

Kent League Cross Country – Swanley Park
Sat 12th October 2019

Event	Time	Course	Distance
Under 13 Girls	12.00	ABCDE	2920 metres
Under 13 Boys	12.20	ABCDE	2920 metres
Under 15 Girls	12.40	ACD ABCDE	4160 m
Under 15 Boys	13.00	ACD ABCDE	4160 m
Under 17 Women	13.20	ABC ABCDE	5025 m
Under 17/20 Men	13.40	ABC ABCDE	5025 m
Under 20 Women	14.15	ABC ABCDE	5025 m
Snr and Vet Women	14.15	ABC ABCDE	5025 m
Men Vet 70+	14.15	ABC ABCDE	5025 m
Snr and Vet Men	14.45	ACD ABCDE ABCDE ABCDE	10000m