

KCAA 3Km & 10Km Championships & Open – Postal Entry Form

To be received by Monday 24th June 2019 – but please see note 3 below

To be held at Central Park Athletics Track, Via Cranford Road, Dartford DA1 1JP on the **26th June 2019**

Please complete in **BLOCK CAPITALS**.

Surname **Forenames** **Male:** **Female:**

Date of Birth **Club**

Athlete Registration No

Address

Town **Post Code**

Phone Number **Email**

Town (or District / Postcode if London) of Birth

If a residential qualification is claimed, the following MUST be completed:

I have continuously resided at

Postcode:

Since:

Event Entry: (Please indicate with "X")

Championship Entry

Open Entry(outside
Kent)

If entering as a disabled athlete please provide your IPC category:

10,000m					
Under 20 Men		Senior Men		Masters 35 Men	
Masters 40 Men		Masters 50 Men		Masters 60 Men	
Masters 70 Men					
Under 20 Women		Senior Women		Masters 35 Women	
Masters 40 Women		Masters 50 Women		Masters 60 Women	
3,000m					
Under 17 Men					
Under 17 Women		Under 20 Women		Senior Women	

I declare that I am an eligible to compete in these championships and I either enclose a cheque or have made a bank transfer for: £ 10.00

Cheques payable to Kent County Athletics Association (please do not just use KCAA)

Transfers should be to: Kent County Athletics Association Account at Barclays.

Sort Code **20-06-72** Account number: **40546445** (Please add "3K/10K & your name in reference box)

Signed

Date

2019

Please send entries to The KCAA Entry secretary, 1 Kemsley Close, Northfleet, Kent. DA11 8PH or email entry to gary@kcaa.org.uk

1. An electronic lap timing & Photofinish results system will be in use at this meeting.
2. The 3K race will start at 19.30, followed by the 10K approximately 15 minutes later.
3. To seek to ensure safety & quality competition, if entry numbers require it, athletes from non KCAA registered clubs will be accepted in date order