

KCAA Club Relay Championships - Medway Park, Gillingham 16/09/2018

U13G 4 x 200m

Final

1	T	Tonbridge AC 1	Harriet Medlen, Otilie Mcardle Hodge, Abigail Falkous, Lucy Tallon	1:57.9
2	F	Folkestone RC 1	Grace Dixon, Maisie Riddell, Evie Fouracre, Caitlin Taylor	2:03.5
3	M	Medway & Maidstone AC 1	Sarah Watmough, Grace O'Connell, Abbe Clarke, Ruby Towler	2:04.1
4	X	Bexley AC 1	Emma Powell, Rosie Chandler, Heather Beet, Miriam Adebayo	2:04.5
5	K	Invicta East Kent AC 1	Amelia Lawton, Darcie Maple, Macey Sawyer, Atida Kusotera	2:07.7
6	TT	Tonbridge AC 2	Abigail O'Dwyer, Ava Iaquaniello, Ella Monk, Flora Saunders	2:07.7
7	UU	Tonbridge AC 4	Esme Harrison, Amelie Rabbidge, Mags Bowyer-Sidwell, Trudy Williams	2:10.7

U13B 4 x 200m

Heat 1

1	C	Cambridge Harriers 1	Mubarrak Salih, Dayo Sijuade, Dontay Thomas, Joshua Jackson	1:50.6	Q
2	T	Tonbridge AC 1	Thomas Daly, Mekhi Hendry, Aidan Collins, Joshua Woodliffe	1:55.0	Q
3	TT	Tonbridge AC 2	Angus Hall, Ali Eddama, William Davey, Charlie Goodwin	1:55.2	Q
4	K	Invicta East Kent AC 1	Joseph Holness, Jens Chappell, James Gill, Joshua Thomas-Wright	2:04.5	q
5	MM	Medway & Maidstone AC 2	Daniel Culver, Daniel Shoyoye, Casey-Preston Lougheed, Zacharious Mitchell	2:11.0	

U13B 4 x 200m

Heat 2

1	B	Blackheath & Bromley H AC 1	Oles Chaban, Zuriel Nwogwugwu, Rayhan Mourtada, Ethan Alapafuja	1:56.2	Q
2	U	Tonbridge AC 3	Zac Dixon, Jonathan Hosier, Felic Gollan, Gus Minster	1:59.7	Q
3	J	The Judd School 1	Charlie Cordiner, James Pearce, Mark Roberts, Tobias Sawle	2:03.5	Q
4	F	Folkestone RC 1	Charlie Wallis, Kobey Permaul, Marley Permaul, Emmanuel Virginie	2:04.9	q
5	M	Medway & Maidstone AC 1	Jake Foster, Stanley Cook, Charlie Rouse, Cameron Isaac	2:05.5	
6	UU	Tonbridge AC 4	Tom Walker, Liam Boyce, Ryan Young, Theo Swaby	2:06.1	

U13B 4 x 200m

Final

1	C	Cambridge Harriers 1	Mubarrak Salih, Dayo Sijuade, Dontay Thomas, Joshua Jackson	1:50.9
2	B	Blackheath & Bromley H AC 1	Oles Chaban, Zuriel Nwogwugwu, Rayhan Mourtada, Ethan Alapafuja	1:54.0
3	TT	Tonbridge AC 2	Angus Hall, Ali Eddama, William Davey, Charlie Goodwin	1:55.3
4	T	Tonbridge AC 1	Thomas Daly, Mekhi Hendry, Aidan Collins, Joshua Woodliffe	1:55.9
5	J	The Judd School 1	Charlie Cordiner, James Pearce, Mark Roberts, Tobias Sawle	2:05.0
6	F	Folkestone RC 1	Charlie Wallis, Kobey Permaul, Marley Permaul, Emmanuel Virginie	2:06.4
7	K	Invicta East Kent AC 1	Joseph Holness, Jens Chappell, James Gill, Joshua Thomas-Wright	2:09.1
	U	Tonbridge AC 3	Zac Dixon, Jonathan Hosier, Felic Gollan, Gus Minster	DISQ

