

Kent Indoor Championships Lee Valley Athletics Centre 26th February 2012

SM 60m

Heat 1					
	No.	Athlete	Club	Perf	
1	9	Darren Green	Luton AC	7.10	Q
2	8	Christopher Ford	Tonbridge AC	7.32	Q
3	2	Joe Appiah (M40)	Kent AC	7.41	Q
4	1	Bilen Ahmet	Kingston AC & Poly H	7.88	q
5	18	Mark Woods (M50)	Paddock Wood AC	8.14	
Heat 2					
	No.	Athlete	Club	Perf	
1	16	Matthew Morsia	Ashford AC	7.32	Q
2	12	Sylvester Juwe	WGwEL	7.34	Q
3	17	Paul Slater	Bexley AC	7.43	Q
4	15	Christopher Meakin	Ashford AC	7.51	q
	14	Seun Marcus	Belgrave Harriers	disq	
Heat 3					
	No.	Athlete	Club	Perf	
1	11	Andre Haughton	Cambridge Harriers	7.22	Q
2	5	Aaron Broderick	Kent AC	7.39	Q
3	13	Alexander Lee	Dartford Harriers AC	7.51	Q
4	7	Lincoln Campbell (M45)	East Grinstead & D AC	7.71	q
S/F 1					
	No.	Athlete	Club	Perf	
1	9	Darren Green	Luton AC	7.15	Q
2	8	Christopher Ford	Tonbridge AC	7.26	Q
3	12	Sylvester Juwe	WGwEL	7.29	Q
4	17	Paul Slater	Bexley AC	7.44	
5	13	Alexander Lee	Dartford Harriers AC	7.51	
6	1	Bilen Ahmet	Kingston AC & Poly H	8.09	
S/F 2					
	No.	Athlete	Club	Perf	
1	11	Andre Haughton	Cambridge Harriers	7.20	Q
2	5	Aaron Broderick	Kent AC	7.34	Q
3	2	Joe Appiah (M40)	Kent AC	7.38	Q
4	7	Lincoln Campbell (M45)	East Grinstead & D AC	7.72	
5	15	Christopher Meakin	Ashford AC	12.26	
	16	Matthew Morsia	Ashford AC	dns	

Final				
	No.	Athlete	Club	Perf
1	9	Darren Green	Luton AC	7.12
2	11	Andre Haughton	Cambridge Harriers	7.13
3	8	Christopher Ford	Tonbridge AC	7.24
4	12	Sylvester Juwe	WGwEL	7.27
5	2	Joe Appiah (M40)	Kent AC	7.39
	5	Aaron Broderick	Kent AC	disq

SM 200m

Heat 1				
	No.	Athlete	Club	Perf
1	9	Darren Green	Luton AC	23.91
2	13	Alexander Lee	Dartford Harriers AC	24.85
3	125	Hadley Pressley	Invicta East Kent AC	25.52
4	124	Iain Presnell (M50)	Ashford AC	27.39
	18	Mark Woods (M50)	Paddock Wood AC	dns
Heat 2				
	No.	Athlete	Club	Perf
1	123	Jack Miller	Bexley AC	23.68
2	5	Aaron Broderick	Kent AC	23.90
3	122	Hassan Davis	Kent AC	24.09
4	121	Emmanuel Adebayo	Kent AC	25.30
	1	Bilen Ahmet	Kingston AC & Poly H	dns
Final				
	No.	Athlete	Club	Perf
1	9	Darren Green	Luton AC	22.78
2	123	Jack Miller	Bexley AC	23.13
3	5	Aaron Broderick	Kent AC	23.75
4	122	Hassan Davis	Kent AC	23.87
	13	Alexander Lee	Dartford Harriers AC	dnf

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CBP

SM 400m

Final				
	No.	Athlete	Club	Perf
1	128	Steven Tester	Tonbridge AC	51.86
2	126	David Stewart	Dartford Harriers AC	51.99
3	130	Ryan Waterman	Tonbridge AC	55.00
4	129	Aaron Waterman	Tonbridge AC	55.33
5	127	Andrew Murray	Kent AC	55.35

SM 800m

Heat 1				
No.	Athlete	Club	Perf	
1	126	David Stewart	Dartford Harriers AC	2:13.05
2	136	Andrejs Safars	Med and Maid AC	2:13.27
3	134	Daniel Lewington	Serpentine RC	2:13.73
4	135	Ian Mackett (M50)	Ashford AC	2:53.23
Heat 2				
No.	Athlete	Club	Perf	
1	130	Ryan Waterman	Tonbridge AC	2:18.25
2	99	Chris Stanton	Bexley AC	2:18.76
3	137	Andrew Scoones	Swale Combined AC	2:19.30
4	133	Paul Kent (M50)	Cambridge Harriers	2:29.18
Final				
No.	Athlete	Club	Perf	
1	136	Andrejs Safars	Med and Maid AC	1:58.50
2	126	David Stewart	Dartford Harriers AC	2:05.02
3	134	Daniel Lewington	Serpentine RC	2:07.61
4	99	Chris Stanton	Bexley AC	2:07.62
5	130	Ryan Waterman	Tonbridge AC	2:09.95
6	137	Andrew Scoones	Swale Combined AC	2:25.64

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SM 60m Hurdles

Final				
No.	Athlete	Club	Perf	
1	100	Alexander Wharfe	Med and Maid AC	9.08
2	99	Chris Stanton	Bexley AC	9.57
3	1	Bilen Ahmet	Kingston AC & Poly H	10.35

