

Kent Cross Country League Results - Danson Park, Bexleyheath 15/11/2025**Senior Men 8200m Individual Results**

Pos	No	Name	Club	Time	
1	924	Alex Richards	Bexley AC	25:43	SM
2	1265	James Crombie	Tonbridge AC	26:09	SM
3	1258	Will Beeston	Tonbridge AC	26:33	SM
4	921	Joe O'Hara	Bexley AC	26:45	SM
5	1278	Thomas Lockhart	Tonbridge AC	27:15	SM
6	1199	Ben Tyler (M35)	Medway and Maidstone AC	27:20	SM
7	1277	Calum Laing	Tonbridge AC	27:24	SM
8	1434	Hugh Tibbs (M35)	Cambridge Harriers	27:30	SM
9	1014	Danny Kendall (M45)	Cambridge Harriers	27:35	M40
10	1030	Ben Shearer (M45)	Cambridge Harriers	27:37	M40
11	958	Kevin Fini	Blackheath and Bromley H AC	27:38	SM
12	1173	Lee Cooper (M40)	Medway and Maidstone AC	27:42	M40
13	1038	Angus Vosper	Cambridge Harriers	27:44	SM
14	965	Oliver Knowles	Blackheath and Bromley H AC	27:46	SM
15	950	Leonardus De Bruyn (M45)	Blackheath and Bromley H AC	27:49	M40
16	579	Alexander Taylor (U20M)	Bexley AC	27:51	U20M
17	1268	Ed Fraser (M50)	Tonbridge AC	27:55	M50
18	986	Justin Stover	Blackheath and Bromley H AC	27:59	SM
19	1273	Craig Halsey (M45)	Tonbridge AC	28:00	M40
20	1282	Mark Pepper	Tonbridge AC	28:18	SM
21	1177	Alexander Donnelly	Medway and Maidstone AC	28:21	SM
22	1060	Cameron Sharp	Central Park Athletics	28:21	SM
23	935	David Adams (M35)	Blackheath and Bromley H AC	28:29	SM
24	1172	Tom Collins (M35)	Medway and Maidstone AC	28:33	SM
25	967	Jake Leng	Blackheath and Bromley H AC	28:34	SM
26	968	Graeme Lugar	Blackheath and Bromley H AC	28:35	SM
27	1297	Oliver White	Tonbridge AC	28:38	SM
28	577	Edward Brown (U20M)	Ashford AC	28:45	U20M
29	1291	Mathew Smith (M50)	Tonbridge AC	29:00	M50
30	1012	Kyle Hurst (M35)	Cambridge Harriers	29:03	SM
31	1023	John O'Mahony (M45)	Cambridge Harriers	29:12	M40
32	934	Thomas Wright	Bexley AC	29:19	SM
33	1051	Sam Dowler	Central Park Athletics	29:24	SM
34	1254	Alex Dugard	Thanet Roadrunners AC	29:24	SM
35	1166	Keith Fairbank (M40)	Istead & Ifield Harriers	29:27	M40
36	1286	Julian Rendall (M45)	Tonbridge AC	29:29	M40
37	1182	Justin Lane (M50)	Medway and Maidstone AC	29:30	M50
38	1058	Martyn Millard (M35)	Central Park Athletics	29:33	SM
39	1266	Michael Ellis	Tonbridge AC	29:49	SM
40	1202	Neill Wright (M50)	Medway and Maidstone AC	29:52	M50
41	988	Douglas Varney (M50)	Blackheath and Bromley H AC	29:58	M50
42	1357	Edward Steele (M40)	Tunbridge Wells Harriers	29:59	M40
43	1432	Jonathan Sargent	Cambridge Harriers	30:01	SM
44	1075	Connor Burford	Dartford Harriers AC	30:03	SM
45	1044	Johnnie Arnould (M45)	Central Park Athletics	30:11	M40
46	1220	Mark Dickson (M45)	Petts Wood Runners	30:14	M40
47	912	Luke Francis	Bexley AC	30:20	SM
48	1335	John Law (M45)	Tunbridge Wells Harriers	30:25	M40
49	1228	Simon Thornhill (M50)	Petts Wood Runners	30:30	M50
50	1009	Gavin Hows (M45)	Cambridge Harriers	30:35	M40