U15B 4 x 200m

Final

1	X	Bexley AC 1	Harry Baldock, Ridwaan Ahmed, Fortune Adah-Jahs, Matthew Kinsambwe	1:36.0
2	B	Blackheath & Bromley H AC 1	Connor Sutton, Jacob Byfield, Barnaby Corry, Adam Islam-Medeaux	1:39.8
3	F	Folkestone RC 1	Jack Doubtfire, Tommy Owler, Nathaniel Ryan, Archie Jones	1:47.9
4	J	The Judd School 1	Ben Nolan, Charles Costello, Marcus Wilson, Oliver Warren	1:48.5
5	XX	Bexley AC 2	Joshua Aboagye, Nathan Njoku, Princeriza Gediz, Kweku Asante-Sakyi	1:56.0
6	JJ	The Judd School 2	Jamie Owen, Edward Waters, Ronnie Burton, Dillon Claydon	1:58.1
	C	Cambridge Harriers 1	Omarion Jones-Gayle, Judah Chike-Michael, Xahir Durant, Prince Mulamba	DISQ

U13G 3 x 800m

Final

1	T	Tonbridge AC 1	Olivia Breed, Sophie Slack, Lily Slack	7:43.8
2	B	Blackheath & Bromley H AC 1	Amber Cockburn, Gabriella Martin, Tallulah Ndiakanwu	7:56.2
3	M	Medway & Maidstone AC 1	Abigail Royden, Lily Crossley, Mia Colyer	8:04.8
4	BB	Blackheath & Bromley H AC 2	Cara Gould, Francesca Middleton, Megan Slattery	8:10.5
5	TT	Tonbridge AC 2	Penny Horne, Gracie MacAuley, Beatrice Heslop	8:29.5
6	X	Bexley AC 1	Olivia Hale, Rosie Chandler, Georgia Cooper	8:45.8
7	U	Tonbridge AC 3	Amber Croll, Emily Geake, Mags Bowyer-Sidwell	8:56.7
8	P	Paddock Wood AC 1	Jessica Rayner, Emma Townend, Isobel Rayner	9:05.9

U13B 3 x 800m

Final

1	K	Invicta East Kent AC 1	Adam Whitlock, Samuel Hurst, Reef Page	7:34.2
2	T	Tonbridge AC 1	Albert Kreuzberg, Timothy McLain, Ethan Rocks	7:37.9
3	TT	Tonbridge AC 2	George Hopkins, Kyle Cameron, David Barclay	7:45.0
4	B	Blackheath & Bromley H AC 1	Oles Chaban, Arthur Starvis, Jamie Sears	7:51.3
5	C	Cambridge Harriers 1	James Barnes, Cassien Fowle, Gervace Card	7:57.4
6	M	Medway & Maidstone AC 1	Alistair Shelley, Noah Ryan, Hayden Gear	8:02.0
7	U	Tonbridge AC 3	Felix Mcardle Hodge, Edward Lindsay, Ryan Young	8:20.0
8	UU	Tonbridge AC 4	Charlie Ellison, Alex Korvin, Harrison Fraser	8:21.6
9	BB	Blackheath & Bromley H AC 2	Jonathan Ellerton, Alexander Middleton, Judah-Pharez Star Osahon	8:32.7
	J	The Judd School 1	Joshua Prendergast, Henry Munt, Jacob Kemmitt	DISQ
	S	Swale Combined AC 1	Finlay Ashford, Louis Ashford, Callum Martin	DISQ

U15G 3 x 800m**Final**

1	B	Blackheath & Bromley H AC 1	Amarisa Sibley, Olivia Berry, Ellie Dolby	7:10.1
2	K	Invicta East Kent AC 1	Teigan Sullivan, Jildou Chappell, Maddison Sawyer	7:28.2
3	BB	Blackheath & Bromley H AC 2	Cameron Kelly-Gordon, Daniella Harper, Lily Meers	7:33.7
4	M	Medway & Maidstone AC 1	Billie Rouse, Sarah Mitchell, Anna Palmer	7:43.0
5	C	Cambridge Harriers 1	Ailbhe Barnes, Amirat Mohammed-Hassan, Madeline Tynan	8:04.3
6	X	Bexley AC 1	Chloe Jardine, Tisha Singhal, Jessie Sargeant	8:10.7
7	G	Blackheath & Bromley H AC 3	Ruth Chappell, Abigail Smith, Amelia Middleton	8:15.0

