

Kent Cross Country League Results - Swanley Park, Swanley 06/12/2025**Senior Women 8000m Individual Results**

Pos	No	AthleteName	Club	Time
1	668	Amelia Smith	Blackheath and Bromley H AC	30:35
2	758	Anna Weston	Invicta East Kent AC	30:45
3	778	Ella Webb	Medway and Maidstone AC	31:47
4	814	Amelia Beeston	Tonbridge AC	32:01
5	770	Emily Hale	Medway and Maidstone AC	32:28
6	774	Kay Sheedy (W40)	Medway and Maidstone AC	32:31
7	642	Alice Burnhope	Bexley AC	32:41
8	611	Amy Seager	Ashford AC	32:43
9	823	Elizabeth Owen (W45)	Tonbridge AC	33:00
10	797	Melody Kane	Petts Wood Runners	33:12
11	844	Amelie Karlsson	Tunbridge Wells Harriers	33:35
12	803	Andrea Berquez (W40)	Sevenoaks AC	33:38
13	780	Annabel Young	Medway and Maidstone AC	34:19
14	1455	Amy Goodhand	Invicta East Kent AC	34:32
15	789	Sophie Roberts	Orpington Road Runners	35:13
16	830	Katie Allen	Tunbridge Wells Harriers	35:21
17	819	Sasha Humphries (W50)	Tonbridge AC	35:29
18	692	Hayley Newman	Cambridge Harriers	35:39
19	687	Christine Lutsch (W40)	Cambridge Harriers	35:47
20	664	Gracie Horton	Blackheath and Bromley H AC	36:01
21	632	Nathalie Gaudillat (W50)	Beckenham Running Club	36:13
22	666	Trang Nguyen (W40)	Blackheath and Bromley H AC	36:24
23	836	Ali Farrall (W50)	Tunbridge Wells Harriers	36:28
24	772	Vera Hunter (W40)	Medway and Maidstone AC	36:38
25	739	Charlotte Broyd (W35)	Greenwich Tritons	36:44
26	754	Rebekah Goodhand	Invicta East Kent AC	36:55
27	695	Elizabeth Brookes (W45)	Central Park Athletics	37:05
28	678	Hannah Capey	Cambridge Harriers	37:08
29	842	Jillian Holford (W50)	Tunbridge Wells Harriers	37:26
30	648	Sophia Moore	Bexley AC	37:28
31	854	Katie Trowsdale (W45)	Tunbridge Wells Harriers	37:31
32	709	Anna Cleary (W40)	Dartford Harriers AC	37:43
33	637	Donna Mewis (W55)	Beckenham Running Club	37:48
34	696	Coralie Charles (W40)	Central Park Athletics	37:59
35	765	Karen Cudmore (W50)	Medway and Maidstone AC	38:20
36	835	Vicky Eames (W40)	Tunbridge Wells Harriers	38:24
37	741	Kate Fry (W45)	Greenwich Tritons	38:33
38	733	Catherine O'Connor (W55)	Folkestone Running and Athletics Club	38:33
39	636	Kate Marchant (W55)	Beckenham Running Club	38:42
40	811	Olwen Cockell (W50)	Swale Combined AC	38:46
41	815	Abigail Case	Tonbridge AC	38:49
42	761	Karla Ceka (W40)	Istead & Ifield Harriers	39:00
43	627	Katie Calascione (W50)	Beckenham Running Club	39:15
44	768	Jenny Fowler (W45)	Medway and Maidstone AC	39:24
45	795	Sally Haffenden (W55)	Petts Wood Runners	39:32
46	818	Julie Goodge (W50)	Tonbridge AC	39:40
47	1392	Kacie Henson	Cambridge Harriers	39:45
48	767	Sharne Elphick	Medway and Maidstone AC	39:48
49	1457	Leanne Cornish (W45)	S Factor Academy	39:50
50	791	Ellen Ball (W45)	Petts Wood Runners	39:50
51	817	Charlotte Denton	Tonbridge AC	39:54

52	639	Beth Armstrong	Bexley AC	40:05
53	679	Sally Carr (W50)	Cambridge Harriers	40:11
54	846	Sonja King (W45)	Tunbridge Wells Harriers	40:20
55	712	Tanya Lorenzotti (W35)	Dartford Harriers AC	40:32
56	752	Emily Plummer (W35)	Harvel Hash House Harriers	40:34
57	697	Suzanne Croft (W45)	Central Park Athletics	40:35
58	629	Deirdre Finnerty (W40)	Beckenham Running Club	40:42
59	736	Carrie Thomas (W45)	Folkestone Running and Athletics Club	40:45
60	786	Hanka Eichler-Gregory (W45)	Mote Runners	41:19
61	762	Sally George (W40)	Istead & Ifield Harriers	41:28
62	616	Christine Costiff (W60)	Ashford and District RRC	41:37
63	630	Isobel Finnie (W45)	Beckenham Running Club	41:39
64	683	Marian Hine (W55)	Cambridge Harriers	41:43
65	1393	Zoe Rekert (W50)	Harvel Hash House Harriers	41:49
66	670	Angelina Stephens (W45)	Blackheath and Bromley H AC	41:54
67	1399	Gemma Stilliard (W45)	Tunbridge Wells Harriers	41:55
68	745	Emmanuelle Navarri (W50)	Greenwich Tritons	42:18
69	718	Emma Brown (W45)	Dartford Road Runners	42:23
70	660	Elizabeth Bunn (W45)	Blackheath and Bromley H AC	42:35
71	848	Julie McPherson (W50)	Tunbridge Wells Harriers	42:44
72	1458	Grazia Manzotti (W55)	Tonbridge AC	42:44
73	1451	Sarah Carr (W50)	Beckenham Running Club	42:51
74	853	Rose Sawyer (W55)	Tunbridge Wells Harriers	43:04
75	763	Jacqueline King (W50)	Istead & Ifield Harriers	43:24
76	747	Lisa Stafford	Greenwich Tritons	43:33
77	732	Zoe Neale (W50)	Folkestone Running and Athletics Club	43:49
78	831	Alison Beard (W55)	Tunbridge Wells Harriers	43:52
79	653	Zsuzsanna Racz (W45)	Bexley AC	44:25
80	652	Wendy Prowse (W50)	Bexley AC	44:25
81	701	Denise Rose (W60)	Central Park Athletics	44:42
82	643	Alexandra Dale	Bexley AC	44:56
83	631	Julia Garvey (W55)	Beckenham Running Club	45:25
84	775	Angeline Smith	Medway and Maidstone AC	45:29
85	781	Jill Young (W50)	Medway and Maidstone AC	45:58
86	721	Alexandra Cooper (W50)	Dartford Road Runners	46:06
87	719	Nicola Chapman (W45)	Dartford Road Runners	46:22
88	625	Niamh Brooks (W45)	Beckenham Running Club	46:52
89	773	Rachael Huntingford (W50)	Medway and Maidstone AC	47:25
90	785	Tracey Dennis (W60)	Mote Runners	47:46
91	801	Jude Mortimer (W50)	Plumstead Runners	48:29
92	1391	Stephanie Rose Dann (W35)	Cambridge Harriers	50:37
93	693	Joanna Parke (W45)	Cambridge Harriers	50:37
94	793	Denise Eva (W50)	Petts Wood Runners	51:11
95	626	Tanya Byrne (W55)	Beckenham Running Club	60:22