

U15G 4 x 100m**Final**

1	C	Cambridge Harriers 1	Esther Jackson, Renay Thomas, Mary Schouvaloff, Shiann Brock-Walters	50.3
2	D	Dartford Harriers AC 1	Isabel Lloyd, Mayong Tabe, Chanelle Cole, Kaliyah Young	51.7
3	B	Blackheath & Bromley H AC 1	Katia Cienciala, Holly Mpassy, Eva Stephanou, Lauren Goddard	52.0
4	Y	Thanet AC 1	Carys Shipton, Abigail Sayer, Erin Moses, Emily Russell	52.2
5	G	Blackheath & Bromley H AC 3	Rashindah Ayinbode, Esther Oniwinde, Greta Elliott, Kamiyla Robinson-Pascal	54.4
6	X	Bexley AC 1	Kirstie Vance, Angel Gediz, Mia Young, Joy Kelvin	54.5
7	M	Medway & Maidstone AC 1	Bethany Neal, Alexandra Broad, Alice Hutchinson, Katherine Donnelly	57.9
8	P	Paddock Wood AC 1	Kimberley Garcia, Jasmine Etheridge, Davina Peers, Lilly Ebsworth	disq

U15B 4 x 100m**Final**

1	B	Blackheath & Bromley H AC 1	Myles Xavier, Thomas Mills, Caelan Raju, Rico Cottell	45.4
2	BB	Blackheath & Bromley H AC 2	Nana Okwesa, Kyron Morgan, Henry Whichello, Oliver Briars	47.9
3	C	Cambridge Harriers 1	Dennis Skelton, Kareem Waithe, Antonay Thomas, Johnel Simpson	49.9
4	M	Medway & Maidstone AC 1	Steven Abbott, Jacob Wells, Zach Smith, David Adeleye	51.8
5	J	The Judd School 1	Arjun Ghosh, Seb Burke, Charlie Ghosh, Theo Daviron	52.3
6	D	Dartford Harriers AC 1	Declan MacDonald, Josef Hrabe, Luke Erwood, Aboluwarin Falase	52.8
7	JJ	The Judd School 2	Max Naish, Oliver Coote, Alex Sandberg, Sam Barnett	56.2
8	G	Blackheath & Bromley H AC 3	Leonard Wright, Benjamin Gardiner, Leo McCallum, Jonathan Abbott	disq

U17M 4 x 100m**Final**

1	M	Medway & Maidstone AC 1	Nathan Isaac, Alex Marshall, Bradley McIntyre, Rory Kuypers	44.9
2	X	Bexley AC 1	Jonathan Mann, Olalekan Omotosho, Olu Wafemi Agbaje, Jason Okusanya	45.3
3	B	Blackheath & Bromley H AC 1	Ben Sutton, Robert Abbott, Chizute Ogbedeh, Matthew Knight	45.5
4	C	Cambridge Harriers 1	Fabrice Baptiste, Joshua Olawunmi, Luke Moore, Fuad Busoir	45.6

U17W 4 x 100m**Final**

1	X	Bexley AC 1	Kehinde Eyiwuawi, Frinee Akuma, Debbi Osivaya, Taiwo Eyiwuawi	51.4
2	M	Medway & Maidstone AC 1	Jade Oni, Ashleigh West, Eleanor Wastell, Eleanor Callaghan-Inge	51.5
3	B	Blackheath & Bromley H AC 1	Mhairi Brooks, Antonia Alapafuja, Gabrielle Dalsan, Karina Harris	51.8
4	S	Swale Combined AC 1	Abigail Lofts, Katie Masters, Keeley Burdge, Alice English	54.2
5	XX	Bexley AC 2	Amardeep Mann, Princess Ighedosa, Tosin Awodesu, Sophie Mills	54.8
6	C	Cambridge Harriers 1	Jade Fitt, Anjola Adelaja, Alexandra Okoibhole, Jaratta Adams	55.6