U15B 3 x 800m**Final**

1	B	Blackheath & Bromley H AC 1	Pablo Seema Roca, Tom Brash, Samuel Reardon	6:29.2
2	J	The Judd School 1	Edward Coutts, Finley Webster, Adam Singletery	6:55.0
3	BB	Blackheath & Bromley H AC 2	Matthew Smith, Barnaby Corry, Frederick Georgiou	7:01.6
4	M	Medway & Maidstone AC 1	Callum Featherstone, Joe Hollands, Ethan Gear	7:10.8
5	C	Cambridge Harriers 1	Sandy Morrison, Nathan Awoyele, Gianni Mbenze	7:35.7
6	D	Dartford Harriers AC 1	Daniel Moulton, Daniel Goriola, Lewis Groombridge	7:37.0
7	JJ	The Judd School 2	Huxley Crush, Jack Cleary, Oscar de Daranyi	8:15.0

U17W 3 x 800m**Final**

1	B	Blackheath & Bromley H AC 1	Lily Tappenden, Jessica Neal, Morgan Squibb	7:19.1
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U17M 3 x 800m**Final**

1	M	Medway & Maidstone AC 1	Jude Gordon, Luke Fowle, Alexander Donnelly	6:46.3
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U13G 4 x 100m**Heat 1**

1	T	Tonbridge AC 1	Harriet Medlen, Otilie Mcardle Hodge, Olivia Breed, Lucy Tallon	56.2	Q
2	M	Medway & Maidstone AC 1	Olivia Laws, Evie Cameron, Princess Asemota, Megan Currier	57.0	Q
3	P	Paddock Wood AC 1	Charlotte Parker, Abigail Exall, Jessica Penny, Molly Brown	57.2	Q
4	C	Cambridge Harriers 1	Katie Marsh, Cerys Daniels, Abigail Babalola, Shawanna Williams	57.7	q
5	UU	Tonbridge AC 4	Amelie Rabbidge, Ciara Sadler, Esme Harrison, Flora Saunders	59.1	q

U13G 4 x 100m**Heat 2**

1	TT	Tonbridge AC 2	Abigail Falkous, Abigail O'Dwyer, Ella Monk, Ava Iaquaniello	57.6	Q
2	F	Folkestone RC 1	Grace Dixon, Maisie Riddell, Evie Fouracre, Caitlin Taylor	57.9	Q
3	X	Bexley AC 1	Olivia Hale, Emma Powell, Heather Beet, Miriam Adebayo	58.4	Q
4	K	Invicta East Kent AC 1	Katie Macey, Darcie Maple, Macey Sawyer, Atida Kusotera	60.6	
5	U	Tonbridge AC 3	Trudy Williams, Penny Home, Lily Slack, Isabella Rickard	63.3	

U13G 4 x 100m**Final**

1	T	Tonbridge AC 1	Harriet Medlen, Otilie Mcardle Hodge, Olivia Breed, Lucy Tallon	56.0
2	M	Medway & Maidstone AC 1	Olivia Laws, Evie Cameron, Princess Asemota, Megan Currier	57.5
3	P	Paddock Wood AC 1	Charlotte Parker, Abigail Exall, Jessica Penny, Molly Brown	57.7
4	C	Cambridge Harriers 1	Katie Marsh, Cerys Daniels, Abigail Babalola, Shawanna Williams	58.2
5	TT	Tonbridge AC 2	Abigail Falkous, Abigail O'Dwyer, Ella Monk, Ava Iaquaniello	58.9
6	UU	Tonbridge AC 4	Amelie Rabbidge, Ciara Sadler, Esme Harrison, Flora Saunders	59.5
7	X	Bexley AC 1	Olivia Hale, Emma Powell, Heather Beet, Miriam Adebayo	59.6

U13B 4 x 100m**Heat 1**

1	C	Cambridge Harriers 1	Mubarrak Salih, Dayo Sijuade, Dontay Thomas, Joshua Jackson	53.1	Q
2	TT	Tonbridge AC 2	Aidan Collins, Joshua Woodliffe, Angus Hall, Ali Eddama	55.6	Q
3	F	Folkestone RC 1	Charlie Wallis, Kobey Permaul, Emmanuel Virginie, Joshua Evans	57.1	Q
4	K	Invicta East Kent AC 1	James Gill, Jens Chappell, Joseph Holness, Joshua Thomas-Wright	57.9	q
5	UU	Tonbridge AC 4	Tom Walker, Kyle Cameron, Theo Swaby, Liam Boyce	58.7	q
6	MM	Medway & Maidstone AC 2	Daniel Culver, Daniel Shoyoye, Noah Ryan, Charlie Rouse	59.3	
7	BB	Blackheath & Bromley H AC 2	Marley Byfield, Jamie Sears, Jonathan Ellerton, Judah-Pharez Star Osahon	59.5	

