

Kent County Championship Results Saturday 08/05/2010**Senior Men****100m****Heat 1****w/s 0.0**

| No. | Athlete | Club | Perf | |
|-----|---------|---------------------|--------------|-------|
| 1 | 1 | Jermaine Alexander | Black & Brom | 11.16 |
| 2 | 19 | Lawrence Wooldridge | Kent AC | 11.20 |
| 3 | 3 | Duayne Bovell | Black & Brom | 11.28 |
| 4 | 95 | Courtney Green | Kent AC | 11.89 |
| | 16 | Addlight Magwidi | Gateshead H | dnf |

100m**Heat 2****w/s-0,4**

| No. | Athlete | Club | Perf | |
|-----|---------|------------------------|----------------|-------|
| 1 | 10 | Daniel Haque | Black & Brom | 11.01 |
| 2 | 94 | Edward Harrison | Black & Brom | 11.08 |
| 3 | 4 | James Bridge | Ashford AC | 11.23 |
| 4 | 90 | Ben Kiely | Tonbridge AC | 11.32 |
| 5 | 17 | Theo Striebig | Kent AC | 11.99 |
| 6 | 5 | Lincoln Campbell (M40) | East Grinstead | 12.09 |

100m**Heat 3****w/s-1.0**

| No. | Athlete | Club | Perf | |
|-----|---------|-----------------|--------------|-------|
| 1 | 18 | Conrad Williams | Kent AC | 10.73 |
| 2 | 9 | Darren Green | Luton AC | 10.96 |
| 3 | 6 | Gary Carr | Ashford AC | 11.33 |
| 4 | 2 | Joe Appiah | Kent AC | 11.70 |
| 5 | 7 | Chris Ford | Tonbridge AC | 11.80 |
| 6 | 14 | Alexander Lee | Dartford H | 12.02 |

100m**FINAL****w/s-0.8**

| No. | Athlete | Club | Perf | |
|-----|---------|---------------------|--------------|-------|
| 1 | 18 | Conrad Williams | Kent AC | 10.77 |
| 2 | 9 | Darren Green | Luton AC | 10.90 |
| 3 | 10 | Daniel Haque | Black & Brom | 10.97 |
| 4 | 1 | Jermaine Alexander | Black & Brom | 11.11 |
| 5 | 94 | Edward Harrison | Black & Brom | 11.16 |
| 6 | 19 | Lawrence Wooldridge | Kent AC | 11.17 |
| 7 | 4 | James Bridge | Ashford AC | 11.26 |
| 8 | 3 | Duayne Bovell | Black & Brom | 11.37 |

400m**FINAL**

| No. | Athlete | Club | Perf | |
|-----|---------|-----------------|--------------|-------|
| 1 | 9 | Darren Green | Luton AC | 50.23 |
| 2 | 26 | Steven Tester | Tonbridge AC | 50.78 |
| 3 | 20 | Emmanuel Adbayo | Unattached | 55.51 |
| 4 | 22 | Andrew Scoones | Swale Comb | 56.05 |
| | 21 | Gareth Morris | Ashford AC | dnf |
| | 18 | Conrad Williams | Kent AC | dns |

1500m**FINAL**

| No. | Athlete | Club | Perf | |
|-----|---------|-----------------------|--------------|---------|
| 1 | 36 | Steven Fennell | Tonbridge AC | 3:54.21 |
| 2 | 48 | Ben Wiffen | Tonbridge AC | 3:57.35 |
| 3 | 28 | Sam Bradley | Tonbridge AC | 3:58.03 |
| 4 | 29 | Alex Bruce-Littlewood | Black & Brom | 3:59.89 |
| 5 | 98 | Tom Heslop | Camb Uni AC | 4:02.85 |
| 6 | 44 | Andrejs Safas | Med & Maid | 4:04.82 |
| 7 | 33 | Tom Collins | Med & Maid | 4:07.95 |
| 8 | 27 | Daniel Bradley | Tonbridge AC | 4:08.65 |
| 9 | 39 | James Hogg | Med & Maid | 4:13.07 |
| 10 | 42 | Thomas Purnell | Invicta EK | 4:23.31 |
| 11 | 45 | James Wren | Invicta EK | 4:38.21 |
| | 40 | David McKinlay | Black & Brom | dnf |

110m Hurdles **FINAL** **w/s+2.2**

| No. | Athlete | Club | Perf | |
|-----|---------|-------------------|--------------|-------|
| 1 | 2 | Joe Appiah | Kent AC | 15.97 |
| 2 | 49 | Peter Davey (M35) | Ashford AC | 16.32 |
| 3 | 50 | Simon Lloyd | Black & Brom | 16.97 |

400m Hurdles **FINAL**

| No. | Athlete | Club | Perf | |
|-----|---------|---------------|------------|-------|
| 1 | 21 | Gareth Morris | Ashford AC | 56.16 |

POLE VAULT **FINAL**

| No. | Athlete | Club | Perf | |
|-----|---------|----------------------|----------------|------|
| 1 | 59 | Scott Huggins | Black & Brom | 4.90 |
| 2 | 58 | Bilen Ahmet | King & Poly AC | 3.60 |
| 3 | 60 | Nicholas Moore | Black & Brom | 3.60 |
| 4 | 62 | Luke Williams | Ashford AC | 3.30 |
| | 61 | Allan Williams (M55) | Black & Brom | nhr |

Long Jump **FINAL**

| No. | Athlete | Club | Perf | |
|-----|---------|---------------------|------------|------|
| 1 | 65 | Matthew Morsia | Ashford AC | 6.70 |
| 2 | 14 | Alexander Lee | Dartford H | 6.19 |
| 3 | 63 | Steve Lake | Med & Maid | 6.12 |
| 4 | 64 | Carlos Monticolombi | Invicta EK | 5.86 |

2.4
0.4
2.4
1.3

Shot **FINAL**

| No. | Athlete | Club | Perf | |
|-----|---------|------------------------|--------------|-------|
| 1 | 75 | Scott Rider | Birchfield H | 18.34 |
| 2 | 72 | Curtis Griffith-Parker | Cambridge H | 16.19 |
| 3 | 95 | Courtney Green | Kent AC | 12.47 |
| 4 | 74 | Robert Pilecki | Unattached | 12.20 |
| 5 | 77 | Jonathan Ward | Ashford AC | 11.64 |
| 6 | 76 | Anthony Tipping (M45) | Cambridge H | 11.45 |
| 7 | 73 | Christopher Kingsland | Ashford AC | 11.00 |
| 8 | 70 | Dave Blackwell | Dartford H | 9.97 |
| 9 | 71 | David Glendower | Invicta EK | 7.00 |

