

SM 400m

Final			
No.	Athlete	Club	Time
1	611 Nigel Lowther	Med & Maid AC	52.43
2	613 Aaron Waterman	Tonbridge AC	55.30
3	610 Ian Hough	City of Sheffield	56.27

SM 1500m

Final			
No.	Athlete	Club	Time
1	610 Ian Hough	City of Sheffield	4:20.84

SM High Jump

Final			
No.	Athlete	Club	Height
1	624 Christopher Petts	Ashford AC	1.95
2	515 Paul Williams	Dartford Harriers	1.90
3	516 Bilen Ahmet	Kingston & Poly	1.65
4	622 Gary Capon (M45)	Dartford Harriers	1.55

U20M 400m

Final			
No.	Athlete	Club	Time
1	639 Alexander Blair	Black & Brom H AC	52.90
2	530 Alexander Wharfe	Med & Maid AC	54.78
3	642 Andy Murray	Kent AC	55.40
4	643 Duncan Steward	Tonbridge AC	56.33
5	641 Liam Jempson	Unattached	68.77

U20M 1500m

Final			
No.	Athlete	Club	Time
1	648 Alfred Grimsey	Kent AC	4:19.41
2	640 Matthew Gan	Bexley AC	4:58.85

U20M High Jump

Final			
No.	Athlete	Club	Height
1	650 Jamie Farrell	Bexley AC	1.90
2	649 Callum Barling-Jeffe	Invicta East Kent AC	1.60

U17M 60m

Heat 1			
No.	Athlete	Club	Time
1	540 Tom Chambers	Ashford AC	7.44
2	539 Adam Chalk	Dartford Harriers	7.49
3	533 Stuart Ballard	Med & Maid AC	7.88
4	535 Peter Bruce	Med & Maid AC	8.04
5	537 Samuel Button	Tonbridge AC	dns
Heat 2			
No.	Athlete	Club	Time
1	546 Omari Markland-Montgomery	Cambridge Harriers	7.31
2	543 Kieran Daly	Black & Brom H AC	7.60
3	545 Ryan Harris	Ashford AC	7.79
4	536 Jacob Burton	Thanet Roadrunners	7.96
5	538 Daniel Catton	Med & Maid AC	8.14
Heat 3			
No.	Athlete	Club	Time
1	541 Dominic Coelho	Black & Brom H AC	7.41
2	542 Dean Colley	Black & Brom H AC	7.58
3	544 James Fielding	Med & Maid AC	7.71
4	548 Jordan Redjep	Newington AC	7.79
5	534 Aaron Barham	Dartford Harriers	8.19
Final			
No.	Athlete	Club	Time
1	541 Dominic Coelho	Black & Brom H AC	7.27
2	546 Omari Markland-Montgomery	Cambridge Harriers	7.29
3	539 Adam Chalk	Dartford Harriers	7.51
4	540 Tom Chambers	Ashford AC	7.56
5	542 Dean Colley	Black & Brom H AC	7.56
6	543 Kieran Daly	Black & Brom H AC	7.57

U17M 400m

Heat 1			
No.	Athlete	Club	Time
1	539 Adam Chalk	Dartford Harriers	53.7*
2	547 Jonathan Pettet	Black & Brom H AC	54.6*
3	537 Samuel Button	Tonbridge AC	55.1*
4	656 Ryan Carpenter	Med & Maid AC	56.6*
5	549 Mark Cryer	Med & Maid AC	56.6*
6	538 Daniel Catton	Med & Maid AC	63.8*
Heat 2			
No.	Athlete	Club	Time
1	666 Ben Parkin	Black & Brom H AC	52.3*
2	667 Finlay Third	Tonbridge AC	53.7*
3	665 Ashley Cochran	Ashford AC	55.3*
4	664 Ben Burton	Thanet Roadrunners	57.8*
5	663 Daniel Alexander	Med & Maid AC	60.9*
6	655 Kieran Barber	Med & Maid AC	68.1*
Final			
No.	Athlete	Club	Time
1	667 Finlay Third	Tonbridge AC	53.18
2	539 Adam Chalk	Dartford Harriers	53.49
3	537 Samuel Button	Tonbridge AC	54.47
4	547 Jonathan Pettet	Black & Brom H AC	54.80
5	665 Ashley Cochran	Ashford AC	54.83
6	666 Ben Parkin	Black & Brom H AC	disq