51	1026	James Pitts (M45)	Cambridge Harriers	30:45	M40

52	1153 Glen Davison (M45)	Invicta East Kent AC	30:58	M40
53	1299 Michael Armitage	Tunbridge Wells Harriers	31:05	SM
54	1191 Jason Simmonds (M50)	Medway and Maidstone AC	31:07	M50
55	1317 Andy Eames (M40)	Tunbridge Wells Harriers	31:08	M40
56	1156 Darren Scrivens (M50)	Invicta East Kent AC	31:09	M50
57	1047 Steven Caller	Central Park Athletics	31:28	SM
58	1431 Kareem Richardson (M35)	Cambridge Harriers	31:32	SM
59	878 Jim Addison (M50)	Beckenham Running Club	31:33	M50
60	1162 Gavin Whitlock (M55)	Invicta East Kent AC	31:35	M50
61	1227 Mark Philbrick (M45)	Petts Wood Runners	31:37	M40
62	1203 Nigel Lynch (M45)	Medway Tri	31:43	M40
63	915 Charlie Gurr	Bexley AC	31:47	SM
64	1240 Oloff Van Zyl (M55)	Sevenoaks AC	31:50	M50
65	956 Gareth Evans (M45)	Blackheath and Bromley H AC	31:52	M40
66	1251 Jonathan Cork (M40)	Swale Combined AC	31:54	M40
67	1025 Mark Penny (M45)	Cambridge Harriers	31:57	M40
68	954 Mathieu Ducep (M45)	Blackheath and Bromley H AC	32:02	M40
69	1059 Chris Reid (M35)	Central Park Athletics	32:05	SM
70	1284 Richard Preston (M55)	Tonbridge AC	32:11	M50
71	1287 Graeme Saker (M60)	Tonbridge AC	32:18	M60
72	944 Philip Bunn (M45)	Blackheath and Bromley H AC	32:19	M40
73	1089 Will Tither (M35)	Dartford Harriers AC	32:19	SM
74	1164 Petrit Ceka (M40)	Istead & Ifield Harriers	32:20	M40
75	1036 Stephen Thompson (M45)	Cambridge Harriers	32:21	M40
76	1008 Duncan Hope (M40)	Cambridge Harriers	32:21	M40
77	1022 James Moon (M45)	Cambridge Harriers	32:22	M40
78	1211 Gavin Kitchingham (M55)	Orpington Road Runners	32:24	M50
79	1438 Jack Keywood	Tonbridge AC	32:24	SM
80	1433 Terry Stark	Cambridge Harriers	32:25	SM
81	1353 James Sarre (M45)	Tunbridge Wells Harriers	32:25	M40
82	1184 Scott Lynch (M55)	Medway and Maidstone AC	32:30	M50
83	1198 Stephen Turpie (M50)	Medway and Maidstone AC	32:33	M50
84	902 Andrew Barnshaw (M35)	Bexley AC	32:34	SM
85	1372 Jonathan Wood (M45)	White Cliffs Running & Athletics Club	32:34	M40
86	959 Gregory Firth (M45)	Blackheath and Bromley H AC	32:41	M40
87	1285 Thomas Price	Tonbridge AC	32:46	SM
88	1308 Richard Carter (M45)	Tunbridge Wells Harriers	32:47	M40
89	1328 Alex Holmes (M45)	Tunbridge Wells Harriers	32:54	M40
90	1090 Chris Turner (M55)	Dartford Harriers AC	32:58	M50
91	1255 Stuart Eve (M40)	Thanet Roadrunners AC	33:00	M40
92	1135 Greg Stinson (M40)	Greenwich Tritons	33:02	M40
93	975 Jonathan Pairman	Blackheath and Bromley H AC	33:04	SM
94	1301 Robin Barwick (M50)	Tunbridge Wells Harriers	33:07	M50
95	1137 Martin Tynan (M50)	Greenwich Tritons	33:08	M50
96	1223 Kevin Howarth (M50)	Petts Wood Runners	33:09	M50
97	1027 David Reader (M50)	Cambridge Harriers	33:11	M50
98	1035 Benjamin Thompson (M40)	Cambridge Harriers	33:14	M40