U13B 4 x 100m**Heat 2**

1	T	Tonbridge AC 1	Zac Dixon, Charlie Goodwin, Jonathan Hosier, Thomas Daly	54.4	Q
2	U	Tonbridge AC 3	Gus Minster, Mekhi Hendry, Felic Gollan, William Davey	58.4	Q
3	J	The Judd School 1	Charlie Cordiner, James Pearce, Mark Roberts, Alexander Coutts	59.7	Q
4	M	Medway & Maidstone AC 1	Jake Foster, Stanley Cook, Oscar Mas, Cameron Isaac	60.7	
5	S	Swale Combined AC 1	William Jury, Callum Martin, Louis Ashford, Finlay Ashford	63.2	
6	JJ	The Judd School 2	Joseph Hyland, Riley Webster, Tobias Sawle, Max Burwood	64.5	
	B	Blackheath & Bromley H AC 1	Mike Sudolski, Zuriel Nwogwugwu, Ethan Alapafuja, Draven Paulsen	DISQ	

U13B 4 x 100m**Final**

1	C	Cambridge Harriers 1	Mubarrak Salih, Dayo Sijuade, Dontay Thomas, Joshua Jackson	53.5
2	T	Tonbridge AC 1	Zac Dixon, Charlie Goodwin, Jonathan Hosier, Thomas Daly	53.7
3	TT	Tonbridge AC 2	Aidan Collins, Joshua Woodliffe, Angus Hall, Ali Eddama	56.8
4	U	Tonbridge AC 3	Gus Minster, Mekhi Hendry, Felic Gollan, William Davey	58.8
5	F	Folkestone RC 1	Charlie Wallis, Kobey Permaul, Emmanuel Virginie, Joshua Evans	59.3
6	J	The Judd School 1	Charlie Cordiner, James Pearce, Mark Roberts, Alexander Coutts	59.4
7	K	Invicta East Kent AC 1	James Gill, Jens Chappell, Joseph Holness, Joshua Thomas-Wright	59.6
8	UU	Tonbridge AC 4	Tom Walker, Kyle Cameron, Theo Swaby, Liam Boyce	59.7

U15G 4 x 100m**Final**

1	B	Blackheath & Bromley H AC 1	Sophie Kerr, Eve Ward, Shakanya Osahon, Emily Kerr	49.8
2	C	Cambridge Harriers 1	Rebecca Maddy, Marian Owusuwaah, Omoteniade Olisa, Bryanna Kacou	50.8
3	D	Dartford Harriers AC 1	Timi Olowofoyeku, Emily Newnham, Mia Cox, Sileena Farrell	52.5
4	X	Bexley AC 1	Rugi Fonti-Kanu, Chloe Jardine, Jessie Sargeant, Naomi Osivaya	54.0
5	KK	Invicta East Kent AC 2	Chloe Sands, Emilia Stokes, Jildou Chappell, Maddison Sawyer	54.8
6	K	Invicta East Kent AC 1	Calypso Newman, Charlotte Simmonds, Candice Littell, Scarlet Thomas-Wright	55.7
7	P	Paddock Wood AC 1	Maia Hyland, Charlotte Whiffen, Rosie Elspass, Maia Hyland	57.2
	M	Medway & Maidstone AC 1	Sophie Shaw, Amy Jukes, Ciara Harrop, Annaleise Kerswill	DISQ

U15B 4 x 100m**Heat 1**

1	X	Bexley AC 1	Harry Baldock, Ridwaan Ahmed, Fortune Adah-Jahs, Matthew Kinsambwe	46.3	Q
2	C	Cambridge Harriers 1	Prince Mulamba, Xahir Durant, Judah Chike-Michael, Omarion Jones-Gayle	47.2	Q
3	CC	Cambridge Harriers 2	Kieran Onyango, Nathan Awoyele, Sandy Morrison, Gianni Mbenze	49.1	Q
4	BB	Blackheath & Bromley H AC 2	Barnaby Corry, Benjamin Platt, Matthew Smith, Emmanuel Adebayo	52.5	q
5	XX	Bexley AC 2	Joshua Aboagye, Nathan Njoku, Princeriza Gediz, Kweku Asante-Sakyi	53.8	

