

**Kent County Championship Results Sunday 09/05/2010****Senior Men****200m****Heat 1****w/s+1.9**

	No.	Athlete	Club	Perf
1	13	Nick Leavey	WG & EL AC	21.8*
2	19	Lawrence Wooldridge	Kent AC	21.9*
3	4	James Bridge	Ashford AC	22.7*
4	6	Gary Carr	Ashford AC	22.8*
5	3	Duayne Bovell	Black & Brom	23.0*
6	21	Gareth Morris	Ashford AC	23.4*
7	22	Andrew Scoones	Swale Comb	25.2*

**200m****Heat 2****w/s+3.2**

	No.	Athlete	Club	Perf
1	18	Conrad Williams	Kent AC	21.4*
2	9	Darren Green	Luton AC	21.8*
3	10	Daniel Haque	Black & Brom	22.0*
4	94	Edward Harrison	Black & Brom	22.4*
5	1	Jermaine Alexander	Black & Brom	22.4*
6	90	Ben Kiely	Tonbridge AC	22.5*

**200m****Final****w/s+3.7**

	No.	Athlete	Club	Perf
1	18	Conrad Williams	Kent AC	21.28
2	9	Darren Green	Luton AC	21.61
3	19	Lawrence Wooldridge	Kent AC	21.62
4	13	Nick Leavey	WG & EL AC	21.65
5	10	Daniel Haque	Black & Brom	21.78
6	94	Edward Harrison	Black & Brom	22.40
7	1	Jermaine Alexander	Black & Brom	22.42
	4	James Bridge	Ashford AC	dns

**800m****Heat 1**

	No.	Athlete	Club	Perf
1	25	James Phillips	Ashford AC	1:58.5
2	98	Tom Heslop	Camb Uni AC	1:58.7
3	32	Tom Clench	Bexley AC	1:59.0
4	33	Tom Collins	Med & Maid	1:59.6
5	27	Daniel Bradley	Tonbridge AC	2:00.0

**800m****Heat 2**

	No.	Athlete	Club	Perf
1	29	Alex Bruce-Littlewood	Black & Brom	2:01.2
2	31	Alex Hookway	Tonbridge AC	2:02.8
3	44	Andrejs Safas	Med & Maid	2:03.5
4	28	Sam Bradley	Tonbridge AC	2:03.9
5	42	Thomas Purnell	Invicta EK	2:05.8

**800m****Final**

	No.	Athlete	Club	Perf
1	25	James Phillips	Ashford AC	1:59.22
2	44	Andrejs Safas	Med & Maid	1:59.60
3	29	Alex Bruce-Littlewood	Black & Brom	1:59.60
4	32	Tom Clench	Bexley AC	1:59.62
5	98	Tom Heslop	Camb Uni AC	2:00.33
6	27	Daniel Bradley	Tonbridge AC	2:02.45
7	33	Tom Collins	Med & Maid	2:04.78
8	31	Alex Hookway	Tonbridge AC	2:09.78

**5000m****Final**

	No.	Athlete	Club	Perf
1	5	Dean Lacy	Cambridge Harriers	15:25.37
2	4	Huw Evans	Tonbridge AC	16:09.55
3	1	Joshua Elderfield (U20M)	Medway & Maidstone	16:44.44

**3000m Steeple Chase****Final**

	No.	Athlete	Club	Perf
1	30	Josuha Elderfield	Med & Maid	11:45.75

**3000mW****Final**

	No.	Athlete	Club	Perf
1	51	Thomas Bosworth	Tonbridge AC	11:46.59
2	52	Christopher Hobbs	Medway and Maid	15:44.80
3	54	Gary Macdonald	Ashford AC	18:12.81
4	53	Stephen Holliday	Medway and Maid	19:01.46

**HIGH JUMP****Final**

	No.	Athlete	Club	Perf
1	56	Martin Lloyd	Bexley AC	2.05
2	54	Martin Brockman	Med & Maid	1.95
3	57	Paul Williams	Dartford H	1.90
4	55	Matthew Hogben	Ashford AC	1.80
5	53	John Bancroft (M45)	Bexley AC	1.45

**TRIPLE JUMP****Final**

	No.	Athlete	Club	Perf
1	69	Darren March	Med & Maid	15.19
2	12	Lawrence Harvey	Trafford AC	15.04
3	65	Matthew Morsia	Ashford AC	14.91
4	68	Jack Fox	Dartford H	13.16
5	63	Steve Lake	Med & Maid	12.92

**HAMMER****Final**

	No.	Athlete	Club	Perf
1	82	Amir Williamson	NEB	66.62
2	81	Alaistair Williamson	Met Police	58.11
3	79	Graham Holder (M35)	Shafts B Harr	53.39
4	80	Clive Thomson	Med & Maid	32.70
5	73	Christopher Kingsland	Ashford AC	29.70
6	71	David Glendower	Invicta EK	23.54

