

## KCAA Club Relay Championships - Norman Park, Bromley 10/09/2017

### U13G 3x800m

#### Final

1	B	Blackheath & Bromley H AC 1	Amelia Middleton, Lily Meers, Amarisa Sibley	7:47.7
2	X	Bexley AC 1	Chiani-Rae Garland, Chloe Jardine, Jessie Sargeant	7:49.4
3	M	Medway & Maidstone AC 1	Sarah Mitchell, Lily Crossley, Abigail Royden	8:13.5
4	K	Invicta East Kent AC 1	Charlotte Simmonds, Chloe Sands, Zoe Rogers	8:16.1
5	G	Blackheath & Bromley H AC 3	Amelia Cowan, Gabriella Martin, Gabby Buddle-Smith	8:21.2
6	BB	Blackheath & Bromley H AC 2	Cameron Kelly-Gordon, Isabella Louth, Hannah Clark	8:29.1
7	MM	Medway & Maidstone AC 2	Grace O'Connell, Abbe Clarke, Ciara Harrop	9:12.5

### U13B 3x800m

#### Final

1	B	Blackheath & Bromley H AC 1	Benjamin Campbell, Oliver Robertson, Max Gregson	7:26.1
2	BB	Blackheath & Bromley H AC 2	Jamie Sears, George Shaw, Oles Chaban	7:37.0
3	J	The Judd School 1	Meno Mangat, Edward Coutts, Huxley Crush	7:39.4
4	M	Medway & Maidstone AC 1	Kyle Buckley, Callum Featherstone, Cameron Featherstone	7:45.3
5	K	Invicta East Kent AC 1	Thomas Hutton, Harrison White, Reef Page	7:46.7
6	C	Cambridge Harriers 1	Jack Adams, James Barnes, Ethan Fiore	7:47.4
7	G	Blackheath & Bromley H AC 3	Samuel Stuart, Arthur Starvis, Joshua Buddle-Smith	8:10.3
8	JJ	The Judd School 2	William Harris, Pierre Castellan-Hamon, Sebastien Thomson	8:44.9

### U15G 3x800m

#### Final

1	B	Blackheath & Bromley H AC 1	Ellie Dolby, Jessica Neal, Morgan Squibb	7:05.3
2	K	Invicta East Kent AC 1	Maddison Sawyer, Emilia Stokes, Jildou Chappell	7:23.9
3	BB	Blackheath & Bromley H AC 2	Daniella Harper, Heidi Forsyth, Olivia Berry	7:26.3
4	D	Dartford Harriers AC 1	Amelia Bates, Rachel Bradley, Maisy Rose	7:54.9
5	G	Blackheath & Bromley H AC 3	Kelsey Pullin, Bethany Panton, Emily Davis	8:02.1
6	GG	Blackheath & Bromley H AC 4	Ruby Dunkley, Niamh Milmo, Abigail Leeves	8:09.7
7	X	Bexley AC 1	Judie Lawrence, Kacey-May Smith, Angel Gediz	8:38.2

### U15B 3 x 800m

#### Final

1	B	Blackheath & Bromley H AC 1	Samuel Reardon, James Gregory, Pablo Seema-Roca	6:54.2
2	M	Medway & Maidstone AC 1	George Dadd, Luke Stringer, Daniel McGlynn	7:09.2
3	J	The Judd School 1	Matthew Dubery, Finley Webster, Edward Sellar	7:16.1
4	BB	Blackheath & Bromley H AC 2	Abiola Afolabi, Justin Strover, Frederick Georgiou	7:18.3
5	C	Cambridge Harriers 1	Antonay Thomas, Ayub Salaad, Ben Jarman	7:36.7
6	JJ	The Judd School 2	Isaac Handley, Mungo Mangat,	disq

### U17W 3x800m

#### Final

1	K	Invicta East Kent AC 1	Freya Lee, Alexandra Millard, Jean Foley	7:46.6
2	B	Blackheath & Bromley H AC 1	Lily Tappenden, Jessica Sellar, Stephanie Taylor	7:55.4