U15B 4 x 100m**Heat 2**

1	B	Blackheath & Bromley H AC 1	Jacob Byfield, Andrew Ize-Iyamu, Connor Sutton, Adam Islam-Medeaux	47.00	Q
2	M	Medway & Maidstone AC 1	Harry Blake, Kieran Isaac, Benjamin Lineker, Michael Uzozie	49.80	Q
3	F	Folkestone RC 1	Jack Doubtfire, Rio Sharma, Nathaniel Ryan, Tommy Owler	50.20	Q
4	J	The Judd School 1	Edward Waters, Ben Nolan, Dillon Claydon, Ronnie Burton	52.60	q
5	JJ	The Judd School 2	Marcus Wilson, Oliver Warren, Charles Costello, Jamie Owen	55.90	

U15B 4 x 100m**Final**

1	C	Cambridge Harriers 1	Prince Mulamba, Xahir Durant, Omarion Jones-Gayle, Judah Chike-Michael	46.5
2	X	Bexley AC 1	Harry Baldock, Ridwaan Ahmed, Fortune Adah-Jahs, Matthew Kinsambwe	46.7
3	B	Blackheath & Bromley H AC 1	Jacob Byfield, Andrew Ize-Iyamu, Connor Sutton, Adam Islam-Medeaux	46.9
4	CC	Cambridge Harriers 2	Nathan Awoyele, Kieran Onyango, Sandy Morrison, Gianni Mbenze	48.3
5	M	Medway & Maidstone AC 1	Harry Blake, Kieran Isaac, Benjamin Lineker, Michael Uzozie	50.1
6	F	Folkestone RC 1	Jack Doubtfire, Rio Sharma, Nathaniel Ryan, Tommy Owler	50.2
7	BB	Blackheath & Bromley H AC 2	Barnaby Corry, Benjamin Platt, Matthew Smith, Emmanuel Adebayo	53.6
8	J	The Judd School 1	Edward Waters, Ben Nolan, Dillon Claydon, Ronnie Burton	53.9

U15G 4 x 200m**Final**

1	D	Dartford Harriers AC 1	Mia Cox, Sileena Farrell, Timi Olowofoyeku, Emily Newnham	1:51.3
2	C	Cambridge Harriers 1	Cleo Agyepong, Chichi Cooper, Marian Owusuwaah, Rebecca Maddy	1:51.9
3	M	Medway & Maidstone AC 1	Victoria Onuegbu, Olivia Harrison, Mia Franklin, Michelle Yalekhue	1:54.4
4	X	Bexley AC 1	Rugi Fonti-Kanu, Naomi Osivaya, Jessie Sargeant, Chloe Jardine	1:55.2
5	K	Invicta East Kent AC 1	Calypso Newman, Charlotte Simmonds, Candice Littell, Scarlet Thomas-Wright	1:56.0
6	MM	Medway & Maidstone AC 2	Sophie Shaw, Amy Jukes, Ciara Harrop, Annaleise Kerswill	2:08.3

U17W 4 x 200m**Final**

1	X	Bexley AC 1	Bolaji Ogunnaike, Rebecca Abegunde-Williams, Marie-Reine Fotso, Joy Kelvin	1:51.9
2	C	Cambridge Harriers 1	Renay Thomas, Nataliah New, Ayanna Henry, Esther Jackson	1:52.1
3	K	Invicta East Kent AC 1	Hannah Scrivens, Freya Lee, Lauren Macey, Djamilla Nkereuwem	1:53.2
4	M	Medway & Maidstone AC 1	Amy Osborne, Oluwagbemisola Kasumu, Nika Najjar, Lucy Maunders	1:54.9

U17M 4 x 200m**Final**

1	M	Medway & Maidstone AC 1	Zach Smith, William Heathcote, Jude Gordon, James Butcher	1:39.7
2	X	Bexley AC 1	Adedamola Ajayi, Ralph-Lowell Hallassou, Nathaniel Masters, Jacob Calvert	1:51.1