U13G 4 x 100m**Heat 1**

1	B	Blackheath & Bromley H AC 1	Shakanya Osahon, Daniella Harper, Akeiyla Robinson-Pascal, Renee Bel-Momodu	55.1
2	C	Cambridge Harriers 1	Cleo Agyepong, Asmara Griffiths, Rebecca Maddy, Marian Owusuwah	55.6
3	X	Bexley AC 1	Judie Lawrence, Michelle Karen, Jessie Sargeant, Kelechi Ambros	58.0
4	M	Medway & Maidstone AC 1	Katie Rothery, Tegan Salter, Mia Cox, Olivia Humphries	58.9
5	F	Folkestone RC 1	Catrina Macarthur, Libby Johnson, Isabella Reina, Macey Forster	59.7
6	D	Dartford Harriers AC 1	Rachel Bradley, Sofia Loader, Lauren Bowen, Tallula May	61.8
7	MM	Medway & Maidstone AC 2	Annabel Young, Ciara Harrop, Summer Salter, Billie Rouse	66.6

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U13G 4 x 100m**Heat 2**

1	BB	Blackheath & Bromley H AC 2	Olivia English, Daiz'a Foster, Kelsey Pullin, Eve Ward	56.4
2	S	Swale Combined AC 1	Freya Jury, Zoe Francis, Maddie Chapman, Amelia Williams	60.2
3	P	Paddock Wood AC 1	Grace King, Martha Peachey, Mollie Dew, Charlotte Whiffen	60.6
4	GG	Blackheath & Bromley H AC 4	Amarisa Sibley, Ellie Dolby, Amelia Rushmer, Ella Smith	60.7
5	G	Blackheath & Bromley H AC 3	Lily Meers, Rose Meers, Chloe Skipp, Sofia Elliott	62.5
6	K	Medway Park Phoenix 1	Jamie Smith, Emily Newnham, Leora Molnar, Alice Gyde	62.6

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U13G 4 x 100m**Final**

1	C	Cambridge Harriers 1	Cleo Agyepong, Asmara Griffiths, Rebecca Maddy, Marian Owusuwah	54.2
2	B	Blackheath & Bromley H AC 1	Shakanya Osahon, Daniella Harper, Akeiyla Robinson-Pascal, Renee Bel-Momodu	54.7
3	BB	Blackheath & Bromley H AC 2	Olivia English, Daiz'a Foster, Kelsey Pullin, Eve Ward	56.2
4	X	Bexley AC 1	Judie Lawrence, Michelle Karen, Jessie Sargeant, Kelechi Ambros	57.9
5	M	Medway & Maidstone AC 1	Katie Rothery, Tegan Salter, Mia Cox, Olivia Humphries	59.1
6	F	Folkestone RC 1	Catrina Macarthur, Libby Johnson, Isabella Reina, Macey Forster	59.8
7	S	Swale Combined AC 1	Freya Jury, Zoe Francis, Maddie Chapman, Amelia Williams	60.3
8	P	Paddock Wood AC 1	Grace King, Martha Peachey, Mollie Dew, Charlotte Whiffen	60.6

U17M 4 x 200m**Final**

1	M	Medway & Maidstone AC 1	Nathan Isaac, Alex Marshall, Bradley McIntyre, Rory Kuypers	1:34.3
2	X	Bexley AC 1	Olalekan Omotosho, Regan Thomas, Alex Olubusi, Jonathan Mann	1:38.4

U20M/SM 4 x 200m**Final**

1	T	Tonbridge AC 1	Wesley Walton, Zachary Cannon, Steven Tester, Henry Marshall (U20M)	1:31.6
2	C	Cambridge Harriers 1	Javone Walcott (U20M), Lotanna Ezeike (U20M), Joseph Alason (U20M), Eghosa Evbosomon (U20M)	1:32.8
3	D	Dartford Harriers AC 1	Kevin Feyisetan (U20M), Brandon Twycross (U20M), Ryan Campbell (U20M), Ethan Brown (U17M)	1:35.0
4	S	Swale Combined AC 1	Andrew Scoones, Nathan Lindsay (U17M), Reece Williams (U17M), James Butler (U20M)	1:47.2
5	TT	Tonbridge AC 2	Jason Cannon (M50), Antony Crush (M40), Daniel Crush (M40), Brian Buckwell (M60)	1:55.5

