

## Folkestone Leisure Centre, Folkestone Sportshall U11's Results 15th November 2015

Team Name	Team No.s	Speed Bounce 20 Sec	rank /pts	Vertical Jump	rank /pts	Standing Long Jump	rank /pts	Foam Javelin	rank /pts	Obstacle Race	rank /pts	Under and Over Race	rank /pts	total rank pts	Finish Position
Paddock Wood AC 1	33 - 36	104	18	0.85	14	4.10	18	30.00	17	87.4	17	76.3	16	100	1
JRJ Panthers	17 - 20	103	16.5	0.86	15	3.59	16	23.75	15	89.9	15	75.1	18	95.5	2
Folkestone RC 1	69 - 72	100	12	0.98	18	3.65	17	23.50	13.5	86.6	18	76.0	17	95.5	2
Bexley AC 1	5 - 8	101	13	0.90	16	3.37	13	23.25	12	88.3	16	76.6	15	85	4
Paddock Wood AC 2	37 - 40	103	16.5	0.78	11	3.26	11	21.25	9	92.6	12	78.0	13	72.5	5
The Churchill School 1	61 - 64	95	7.5	0.78	11	3.55	15	30.75	18	95.2	9	78.1	12	72.5	5
Folkestone RC 2	73 - 76	98	11	0.78	11	3.52	14	21.50	10	95.1	10	77.3	14	70	7
The Churchill School 2	65 - 68	95	7.5	0.96	17	3.10	5	23.50	13.5	90.7	14	79.3	11	68	8
Bexley AC 2	9 - 12	96	9.5	0.84	13	3.14	7	24.00	16	90.9	13	80.7	9	67.5	9
Folkestone RC 5	85 - 88	88	6	0.64	4.5	3.25	10	22.00	11	93.5	11	80.1	10	52.5	10
JRJ Jaguars	13 - 16	102	14.5	0.66	6	3.22	9	17.75	7	96.5	7	82.8	8	51.5	11
Thanet AC 1	25 - 28	102	14.5	0.67	7	3.11	6	17.50	6	95.4	8	88.3	4.5	46	12
Swale Combined AC 1	97 - 100	81	4.5	0.75	9	3.21	8	19.75	8	102.3	5	83.8	7	41.5	13
Folkestone RC 4	81 - 84	81	4.5	0.69	8	3.08	4	16.50	5	99.0	6	87.3	6	33.5	14
St Mary's 2	57 - 60	77	3	0.63	3	3.32	12	15.00	2	103.0	4	88.3	4.5	28.5	15
Folkestone RC 3	77 - 80	96	9.5	0.64	4.5	2.80	3	15.75	3	105.9	3	90.9	3	26	16
St Mary's 1	53 - 56	76	2	0.61	2	2.69	2	16.25	4	115.0	2	102.3	1	13	17
Folkestone RC 6	89 - 92	73	1	0.54	1	2.39	1	14.25	1	117.2	1	94.4	2	7	18