Discus **FINAL**

| No. | Athlete | Club | Perf | |
|-----|---------|------------------------|--------------|-------|
| 1 | 75 | Scott Rider | Birchfield H | 51.61 |
| 2 | 72 | Curtis Griffith-Parker | Cambridge H | 49.93 |
| 3 | 78 | Andrew Kruszewski | Cambridge H | 41.96 |
| 4 | 77 | Jonathan Ward | Ashford AC | 38.50 |
| 5 | 76 | Anthony Tipping (M45) | Cambridge H | 36.61 |
| 6 | 54 | Martin Brockman | Med & Maid | 36.58 |
| 7 | 74 | Robert Pilecki | Unattached | 30.02 |
| 8 | 73 | Christopher Kingsland | Ashford AC | 28.22 |
| 9 | 71 | David Glendower | Invicta EK | 19.01 |

U20 Men**200m** **Heat 1** **w/s+2.4**

| No. | Athlete | Club | Perf | |
|-----|---------|--------------------|--------------|-------|
| 1 | 11 | Dan Putnam | Black & Brom | 21.8* |
| 2 | 17 | Daniel Alexander | Med & Maid | 23.4* |
| 3 | 18 | Nicholas Belo | Cambridge H | 23.5* |
| 4 | 7 | Lewis Elliott | Ashford AC | 24.0* |
| 5 | 13 | Sian Valand | Invicta EK | 24.0* |
| 6 | 21 | Christopher Meakin | Ashford AC | 24.2* |
| 7 | 3 | Peter Bruce | Med & Maid | 25.1* |

200m Heat 2 w/s 0.0

| | No. | Athlete | Club | Perf |
|---|-----|-----------------|--------------|-------|
| 1 | 6 | Kieran Daly | Black & Brom | 22.8* |
| 2 | 15 | Andre Wright | Med & Maid | 22.9* |
| 3 | 19 | Tom Chambers | Ashford AC | 23.5* |
| 4 | 12 | Sufiyan Sultan | Black & Brom | 23.7* |
| 5 | 10 | Hadley Pressley | Ashford AC | 24.6* |
| 6 | 2 | Christian Brown | Ashford AC | 24.7* |
| 7 | 22 | James Peeney | Bexley AC | 25.6* |

200m FINAL w/s+2.3

| | No. | Athlete | Club | Perf |
|---|-----|------------------|--------------|-------|
| 1 | 11 | Dan Putnam | Black & Brom | 21.86 |
| 2 | 15 | Andre Wright | Med & Maid | 22.86 |
| 3 | 6 | Kieran Daly | Black & Brom | 22.99 |
| 4 | 18 | Nicholas Belo | Cambridge H | 23.45 |
| 5 | 12 | Sufiyan Sultan | Black & Brom | 23.69 |
| 6 | 17 | Daniel Alexander | Med & Maid | 24.76 |

800m FINAL

| | No. | Athlete | Club | Perf |
|---|-----|-----------------------|--------------|---------|
| 1 | 35 | Jason Prickett | Invicta EK | 1:57.10 |
| 2 | 36 | James Reilly | Invicta EK | 2:03.96 |
| 3 | 23 | Stephen Cavey | Black & Brom | 2:04.82 |
| 4 | 31 | Josuha Elderfield | Med & Maid | 2:05.07 |
| 5 | 25 | Ashley Cochran | Ashford AC | 2:09.60 |
| 6 | 30 | Christopher Blandford | Ashford AC | 2:10.22 |

110m Hurdles FINAL w/s +0.3

| | No. | Athlete | Club | Perf |
|---|-----|------------------|------------|-------|
| 1 | 45 | Adam Chalk | Dartford H | 15.16 |
| 2 | 47 | Alexander Wharfe | Med & Maid | 15.64 |

HIGH JUMP Final

| | No. | Athlete | Club | Perf |
|---|-----|-------------------|------------|------|
| 1 | 17 | Daniel Alexander | Med & Maid | 1.85 |
| 2 | 55 | Aaron Barham | Dartford H | 1.80 |
| 3 | 56 | Jamie Farrell | Bexley AC | 1.75 |
| 4 | 57 | Christopher White | Med & Maid | 1.70 |
| 5 | 48 | Mark Cryer | Med & Maid | 1.65 |

POLE VAULT Final

| | No. | Athlete | Club | Perf |
|--|-----|------------------|------------|------|
| | 47 | Alexander Wharfe | Med & Maid | nhr |

Triple Jump FINAL

| | No. | Athlete | Club | Perf |
|---|-----|----------------|------------|-------|
| 1 | 62 | Joshua Brown | Med & Maid | 13.15 |
| 2 | 60 | Stuart Ballard | Med & Maid | 11.82 |
| 3 | 63 | Ryan Harris | Ashford AC | 11.64 |

-1.4

-1.3

-1.3

Shot FINAL

| | No. | Athlete | Club | Perf |
|---|-----|------------------|------------|-------|
| 1 | 61 | Timothy Billings | Dartford H | 13.82 |
| 2 | 64 | Dean Oakes | Med & Maid | 13.54 |
| 3 | 47 | Alexander Wharfe | Med & Maid | 11.11 |
| 4 | 20 | Daniel Langridge | Invicta EK | 8.85 |

Javelin**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|-----------------------|-------------|-------|
| 1 | 67 | Craig Lacy | Cambridge H | 52.71 |
| 2 | 30 | Christopher Blandford | Ashford AC | 45.44 |
| 3 | 47 | Alexander Wharfe | Med & Maid | 38.17 |
| 4 | 48 | Mark Cryer | Med & Maid | 29.39 |

U17 Men**100m****Heat 1****w/s +1.0**

| | No. | Athlete | Club | Perf |
|---|-----|----------------|---------------------|-------|
| 1 | 1 | Alex Bell | Dartford H | 11.53 |
| 2 | 6 | Dan Gill | Med & Maid | 11.80 |
| 3 | 3 | Chris Corden | Thanet Road Runners | 11.92 |
| 4 | 9 | Stephen Walder | Ashford AC | 12.25 |