U17M 1500m

Final			
No.	Athlete	Club	Time
1	670 Joseph Simmons	Cambridge Harriers	4:39.51

U17M High Jump

Final			
No.	Athlete	Club	Height
1	534 Aaron Barham	Dartford Harriers	1.81
2	671 Robert Hammond	Dartford Harriers	1.81
3	539 Adam Chalk	Dartford Harriers	1.70
4	672 Christopher White	Med & Maid AC	1.70
5	663 Daniel Alexander	Med & Maid AC	1.60

U15B 60m

Heat 1			
No.	Athlete	Club	Time
1	553 Christopher Corden	Thanet Roadrunners	7.73
2	558 Emmanuel Unaji	Black & Brom H AC	8.50
3	557 Morgan Rees	Dartford Harriers	8.65
4	554 Alex Joseph	Swale Combined AC	8.82
Heat 2			
No.	Athlete	Club	Time
1	551 Joe Berth-Jones	Cambridge Harriers	7.57
2	559 Stephen Walder	Ashford AC	7.84
3	556 Joshua Oyedele	Black & Brom H AC	7.98
4	552 Samuel Burdett	Med & Maid AC	8.62
Final			
No.	Athlete	Club	Time
1	551 Joe Berth-Jones	Cambridge Harriers	7.47
2	553 Christopher Corden	Thanet Roadrunners	7.73
3	559 Stephen Walder	Ashford AC	7.79
4	556 Joshua Oyedele	Black & Brom H AC	8.04
5	558 Emmanuel Unaji	Black & Brom H AC	8.66
6	552 Samuel Burdett	Med & Maid AC	8.69

U15B 400m

Final			
No.	Athlete	Club	Time
1	679 Thomas Howlett	Med & Maid AC	61.80
2	562 Francis Lammam	Med & Maid AC	62.56
3	678 Dominic Coppola	Med & Maid AC	62.85
4	680 Adam Willis	Black & Brom H AC	63.36
5	552 Samuel Burdett	Med & Maid AC	68.71
6	557 Morgan Rees	Dartford Harriers	68.98

U15B 60m Hurdles

Final				
No.	Athlete	Club	Time	
1	562 Francis Lammas	Med & Maid AC	9.95	
2	560 Michael Greenshield	Bexley AC	11.73	
3	563 James Wood	Newington AC	12.72	

U15B High Jump

Final				
No.	Athlete	Club	Height	
1	679 Thomas Howlett	Med & Maid AC	1.65	
2	681 Nicholas Armstrong	Bexley AC	1.60	
3	677 Jacob Lane	Med & Maid AC	1.35	
3	560 Michael Greenshield	Bexley AC	1.35	
5	680 Adam Willis	Black & Brom H AC	1.30	

U15B Long Jump

Final				
No.	Athlete	Club	Distance	
1	680 Adam Willis	Black & Brom H AC	4.78	
2	562 Francis Lammas	Med & Maid AC	4.74	
3	554 Alex Joseph	Swale Combined AC	4.45	
4	552 Samuel Burdett	Med & Maid AC	4.30	
5	555 Harry Middleton	Ashford AC	4.20	

U15B Shot Putt

Final				
No.	Athlete	Club	Distance	
1	679 Thomas Howlett	Med & Maid AC	9.63	

SW 400m

Final				
No.	Athlete	Club	Time	
1	565 Tracy Cunningham	Dartford Harriers	62.94	
2	686 Penelope Barber (W)	Med & Maid AC	80.27	

SW 1500m

Final				
No.	Athlete	Club	Time	
1	693 Cara Oliver (W35)	Dartford Harriers	5:00.75	
2	692 Candy Hawkins (W3)	Ashford AC	5:28.59	

SW Pole Vault

Final				
No.	Athlete	Club	Height	
1	694 Rachel Arnheim	Black & Brom H AC	3.50	
2	695 Liz Hughes	Black & Brom H AC	nhr	