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**JAVELIN****Final**

	No.	Athlete	Club	Perf
1	83	Stuart Harvey	WG & EL AC	64.40
2	66	Craig Lacy	Cambridge H	54.94

**M40****2000m Steeple Chase****Final**

	No.	Athlete	Club	Perf
1	84	Martin Kelk	Invicta East Kent	7:18.24
2	85	Ian Mackett	Ashford AC	12:34.88

**5000m****Final**

	No.	Athlete	Club	Perf
1	8	Tim Sutton	Invicta East Kent	17:55.93

**M50****3000mW****Final**

	No.	Athlete	Club	Perf
1	52	Christopher Hobbs	Medway and Maid	15:44.80
2	54	Gary Macdonald	Ashford AC	18:12.81

**M60****3000mW****Final**

	No.	Athlete	Club	Perf
1	53	Stephen Holliday	Medway and Maid	19:01.46

**U20M****100m****Heat 1****w/s+0.9**

	No.	Athlete	Club	Perf
1	6	Kieran Daly	Black & Brom	11.42
2	16	Ellis Zorro	Black & Brom	11.59
3	9	Jack Miller	Bexley AC	11.60
4	5	Dominic Coelho	Black & Brom	11.84
5	2	Christian Brown	Ashford AC	12.42

**100m****Heat 2****w/s+1.3**

	No.	Athlete	Club	Perf
1	15	Andre Wright	Med & Maid	11.29
2	1	James Alcock	Med & Maid	11.55
3	10	Hadley Pressley	Ashford AC	11.94
4	3	Peter Bruce	Med & Maid	12.10
5	13	Sian Valand	Invicta EK	12.32

**100m****Final****w/s+2.8**

	No.	Athlete	Club	Perf
1	6	Kieran Daly	Black & Brom	11.12
2	15	Andre Wright	Med & Maid	11.13
3	9	Jack Miller	Bexley AC	11.39
4	1	James Alcock	Med & Maid	11.65
5	5	Dominic Coelho	Black & Brom	11.75
6	16	Ellis Zorro	Black & Brom	11.80
7	3	Peter Bruce	Med & Maid	12.00
8	10	Hadley Pressley	Ashford AC	12.58

**400m****Final**

	No.	Athlete	Club	Perf
1	11	Dan Putnam	Black & Brom	49.23
2	27	Omari Markland-Mongomery	Cambridge H	49.93
3	24	Chris Chancellor	Invicta EK	50.15
4	29	James Wildish	Tonbridge AC	51.68
5	25	Ashley Cochran	Ashford AC	52.82
6	23	Stephen Cavey	Black & Brom	54.48
7	28	Finlay Third	Tonbridge AC	54.88
8	22	James Peeney	Bexley AC	56.31

**1500m****Final**

	No.	Athlete	Club	Perf
1	43	Philip Sesemann	Black & Brom	4:03.72
2	35	Jason Prickett	Invicta EK	4:05.81
3	44	James Taylor	Tonbridge AC	4:10.02
4	39	Tom Cox	Tonbridge AC	4:11.96
5	42	James Pigot	Tonbridge AC	4:19.01
6	36	James Reilly	Invicta EK	4:28.42
7	37	Tommy Taylor	Bexley AC	4:35.22

**400m Hurdles****Final**

	No.	Athlete	Club	Perf
1	46	Ben Hopkins	Black & Brom	55.32
2	49	Ben Parkin	Black & Brom	55.46
3	45	Adam Chalk	Dartford H	58.40
4	48	Mark Cryer	Med & Maid	61.44
5	50	Neil Woodfine	Tonbridge AC	64.52

**2000m Steeple Chase****Final**

	No.	Athlete	Club	Perf
1	51	Josh Bentham	Tonbridge AC	6:36.68
2	52	Kieran Clark	Med & Maid	7:08.84
3	54	Samuel Risby	Bexley AC	7:29.00

**3000m Walks****Final**

	No.	Athlete	Club	Perf
1	56	Jonathan Hobbs	Ashford AC	14:26.04
2	55	Liam Baldwin	Tonbridge AC	14:37.91

**LONG JUMP****Final**

	No.	Athlete	Club	Perf
1	1	James Alcock	Med & Maid	6.26
2	62	Joshua Brown	Med & Maid	5.92
3	60	Stuart Ballard	Med & Maid	5.83
4	17	Daniel Alexander	Med & Maid	5.58

**DISCUS****Final**

	No.	Athlete	Club	Perf
1	61	Timothy Billings	Dartford H	37.77
2	47	Alexander Wharfe	Med & Maid	27.97