100m**Heat 2****w/s+2.3**

| | No. | Athlete | Club | Perf |
|---|-----|-----------------|--------------|-------|
| 1 | 2 | Joe Berth-Jones | Cambridge H | 11.57 |
| 2 | 5 | Reuben Fakola | Black & Brom | 11.89 |
| 3 | 8 | Shem Raveh | Judd School | 12.00 |
| 4 | 10 | Daniel Weaver | Ashford AC | 12.02 |
| 5 | 11 | Thomas Williams | Ashford AC | 12.38 |

100m**Final****w/s+2.5**

| | No. | Athlete | Club | Perf |
|---|-----|-----------------|---------------------|-------|
| 1 | 1 | Alex Bell | Dartford H | 11.47 |
| 2 | 2 | Joe Berth-Jones | Cambridge H | 11.51 |
| 3 | 6 | Dan Gill | Med & Maid | 11.70 |
| 4 | 5 | Reuben Fakola | Black & Brom | 11.73 |
| 5 | 8 | Shem Raveh | Judd School | 11.90 |
| 6 | 10 | Daniel Weaver | Ashford AC | 11.92 |
| 7 | 3 | Chris Corden | Thanet Road Runners | 11.97 |
| 8 | 9 | Stephen Walder | Ashford AC | 12.26 |

400m**Heat 1**

| | No. | Athlete | Club | Perf |
|---|-----|----------------|--------------|-------|
| 1 | 28 | Charlie Perry | Cambridge H | 52.15 |
| 2 | 26 | Craig Morten | Tonbridge AC | 52.48 |
| 3 | 33 | Alexander Tuck | Invicta EK | 53.44 |
| 4 | 20 | Ben Burton | Invicta EK | 53.56 |
| 5 | 31 | George Taylor | Dartford H | 55.31 |
| 6 | 34 | George Vaughan | Med & Maid | 57.50 |

400m**Heat 2**

| | No. | Athlete | Club | Perf |
|---|-----|----------------|--------------|-------|
| 1 | 12 | Reece Dimech | Med & Maid | 53.39 |
| 2 | 16 | Lloyd Milner | Med & Maid | 53.44 |
| 3 | 27 | Joshua Oyedele | Black & Brom | 54.25 |
| 4 | 21 | Jacob Burton | Invicta EK | 54.93 |
| 5 | 25 | Joe Marchant | Invicta EK | 60.00 |
| 6 | 23 | Joseph Gunton | Bexley AC | 63.12 |

400m**Heat 3**

| | No. | Athlete | Club | Perf |
|---|-----|-----------------|--------------|-------|
| 1 | 18 | Jonathan Pettet | Black & Brom | 54.61 |
| 2 | 22 | Sam Button | Tonbridge AC | 54.89 |
| 3 | 30 | Harry Smith | Black & Brom | 55.31 |
| 4 | 25 | Joe Marchant | Invicta EK | 57.74 |
| 5 | 24 | Thomas Howlett | Med & Maid | 58.17 |

400m**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|-----------------|--------------|-------|
| 1 | 28 | Charlie Perry | Cambridge H | 51.80 |
| 2 | 18 | Jonathan Pettet | Black & Brom | 51.84 |
| 3 | 26 | Craig Morten | Tonbridge AC | 52.55 |
| 4 | 16 | Lloyd Milner | Med & Maid | 52.66 |
| 5 | 22 | Sam Button | Tonbridge AC | 53.16 |
| 6 | 20 | Ben Burton | Invicta EK | 53.40 |
| 7 | 12 | Reece Dimech | Med & Maid | 53.51 |
| 8 | 33 | Alexander Tuck | Invicta EK | 54.32 |

1500m**Heat 1**

| | No. | Athlete | Club | Perf |
|----|-----|---------------------|--------------|---------|
| 1 | 41 | Samuel Hudson | Invicta EK | 4:23.43 |
| 2 | 39 | Robbie Farnham-Rose | Tonbridge AC | 4:24.07 |
| 3 | 48 | Jake Rogers | Invicta EK | 4:24.25 |
| 4 | 47 | Kieran Reilly | Invicta EK | 4:24.32 |
| 5 | 38 | Luke Dawson | Invicta EK | 4:24.48 |
| 6 | 46 | Gregory Proctor | Black & Brom | 4:25.23 |
| 7 | 54 | Thomas Devlin | Tonbridge AC | 4:26.66 |
| 8 | 62 | Jack Wreathall | Ashford AC | 4:33.96 |
| 9 | 59 | Joel Jennings | Med & Maid | 4:42.65 |
| 10 | 57 | Thomas Greenhill | Black & Brom | 4:55.35 |
| 11 | 63 | Thomas Wright | Bexley AC | 5:14.25 |

1500m**Heat 2**

| | No. | Athlete | Club | Perf |
|----|-----|--------------------|--------------|---------|
| 1 | 49 | Luca Russo | Tonbridge AC | 4:20.54 |
| 2 | 60 | Christopher Lloyd | Tonbridge AC | 4:20.80 |
| 3 | 56 | Adam Gilbert | Med & Maid | 4:21.15 |
| 4 | 50 | Christopher Thomas | Invicta EK | 4:21.20 |
| 5 | 53 | Jamie Bryant | Tonbridge AC | 4:21.52 |
| 6 | 42 | Jack Keywood | Tonbridge AC | 4:21.83 |
| 7 | 45 | Alistair Noel | Invicta EK | 4:30.87 |
| 8 | 55 | Lewis Elsey | Bexley AC | 4:41.34 |
| 9 | 61 | Alex Norden | Tonbridge AC | 4:41.99 |
| 10 | 58 | Sam Jackson | Black & Brom | 4:43.28 |

