

Kent County Athletics Cross Country League Results - Parkwood School, Swanley on 14/02/2009

Senior Women 5000m

| FinPos | AthNo | AthleteName | Club | Time |
|--------|-------|--------------------------|------|-------|
| 1 | 146 | Deirdre McDermot | TON | 21:11 |
| 2 | 469 | Natalie Gray | MED | 21:32 |
| 3 | 473 | Helcha Penfold | MED | 22:09 |
| 4 | 757 | Clare Elms V | BEC | 22:12 |
| 5 | 394 | Helen Wheeler V | FOL | 22:27 |
| 6 | 141 | Catherine Symons (U20W) | TON | 23:38 |
| 7 | 325 | Rosie Ferguson (W40) V | BLA | 24:31 |
| 8 | 628 | Jenni Van Deelen (V35) V | CAN | 24:31 |
| 9 | 579 | Claire Reeves | BEX | 24:34 |
| 10 | 208 | Ruth Ward | DAR | 24:43 |
| 11 | 63 | Mel Burdett | BEC | 24:55 |
| 12 | 387 | Lauren Fawke | FOL | 25:10 |
| 13 | 142 | Pippa Blackstone (W45) V | TON | 25:26 |
| 14 | 147 | Diane Osborn | TON | 25:35 |
| 15 | 59 | Sue Cooper (W45) V | IEK | 25:40 |
| 16 | 368 | Christine Bond V | CAM | 25:41 |
| 17 | 57 | Caroline Smith | IEK | 25:44 |
| 18 | 624 | Lesley Hall (V45) V | ASH | 25:48 |
| 19 | 629 | Val Evans | TON | 25:49 |
| 20 | 40 | Angela Hames | I&I | 25:50 |
| 21 | 319 | Kate Pratten | BLA | 25:52 |
| 22 | 143 | Diane Bradley (W45) V | TON | 26:27 |
| 23 | 65 | Helen Garrett | BEC | 26:28 |
| 24 | 42 | Sally Whitelaw | I&I | 26:29 |
| 25 | 472 | Rachel Stewart | MED | 26:33 |
| 26 | 328 | Carolina Jones-Baldock | BLA | 27:01 |
| 27 | 662 | Breanna Zoll | IEK | 27:04 |
| 28 | 370 | Marion Hine V | CAM | 27:05 |
| 29 | 50 | Jackie King V | I&I | 27:24 |
| 30 | 209 | Suzi Wiltshire | DAR | 27:30 |
| 31 | 755 | Kylara Hassall | FOL | 27:34 |
| 32 | 164 | Ginnie Bowles | KEN | 28:11 |
| 33 | 365 | Jo Winn-Smith | CAM | 28:51 |
| 34 | 623 | Christine King | ASH | 29:16 |
| 35 | 185 | Ronnie Haydon-Jones V | KEN | 29:30 |
| 36 | 186 | Zoe Gaffen V | KEN | 30:18 |
| 37 | 192 | Clare Wiseman V | DEA | 30:20 |
| 38 | 391 | Tina Eke V | FOL | 30:24 |
| 39 | 582 | Breda Goss V | BEX | 31:30 |
| 40 | 176 | Louise Rodger | KEN | 32:32 |
| 41 | 581 | Dawn Dobberson V | BEX | 32:56 |
| 42 | 390 | Sarah Reardon V | FOL | 33:23 |

Senior Women

| First 3 to Score | | Match | |
|------------------|-----------------------------|--------|--------|
| Club | Points | Points | Points |
| 1 | Tonbridge AC | 20 | 10 |
| 2 | Medway and Maidstone AC | 30 | 9 |
| 3 | Beckenham Road Runners | 38 | 8 |
| 4 | Folkestone Road Runners | 48 | 7 |
| 5 | Blackheath and Bromley H AC | 54 | 6 |
| 6 | Invicta East Kent AC | 59 | 5 |
| 7 | Istead and Ifield | 73 | 4 |
| 8 | Cambridge Harriers | 77 | 3 |
| 9 | Bexley AC | 89 | 2 |
| 10 | Kent AC | 103 | 1 |

Senior Women

| First 3 to Score | | Final Totals |
|------------------|-----------------------------|--------------|
| Club | Points | Points |
| 1 | Tonbridge AC | 43 (98) |
| 2 | Medway and Maidstone AC | 33 (91) |
| 3 | Folkestone Road Runners | 32 (210) |
| 4 | Invicta East Kent AC | 30 (256) |
| 5 | Blackheath and Bromley H AC | 28 (114) |
| 6 | Dartford Harriers | 26 (161) |
| 7 | Cambridge Harriers | 17 (223) |
| 8 | Tunbridge Wells Harriers | 17 (247) |
| 9 | Kent AC | 17 (381) |
| 10 | Ashford AC | 15 (281) |
| 11 | Beckenham Road Runners | 14 (415) |
| 12 | Istead and Ifield | 12 (265) |
| 13 | Canterbury Harriers | 8 (67) |
| 14 | Bexley AC | 7 (482) |
| 15 | Sevenoaks AC | 4 (101) |