### Standing Long Jump

Harvey Fordham	Paddock Wood AC 1	2.18	1
Luke Prior	JRJ Panthers	1.95	2
Holly Tapp	Paddock Wood AC 1	1.92	3
Charlie Goodwin	The Churchill School 1	1.87	4
Archie Jones	Folkestone RC 1	1.84	5
Joshua Pryor	St Mary's 2	1.82	6
Ellie Burke	Folkestone RC 1	1.81	7
Libby Pritchard	Thanet AC 1	1.81	7
Bella Reina	Folkestone RC 2	1.80	9
James Judges	Swale Combined AC 1	1.80	9
Matthew Dobson	Folkestone RC 5	1.77	11
Lewis Bailey	Bexley AC 1	1.75	12
Oscar Maull	Folkestone RC 2	1.72	13
Alex Stone	Paddock Wood AC 2	1.71	14
Maya John-Baptist	The Churchill School 2	1.69	15
Caitlin Taylor	The Churchill School 1	1.68	16
Francesca Keaveney	JRJ Panthers	1.64	17
Grace Hughes	Folkestone RC 4	1.63	18
Liam Carr	Bexley AC 1	1.62	19
Edwatd Wills	JRJ Jaguars	1.62	19
Zoe Dodd	JRJ Jaguars	1.60	21
Mason Turnbull	Bexley AC 2	1.59	22
Leo Hatfield	Bexley AC 2	1.55	23
Matha Peachy	Paddock Wood AC 2	1.55	23
Kiera Baol-Williamson	St Mary's 2	1.50	25
Emily Mackenzie	Folkestone RC 3	1.50	25
Maddie Richardson	Folkestone RC 5	1.48	27
Matthew Brown	Folkestone RC 4	1.45	28
Charlie Craven	St Mary's 1	1.44	29
Jared Hayes	The Churchill School 2	1.41	30
Katie Hudson	Swale Combined AC 1	1.41	30
Izzy Taylor	Folkestone RC 6	1.35	32
Grace Dixon	Folkestone RC 3	1.30	33
Max Kennison	Thanet AC 1	1.30	33
Enya McLarnor	St Mary's 1	1.25	35
Jack Rolfe	Folkestone RC 6	1.04	36

### Vertical Jump

Emmanuel Virginie	Folkestone RC 1	0.54	1
Edward Faier's	The Churchill School 2	0.48	2
Maya John-Baptist	The Churchill School 2	0.48	2
Caoimhe Mallon	Bexley AC 2	0.46	4
Dillon Dew	Paddock Wood AC 1	0.45	5
Sophie Burrett	Bexley AC 1	0.45	5
Jessie Sargeant	Bexley AC 1	0.45	5
Grace Norman	Folkestone RC 1	0.44	8
Mackenzie Drew	JRJ Panthers	0.43	9
Naomi Parrott	JRJ Panthers	0.43	9
Conrad Keller	Folkestone RC 2	0.41	11
Ella Preston-Chambers	The Churchill School 1	0.41	11
Lucy Tallon	Paddock Wood AC 1	0.40	13
Freya Kirk-Martyn	Paddock Wood AC 2	0.39	14
John Janse	Paddock Wood AC 2	0.39	14
Ben Saywell	Bexley AC 2	0.38	16
William Jury	Swale Combined AC 1	0.38	16
Katie Hudson	Swale Combined AC 1	0.37	18
Sadie Brooks	Folkestone RC 2	0.37	18
William Cutter	The Churchill School 1	0.37	18
Josie Monlouis	Folkestone RC 4	0.36	21
Arthur Dodson	St Mary's 1	0.36	21
Mabel Naisbitt	Thanet AC 1	0.35	23
Rosie Maher	JRJ Jaguars	0.34	24
Harvey Burke	Folkestone RC 4	0.33	25
Lily Monlouis	Folkestone RC 5	0.33	25
Evie Fouracre	Folkestone RC 3	0.33	25
Gracie Nay	St Mary's 2	0.32	28
Niamh Ralph	JRJ Jaguars	0.32	28
Amy Eitauaite-Clayson	Thanet AC 1	0.32	28
Archie Currie	St Mary's 2	0.31	31
Kai Tettey	Folkestone RC 5	0.31	31
Rebecca Line	Folkestone RC 3	0.31	31
Lucas Topley	Folkestone RC 6	0.29	34
Isabelle Smith	Folkestone RC 6	0.25	35
Ellie Marsden	St Mary's 1	0.25	35