1500m**FINAL**

| | No. | Athlete | Club | Perf |
|----|-----|---------------------|--------------|---------|
| 1 | 39 | Robbie Farnham-Rose | Tonbridge AC | 4:10.27 |
| 2 | 47 | Kieran Reilly | Invicta EK | 4:11.25 |
| 3 | 49 | Luca Russo | Tonbridge AC | 4:13.48 |
| 4 | 48 | Jake Rogers | Invicta EK | 4:18.25 |
| 5 | 56 | Adam Gilbert | Med & Maid | 4:20.14 |
| 6 | 53 | Jamie Bryant | Tonbridge AC | 4:21.69 |
| 7 | 60 | Christopher Lloyd | Tonbridge AC | 4:22.81 |
| 8 | 41 | Samuel Hudson | Invicta EK | 4:24.29 |
| 9 | 42 | Jack Keywood | Tonbridge AC | 4:24.86 |
| 10 | 46 | Gregory Proctor | Black & Brom | 4:25.87 |
| 11 | 38 | Luke Dawson | Invicta EK | 4:28.96 |
| 12 | 54 | Thomas Devlin | Tonbridge AC | 4:31.12 |
| 13 | 50 | Christopher Thomas | Invicta EK | 4:33.08 |
| 14 | 45 | Alistair Noel | Invicta EK | 4:35.27 |

400m Hurdles**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|---------------|--------------|-------|
| 1 | 26 | Craig Morten | Tonbridge AC | 56.84 |
| 2 | 28 | Charlie Perry | Cambridge H | 58.04 |
| 3 | 15 | George Huxley | Ashford AC | 63.11 |

HIGH JUMP**Final**

| | No. | Athlete | Club | Perf |
|---|-----|----------------|--------------|------|
| 1 | 69 | David Hall | Dartford H | 1.80 |
| 2 | 24 | Thomas Howlett | Med & Maid | 1.75 |
| 3 | 68 | Daniel Adeline | Tonbridge AC | 1.75 |
| 4 | 70 | Robert Hammond | Dartford H | 1.75 |
| 5 | 71 | Ashley Helme | Ashford AC | 1.45 |

TRIPLE JUMP**Final**

| | No. | Athlete | Club | Perf |
|---|-----|-------------------|------------|-------|
| 1 | 11 | Thomas Williams | Ashford AC | 11.74 |
| 2 | 73 | William Dickinson | Ashford AC | 10.40 |

-0.1

-2.1

JAVELIN**Final**

| | No. | Athlete | Club | Perf |
|---|-----|-----------------|--------------|-------|
| 1 | 78 | Matthew Stevens | Tonbridge AC | 45.23 |
| 2 | 69 | David Hall | Dartford H | 42.09 |
| 3 | 81 | Jake Berry | Ashford AC | 37.45 |
| 4 | 23 | Joseph Gunton | Bexley AC | 33.05 |
| 5 | 24 | Thomas Howlett | Med & Maid | 28.42 |
| 6 | 22 | Sam Button | Tonbridge AC | 23.14 |

U15 Boys**100m****Heat 1****w/s+2.3**

| | No. | Athlete | Club | Perf |
|---|-----|----------------|-------------|-------|
| 1 | 1 | Jaffer Adams | Invicta EK | 11.93 |
| 2 | 13 | Tommy Ramdhan | Bexley AC | 12.11 |
| 3 | 100 | Ola Godwin | Cambridge H | 12.53 |
| 4 | 11 | Elijah Laidlaw | Cambridge H | 12.57 |
| 5 | 10 | Tom King | Med & Maid | 12.60 |
| 6 | 4 | Joe Clark | Med & Maid | 13.11 |
| 7 | 2 | Joe Ambler | Ashford AC | 13.69 |

100m**Heat 2****w/s+1.3**

| | No. | Athlete | Club | Perf |
|---|-----|---------------------|-------------|-------|
| 1 | 8 | Nathaniel Fatola | Ashford AC | 12.19 |
| 2 | 6 | William Dellow | Dartford H | 12.20 |
| 3 | 7 | Olu' lola Erogbogbo | Med & Maid | 12.43 |
| 4 | 14 | Oliver Williams | Ashford AC | 12.68 |
| 5 | 3 | Banwo Temiddayo | Ashford AC | 12.77 |
| 6 | 15 | Oliver Woodham | Med & Maid | 13.07 |
| 7 | 12 | Jack Parris | Cambridge H | 13.11 |

100m**FINAL****w/s+1.6**

| | No. | Athlete | Club | Perf |
|---|-----|---------------------|-------------|-------|
| 1 | 13 | Tommy Ramdhan | Bexley AC | 12.06 |
| 2 | 1 | Jaffer Adams | Invicta EK | 12.07 |
| 3 | 6 | William Dellow | Dartford H | 12.13 |
| 4 | 8 | Nathaniel Fatola | Ashford AC | 12.22 |
| 5 | 100 | Ola Godwin | Cambridge H | 12.49 |
| 6 | 7 | Olu' lola Erogbogbo | Med & Maid | 12.50 |
| 7 | 11 | Elijah Laidlaw | Cambridge H | 12.69 |
| 8 | 10 | Tom King | Med & Maid | 12.71 |

400m**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|---------------------|--------------|-------|
| 1 | 22 | Luke Francis | Bexley AC | 54.82 |
| 2 | 17 | Olu' lare Erogbogbo | Med & Maid | 55.72 |
| 3 | 23 | Francis Lammas | Med & Maid | 56.46 |
| 4 | 15 | Oliver Woodham | Med & Maid | 58.52 |
| 5 | 10 | Tom King | Med & Maid | 60.31 |
| 6 | 19 | Ben Bradshaw | Tonbridge AC | 63.94 |
| 7 | 21 | Callum Burgess | Ashford AC | 64.69 |
| 8 | 2 | Joe Ambler | Ashford AC | 65.91 |

1500m**Heat 1**

| | No. | Athlete | Club | Perf |
|----|-----|---------------------|--------------|---------|
| 1 | 45 | James West | Med & Maid | 4:36.65 |
| 2 | 56 | Hanro Rossouw | Tonbridge AC | 4:38.20 |
| 3 | 53 | Maximilian Nicholls | Tonbridge AC | 4:38.75 |
| 4 | 25 | Nicholas Armstrong | Bexley AC | 4:39.00 |
| 5 | 42 | William Somogyi | Bexley AC | 4:39.96 |
| 6 | 97 | Alexander Kidd | Tonbridge AC | 4:41.91 |
| 7 | 40 | Will Roud | Tonbridge AC | 4:48.10 |
| 8 | 44 | Andre Stone | Bexley AC | 4:48.33 |
| 9 | 50 | Robert Harvey | Tonbridge AC | 4:48.34 |
| 10 | 49 | William Fuller | Black & Brom | 5:04.72 |
| 11 | 54 | Declan O'Driscoll | Ashford AC | 5:10.43 |
| 12 | 55 | Alex Punnett | Black & Brom | 5:11.70 |
| 13 | 48 | Thomas Desborough | Black & Brom | 5:24.79 |

