

## Folkestone Leisure Centre 07/11/2010

Under 13 Boys		VJ	SP	SLJ	SBn	4 Lap	Total	Pos'n
No	Name							
253	Ben Isaac	51	7.71	2.34	75	55.0		
	Ashford AC	127	140	155	177	135	734	1
256	Alex Lynch	50	8.79	2.18	81	58.5		
	Ashford AC	125	150	139	189	115	718	2
254	George Hogben	52	5.73	2.19	71	64.3		
	Ashford AC	129	123	140	169	74	635	3
261	Kieran Hawkins	47	7.28	1.96	73	62.3		
	Invicta East Kent	119	137	117	173	88	634	4
257	Oliver Marsh	45	4.94	1.88	74	63.6		
	Ashford AC	115	105	109	175	78	582	5
258	Samuel Marsh	42	5.50	1.98	54	61.9		
	Ashford AC	109	121	119	135	91	575	6
255	Lewis Hagger	40	5.27	1.92	63	63.6		
	Ashford AC	105	118	113	153	78	567	7
262	Elliot Burt	44	5.14	1.76	65	63.8		
	Invicta East Kent	113	113	97	157	77	557	8
259	Owen Morgan	45	5.17	1.66	51	64.9		
	Ashford AC	115	114	87	129	72	517	9
260	Zakarma Shaikh	36	4.07	1.72	65	65.9		
	Ashford AC	97	66	93	157	67	480	10
263	Daniel Noelken	37	3.98	1.84	56	65.2		
	Thanet AC	99	62	105	139	70	475	11

### Team Result

Ashford AC	2654	1
Ashford AC	2154	2

### Vertical Jump 3 Best Performances

Name	Club	Perf
George Hogben	Ashford AC	52
Ben Isaac	Ashford AC	51
Alex Lynch	Ashford AC	50

### Shot Putt 3 Best Performances

Name	Club	Perf
Alex Lynch	Ashford AC	8.79
Ben Isaac	Ashford AC	7.71
Kieran Hawkins	Invicta East Kent	7.28

### Standing Long Jump 3 Best Performances

Name	Club	Perf
Ben Isaac	Ashford AC	2.34
George Hogben	Ashford AC	2.19
Alex Lynch	Ashford AC	2.18

### Speed Bounce 3 Best Performances

Name	Club	Perf
Alex Lynch	Ashford AC	81
Ben Isaac	Ashford AC	75
Oliver Marsh	Ashford AC	74

### 4 Lap 3 Best Performances

Name	Club	Perf
Ben Isaac	Ashford AC	55.0
Alex Lynch	Ashford AC	58.5
Samuel Marsh	Ashford AC	61.9

Under 13 Girls		VJ	SP	SLJ	SBn	4 Lap	Total	Pos'n
No	Name							
281	Rhiannan Wallwork	56	8.53	2.28	82	57.6		
	Invicta East Kent AC	137	160	149	191	120	757	1
288	Diana Adegoke	58	5.81	2.36	77	58.5		
	Thanet AC	141	130	157	181	115	724	2
282	Lydia Gallyer-Barnett	48	6.41	2.02	75	59.5		
	Invicta East Kent AC	121	137	123	177	110	668	3
287	Chantelle Bailey	41	5.69	2.02	81	60.5		
	Thanet AC	107	129	123	189	103	651	4
269	Charlotte Dryland	53	4.78	1.94	88	63.5		
	Ashford AC	131	119	115	203	78	646	5
267	Charlotte Tappenden	46	6.15	1.79	80	60.3		
	Ashford AC	117	134	100	187	104	642	6
290	Tamara Anderson	51	5.23	2.24	69	63.7		
	Thanet AC	127	124	145	165	78	639	7
285	Alice Fox	47	7.04	1.82	70	61.7		
	Thanet AC	119	144	103	167	93	626	8
275	Amber Gruyatt	40	5.34	1.98	75	61.3		
	Ashford AC	105	125	119	177	97	623	9
268	Ciara Ewart	47	5.94	1.80	83	65.1		
	Ashford AC	119	131	101	193	72	616	10
283	Lauren Felder	46	5.43	1.88	70	61.8		
	Invicta East Kent AC	117	126	109	167	92	611	11
270	Ememobong Umoh	57	6.24	2.00	58	65.3		
	Ashford AC	139	135	121	143	69	607	12
271	Mary Coleman	38	7.24	1.85	75	63.9		
	Ashford AC	101	146	106	177	77	607	12
278	Eleanor Potter	43	5.30	2.00	70	62.9		
	Ashford AC	111	125	121	167	83	607	12
274	Amy Omakobia	46	7.22	1.69	67	63.4		
	Ashford AC	117	146	90	161	79	593	15
273	Hannah Owen	34	5.46	1.63	79	60.9		
	Ashford AC	93	126	84	185	100	588	16
289	Jordan Stapleton	45	5.70	1.78	72	69.5		
	Thanet AC	115	129	99	171	48	562	17
284	Connie Wakesmith	39	6.05	1.76	69	67.2		
	Invicta East Kent AC	103	133	97	165	60	558	18
272	Eve Graham	39	4.73	1.65	75	65.9		
	Ashford AC	103	117	86	177	67	550	19
265	Isaiah Winder	47	4.60	1.63	61	63.0		
	Shepway 365	119	112	84	149	82	546	20
277	Anna Marie Gould	41	5.63	1.56	65	63.8		
	Ashford AC	107	128	77	157	77	546	20
291	Jess Cross	43	4.10	1.80	73	64.3		
	Paddock Wood AC	111	87	101	173	74	546	20
276	Felicity Endacott	39	6.26	1.59	65	68.6		
	Ashford AC	103	135	80	157	53	528	23
286	Amy Clayton	37	4.13	1.69	69	67.5		
	Thanet AC	99	88	90	165	58	500	24
264	Megan Twig	33	5.16	1.58	61	70.5		
	Shepway 365	91	123	79	149	43	485	25
279	Charlotte McGowan	30	3.49	1.50	75	66.1		
	Ashford AC	85	59	71	177	67	459	26
280	Aimee Donohue	29	4.71	1.36	64	70.5		
	Ashford AC	83	116	57	155	43	454	27
266	Lauren Winder	38	5.43	1.10	58	69.4		
	Shepway 365	101	126	31	143	49	450	28