SM High Jump

Final				
No.	Athlete	Club	Ht	
1	1	Bilen Ahmet	Kingston AC & Poly H	1.70

1.50 1.55 1.60 1.65 1.70 1.75
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SM Pole Vault

Final				
No.	Athlete	Club	Ht	
1	1	Bilen Ahmet	Kingston AC & Poly H	3.80
2	100	Alexander Wharfe	Med and Maid AC	3.80
3	142	Luke Williams	Ashford AC	3.60
4	138	Stuart Chisholm	Ashford AC	3.50

3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00
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SM Long Jump

Final											
No.	Athlete	Club	Dist	CBP							
1	248	Matthew Burton	Kent AC	7.42	nj	nj	7.12	7.42	7.33	nj	
2	16	Matthew Morsia	Ashford AC	6.66	6.66	6.53	6.37	6.45	6.55	nj	
3	17	Paul Slater	Bexley AC	6.23	5.80	6.02	5.96	6.07	6.23	nj	
4	13	Alexander Lee	Dartford Harriers AC	6.12	6.12	5.61	5.77	nj	nj	6.08	
5	143	James Alcock	Med and Maid AC	6.09	nj	6.09	6.03	5.95	5.85	5.98	
6	2	Joe Appiah (M40)	Kent AC	5.98	5.74	5.98	5.77	5.90	nj	5.84	
7	8	Christopher Ford	Tonbridge AC	5.92	5.68	5.92	5.59				
8	144	Courtney Green	Kent AC	5.24	5.24	5.09	5.16				
9	146	Adam Southfield	Newington AC	3.11	3.11	2.85	3.04				

SM Triple Jump

Final											
No.	Athlete	Club	Dist								
1	147	Nnaemeka Ezenwa	WGwEL	14.42	14.42	nj	14.42	nj	nj	nj	
2	17	Paul Slater	Bexley AC	12.89	12.89	12.36	12.59	12.36	-	12.49	
3	145	Stephen Lake (M35)	Ashford AC	12.32	12.23	12.14	nj	nj	12.25	12.32	
4	148	Jack Fox	Dartford Harriers AC	12.11	nj	12.10	12.09	12.02	11.46	12.11	
5	1	Bilen Ahmet	Kingston AC & Poly H	11.48	11.48	11.43	-	11.02	10.39	-	

SM Shot

Final											
No.	Athlete	Club	Dist								
1	150	Steve Timmins (M35)	Black and Brom H AC	13.73	13.69	13.51	13.55	13.46	13.73	13.53	
2	144	Courtney Green	Kent AC	13.20	12.64	12.41	12.21	12.86	12.47	13.20	
3	99	Chris Stanton	Bexley AC	12.17	10.17	11.55	12.17	rt			
4	1	Bilen Ahmet	Kingston AC & Poly H	10.33	10.15	10.33	np	10.22	10.15	np	
5	124	Iain Presnell (M50)	Ashford AC	9.99	9.99	8.30	8.44	np	rt		
6	149	Michael Lillis	Newington AC	8.19	8.06	7.84	8.19	np	8.18	7.91	

U20M 60m

Heat 1						
No.	Athlete	Club	Perf			
1	26	Reuben Fakoya	Black and Brom H AC	7.12	Q	
2	27	David Hall	Dartford Harriers AC	7.37	Q	
3	21	Ben Burton	Invicta East Kent AC	7.46	Q	
4	29	Thomas Howlett	Med and Maid AC	7.89		
5	35	James Wood	Newington AC	8.40		

Heat 2				
	No.	Athlete	Club	Perf
1	20	Joe Berth-Jones	Cambridge Harriers	7.19
2	32	Micheal Omoniyi	Cambridge Harriers	7.40
3	22	Jacob Burton	Invicta East Kent AC	7.47
4	23	Zachary Cannon	Tonbridge AC	7.70
5	34	Sean Williams-Carmody	NEB	7.72
Heat 3				
	No.	Athlete	Club	Perf
1	30	Farren Morgan	Bexley AC	7.39
2	33	Ishmael Smith-John	Black and Brom H AC	7.47
3	25	Louis Dale	Tonbridge AC	7.68
4	24	Robert Crust	Tonbridge AC	7.84
S/F 1				
	No.	Athlete	Club	Perf
1	26	Reuben Fakoya	Black and Brom H AC	7.12
2	27	David Hall	Dartford Harriers AC	7.27
3	22	Jacob Burton	Invicta East Kent AC	7.41
4	24	Robert Crust	Tonbridge AC	7.73
5	25	Louis Dale	Tonbridge AC	7.74
	32	Micheal Omoniyi	Cambridge Harriers	dns
S/F 2				
	No.	Athlete	Club	Perf
1	20	Joe Berth-Jones	Cambridge Harriers	7.10
2	30	Farren Morgan	Bexley AC	7.11
3	33	Ishmael Smith-John	Black and Brom H AC	7.31
4	21	Ben Burton	Invicta East Kent AC	7.53
5	23	Zachary Cannon	Tonbridge AC	7.63
6	34	Sean Williams-Carmody	NEB	7.71
Final				
	No.	Athlete	Club	Perf
1	20	Joe Berth-Jones	Cambridge Harriers	7.05
2	30	Farren Morgan	Bexley AC	7.09
3	26	Reuben Fakoya	Black and Brom H AC	7.11
4	33	Ishmael Smith-John	Black and Brom H AC	7.24
5	27	David Hall	Dartford Harriers AC	7.43
6	22	Jacob Burton	Invicta East Kent AC	7.43

