

Kent Cross Country League Results - Danson Park, Bexleyheath 15/11/2025**Under 20 Women 5000m Individual Results**

Pos	No	Name	Club	Time
1	458	Amber Matthews	Medway and Maidstone AC	19:57
2	440	Kyla Dervish	Blackheath and Bromley H AC	20:23
3	466	Florrie McIver-Hall	Tonbridge AC	20:41
4	455	Naveen Deo	Medway and Maidstone AC	20:44
5	447	Kiera Pingo	Dartford Harriers AC	21:02
6	462	Ella Baker	Sevenoaks AC	21:43
7	457	Heidi Hughes	Medway and Maidstone AC	21:51
8	450	Zoe Vallis	Invicta East Kent AC	21:57
9	465	Emily Boyd	Tonbridge AC	22:23
10	1420	Lucy Kiernan	Swale Combined AC	22:46
11	453	Iris Crossley	Medway and Maidstone AC	23:37
12	439	Sophie Ansell	Bexley AC	23:52
13	448	Olivia Turner	Dartford Harriers AC	25:32
14	464	Isobella Barton	Tonbridge AC	25:39
15	452	Jennifer Clayton	Medway and Maidstone AC	25:52