

Kent Cross Country League Results - Foots Cray Meadows, Sidcup 24/11/2018**Senior Men 10000m Individual Results**

Pos	No	Name	Club	Time
1	1362	Benedict Cole	Tonbridge AC	33:38
2	1357	Jamie Bryant	Tonbridge AC	33:48
3	1266	Tewelde Menges	Medway and Maidstone AC	34:07
4	1376	Sean Molloy	Tonbridge AC	34:11
5	1552	Cameron Payas	Tonbridge AC	34:24
6	1034	Alex Bruce-Littlewood	Blackheath and Bromley H AC	34:30
7	1368	Michael Ellis	Tonbridge AC	34:39
8	590	Marshall Smith (U20M)	Ashford AC	34:42
9	1007	Niki Faulkner	Bexley AC	34:49
10	1226	Ed Bovingdon	Istead & Ifield Harriers	35:06
11	1025	Thomas Wright	Bexley AC	35:17
12	1256	Tom Collins	Medway and Maidstone AC	35:26
13	644	Daniel Schofield (U20M)	Tonbridge AC	35:42
14	1137	Alex Cameron	Dartford Harriers AC	35:48
15	1049	Alex Gibbins (M40)	Blackheath and Bromley H AC	35:54
16	1273	Noel Sutton (M45)	Medway and Maidstone AC	35:59
17	1355	Daniel Bradley	Tonbridge AC	36:03
18	623	Marley Godden (U20M)	Medway and Maidstone AC	36:08
19	1343	Richard Newsome (M40)	South Kent Harriers	36:24
20	1276	Mark Wilkins	Medway and Maidstone AC	36:26
21	1259	Christopher Fullerton	Medway and Maidstone AC	36:42
22	1381	Harry Paton	Tonbridge AC	36:50
23	1382	Dane Poore	Tonbridge AC	36:52
24	1257	Jack Crossley	Medway and Maidstone AC	36:56
25	1274	Richard Tomlinson (M50)	Medway and Maidstone AC	37:14
26	1165	Jay Smith	Dartford Road Runners	37:15
27	622	Jacques Cunningham-Marsh (U20M)	Medway and Maidstone AC	37:19
28	1134	Chris Biddle	Dartford Harriers AC	37:24
29	1041	Thomas Desborough	Blackheath and Bromley H AC	37:33
30	645	James Stoney (U20M)	Tonbridge AC	37:44
31	1118	Craig Sharp (M40)	Central Park Athletics	37:47
32	1045	Gareth Evans (M40)	Blackheath and Bromley H AC	37:55
33	1345	Sam Rigby (M40)	South Kent Harriers	37:58
34	1142	Jon Kennedy	Dartford Harriers AC	38:02
35	1179	Ian McGilloway (M40)	Folkestone Running Club	38:05
36	1018	Joseph O'Hara	Bexley AC	38:10
37	1372	Luke Hooper	Tonbridge AC	38:19
38	1413	Andrew Howey (M55)	Tunbridge Wells Harriers	38:24
39	1375	Daniel Madams (M45)	Tonbridge AC	38:31
40	1272	Daniel St Martin	Medway and Maidstone AC	38:44
41	1044	Luca Ercolani (M45)	Blackheath and Bromley H AC	38:48
42	1373	Jack Keywood	Tonbridge AC	38:48
43	1070	Lewis Baker	Cambridge Harriers	38:53
44	1143	Janusz Latala	Dartford Harriers AC	39:05
45	1242	Noel Lyons (M50)	Larkfield AC	39:05
46	1270	Barry Royden (M50)	Medway and Maidstone AC	39:22
47	1217	Michael Mawby	Invicta East Kent AC	39:25
48	1407	Kieran Fitzpatrick	Tunbridge Wells Harriers	39:38
49	1279	Neill Wright (M40)	Medway and Maidstone AC	39:42

50	985	Simon Culver	Beckenham Running Club	39:44
51	1387	Toby Ryan	Tonbridge AC	39:51
52	978	Jonathan Wells (M40)	Ashford & District RRC	39:54
53	1392	Adam Styles (M45)	Tonbridge AC	39:56
54	1186	Nicholas Steele	Folkestone Running Club	39:59
55	965	Trevor Kay	Ashford & District RRC	40:00