U20W 400m

Final				
No.	Athlete	Club	Time	
1	699 Katrina Cosby	Black & Brom H AC	57.62	
2	701 Kate Laidlow	Cambridge Harriers	58.81	
3	570 Rachel Hanagan	Ashford AC	61.01	
4	700 Yasmyrn Joseph	Med & Maid AC	62.87	
5	702 Sophie Regis	Tonbridge AC	63.33	
6	571 Charlotte Mackie	Med & Maid AC	63.43	

U20W Pole Vault

Final				
No.	Athlete	Club	Height	
1	706 Sadie-Jean Gibbs	Bexley AC	2.70	
2	708 Emmeline Rendell	Invicta East Kent AC	2.60	
3	705 Kara Gibbs	Ashford AC	2.40	
4	707 Christina Moore	Black & Brom H AC	nhr	

U17W 60m

Heat 1				
No.	Athlete	Club	Time	
1	581 Amara Lalemi-Jacobs	Black & Brom H AC	8.20	
2	585 Melissa Owusu-Ansah	Cambridge Harriers	8.25	
3	586 Chanel Hemmings	Cambridge Harriers	8.31	
4	574 Samantha Brown	Dartford Harriers	8.34	

Heat 2

No.	Athlete	Club	Time	
1	579 Shanique Joseph	Bexley AC	8.30	
2	580 Nicola Keegan	Med & Maid AC	8.42	
3	582 Christine Lyston	Black & Brom H AC	8.52	
4	584 Hannah Middleton	Ashford AC	8.73	
5	577 Lucy Holmes	Ashford AC	9.14	

Heat 3

No.	Athlete	Club	Time	
1	575 Eleanor Campbell	Ashford AC	8.15	
2	587 Annie Waghorn	Med & Maid AC	8.40	
3	583 Scarlett Mann	Invicta East Kent AC	8.44	
4	588 Rebekah Walker	Black & Brom H AC	8.68	
5	576 Tamara Denn	Tonbridge AC	8.98	

Final

No.	Athlete	Club	Time	
1	575 Eleanor Campbell	Ashford AC	8.14	
2	581 Amara Lalemi-Jacobs	Black & Brom H AC	8.18	
3	586 Chanel Hemmings	Cambridge Harriers	8.19	
4	579 Shanique Joseph	Bexley AC	8.22	
5	585 Melissa Owusu-Ansah	Cambridge Harriers	8.24	
6	574 Samantha Brown	Dartford Harriers	8.32	

U17W 300m

Heat 1				
No.	Athlete	Club	Time	
1	589 Caroline Hatley	Ashford AC	44.29	
2	718 Francesca Bayliss	Med & Maid AC	44.78	
3	720 Sian Duffy	Black & Brom H AC	44.82	
4	717 Megan Angus	Med & Maid AC	45.19	
5	723 Jodie Leslie	Dartford Harriers	45.46	
6	725 Rachel Robinson	Black & Brom H AC	46.53	

Heat 2

No.	Athlete	Club	Time	
1	713 Natalie Hickmott	Dartford Harriers	43.42	
2	726 Kim Smith	Ashford AC	47.07	
3	724 Kate McGibbon	Med & Maid AC	47.11	
4	716 Sarah Shepheard	Paddock Wood AC	48.39	
5	721 Hannah Greenshield	Bexley AC	49.13	
6	715 Amy Kirkham	Bexley AC	52.24	

Final

No.	Athlete	Club	Time	
1	713 Natalie Hickmott	Dartford Harriers	42.88	
2	589 Caroline Hatley	Ashford AC	44.33	
3	717 Megan Angus	Med & Maid AC	44.86	
4	720 Sian Duffy	Black & Brom H AC	45.94	
5	718 Francesca Bayliss	Med & Maid AC	46.14	
6	726 Kim Smith	Ashford AC	46.22	

U17W 1500m

Final				
No.	Athlete	Club	Time	
1	719 Samantha Beckett	Ashford AC	5:29.91	
2	716 Sarah Shepheard	Paddock Wood AC	5:47.66	
3	728 Louise Blair	Med & Maid AC	6:08.26	

U17W High Jump

Final				
No.	Athlete	Club	Height	
1	587 Annie Waghorn	Med & Maid AC	1.53	
2	582 Christine Lyston	Black & Brom H AC	1.50	
3	718 Francesca Bayliss	Med & Maid AC	1.50	
4	722 Camilla Jarvis	Fort Pitt School	1.40	
5	583 Scarlett Mann	Invicta East Kent AC	1.35	