U17W 4 x 200m**Final**

1	X	Bexley AC 1	Faye Olszowka, Taiwo Eyiowuawi, Princess Ighedosa, Kehinde Eyiowuawi	1:50.2
2	M	Medway & Maidstone AC 1	Harriet Wilder, Lucy Hope, Ashleigh West, Eleanor Callaghan-Inge	1:50.8
3	XX	Bexley AC 2	Debbi Osivaya, Amardeep Mann, Eliza Lawrence, Sophie Mills	1:54.8
4	S	Swale Combined AC 1	Abigail Lofts, Katie Masters, Keeley Burdge, Alice English	1:55.3
5	C	Cambridge Harriers 1	Gemma Mullings, Alexandra Okoibhole, Jaratta Adams, Kiera Houching	1:57.7
6	D	Dartford Harriers AC 1	Jasmine Anderson, Jade Farrow, Mary Welch, Cary Kwaramba-Downs	1:58.3
7	B	Blackheath & Bromley H AC 1	Mhairi Brooks, Antonia Alapafuja, Gabrielle Dalsan, Karina Harris	disq

U20W/SW/MW 4 x 200m**Final**

1	D	Dartford Harriers AC 1	Claire Capon, Kirstie Taylor (W40), Hannah Sutton, Kathryn Sutton	1:46.9
2	C	Cambridge Harriers 1	Emily Worsfold (U17W), Molly Hawkins (U20W), Kera Jean-Francois (U20W), Jade Fitt (U17W)	1:50.4
3	DD	Dartford Harriers AC 2	Fleur Hardie (W40), Anoushka Johnson (W40), Bonnie Maugey (U20W), Kimberley Taylor (W35)	2:02.9
4	TT	Tonbridge AC 2	Fiona Argent, Sasha Houghton, Nina Ridge, Diane Wright	2:16.0

U15B 4 x 300m**Heat 1**

1	C	Cambridge Harriers 1	Samuel Monaco, Kareem Waithe, Johnel Simpson, Dennis Skelton	2:47.6
2	X	Bexley AC 1	Matthew Crane, William Butterworth, Nathaniel Masters, Jacob Calvert	2:54.0
3	MM	Medway & Maidstone AC 2	Reece Perkins, Zach Smith, Luke Stringer, Ben Hughes	2:56.7
4	P	Paddock Wood AC 1	Spencer Elphick, Kiran Gregory, Dylan Keeves, Ted Peachy	3:06.8
5	JJ	The Judd School 2	Theo Daviron, Max Naish, Oliver Coote, John Mulford	3:22.7

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U15B 4 x 300m**Heat 2**

1	B	Blackheath & Bromley H AC 1	Peter Guy, Joshua Gbagbo, Robert Suckling, Thomas Mills	2:47.4
2	BB	Blackheath & Bromley H AC 2	Myles Xavier, Kyron Morgan, Caelan Raju, Henry Whichello	2:48.2
3	J	The Judd School 1	Tom Pincott, Charlie Ghosh, Seb Burke, Toby Emm	2:48.5
4	M	Medway & Maidstone AC 1	Alexander Donnelly, Benjamin Blake, David Adeleye, Benjamin Townend	2:48.7
5	D	Dartford Harriers AC 1	Declan MacDonald, Josef Hrabe, Luke Erwood, Oliver Burgess	3:10.4

