

Kent Cross Country League Results - Beech Grove Academy, Nonington 13/10/2018**Senior Women 5000m Individual Results**

Pos	No	AthleteName	Club	Time
1	901	Maria Heslop (W50)	Tonbridge AC	19:09
2	913	Sian Robertson	Tonbridge AC	20:11
3	771	Cas Wright	Dartford Harriers AC	20:18
4	734	Caroline Ford	Cambridge Harriers	20:27
5	877	Liz Weeks (W35)	Sittingbourne Striders	20:37
6	703	Victoria Croucher	Bexley AC	20:45
7	657	Lyata Santos (U20W)	Blackheath and Bromley H AC	21:05
8	670	Roseanna Temple (U20W)	Invicta East Kent AC	21:10
9	933	Harriet Woolley	Tunbridge Wells Harriers	21:20
10	659	Millie Smith (U20W)	Blackheath and Bromley H AC	21:23
11	839	Sarah Shephard	Larkfield AC	21:30
12	817	Hannah Bradley	Invicta East Kent AC	21:30
13	736	Louise Knight (W45)	Cambridge Harriers	21:33
14	756	Emma Sharp (W35)	Central Park Athletics	21:34
15	853	Jemma Whyman	Medway and Maidstone AC	21:39
16	675	Gemma Carter Collins (W35)	Ashford AC	21:40
17	660	Lara Atkinson (U20W)	Cambridge Harriers	21:42
18	752	Anoushka Johnson (W40)	Central Park Athletics	21:42
19	896	Claire Day (W35)	Tonbridge AC	21:43
20	856	Nicola Lilley (W35)	Medway Tri	21:47
21	788	Nikki Goodwin (W35)	Folkestone RC	21:51
22	903	Sasha Houghton (W45)	Tonbridge AC	21:59
23	684	Becky Macey (W35)	Ashford and District RC	22:06
24	861	Ashley Pearson (W40)	Orpington Road Runners	22:17
25	908	Tina Oldershaw (W50)	Tonbridge AC	22:22
26	797	Amy Byrne	Greenwich Tritons	22:23
27	1448	Pru Clements (W40)	Tunbridge Wells Harriers	22:25
28	677	Briony Walsh	Ashford AC	22:31
29	802	Melissa Jones	Greenwich Tritons	22:31
30	700	Alice Burnhope	Bexley AC	22:33
31	845	Kerrie Clarke (W40)	Medway and Maidstone AC	22:33
32	923	Jillian Holford (W45)	Tunbridge Wells Harriers	22:41
33	823	Gabija Rasiukeviciute	Invicta East Kent AC	22:44
34	887	Josie Nye	Swale Combined AC	22:50
35	894	Annabel Carter	Tonbridge AC	23:03
36	848	Jenny Fowler (W40)	Medway and Maidstone AC	23:06
37	835	Katie Vick	Istead & Ifield Harriers	23:11
38	668	Emily Chambers (U20W)	Folkestone RC	23:13
39	819	Rhian Dawes	Invicta East Kent AC	23:18
40	898	Rachel Fagg (W40)	Tonbridge AC	23:25
41	852	Antel Muller	Medway and Maidstone AC	23:31
42	731	Susan Dixon (W50)	Cambridge Harriers	23:35
43	728	Christine Bond (W50)	Cambridge Harriers	23:36
44	743	Hayley Newman	Cambridge Harriers	23:37
45	897	Nichola Evans (W35)	Tonbridge AC	23:46
46	692	Melanie Burdett (W40)	Beckenham Running Club	23:53
47	914	Antonia Skeritt (W35)	Tonbridge AC	23:58
48	727	Rose Baker (W50)	Cambridge Harriers	23:59
49	863	Mandy Barker (W45)	Paddock Wood AC	24:05
50	911	Lucy Pitcairn-Knowles (W50)	Tonbridge AC	24:07
51	881	Natalie Karimi (W40)	South Kent Harriers	24:09
52	851	Taryne McPherson (W40)	Medway and Maidstone AC	24:12