**HAMMER****Final**

	No.	Athlete	Club	Perf
1	66	Andrew Jordon	Black & Brom	66.34
2	65	Jake Haylock	Black & Brom	52.91

**U17M****200m****Heat 1****w/s+3.3**

	No.	Athlete	Club	Perf
1	14	Edward Hall	Tonbridge AC	23.40
2	5	Reuben Fakola	Black & Brom	23.92
3	86	Kegan Goldsack-Marsh	Invicta EK	24.08
4	11	Thomas Williams	Ashford AC	24.17
5	12	Reece Dimech	Med & Maid	24.20
	2	Joe Berth-Jones	Cambridge H	dns

**200m****Heat 2****w/s+1.6**

	No.	Athlete	Club	Perf
1	18	Jonathan Pettet	Black & Brom	23.40
2	1	Alex Bell	Dartford H	23.23
3	15	George Huxley	Ashford AC	23.68
4	6	Dan Gill	Med & Maid	23.96
5	19	Ryan Redman	Tonbridge AC	23.98
6	10	Daniel Weaver	Ashford AC	24.23
7	9	Stephen Walder	Ashford AC	25.16

**200m Final w/s+2.3**

	No.	Athlete	Club	Perf
1	18	Jonathan Pettet	Black & Brom	22.63
2	1	Alex Bell	Dartford H	23.00
3	14	Edward Hall	Tonbridge AC	23.15
4	19	Ryan Redman	Tonbridge AC	23.47
5	5	Reuben Fakola	Black & Brom	23.55
6	15	George Huxley	Ashford AC	23.93
7	86	Kegan Goldsack-Marsh	Invicta EK	24.12
	6	Dan Gill	Med & Maid	dns

**800m Heat 1**

	No.	Athlete	Club	Perf
1	49	Luca Russo	Tonbridge AC	2:05.5
2	47	Kieran Reilly	Invicta EK	2:05.5
3	38	Luke Dawson	Invicta EK	2:05.9
4	37	Chad Bryce-Borthwick	Tonbridge AC	2:07.3
5	34	George Vaughan	Med & Maid	2:08.1
6	42	Jack Keywood	Tonbridge AC	2:10.0
7	45	Alistair Noel	Invicta EK	2:12.3

**800m Heat 2**

	No.	Athlete	Club	Perf
1	48	Jake Rogers	Invicta EK	2:06.0
2	43	Alexander King	Tonbridge AC	2:06.1
3	44	Cameron Knapp	Tonbridge AC	2:07.4
4	50	Christopher Thomas	Invicta EK	2:08.1
5	21	Jacob Burton	Invicta EK	2:08.6
6	46	Gregory Proctor	Black & Brom	2:12.6
7	25	Joe Marchant	Invicta EK	2:24.4

**800m Heat 3**

	No.	Athlete	Club	Perf
1	39	Robbie Farnham-Rose	Tonbridge AC	2:02.7
2	36	Dominic Brown	Tonbridge AC	2:03.1
3	41	Samuel Hudson	Invicta EK	2:03.5
4	20	Ben Burton	Invicta EK	2:05.1
5	52	Robert Yates	Black & Brom	2:05.7
6	29	Giorgio Russo	Tonbridge AC	2:13.5
7	51	Adam Willis	Bexley AC	2:17.7

**800m Final**

	No.	Athlete	Club	Perf
1	47	Kieran Reilly	Invicta EK	1:59.55
2	43	Alexander King	Tonbridge AC	2:00.01
3	39	Robbie Farnham-Rose	Tonbridge AC	2:00.28
4	48	Jake Rogers	Invicta EK	2:01.98
5	49	Luca Russo	Tonbridge AC	2:02.25
6	36	Dominic Brown	Tonbridge AC	2:02.39
7	41	Samuel Hudson	Invicta EK	2:04.58
8	20	Ben Burton	Invicta EK	2:05.35

**100m Hurdles Final w/s+3.1**

	No.	Athlete	Club	Perf
1	82	Charlie Perry	Cambridge H	14.09
2	26	Craig Morten	Tonbridge AC	14.16
3	64	Aaron Lloyd	Black & Brom	14.67
4	35	Eri-lfe Williams	Cambridge H	15.38
5	24	Thomas Howlett	Med & Maid	16.60
6	65	James Wood	Newington AC	19.71
	11	Thomas Williams	Ashford AC	DNS

**1500m Steeple Chase****Final**

	No.	Athlete	Club	Perf
1	61	Alex Norden	Tonbridge AC	5:30.70
2	67	Andrew Watkin	Med & Maid	5:47.30

**3000mW****Final**

	No.	Athlete	Club	Perf
1	57	Ben Parsons	Tonbridge AC	16:21.52

**POLE VAULT****Final**

	No.	Athlete	Club	Perf
1	51	Adam Willis	Bexley AC	2.30
2	24	Thomas Howlett	Med & Maid	2.20

