

Kent Cross Country League Results - Somerhill School, Tonbridge 18/10/2025**Masters 50 Men 8000m Individual Results**

Pos	No	Name	Club	Time
1	1268	Ed Fraser (M50)	Tonbridge AC	28:07
2	1291	Mathew Smith (M50)	Tonbridge AC	29:43
3	1202	Neill Wright (M50)	Medway and Maidstone AC	29:56
4	1182	Justin Lane (M50)	Medway and Maidstone AC	30:22
5	988	Douglas Varney (M50)	Blackheath and Bromley H AC	31:11
6	1228	Simon Thornhill (M50)	Petts Wood Runners	31:15
7	878	Jim Addison (M50)	Beckenham Running Club	31:25
8	1256	Kevin McQuaid (M50)	Thanet Roadrunners AC	31:31
9	1191	Jason Simmonds (M50)	Medway and Maidstone AC	31:52
10	1162	Gavin Whitlock (M55)	Invicta East Kent AC	32:05
11	1188	Alun Rodgers (M55)	Medway and Maidstone AC	32:13
12	1240	Oloff Van Zyl (M55)	Sevenoaks AC	32:24
13	1156	Darren Scrivens (M50)	Invicta East Kent AC	32:25
14	1198	Stephen Turpie (M50)	Medway and Maidstone AC	32:33
15	1223	Kevin Howarth (M50)	Petts Wood Runners	33:22
16	1184	Scott Lynch (M55)	Medway and Maidstone AC	33:34
17	1211	Gavin Kitchingham (M55)	Orpington Road Runners	33:45
18	1137	Martin Tynan (M50)	Greenwich Tritons	34:01
19	989	James Webber (M50)	Blackheath and Bromley H AC	34:03
20	1000	Steven Cummins (M50)	Cambridge Harriers	34:08
21	1301	Robin Barwick (M50)	Tunbridge Wells Harriers	34:12
22	1027	David Reader (M50)	Cambridge Harriers	34:17
23	862	Ian King (M50)	Ashford AC	34:46
24	1097	Ian McGrath (M50)	Dartford Road Runners	34:57
25	876	David Tomlinson (M50)	Ashford and District RRC	35:10
26	1185	Jerome Moisan (M50)	Medway and Maidstone AC	35:17
27	1091	Nicholas Varley (M55)	Dartford Harriers AC	35:28
28	881	Ben Calascione (M55)	Beckenham Running Club	35:38
29	1241	Daniel Witt (M50)	Sevenoaks AC	35:59
30	1155	Mark Sandom (M55)	Invicta East Kent AC	36:09
31	891	Neil Phillips (M55)	Beckenham Running Club	36:13
32	1368	Tim Tapper (M55)	Weald Tri Club	36:20
33	1323	Saul Harris (M55)	Tunbridge Wells Harriers	36:29
34	892	Andy Regan (M50)	Beckenham Running Club	37:07
35	1243	Andrew Davey (M55)	South Kent Harriers	37:07
36	963	Barry Horgan (M50)	Blackheath and Bromley H AC	37:11
37	1190	Barry Royden (M55)	Medway and Maidstone AC	37:13
38	1322	George Harris (M50)	Tunbridge Wells Harriers	37:25
39	872	Jim Loftus (M55)	Ashford and District RRC	37:32
40	880	Ramon Boo (M50)	Beckenham Running Club	37:42
41	998	Russell Buchanan (M50)	Cambridge Harriers	37:49
42	1344	James Palmer (M50)	Tunbridge Wells Harriers	37:55
43	1295	Michael Thomson (M55)	Tonbridge AC	38:23
44	971	Chris Martin (M50)	Blackheath and Bromley H AC	38:37
45	1163	Andrew Archer (M55)	Istead & Ifield Harriers	38:42
46	1267	Steven Ellison (M50)	Tonbridge AC	39:14
47	1222	Nigel Haffenden (M55)	Petts Wood Runners	39:17

48	1154	Michael Gallyer-Barnett (M55)	Invicta East Kent AC	39:43
49	1311	Ian Grant (M55)	Tunbridge Wells Harriers	39:46
50	1233	Justin Griggs (M50)	Plumstead Runners	40:07
51	1347	Richard Quartermaine (M50)	Tunbridge Wells Harriers	40:10
52	1248	Lee Sentenacq (M55)	South Kent Harriers	40:38
53	1327	Simon Holford (M55)	Tunbridge Wells Harriers	40:48
54	1252	Philip Larter (M50)	Swale Combined AC	41:10
55	1206	Paul Norman (M50)	Mote Runners	42:39
56	1128	Greg Britton (M50)	Greenwich Tritons	43:42
57	1348	Duncan Ralph (M55)	Tunbridge Wells Harriers	45:56
58	1122	Andrew John Smith (M50)	Folkestone Running and Athletics Club	51:07