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U15B 4 x 300m**Final**

1	B	Blackheath & Bromley H AC 1	Peter Guy, Joshua Gbagbo, Robert Suckling, Thomas Mills	2:33.5
2	BB	Blackheath & Bromley H AC 2	Myles Xavier, Kyron Morgan, Caelan Raju, Henry Whichello	2:41.3
3	J	The Judd School 1	Toby Emm, Seb Burke, Tom Pincott, Charlie Ghosh	2:42.3
4	C	Cambridge Harriers 1	Kareem Waithe, Johnel Simpson, Dennis Skelton, Samuel Monaco	2:43.2
5	M	Medway & Maidstone AC 1	Alexander Donnelly, Benjamin Blake, David Adeleye, Benjamin Townend	2:51.8
6	X	Bexley AC 1	Matthew Crane, William Butterworth, Nathaniel Masters, Jacob Calvert	2:56.3
7	MM	Medway & Maidstone AC 2	Reece Perkins, Luke Stringer, Zach Smith, Ben Hughes	3:02.6
8	P	Paddock Wood AC 1	Spencer Elphick, Kiran Gregory, Dylan Keeves, Ted Peachy	3:03.5

U15G 4 x 300m**Final**

1	B	Blackheath & Bromley H AC 1	Grace Goddard, Lily Tappenden, Holly Mpassy, Lauren Goddard	2:55.4
2	C	Cambridge Harriers 1	Shiann Brock-Walters, Ayanna Henry, Jamaica Williams, Renay Thomas	3:00.1
3	D	Dartford Harriers AC 1	Isabel Lloyd, Kaliyah Young, Chloe Morford, Chanelle Cole	3:04.9
4	X	Bexley AC 1	Tiffany Fapetu, Mia Young, Kirstie Vance, Angel Gediz	3:06.0
5	M	Medway & Maidstone AC 1	Abigail Walters, Nika Najjar, Zara Edeleanu, Lucy Maunders	3:07.0
6	BB	Blackheath & Bromley H AC 2	Alice Prentice, Kamiyla Robinson-Pascal, Ella Brown, Kendaa Cameron-Chavannes	3:07.0
7	F	Folkestone RC 1	Alysha Strain, Jaan-Imelda Sobande, Caitlin Gallagher, Katie Lacey	3:21.7

U13B 3x800m**Final**

1	B	Blackheath & Bromley H AC 1	Tom Brash, Alex Sibley, Samuel Reardon	7:20.7
2	M	Medway & Maidstone AC 1	Ethan Gear, Joe Hollands, Michael Uzozie	7:38.7
3	G	Blackheath & Bromley H AC 3	Oliver Robertson, Brandon Back, Nicholas Paddington	7:53.9
4	BB	Blackheath & Bromley H AC 2	Barnaby Corry, Matthew Smith, Edward Sellar	7:56.4
5	R	Thanet Roadrunners AC 1	Dylan Leach, Haydn Gaffon, Sam King	8:06.0
6	C	Cambridge Harriers 1	Fredrik Nordgren, Christian Hopper, Ethan Fiore	8:16.6
7	F	Folkestone RC 1	Archie Jones, Nathaniel Ryan, Jack Doubtfire	8:24.8
8	J	The Judd School 1	Max Forrest, Sam Perry, Adam Singleterry	8:27.4
9	JJ	The Judd School 2	Kimball Catling, Oscar de Daranyi, Oliver Dobson	8:45.9

U13G 3x800m**Final**

1	B	Blackheath & Bromley H AC 1	Daniella Harper, Amarisa Sibley, Ellie Dolby	7:33.6
2	C	Cambridge Harriers 1	Megan Basham, Madeleine Tynan, Ailbhe Barnes	8:02.2
3	M	Medway & Maidstone AC 1	Erin Hughes, Annabel Young, Billie Rouse	8:32.9
4	D	Dartford Harriers AC 1	Rachel Bradley, Emily Page, Amelia Bates	8:33.8
5	BB	Blackheath & Bromley H AC 2	Ella Smith, Lily Meers, Amelia Rushmer	8:47.9
6	X	Bexley AC 1	Sophie Burkett, Kacey-May Smith, Candice Littell	9:19.3

