

Kent Cross Country League Results - Foots Cray Meadows, Sidcup 11/10/2025**Masters Men 8000m Individual Results**

Pos	No	Name	Club	Time	
1	1014	Danny Kendall (M45)	Cambridge Harriers	27:51	M40
2	1030	Ben Shearer (M45)	Cambridge Harriers	27:56	M40
3	1268	Ed Fraser (M50)	Tonbridge AC	27:59	M50
4	1173	Lee Cooper (M40)	Medway and Maidstone AC	28:04	M40
5	1273	Craig Halsey (M45)	Tonbridge AC	28:12	M40
6	950	Leonardus De Bruyn (M45)	Blackheath and Bromley H AC	28:23	M40
7	1018	James Macdonald (M45)	Cambridge Harriers	28:47	M40
8	1291	Mathew Smith (M50)	Tonbridge AC	29:05	M50
9	957	Micah Evans (M40)	Blackheath and Bromley H AC	29:15	M40
10	1166	Keith Fairbank (M40)	Istead & Ifield Harriers	29:18	M40
11	1286	Julian Rendall (M45)	Tonbridge AC	29:41	M40
12	1182	Justin Lane (M50)	Medway and Maidstone AC	29:52	M50
13	1202	Neill Wright (M50)	Medway and Maidstone AC	30:04	M50
14	1357	Edward Steele (M40)	Tunbridge Wells Harriers	30:11	M40
15	1023	John O'Mahony (M45)	Cambridge Harriers	30:18	M40
16	980	Martin Richardson (M40)	Blackheath and Bromley H AC	30:22	M40
17	1009	Gavin Hows (M45)	Cambridge Harriers	30:31	M40
18	1197	Richard Tomlinson (M55)	Medway and Maidstone AC	30:34	M50
19	1008	Duncan Hope (M40)	Cambridge Harriers	30:45	M40
20	1044	Johnnie Arnould (M45)	Central Park Athletics	30:56	M40
21	1228	Simon Thornhill (M50)	Petts Wood Runners	31:07	M50
22	1335	John Law (M45)	Tunbridge Wells Harriers	31:15	M40
23	978	Scott Poulter (M40)	Blackheath and Bromley H AC	31:20	M40
24	878	Jim Addison (M50)	Beckenham Running Club	31:21	M50
25	1193	Jacques Smit (M40)	Medway and Maidstone AC	31:22	M40
26	948	Christian Clement (M40)	Blackheath and Bromley H AC	31:23	M40
27	1227	Mark Philbrick (M45)	Petts Wood Runners	31:32	M40
28	1256	Kevin McQuaid (M50)	Thanet Roadrunners AC	31:35	M50
29	1153	Glen Davison (M45)	Invicta East Kent AC	31:36	M40
30	1240	Oloff Van Zyl (M55)	Sevenoaks AC	31:43	M50
31	1001	Phil Dickens (M45)	Cambridge Harriers	31:45	M40
32	956	Gareth Evans (M45)	Blackheath and Bromley H AC	31:57	M40
33	1203	Nigel Lynch (M45)	Medway Tri	31:58	M40
34	1036	Stephen Thompson (M45)	Cambridge Harriers	32:00	M40
35	1191	Jason Simmonds (M50)	Medway and Maidstone AC	32:06	M50
36	1055	Simon Johnson (M45)	Central Park Athletics	32:08	M40
37	1162	Gavin Whitlock (M55)	Invicta East Kent AC	32:11	M50
38	982	Paul Sharpe (M45)	Blackheath and Bromley H AC	32:14	M40
39	1156	Darren Scrivens (M50)	Invicta East Kent AC	32:17	M50
40	1085	Huntley Roberts (M40)	Dartford Harriers AC	32:25	M40
41	1251	Jonathan Cork (M40)	Swale Combined AC	32:25	M40
42	1188	Alun Rodgers (M55)	Medway and Maidstone AC	32:29	M50
43	1353	James Sarre (M45)	Tunbridge Wells Harriers	32:40	M40
44	1223	Kevin Howarth (M50)	Petts Wood Runners	32:42	M50
45	885	Liam Hamill (M40)	Beckenham Running Club	32:47	M40
46	944	Philip Bunn (M45)	Blackheath and Bromley H AC	32:48	M40
47	1283	Mark Pitcairn-Knowles (M60)	Tonbridge AC	32:52	M60
48	1184	Scott Lynch (M55)	Medway and Maidstone AC	33:01	M50
49	1076	Reuben Burford (M50)	Dartford Harriers AC	33:08	M50