1500m**Heat 2**

| | No. | Athlete | Club | Perf |
|----|-----|-------------------|--------------|---------|
| 1 | 38 | Sean Molloy | Tonbridge AC | 4:44.56 |
| 2 | 30 | George Duggan | Tonbridge AC | 4:47.73 |
| 3 | 29 | Corey De'Ath | Tonbridge AC | 4:49.56 |
| 4 | 47 | James Williamson | Med & Maid | 4:51.83 |
| 5 | 96 | Joseph O'Hara | Bexley AC | 4:53.30 |
| 6 | 34 | Jack Goss | Ashford AC | 4:54.01 |
| 7 | 99 | Miles Weatherseed | Tonbridge AC | 4:56.26 |
| 8 | 46 | William Whitmore | Tonbridge AC | 5:02.62 |
| 9 | 51 | Louis Jennings | Med & Maid | 5:03.24 |
| 10 | 58 | William Seymour | Tonbridge AC | 5:04.86 |
| 11 | 37 | Peter Laing | Tonbridge AC | 5:12.44 |
| 12 | 57 | William Ruiz | Black & Brom | 5:16.79 |
| 13 | 52 | Ben Matthews | Dartford H | 5:22.04 |

1500m**FINAL**

| | No. | Athlete | Club | Perf |
|----|-----|---------------------|--------------|---------|
| 1 | 38 | Sean Molloy | Tonbridge AC | 4:22.27 |
| 2 | 25 | Nicholas Armstrong | Bexley AC | 4:27.90 |
| 3 | 30 | George Duggan | Tonbridge AC | 4:27.93 |
| 4 | 45 | James West | Med & Maid | 4:29.13 |
| 5 | 56 | Hanro Rossouw | Tonbridge AC | 4:34.98 |
| 6 | 42 | William Somogyi | Bexley AC | 4:36.76 |
| 7 | 29 | Corey De'Ath | Tonbridge AC | 4:39.04 |
| 8 | 97 | Alexander Kidd | Tonbridge AC | 4:46.97 |
| 9 | 44 | Andre Stone | Bexley AC | 4:49.03 |
| 10 | 47 | James Williamson | Med & Maid | 4:50.92 |
| 11 | 96 | Joseph O'Hara | Bexley AC | 4:51.92 |
| 12 | 40 | Will Roud | Tonbridge AC | 4:58.64 |
| 13 | 50 | Robert Harvey | Tonbridge AC | 5:02.33 |
| | 53 | Maximilian Nicholls | Tonbridge AC | dns |

HIGH JUMP**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|---------------------|--------------|------|
| 1 | 14 | Oliver Williams | Ashford AC | 1.53 |
| 2 | 60 | Lewis Church | Tonbridge AC | 1.50 |
| 3 | 17 | Olu' lare Erogbogbo | Med & Maid | 1.45 |
| 3 | 20 | Daniel Brothwood | Tonbridge AC | 1.45 |
| 5 | 65 | Jacob Lane | Med & Maid | 1.45 |
| 6 | 64 | Harry Kendall | Tonbridge AC | 1.45 |

LONG JUMP**FINAL**

| | No. | Athlete | Club | Perf | |
|---|-----|------------------|--------------|------|------|
| 1 | 23 | Francis Lammas | Med & Maid | 5.51 | -1.0 |
| 2 | 8 | Nathaniel Fatola | Ashford AC | 5.35 | 0.0 |
| 3 | 11 | Elijah Laidlaw | Cambridge H | 4.94 | -0.7 |
| 4 | 16 | Tobi Adeniyi | Cambridge H | 4.93 | -0.3 |
| 5 | 60 | Lewis Church | Tonbridge AC | 4.54 | -0.9 |
| 6 | 4 | Joe Clark | Med & Maid | 4.43 | -0.9 |
| 7 | 64 | Harry Kendall | Tonbridge AC | 4.36 | -0.5 |
| 8 | 37 | Peter Laing | Tonbridge AC | 3.65 | -0.9 |

SHOT**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|-------------------|--------------|-------|
| 1 | 68 | Matthew Blandford | Tonbridge AC | 13.27 |
| 2 | 69 | Daniel Hollett | Black & Brom | 11.84 |
| 3 | 70 | Joseph Millman | Dartford H | 8.21 |
| 4 | 64 | Harry Kendall | Tonbridge AC | 6.08 |

DISCUS**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|---------------------|--------------|-------|
| 1 | 68 | Matthew Blandford | Tonbridge AC | 42.52 |
| 2 | 7 | Olu' lola Erogbogbo | Med & Maid | 33.29 |
| 3 | 73 | Niyaz Chowdhury | Black & Brom | 31.92 |
| 4 | 69 | Daniel Hollett | Black & Brom | 31.48 |
| 5 | 70 | Joseph Millman | Dartford H | 20.03 |

Senior Women**200m****FINAL****w/s+1.9**

| | No. | Athlete | Club | Perf |
|---|-----|-----------------|-------------|-------|
| 1 | 1 | Natalie Bartley | SLH | 24.82 |
| 2 | 2 | Claire Capon | Dartford H | 27.12 |
| 3 | 7 | Michelle Sword | Dartford H | 27.82 |
| 4 | 3 | Corinna Kehaya | Cambridge H | 30.06 |
| 5 | 5 | Abi Onatade | Cambridge H | 31.30 |

800m**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|-----------------|--------------|---------|
| 1 | 15 | Elaine Murty | Black & Brom | 2:11.64 |
| 2 | 13 | Natalie Fullman | Med and Maid | 2:25.92 |
| 3 | 11 | Laura McPherson | Cambridge H | 2:33.55 |
| 4 | 14 | Hayley Hickmott | Dartford H | 2:38.13 |