### U17M 3x800m

#### Final

1	B	Blackheath & Bromley H AC 1	Peter Guy, Callum Myatt, Angus Harrington	6:09.1
2	J	The Judd School 1	Toby Emm, Daniel Schofield, James Kingston	6:15.3
3	M	Medway & Maidstone AC 1	Reece Perkins, Quinn Austin, Ben Hughes	6:30.2
4	BB	Blackheath & Bromley H AC 2	Robert Suckling, Harley Sitwell, Charles Andrews	6:40.7
5	JJ	The Judd School 2	Alexander Thompson, Adam van der Plas, Alexander Sandberg	6:52.3

### U13B 4 x 100m

#### Heat 1

1	B	Blackheath & Bromley H AC 1	Ethan Alapafuja, Tomiwa Afelumo, Oliver Robertson, Connor Sutton	52.5	Q
2	J	The Judd School 1	Jonah Radcliffe, Ben Nolan, Henry Warrilow, Thomas Newton	53.2	Q
3	F	Folkestone RC 1	Emmanuel Virginie, Keenan Simmons, Archie Jones, Tommy Owler	56.0	Q
4	JJ	The Judd School 2	Jamie Owen, Robin Lunt, Angus Hall, Ronnie Burton	57.6	q
5	MM	Medway & Maidstone AC 2	Samuel Mccarthy, Robert Wright, Mitchell Kerr, Daniel Hardy	59.6	
6	G	Blackheath & Bromley H AC 3	Samuel Stuart, Benjamin Campbell, Joshua Buddle-Smith, Jamie Sears	60.8	

### U13B 4 x 100m

#### Heat 2

1	X	Bexley AC 1	Neal Olatayo, Ridwaan Ahmed, Javan Gordon, Rasheed Tijani	53.3	Q
2	P	Paddock Wood AC 1	Alex Stone, Harvey Fordham, Liam Simms, Alexander Gray	56.2	Q
3	BB	Blackheath & Bromley H AC 2	George Shaw, Benjamin Platt, Oles Chaban, Emmanuel Oniwinde	58.8	Q
4	C	Cambridge Harriers 1	Jack Adams, Thomas Carbin, Dontay Thomas, Ethan Fiore	59.1	q
5	W	The Judd School 3	Felic Gollan, Will Bruce, Nik Hebden, Patrick Handley	69.3	
6	M	Medway & Maidstone AC 1	Oliver Rodwell, Benjamin Lineker, William Maloney, Kieran Isaac	disq	

**U13B 4 x 100m****Final**

1	B	Blackheath & Bromley H AC 1	Ethan Alapafuja, Tomiwa Afelumo, Oliver Robertson, Connor Sutton	51.5
2	X	Bexley AC 1	Neal Olatayo, Ridwaan Ahmed, Javan Gordon, Rasheed Tijani	51.8
3	J	The Judd School 1	Jonah Radcliffe, Ben Nolan, Henry Warrilow, Thomas Newton	53.7
4	P	Paddock Wood AC 1	Alex Stone, Harvey Fordham, Liam Simms, Alexander Gray	55.4
5	F	Folkestone RC 1	Emmanuel Virginie, Keenan Simmons, Archie Jones, Tommy Owler	56.1
6	JJ	The Judd School 2	Jamie Owen, Robin Lunt, Angus Hall, Ronnie Burton	58.1
7	BB	Blackheath & Bromley H AC 2	George Shaw, Benjamin Platt, Oles Chaban, Emmanuel Oniwinde	58.8
8	C	Cambridge Harriers 1	Reuben Chandler, Jack Adams, Thomas Carbin, Dontay Thomas	59.4

**U13G 4 x 100m****Final**

1	B	Blackheath & Bromley H AC 1	Sophie Kerr, Tianna Lewis, Georgia Sullivan, Emily Kerr	51.8
2	C	Cambridge Harriers 1	Kacey Walters, Amirat Mohammed-Hassan, Elizabeth Zebo, Cleo Agyepong	55.5
3	X	Bexley AC 1	Nicole Olatayo, Oluwaseun Okeh, Jessie Sargeant, Chloe Jardine	57.4
4	BB	Blackheath & Bromley H AC 2	Sydelle Wontumi, Faith Mpassy, Selajiah Plet, Sophie Kingdon	57.5
5	M	Medway & Maidstone AC 1	Emma Ryan, Olivia Laws, Caoimhe Mallon, Michelle Yalekhue	59.1
6	F	Folkestone RC 1	Caitlin Taylor, Maisie Riddell, Ellie Burke, Isabella Reina	59.2
7	Y	Swale Combined AC 1	Amelia Williams, Teni Olagbemi, Amy Clayson, Zoe Francis	60.3
8	XX	Bexley AC 2	Olivia Hale, Geogia Cooper, Chiani-Rae Garland, Candice Littell	60.4

