

Kent Veterans Cross Country Champs

Men 40-49

Overall Results



Pos	No	Name	Gun Time	Gender	Categ	Chip Time	Club / Team
1	326	Chris Greenwood	00:33:59	Male	M40		Kent AC
2	327	Paul Griffiths	00:34:36	Male	M40		Kent AC
3	341	Richard Tomlinson	00:34:48	Male	M45		Medway and Maidstone AC
4	275	Jim Addison	00:34:54	Male	M40		Beckenham Running Club
5	278	Christopher Minns	00:35:08	Male	M40		Beckenham Running Club
6	322	Stuart Beaney	00:35:17	Male	M40		Kent AC
7	323	Paul Bell	00:35:55	Male	M40		Kent AC
8	356	Creane John	00:36:20	Male	M40		South Kent Harriers
9	332	Stephen Throssell	00:36:36	Male	M40		Larkfield AC
10	349	Gavin Kitchingham	00:36:42	Male	M45		Orpington Road Runners
11	320	Luke Armitage	00:36:54	Male	M45		Kent AC
12	290	Christian Poulton	00:37:08	Male	M45		Cambridge Harriers
13	370	Stuart Shields	00:37:21	Male	M40		Tunbridge Wells Harriers
14	364	Adam Styles	00:37:27	Male	M40		Tonbridge AC
15	329	Tom Webb	00:37:56	Male	M40		Kent AC
16	372	Richard Newbold	00:38:04	Male	M45		Victoria Park & Tower Hamlets AC
17	302	Jack O'sullivan	00:38:09	Male	M45		Dartford Road Runners
18	339	Barry Royden	00:38:19	Male	M45		Medway and Maidstone AC
19	345	Mark Laing	00:38:23	Male	M40		Medway Tri
20	300	David Hall	00:38:26	Male	M45		Dartford Road Runners
21	293	Des Adkinson	00:38:48	Male	M45		Dartford Harriers AC
22	277	Simon Harris	00:38:52	Male	M40		Beckenham Running Club
23	312	Simon Macer-Wright	00:39:05	Male	M45		Greenwich Tritons
24	354	Andrew Mead	00:39:25	Male	M45		Sevenoaks AC
25	340	Paul Sparks	00:39:30	Male	M45		Medway and Maidstone AC
26	351	Andrew Day	00:39:36	Male	M40		Paddock Wood AC
27	342	Gareth Williams	00:39:48	Male	M45		Medway and Maidstone AC
28	316	Andrew Archer	00:39:53	Male	M40		Istead and Ifield Harriers
29	361	Philip Coleman	00:39:57	Male	M45		Tonbridge AC
30	308	Ian Lilley	00:40:16	Male	M40		Dulwich Runners AC
31	346	Stuart Maclaud	00:40:33	Male	M40		Medway Tri
32	303	Tony Piper	00:40:48	Male	M45		Dartford Road Runners
33	337	Allen Jones	00:41:10	Male	M45		Medway and Maidstone AC
34	301	Frank Hudson	00:41:16	Male	M45		Dartford Road Runners
35	330	Stephen Reeves	00:41:35	Male	M40		Larkfield AC
36	304	David Ringrose	00:41:42	Male	M40		Dartford Road Runners
37	313	Edward Simpson	00:41:43	Male	M45		Greenwich Tritons
38	350	Richard Bidois	00:41:59	Male	M45		Paddock Wood AC
39	309	Andrew Noble	00:42:03	Male	M45		Folkestone Running Club
40	348	Colin Waters	00:42:06	Male	M40		Medway Tri
41	366	Matthew Clark	00:42:08	Male	M40		Tunbridge Wells Harriers
42	338	Alun Rodgers	00:42:22	Male	M45		Medway and Maidstone AC
43	352	Michael Reeves	00:42:41	Male	M45		Petts Wood Runners
44	283	Clayton Aves	00:42:55	Male	M45		Blackheath & Bromley Harriers AC
45	353	Christian Turner	00:43:02	Male	M40		Petts Wood Runners
46	276	Ben Calascione	00:43:18	Male	M40		Beckenham Running Club
47	365	Robert Von Kaufmann	00:43:25	Male	M40		Tonbridge AC
48	343	Tomasz Witkowicz	00:43:28	Male	M40		Medway and Maidstone AC
49	333	Keith Dean	00:44:00	Male	M45		Maidstone Harriers
50	315	Michael Gallyer-Barnett	00:44:05	Male	M45		Invicta East Kent AC
51	288	Iain Swatton	00:45:05	Male	M45		Blackheath & Bromley Harriers AC
52	367	Simon Holford	00:45:38	Male	M40		Tunbridge Wells Harriers
53	369	Michael Russell	00:45:53	Male	M45		Tunbridge Wells Harriers
54	363	Duncan Ralph	00:46:00	Male	M45		Tonbridge AC
55	331	Scott Shurmer	00:46:14	Male	M40		Larkfield AC
56	305	Ian Willmott	00:47:36	Male	M45		Dartford Road Runners
57	296	Jason Marchant	00:49:05	Male	M45		Dartford Harriers AC

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Overall Results



Pos	No	Name	Gun Time	Gender	Categ	Chip Time	Club / Team
58	285	Nigel Bulmer	00:51:00	Male	M45		Blackheath & Bromley Harriers AC