U17W Long Jump

Final				
No.	Athlete	Club	Distance	
1	583	Scarlett Mann	Invicta East Kent AC	4.80
2	578	Sian Hurlock	Black & Brom H AC	4.49
3	577	Lucy Holmes	Ashford AC	4.20
4	717	Megan Angus	Med & Maid AC	4.18
5	580	Nicola Keegan	Med & Maid AC	4.10
6	721	Hannah Greenshield	Bexley AC	3.67

U17W Triple Jump

Final				
No.	Athlete	Club	Distance	
1	578	Sian Hurlock	Black & Brom H AC	9.26
2	722	Camilla Jarvis	Fort Pitt School	8.91
3	577	Lucy Holmes	Ashford AC	8.89
4	721	Hannah Greenshield	Bexley AC	7.89

U15G 60m

Heat 1				
No.	Athlete	Club	Time	
1	600	Vanesa La Fon	SLH	8.19
2	605	Abigail Purkis	Ashford AC	8.59
3	598	Sophie Hamlyn	Ashford AC	8.80
4	603	Jessica Murphy	Med & Maid AC	8.96
Heat 2				
No.	Athlete	Club	Time	
1	591	Sophie Ayre	Med & Maid AC	8.37
2	595	Charlotte Colegate	Black & Brom H AC	8.41
3	596	Alyce Cooper	Med & Maid AC	8.61
4	607	Sophie Tindal	Med & Maid AC	8.99
5	604	Nichollette Pollard-O	SLH	9.19
Heat 3				
No.	Athlete	Club	Time	
1	590	Dina Asher-Smith	Black & Brom H AC	8.17
2	597	Caitlin Dock	Ashford AC	8.70
3	608	Kerri Willis	Med & Maid AC	8.79
4	593	Lauren Best	Newington AC	9.33
5	599	Sophie King	Newington AC	9.33
Final				
No.	Athlete	Club	Time	
1	590	Dina Asher-Smith	Black & Brom H AC	8.08
2	600	Vanesa La Fon	SLH	8.13
3	605	Abigail Purkis	Ashford AC	8.44
4	595	Charlotte Colegate	Black & Brom H AC	8.45
5	591	Sophie Ayre	Med & Maid AC	8.54
6	596	Alyce Cooper	Med & Maid AC	8.54

U15G 300m

Final				
No.	Athlete	Club	Time	
1	590	Dina Asher-Smith	Black & Brom H AC	44.37
2	736	Holly Fletcher	Black & Brom H AC	45.33
3	737	Jessica Moore	Black & Brom H AC	45.59
4	735	Jane Angus	Med & Maid AC	46.11

U15G 60m Hurdles

Final				
No.	Athlete	Club	Time	
1	591	Sophie Ayre	Med & Maid AC	9.94
2	596	Alyce Cooper	Med & Maid AC	10.45
3	609	Rachel Giannini	Black & Brom H AC	10.69
4	603	Jessica Murphy	Med & Maid AC	12.10

U15G High Jump

Final				
No.	Athlete	Club	Height	
1	598	Sophie Hamlyn	Ashford AC	1.40
2	607	Sophie Tindal	Med & Maid AC	1.30
3	608	Kerri Willis	Med & Maid AC	1.20

U15G Long Jump

Final				
No.	Athlete	Club	Distance	
1	591	Sophie Ayre	Med & Maid AC	4.62
2	743	Frances Read	Black & Brom H AC	4.50
3	737	Jessica Moore	Black & Brom H AC	4.43
4	742	Lauren Bamford	Ashford AC	4.15
5	735	Jane Angus	Med & Maid AC	4.00
6	603	Jessica Murphy	Med & Maid AC	3.85

U15G Shot Putt

Final				
No.	Athlete	Club	Distance	
1	731	Gemma Brown	Dartford Harriers	8.04
2	744	Hannah Searing	Dartford Harriers	7.95
3	596	Alyce Cooper	Med & Maid AC	7.80
4	593	Lauren Best	Newington AC	5.30