**LONG JUMP****Final**

	No.	Athlete	Club	Perf
1	75	Jordan Redjep	Med & Maid	6.35
2	70	Robert Hammond	Dartford H	6.33
3	72	James Allen	Black & Brom	6.10
4	74	Israel Kolade	Cambridge H	5.87
5	44	Cameron Knapp	Tonbridge AC	4.92
6	73	William Dickinson	Ashford AC	4.72

**SHOT****Final**

	No.	Athlete	Club	Perf
1	13	Will Grist	Tonbridge AC	14.05
2	77	Thomas Snare	Ashford AC	10.74
3	76	Blake Robinson	Ashford AC	9.43
4	65	James Wood	Newington AC	6.24

**DISCUS****Final**

	No.	Athlete	Club	Perf
1	79	Jonathan Hinton	Tonbridge AC	41.28
2	76	Blake Robinson	Ashford AC	34.24
3	77	Thomas Snare	Ashford AC	33.82

**HAMMER****Final**

	No.	Athlete	Club	Perf
1	19	Ryan Redman	Tonbridge AC	52.86
2	80	Tom Parker	Tonbridge AC	52.73
3	79	Jonathan Hinton	Tonbridge AC	41.66

**U15B****200m****Heat 1****w/s+2.2**

	No.	Athlete	Club	Perf
1	6	William Dellow	Dartford H	24.32
2	13	Tommy Ramdhan	Bexley AC	24.56
3	17	Olu' lare Erogbogbo	Med & Maid	24.61
4	14	Oliver Williams	Ashford AC	25.43
5	16	Tobi Adeniyi	Cambridge H	25.86
6	2	Joe Ambler	Ashford AC	28.59

**200m****Heat 2****w/s+2.2**

	No.	Athlete	Club	Perf
1	1	Jaffer Adams	Invicta EK	24.23
2	3	Banwo Temiddayo	Ashford AC	25.85
3	18	Callum Shaw	Ashford AC	26.28
4	4	Joe Clark	Med & Maid	26.40
5	12	Jack Parris	Cambridge H	26.53
6	15	Oliver Woodham	Med & Maid	26.78

**200m Final w/s+3.1**

	No.	Athlete	Club	Perf
1	1	Jaffer Adams	Invicta EK	23.78
2	6	William Dellow	Dartford H	24.17
3	17	Olu' lare Erogbogbo	Med & Maid	24.32
4	13	Tommy Ramdhan	Bexley AC	24.54
5	3	Banwo Temiddayo	Ashford AC	25.36
6	14	Oliver Williams	Ashford AC	25.64
7	16	Tobi Adeniyi	Cambridge H	26.43
8	18	Callum Shaw	Ashford AC	26.64

**800m Heat 1**

	No.	Athlete	Club	Perf
1	38	Sean Molloy	Tonbridge AC	2:12.20
2	30	George Duggan	Tonbridge AC	2:12.90
3	29	Corey De'Ath	Tonbridge AC	2:14.57
4	41	Jack Smith	Invicta EK	2:15.91
5	46	William Whitmore	Tonbridge AC	2:24.67
6	19	Ben Bradshaw	Tonbridge AC	2:28.90
7	37	Peter Laing	Tonbridge AC	2:31.61
8	33	Gareth Funnell	Newington AC	3:01.88

**800m Heat 2**

	No.	Athlete	Club	Perf
1	22	Luke Francis	Bexley AC	2:12.09
2	42	William Somogyi	Bexley AC	2:12.66
3	45	James West	Med & Maid	2:13.28
4	47	James Williamson	Med & Maid	2:14.70
5	96	Joseph O'Hara	Bexley AC	2:21.40
6	43	William Stockwell	Med & Maid	2:22.42
7	27	Alistair Bishop	Tonbridge AC	2:29.56

**800m Heat 3**

	No.	Athlete	Club	Perf
1	26	Stephen Ball	Cambridge H	2:10.84
2	25	Nicholas Armstrong	Bexley AC	2:14.81
3	97	Alexander Kidd	Tonbridge AC	2:18.77
4	44	Andre Stone	Bexley AC	2:20.75
5	21	Callum Burgess	Ashford AC	2:25.51
6	40	Will Roud	Tonbridge AC	2:26.03
7	34	Jack Goss	Ashford AC	2:26.46

**800m Final**

	No.	Athlete	Club	Perf
1	38	Sean Molloy	Tonbridge AC	2:01.27
2	25	Nicholas Armstrong	Bexley AC	2:07.42
3	30	George Duggan	Tonbridge AC	2:09.79
4	42	William Somogyi	Bexley AC	2:10.83
5	22	Luke Francis	Bexley AC	2:11.90
6	26	Stephen Ball	Cambridge H	2:11.98
7	45	James West	Med & Maid	2:14.11
8	29	Corey De'Ath	Tonbridge AC	2:21.39