HIGH JUMP**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|-------------------|--------------|------|
| 1 | 31 | Imeta Barauskiene | Bexley AC | 1.45 |
| 2 | 33 | Kara Gibbs | Ashford AC | 1.40 |
| 2 | 32 | Gemma Dowsett | Med and Maid | 1.40 |

TRIPLE JUMP FINAL

| | No. | Athlete | Club | Perf |
|---|-----|-------------------|--------------|-------|
| 1 | 38 | Hayley Nouch | Black & Brom | 10.79 |
| 2 | 31 | Imeta Barauskiene | Bexley AC | 10.60 |
| 3 | 39 | Amy Underdown | Med and Maid | 10.48 |

-0.1
-2.0
-1.8

HAMMER FINAL

| | No. | Athlete | Club | Perf |
|---|-----|------------------|--------------|-------|
| 1 | 40 | Shaunagh Brown | Black & Brom | 45.04 |
| 2 | 46 | Donna Kent | Bexley AC | 41.72 |
| 3 | 2 | Claire Capon | Dartford H | 34.33 |
| 4 | 45 | Sarah Etherton | Bexley AC | 30.09 |
| 5 | 44 | Elizabeth Duffin | Paddock W | 23.88 |

JAVELIN FINAL

| | No. | Athlete | Club | Perf |
|---|-----|--------------------|--------------|-------|
| 1 | 47 | Joanna Blair | Med and Maid | 44.53 |
| 2 | 48 | Christine Lawrence | Black & Brom | 41.14 |
| 3 | 42 | Elizabeth Yarnold | Ashford AC | 41.12 |
| 4 | 49 | Sarah McGuire | Black & Brom | 35.08 |
| 5 | 39 | Amy Underdown | Med and Maid | 27.70 |
| 6 | 44 | Elizabeth Duffin | Paddock W | 26.51 |

U20 Women**100m****FINAL****w/s+1.5**

| | No. | Athlete | Club | Perf |
|---|-----|-----------------------|--------------|-------|
| 1 | 4 | Frederica Foster | SLH | 12.51 |
| 2 | 1 | Gabriella Ade-Onogobi | Cambridge H | 12.77 |
| 3 | 7 | Grace Sheppard | Black & Brom | 12.83 |
| 4 | 2 | Samantha Beckett | Ashford AC | 12.94 |
| 5 | 6 | Charlotte Mackie | Med and Maid | 13.13 |
| 6 | 3 | Cherene Ellis | Med and Maid | 13.58 |

400m**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|------------------|--------------|-------|
| 1 | 4 | Frederica Foster | SLH | 56.09 |
| 2 | 15 | Katrina Cosby | Black & Brom | 57.32 |
| 3 | 17 | Rachel Hanagan | Ashford AC | 58.21 |
| 4 | 16 | Caroline Ford | Cambridge H | 60.20 |
| 5 | 10 | Yasmyn Joseph | Med and Maid | 60.28 |
| 6 | 2 | Samantha Beckett | Ashford AC | 60.88 |

1500m**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|--------------------|--------------|---------|
| 1 | 20 | Grace Nicholls | Tonbridge AC | 4:37.85 |
| 2 | 22 | Lucy Reid | Tonbridge AC | 4:59.03 |
| 3 | 24 | Catherine Symons | Tonbridge AC | 5:08.06 |
| 4 | 23 | Danielle Critchley | Black & Brom | 5:18.24 |

100m Hurdles**FINAL****w/s+0.7**

| | No. | Athlete | Club | Perf |
|---|-----|-----------------------|--------------|-------|
| 1 | 1 | Gabriella Ade-Onogobi | Cambridge H | 15.71 |
| 2 | 12 | Jodie Shaw | Med and Maid | 16.09 |

LONG JUMP**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|------------|--------------|------|
| 1 | 12 | Jodie Shaw | Med and Maid | 5.18 |

1.6

HAMMER**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|--------------|-----------|-------|
| 1 | 32 | Chloe Slater | Bexley AC | 34.08 |

U17 Women**100m****Heat 1****w/s+1.0**

| | No. | Athlete | Club | Perf |
|---|-----|---------------------|--------------|-------|
| 1 | 9 | Georgina Middleton | Black & Brom | 12.71 |
| 2 | 8 | Amara Lalemi-Jacobs | Black & Brom | 12.72 |
| 3 | 7 | Shanique Joseph | Bexley AC | 13.04 |
| 4 | 4 | Caitlin Dock | Ashford AC | 13.77 |
| 5 | 10 | Amber Mustafa | Invicta EK | 14.11 |

100m**Heat 2****w/s+2.3**

| | No. | Athlete | Club | Perf |
|---|-----|--------------------|--------------|-------|
| 1 | 3 | Rachel Dickens | Black & Brom | 12.40 |
| 2 | 11 | Ruth Onyekwe | Cambridge H | 12.61 |
| 3 | 2 | Charlotte Colegate | Black & Brom | 13.23 |
| 4 | 6 | Lucy Jeffrey | Paddock W | 14.07 |
| 5 | 5 | Emily Hunt | Invicta EK | 14.24 |

100m**FINAL****w/s+1.5**

| | No. | Athlete | Club | Perf |
|---|-----|---------------------|--------------|-------|
| 1 | 3 | Rachel Dickens | Black & Brom | 12.39 |
| 2 | 11 | Ruth Onyekwe | Cambridge H | 12.59 |
| 3 | 9 | Georgina Middleton | Black & Brom | 12.67 |
| 4 | 8 | Amara Lalemi-Jacobs | Black & Brom | 12.70 |
| 5 | 7 | Shanique Joseph | Bexley AC | 13.14 |
| 6 | 2 | Charlotte Colegate | Black & Brom | 13.36 |
| 7 | 4 | Caitlin Dock | Ashford AC | 13.59 |
| 8 | 6 | Lucy Jeffrey | Paddock W | 14.03 |

300m**Heat 1**

| | No. | Athlete | Club | Perf |
|---|-----|------------------|--------------|-------|
| 1 | 15 | Natalie Hickmott | Dartford H | 41.76 |
| 2 | 14 | Megan Eeles | Invicta EK | 43.47 |
| 3 | 21 | Megan Angus | Med and Maid | 44.25 |
| 4 | 22 | Maisie Farndon | Tonbridge AC | 45.78 |
| 5 | 6 | Lucy Jeffrey | Paddock W | 46.41 |
| 6 | 23 | Grace Leggatt | Invicta EK | 47.08 |
| | 5 | Emily Hunt | Invicta EK | disq |

