

**Kent Cross Country League Results - Swanley Park, Swanley 06/12/2025****Masters 45 Women 8000m Individual Results**

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	823	Elizabeth Owen (W45)	Tonbridge AC	33:00
2	819	Sasha Humphries (W50)	Tonbridge AC	35:29
3	632	Nathalie Gaudillat (W50)	Beckenham Running Club	36:13
4	836	Ali Farrall (W50)	Tunbridge Wells Harriers	36:28
5	695	Elizabeth Brookes (W45)	Central Park Athletics	37:05
6	842	Jillian Holford (W50)	Tunbridge Wells Harriers	37:26
7	854	Katie Trowsdale (W45)	Tunbridge Wells Harriers	37:31
8	765	Karen Cudmore (W50)	Medway and Maidstone AC	38:20
9	741	Kate Fry (W45)	Greenwich Tritons	38:33
10	811	Olwen Cockell (W50)	Swale Combined AC	38:46
11	627	Katie Calascione (W50)	Beckenham Running Club	39:15
12	768	Jenny Fowler (W45)	Medway and Maidstone AC	39:24
13	818	Julie Goodge (W50)	Tonbridge AC	39:40
14	1457	Leanne Cornish (W45)	S Factor Academy	39:50
15	791	Ellen Ball (W45)	Petts Wood Runners	39:50
16	679	Sally Carr (W50)	Cambridge Harriers	40:11
17	846	Sonja King (W45)	Tunbridge Wells Harriers	40:20
18	697	Suzanne Croft (W45)	Central Park Athletics	40:35
19	736	Carrie Thomas (W45)	Folkestone Running and Athletics Club	40:45
20	786	Hanka Eichler-Gregory (W45)	Mote Runners	41:19
21	630	Isobel Finnie (W45)	Beckenham Running Club	41:39
22	1393	Zoe Rekert (W50)	Harvel Hash House Harriers	41:49
23	670	Angelina Stephens (W45)	Blackheath and Bromley H AC	41:54
24	1399	Gemma Stilliard (W45)	Tunbridge Wells Harriers	41:55
25	745	Emmanuelle Navarri (W50)	Greenwich Tritons	42:18
26	718	Emma Brown (W45)	Dartford Road Runners	42:23
27	660	Elizabeth Bunn (W45)	Blackheath and Bromley H AC	42:35
28	848	Julie McPherson (W50)	Tunbridge Wells Harriers	42:44
29	1451	Sarah Carr (W50)	Beckenham Running Club	42:51
30	763	Jacqueline King (W50)	Istead & Ifield Harriers	43:24
31	732	Zoe Neale (W50)	Folkestone Running and Athletics Club	43:49
32	653	Zsuzsanna Racz (W45)	Bexley AC	44:25
33	652	Wendy Prowse (W50)	Bexley AC	44:25
34	781	Jill Young (W50)	Medway and Maidstone AC	45:58
35	721	Alexandra Cooper (W50)	Dartford Road Runners	46:06
36	719	Nicola Chapman (W45)	Dartford Road Runners	46:22
37	625	Niamh Brooks (W45)	Beckenham Running Club	46:52
38	773	Rachael Huntingford (W50)	Medway and Maidstone AC	47:25
39	801	Jude Mortimer (W50)	Plumstead Runners	48:29
40	693	Joanna Parke (W45)	Cambridge Harriers	50:37
41	793	Denise Eva (W50)	Petts Wood Runners	51:11