**80m Hurdles Final w/s+2.4**

	No.	Athlete	Club	Perf
1	23	Francis Lammas	Med & Maid	12.64
2	63	Max Reeves	Ashford AC	12.83
3	14	Oliver Williams	Ashford AC	13.00
4	62	Lewis Jackson	Dartford H	13.21
5	60	Lewis Church	Tonbridge AC	13.22
6	61	Jack Huxley	Ashford AC	17.32

**3000mW****Final**

	No.	Athlete	Club	Perf
1	58	Guy Thomas	Tonbridge AC	17:23.71

**POLE VAULT****Final**

	No.	Athlete	Club	Perf
1	65	Jacob Lane	Med & Maid	2.70
2	66	Charlie Jinks	Bexley AC	2.60
3	61	Jack Huxley	Ashford AC	2.10
4	64	Harry Kendall	Tonbridge AC	1.80

**TRIPLE JUMP****Final**

	No.	Athlete	Club	Perf
1	18	Callum Shaw	Ashford AC	11.06
2	16	Tobi Adeniyi	Cambridge H	10.95
3	60	Lewis Church	Tonbridge AC	10.38
4	64	Harry Kendall	Tonbridge AC	9.54
5	65	Jacob Lane	Med & Maid	9.16
6	67	Gabriel Russell	Tonbridge AC	9.00

**HAMMER****Final**

	No.	Athlete	Club	Perf
1	74	Nial Healy	Tonbridge AC	37.06
2	68	Matthew Blandford	Tonbridge AC	31.65
3	75	Toby Redman	Tonbridge AC	24.22

**JAVELIN****Final**

	No.	Athlete	Club	Perf
1	68	Matthew Blandford	Tonbridge AC	50.36
2	16	Tobi Adeniyi	Cambridge H	37.26
3	15	Oliver Woodham	Med & Maid	37.13
4	62	Lewis Jackson	Dartford H	32.12
5	26	Stephen Ball	Cambridge H	31.40
6	74	Nial Healy	Tonbridge AC	31.10
7	71	Matthew Sommerville	Dartford H	29.77
8	64	Harry Kendall	Tonbridge AC	29.10

**Senior Women****100m****Final****w/s+1.8**

	No.	Athlete	Club	Perf
1	1	Natalie Bartley	SLH	12.11
2	2	Claire Capon	Dartford H	13.18
3	7	Michelle Sword	Dartford H	13.23
4	8	Kirstie Taylor	Dartford H	13.39
5	3	Corinna Kehaya	Cambridge H	14.49
6	5	Abi Onatade	Cambridge H	14.57

**400m****Final**

	No.	Athlete	Club	Perf
1	4	Frederica Foster	SLH	56.83
2	9	Rebecca Syrocki	Black & Brom	58.54
3	79	Tamara Ashaye	Cambridge H	58.86
4	12	Vanessa Nakangu	Black & Brom	59.99
5	11	Laura McPherson	Cambridge H	65.65



**1500m****Final**

	No.	Athlete	Club	Perf
1	15	Elaine Murty	Black & Brom	4:32.40
2	22	Bryony Proctor	Black & Brom	4:38.85
3	20	Sharon Hawkins	Invicta EK	5:11.40
4	19	Bernadette Harrop	Med and Maid	5:15.94
5	24	Ruth Ward	Dartford H	5:33.16
6	21	Fallon Lafferty	Med and Maid	5:55.66

**5000m****Final**

	No.	Athlete	Club	Perf
1	11	Isabel Dickinson (U20W)	Ashford AC	23:35.38

**100m Hurdles****Final****w/s+2.2**

	No.	Athlete	Club	Perf
1	2	Claire Capon	Dartford H	17.10

**2000m Steeple Chase****Final**

	No.	Athlete	Club	Perf
1	29	Shavaun Henry	Black & Brom	7:32.56
	30	Melody Kane	Black & Brom	dnf

**3000m Walk****Final**

	No.	Athlete	Club	Perf
1	59	Rebecca Collins (U20W)	Med and Maid	15:59.84

**POLE VAULT****Final**

	No.	Athlete	Club	Perf
1	35	Liz Hughes	Black & Brom	3.50
2	34	Rachel Arnheim	Black & Brom	3.40
3	32	Gemma Dowsett	Med and Maid	3.00
4	33	Kara Gibbs	Ashford AC	3.00
5	36	Emmeline Rendell	Invicta EK	2.80

**LONG JUMP****Final**

	No.	Athlete	Club	Perf
1	31	Imeta Barauskiene	Bexley AC	5.18
2	2	Claire Capon	Dartford H	4.80