300m**Heat 2**

| | No. | Athlete | Club | Perf |
|---|-----|----------------|--------------|-------|
| 1 | 26 | Annie Waghorn | Med and Maid | 42.33 |
| 2 | 13 | Annabel Carter | Invicta EK | 42.96 |
| 3 | 1 | Laura Clark | Invicta EK | 42.21 |
| 4 | 16 | Nicola Keegan | Med and Maid | 43.60 |
| 5 | 20 | Kerri Willis | Med and Maid | 45.35 |
| 6 | 24 | Jayne Mallyon | Tonbridge AC | 47.67 |

300m**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|------------------|--------------|-------|
| 1 | 15 | Natalie Hickmott | Dartford H | 40.36 |
| 2 | 26 | Annie Waghorn | Med and Maid | 42.16 |
| 3 | 13 | Annabel Carter | Invicta EK | 42.93 |
| 4 | 14 | Megan Eeles | Invicta EK | 43.42 |
| 5 | 16 | Nicola Keegan | Med and Maid | 43.55 |
| 6 | 1 | Laura Clark | Invicta EK | 43.97 |
| 7 | 21 | Megan Angus | Med and Maid | 44.71 |
| 8 | 20 | Kerri Willis | Med and Maid | 45.62 |

1500m**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|-----------------|--------------|---------|
| 1 | 40 | Rebecca Weston | Invicta EK | 4:46.44 |
| 2 | 28 | Pandora Banbury | Tonbridge AC | 4:52.98 |
| 3 | 33 | Amelia Jones | Ashford AC | 5:02.52 |
| 4 | 44 | Cerys Sanders | Med and Maid | 5:05.75 |
| 5 | 27 | Beth Armstrong | Bexley AC | 5:09.36 |
| 6 | 37 | Amber Reed | Black & Brom | 5:10.87 |
| 7 | 29 | Bethany Burnett | Invicta EK | 5:40.33 |
| 8 | 43 | Louise Blair | Med and Maid | 6:02.58 |
| 9 | 38 | Rebecca Reilly | Invicta EK | 6:44.44 |

80m Hurdles**FINAL****w/s+0.1**

| | No. | Athlete | Club | Perf |
|---|-----|------------------|--------------|-------|
| 1 | 46 | Samantha Brown | Dartford H | 11.98 |
| 2 | 49 | Rhiannon Jones | Black & Brom | 12.04 |
| 3 | 48 | Caroline Hatley | Ashford AC | 12.64 |
| 4 | 51 | Scarlett Mann | Invicta EK | 12.70 |
| 5 | 53 | Tobi Oniyitan | Bexley AC | 12.91 |
| 6 | 52 | Leanne O'Donovan | Cambridge H | 13.44 |
| 7 | 45 | Francesca Baylis | Med and Maid | 13.86 |
| 8 | 47 | Rachel Giannini | Black & Brom | 15.00 |

HIGH JUMP**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|------------------|--------------|------|
| 1 | 59 | Deborah Martin | Ashford AC | 1.60 |
| 2 | 48 | Caroline Hatley | Ashford AC | 1.50 |
| 3 | 58 | Christine Lyston | Black & Brom | 1.50 |
| 4 | 45 | Francesca Baylis | Med and Maid | 1.45 |
| 5 | 30 | Lucy Hickmott | Dartford H | 1.40 |
| 6 | 51 | Scarlett Mann | Invicta EK | 1.40 |

TRIPLE JUMP**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|----------------|--------------|-------|
| 1 | 65 | Lauren Stevens | Black & Brom | 10.55 |
| 2 | 55 | Laura Hanagan | Ashford AC | 10.36 |
| 3 | 51 | Scarlett Mann | Invicta EK | 10.34 |
| | 18 | Joanna Norman | Ashford AC | ndr |

-2.0

-0.9

-1.1

DISCUS**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|---------------------|--------------|-------|
| 1 | 67 | Ellie Duffy-Penny | Black & Brom | 30.18 |
| 2 | 69 | Grace Potthurst | Dartford H | 27.49 |
| 3 | 45 | Francesca Baylis | Med and Maid | 27.25 |
| 4 | 68 | Eleanor Dumper | Black & Brom | 25.50 |
| 5 | 57 | Catherine Cotterill | Tonbridge AC | 23.87 |
| 6 | 70 | Laura Webzell | Dartford H | 15.16 |

HAMMER**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|---------------------|--------------|-------|
| 1 | 71 | Hannah Searing | Dartford H | 23.57 |
| 2 | 57 | Catherine Cotterill | Tonbridge AC | 12.29 |

JAVELIN**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|-------------------|-------------|-------|
| 1 | 50 | Deborah Kabahinda | Cambridge H | 28.93 |
| 2 | 52 | Leanne O'Donovan | Cambridge H | 24.46 |
| 3 | 62 | Lucy Holmes | Ashford AC | 23.60 |
| 4 | 70 | Laura Webzell | Dartford H | 14.64 |

U15 Girls**200m****Heat 1****w/s+0.8**

| | No. | Athlete | Club | Perf |
|---|-----|--------------------|--------------|-------|
| 1 | 2 | Dina Asher-Smith | Black & Brom | 25.30 |
| 2 | 1 | Jane Angus | Med and Maid | 26.67 |
| 3 | 18 | Katie White | Tonbridge AC | 27.98 |
| 4 | 25 | Joanne Ware | Med and Maid | 28.06 |
| 5 | 22 | Vivien Olatunji | Black & Brom | 28.71 |
| 6 | 21 | Elizabeth Highwood | Ashford AC | 29.72 |
| 7 | 17 | Elisha Walker | Dartford H | 30.81 |

200m**Heat 2****w/s+0.6**

| | No. | Athlete | Club | Perf |
|---|-----|------------------|--------------|-------|
| 1 | 7 | Rose Hairs | Tonbridge AC | 27.04 |
| 2 | 15 | Abigail Purkis | Ashford AC | 27.93 |
| 3 | 9 | Hester Hill | Ashford AC | 28.23 |
| 4 | 20 | Holly Fletcher | Black & Brom | 28.36 |
| 5 | 11 | Renique Joseph | Bexley AC | 28.97 |
| 6 | 23 | Lauren Smith | Med and Maid | 29.02 |
| 7 | 24 | Louise Springham | Tonbridge AC | 29.17 |