99	879 Nicholas Batten (SM)	Beckenham Running Club	33:15	SM
100	1066 Mark Brown (M60)	Crystal Palace Triathlon	33:16	M60
101	885 Liam Hamill (M40)	Beckenham Running Club	33:24	M40
102	923 Jack Perryman	Bexley AC	33:25	SM
103	930 Kevin Taylor (M40)	Bexley AC	33:26	M40
104	1160 Joe Vidler (M35)	Invicta East Kent AC	33:29	SM
105	882 Nicholas Coogan	Beckenham Running Club	33:33	SM

106	1424 Luke Roberts (M40)	Ashford and District RRC	33:34	M40
107	1000 Steven Cummins (M50)	Cambridge Harriers	33:41	M50
108	1208 Thomas Sweet	Mote Runners	33:45	SM
109	911 Jon Fish (M45)	Bexley AC	33:47	M40
110	1131 Ben Guy (M45)	Greenwich Tritons	33:48	M40
111	1229 James Wall	Petts Wood Runners	33:51	SM
112	1426 Lewis Baker (M35)	Cambridge Harriers	33:53	SM
113	1127 Andrew Wright (M45)	Folkestone Running and Athletics Club	33:53	M40
114	1053 Anthony Durey (M60)	Central Park Athletics	33:55	M60
115	1312 Tom Cox	Tunbridge Wells Harriers	33:56	SM
116	1256 Kevin McQuaid (M50)	Thanet Roadrunners AC	34:04	M50
117	1097 Ian McGrath (M50)	Dartford Road Runners	34:04	M50
118	1032 Vern Sillitoe (M45)	Cambridge Harriers	34:06	M40
119	922 Alan Perryman (M60)	Bexley AC	34:10	M60
120	1041 Andy Weir (M45)	Cambridge Harriers	34:13	M40
121	973 James Naylor	Blackheath and Bromley H AC	34:16	SM
122	1437 Anthony Bennett (M50)	Tonbridge AC	34:18	M50
123	1189 Sean Rodwell (M35)	Medway and Maidstone AC	34:23	SM
124	1209 Steven Georgiadis (M60)	Orpington Road Runners	34:27	M60
125	1179 Samuel Hallett	Medway and Maidstone AC	34:32	SM
126	1241 Daniel Witt (M50)	Sevenoaks AC	34:41	M50
127	1070 Isaac Griffiths	Crystal Palace Triathlon	34:44	SM
128	1091 Nicholas Varley (M55)	Dartford Harriers AC	34:44	M50
129	1341 Eren Muduroglu (M55)	Tunbridge Wells Harriers	34:47	M50
130	906 Matthew Crane	Bexley AC	34:49	SM
131	862 Ian King (M50)	Ashford AC	34:51	M50
132	1108 James Barney (M35)	Folkestone Running and Athletics Club	34:53	SM
133	1430 Christian Poulton (M55)	Cambridge Harriers	34:54	M50
134	1180 Robin Hunter (M45)	Medway and Maidstone AC	34:55	M40
135	889 Steven Moss (M60)	Beckenham Running Club	34:56	M60
136	1099 Mark Reynolds (M55)	Dartford Road Runners	34:59	M50
137	1185 Jerome Moisan (M50)	Medway and Maidstone AC	35:01	M50
138	897 Craig Williamson (M60)	Beckenham Running Club	35:03	M60
139	881 Ben Calascione (M55)	Beckenham Running Club	35:05	M50
140	1100 Barrie Seal (M45)	Dartford Road Runners	35:05	M40
141	868 Mark Harrison (M45)	Ashford and District RRC	35:09	M40
142	1195 Simon Stockwell (M45)	Medway and Maidstone AC	35:13	M40
143	1004 James Floyd (M45)	Cambridge Harriers	35:21	M40
144	1015 Martin Leat (M65)	Cambridge Harriers	35:27	M60
145	1126 David Weekes (M60)	Folkestone Running and Athletics Club	35:29	M60
146	1155 Mark Sandom (M55)	Invicta East Kent AC	35:31	M50
