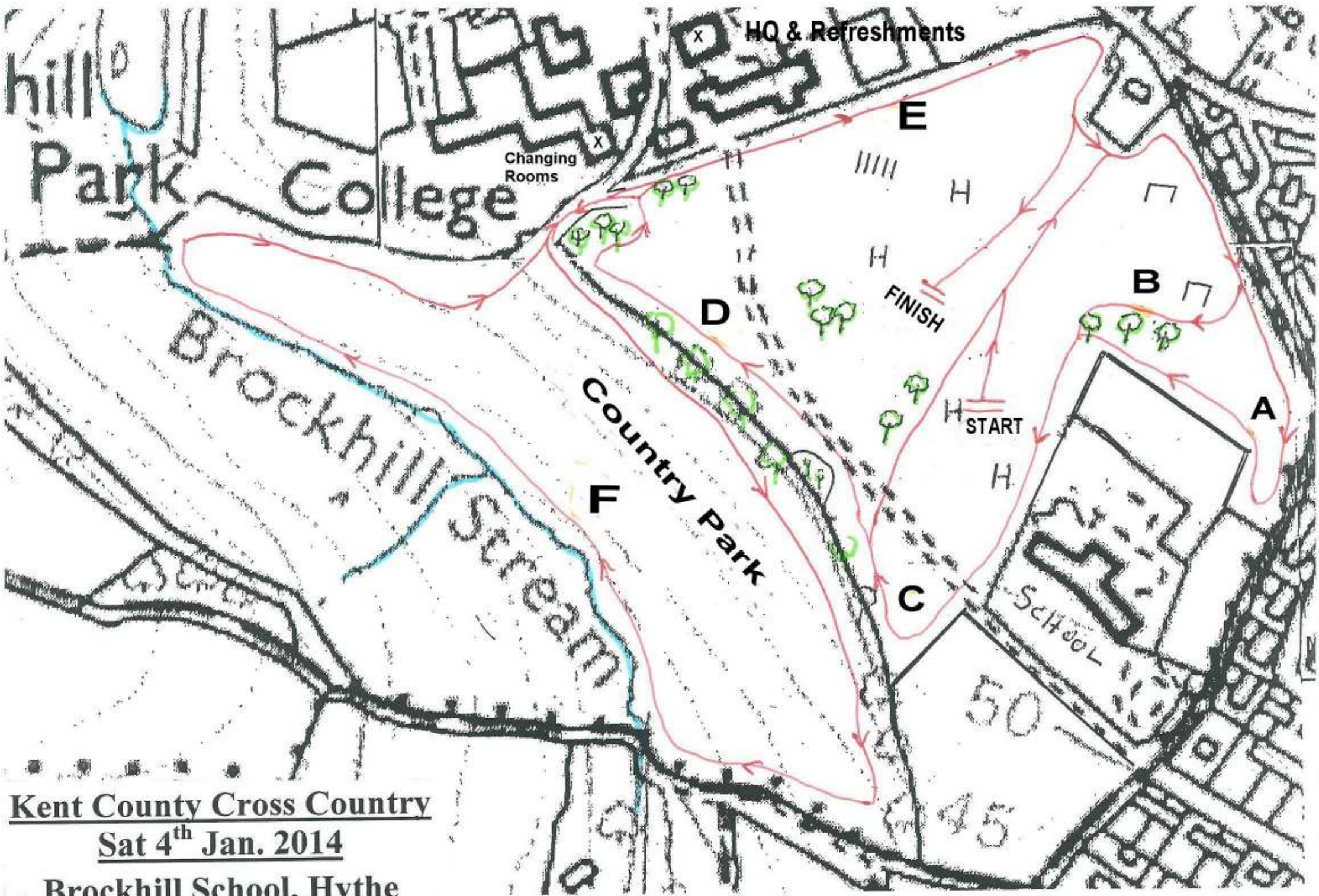


Kent County Cross Country Championships
Saturday 4th January 2014

| Event | Time | Course | Distance |
|----------------|-------|----------------------|-------------|
| Under 13 Girls | 10.30 | BCDFE | 2900 metres |
| Under 13 Boys | 10.45 | ACDFE | 3100 m |
| Under 15 Girls | 11.00 | BCBCDFE | 3750 m |
| Under 15 Boys | 11.20 | ACACDFE | 4200 m |
| Under 17 Women | 11.40 | ACACDFE | 4200 m |
| Under 17 Men | 12.10 | ACDFE ACDFE | 5900 m |
| Under 20 Women | 12.30 | ACDFE ACDFE | 5900 m |
| Senior Men | 13.00 | BC (ACDFE BY 4 LAPS) | 12350 m |
| Senior Women | 14.00 | BCAC ACDFE ACDFE | 7900 m |
| Under 20 Men | 14.35 | BCAC ACDFE ACDFE | 7900 m |

The courses are almost totally on grass, and so suitable for spikes. The main playing fields, although fairly flat, can get quite heavy, as well as the much hillier Country Park loop. The track connecting the School and the Country Park is quite “rocky” and will need to be taken with care.



Kent County Cross Country
Sat 4th Jan. 2014
Brockhill School, Hythe