

TRACK and FIELD Championships 2006 Under UKA & KCAA Rules
at Julie Rose Stadium, Kennington Road, Ashford, Kent May 13th & 14th 2006

Men's Events			Women's Events		
Senior	Sat	100m, 400m, 1500m, 110mH, 400mH, 3000mS/C, L.J, P.V, S.P, D.T.	Senior	Sat	200m, 800m, 400mH, H.J, T.J, H.T, J.T
	Sun	200m, 800m, 5000m, 3000mWalk, H.J, T.J, H.T, J.T		Sun	100m, 400m, 1500m, 5000m, 3kmWalk 100mH, 2000mS/C, L.J, P.V, S.P, D.T.
Under 20	Sat	200m, 800m, 110mH, 2000msS/C H.J, P.V, T.J, S.P, J.T	Under 20	Sat	100m, 400m, 1500m, 100mH, H.J, L.J, H.T, D.T
	Sun	100m, 400m, 1500m, 400mH, 3000mWalk, L.J, H.T, D.T.		Sun	200m, 800m, 400mH, 3000mWalk T.J, P.V, S.P, J.T.
Under 17	Sat	100m, 400m, 1500m, 400mH, H.J, T.J, J.T.	Under 17	Sat	100m, 300m, 1500m, 80mH, H.J, T.J, J.T, H.T, D.T
	Sun	200m, 800m, 100mH, 1500msS/C 3000mWalk, L.J, P.V, S.P, H.T, D.T.		Sun	200m, 800m, 300mH, 3000mWalk L.J, P.V, S.P.
Under 15	Sat	100m, 400m, 1500m, H.J, L.J, S.P, D.T	Under 15	Sat	200m, 1500m, 75mH, L.J, H.T, D.T
	Sun	200m, 800m, 80mH, 3000mWalk, J.T, T.J, P.V, H.T.		Sun	100m, 800m, 3000mWalk, H.J, P.V, S.P, J.T
Veteran	Sat	2000msS/C	Veteran	Sat	
	Sun	5000m, 3000mWalk,		Sun	5000m, 3000mWalk,

Please note the 5000m races will start at 10:00 a.m.

QUALIFICATION Entry to KCAA Championships is by birth, continuous association, as per UKA rule 9, or residence. To qualify by residence you must have lived within the Kent County Boundary or relevant London Post Code Area, continuously, for at least nine months prior to the event.

NOTES Age groups as at midnight 31/08/06, except Under 20's which is midnight 31/12/06. Veterans age groups as per age on day of competition. Athletes may only compete within their own age group, except U20's who may also compete as seniors. Under 15 and Under 17 athletes will NOT be permitted to compete in more than THREE individual events on either day.

CLUB COLOURS MUST BE WORN (or clothing acceptable under UKA rule 17).

TEE SHIRTS Championship Tee Shirts will again be available this year. Sizes quoted, S, M, L, XL, XXL are based upon adult sizes. Cost £6 each.

ENTRY FEES Senior and Veteran £3 per event, all other age groups £2-50 per event.
Please make cheques & Postal Orders payable to “Kent County A.A.”

Send MALE Entries To :-

Male Entries Secretary. 209 Wincheap, Canterbury, Kent, CT1 3DP

Send FEMALE Entries To :-

Female Entries Secretary. 1 Kemsley Close, Northfleet, Kent, DA11 8PH

A stamped addressed envelope, C5, (229mm x 162mm), (9in x 6in) must be enclosed with your entry for the return of a timetable and vest number. **Entries To Be Received By April 15th 2006.**

Please do not send entries recorded delivery, proof of posting will suffice.

LATE ENTRIES WILL NOT BE ACCEPTED

Please retain this portion for your own record

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AGE GROUPS (Please tick one)

Senior Men		Under 20 Men		Under 17 Men		Under 15 Boys	
Vet' Men 40		Vet' Men 50		Vet' Men 60		Vet' Men 70	
Senior Women		Under 20 Women		Under 17 Women		Under 15 Girls	
Vet' Women 35		Vet' Women 40		Vet' Women 50		Vet' Women 60	

Please complete in BLOCK CAPITALS

FIRST NAME..... **SURNAME**.....

ADDRESS.....

TOWN..... POST CODE..... 'PHONE NO.

TOWN OF BIRTH **CLUB** **DATE OF BIRTH**.....

If a residential qualification is claimed, the following **MUST** be completed:
I have continuously resided at:-

.....

..... Post Code..... Since.....

EVENTS ENTERED

1. P.B. 2. P.B.
3. P.B. 4. P.B.
5. P.B. 6. P.B.

ENTRY FEES

Senior and Veteran £3 per event, all other age groups £2-50 per event.

Please reserve a T- Shirt for Me [] Size S [], M [], L [], XL [], XXL []
I enclose £6 with my entry fee. I will collect the shirt on the day of competition

CLUB COLOURS MUST BE WORN (OR CLOTHING ACCEPTABLE UNDER UKA RULE 17)

A stamped addressed envelope, C5, (229mm x 162mm), (9in x 6in) must be enclosed with your entry for the return of a timetable and vest number. **ENTRIES TO BE RECEIVED BY April 15th 2006.**

Please do not send entries recorded delivery, proof of posting will suffice.

I hereby declare that I am an Amateur as defined by UKA Rule 1 and eligible to compete in the above named Kent County Athletic Association Championships, and enclose the required entry fee (including cost of T-Shirt, if required) of £ **Please make cheques & Postal Orders payable to "Kent County A.A."**

Signed **Date**

LATE ENTRIES WILL NOT BE ACCEPTED