147	981 Ian Scott (M45)	Blackheath and Bromley H AC	35:33	M40
148	894 Tim Robinson (M40)	Beckenham Running Club	35:35	M40
149	1056 Robert Lenihan (M40)	Central Park Athletics	35:35	M40
150	1146 Toby Short (M45)	Harvel Hash House Harriers	35:39	M40
151	1423 Sahil Sood	Ashford AC	35:41	SM
152	1371 Jonathan Sargood (M40)	White Cliffs Running & Athletics Club	35:42	M40
153	918 Martin Jenner (M35)	Bexley AC	35:44	SM
154	961 Chris Fishlock (M55)	Blackheath and Bromley H AC	35:49	M50
155	1361 Geoff Turner (M60)	Tunbridge Wells Harriers	35:56	M60
156	1074 Chris Biddle (M40)	Dartford Harriers AC	35:57	M40
157	972 Jason Meers (M55)	Blackheath and Bromley H AC	35:59	M50
158	1243 Andrew Davey (M55)	South Kent Harriers	36:00	M50
159	883 Karol Dorniak (M40)	Beckenham Running Club	36:01	M40

160	1323 Saul Harris (M55)	Tunbridge Wells Harriers	36:02	M50
161	1159 Ross Turner (M40)	Invicta East Kent AC	36:05	M40
162	1279 Atsutoshi Maeda (M50)	Tonbridge AC	36:14	M50
163	891 Neil Phillips (M55)	Beckenham Running Club	36:17	M50
164	1400 Andrew Davies (M40)	Ashford AC	36:24	M40
165	1257 Jason Barton (M45)	Tonbridge AC	36:30	M40
166	1271 Philip Gowing (M50)	Tonbridge AC	36:36	M50
167	1337 Kannan Mahalingam (M45)	Tunbridge Wells Harriers	36:43	M40
168	1178 Robert Fursey (M60)	Medway and Maidstone AC	36:46	M60
169	1073 Matthew White (M45)	Crystal Palace Triathlon	36:49	M40
170	892 Andy Regan (M50)	Beckenham Running Club	36:49	M50
171	884 Andrew Dunn (M45)	Beckenham Running Club	36:50	M40
172	998 Russell Buchanan (M50)	Cambridge Harriers	36:51	M50
173	1369 Gary Barnes (M60)	White Cliffs Running & Athletics Club	36:55	M60
174	1425 John Backley (M55)	Cambridge Harriers	36:57	M50
175	1196 Noel Sutton (M50)	Medway and Maidstone AC	36:58	M50
176	1300 Stephen Austin (M65)	Tunbridge Wells Harriers	36:58	M60
177	1186 Adrian Moody (M60)	Medway and Maidstone AC	36:59	M60
178	1133 Simon Neville (M60)	Greenwich Tritons	37:00	M60
179	1143 Connor Gorrard-Smith (M35)	Harvel Hash House Harriers	37:00	SM
180	1319 Dan Foster (M50)	Tunbridge Wells Harriers	37:06	M50
181	1269 Antony Fullbrook (M60)	Tonbridge AC	37:10	M60
182	1210 Richard Hassall (M45)	Orpington Road Runners	37:13	M40
183	914 Lawrence Gilham	Bexley AC	37:20	SM
184	1247 Raymond Pearce (M65)	South Kent Harriers	37:24	M60
185	1238 Yon Marsh (M65)	Sevenoaks AC	37:25	M60
186	895 Richard Selway (M60)	Beckenham Running Club	37:30	M60
187	1327 Simon Holford (M55)	Tunbridge Wells Harriers	37:36	M50
188	1429 Paul Millbank (M55)	Cambridge Harriers	37:42	M50
189	937 David Beadle (M55)	Blackheath and Bromley H AC	37:45	M50
190	861 Steve Hodges (M60)	Ashford AC	37:46	M60
191	1314 Andrew Deighton (M60)	Tunbridge Wells Harriers	37:56	M60
192	1167 Derek George (M50)	Istead & Ifield Harriers	37:57	M50
193	1121 Darren Philip (M50)	Folkestone Running and Athletics Club	38:00	M50