**SHOT****Final**

	No.	Athlete	Club	Perf
1	40	Shaunagh Brown	Black & Brom	13.86
2	50	Sabine Efiannayi (U20W)	Black & Brom	13.22
3	41	Lucy Underdown	Med and Maid	11.99
4	42	Elizabeth Yarnold	Ashford AC	11.36

**DISCUS****Final**

	No.	Athlete	Club	Perf
1	40	Shaunagh Brown	Black & Brom	47.85
2	41	Lucy Underdown	Med and Maid	38.38

**W35****5000m****Final**

	No.	Athlete	Club	Perf
1	12	Candy Hawkins	Ashford AC	19:43.09

**W40****5000m****Final**

	No.	Athlete	Club	Perf
1	13	Sharon Hawkins	Invicta East Kent	19:05.29

**W50****5000m****Final**

	No.	Athlete	Club	Perf
1	15	Victoria Talbot-Rosnor	Invicta East Kent	20:36.93
2	59	Janice Moorkite	Invicta East Kent	24:50.86

**W40 3000m Walks****Final**

	No.	Athlete	Club	Perf
1	60	Diane Bradley	Tonbridge AC	15:11.24

**W50 3000m Walks****Final**

	No.	Athlete	Club	Perf
1	61	Geraldine Legon	Bexley AC	20:14.15

**U20W****200m****Final****w/s+3.4**

	No.	Athlete	Club	Perf
1	10	Yasmyn Joseph	Med and Maid	26.47
2	6	Charlotte Mackie	Med and Maid	26.72
3	11	Jodie Leslie	Dartford H	26.96
4	9	Hatshepsut James	Cambridge H	27.06
5	12	Jodie Shaw	Med and Maid	27.16
6	13	Kim Smith	Ashford AC	28.40

**800m****Final**

	No.	Athlete	Club	Perf
1	20	Grace Nicholls	Tonbridge AC	2:17.23
2	16	Caroline Ford	Cambridge H	2:20.18
3	21	Jessica Owen	Tonbridge AC	2:22.40
4	2	Samantha Beckett	Ashford AC	2:30.74
5	19	Charlotte Moore	Bexley AC	2:49.29

**400m Hurdles****Final**

	No.	Athlete	Club	Perf
1	15	Katrina Cosby	Black & Brom	62.13
2	26	Chelsea Crouser	Black & Brom	67.32
3	1	Gabriella Ade-Onogobi	Cambridge H	67.67
4	2	Samantha Beckett	Ashford AC	69.45

CBP

**3000m Walks****Final**

	No.	Athlete	Club	Perf
1	63	Emily Symons	Tonbridge AC	15:43.35
2	61	Rebecca Collins	Med and Maid	15:59.84

**POLE VAULT****Final**

	No.	Athlete	Club	Perf
1	29	Christina Moore	Black & Brom	2.80
2	28	Sadie-Jean Gibbs	Bexley AC	2.60

**TRIPLE JUMP****Final**

	No.	Athlete	Club	Perf
1	17	Rachel Hanagan	Ashford AC	11.05

**SHOT****Final**

	No.	Athlete	Club	Perf
1	30	Sabine Efiannayi	Black & Brom	12.95
2	12	Jodie Shaw	Med and Maid	9.95
3	31	Rebecca Gates	Bexley AC	6.71

**JAVELIN****Final**

	No.	Athlete	Club	Perf
1	12	Jodie Shaw	Med and Maid	31.12
2	32	Chloe Slater	Bexley AC	24.07
3	31	Rebecca Gates	Bexley AC	23.50

**U17W****200m****Heat 1****w/s+1.8**

	No.	Athlete	Club	Perf
1	15	Natalie Hickmott	Dartford H	26.25
2	16	Nicola Keegan	Med and Maid	26.97
3	7	Shanique Joseph	Bexley AC	27.01
4	2	Charlotte Colegate	Black & Brom	27.04
5	1	Laura Clark	Invicta EK	27.06
6	13	Annabel Carter	Invicta EK	27.67
7	10	Amber Mustafa	Invicta EK	28.90

**200m****Heat 2****w/s+1.9**

	No.	Athlete	Club	Perf
1	3	Rachel Dickens	Black & Brom	25.10
2	19	Melissa Owusu-Ansah	Cambridge H	26.09
3	9	Georgina Middleton	Black & Brom	26.85
4	17	Victoria Munt	Black & Brom	27.91
5	4	Caitlin Dock	Ashford AC	28.21
6	20	Kerri Willis	Med and Maid	28.35
7	5	Emily Hunt	Invicta EK	28.60
8	18	Joanna Norman	Ashford AC	30.29

