

Kent County 5000m Championships - Tonbridge 05/05/2009

Senior Men

1	2	Dean Lacy	Cambridge Harriers	15:02.34
2	4	Nick Wood	Dartford Harriers	16:40.36
3	5	Josh Elderfield (U20M)	Medway & Maidstone AC	16:57.72
4	3	Robert Dennis	Ashford AC	18:16.37

Vet Men 40

1	7	Luke Armitage	Kent AC	16:50.87
2	6	Martin Kelk	Invicta EK	17:35.59
3	8	Leon Goldsack	Vets AC	23:13.86

Vet Men 50

1	9	Peter Russell	Invicta EK	18:54.34
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Vet Men 60

1	13	John Denyer	Sevenoaks AC	19:00.45
2	14	Peter Hamilton	Blackheath & Bromley H AC	19:15.62
3	12	Maurice Marchant	Tonbridge AC	21:43.43

Senior Women

1	17	Janine Brown	Ashford AC	18:54.58
2	15	Vicky Rukin (U20W)	Tonbridge AC	19:44.07
3	19	Catherine Symons (U20W)	Tonbridge AC	20:26.07
4	18	Ruth Ward	Dartford Harriers	21:21.30

Vet Women 35

1	21	Candy Hawkins	Ashford AC	19:34.44
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Vet Women 40

1	22	Sharon Hawkins	Invicta EK	19:08.64
2	24	Pippa Blackstone	Tonbridge AC	20:14.76
3	23	Stephanie Wood	Dartford Harriers	20:49.75