56	1112	Dylan Beaver (M45)	Central Park Athletics	40:00
57	1248	Steve Throssell (M45)	Larkfield AC	40:03
58	967	Tomasz Latala	Ashford & District RRC	40:06
59	1267	Chris Rampling	Medway and Maidstone AC	40:13
60	1297	Graeme Lugar	Orpington Road Runners	40:13
61	1177	Thomas Leaver	Folkestone Running Club	40:14
62	1082	Steven Groom	Cambridge Harriers	40:22
63	1078	Dom Fiore (M45)	Cambridge Harriers	40:28
64	1188	Dominic Woolford	Folkestone Running Club	40:34
65	962	Daniel Green (M45)	Ashford & District RRC	40:36
66	1116	Rocco Paone	Central Park Athletics	40:40
67	1293	Steven Georgiadis (M55)	Orpington Road Runners	40:40
68	1114	Anthony Durey (M55)	Central Park Athletics	40:43
69	1281	Tristan Hodges (M40)	Medway Phoenix	40:44
70	1066	Jonathan Vintner	Blackheath and Bromley H AC	40:47
71	1389	Jordan Saul	Tonbridge AC	40:49
72	1396	Joseph Watts	Tonbridge AC	40:58
73	1277	Gareth Williams (M50)	Medway and Maidstone AC	41:07
74	1284	Nigel Lynch (M40)	Medway Tri	41:14
75	1296	Gavin Kitchingham (M50)	Orpington Road Runners	41:20
76	1374	Stephen Keywood (M55)	Tonbridge AC	41:26
77	1092	Ian Miller (M45)	Cambridge Harriers	41:28
78	1237	Daniel Walsh	Istead & Ifield Harriers	41:28
79	1262	Justin Lane (M40)	Medway and Maidstone AC	41:32
80	1258	Adam Featherstone (M45)	Medway and Maidstone AC	41:39
81	1098	Christian Poulton (M50)	Cambridge Harriers	41:40
82	1221	Gavin Whitlock (M45)	Invicta East Kent AC	41:41
83	972	Andrew Noble (M50)	Ashford & District RRC	41:42
84	1081	Tarbo Fukazawa	Cambridge Harriers	41:48
85	1386	Adam Roeder	Tonbridge AC	41:48
86	1508	Alexander Holmes (M40)	Tunbridge Wells Harriers	41:49
87	1449	Matthew Clements (M45)	Tunbridge Wells Harriers	41:50
88	1111	Andrew Baranowski (M40)	Central Park Athletics	41:54
89	1547	David Robinson (M40)	Cambridge Harriers	41:55
90	1365	Thomas Cox	Tonbridge AC	41:57
91	1401	Richard Carter	Tunbridge Wells Harriers	41:57
92	1303	Jason Witcombe (M40)	Orpington Road Runners	42:01
93	1051	Graham Hollingdale	Blackheath and Bromley H AC	42:03
94	1099	David Reader (M45)	Cambridge Harriers	42:08
95	1170	Tristan Bruce (M45)	Folkestone Running Club	42:13
96	1147	Stuart Waterman (M40)	Dartford Harriers AC	42:15
97	1123	Michael Dowds	Crystal Palace Triathlon	42:19
98	1548	John Hill	Folkestone Running Club	42:21
99	971	Paul Moses (M55)	Ashford & District RRC	42:27
100	1330	Gareth Lewis (M50)	Sittingbourne Striders	42:29
101	1059	Fintan Parkinson (M40)	Blackheath and Bromley H AC	42:40

102	1349	Andrew Scoones	Swale Combined AC	42:50
103	1268	Alun Rodgers (M50)	Medway and Maidstone AC	42:57
104	1344	Raymond Pearce (M55)	South Kent Harriers	43:03
105	1193	Isaac Griffiths	Greenwich Tritons	43:09
106	1418	Casper Morris (M45)	Tunbridge Wells Harriers	43:12
107	975	Paul Ridley	Ashford & District RRC	43:15
108	1269	Sean Rodwell	Medway and Maidstone AC	43:17
109	1353	Tobin Bird (M50)	Tonbridge AC	43:26