**U15G 4 x 100m****Heat 1**

1	C	Cambridge Harriers 1	Bryanna Kacou, Marian Owusuwaah, Rebecca Maddy, Esther Jackson	50.8	Q
2	BB	Blackheath & Bromley H AC 2	Daiz'a Foster, Tianna Haynes, Tia-Louise Reid, Akeiyla Robinson-Pascal	53.9	Q
3	P	Paddock Wood AC 1	Kimberley Garcia, Pheobe Rennie, Grace King, Sophie Tallon	55.5	Q
4	F	Folkestone RC 1	Lydia Stanton, Libby Johnson, Caitlin Gallagher, Macey Forster	58.6	q
5	X	Bexley AC 1	Emily Frimpong, Kirstie Vance, Angel Gediz, Joy Kelvin	disq	

**U15G 4 x 100m****Heat 2**

1	B	Blackheath & Bromley H AC 1	Zsiriah Thomas, Zoe White, Achieng Oneko, Holly Mpassy	51.0	Q
2	GG	Blackheath & Bromley H AC 4	Lani Bakewell, Rashidah Ayinbode, Annabel Duncombe, Renee Bel-Momodu	55.9	Q
3	XX	Bexley AC 2	Marie-Reine Fotso, Bolaji Ogunnaike, Kacey-May Smith, Mia Young	56.9	Q
4	G	Blackheath & Bromley H AC 3	Andeliyaah Plet, India-Amina Smith, Raphaella Lancaster, Chloe Skipp	58.0	q
5	U	Thanet AC 1	Leah McDonald, Leah Wearing-Channing, Jessica Booth, Emily Russell	disq	

**U15G 4 x 100m****Final**

1	C	Cambridge Harriers 1	Esther Jackson, Marian Owusuwaah, Rebecca Maddy, Bryanna Kacou	50.3
2	B	Blackheath & Bromley H AC 1	Zsiriah Thomas, Eve Ward, Achieng Oneko, Holly Mpassy	50.6
3	BB	Blackheath & Bromley H AC 2	Daiz'a Foster, Tianna Haynes, Tia-Louise Reid, Akeiyla Robinson-Pascal	54.8
4	GG	Blackheath & Bromley H AC 4	Lani Bakewell, Rashidah Ayinbode, Annabel Duncombe, Renee Bel-Momodu	55.7
5	P	Paddock Wood AC 1	Kimberley Garcia, Pheobe Rennie, Grace King, Sophie Tallon	56.1
6	G	Blackheath & Bromley H AC 3	Andeliyaah Plet, India-Amina Smith, Raphaella Lancaster, Chloe Skipp	57.7
7	F	Folkestone RC 1	Lydia Stanton, Libby Johnson, Caitlin Gallagher, Macey Forster	58.7
8	XX	Bexley AC 2	Kacey-May Smith, Mia Young, Bolaji Ogunnaike, Marie-Reine Fotso	dnf

**U15B 4 x 100m****Final**

1	B	Blackheath & Bromley H AC 1	Oliver Briars, Jacob Byfield, Henry Whichello, Kyron Morgan	46.2
2	BB	Blackheath & Bromley H AC 2	Samuel Reardon, Barnaby Corry, Drew Lawrence, Abiola Afolabi	52.6
3	D	Dartford Harriers AC 1	Oliver Burgess, Lore Sonuga, Jesse Odubanjo, Josh Kinnaird	52.8
4	F	Folkestone RC 1	William Norman, Nathan Young, Nathaniel Ryan, Eugene Sanger	55.8
5	J	The Judd School 1	Oliver Coote, Charles Costello, Aryan Banerjee, Andrew Ize-Iyamu	56.1
6	C	Cambridge Harriers 1	Antonay Thomas, Gianni Mbenze, Omarion Jones-Gayle, Prince Mulamba	disq
7	X	Bexley AC 1	Henry Iwunze, Harry Baldock, Fortune Adah-Jahs, Adedamola Ajayi	disq