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U20M 200m

Heat 1				
	No.	Athlete	Club	Perf
1	28	Tadgh Healy	Tonbridge AC	23.45
2	22	Jacob Burton	Invicta East Kent AC	24.04
3	23	Zachary Cannon	Tonbridge AC	25.04
Heat 2				
	No.	Athlete	Club	Perf
1	151	Alex Bell	Cambridge Harriers	23.04
2	101	George Huxley	Ashford AC	23.96
3	24	Robert Crust	Tonbridge AC	25.59
4	152	Michael Clark	Tonbridge AC	25.86
Heat 3				
	No.	Athlete	Club	Perf
1	26	Reuben Fakoya	Black and Brom H AC	23.22
2	154	Edward Hall	Tonbridge AC	23.26
3	25	Louis Dale	Tonbridge AC	25.68
Final				
	No.	Athlete	Club	Perf
1	151	Alex Bell	Cambridge Harriers	22.84
2	26	Reuben Fakoya	Black and Brom H AC	23.14
3	154	Edward Hall	Tonbridge AC	23.46
4	101	George Huxley	Ashford AC	24.75
	28	Tadgh Healy	Tonbridge AC	dhs

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U20M 400m

Final				
	No.	Athlete	Club	Perf
1	30	Farren Morgan	Bexley AC	48.98
2	156	Charlie Perry	Cambridge Harriers	50.50
3	31	Craig Morten	Black and Brom H AC	51.00
4	157	Joe Richardson	Bexley AC	52.29
5	154	Edward Hall	Tonbridge AC	54.30

CBP

U20M 800m

Final				
	No.	Athlete	Club	Perf
1	158	Samuel Hudson	Invicta East Kent AC	2:03.45
2	159	Robert Leat	Paddock Wood AC	2:24.12

U20M 60m Hurdles

Final				
No.	Athlete	Club	Perf	
1	28	Tadgh Healy	Tonbridge AC	8.49
2	101	George Huxley	Ashford AC	8.71
3	31	Craig Morten	Black and Brom H AC	8.84

U20M High Jump

Final										
No.	Athlete	Club	Ht							
1	29	Thomas Howlett	Med and Maid AC	1.85	o	o	o	o	xxx	
2	27	David Hall	Dartford Harriers AC	1.85		o	xxo	o	xxx	
3	160	Aaron Barham	Dartford Harriers AC	1.80	o	-	xo	xxx		

U20M Pole Vault

Final							
No.	Athlete	Club	Ht				
1	162	Jesper Hallberg	Tonbridge AC	4.10	o	xo	xxx

U20M Long Jump

Final											
No.	Athlete	Club	Dist								
1	163	James Allen	Black and Brom H AC	6.04	5.79	nj	5.93	5.94	6.04	5.91	
2	29	Thomas Howlett	Med and Maid AC	5.79	5.76	5.71	5.79	5.61	5.77	nj	
3	21	Ben Burton	Invicta East Kent AC	5.64	5.64	5.31	5.33	rt			

U20M Triple Jump

Final										
No.	Athlete	Club	Dist							
1	35	James Wood	Newington AC	10.54	nj	9.97	10.16	10.54	9.81	nj

U20M Shot

Final										
No.	Athlete	Club	Dist							
1	29	Thomas Howlett	Med and Maid AC	10.68	10.34	10.55	10.35	np	10.68	10.59

U17M 60m

Heat 1					
	No.	Athlete	Club	Perf	
1	49	Matthew Taylor	Cambridge Harriers	7.34	Q
2	52	Michael Watson	Med and Maid AC	7.44	Q
3	47	Morgan Rees	Dartford Harriers AC	7.60	Q
4	36	Bradley Barrett	Tonbridge AC	7.71	q
5	46	Jack Parris	Cambridge Harriers	7.79	q
6	48	Luke Remzi	Cambridge Harriers	7.84	
Heat 2					
	No.	Athlete	Club	Perf	
1	50	Frano Vainio-Doiseul	Cambridge Harriers	7.34	Q
2	43	Juvenal Iragaba	Cambridge Harriers	7.53	Q
3	38	Joe Brierly	Bexley AC	7.68	Q
4	42	Samee Goosani	Med and Maid AC	7.93	
5	37	Christopher Bishop	Dartford Harriers AC	8.18	
Heat 3					
	No.	Athlete	Club	Perf	
1	45	Zack Moules	Bexley AC	7.46	Q
2	39	Antony Debling	Thanet AC	7.55	Q
3	40	Adriano Duncomb	Kent AC	7.69	Q
4	44	Lewis Jackson	Dartford Harriers AC	7.74	q
5	51	Wesley Walton	Tonbridge AC	8.06	
S/F 1					
	No.	Athlete	Club	Perf	
1	49	Matthew Taylor	Cambridge Harriers	7.36	Q
2	43	Juvenal Iragaba	Cambridge Harriers	7.43	Q
3	52	Michael Watson	Med and Maid AC	7.48	Q
4	40	Adriano Duncomb	Kent AC	7.59	
5	38	Joe Brierly	Bexley AC	7.76	
6	46	Jack Parris	Cambridge Harriers	7.81	
S/F 2					
	No.	Athlete	Club	Perf	
1	50	Frano Vainio-Doiseul	Cambridge Harriers	7.32	Q
2	45	Zack Moules	Bexley AC	7.44	Q
3	39	Antony Debling	Thanet AC	7.48	Q
4	47	Morgan Rees	Dartford Harriers AC	7.59	
5	36	Bradley Barrett	Tonbridge AC	7.75	
6	44	Lewis Jackson	Dartford Harriers AC	7.84	