110	1405	Adam Dennis	Tunbridge Wells Harriers	43:27
111	1245	Andy Smith (M45)	Larkfield AC	43:32
112	969	Scott Lynch (M50)	Ashford & District RRC	43:38
113	1093	Warren Mills (M40)	Cambridge Harriers	43:45
114	1553	Mark Pitcairn-Knowles (M50)	Tonbridge AC	43:52
115	982	Ben Calascione (M45)	Beckenham Running Club	43:55
116	1115	Antony Hylton (M40)	Central Park Athletics	43:57
117	1229	Derek George (M45)	Istead & Ifield Harriers	43:59
118	983	Simon Carter (M40)	Beckenham Running Club	44:04
119	1014	Martin Jenner	Bexley AC	44:05
120	1493	Chris Reid (SM)	Central Park Athletics	44:05
121	1160	Tony Piper (M50)	Dartford Road Runners	44:07
122	1308	Michael Gibbs	Paddock Wood AC	44:08
123	1438	Simon Whitaker (M50)	Tunbridge Wells Harriers	44:10
124	970	Adrian Moody (M55)	Ashford & District RRC	44:11
125	1084	David Kitcher (M60)	Cambridge Harriers	44:13
126	994	Ed Osborne (M40)	Beckenham Running Club	44:15
127	1291	Michael Brockwell (M50)	Orpington Road Runners	44:16
128	1435	Matthew Trainer (M40)	Tunbridge Wells Harriers	44:20
129	1321	Steve Wright (M45)	Paddock Wood AC	44:25
130	1260	Robert Fursey (M55)	Medway and Maidstone AC	44:30
131	1397	Andrew Wood (M55)	Tonbridge AC	44:31
132	1419	Ben Muir (M40)	Tunbridge Wells Harriers	44:32
133	1400	Alex Blackall	Tunbridge Wells Harriers	44:38
134	1412	Simon Howden (M45)	Tunbridge Wells Harriers	44:42
135	1287	Vincent Seymour (M45)	Medway Tri	44:46
136	1434	Colin Timmins (M50)	Tunbridge Wells Harriers	44:50
137	1089	Graham Maynard (M55)	Cambridge Harriers	45:01
138	1155	Steve Jarvis (M45)	Dartford Road Runners	45:09
139	1223	Andrew Archer (M45)	Istead & Ifield Harriers	45:13
140	1199	Simon Neville (M55)	Greenwich Tritons	45:25
141	1119	Mark Smith	Central Park Athletics	45:43
142	1230	Darren Harger (M45)	Istead & Ifield Harriers	45:48
143	1005	Daniel Dean	Bexley AC	45:50
144	981	Michael Beecher (M60)	Beckenham Running Club	45:53
145	1215	Nick Chappell (M50)	Invicta East Kent AC	45:56
146	1076	Clem Dixon (M55)	Cambridge Harriers	46:04
147	964	Carl Ireland (M55)	Ashford & District RRC	46:10
148	1036	Richard Byford	Blackheath and Bromley H AC	46:14
149	1241	Lee Jones (M40)	Larkfield AC	46:18
150	1398	Stephen Austin (M60)	Tunbridge Wells Harriers	46:26
151	1249	Keith Dean (M50)	Maidstone Harriers	46:33
152	1254	David Thornby (M65)	Maidstone Harriers	46:34
153	1087	Peter Lukacs (M50)	Cambridge Harriers	46:35

154	1003	Mark Collier (M45)	Bexley AC	46:41
155	1507	Terry Everest (SM)	Tunbridge Wells Harriers	47:04
156	1320	Mark Wild (M45)	Paddock Wood AC	47:05
157	1073	Jeremy Carnell (M60)	Cambridge Harriers	47:10
158	1311	Sam Harker (M45)	Paddock Wood AC	47:11
159	1348	Daniel Martin	Swale Combined AC	47:17
160	1154	Gary Hadfield (M50)	Dartford Road Runners	47:18
161	1415	Andrew Joad (M50)	Tunbridge Wells Harriers	47:24
162	1144	Cullen O'Donnell (M50)	Dartford Harriers AC	47:31
163	1390	Mark Schofield (M50)	Tonbridge AC	47:38
