

**Kent Cross Country League Results - Foots Cray Meadows, Sidcup 14/12/2019****Under 20 Men 5000m Individual Results**

<b>Pos</b>	<b>No</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	550	Ted Higgins	Bexley AC	19:57
2	546	Harrison Tremain	Ashford AC	20:01
3	554	Matthew Francis	Blackheath and Bromley H AC	20:48
4	571	Brett Baker	Greenwich Tritons	21:27
5	591	Mohamed Elmi	S-Factor Academy	21:40
6	574	Cole Gibbens	Invicta East Kent AC	21:40
7	543	William Knight	Ashford AC	21:41
8	552	Regan Thomas	Bexley AC	22:20
9	584	Alexander Donnelly	Medway and Maidstone AC	23:23
10	581	Quinn Austin	Medway and Maidstone AC	23:57
11	580	Reegan Archer	Medway and Maidstone AC	25:26
12	1439	Cameron Reeve	The Judd School	25:39