



KCAA



Kent Under 11 Sportshall Athletics Decathlon & County Trials Sunday 25th November 2012 (School Years 5 & 6)

Hosted and organised by Ashford Leisure Trust on behalf of the Kent County Sportshall Association with support from Thanet Athletics Club. This year the trials will involve a Sportshall Athletics decathlon competition including the events for the SE Regional festival in January. The top 15 boys and 15 girls from the decathlon competition and the KCAA championships on Sunday 9th December will be invited to a training session on Sunday 16th December with the top 12 boys and 12 girls being selected for a final training and team building session on Sunday 6th January 2013.

Sportshall Athletics Decathlon

Sunday 25th November 2012
10.00am – 12.30pm

At the Stour Centre, Ashford TN23 1ET

Events (athletes will do all 10)

Balance Test	Chest Push
Standing Long Jump	Vertical Jump
Speed Bounce	10 x 10m Shuttle Run
Target Throw	Soft Javelin
Hi-Stepper	Standing Triple Jump

Medals awarded to top three boys and girls
Certificates for all participants

How to enter...

Complete the form over the page and send it with your £5 entry fee to:
Community Development Team, Ashford Leisure Trust, the Stour Centre,
Station Approach, Ashford, Kent TN23 1ET

Closing date for entries is Friday 16th November 2012

Note to parents - please be aware that this is not a club/team competition so we ask that a parent/responsible adult is present to supervise your child





Kent Under 11 Sportshall Athletics Decathlon & County Trials (School Years 5 & 6 only) Entry Form

Name:	School Year:
School/Club:	Boy/Girl:
Email:	Contact no:

Event Entry Information

The competition costs £5 to enter. Please tick to confirm you are attending the competition and are available for the training days/regional competition

Event	Entry (Please tick if available)
Sun 25 th Nov - U11 Sportshall Decathlon	
Training/Regional Events	
Sun 16 th Dec - Training session for top 15 boys and girls	
Sun 6 th Jan - Final training and team building session for top 12 boys and girls	
Sun 13 th Jan - Aviva South East Regional Fun in Athletics Festival	

Parental Consent - I give permission for the above named child to take part in the Kent U11 Sportshall Athletics Decathlon & County Trials and I am aware that my child must be accompanied by myself (or another responsible adult) at the event.

I have enclosed an entry fee of £5.00 (Cheques made payable to Ashford Leisure Trust).

Print name:..... Signature:.....

Please note the top 15 boys and 15 girls will be notified by e-mail about the two training days before the regional event

Please send the completed entry form and payment to:
Community Development Team, Ashford Leisure Trust, the Stour Centre,
Station Approach, Ashford, Kent TN23 1ET

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