

Kent Cross Country League Results - Somerhill School, Tonbridge 18/10/2025**Masters 70 Men 5000m Individual Results**

Pos	No	Name	Club	Time
1	497	Paul McAuliffe (M70)	Medway and Maidstone AC	23:32
2	500	John Tolhurst (M70)	Paddock Wood AC	24:48
3	492	David Smyth (M70)	Folkestone Running and Athletics Club	25:12
4	506	Alan Newman (M70)	Tonbridge AC	25:26
5	502	Simon Hallpike (M70)	Sevenoaks AC	25:44
6	509	Mark Taylor (M70)	Tunbridge Wells Harriers	26:11
7	481	Ken Baksh (M70)	Beckenham Running Club	26:18
8	495	John Wilkins (M70)	Istead & Ifield Harriers	26:50
9	490	Roy Knight (M70)	Dartford Road Runners	27:38
10	503	Jim Knight (M70)	Sevenoaks AC	27:41
11	498	David Grunfeld (M75)	Mote Runners	27:46
12	487	Peter Hadley (M75)	Cambridge Harriers	29:05
13	493	Simon Capey (M70)	Greenwich Tritons	29:36