**Foam Javelin**

Harvey Fordham	Paddock Wood AC 1	17.25	1
Luke Prior	JRJ Panthers	15.75	2
Ella Preston-Chambers	The Churchill School 1	15.50	3
Archie Jones	Folkestone RC 1	15.50	3
William Cutter	The Churchill School 1	15.25	5
Liam Carr	Bexley AC 1	14.00	6
Mason Turnbull	Bexley AC 2	14.00	6
James Judges	Swale Combined AC 1	12.75	8
Holly Tapp	Paddock Wood AC 1	12.75	8
Jared Hayes	The Churchill School 2	12.50	10
Matthew Dobson	Folkestone RC 5	12.50	10
Mabel Naisbitt	Thanet AC 1	11.75	12
Charlie Craven	St Mary's 1	11.50	13
John Janse	Paddock Wood AC 2	11.50	13
Conrad Keller	Folkestone RC 2	11.25	15
Melissa MacKenny	The Churchill School 2	11.00	16
Edwatd Wills	JRJ Jaguars	10.50	17
Harvey Burke	Folkestone RC 4	10.50	17
Oscar Maull	Folkestone RC 2	10.25	19
Leo Hatfield	Bexley AC 2	10.00	20
Freya Kirk-Martyn	Paddock Wood AC 2	9.75	21
Kai Tettey	Folkestone RC 5	9.50	22
Lewis Bailey	Bexley AC 1	9.25	23
Archie Currie	St Mary's 2	9.25	23
Emily Mackenzie	Folkestone RC 3	8.25	25
Naomi Parrott	JRJ Panthers	8.00	26
Grace Norman	Folkestone RC 1	8.00	26
Lucas Topley	Folkestone RC 6	7.75	28
Rebecca Line	Folkestone RC 3	7.50	29
Zoe Dodd	JRJ Jaguars	7.25	30
Max Eshelby	Swale Combined AC 1	7.00	31
Jack Rolfe	Folkestone RC 6	6.50	32
Josie Monlouis	Folkestone RC 4	6.00	33
Max Kennison	Thanet AC 1	5.75	34
Kiera Baol-Williamson	St Mary's 2	5.75	34
Ellie Marsden	St Mary's 1	4.75	36

**Speed Bounce 20 Sec**

Caoimhe Mallon	Bexley AC 2	59	1
Rosie Maher	JRJ Jaguars	56	2
Dillon Dew	Paddock Wood AC 1	56	2
Matha Peachy	Paddock Wood AC 2	55	4
Libby Pritchard	Thanet AC 1	53	5
Francesca Keaveney	JRJ Panthers	52	6
Melissa MacKenny	The Churchill School 2	52	6
Jessie Sargeant	Bexley AC 1	52	6
William Jury	Swale Combined AC 1	51	9
Mackenzie Drew	JRJ Panthers	51	9
Grace Dixon	Folkestone RC 3	50	11
Emmanuel Virginie	Folkestone RC 1	50	11
Ellie Burke	Folkestone RC 1	50	11
Caitlin Taylor	The Churchill School 1	49	14
Bella Reina	Folkestone RC 2	49	14
Sadie Brooks	Folkestone RC 2	49	14
Amy Eitauaite-Clayson	Thanet AC 1	49	14
Sophie Burrett	Bexley AC 1	49	14
Alex Stone	Paddock Wood AC 2	48	19
Lucy Tallon	Paddock Wood AC 1	48	19
Maddie Richardson	Folkestone RC 5	47	21
Charlie Goodwin	The Churchill School 1	46	22
Niamh Ralph	JRJ Jaguars	46	22
Evie Fouracre	Folkestone RC 3	46	22
Joshua Pryor	St Mary's 2	46	22
Grace Hughes	Folkestone RC 4	44	26
Edward Faier's	The Churchill School 2	43	27
Arthur Dodson	St Mary's 1	43	27
Lily Monlouis	Folkestone RC 5	41	29
Izzy Taylor	Folkestone RC 6	38	30
Ben Saywell	Bexley AC 2	37	31
Matthew Brown	Folkestone RC 4	37	31
Isabelle Smith	Folkestone RC 6	35	33
Enya McLarnor	St Mary's 1	33	34
Gracie Nay	St Mary's 2	31	35
Max Eshelby	Swale Combined AC 1	30	36