50	1171	Kevin Buchanan (M40)	Medway and Maidstone AC	33:13	M40
51	1255	Stuart Eve (M40)	Thanet Roadrunners AC	33:23	M40
52	1308	Richard Carter (M45)	Tunbridge Wells Harriers	33:28	M40
53	1211	Gavin Kitchingham (M55)	Orpington Road Runners	33:31	M50
54	1026	James Pitts (M45)	Cambridge Harriers	33:43	M40
55	1097	Ian McGrath (M50)	Dartford Road Runners	33:51	M50
56	1301	Robin Barwick (M50)	Tunbridge Wells Harriers	33:52	M50
57	1022	James Moon (M45)	Cambridge Harriers	33:52	M40
58	959	Gregory Firth (M45)	Blackheath and Bromley H AC	33:58	M40
59	1000	Steven Cummins (M50)	Cambridge Harriers	33:58	M50
60	922	Alan Perryman (M60)	Bexley AC	34:02	M60
61	1127	Andrew Wright (M45)	Folkestone Running and Athletics Club	34:06	M40
62	930	Kevin Taylor (M40)	Bexley AC	34:07	M40
63	883	Karol Dorniak (M40)	Beckenham Running Club	34:11	M40
64	1027	David Reader (M50)	Cambridge Harriers	34:18	M50
65	1025	Mark Penny (M45)	Cambridge Harriers	34:21	M40
66	1041	Andy Weir (M45)	Cambridge Harriers	34:21	M40
67	1035	Benjamin Thompson (M40)	Cambridge Harriers	34:23	M40
68	1118	David Hitching (M55)	Folkestone Running and Athletics Club	34:26	M50
69	911	Jon Fish (M45)	Bexley AC	34:28	M40
70	1053	Anthony Durey (M60)	Central Park Athletics	34:38	M60
71	949	Darren Corneille (M45)	Blackheath and Bromley H AC	34:38	M40
72	1131	Ben Guy (M45)	Greenwich Tritons	34:43	M40
73	1091	Nicholas Varley (M55)	Dartford Harriers AC	34:45	M50
74	1137	Martin Tynan (M50)	Greenwich Tritons	34:50	M50
75	1016	Will Longhurst (M40)	Cambridge Harriers	34:52	M40
76	1185	Jerome Moisan (M50)	Medway and Maidstone AC	35:03	M50
77	862	Ian King (M50)	Ashford AC	35:09	M50
78	1155	Mark Sandom (M55)	Invicta East Kent AC	35:15	M50
79	1204	Tom Shorricks (M40)	Medway Tri	35:19	M40
80	897	Craig Williamson (M60)	Beckenham Running Club	35:20	M60
81	1321	Clifford Gray (M60)	Tunbridge Wells Harriers	35:20	M60
82	1126	David Weekes (M60)	Folkestone Running and Athletics Club	35:33	M60
83	881	Ben Calascione (M55)	Beckenham Running Club	35:35	M50
84	1259	Tobin Bird (M55)	Tonbridge AC	35:37	M50
85	1195	Simon Stockwell (M45)	Medway and Maidstone AC	35:42	M40
86	876	David Tomlinson (M50)	Ashford and District RRC	35:54	M50
87	1241	Daniel Witt (M50)	Sevenoaks AC	35:58	M50
88	889	Steven Moss (M60)	Beckenham Running Club	36:01	M60
89	894	Tim Robinson (M40)	Beckenham Running Club	36:11	M40
90	1071	Uli Kilian (M45)	Crystal Palace Triathlon	36:16	M40
91	1243	Andrew Davey (M55)	South Kent Harriers	36:17	M50
92	1004	James Floyd (M45)	Cambridge Harriers	36:18	M40
93	892	Andy Regan (M50)	Beckenham Running Club	36:20	M50
94	1371	Jonathan Sargood (M40)	White Cliffs Running & Athletics Club	36:31	M40
95	1100	Barrie Seal (M45)	Dartford Road Runners	36:38	M40
96	1364	Robert Winter (M45)	Tunbridge Wells Harriers	36:39	M40
97	1271	Philip Gowing (M50)	Tonbridge AC	36:43	M50
98	1032	Vern Sillitoe (M45)	Cambridge Harriers	36:43	M40
99	963	Barry Horgan (M50)	Blackheath and Bromley H AC	36:45	M50
100	1247	Raymond Pearce (M65)	South Kent Harriers	36:52	M60
101	1196	Noel Sutton (M50)	Medway and Maidstone AC	36:53	M50