**U17W 4 x 100m****Final**

1	M	Medway & Maidstone AC 1	Mayong Tabe, Eleanor Wastell, Zara Edeleanu, Eleanor Callaghan-Inge	50.9
2	BB	Blackheath & Bromley H AC 2	Mhairi Brooks, Alexandra Kelsey, Karina Harris, Katie Woolcott	51.7
3	C	Cambridge Harriers 1	Emily Worsfold, Kiera Houching, Mary Schouvaloff, Shiann Brock-Walters	52.1
4	B	Blackheath & Bromley H AC 1	Katia Cienciala, Sophia Harper, Grace Goddard, Holly Platt	52.2
5	K	Invicta East Kent AC 1	Hannah Scrivens, Lauren Macey, Freya Lee, Djamilla Nkereuwem	54.8
6	U	Thanet AC 1	Katrina Booth, Abigail Sayer, Emily Giardina, Ellie O'Connell	55.5
7	X	Bexley AC 1	Amardeep Mann, Tiffany Fapetu, Rafaela Santos, Charlene Boadu	disq

**U13B 4 x 200m****Heat 1**

1	B	Blackheath & Bromley H AC 1	Ethan Alapafuja, Tomiwa Afelumo, Oliver Robertson, Connor Sutton	1:50.7	Q
2	M	Medway & Maidstone AC 1	Oliver Rodwell, Benjamin Lineker, William Maloney, Kieran Isaac	1:56.5	Q
3	JJ	The Judd School 2	Jamie Owen, Robin Lunt, Louis Bouverie, Angus Hall	1:58.1	Q
4	BB	Blackheath & Bromley H AC 2	George Shaw, Benjamin Platt, Oles Chaban, Emmanuel Oniwinde	2:03.9	q
5	MM	Medway & Maidstone AC 2	Samuel Mccarthy, Robert Wright, Mitchell Kerr, Daniel Hardy	disq	

**U13B 4 x 200m****Heat 2**

1	X	Bexley AC 1	Ikenna Ogazi, Ridwaan Ahmed, Princeriza Gediz, Rasheed Tijani	1:56.6	Q
2	J	The Judd School 1	Jonah Radcliffe, Ben Nolan, Henry Warrilow, Niranj Marar	1:58.4	Q
3	F	Folkestone RC 1	Emmanuel Virginie, Archie Jones, Tommy Owler, Keenan Simmons	2:01.2	Q
4	C	Cambridge Harriers 1	Thomas Carbin, Carlos Rojo-Thigo, Dontay Thomas, Ethan Fiore	2:07.5	q
5	W	The Judd School 3	Felic Gollan, Ronnie Burton, Jonah Prior, Jacob Kemmitt	2:21.1	

**U13B 4 x 200m****Final**

1	B	Blackheath & Bromley H AC 1	Ethan Alapafuja, Tomiwa Afelumo, Oliver Robertson, Connor Sutton	1:49.3
2	X	Bexley AC 1	Ikenna Ogazi, Ridwaan Ahmed, Princeriza Gediz, Rasheed Tijani	1:49.9
3	M	Medway & Maidstone AC 1	Oliver Rodwell, Benjamin Lineker, William Maloney, Kieran Isaac	1:54.2
4	J	The Judd School 1	Jamie Owen, Robin Lunt, Louis Bouverie, Angus Hall	1:56.7
5	JJ	The Judd School 2	Jonah Radcliffe, Ben Nolan, Henry Warrilow, Niranj Marar	2:00.9
6	F	Folkestone RC 1	Emmanuel Virginie, Archie Jones, Tommy Owler, Keenan Simmons	2:03.2
7	BB	Blackheath & Bromley H AC 2	George Shaw, Benjamin Platt, Oles Chaban, Emmanuel Oniwinde	2:05.3
8	C	Cambridge Harriers 1	Thomas Carbin, Carlos Rojo-Thigo, Dontay Thomas, Ethan Fiore	2:09.5