Final				
	No.	Athlete	Club	Perf
1	50	Frano Vainio-Doiseul	Cambridge Harriers	7.24
2	49	Matthew Taylor	Cambridge Harriers	7.26
3	45	Zack Moules	Bexley AC	7.41
4	52	Michael Watson	Med and Maid AC	7.46
5	43	Juvenal Iragaba	Cambridge Harriers	7.53
6	39	Antony Debling	Thanet AC	7.53

U17M 200m

Heat 1				
	No.	Athlete	Club	Perf
1	50	Frano Vainio-Doiseul	Cambridge Harriers	23.82
2	52	Michael Watson	Med and Maid AC	24.50
3	40	Adriano Duncomb	Kent AC	25.26
	51	Wesley Walton	Tonbridge AC	dnf
Heat 2				
	No.	Athlete	Club	Perf
1	165	Daniel Pitman	Med and Maid AC	24.19
2	46	Jack Parris	Cambridge Harriers	25.24
3	42	Samee Goosani	Med and Maid AC	26.07
4	37	Christopher Bishop	Dartford Harriers AC	27.07
Heat 3				
	No.	Athlete	Club	Perf
1	43	Juvenal Iragaba	Cambridge Harriers	24.11
2	44	Lewis Jackson	Dartford Harriers AC	25.50
3	164	George Clements	Med and Maid AC	25.68
4	48	Luke Remzi	Cambridge Harriers	25.74
Final				
	No.	Athlete	Club	Perf
1	50	Frano Vainio-Doiseul	Cambridge Harriers	23.78
2	165	Daniel Pitman	Med and Maid AC	23.96
3	52	Michael Watson	Med and Maid AC	24.42
4	43	Juvenal Iragaba	Cambridge Harriers	24.86
	46	Jack Parris	Cambridge Harriers	dns

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U17M 400m

Heat 1				
	No.	Athlete	Club	Perf
1	166	Luke Francis	Bexley AC	55.46
2	47	Morgan Rees	Dartford Harriers AC	55.77
3	168	Joseph Millman	Dartford Harriers AC	56.20
4	52	Michael Watson	Med and Maid AC	56.77
Heat 2				
	No.	Athlete	Club	Perf
1	103	Joe Clark	Med and Maid AC	55.20
2	104	Joseph Epps	Cambridge Harriers	56.45
3	167	Joseph Holland	Paddock Wood AC	59.18
Final				
	No.	Athlete	Club	Perf
1	166	Luke Francis	Bexley AC	52.03
2	47	Morgan Rees	Dartford Harriers AC	53.66
3	104	Joseph Epps	Cambridge Harriers	53.94
4	103	Joe Clark	Med and Maid AC	54.35
5	52	Michael Watson	Med and Maid AC	63.65
	168	Joseph Millman	Dartford Harriers AC	dns

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U17M 800m

Final				
	No.	Athlete	Club	Perf
1	169	Stephen Ball	Cambridge Harriers	2:07.90
2	172	William Stockwell	Med and Maid AC	2:15.06
3	173	David Whatley	Thanet AC	2:15.96
4	170	Gareth Funnell	Newington AC	2:28.60
5	174	James Young	Newington AC	2:33.32

CBP

U17M 60m Hurdles

Heat 1				
	No.	Athlete	Club	Perf
1	49	Matthew Taylor	Cambridge Harriers	8.68
2	106	James Masterson	Tonbridge AC	8.76
3	43	Juvenal Iragaba	Cambridge Harriers	8.83
4	107	Max Reeves	Ashford AC	9.28

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Heat 2				
No.	Athlete	Club	Perf	
1	104	Joseph Epps	Cambridge Harriers	8.93
2	103	Joe Clark	Med and Maid AC	9.16
3	102	Lewis Church	Tonbridge AC	9.36
4	105	Louis Hopgood	Black and Brom H AC	9.41
Final				
No.	Athlete	Club	Perf	
1	49	Matthew Taylor	Cambridge Harriers	8.53
2	43	Juvenal Iragaba	Cambridge Harriers	8.59
3	104	Joseph Epps	Cambridge Harriers	8.83
4	106	James Masterson	Tonbridge AC	8.94
5	103	Joe Clark	Med and Maid AC	9.19
6	107	Max Reeves	Ashford AC	9.23

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U17M High Jump

Final				
No.	Athlete	Club	Ht	
1	103	Joe Clark	Med and Maid AC	1.87
2	102	Lewis Church	Tonbridge AC	1.75
3	175	Daniel Brothwood	Tonbridge AC	1.70

1.60 1.65 1.70 1.75 1.80 1.81 1.85 1.87 1.89
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U17M Pole Vault

Final				
No.	Athlete	Club	Ht	
1	177	Charlie Jinks	Bexley AC	3.26
2	178	Jacob Lane	Ashford AC	3.06
3	176	Jack Huxley	Ashford AC	2.56

2.26 2.36 2.46 2.56 2.66 2.76 2.86 2.96 3.06 3.16 3.26 3.36
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U17M Long Jump

Final				
No.	Athlete	Club	Dist	
1	168	Joseph Millman	Dartford Harriers AC	5.63
2	165	Daniel Pitman	Med and Maid AC	5.39
3	179	Mason Doyle	Paddock Wood AC	5.17
4	102	Lewis Church	Tonbridge AC	4.88