Senior Women Final Lead Performances

| | AthNo | AthleteName | Club | Mt 1 | Mt 2 | Mt 3 | Mt 4 | Total |
|----|--------------|--------------------------|-------------|-------------|-------------|-------------|-------------|--------------|
| 1 | 146 | Deirdre McDermot | TON | 1 | 2 | 1 | 1 | 5(4) |
| 2 | 473 | Helcha Penfold | MED | 2 | 8 | 2 | 3 | 15(4) |
| 3 | 394 | Helen Wheeler V | FOL | 3 | 5 | 4 | 5 | 17(4) |
| 4 | 141 | Catherine Symons | TON | 7 | 10 | 7 | 6 | 30(4) |
| 5 | 628 | Jenni Van Deelen (V35) V | CAN | 8 | 9 | 15 | 8 | 40(4) |
| 6 | 208 | Ruth Ward | DAR | 19 | 16 | 13 | 10 | 58(4) |
| 7 | 147 | Diane Osborn | TON | 14 | 25 | 11 | 14 | 64(4) |
| 8 | 142 | Pippa Blackstone (W45) V | TON | 27 | 27 | 19 | 13 | 86(4) |
| 9 | 624 | Lesley Hall (V45) V | ASH | 26 | 26 | 20 | 18 | 90(4) |
| 10 | 143 | Diane Bradley (W45) V | TON | 32 | 28 | 18 | 22 | 100(4) |
| 11 | 63 | Mel Burdett | BEC | 43 | 29 | 30 | 11 | 113(4) |
| 12 | 59 | Sue Cooper (W45) V | IEK | 33 | 39 | 33 | 15 | 120(4) |
| 13 | 209 | Suzi Wiltshire | DAR | 40 | 42 | 34 | 30 | 146(4) |
| 14 | 185 | Ronnie Haydon-Jones V | KEN | 47 | 41 | 47 | 35 | 170(4) |
| 15 | 186 | Zoe Gaffen V | KEN | 51 | 47 | 52 | 36 | 186(4) |
| 16 | 623 | Christine King | ASH | 60 | 52 | 56 | 34 | 202(4) |
| 17 | 581 | Dawn Dobberson V | BEX | 58 | 58 | 58 | 41 | 215(4) |
| 18 | 318 | Elaine Murty | BLA | 4 | 6 | 5 | | 15(3) |

Vet Women Final Lead Performances

| | AthNo | AthleteName | Club | Mt 1 | Mt 2 | Mt 3 | Mt 4 | Total |
|----|--------------|--------------------------|-------------|-------------|-------------|-------------|-------------|--------------|
| 1 | 394 | Helen Wheeler V | FOL | 1 | 1 | 2 | 2 | 6(4) |
| 2 | 628 | Jenni Van Deelen (V35) V | CAN | 2 | 3 | 6 | 4 | 15(4) |
| 3 | 142 | Pippa Blackstone (W45) V | TON | 10 | 9 | 8 | 5 | 32(4) |
| 4 | 624 | Lesley Hall (V45) V | ASH | 9 | 8 | 9 | 8 | 34(4) |
| 5 | 143 | Diane Bradley (W45) V | TON | 13 | 10 | 7 | 9 | 39(4) |
| 6 | 59 | Sue Cooper (W45) V | IEK | 14 | 14 | 19 | 6 | 53(4) |
| 7 | 185 | Ronnie Haydon-Jones V | KEN | 21 | 15 | 24 | 12 | 72(4) |
| 8 | 186 | Zoe Gaffen V | KEN | 25 | 19 | 28 | 13 | 85(4) |
| 9 | 581 | Dawn Dobberson V | BEX | 28 | 27 | 32 | 17 | 104(4) |
| 10 | 213 | Stephanie Wood V | DAR | 11 | 7 | 16 | | 34(3) |
| 11 | 368 | Christine Bond V | CAM | 15 | | 15 | 7 | 37(3) |
| 12 | 596 | Siân Roberts V | TWH | 16 | 13 | 13 | | 42(3) |
| 13 | 582 | Breda Goss V | BEX | | 21 | 27 | 16 | 64(3) |
| 14 | 192 | Clare Wiseman V | DEA | 22 | | 29 | 14 | 65(3) |
| 15 | 67 | Kate Marchant V | BEC | 24 | 26 | 23 | | 73(3) |
| 16 | 391 | Tina Eke V | FOL | 27 | | 31 | 15 | 73(3) |
| 17 | 616 | Geraldine Legon V | BEX | 30 | 28 | 36 | | 94(3) |