**U17M 4 x 100m****Final**

1	M	Medway & Maidstone AC 1	Bradley McIntyre, Nathan Isaac, Conor Murphy, Joshua Oshunrinde	44.5
2	X	Bexley AC 1	Jonathan Mann, David Abraham, Olu Wafemi Agbaje, Jack Smith	44.8
3	C	Cambridge Harriers 1	Fuad Busoir, Amen Eguavo, Kareem Waithe, Dennis Skelton	45.3
4	B	Blackheath & Bromley H AC 1	Leonard Wright, Rico Cottell, Coleman Corry, Edwin Roberts	46.1
5	T	Tonbridge AC 1	Felix Brooks, Rory Sturgeon, Anton Bachorski, George Smith	46.3
6	P	Paddock Wood AC 1	James O'Gorman, Harry Mills, Finlay Hollyer, Leon Deprelli	47.9
7	BB	Blackheath & Bromley H AC 2	Ben Sutton, Myles Xavier, Harley Sitwell, Chizute Ogbedeh	disq

**SW 4 x 100m****Final**

1	M	Medway & Maidstone AC 1	Harriet Wilder (U20W), Lucy Hope (U20W), Alexandra Ferdinando (U20W), Darcey Kuypers (U20W)	52.4
2	DD	Dartford Harriers AC 2	Jasmine Anderson (U20W), Charlotte Crockford (U17W), Lauren Campbell (U17W), Eloise Harvey (U17W)	53.5
3	Y	Swale Combined AC 1	Mary Obembe (U20W), Alice English (U20W), Abigail Lofts (U20W), Keeley Burdge (U20W)	55.1
4	K	Invicta East Kent AC 1	Emily Higham (U17W), Sophie Delaney (U20W), Holly Fielder (U20W), Sarah Bennett (U20W)	55.6
5	D	Dartford Harriers AC 1	Fleur Hardie (W40), Anoushka Johnson (W40), Bonnie Maugey, Chanelle Cole (U17W)	56.2
6	YY	Swale Combined AC 2	Elena Jury (U17W), Lisa Berkman (W40), Vilma Eitautaitė-Farrell (W40), Olwen Cockell (W40)	disq

**SM 4 x 100m****Final**

1	B	Blackheath & Bromley H AC 1	Alex Skipp, Edward Adams (U20M), Matthew Knight (U20M), Shamar Thomas-Campbell	42.8
2	M	Medway & Maidstone AC 1	Michael Watson (U20M), Daniel Gill, George Clements, Alex Marshall (U20M)	42.9
3	K	Invicta East Kent AC 1	Femi Awe, Ben Small, Christopher Noy (U20W), Korede Awe (U20W)	43.6
4	C	Cambridge Harriers 1	Omari Markland-Montgomery, Emmanuel Jackson (U20M), Frano Vainio-Doiseul, Joseph Alason	43.7
5	U	Thanet AC 1	Adam Wall, Connor Neal (U17M), Konrad Farrall (U17M), Lewis Parsons	46.0
6	D	Dartford Harriers AC 1	Charlie Tomkins (U17M), Thomas Manning (U20M), David Stewart, Connor Campbell	disq

**U13G 4 x 200m****Final**

1	B	Blackheath & Bromley H AC 1	Sophie Kerr, Tianna Lewis, Georgia Sullivan, Emily Kerr	1:51.1
2	C	Cambridge Harriers 1	Amirat Mohammed-Hassan, Kacey Walters, Cleo Agyepong, Elizabeth Zebo	2:01.4
3	X	Bexley AC 1	Nicole Olatayo, Oluwaseun Okeh, Jessie Sargeant, Chloe Jardine	2:03.7
4	M	Medway & Maidstone AC 1	Emma Ryan, Megan Currier, Caoimhe Mallon, Michelle Yalekhue	2:04.2
5	BB	Blackheath & Bromley H AC 2	Sydelle Wontumi, Faith Mpassy, Selajiah Plet, Sophie Kingdon	2:05.7
6	XX	Bexley AC 2	Candice Littell, Olivia Hale, Georgia Cooper, Chiani-Rae Garland	2:07.0
7	F	Folkestone RC 1	Caitlin Taylor, Maisie Riddell, Grace Norman, Isabella Reina	2:07.6

**U15G 4 x 200m****Final**

1	B	Blackheath & Bromley H AC 1	Ella Brown, Shakanya Osahon, Ellie Brooks, Akeiyola Robinson-Pascal	1:53.1
2	X	Bexley AC 1	Kirstie Vance, Mia Young, Bolaji Ogunnaiki, Kacey-May Smith	1:57.6
3	M	Medway & Maidstone AC 1	Oluwagbemisola Kasumu, Aimee Maloney, Oliva Harrison, Katherine Donnelly	2:01.0
4	BB	Blackheath & Bromley H AC 2	Lani Bakewell, Rashidah Ayinbode, Annabel Duncombe, Kendaa Cameron-Chavannes	2:01.5
5	D	Dartford Harriers AC 1	Charlotte Waters, Rachel Bradley, Maisy Rose, Amelia Bates	2:02.7
6	F	Folkestone RC 1	Lydia Stanton, Libby Johnson, Caitlin Gallagher, Macey Forster	2:07.0