5.13 5.49 nj 5.63 5.21 1.55
 5.16 5.24 5.37 5.20 5.39 5.32
 5.16 4.99 5.09 4.91 5.14 5.17
 4.84 4.82 4.74 4.88 4.73 4.01

U17M Triple Jump

Final					
No.	Athlete	Club	Dist		
1	179	Mason Doyle	Paddock Wood AC	10.91	9.68 10.67 10.91 10.63 9.98 10.44
2	178	Jacob Lane	Ashford AC	10.75	10.75 10.59 9.96 10.41 rt
3	170	Gareth Funnell	Newington AC	8.53	8.53 nj 8.12 8.44 rt

U17M Shot

Final					
No.	Athlete	Club	Dist		
1	164	George Clements	Med and Maid AC	9.49	8.49 8.52 9.11 8.88 8.34 9.49
2	178	Jacob Lane	Ashford AC	8.38	7.83 8.38 8.29 8.07 7.89 7.96

U15B 60m

Final				
No.	Athlete	Club	Perf	
1	53	Derek Aguma	Dartford Harriers AC	7.68
2	56	Cameron Lyttle	Bexley AC	8.03
3	58	Lucas Pacary	Black and Brom H AC	8.06
4	59	Ryan Poyroo	Black and Brom H AC	8.10
5	55	James Colwell	Dartford Harriers AC	8.16

U15B 200m

Final				
No.	Athlete	Club	Perf	
1	53	Derek Aguma	Dartford Harriers AC	24.63
2	180	Joseph Burton	Med and Maid AC	25.30
3	56	Cameron Lyttle	Bexley AC	26.27
4	58	Lucas Pacary	Black and Brom H AC	26.33

U15B 60m Hurdles

Final				
No.	Athlete	Club	Perf	
1	109	Benjamin Isaac	Ashford AC	9.30
2	108	Fergus Allan	Med and Maid AC	9.90

U15B High Jump

Final				
No.	Athlete	Club	Ht	
1	108	Fergus Allan	Med and Maid AC	1.55
2	182	Ben Stanbury	Cambridge Harriers	1.50

1.40 1.45 1.50 1.55 1.60
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U15B Long Jump

Final				
No.	Athlete	Club	Dist	
1	109	Benjamin Isaac	Ashford AC	5.02

4.97 - - 4.91 4.88

U15B Shot

Final				
No.	Athlete	Club	Dist	
1	183	Oliver Hussey	Dartford Harriers AC	10.06

8.67 9.75 9.61 10.06 9.06 9.49

SW 60m

Final				
No.	Athlete	Club	Perf	
1	60	Grace Sheppard	Black and Brom H AC	7.84
2	61	Kirstie Taylor (W35)	Dartford Harriers AC	8.54

SW 200m

Final				
No.	Athlete	Club	Perf	
1	186	Kathryn Sutton	Dartford Harriers AC	26.36
2	185	Hannah Sutton	Dartford Harriers AC	29.37

SW 400m

Final				
No.	Athlete	Club	Perf	
1	186	Kathryn Sutton	Dartford Harriers AC	58.76

CBP

SW 800m

Final				
No.	Athlete	Club	Perf	
1	188	Cara Oliver (W35)	Dartford Harriers AC	2:31.26
2	187	Rebecca Harris	Bexley AC	2:44.99
	186	Kathryn Sutton	Dartford Harriers AC	dns

SW High Jump

Final				
No.	Athlete	Club	Ht	
1	189	Stevie Langford	Ashford AC	1.65

1.50 1.55 1.60 1.65 1.70
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SW Pole Vault

Final				
No.	Athlete	Club	Ht	
1	190	Rachel Arnheim	Black and Brom H AC	3.50
2	191	Christina Moore	Black and Brom H AC	3.20
3	192	Emmeline Rendell	Ashford AC	3.00

2.80 3.00 3.10 3.20 3.20 3.40 3.50 3.60
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SW Shot

Final				
No.	Athlete	Club	Dist	
1	194	Sharon Funnell (W35)	Newington AC	4.49

4.27 4.15 4.31 4.49 3.98 4.26

U20W 60m

Heat 1				
No.	Athlete	Club	Perf	
1	67	Ruth Onyekwe	Cambridge Harriers	7.77
2	63	Natalie Hickmott	Dartford Harriers AC	8.36
3	66	Scarlett Mann	Invicta East Kent AC	8.76
4	64	Sophie King	Newington AC	9.60

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Heat 2				
No.	Athlete	Club	Perf	
1	65	Amara Lalemi-Jacobs	Black and Brom H AC	7.93
2	62	Samantha Beckett	Ashford AC	8.02
3	68	Sophie Woolterton	Med and Maid AC	8.57

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Final				
No.	Athlete	Club	Perf	
1	67	Ruth Onyekwe	Cambridge Harriers	7.71
2	65	Amara Lalemi-Jacobs	Black and Brom H AC	7.93
3	62	Samantha Beckett	Ashford AC	8.16
4	63	Natalie Hickmott	Dartford Harriers AC	8.38
5	68	Sophie Woolterton	Med and Maid AC	8.63
6	66	Scarlett Mann	Invicta East Kent AC	8.80