SW 4 x 200m**Final**

1	T	Tonbridge AC 1	Jessica O'Hara (U17W), Maisie Rixon (U17W), Lauren Vinten (U17W), Alice Ralph (U20W)	1:50.1
2	X	Bexley AC 1	Tosin Awodesu (U20W), Sarah Adedeji (U20W), Kirstie Vance (U17W), Debbi Osivaya (U20W)	1:55.4
3	Z	Central Park AC 1	Karolina Mykietyn (W35), Katy Munt (W35), Caroline Curtis (W50), Lindsey Sanders (W35)	2:15.1
4	ZZ	Central Park AC 2	Tessa Hales (W35), Stacey Crocker (W40), Renee-Marie Young (W45), Anoushka Johnson (W40)	2:29.9

SM 4 x 200m**Final**

1	T	Tonbridge AC 1	Max Messer (U20M), Mark McAllister (M45), Anton Bachorski (U17M), Jack Lennard	1:33.2
2	K	Invicta East Kent AC 1	Elliott Simmonds (U17M), Massimo Lai (M35), Barnaby Dougal (U20M), Jake Goodman (U17M)	1:37.3
3	S	Swale Combined AC 1	Mathew Beech, Ramone Gayle (U17M), Daniel Martin, Markus Simmons (U20M)	1:41.0
	C	Cambridge Harriers 1	Iyoluwa Adesan (U20M), Brandon Sicity (U20M), Iyoluwa Adesan (U20M), Frano Vainio-Doiseul	DISQ
	Z	Central Park AC 1	Craig Sharp (M40), Jon Munt (M35), Antony Hylton (M40), Charlie Tomkins (U20M)	DISQ

U17W 4 x 100m**Final**

1	C	Cambridge Harriers 1	Annabel Obadjere, Ayanna Henry, Renay Thomas, Esther Jackson	51.1
2	M	Medway & Maidstone AC 1	Emily Featherstone, Mayong Tabe, Zara Edeleanu, Abigail Walters	52.6
3	X	Bexley AC 1	Marie-Reine Fotso, Bolaji Ogunnaike, Rebecca Abegunde-Williams, Joy Kelvin	52.8
4	K	Invicta East Kent AC 1	Hannah Scrivens, Freya Lee, Lauren Macey, Djamilla Nkereuwem	56.3

U17M 4 x 100m**Final**

1	M	Medway & Maidstone AC 1	James Butcher, Ben Townend, Harry Osborne, Conor Murphy	45.4
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SW 4 x 100m**Final**

1	M	Medway & Maidstone AC 1	Eleanor Wastell (U20W), Lucy Hope (U20W), Emma Giles, Eleanor Callaghan-Inge (U20W)	50.9
2	T	Tonbridge AC 1	Jessica O'Hara (U17W), Maisie Rixon (U17W), Davina Jasper (U17W), Asha Root (U20W)	52.0
3	D	Dartford Harriers AC 1	Chloe Morford (U17W), Megan Groombridge (U17W), Lauren Campbell (U20W), Eloise Harvey (U20W)	53.2
4	X	Bexley AC 1	Kirstie Vance (U17W), Sarah Adedeji (U20W), Tosin Awodesu (U20W), Debbi Osivaya (U20W)	53.9
5	S	Swale Combined AC 1	Katie Scoones, Elena Jury (U17W), Lisa Berkman (W40), Olwen Cockell (W45)	66.8

SM 4 x 100m**Final**

1	C	Cambridge Harriers 1	Daniel Falode (U17M), Iyoluwa Adesan (U20M), Joseph Alason, Frano Vainio-Doiseul	43.9
2	M	Medway & Maidstone AC 1	Nathan Isaac (U20M), Lewis Heffernan, George Clements, Rory Kuypers (U20M)	44.3
3	T	Tonbridge AC 1	Ernest Lake (U17M), Anton Bachorski (U17M), Jack Lennard, Edward Reed (U20M)	45.1
4	X	Bexley AC 1	Jacob Calvert (U17M), Isaac Amouzou-Akue (U20M), Emmanuel Williams (U20M), Jonathan Mann (U20M)	46.5
5	K	Invicta East Kent AC 1	Elliott Simmonds (U17M), Massimo Lai (M35), Barnaby Dougal (U20M), Jake Goodman (U17M)	47.3
6	S	Swale Combined AC 1	Mathew Beech, Daniel Martin, Ramone Gayle (U17M), Markus Simmons (U20M)	49.7