200m**FINAL****w/s+1.8**

| | No. | Athlete | Club | Perf |
|---|-----|------------------|--------------|-------|
| 1 | 2 | Dina Asher-Smith | Black & Brom | 25.00 |
| 2 | 7 | Rose Hairs | Tonbridge AC | 26.59 |
| 3 | 1 | Jane Angus | Med and Maid | 26.68 |
| 4 | 18 | Katie White | Tonbridge AC | 27.79 |
| 5 | 15 | Abigail Purkis | Ashford AC | 28.25 |
| 6 | 20 | Holly Fletcher | Black & Brom | 28.30 |
| 7 | 9 | Hester Hill | Ashford AC | 28.68 |
| | 25 | Joanne Ware | Med and Maid | dns |

1500m**FINAL**

| | No. | Athlete | Club | Perf |
|----|-----|-------------------|--------------|---------|
| 1 | 37 | Sophie Parkes | Cambridge H | 4:55.63 |
| 2 | 40 | Saffron Salih | Dartford H | 4:57.55 |
| 3 | 48 | Grace De Rome | Cambridge H | 5:04.04 |
| 4 | 45 | Alice Wood | Tonbridge AC | 5:05.95 |
| 5 | 35 | Ellen Newark | Bexley AC | 5:11.16 |
| 6 | 29 | Lilly Coward | Invicta EK | 5:12.41 |
| 7 | 51 | Samantha Leighton | Black & Brom | 5:24.50 |
| 8 | 41 | Lucy Sidey | Black & Brom | 5:29.33 |
| 9 | 36 | Amy Old | Invicta EK | 5:41.78 |
| 10 | 39 | Lucy Roud | Tonbridge AC | 5:43.68 |
| 11 | 50 | Izzy Jackson | Black & Brom | 5:44.61 |

75m Hurdles**Heat 1****w/s +1.0**

| | No. | Athlete | Club | Perf |
|---|-----|------------------|--------------|-------|
| 1 | 24 | Louise Springham | Tonbridge AC | 12.88 |
| 2 | 10 | Aine Hurlock | Black & Brom | 13.05 |
| 3 | 1 | Jane Angus | Med and Maid | 13.06 |
| 4 | 25 | Joanne Ware | Med and Maid | 13.53 |
| 5 | 43 | Lara-Rose Tadman | Med and Maid | 14.05 |
| | 52 | Kate Arnold | Unattached | dns |

75m Hurdles**Heat 2****w/s+1.1**

| | No. | Athlete | Club | Perf |
|---|-----|------------------------|--------------|-------|
| 1 | 54 | Kayleigh Miller-Leslie | Ashford AC | 12.43 |
| 2 | 3 | Lauren Bamford | Ashford AC | 13.38 |
| 3 | 6 | Lauren Davies | Tonbridge AC | 14.32 |
| 4 | 53 | Ella Farndon | Tonbridge AC | 15.85 |
| 5 | 30 | Lucy Daniel | Cambridge H | 16.51 |
| 6 | 28 | Emily Coombs | Med and Maid | 18.37 |

75m Hurdles**FINAL****w/s+4.8**

| | No. | Athlete | Club | Perf |
|---|-----|------------------------|--------------|-------|
| 1 | 54 | Kayleigh Miller-Leslie | Ashford AC | 12.11 |
| 2 | 24 | Louise Springham | Tonbridge AC | 12.62 |
| 3 | 10 | Aine Hurlock | Black & Brom | 12.94 |
| 4 | 3 | Lauren Bamford | Ashford AC | 13.08 |
| 5 | 1 | Jane Angus | Med and Maid | 13.28 |
| 6 | 6 | Lauren Davies | Tonbridge AC | 14.37 |
| | 43 | Lara-Rose Tadman | Med and Maid | dns |
| | 25 | Joanne Ware | Med and Maid | dns |

LONG JUMP**FINAL**

| | No. | Athlete | Club | Perf |
|----|-----|--------------------|--------------|------|
| 1 | 8 | Sophie Hamlyn | Ashford AC | 4.44 |
| 2 | 43 | Lara-Rose Tadman | Med and Maid | 4.41 |
| 3 | 57 | Shannon Cordell | Black & Brom | 4.37 |
| 4 | 24 | Louise Springham | Tonbridge AC | 4.34 |
| 5 | 12 | Rachel Lageretabua | Paddock W | 4.26 |
| 6 | 25 | Joanne Ware | Med and Maid | 4.21 |
| 7 | 23 | Lauren Smith | Med and Maid | 4.11 |
| 8 | 16 | Ella Walden | Dartford H | 4.02 |
| 9 | 10 | Aine Hurlock | Black & Brom | 3.82 |
| 10 | 28 | Emily Coombs | Med and Maid | 3.75 |
| 11 | 52 | Kate Arnold | Unattached | 3.60 |
| 12 | 17 | Elisha Walker | Dartford H | 3.45 |
| 13 | 13 | Erin Maxwell | Ashford AC | 3.33 |

DISCUS**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|------------------|--------------|-------|
| 1 | 65 | Nicola Gregory | Bexley AC | 31.90 |
| 2 | 63 | Yemisi Sofolarin | Black & Brom | 30.14 |
| 3 | 64 | Gemma Brown | Dartford H | 28.58 |
| 4 | 60 | Anna Alvarez | Invicta EK | 23.88 |
| 5 | 62 | Kirsten Hooton | Ashford AC | 21.97 |
| 6 | 53 | Ella Farndon | Tonbridge AC | 19.16 |
| 7 | 30 | Lucy Daniel | Cambridge H | 14.49 |
| 8 | 13 | Erin Maxwell | Ashford AC | 12.94 |

HAMMER**FINAL**

| | No. | Athlete | Club | Perf |
|---|-----|--------------------|--------------|-------|
| 1 | 60 | Anna Alvarez | Invicta EK | 23.26 |
| 2 | 12 | Rachel Lageretabua | Paddock W | 22.77 |
| 3 | 57 | Shannon Cordell | Black & Brom | 21.15 |