U20W 200m

Heat 1				
	No.	Athlete	Club	Perf
1	67	Ruth Onyekwe	Cambridge Harriers	25.75
2	62	Samantha Beckett	Ashford AC	27.12
3	199	Shanique Joseph	Bexley AC	27.52
4	196	Charlotte Colegate	Black and Brom H AC	27.60
5	68	Sophie Woolterton	Med and Maid AC	30.08
Heat 2				
	No.	Athlete	Club	Perf
1	65	Amara Lalemi-Jacobs	Black and Brom H AC	26.32
2	195	Samantha Brown	Black and Brom H AC	26.75
3	63	Natalie Hickmott	Dartford Harriers AC	27.08
4	197	Chanel Hemmings	Cambridge Harriers	27.29
Final				
	No.	Athlete	Club	Perf
1	67	Ruth Onyekwe	Cambridge Harriers	25.45
2	65	Amara Lalemi-Jacobs	Black and Brom H AC	25.74
3	195	Samantha Brown	Black and Brom H AC	26.39
4	63	Natalie Hickmott	Dartford Harriers AC	26.92
5	62	Samantha Beckett	Ashford AC	27.20

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U20W 400m

Final				
	No.	Athlete	Club	Perf
1	198	Lucy Hickmott	Dartford Harriers AC	61.03
2	201	Nicola Dobra	Tonbridge AC	69.83
	195	Samantha Brown	Black and Brom H AC	dns

U20W 800m

Final				
	No.	Athlete	Club	Perf
1	203	Jessica Jones	Black and Brom H AC	2:26.34
2	202	Amelia Jones	Ashford AC	2:32.56
3	204	Megan Williams	Cambridge Harriers	2:41.07

U20W 60m Hurdles

Final				
	No.	Athlete	Club	Perf
1	112	Rhiannon Jones	Black and Brom H AC	9.59
2	110	Francesca Baylis	Med and Maid AC	9.89
3	111	Laura Hanagan	Ashford AC	9.92

U20W High Jump

Final				
No.	Athlete	Club	Ht	
1	110	Francesca Baylis	Med and Maid AC	1.60

1.45 1.50 1.55 1.60 1.65
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U20W Pole Vault

Final				
No.	Athlete	Club	Ht	
1	206	Laura-Ann Henderson	Tonbridge AC	3.36
2	205	Caitlin Dock	Ashford AC	2.76

2.46 2.56 2.66 2.76 2.86 2.96 3.06 3.16 3.26 3.36 3.46
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U20W Long Jump

Final				
No.	Athlete	Club	Dist	
1	207	Emily Stone	Tonbridge AC	5.14
2	66	Scarlett Mann	Invicta East Kent AC	4.72
3	201	Nicola Dobra	Tonbridge AC	4.16

nj 5.04 5.14 2.41 4.60 1.82
4.65 4.72 4.67 4.68 1.63 4.60
nj nj 4.14 nj nj 4.16

U20W Triple Jump

Final				
No.	Athlete	Club	Dist	
1	111	Laura Hanagan	Ashford AC	10.50
2	207	Emily Stone	Tonbridge AC	10.17

10.23 10.50 10.23 10.42 10.50 10.34
9.94 10.16 9.61 10.17 9.55 9.98

U20W Shot

Final				
No.	Athlete	Club	Dist	
1	110	Francesca Baylis	Med and Maid AC	8.30

7.57 7.96 np 8.29 8.30 8.11

U17W 60m

Heat 1				
No.	Athlete	Club	Perf	
1	80	Daryll Neita	Cambridge Harriers	7.72
2	83	Renee Ross-Gordon	Cambridge Harriers	8.03
3	71	Florence Cochrane	Tonbridge AC	8.21
4	86	Sharai Williams	Black and Brom H AC	8.21
5	75	Renique Joseph	Bexley AC	8.27
6	82	Abigail Purkis	Ashford AC	8.88

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Heat 2				
	No.	Athlete	Club	Perf
1	74	Shannon Hylton	Black and Brom H AC	7.81
2	72	Rose Hairs	Tonbridge AC	8.04
3	85	Katie White	Tonbridge AC	8.38
4	79	Jessica Murphy	Med and Maid AC	8.48
5	76	Georgia McCall	Paddock Wood AC	8.97
6	78	Violeta Mitrova	Bexley AC	9.02
Heat 3				
	No.	Athlete	Club	Perf
1	73	Cheriece Hylton	Black and Brom H AC	7.96
2	69	Jane Angus	Med and Maid AC	8.15
3	81	Naomi Orogun	Dartford Harriers AC	8.20
4	77	Kayleigh Miller-Leslie	Ashford AC	8.45
5	70	Simone Baxter	Tonbridge AC	8.55
6	84	Katie Scott	Med and Maid AC	9.05
S/F 1				
	No.	Athlete	Club	Perf
1	80	Daryll Neita	Cambridge Harriers	7.65
2	72	Rose Hairs	Tonbridge AC	8.04
3	83	Renee Ross-Gordon	Cambridge Harriers	8.08
4	71	Florence Cochrane	Tonbridge AC	8.19
5	85	Katie White	Tonbridge AC	8.29
6	77	Kayleigh Miller-Leslie	Ashford AC	8.40
S/F 2				
	No.	Athlete	Club	Perf
1	74	Shannon Hylton	Black and Brom H AC	7.77
2	73	Cheriece Hylton	Black and Brom H AC	7.96
3	69	Jane Angus	Med and Maid AC	8.21
4	86	Sharai Williams	Black and Brom H AC	8.23
5	81	Naomi Orogun	Dartford Harriers AC	8.26
6	75	Renique Joseph	Bexley AC	8.34
Final				
	No.	Athlete	Club	Perf
1	80	Daryll Neita	Cambridge Harriers	7.59
2	74	Shannon Hylton	Black and Brom H AC	7.67
3	73	Cheriece Hylton	Black and Brom H AC	7.95
4	83	Renee Ross-Gordon	Cambridge Harriers	8.00
5	72	Rose Hairs	Tonbridge AC	8.05
6	69	Jane Angus	Med and Maid AC	8.26