53	702	Laura Crane	Bexley AC	24:13
54	822	Amy Old	Invicta East Kent AC	24:20
55	690	Rhian Shrimplin	Ashford and District RC	24:24
56	785	Caroline Curtis (W50)	Folkestone RC	24:25
57	883	Marie Watson (W50)	South Kent Harriers	24:34
58	875	Jennifer Simpson	Sittingbourne Striders	24:39
59	696	Kate Marchant (W50)	Beckenham Running Club	24:42
60	758	Renee-Marie Young (W45)	Central Park Athletics	24:49
61	885	Olwen Cockell (W45)	Swale Combined AC	24:52
62	831	Jackie King (W45)	Istead & Ifield Harriers	24:54
63	820	Rebecca Jackson	Invicta East Kent AC	24:55
64	854	Claire Wilkins (W35)	Medway and Maidstone AC	25:02
65	905	Susan Jeddo (W40)	Tonbridge AC	25:04
66	890	Wendy Walach (W35)	Swale Combined AC	25:06
67	729	Sally Carr (W45)	Cambridge Harriers	25:07
68	679	Christine Costiff (W55)	Ashford and District RC	25:12
69	824	Victoria Talbot Rosner (W55)	Invicta East Kent AC	25:16
70	1450	Michele Bradshaw (W55)	Tunbridge Wells Harriers	25:19
71	704	Jodie Harvey (W35)	Bexley AC	25:24
72	884	Lisa Berkman (W40)	Swale Combined AC	25:33
73	806	Lesley McCarthy (W45)	Greenwich Tritons	25:35
74	796	Kirsty Wilson	Folkestone RC	25:39
75	693	Katie Calascione (W40)	Beckenham Running Club	25:39
76	893	Clare Brown (W50)	Tonbridge AC	25:44
77	833	Janet Murray (W40)	Istead & Ifield Harriers	25:52
78	849	Bernadette Harrop (W45)	Medway and Maidstone AC	25:56
79	790	Catherine O'Connor (W45)	Folkestone RC	26:05
80	686	Gill O'Connor (W55)	Ashford and District RC	26:10
81	662	Jade Fitt (U20W)	Cambridge Harriers	26:20
82	841	Tracey Dennis (W50)	Maidstone Harriers	26:29
83	647	Gabriella Stannard (U20W)	Ashford AC	26:44
84	879	Kirsty Hogben	South Kent Harriers	26:48
85	751	Tessa Hales (W35)	Central Park Athletics	26:50
86	695	Helen Griffin (W35)	Beckenham Running Club	26:53
87	826	Sally Dawodu-Talabi (W50)	Istead & Ifield Harriers	27:01
88	928	Stella Richardson (W60)	Tunbridge Wells Harriers	27:01
89	709	Vanessa Robinson (W35)	Bexley AC	27:02
90	680	Claire Green (W35)	Ashford and District RC	27:04
91	906	Grazia Manzotti (W45)	Tonbridge AC	27:05
92	834	Barbara Ockendon (W65)	Istead & Ifield Harriers	27:05
93	761	Claire Capon	Dartford Harriers AC	27:07
94	932	Carol Tsang (W40)	Tunbridge Wells Harriers	27:11
95	741	Joanne Murphy (W55)	Cambridge Harriers	27:15
96	907	Lorraine Nikhwai (W35)	Tonbridge AC	27:16
97	691	Gail Arnott (W55)	Beckenham Running Club	27:18
98	891	Deniz Bowart (W40)	Tonbridge AC	27:36
99	793	Gail Turbutt (W45)	Folkestone RC	27:38
100	882	Helen Proud (W50)	South Kent Harriers	27:42
101	904	Sue James (W65)	Tonbridge AC	27:45
102	794	Catriona Watts (W50)	Folkestone RC	27:46
103	791	Jennifer Quinn (W35)	Folkestone RC	27:49
104	759	Lizzy Brama (W35)	Crystal Palace Triathlon	27:55
105	683	Jacyln Kay (W35)	Ashford and District RC	28:12
106	874	Emily Middleton	Sittingbourne Striders	28:18
107	855	Jill Young (W45)	Medway and Maidstone AC	28:22

108	838	Janice Moorekite (W60)	Larkfield AC	28:23
109	694	Emma Coakley	Beckenham Running Club	28:51
110	739	Donna Martin	Cambridge Harriers	29:20
111	737	Maria Macdonald (W65)	Cambridge Harriers	29:32
112	733	Angela Ford (W50)	Cambridge Harriers	29:37
113	810	Sarah Stoneham (W45)	Greenwich Tritons	29:59
114	814	Sarah Leach (W50)	Harvel Hash House Harriers	30:00
115	732	Susan Edwards (W60)	Cambridge Harriers	30:10
116	864	Julie Harker (W45)	Paddock Wood AC	30:11
117	753	Kristen Mcteer (W40)	Central Park Athletics	30:15
118	809	Lauren Porter (W45)	Greenwich Tritons	30:48
119	764	Stephanie Rose Dann	Dartford Harriers AC	31:06
120	787	Julie Gibbs (W55)	Folkestone RC	31:34
121	900	Edina Hellyer (W50)	Tonbridge AC	31:43
122	786	Tina Eke (W55)	Folkestone RC	31:44
123	681	Lucy Johnstone (W40)	Ashford and District RC	31:53
124	808	Catherine Pinchen (W50)	Greenwich Tritons	32:08
125	860	Katie Page	Orpington Road Runners	32:44
126	867	Diana Tilston (W40)	Paddock Wood AC	33:46
127	707	Geraldine Legon (W60)	Bexley AC	34:03
128	674	Nicki Buckman (W40)	Ashford AC	35:26
129	767	Janice Munday (W45)	Dartford Harriers AC	36:17