**Team Result**

Thanet AC	2640	1
Invicta East Kent AC	2594	2
Ashford AC	2511	3
Ashford AC	2338	4
Ashford AC	2304	5
Shepway 365	2027	6

**Vertical Jump 3 Best Performances**

Name	Club	Perf
Diana Adegoke	Thanet AC	58
Ememobong Umoh	Ashford AC	57
Rhiannan Wallwork	Invicta East Kent AC	56

**Shot Putt 3 Best Performances**

Name	Club	Perf
Rhiannan Wallwork	Invicta East Kent AC	8.53
Mary Coleman	Ashford AC	7.24
Amy Omakobia	Ashford AC	7.22

**Standing Long Jump 3 Best Performances**

Name	Club	Perf
Diana Adegoke	Thanet AC	2.36
Rhiannan Wallwork	Invicta East Kent AC	2.28
Tamara Anderson	Thanet AC	2.24

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**Speed Bounce 3 Best Performances**

Name	Club	Perf
Charlotte Dryland	Ashford AC	88
Ciara Ewart	Ashford AC	83
Rhiannan Wallwork	Invicta East Kent AC	82

**4 Lap 3 Best Performances**

Name	Club	Perf
Rhiannan Wallwork	Invicta East Kent AC	57.6
Diana Adegoke	Thanet AC	58.5
Lydia Gallyer-Barnett	Invicta East Kent AC	59.5

Under 15 Girls		VJ	SP	SLJ	SBn	4 Lap	Total	Pos'n
No	Name							
299	Sophie Clayton	44	5.85	2.06	78	59.0		
	Thanet AC	113	124	127	183	113	660	1
296	Kate Jefferys	58	5.49	1.52	61	61.8		
	Thanet AC	141	121	73	149	92	576	2
298	Rosie Shale	44	5.23	1.58	64	63.1		
	Thanet AC	113	117	79	155	82	546	3
297	Lauren Appleby	32	4.48	1.74	55	68.7		
	Thanet AC	89	84	95	137	53	458	4

#### Team Result

Thanet AC	2640	1
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#### Vertical Jump 3 Best Performances

Name	Club	Perf
Kate Jefferys	Thanet AC	58
Rosie Shale	Thanet AC	44
Sophie Clayton	Thanet AC	44

#### Shot Putt 3 Best Performances

Name	Club	Perf
Sophie Clayton	Thanet AC	5.85
Kate Jefferys	Thanet AC	5.49
Rosie Shale	Thanet AC	5.23

#### Standing Long Jump 3 Best Performances

Name	Club	Perf
Sophie Clayton	Thanet AC	2.06
Lauren Appleby	Thanet AC	1.74
Rosie Shale	Thanet AC	1.58

#### Speed Bounce 3 Best Performances

Name	Club	Perf
Sophie Clayton	Thanet AC	78
Rosie Shale	Thanet AC	64
Kate Jefferys	Thanet AC	61

#### 4 Lap 3 Best Performances

Name	Club	Perf
Sophie Clayton	Thanet AC	59.0
Kate Jefferys	Thanet AC	61.8
Rosie Shale	Thanet AC	63.1