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U17W 200m

Heat 1				
	No.	Athlete	Club	Perf
1	72	Rose Hairs	Tonbridge AC	26.75
2	71	Florence Cochrane	Tonbridge AC	27.75
3	208	Ella Walden	Dartford Harriers AC	28.45
4	82	Abigail Purkis	Ashford AC	30.46
Heat 2				
	No.	Athlete	Club	Perf
1	83	Renee Ross-Gordon	Cambridge Harriers	26.85
2	81	Naomi Orogun	Dartford Harriers AC	27.17
3	85	Katie White	Tonbridge AC	27.34
	84	Katie Scott	Med and Maid AC	dnf
Final				
	No.	Athlete	Club	Perf
1	72	Rose Hairs	Tonbridge AC	26.29
2	83	Renee Ross-Gordon	Cambridge Harriers	26.63
3	81	Naomi Orogun	Dartford Harriers AC	26.89
4	71	Florence Cochrane	Tonbridge AC	27.50
5	85	Katie White	Tonbridge AC	27.96

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U17W 300m

Heat 1				
	No.	Athlete	Club	Perf
1	69	Jane Angus	Med and Maid AC	43.41
2	209	India Bah-Nelson	Unattached	47.96
3	210	Emily Coombs	Med and Maid AC	50.54
4	212	Aureyah Payne	Black and Brom H AC	52.12
Heat 2				
	No.	Athlete	Club	Perf
1	113	Lauren Bamford	Ashford AC	45.23
2	213	Maddy Scaife	Tonbridge AC	46.17
3	114	Isabella Farndon	Tonbridge AC	50.15
Final				
	No.	Athlete	Club	Perf
1	69	Jane Angus	Med and Maid AC	42.68
2	113	Lauren Bamford	Ashford AC	45.82
3	209	India Bah-Nelson	Unattached	45.97
4	213	Maddy Scaife	Tonbridge AC	46.12
5	114	Isabella Farndon	Tonbridge AC	50.07
6	210	Emily Coombs	Med and Maid AC	50.25

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U17W 800m

Final				
No.	Athlete	Club	Perf	
1	218	Lucy Sidey	Black and Brom H AC	2:26.56
2	211	Holly Fletcher	Black and Brom H AC	2:33.23
3	216	Ellie Johnson	Swale Combined AC	2:53.83
	215	Lucy Daniel	Cambridge Harriers	dns

U17W 60m Hurdles

Final				
No.	Athlete	Club	Perf	
1	77	Kayleigh Miller-Leslie	Ashford AC	9.26
2	115	Ellie Gooding	Ashford AC	9.83
3	70	Simone Baxter	Tonbridge AC	10.36
4	116	Rhianna McCarthy	Tonbridge AC	10.70
5	114	Isabella Farndon	Tonbridge AC	11.14
6	76	Georgia McCall	Paddock Wood AC	12.91

U17W High Jump

Final					1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60
No.	Athlete	Club	Ht									
1	116	Rhianna McCarthy	Tonbridge AC	1.55				o	o	o	o	xxx
1	220	Joanne Ware	Med and Maid AC	1.55				o	o	o	o	xxx
3	221	Alex Wheelwright	Black and Brom H AC	1.50				o	o	o	xxx	
4	79	Jessica Murphy	Med and Maid AC	1.35		o	o	xxx				
5	210	Emily Coombs	Med and Maid AC	1.30	o	o	xxx					

U17W Pole Vault

Final					2.06	2.16	2.26	2.36	2.46	2.56	2.66	2.76
No.	Athlete	Club	Ht									
1	115	Ellie Gooding	Ashford AC	2.66						xo	o	xxx
2	222	Helena Coleman	Black and Brom H AC	2.66			o	o	o	o	xxo	xxx
3	223	Lana-Emily Foyle	Ashford AC	2.26	o	xo	o	xxx				

U17W Long Jump

Final											
No.	Athlete	Club	Dist								
1	220	Joanne Ware	Med and Maid AC	5.05	4.76	4.81	nj	5.05	nj	nj	
2	226	Evie Syron-Russell	Black and Brom H AC	4.93	4.61	4.83	4.80	4.93	4.93	4.80	
3	208	Ella Walden	Dartford Harriers AC	4.93	4.47	4.60	4.69	4.70	4.81	4.93	
4	225	Shannon Cordell	Black and Brom H AC	4.71	4.32	4.52	4.65	4.71	4.66	nj	
5	78	Violeta Mitrova	Bexley AC	4.52	4.32	4.14	4.52	4.32	4.51	4.39	

U17W Triple Jump

Final					
No.	Athlete	Club	Dist		
1	228	Amber Bryan-Isaacs	Black and Brom H AC	10.73	10.73 10.58 10.58 10.29 10.44 nj
2	208	Ella Walden	Dartford Harriers AC	9.20	8.84 8.95 9.20 8.95 8.98 9.09
3	82	Abigail Purkis	Ashford AC	8.96	8.24 8.82 8.84 8.96 nj nj

U17W Shot

Final					
No.	Athlete	Club	Dist		
1	229	Nicola Gregory	Bexley AC	9.27	9.27 np np 8.71 np 8.87
2	75	Renique Joseph	Bexley AC	8.87	7.38 8.72 8.35 8.36 8.87 8.75

