

KCAA 3K and 10K Championships with Open On 23rd June 2021

To be received by Sunday 20th June 2021. Form to be sent by email to capongdcl@yahoo.com

Meeting to be held at Central Park Athletics Track, via Cranford Rd, Dartford. DA1 1JP.

PLEASE COMPLETE FORM IN BLOCK CAPITALS

Surname:- _____ Forname:- _____ Gender: - Male Female

Date of Birth:- _____ Athletes Registration No:- _____

Address: - _____ Town _____

Post Code _____ Phone Number:- _____

Email Address:- _____

If a residential qualification is claimed please complete the following

I have continuously resided at _____ Post Code _____

I have lived there since:- _____

Please confirm if entering as (Tick) :- Championship entry or Open Entry (outside Kent)

Please indicate event & age category from list below: -

10,000m

Under 20 Men		Senior Men		Master 35 M		Master 40 M	
Master 50 M		Master 60 M		Master 70 M			
Under 30 Women		Senior Women		Master 35 W		Master 40 W	
Master 50 W		Master 60 W					

3,000m

Under 17 Men							
Under 17 Women		Under 20 Women		Senior Women			

I declare that I am eligible to compete in these championships and I have made a Bank Transfer for £10.00

To Kent County Athletics Association. Bank Account at Barclays

Sort Code **20-06-72** Account Number **40546445** **Please add 3K or 10K & your name in reference box.**

Signed _____ Date _____

Please email completed form to capongdcl@yahoo.com.

1. These Championships are being held under UKA Rules for Competition and all athletes must be EA registered to compete.
2. An electronic lap timing & photo finish results system will be in use at this meeting.
3. The 3K will start at 19.30 hrs followed by 10K approximately 15 minutes later.
4. To compete we want to ensure safety & quality of competition, so if entry numbers require it athletes entering outside of the County will be accepted in date order after the Kent athletes.