

**Kent Cross Country League Results - Swanley Park, Swanley 06/12/2025**

**Under 20 Women 5000m Individual Results**

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	463	Holly Diprose	Sevenoaks AC	20:44
2	466	Florrie McIver-Hall	Tonbridge AC	20:59
3	455	Naveen Deo	Medway and Maidstone AC	21:14
4	440	Kyla Dervish	Blackheath and Bromley H AC	21:36
5	462	Ella Baker	Sevenoaks AC	22:27
6	457	Heidi Hughes	Medway and Maidstone AC	22:44
7	439	Sophie Ansell	Bexley AC	24:37