**200m****Final****w/s+1.3**

	No.	Athlete	Club	Perf
1	3	Rachel Dickens	Black & Brom	24.93
2	15	Natalie Hickmott	Dartford H	25.71
3	19	Melissa Owusu-Ansah	Cambridge H	26.00
4	9	Georgina Middleton	Black & Brom	26.43
5	2	Charlotte Colegate	Black & Brom	27.00
6	1	Laura Clark	Invicta EK	27.14
7	16	Nicola Keegan	Med and Maid	27.26
8	7	Shanique Joseph	Bexley AC	27.68

**800m****Heat 1**

	No.	Athlete	Club	Perf
1	30	Lucy Hickmott	Dartford H	2:24.4
2	31	Ellen Holmes	Tonbridge AC	2:25.8
3	34	Jessica Jones	Black & Brom	2:27.1
4	33	Amelia Jones	Ashford AC	2:32.2
5	27	Beth Armstrong	Bexley AC	2:38.4
6	39	Kassia Soards	Cambridge H	2:46.8
7	32	Charlotte Hunt	Cambridge H	3:04.4

**800m****Heat 2**

	No.	Athlete	Club	Perf
1	40	Rebecca Weston	Invicta EK	2:29.6
2	28	Pandora Banbury	Tonbridge AC	2:30.3
3	35	Emily Nolan	Black & Brom	2:31.1
4	37	Amber Reed	Black & Brom	2:31.9
5	23	Grace Leggatt	Invicta EK	2:33.4
6	24	Jayne Mallyon	Tonbridge AC	2:34.8
7	38	Rebecca Reilly	Invicta EK	3:16.5

**800m****Final**

	No.	Athlete	Club	Perf
1	40	Rebecca Weston	Invicta EK	2:14.84
2	31	Ellen Holmes	Tonbridge AC	2:16.99
3	30	Lucy Hickmott	Dartford H	2:21.99
4	28	Pandora Banbury	Tonbridge AC	2:24.05
5	35	Emily Nolan	Black & Brom	2:24.46
6	34	Jessica Jones	Black & Brom	2:26.39
7	33	Amelia Jones	Ashford AC	2:30.29
8	37	Amber Reed	Black & Brom	2:34.25

**300m Hurdles****Final**

	No.	Athlete	Club	Perf
1	48	Caroline Hatley	Ashford AC	45.25
2	46	Samantha Brown	Dartford H	46.43
3	49	Rhiannon Jones	Black & Brom	46.63
4	55	Laura Hanagan	Ashford AC	47.80
5	26	Annie Waghorn	Med and Maid	48.39
6	47	Rachel Giannini	Black & Brom	57.29
7	56	Sophie King	Newington AC	65.59

**3000mW****Final**

	No.	Athlete	Club	Perf
1	65	Kate Funnell	Ashford AC	15:09.05
2	61	Catherine Cotterill	Tonbridge AC	18:56.47

**POLE VAULT****Final**

	No.	Athlete	Club	Perf
1	60	Anna Huggins	Black & Brom	2.80
2	4	Caitlin Dock	Ashford AC	2.20

**LONG JUMP****Final**

	No.	Athlete	Club	Perf
1	51	Scarlett Mann	Invicta EK	5.11
2	61	Sophie Ayre	Med and Maid	5.09
3	63	Jessica Moore	Black & Brom	4.81
4	64	Emily Stone	Tonbridge AC	4.80
5	26	Annie Waghorn	Med and Maid	4.73
6	54	Tilly Russell	Tonbridge AC	4.53
7	53	Tobi Oniyitan	Bexley AC	4.47
8	62	Lucy Holmes	Ashford AC	4.45
9	6	Lucy Jeffrey	Paddock W	4.25
10	45	Francesca Baylis	Med and Maid	4.13
11	18	Joanna Norman	Ashford AC	4.06

**SHOT****Final**

	No.	Athlete	Club	Perf
1	67	Ellie Duffy-Penny	Black & Brom	9.14
2	26	Annie Waghorn	Med and Maid	8.55
3	68	Eleanor Dumper	Black & Brom	8.41
4	50	Deborah Kabahinda	Cambridge H	7.76
5	45	Francesca Baylis	Med and Maid	7.73
6	62	Lucy Holmes	Ashford AC	7.73
7	57	Catherine Cotterill	Tonbridge AC	7.20

**U15G****100m****Heat 1****w/s+0.2**

	No.	Athlete	Club	Perf
1	2	Dina Asher-Smith	Black & Brom	12.37
2	73	Daryll Neita	Cambridge H	13.06
3	19	Sharai Williams	Black & Brom	13.28
4	7	Rose Hairs	Tonbridge AC	13.29
5	3	Lauren Bamford	Ashford AC	13.89
6	17	Elisha Walker	Dartford H	14.60
7	6	Lauren Davies	Tonbridge AC	15.00