**U15B 4 x 200m****Final**

1	B	Blackheath & Bromley H AC 1	Barnaby Corry, Andrew Khazali, Henry Whichello, Oliver Briars	1:43.6
2	X	Bexley AC 1	Henry Iwunze, Harry Baldock, Fortune Adah-Jahs, Adedamola Ajayi	1:49.8
3	J	The Judd School 1	Aryan Banerjee, Gregory Pring, Oliver Coote, Andrew Ize-Iyamu	1:51.9
4	JJ	The Judd School 2	Finn Richardson, Charles Costello, James Martin, Isaac Handley	1:56.0
5	F	Folkestone RC 1	William Norman, Nathan Young, Nathaniel Ryan, Eugene Sanger	1:57.2

**U17W 4 x 200m****Final**

1	BB	Blackheath & Bromley H AC 2	Mhairi Brooks, Zoe Austridge, Alice Prentice, Katie Woolcott	1:47.8
2	C	Cambridge Harriers 1	Ayanna Henry, Monay Thomas, Renay Thomas, Shiann Brock-Walters	1:49.0
3	B	Blackheath & Bromley H AC 1	Katia Cienciala, Sophia Harper, Grace Goddard, Alexandra Kelsey	1:52.0
4	X	Bexley AC 1	Amardeep Mann, Rafaela Santos, Tiffany Fapetu, Parisa Poonia	1:59.1

**U17M 4 x 200m****Final**

1	BB	Blackheath & Bromley H AC 2	Ben Sutton, Myles Xavier, Chizute Ogbedeh, Ethan Brown	1:33.8
2	X	Bexley AC 1	Olu Wafemi Agbaje, Jack Smith, Jacob Calvert, Jonathan Mann	1:35.3
3	C	Cambridge Harriers 1	Fuad Busoir, Amen Eguavoen, Kareem Waithe, Dennis Skelton	1:36.2
4	M	Medway & Maidstone AC 1	Lorcan Rodgers, Alexander Donnelly, Bradley McIntyre, Nathan Isaac	1:36.8
5	B	Blackheath & Bromley H AC 1	Leonard Wright, Rico Cottell, Coleman Corry, Edwin Roberts	disq

**SW 4 x 200m****Final**

1	M	Medway & Maidstone AC 1	Lucy Hope (U20W), Harriet Wilder (U20W), Alexandra Ferdinando (U20W), Darcey Kuypers (U20W)	1:52.1
2	D	Dartford Harriers AC 1	Fleur Hardie (W40), Kirstie Taylor (W40), Bonnie Maugey, Chanelle Cole (U17W)	1:55.8
3	K	Invicta East Kent AC 1	Emily Higham (U17W), Sophie Delaney (U20W), Holly Fielder (U20W), Sarah Bennett (U20W)	disq

**SM 4 x 200m****Final**

1	B	Blackheath & Bromley H AC 1	Edward Adams (U20M), Finlay Brannan (U20M), William Pope (U20M), Shamar Thomas-Campbell	1:32.1
2	C	Cambridge Harriers 1	Omari Markland-Montgomery, Emmanuel Jackson (U20M), Joseph Alason, Frano Vainio-Doiseul	1:32.5
3	D	Dartford Harriers AC 1	Charlie Tomkins (U17M), Thomas Manning (U20M), David Stewart, Connor Campbell	1:35.9
4	K	Invicta East Kent AC 1	Christopher Noy (U20W), Barnaby Dougal (U17M), Elliott Simmonds (U17M), Korede Awe (U20W)	1:37.5