194	974 Steven Pairman (M60)	Blackheath and Bromley H AC	38:01	M60
195	1154 Michael Gallyer-Barnett (M55)	Invicta East Kent AC	38:02	M50
196	1359 Simon Swinnerton (M45)	Tunbridge Wells Harriers	38:12	M40
197	971 Chris Martin (M50)	Blackheath and Bromley H AC	38:17	M50
198	1295 Michael Thomson (M55)	Tonbridge AC	38:24	M50
199	1151 Paul Bartlett (M45)	Invicta East Kent AC	38:25	M40
200	1024 Winston Parkinson (M50)	Cambridge Harriers	38:47	M50
201	1234 James Otter (M60)	Plumstead Runners	38:52	M60
202	1322 George Harris (M50)	Tunbridge Wells Harriers	38:55	M50
203	917 David Hurt	Bexley AC	38:59	SM
204	865 Chris Boyce (M35)	Ashford and District RRC	39:00	SM
205	1304 Steve Bolton (M65)	Tunbridge Wells Harriers	39:03	M60
206	1205 Luke Kirby	Mote Runners	39:06	SM
207	1037 Alistair Vosper (M55)	Cambridge Harriers	39:08	M50
208	1236 Michael Collins (M45)	S Factor Academy	39:12	M40
209	1252 Philip Larter (M50)	Swale Combined AC	39:12	M50
210	1350 Colin Ricketts (M60)	Tunbridge Wells Harriers	39:15	M60
211	890 David Olver	Beckenham Running Club	39:15	SM
212	1057 Wayne Louw (M45)	Central Park Athletics	39:18	M40
213	1407 Hugh Hennebry (M60)	Tunbridge Wells Harriers	39:31	M60

214	1002 Clem Dixon (M60)	Cambridge Harriers	39:33	M60
215	1163 Andrew Archer (M55)	Istead & Ifield Harriers	39:37	M50
216	1311 Ian Grant (M55)	Tunbridge Wells Harriers	39:50	M50
217	1113 Simon Coffey (M45)	Folkestone Running and Athletics Club	39:51	M40
218	1233 Justin Griggs (M50)	Plumstead Runners	40:17	M50
219	1231 Adam Bailey (M40)	Plumstead Runners	40:21	M40
220	905 Brian Crane (M55)	Bexley AC	40:54	M50
221	1248 Lee Sentenacq (M55)	South Kent Harriers	41:02	M50
222	1306 Sam Bridger (M35)	Tunbridge Wells Harriers	41:11	SM
223	925 Patrick Richeux (M60)	Bexley AC	41:23	M60
224	1232 Gavin Banks (M45)	Plumstead Runners	41:59	M40
225	898 Nigel Wood (M65)	Beckenham Running Club	42:06	M60
226	1351 Ian Roberts (M45)	Tunbridge Wells Harriers	42:08	M40
227	1093 Matthew Coady	Dartford Road Runners	42:08	SM
228	909 Melvyn Emmett (M50)	Bexley AC	42:18	M50
229	1019 Graham Maynard (M60)	Cambridge Harriers	42:32	M60
230	1206 Paul Norman (M50)	Mote Runners	42:51	M50
231	1427 Alex Griffith Crowe	Cambridge Harriers	43:10	SM
232	1212 Martin Pointing (M60)	Orpington Road Runners	43:45	M60
233	1318 Terry Everest (M40)	Tunbridge Wells Harriers	44:56	M40
234	764 Melwyn Moore (M60)	Istead & Ifield Harriers	45:19	M60
235	991 Foyez Ahmed	Cambridge Harriers	45:55	SM
236	1040 Paul Warricker (M60)	Cambridge Harriers	46:25	M60
237	999 Roderick Cookey-Bresi	Cambridge Harriers	46:26	SM
238	1402 Keith Lynn (M60)	Ashford and District RRC	46:55	M60
239	1020 Ian McCarthy (M65)	Cambridge Harriers	47:10	M60
240	1122 Andrew John Smith (M50)	Folkestone Running and Athletics Club	48:45	M50