U17W 3x800m**Final**

1	C	Cambridge Harriers 1	Elizabeth Garland, Ciara Mitchell, Lara Atkinson	8:00.2
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U17M 3x800m**Final**

1	B	Blackheath & Bromley H AC 1	Michael Eagling, Callum Myatt, Oscar Hussey	6:21.6
2	M	Medway & Maidstone AC 1	Quinn Austin, George Blake, Jacques Cunningham-Marsh	6:30.1
3	D	Dartford Harriers AC 1	James Rolls, Lucas Taylor-Costin, Thomas Manning	6:33.0
4	C	Cambridge Harriers 1	Joshua Olawunmi, Kieran Harmsworth, Reece Miles	6:39.7
5	BB	Blackheath & Bromley H AC 2	Charles Andrews, Christopher Swinfen, Ben Sutton	7:02.0

U15G 3x800m**Final**

1	B	Blackheath & Bromley H AC 1	Imogen Meers, Lily Tappenden, Morgan Squibb	7:31.7
2	R	Thanet Roadrunners AC 1	Brooke O'Hare, Rebecca Hales, Amy Piper	7:46.5
3	M	Medway & Maidstone AC 1	Alexandria Baker-Jones, Lauren Colwell, Charlotte Young	7:51.2
4	D	Dartford Harriers AC 1	Camille Cerely, Emma Hillier, Bethany Panton	8:13.1
5	BB	Blackheath & Bromley H AC 2	Zoe White, Alice Prentice, Abigail Leeves	8:13.9

U15B 3 x 800m**Final**

1	B	Blackheath & Bromley H AC 1	Keir Lundy, Robert Suckling, Peter Guy	6:24.6
2	X	Bexley AC 1	Ronnie Stowell, Jack Higgins, Ted Higgins	6:43.0
3	BB	Blackheath & Bromley H AC 2	Cameron Swatton, Joseph Georgiadis, Benjamin Gardiner	6:55.1
4	M	Medway & Maidstone AC 1	Alexander Donnelly, Benjamin Blake, Benjamin Townend	7:03.9
5	MM	Medway & Maidstone AC 2	Reece Perkins, Luke Stringer, Ben Hughes	7:10.9
6	J	The Judd School 1	Toby Emm, Joe Pulman, Alex Sandberg	7:17.1
7	C	Cambridge Harriers 1	Samuel Monaco, Benjamin Tynan, Antonay Thomas	7:42.8
8	JJ	The Judd School 2	Sam Barnett, John Mulford, Freddie Baynham	dnf

U20W/SW/MW 4 x 400m**Final**

1	D	Dartford Harriers AC 1	Claire Capon, Bonnie Maugey (U20W), Hannah Sutton, Kathryn Sutton	4:04.6
2	M	Medway & Maidstone AC 1	Darcey Kuypers (U20W), Emma Giles, Emma Jenkins (U20W), Imogen Munday (U20W)	4:05.3
3	C	Cambridge Harriers 1	Molly Hawkins (U20W), Sophie Fenner (U20W), Kera Jean-Francois (U20W), Jade Fitt (U17W)	4:31.0
4	DD	Dartford Harriers AC 2	Allison Page (W45), Anoushka Johnson (W40), Kimberley Taylor (W35), Kirstie Taylor (W40)	4:42.1
5	S	Swale Combined AC 1	Katie Scoones (U20W), Keeley Burdge (U17W), Bobbie Cornelius, Alice English (U17W)	4:43.8
6	TT	Tonbridge AC 2	Sasha Houghton, Nina Ridge, Diane Wright, Fiona Argent	5:17.7