SW 4 x 400m**Final**

1	T	Tonbridge AC 1	Jessica O'Hara (U17W), Maisie Rixon (U17W), Nina Ridge (W40), Asha Root (U20W)	4:18.4
2	M	Medway & Maidstone AC 1	Lucy Hope (U20W), Liberty Kerswill (U20W), Emma Giles, Emily Featherstone (U17W)	4:19.2
3	C	Cambridge Harriers 1	Jade Fitt (U20W), Molly Hawkins (U20W), Lara Atkinson (U20W), Esther Jackson (U17W)	4:20.5
4	Z	Central Park AC 1	Karolina Mykietyn (W35), Caroline Curtis (W50), Renee-Marie Young (W45), Anoushka Johnson (W40)	5:03.0
5	S	Swale Combined AC 1	Katie Scoones, Elena Jury (U17W), Lisa Berkman (W40), Olwen Cockell (W45)	5:09.7
6	ZZ	Central Park AC 2	Tessa Hales (W35), Katy Munt (W35), Stacey Crocker (W40), Lindsey Sanders (W35)	5:38.9

U17M 4 x 400m**Final**

1	M	Medway & Maidstone AC 1	Ben Townend, Alexander Donnelly, Harry Osborne, Conor Murphy	3:30.2
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SM 4 x 400m**Final**

1	M	Medway & Maidstone AC 1	Joseph Burton, Reegan Archer (U20M), Andrejs Safars, Lewis Heffernan	3:27.5
2	C	Cambridge Harriers 1	Iyoluwa Adesan (U20M), Joseph Alason, Brandon Sicity (U20M), Frano Vainio-Doiseul	3:30.7
3	Z	Central Park AC 1	Charlie Tomkins (U20M), Antony Hylton (M40), Jonathan Munt (M35), Craig Sharp (M40)	3:49.9

U17W 4 x 300m**Final**

1	M	Medway & Maidstone AC 1	Zara Edeleanu, Charlotte Young, Lucy Maunders, Abigail Walters	2:58.3
2	K	Invicta East Kent AC 1	Lauren Macey, Freya Lee, Hannah Scrivens, Djamilla Nkereuwem	3:01.5

U15G 4 x 300m**Final**

1	B	Blackheath & Bromley H AC 1	Amarisa Sibley, Cameron Kelly-Gordon, Olivia Berry, Shakanya Osahon	2:52.3
2	M	Medway & Maidstone AC 1	Erin Hughes, Katie Rothery, Maya Marriner, Keira Rose	2:55.8
3	K	Invicta East Kent AC 1	Chloe Sands, Emilia Stokes, Jildou Chappell, Maddison Sawyer	3:02.1
4	C	Cambridge Harriers 1	Amirat Mohammed-Hassan, Marian Owusuwaah, Rebecca Maddy, Omoteniade Olisa	3:09.5
5	D	Dartford Harriers AC 1	Rachel Bradley, Charlotte Waters, Mia Cox, Amelia Bates	3:12.8
	BB	Blackheath & Bromley H AC 2	Daniella Harper, Hannah Clark, Ellie Brooks, Kelsey Pullin	DISQ

U15B 4 x 300m**Final**

1	X	Bexley AC 1	Harry Baldock, Ridwaan Ahmed, Fortune Adah-Jahs, Matthew Kinsambwe	2:37.2
2	B	Blackheath & Bromley H AC 1	Adam Islam-Medeaux, Pablo Seema Roca, Jacob Byfield, Samuel Reardon	2:37.9
3	M	Medway & Maidstone AC 1	Finn Rodgers, Joe Hollands, Luke Nash, Michael Uzozie	2:41.8
4	C	Cambridge Harriers 1	Nathan Awoyele, Sandy Morrison, Xahir Durant, Kieran Onyango	2:43.6
5	J	The Judd School 1	Marcus Wilson, Edward Coutts, Ben Nolan, Adam Singletery	2:51.3
6	F	Folkestone RC 1	Jack Doubtfire, Rio Sharma, Archie Jones, Tommy Owler	2:53.6
7	MM	Medway & Maidstone AC 2	Callum Featherstone, Cameron Featherstone, Oliver Rodwell, Harry Blake	3:09.7
8	JJ	The Judd School 2	Charles Costello, Oliver Warren, Jack Cleary, Ronnie Burton	3:19.1