**100m****Heat 2****w/s+2.7**

	No.	Athlete	Club	Perf
1	1	Jane Angus	Med and Maid	12.98
2	4	Simone Baxter	Tonbridge AC	13.45
3	18	Katie White	Tonbridge AC	13.48
4	9	Hester Hill	Ashford AC	13.65
5	11	Renique Joseph	Bexley AC	13.66
6	12	Rachel Laqueretabua	Paddock W	13.90
7	13	Erin Maxwell	Ashford AC	15.31

**100m****Final****w/s+3.6**

	No.	Athlete	Club	Perf
1	2	Dina Asher-Smith	Black & Brom	12.26
2	1	Jane Angus	Med and Maid	12.85
3	73	Daryll Neita	Cambridge H	12.88
4	7	Rose Hairs	Tonbridge AC	12.90
5	19	Sharai Williams	Black & Brom	13.20
6	18	Katie White	Tonbridge AC	13.43
7	4	Simone Baxter	Tonbridge AC	13.44
8	9	Hester Hill	Ashford AC	13.66

**800m****Heat 1**

	No.	Athlete	Club	Perf
1	26	Bobby Clay	Invicta EK	2:31.04
2	20	Holly Fletcher	Black & Brom	2:32.56
3	42	Ottile Swift	Tonbridge AC	2:34.28
4	41	Lucy Sidey	Black & Brom	2:37.32
5	44	Fran Taylor-Lowen	Sevenoaks AC	2:57.66
6	28	Emily Coombs	Med and Maid	3:08.98
	43	Lara-Rose Tadman	Med and Maid	disq

**800m****Heat 2**

	No.	Athlete	Club	Perf
1	37	Sophie Parkes	Cambridge H	2:28.28
2	35	Ellen Newark	Bexley AC	2:28.38
3	29	Lilly Coward	Invicta EK	2:28.56
4	33	Katie Humphrey	Tonbridge AC	2:45.68
5	38	Georgina Renny	Cambridge H	2:46.57
6	36	Amy Old	Invicta EK	2:48.58
7	30	Lucy Daniel	Cambridge H	2:51.35

**800m****Heat 3**

	No.	Athlete	Club	Perf
1	40	Saffron Salih	Dartford H	2:28.78
2	45	Alice Wood	Tonbridge AC	2:36.50
3	31	Giulia Harte	Invicta EK	2:44.85
4	39	Lucy Roud	Tonbridge AC	2:45.76
5	32	Laura Hobson	Dartford H	2:49.34
6	34	Katie Lillington	Ashford AC	3:03.45

**800m****Final**

	No.	Athlete	Club	Perf
1	37	Sophie Parkes	Cambridge H	2:23.10
2	40	Saffron Salih	Dartford H	2:24.63
3	26	Bobby Clay	Invicta EK	2:25.33
4	35	Ellen Newark	Bexley AC	2:28.34
5	20	Holly Fletcher	Black & Brom	2:29.57
6	45	Alice Wood	Tonbridge AC	2:31.23
7	29	Lilly Coward	Invicta EK	2:34.06
8	42	Ottile Swift	Tonbridge AC	2:42.46

**3000mW****Final**

	No.	Athlete	Club	Perf
1	69	Rebecca Roddy	Ashford AC	17:37.60
2	67	Katherine Buckley	Ashford AC	19:10.45
3	68	Megan Lillington	Ashford AC	20:32.37

**POLE VAULT****Final**

	No.	Athlete	Club	Perf
1	59	Ailis McGovern	Bexley AC	2.50

**HIGH JUMP****Final**

	No.	Athlete	Club	Perf
1	56	Shannon Clarke	Black & Brom	1.58
2	58	Alex Wheelwright	Black & Brom	1.50
3	9	Hester Hill	Ashford AC	1.45
4	4	Simone Baxter	Tonbridge AC	1.35
5	8	Sophie Hamlyn	Ashford AC	1.35
6	28	Emily Coombs	Med and Maid	1.15
	43	Lara-Rose Tadman	Med and Maid	DISQ

**SHOT****Final**

	No.	Athlete	Club	Perf
1	60	Anna Alvarez	Invicta EK	10.39
2	11	Renique Joseph	Bexley AC	8.57
3	62	Kirsten Hooton	Ashford AC	8.15
4	21	Elizabeth Highwood	Ashford AC	8.11
5	61	Lauren Best	Newington AC	6.28
6	17	Elisha Walker	Dartford H	6.27

**JAVELIN****Final**

	No.	Athlete	Club	Perf
1	60	Anna Alvarez	Invicta EK	29.99
2	62	Kirsten Hooton	Ashford AC	28.84
3	28	Emily Coombs	Med and Maid	12.72
	17	Elisha Walker	Dartford H	ndr