

KENT CROSS COUNTRY LEAGUE
Sparrows Den, West Wickham. Saturday 7th November 2015.

Senior Men

Five hundred athletes headed to the steeply wooded slopes of Sparrows Den for the third Kent League meeting on Saturday, writes Rob Bright. Eight races in the various Young Athletes age groups were followed by the Senior Mens' race in which there were 181 finishers.

Tom Collins showed great form to take his first Kent League race win for two years. The Kent steeplechase champion was well clear of Rob Jackaman, who managed his highest ever placing in a Kent League race.

Former Kent champion, Mike Coleman, finished in third place ahead of a procession of Tonbridge athletes led in by Tom Cox. Tonbridge AC were, once again, dominant in all the mens' competitions – they had no less than eleven finishers amongst the top 20 senior placings and the destination of the team race was never in any doubt.

Tonbridge's Andy Mercer was the leading over-40 in 8th place; Andy Howey from Tunbridge Wells led in the over-50s finishing 22nd and James Graham was the best over-60 athlete.

Young Athletes

There was some great competition from the young athletes on the challenging slopes of Sparrows Den, many of whom are now familiar faces from their local parkruns.

Both Rowan Fuss in the under-13 boys and Alasdair Kinloch in the under-17 mens' races completed a clean sweep of three wins in successive league races.

Ellie Dolby accomplished the same feat in the under-13 girls' event.

Tonbridge AC were team winners in all but two of the races where Blackheath and Bromley Harriers stepped up to take the plaudits.

Rob Bright