

Kent Cross Country League Results - Foots Cray Meadows, Sidcup 11/10/2025**Masters 50 Men 8000m Individual Results**

Pos	No	Name	Club	Time
1	1268	Ed Fraser (M50)	Tonbridge AC	27:59
2	1291	Mathew Smith (M50)	Tonbridge AC	29:05
3	1182	Justin Lane (M50)	Medway and Maidstone AC	29:52
4	1202	Neill Wright (M50)	Medway and Maidstone AC	30:04
5	1197	Richard Tomlinson (M55)	Medway and Maidstone AC	30:34
6	1228	Simon Thornhill (M50)	Petts Wood Runners	31:07
7	878	Jim Addison (M50)	Beckenham Running Club	31:21
8	1256	Kevin McQuaid (M50)	Thanet Roadrunners AC	31:35
9	1240	Oloff Van Zyl (M55)	Sevenoaks AC	31:43
10	1191	Jason Simmonds (M50)	Medway and Maidstone AC	32:06
11	1162	Gavin Whitlock (M55)	Invicta East Kent AC	32:11
12	1156	Darren Scrivens (M50)	Invicta East Kent AC	32:17
13	1188	Alun Rodgers (M55)	Medway and Maidstone AC	32:29
14	1223	Kevin Howarth (M50)	Petts Wood Runners	32:42
15	1184	Scott Lynch (M55)	Medway and Maidstone AC	33:01
16	1076	Reuben Burford (M50)	Dartford Harriers AC	33:08
17	1211	Gavin Kitchingham (M55)	Orpington Road Runners	33:31
18	1097	Ian McGrath (M50)	Dartford Road Runners	33:51
19	1301	Robin Barwick (M50)	Tunbridge Wells Harriers	33:52
20	1000	Steven Cummins (M50)	Cambridge Harriers	33:58
21	1027	David Reader (M50)	Cambridge Harriers	34:18
22	1118	David Hitching (M55)	Folkestone Running and Athletics Club	34:26
23	1091	Nicholas Varley (M55)	Dartford Harriers AC	34:45
24	1137	Martin Tynan (M50)	Greenwich Tritons	34:50
25	1185	Jerome Moisan (M50)	Medway and Maidstone AC	35:03
26	862	Ian King (M50)	Ashford AC	35:09
27	1155	Mark Sandom (M55)	Invicta East Kent AC	35:15
28	881	Ben Calascione (M55)	Beckenham Running Club	35:35
29	1259	Tobin Bird (M55)	Tonbridge AC	35:37
30	876	David Tomlinson (M50)	Ashford and District RRC	35:54
31	1241	Daniel Witt (M50)	Sevenoaks AC	35:58
32	1243	Andrew Davey (M55)	South Kent Harriers	36:17
33	892	Andy Regan (M50)	Beckenham Running Club	36:20
34	1271	Philip Gowing (M50)	Tonbridge AC	36:43
35	963	Barry Horgan (M50)	Blackheath and Bromley H AC	36:45
36	1196	Noel Sutton (M50)	Medway and Maidstone AC	36:53
37	1323	Saul Harris (M55)	Tunbridge Wells Harriers	36:58
38	972	Jason Meers (M55)	Blackheath and Bromley H AC	37:07
39	872	Jim Loftus (M55)	Ashford and District RRC	37:08
40	1279	Atsutoshi Maeda (M50)	Tonbridge AC	37:12
41	1121	Darren Philip (M50)	Folkestone Running and Athletics Club	37:19
42	977	Colin Pearson (M55)	Blackheath and Bromley H AC	37:42
43	891	Neil Phillips (M55)	Beckenham Running Club	37:44
44	1319	Dan Foster (M50)	Tunbridge Wells Harriers	37:46
45	998	Russell Buchanan (M50)	Cambridge Harriers	37:50
46	1322	George Harris (M50)	Tunbridge Wells Harriers	38:19
47	880	Ramon Boo (M50)	Beckenham Running Club	38:21

48	971	Chris Martin (M50)	Blackheath and Bromley H AC	38:27
49	1190	Barry Royden (M55)	Medway and Maidstone AC	38:34
50	1114	Stephen Deeming (M50)	Folkestone Running and Athletics Club	39:08
51	1163	Andrew Archer (M55)	Istead & Ifield Harriers	39:15
52	1327	Simon Holford (M55)	Tunbridge Wells Harriers	39:22
53	1222	Nigel Haffenden (M55)	Petts Wood Runners	39:28
54	1154	Michael Gallyer-Barnett (M55)	Invicta East Kent AC	39:34
55	908	Santos Diana (M50)	Bexley AC	40:25
56	1248	Lee Sentenacq (M55)	South Kent Harriers	40:52
57	1311	Ian Grant (M55)	Tunbridge Wells Harriers	41:13
58	1037	Alistair Vosper (M55)	Cambridge Harriers	41:21
59	905	Brian Crane (M55)	Bexley AC	41:22
60	1233	Justin Griggs (M50)	Plumstead Runners	41:31
61	1145	Simon Prestige-Jones (M50)	Harvel Hash House Harriers	41:48
62	1252	Philip Larter (M50)	Swale Combined AC	42:02
63	909	Melvyn Emmett (M50)	Bexley AC	42:46
64	1157	Richard Stokes (M50)	Invicta East Kent AC	42:50
65	1128	Greg Britton (M50)	Greenwich Tritons	42:55
66	1167	Derek George (M50)	Istead & Ifield Harriers	43:12
67	1348	Duncan Ralph (M55)	Tunbridge Wells Harriers	43:38
68	1062	Damian Wood (M55)	Central Park Athletics	44:25
69	996	Fabio Bizzi (M50)	Cambridge Harriers	45:00
70	1346	Michael Purse (M55)	Tunbridge Wells Harriers	45:10
71	1225	Paul Munday (M50)	Petts Wood Runners	45:28
72	1122	Andrew John Smith (M50)	Folkestone Running and Athletics Club	51:52
73	1052	Brian Downton (M55)	Central Park Athletics	56:00