U20M/SM/MM 4 x 400m**Final**

1	C	Cambridge Harriers 1	Joseph Alason (U20M), Eghosa Evbosomon (U20M), Frano Vainio-Doiseul, Omari Markland-Montgomery	3:26.7
2	T	Tonbridge AC 1	Henry Marshall (U20M), Steven Tester, Zachary Cannon, Wesley Walton	3:29.7
3	H	Medway & Maidstone AC 3	Andrejs Safars, Max Read (U20M), George Clements, Michael Watson (U20M)	3:34.5
4	M	Medway & Maidstone AC 1	Cameron Payas (U20M), Jake Berry (U20M), Jacques Cunningham-Marsh (U17M), George Blake (U17M)	3:39.0
5	B	Blackheath & Bromley H AC 1	Callum Gardiner (U20M), Dylan Reeves-Fellows (U20M), William Pope (U20M), Aleksander Wiltshire (U20M)	3:39.8
6	MM	Medway & Maidstone AC 2	Ryan Maunders (U20M), Lewis Makey (U20M), Lewis Cable (U17M), Marley Godden (U20M)	3:41.6
7	S	Swale Combined AC 1	Andrew Scoones, James Butler (U20M), Nathan Lindsay (U17M), Markus Simmons (U17M)	3:55.0
8	TT	Tonbridge AC 2	Antony Crush (M40), Daniel Crush (M40), Mark Pitcairn-Knowles (M50), Brian Buckwell (M60)	4:27.9

U17M 4 x 400m**Final**

1	B	Blackheath & Bromley H AC 1	Oscar Hussey, Michael Eagling, Matthew Knight, Ben Sutton	3:41.1
2	C	Cambridge Harriers 1	Kieran Harmsworth, Fuad Busoir, Luke Moore, Reece Miles	3:43.1
3	D	Dartford Harriers AC 1	James Rolls, Thomas Manning, Tait Lamb, Lucas Taylor-Costin	3:48.6
4	BB	Blackheath & Bromley H AC 2	Robert Abbott, Christopher Swinfen, Callum Myatt, Chizute Ogbedeh	3:51.8

U17W 4 x 300m**Final**

1	X	Bexley AC 1	Eliza Lawrence, Faye Olszowka, Taiwo Eyiowuawi, Kehinde Eyiowuawi	2:56.5
2	M	Medway & Maidstone AC 1	Harriet Wilder, Liberty Kerswill, Lucy Hope, Eleanor Wastell	3:06.0
3	D	Dartford Harriers AC 1	Jasmine Fairman, Annabel Field, Claudia Bates, Cary Kwaramba-Downs	3:10.3
4	C	Cambridge Harriers 1	Elizabeth Garland, Emily Worsfold, Alexandra Okoibhole, Lara Atkinson	3:19.0

U13B 4 x 300m**Final**

1	B	Blackheath & Bromley H AC 1	Robert Murray, Connor Sutton, Jacob Byfield, Samuel Reardon	3:06.2
2	M	Medway & Maidstone AC 1	Callum Featherstone, Cameron Featherstone, Kieran Isaac, Benjamin Lineker	3:12.3
3	J	The Judd School 1	James Martin, Gregory Pring, Charlie Costello, Adam Singleterry	3:15.0
4	X	Bexley AC 1	Ethan Smith, Richard Paul, Ridwan Ahmed, Ikenna Ogazi	3:33.7
5	JJ	The Judd School 2	Robert Tune, Oliver Davies, Edward Hall, Oliver Dobson	3:43.5

U13G 4 x 300m**Final**

1	C	Cambridge Harriers 1	Asmara Griffiths, Madeleine Tynan, Megan Basham, Rebecca Maddy	3:22.6
2	X	Bexley AC 1	Judie Lawrence, Kacey-May Smith, Sophie Burkett, Jessie Sargeant	3:25.5
3	M	Medway & Maidstone AC 1	Mia Cox, Katie Rothery, Olivia Humphries, Erin Hughes	3:28.9
4	D	Dartford Harriers AC 1	Charlotte Waters, Lauren Bowen, Emily Page, Amelia Bates	3:33.8
5	K	Medway Park Phoenix 1	Jamie Smith, Emily Newnham, Leora Molnar, Alice Gyde	3:36.9
6	S	Swale Combined AC 1	Freya Jury, Zoe Francis, Amelia Williams, Maddie Chapman	3:37.9