**U17M 4 x 400m****Final**

1	M	Medway & Maidstone AC 1	Benjamin Blake, Ben Townsend, Reegan Archer, Conor Murphy	3:25.7
2	B	Blackheath & Bromley H AC 1	Robert Suckling, Callum Myatt, Coleman Corry, Ethan Brown	3:29.4
3	J	The Judd School 1	Toby Emm, Sebastian Burke, James Kingston, Daniel Schofield	3:38.3
4	BB	Blackheath & Bromley H AC 2	Peter Guy, Myles Xavier, Charles Andrews, Ben Sutton	3:38.7
5	K	Invicta East Kent AC 1	Barnaby Dougal, Cole Gibbens, Matthew Stonier, Joseph Griffiths	3:48.3

**SW 4 x 400m****Final**

1	D	Dartford Harriers AC 1	Cary Kwaramba-Downs (U17W), Bonnie Maugey, Chanelle Cole (U17W), Jasmine Anderson (U20W)	4:19.7
2	C	Cambridge Harriers 1	Jade Fitt (U20W), Sophie Fenner (U20W), Elizabeth Garland (U17W), Molly Hawkins (U20W)	4:24.2
3	Y	Swale Combined AC 1	Alice English (U20W), Katie Scoones, Keeley Burdge (U20W), Elena Jury (U17W)	4:34.9

**SM 4 x 400m****Final**

1	M	Medway & Maidstone AC 1	Michael Watson (U20M), George Clements, Joseph Burton, Lewis Heffernan	3:27.2
2	D	Dartford Harriers AC 1	Charlie Tomkins (U17M), Thomas Manning (U20M), David Stewart, Connor Campbell	3:30.6
3	C	Cambridge Harriers 1	Alasdair MacDonald, Robert MacDonald, Steven Tredray, Thomas Foster (U20M)	3:31.3
4	CC	Cambridge Harriers 2	Omari Markland-Montgomery, Frano Vainio-Doiseul, Reece Miles (U20M), Joseph Alason	3:44.3
5	J	The Judd School 1	Isaac Harding (U20M), Oliver Kingston (U20M), Adam van der Plas (U17M), Alexander Sandberg (U17M)	3:47.2

**U17W 4 x 300m****Final**

1	M	Medway & Maidstone AC 1	Zara Edeleanu, Eleanor Callaghan-Inge, Lucy Maunders, Eleanor Wastell	2:57.1
2	B	Blackheath & Bromley H AC 1	Lily Tappenden, Grace Scopes, Karina Harris, Grace Goddard	2:58.2
3	K	Invicta East Kent AC 1	Lauren Macey, Hannah Scrivens, Freya Lee, Djamilla Nkereuwem	3:02.2
4	C	Cambridge Harriers 1	Jamaica Williams, Monay Thomas, Renay Thomas, Ayanna Henry	3:04.2
5	U	Thanet AC 1	Katrina Booth, Abigail Sayer, Maddie Greenan, Ellie O'Connell	3:08.0

**U15B 4 x 300m****Final**

1	B	Blackheath & Bromley H AC 1	Oliver Briars, Eniola Afolabi, Henry Whichello, Kyron Morgan	2:36.1
2	A	Ashford AC 1	James Coward, Spike Purdie, Benjamin Smith, Kristian Samwell-Nash	2:38.3
3	M	Medway & Maidstone AC 1	Ethan Burling, Evan Tinsley, Luke Nash, Michael Uzozie	2:44.4
4	BB	Blackheath & Bromley H AC 2	James Gregory, Samuel Reardon, Barnaby Corry, Jacob Byfield	2:53.2
5	J	The Judd School 1	Gregory Pring, Oliver Coote, Finn Richardson, Adam Singletery	3:02.5
6	JJ	The Judd School 2	Isaac Handley, Matthew Dubery, Charles Costello, James Martin	3:14.8

**U15G 4 x 300m****Final**

1	B	Blackheath & Bromley H AC 1	Eve Ward, Daniella Harper, Shakanya Osahon, Holly Mpassy	2:51.4
2	M	Medway & Maidstone AC 1	Maya Marriner, Katie Rothery, Erin Hughes, Keira Rose	2:59.3
3	C	Cambridge Harriers 1	Rebecca Maddy, Esther Jackson, Marian Owusuwaah, Bryanna Kacou	3:06.4
4	BB	Blackheath & Bromley H AC 2	Ella Brown, Charlotte Kerr, Eva Stephanou, Ellie Brooks	3:10.1
5	D	Dartford Harriers AC 1	Charlotte Waters, Rachel Bradley, Maisy Rose, Amelia Bates	3:15.4