

Kent Cross Country League Results - Foots Cray Meadows, Sidcup 11/10/2025**Under 20 Men 5000m Individual Results**

Pos	No	Name	Club	Time
1	596	Franklin Shepherd	Medway and Maidstone AC	16:16
2	608	Samuel Smialowski	Tonbridge AC	17:10
3	581	Harry Fage	Blackheath and Bromley H AC	17:17
4	580	Mark Constable	Blackheath and Bromley H AC	17:37
5	592	Jordon Winter	Invicta East Kent AC	17:59
6	599	Aidan Moore	Sevenoaks AC	19:14
7	578	Luke Bullen	Bexley AC	19:38
8	594	Alfie Malone	Medway and Maidstone AC	19:40
9	586	Thomas Everson	Cambridge Harriers	20:07
10	598	Luke Bridges	Sevenoaks AC	20:29
11	600	Andrew Simmons	Sevenoaks AC	21:14