164	960	Anthony Brown	Ashford & District RRC	47:44
165	1318	John Tilston (M40)	Paddock Wood AC	47:48
166	1071	Alan Black (M65)	Cambridge Harriers	48:04
167	1140	Jonathan Ives (M50)	Dartford Harriers AC	48:13
168	1075	Michael Daly (M40)	Cambridge Harriers	48:19
169	1100	Joseph Simmons	Cambridge Harriers	48:19
170	1429	Michael Russell (M50)	Tunbridge Wells Harriers	48:27
171	1166	James Storey	Dartford Road Runners	48:33
172	1432	Mark Taylor (M65)	Tunbridge Wells Harriers	48:38
173	1409	George Harris (M40)	Tunbridge Wells Harriers	48:45
174	1189	Christopher Woolgar (M60)	Folkestone Running Club	48:57
175	1191	Daniel Danko (M40)	Greenwich Tritons	49:00
176	1216	Michael Gallyer-Barnett (M50)	Invicta East Kent AC	49:01
177	1009	John Gates (M55)	Bexley AC	49:10
178	1354	Cain Bradley (M55)	Tonbridge AC	49:19
179	1359	Brian Buckwell (M65)	Tonbridge AC	49:34
180	1205	Paul Treadwell (M45)	Greenwich Tritons	49:46
181	1164	Adam Shonk	Dartford Road Runners	50:19
182	1212	Andrew Plummer	Harvel Hash House Harriers	50:43
183	1069	Patrick Austin (M50)	Cambridge Harriers	50:55
184	957	Adrian Beresford (M50)	Ashford & District RRC	51:06
185	1094	John Murphy (M60)	Cambridge Harriers	51:13
186	1347	Scott Gillespie (M45)	Swale Combined AC	51:20
187	1214	Richard Woodhams (M50)	Harvel Hash House Harriers	51:25
188	1334	Lee Brewer (M40)	South Kent Harriers	51:29
189	1253	Scott Shurmer (M45)	Between Clubs	51:33
190	1423	Nick Pierce (M60)	Tunbridge Wells Harriers	51:42
191	1129	Gareth Robson (M55)	Crystal Palace Triathlon	52:22
192	1203	Ed Simpson (M50)	Greenwich Tritons	52:30
193	1006	Jim Faulkner (M50)	Bexley AC	52:43
194	1394	Richard Tosh (M40)	Tonbridge AC	52:57
195	1011	Chris Gosden (M50)	Bexley AC	53:22
196	973	Stuart Nunn (M40)	Ashford & District RRC	53:25
197	1023	Kevin Winch (M55)	Bexley AC	53:47
198	1546	James Collis (M50)	Cambridge Harriers	53:56
199	1010	Kemal Gediz (M55)	Bexley AC	54:01
200	1090	Ian McCarthy (M60)	Cambridge Harriers	54:09
201	1196	Stephen Lockwood (M55)	Greenwich Tritons	54:16
202	1211	Thomas Leach (M50)	Harvel Hash House Harriers	54:20
203	1550	Mark Beech	Swale Combined AC	54:30
204	1096	Wole Odele (M50)	Cambridge Harriers	54:51
205	1210	Ian Dickson (M60)	Harvel Hash House Harriers	54:58

206	980	Kenneth Baksh (M60)	Beckenham Running Club	55:05
207	1095	Mark Newell (M55)	Cambridge Harriers	55:07
208	1426	Peter Richardson (M65)	Tunbridge Wells Harriers	55:45
209	1295	David Jenkins (M45)	Orpington Road Runners	55:53
210	953	Gordon Steadwood (M50)	Ashford AC	58:36
211	1156	Roy Knight (M65)	Dartford Road Runners	58:45
212	1504	Kevin Strachan (M45)	Swale Combined AC	59:57
213	1172	Grahame Eke (M65)	Folkestone Running Club	60:06
214	1190	Simon Capey (M65)	Greenwich Tritons	61:49
215	1250	David Grunfeld (M65)	Maidstone Harriers	64:43
216	977	Trevor Sparkes (M50)	Ashford & District RRC	65:33
217	1551	Ben Jennings (M40)	Swale Combined AC	68:47