

Kent Cross Country League Trophy Awards 2009-10

Girls Under 13

Kent Womens' Cross Country League Trophy

Winning Club : Invicta East kent AC; Match points : 21

Individual Championship

Position	Name	Club	Points
1	Bobby Clay	Invicta East Kent AC	4
2	Anna Weston	Invicta East Kent AC	14
3	Lilly Coward	Invicta East Kent AC	21

Girls Under 15

Kent Womens' Cross Country League Trophy

Winning Club : Tonbridge AC; Match points : 15

Individual Championship

Position	Name	Club	Points
1	Alice Wood	Tonbridge AC	10
2	Amber Reed	Blackheath & Bromley AC	13
3	Alex Clay	Invicta East Kent AC	14

Girls Under 17

Kent Womens' Cross Country League Trophy

Winning Club : Tonbridge AC; Match points : 9

Individual Championship

Position	Name	Club	Points
1	Kelsey Howard	Tonbridge AC	15
2	Rebecca Farrell	Bexley AC	17
3	Sarah Shephard	Paddock Wood AC	36

Women Under 20

Kent Womens' Cross Country League Trophy

Winning Club : No award.

Individual Championship

Position	Name	Club	Points
1	Amy De Matos	Blackheath & Bromley AC	10
2	Rachel Seaman	Invicta East Kent AC	13
3	Isobel Dickinson	Ashford AC	14

Senior Women

Kent Womens' Cross Country League Trophy

Winning Club : Tonbridge AC; Match points : 40

Individual Championship (Senior Women) Cliff Temple memorial Trophy

Position	Name	Club	Points
1	Deirdre McDermot	Tonbridge AC	8
2	Lauren Fawke	Folkestone RRC	37
3	Melanie Burdett	Beckenham RRC	46

Individual Championship (Veteran Women) Ron Hale Trophy

Position	Name	Club	Points
1	Melanie Burdett	Beckenham RRC	16
2	Anika Jones	Beckenham RRC	28
3	Lynne Champion	Istead & Ifield Harriers	50

Boys Under 13

Cove Memorial Cup

Winning Club : Tonbridge AC; Match points : 21

Individual Championship

Position	Name	Club	Points
1	George Duggan	Tonbridge AC	4
2	William Roud	Tonbridge AC	16
3	Stephen Jones	Medway & Maidstone AC	35

Boys Under 15

Medway Cup

Winning Club : Tonbridge AC; Match points : 23

Individual Championship

Position	Name	Club	Points
1	Charlie Joslin-Allen	Tonbridge AC	6
2	Corey De'ath	Tonbridge AC	17
3	Dominic Brown	Sevenoaks AC	31

Boys Under 17

Youth Cup

Winning Club : Tonbridge AC; Match points : 20

Individual Championship

Position	Name	Club	Points
1	Robbie Farnham-Rose	Tonbridge AC	4
2	Adam Gilbert	Medway & Maidstone AC	11
3	Luca Russo	Tonbridge AC	12

Men Under 20

Alan Brent Shield

Winning Club : Invicta East Kent AC; Match points : 5

Individual Championship

Position	Name	Club	Points
1	Jason Prickett	Invicta East Kent AC	7
2	Robert McDonald	Cambridge Harriers	8
3	Alasdair McDonald	Cambridge Harriers	15

Senior Men

Kent Messenger Cup (4 to score)

Winning Club : Tonbridge AC; Match points : 56 (122 total race score)

Second Place : Medway & Maidstone AC; Match points 56 (144 total race score)

Duodec Cup (12 to score)

Winning Club : Medway & Maidstone AC; Match points : 14

Individual Championship (Senior Men) Kent CC League Individual Trophy

Position	Name	Club	Points
1	Dean Lacy	Cambridge Harriers	13
2	Alex Bruce-Littlewood	Blackheath & Bromley AC	17
3	Julian Rendall	Tonbridge AC	23

Overall Club Award (Male: U/20; U/17; U/15 & U/13)

Doris Lucas Trophy

Winning Club : Tonbridge AC; Match points : 64

Overall Club Award (Female: U/20; U/17; U/15 & U/13)

Royal Bank of Scotland Silver Salver

Winning Club : Tonbridge AC; Match points : 37

Most Improved Club Award (Male: U/20; U/17; U/15 & U/13)

Neil Smith Trophy

Winning Club : Bexley AC;

Most Improved Club Award (Female: U/20; U/17; U/15 & U/13)

Kent Womens' Cross Country League Shield

Winning Club : Invicta East Kent AC;