U15G 60m

Heat 1					
No.	Athlete	Club	Perf		
1	93	Joanne Okusanya	Bexley AC	8.24	Q
2	96	Pippi Randall	Invicta East Kent AC	8.61	Q
3	88	Christelle Baxter	Tonbridge AC	8.83	
4	98	Tiah Wall	Medway Park Phoenix	9.16	
5	94	Georgia Olley	Med and Maid AC	9.81	
Heat 2					
No.	Athlete	Club	Perf		
1	89	Jazz Crawford	South London Harriers	7.85	Q
2	87	Chantelle Bailey	Thanet AC	8.40	Q
3	91	Alice Fox	Thanet AC	8.47	q
4	92	Tia Murray	Med and Maid AC	8.57	q
5	90	Lily Dowden Smith	Dartford Harriers AC	9.51	
Final					
No.	Athlete	Club	Perf		
1	89	Jazz Crawford	South London Harriers	7.91	
2	93	Joanne Okusanya	Bexley AC	8.22	
3	87	Chantelle Bailey	Thanet AC	8.42	
4	92	Tia Murray	Med and Maid AC	8.50	
5	91	Alice Fox	Thanet AC	8.51	
6	96	Pippi Randall	Invicta East Kent AC	8.55	

U15G 200m

Heat 1				
	No.	Athlete	Club	Perf
1	234	Rhiannon Wallwork	Invicta East Kent AC	27.99
2	92	Tia Murray	Med and Maid AC	28.80
3	96	Pippi Randall	Invicta East Kent AC	29.23
4	231	Akina Gondwe-Onobraucha	Black and Brom H AC	29.24
Heat 2				
	No.	Athlete	Club	Perf
1	232	Abiodun Olagbaiye	Bexley AC	28.47
2	233	Jamiyla Robinson-Pascal	Black and Brom H AC	29.74
3	120	Charlotte Tappenden	Ashford AC	30.00
	90	Lily Dowden Smith	Dartford Harriers AC	dns
Heat 3				
	No.	Athlete	Club	Perf
1	230	Poppy Collins	Invicta East Kent AC	28.66
2	91	Alice Fox	Thanet AC	29.56
3	94	Georgia Olley	Med and Maid AC	34.08
Final				
	No.	Athlete	Club	Perf
1	234	Rhiannon Wallwork	Invicta East Kent AC	27.30
2	230	Poppy Collins	Invicta East Kent AC	28.38
3	92	Tia Murray	Med and Maid AC	28.38
4	232	Abiodun Olagbaiye	Bexley AC	28.93
5	96	Pippi Randall	Invicta East Kent AC	28.97

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U15G 300m

Final				
	No.	Athlete	Club	Perf
1	95	Isio Orogun	Dartford Harriers AC	43.70
2	236	Sian Keegan	Med and Maid AC	44.19
3	230	Poppy Collins	Invicta East Kent AC	47.12
4	98	Tiah Wall	Medway Park Phoenix	50.34

CBP

U15G 800m

Final				
No.	Athlete	Club	Perf	
1	238	Leah Everson	Black and Brom H AC	2:25.83
2	237	Hannah Czarnowski	Tonbridge AC	2:28.71
3	240	Charlotte Harwood	Med and Maid AC	2:30.29
4	242	Shannon Risky	Black and Brom H AC	2:31.36
5	241	Imogen Munday	Med and Maid AC	2:34.31
6	239	Amber Guyatt	Thanet AC	2:41.00

CBP

U15G 60m Hurdles

Final				
No.	Athlete	Club	Perf	
1	120	Charlotte Tappenden	Ashford AC	10.26
2	117	Tamara Anderson	Thanet AC	10.26
3	119	Emily Milligan	Medway Park Phoenix	10.36
4	118	Isabella Hilditch	Black and Brom H AC	10.38
5	96	Pippi Randall	Invicta East Kent AC	11.15

U15G High Jump

Final				
No.	Athlete	Club	Ht	
1	236	Sian Keegan	Med and Maid AC	1.45
2	244	Georgina Anderson	Thanet AC	1.35
3	233	Jamiyla Robinson-Pascal	Black and Brom H AC	1.35
4	120	Charlotte Tappenden	Ashford AC	1.35

1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55
		o	o	o	xxo	xxx	
o	o	o	o	xxx			
o	o	xxo	xxo	x-	-	-	xr

U15G Long Jump

Final				
No.	Athlete	Club	Dist	
1	247	Diana Adegoka	Thanet AC	5.07
2	234	Rhiannon Wallwork	Invicta East Kent AC	5.03
3	118	Isabella Hilditch	Black and Brom H AC	4.31
4	117	Tamara Anderson	Thanet AC	4.31
5	245	Temi Awodiya	Black and Brom H AC	4.19
6	233	Jamiyla Robinson-Pascal	Black and Brom H AC	4.17

5.07	4.86	4.72	4.92	5.04	5.02
4.85	4.76	3.93	4.96	5.03	4.99
4.31	4.19	3.93	4.24	-	3.87
4.31	4.09	3.86	-	-	3.76
	nj	3.87	4.07	3.65	nj
4.17	-	-	3.79	1.79	3.89

U15G Shot

Final				
No.	Athlete	Club	Dist	
1	93	Joanne Okusanya	Bexley AC	9.77
2	231	Akina Gondwe-Onobraucha	Black and Brom H AC	9.60
3	246	Holly Cameron	Dartford Harriers AC	8.07

9.10	8.61	9.45	9.52	9.77	9.40
8.75	8.39	9.60	9.36	8.81	8.86
7.29	7.19	np	8.07	7.72	6.93