Hurdles	U14 Boys A/B	Division 1
	80m Hurdles	U14 Boys A/B	Division 2
11:20	80m Hurdles	U16 Girls A/B	Division 1
	80m Hurdles	U16 Girls A/B	Division 2
11:50	100m Hurdles	U16 Boys A/B	Division 1
	100m Hurdles	U16 Boys A/B	Division 2
12:15	800m	U14 Girls A/B	Division 1
	800m	U14 Girls A/B	Division 2
12:35	800m	U14 Boys A/B	Division 1
	800m	U14 Boys A/B	Division 2
12:55	800m	U16 Girls A/B	Division 1
	800m	U16 Girls A/B	Division 2
13:15	800m	U16 Boys A/B	Division 1
	800m	U16 Boys A/B	Division 2
13:40	300m	U16 Girls A/B	Division 1
	300m	U16 Girls A/B	Division 2
14:00	300m	U16 Boys A/B	Division 1
	300m	U16 Boys A/B	Division 2
14:30	200m	U14 Girls A/B	Division 1
	200m	U14 Girls A/B	Division 2
14:50	200m	U14 Boys A/B	Division 1
	200m	U14 Boys A/B	Division 2
15:10	200m	U16 Girls A/B	Division 1
	200m	U16 Girls A/B	Division 2
15:30	200m	U16 Boys A/B	Division 1
	200m	U16 Boys A/B	Division 2
16:00	4 x 100m	U16 Girls A string only	Division 1
	4 x 100m	U16 Girls A string only	Division 2
16:15	4 x 100m	U16 Boys A string only	Division 1
	4 x 100m	U16 Boys A string only	Division 2
16:30	4 x 100m	U14 Girls A string only	Division 1
	4 x 100m	U14 Girls A string only	Division 2
16:45	4 x 100m	U14 Boys A string only	Division 1
	4 x 100m	U14 Boys A string only	Division 2
17:00	4 x 300m	U16 Girls A string only	Division 1
	4 x 300m	U16 Girls A string only	Division 2
17:20	4 x 300m	U16 Boys A string only	Division 1
	4 x 300m	U16 Boys A string only	Division 2