

DEANGATE TIMETABLE OF EVENTS 2009

Track			Field		
Time	Event	Age Group	Time	Event	Age Group
11:30	70m Hurdles	U13 Girls	11:00	High Jump	U13 Boys
	75m Hurdles	U13 Boys		Shot	U13 Girls
	75m Hurdles	U15 Girls		Discus	U13 Boys
	80m Hurdles	U15 Boys		Javelin	U15 Girls
12:10	600m	U13 Girls	12:00	Shot	U15 Girls
	600m	U11 Boys/Girls		High Jump	U15 Boys
	800m	U13 Boys		Discus	U13 Girls
	800m	U15 Girls		Javelin	U15 Boys
13:10	800m	U15 Boys	13:00	Pole Vault	U15 Boys/Girls
	75m	U13 Girls		Shot	U13 Boys
	100m	U13 Boys		High Jump	U15 Girls
	100m	U15 Girls		Javelin	U13 Girls
13:40	100m	U15 Boys	14:00	Discus	U15 Boys
	75m/80m	U11 Girls/Boys		High Jump	U13 Girls
	3000m	U15 Boys		Javelin	U13 Boys
	300m	U15 Girls		Discus	U15 Girls
14:00	400m	U15 Boys	15:00	Shot	U15 Boys
	150m	U13 Girls		Long Jump	U13 Boys
	150m	U11 Boys/Girls		Long Jump	U15 Girls
	200m	U13 Boys			
14:30	200m	U15 Girls	16:00	Long Jump	U13 Girls
	200m	U15 Boys		Long Jump	U15 Boys
	1000m	U13 Girls			
	1500m	U13 Boys			
15:15	1500m	U15 Girls			
	1500m	U15 Boys			
	1200m Walks	U13/U15Girls			
		U13/U15Boys			
16:05	4 x 100m Relays	U13 Girls			
	4 x 100m Relays	U13 Boys			
	4 x 100m Relays	U15 Girls			
	4 x 100m Relays	U15 Boys			
16:30	4 x 100m Relays	U15 Boys			
	4 x 400m Relays	U15 Boys			
17:05					

Track (Not to be Changed Under Any Circumstances)

Non Scoring

Competition numbers for both track and field non-scoring athletes must be obtained a minimum of 30 minutes before the time of the event

Track

U11 boys and girls 150m, U13 girls 150m & U 13 boys 200m, U15 boys and girls 200m, U11 boys and girls 600m, U13 girls 600m & U13 boys 800m, & U15 boys and girls 800m.

No none scoring will be permitted in the following events: U11 girls 75m & U11 boys 80m, U13 girls 75m & U 13 boys 100m, U15 boys and girls 100m, U13 girls 1000m & U 13 boys 1500m, & U15 boys and girls 1500m. A maximum of four non-scoring athletes from each Club shall be permitted to compete in each of the events identified above.

One U13 or U15 non scoring athlete per club may compete in all other track events not specified in the list above. Further athletes/teams may be permitted to compete subject to the Track Judges discretion and recorders verification..

Field

1 athlete per club allowed in each field event. Where there is an incomplete complement of athletes (incomplete card) additional athletes may compete, subject to the Field Referee's discretion.

All subject to UKA age event restrictions and the discretion of the Referees and recording officers

Poles for pole vault may not necessarily be provided by Clubs