102	1323	Saul Harris (M55)	Tunbridge Wells Harriers	36:58	M50
103	972	Jason Meers (M55)	Blackheath and Bromley H AC	37:07	M50
104	872	Jim Loftus (M55)	Ashford and District RRC	37:08	M50
105	1279	Atsutoshi Maeda (M50)	Tonbridge AC	37:12	M50
106	884	Andrew Dunn (M45)	Beckenham Running Club	37:14	M40
107	1178	Robert Fursey (M60)	Medway and Maidstone AC	37:14	M60
108	1121	Darren Philip (M50)	Folkestone Running and Athletics Club	37:19	M50
109	1269	Antony Fullbrook (M60)	Tonbridge AC	37:24	M60
110	1369	Gary Barnes (M60)	White Cliffs Running & Athletics Club	37:29	M60
111	977	Colin Pearson (M55)	Blackheath and Bromley H AC	37:42	M50
112	891	Neil Phillips (M55)	Beckenham Running Club	37:44	M50
113	1319	Dan Foster (M50)	Tunbridge Wells Harriers	37:46	M50
114	864	Adrian Beresford (M60)	Ashford and District RRC	37:47	M60
115	1192	Mark Simpson (M60)	Medway and Maidstone AC	37:49	M60
116	998	Russell Buchanan (M50)	Cambridge Harriers	37:50	M50
117	1334	Mike King (M45)	Tunbridge Wells Harriers	38:06	M40
118	1337	Kannan Mahalingam (M45)	Tunbridge Wells Harriers	38:10	M40
119	1238	Yon Marsh (M65)	Sevenoaks AC	38:13	M60
120	1322	George Harris (M50)	Tunbridge Wells Harriers	38:19	M50
121	880	Ramon Boo (M50)	Beckenham Running Club	38:21	M50
122	971	Chris Martin (M50)	Blackheath and Bromley H AC	38:27	M50
123	1361	Geoff Turner (M60)	Tunbridge Wells Harriers	38:31	M60
124	1015	Martin Leat (M65)	Cambridge Harriers	38:33	M60
125	1057	Wayne Louw (M45)	Central Park Athletics	38:33	M40
126	1190	Barry Royden (M55)	Medway and Maidstone AC	38:34	M50
127	1245	Kevin Gregory (M65)	South Kent Harriers	38:35	M60
128	1215	Simon Jones (M60)	Paddock Wood AC	38:36	M60
129	1168	Peter Moore (M60)	Istead & Ifield Harriers	38:44	M60
130	861	Steve Hodges (M60)	Ashford AC	38:45	M60
131	1360	Colin Timmins (M60)	Tunbridge Wells Harriers	38:47	M60
132	1159	Ross Turner (M40)	Invicta East Kent AC	38:58	M40
133	1148	Neil Woolcombe (M45)	Harvel Hash House Harriers	39:01	M40
134	1236	Michael Collins (M45)	S Factor Academy	39:07	M40
135	1114	Stephen Deeming (M50)	Folkestone Running and Athletics Club	39:08	M50
136	1234	James Otter (M60)	Plumstead Runners	39:10	M60
137	1163	Andrew Archer (M55)	Istead & Ifield Harriers	39:15	M50
138	1327	Simon Holford (M55)	Tunbridge Wells Harriers	39:22	M50
139	1222	Nigel Haffenden (M55)	Petts Wood Runners	39:28	M50
140	1154	Michael Gallyer-Barnett (M55)	Invicta East Kent AC	39:34	M50
141	1314	Andrew Deighton (M60)	Tunbridge Wells Harriers	40:00	M60
142	877	Neil Woodham (M45)	Ashford and District RRC	40:09	M40
143	1350	Colin Ricketts (M60)	Tunbridge Wells Harriers	40:17	M60
144	1113	Simon Coffey (M45)	Folkestone Running and Athletics Club	40:23	M40
145	908	Santos Diana (M50)	Bexley AC	40:25	M50
146	1248	Lee Sentenacq (M55)	South Kent Harriers	40:52	M50
147	1002	Clem Dixon (M60)	Cambridge Harriers	40:59	M60
148	1311	Ian Grant (M55)	Tunbridge Wells Harriers	41:13	M50
149	1037	Alistair Vosper (M55)	Cambridge Harriers	41:21	M50
150	905	Brian Crane (M55)	Bexley AC	41:22	M50
151	1233	Justin Griggs (M50)	Plumstead Runners	41:31	M50
152	1145	Simon Prestige-Jones (M50)	Harvel Hash House Harriers	41:48	M50
153	1252	Philip Larter (M50)	Swale Combined AC	42:02	M50

154	909	Melvyn Emmett (M50)	Bexley AC	42:46	M50
155	1157	Richard Stokes (M50)	Invicta East Kent AC	42:50	M50
156	898	Nigel Wood (M65)	Beckenham Running Club	42:51	M60
157	1128	Greg Britton (M50)	Greenwich Tritons	42:55	M50
158	1167	Derek George (M50)	Istead & Ifield Harriers	43:12	M50
159	1303	Marcus Bird (M40)	Tunbridge Wells Harriers	43:27	M40
160	1345	Nicholas Pierce (M65)	Tunbridge Wells Harriers	43:36	M60
161	1348	Duncan Ralph (M55)	Tunbridge Wells Harriers	43:38	M50
162	1007	Roger Henderson (M45)	Cambridge Harriers	43:49	M40
163	1062	Damian Wood (M55)	Central Park Athletics	44:25	M50
164	996	Fabio Bizzi (M50)	Cambridge Harriers	45:00	M50
165	1365	Martin Yardley (M60)	Tunbridge Wells Harriers	45:03	M60
166	1346	Michael Purse (M55)	Tunbridge Wells Harriers	45:10	M50
167	1225	Paul Munday (M50)	Petts Wood Runners	45:28	M50
168	1318	Terry Everest (M40)	Tunbridge Wells Harriers	45:54	M40
169	1020	Ian McCarthy (M65)	Cambridge Harriers	48:26	M60
170	1122	Andrew John Smith (M50)	Folkestone Running and Athletics Club	51:52	M50
171	1140	Ian Dickson (M65)	Harvel Hash House Harriers	51:55	M60
172	1052	Brian Downton (M55)	Central Park Athletics	56:00	M50