## KCAA U13-U17 Folkestone Results 15/11/2015

Under 13 Boys		VJ	SP	STJ	SBn	4 Lap	Total	Pos'n
No	Name							
127	Aston Fredericks	54	5.56	6.54	64	54.2		
	Thanet AC	133	122	147	155	143	700	1
133	Gene Sanger	54	7.37	5.87	73	56.2		
	Folkestone RC	133	137	127	173	127	697	2
126	Sebastian Ngassa	53	5.93	6.21	72	60.3		
	Invicta East Kent AC	131	125	137	171	104	668	3
121	James Coward	56	6.19	5.60	58	56.6		
	Ashford AC	137	127	119	143	125	651	4
134	Nathaniel Ryan	42	5.09	5.92	82	59.3		
	Folkestone RC	109	112	128	191	111	651	4
130	Alex Bailey	46	6.95	5.58	70	59.0		
	Thanet AC	117	134	118	167	113	649	6
128	Ned Naisbitt	43	7.15	5.88	69	60.4		
	Thanet AC	111	135	127	165	104	642	7
129	Mowgli Palmer	45	5.67	5.31	70	59.2		
	Thanet AC	115	123	110	167	112	627	8
135	William Norman	44	5.43	5.94	54	64.9		
	Folkestone RC	113	121	129	135	72	570	9
138	Ben Shawsmith	41	4.43	5.41	55	58.3		
	Swale Combined AC	107	81	113	137	116	554	10
136	Angel Gruev	37	5.11	5.72	59	64.6		
	Folkestone RC	99	112	122	145	73	551	11
122	Callum Middleton	43	4.85	4.84	51	71.0		
	Ashford AC	111	100	94	129	42	476	12
120	Ben Howe	46	4.64	4.24	47	65.5		
	Swanley & District AC	117	90	70	121	68	466	13

Team	Pts
Thanet AC	2618
Folkestone RC	2469

### Vertical Jump 3 Best Performances

Name	Club	Perf
James Coward	Ashford AC	56
Aston Fredericks	Thanet AC	54
Gene Sanger	Folkestone RC	54

### Shot 3 Best Performances

Name	Club	Perf
Gene Sanger	Folkestone RC	7.37
Ned Naisbitt	Thanet AC	7.15
Alex Bailey	Thanet AC	6.95

### Standing Triple Jump 3 Best Performances

Name	Club	Perf
Aston Fredericks	Thanet AC	6.54
Sebastian Ngassa	Invicta East Kent AC	6.21
William Norman	Folkestone RC	5.94

### Speed Bounce 3 Best Performances

Name	Club	Perf
Nathaniel Ryan	Folkestone RC	82
Gene Sanger	Folkestone RC	73
Sebastian Ngassa	Invicta East Kent AC	72

#### 4 Lap 3 Best Performances

Name	Club	Perf
Aston Fredericks	Thanet AC	54.2
Gene Sanger	Folkestone RC	56.2
James Coward	Ashford AC	56.6

Under 13 Girls		VJ	SP	STJ	SBn	4 Lap	Total	Pos'n	
No	Name								
149	Emily Frimpong	55	6.49	6.53	73	57.0			
	Bexley AC	135	138	147	173	123	716	1	
139	Megan Groombridge	49	6.30	6.22	87	59.1			
	Dartford Harriers	123	135	137	201	112	708	2	
171	Freya Jury	55	4.41	6.31	88	58.0			
	Swale Combined AC	135	103	140	203	118	699	3	
143	Emily Turnbull	48	5.58	5.37	79	59.1			
	Ashford AC	121	127	112	185	112	657	4	
154	Abigail Walters	45	6.03	6.37	67	60.1			
	Medway & Maidstone	115	132	142	161	106	656	5	
163	Caitlin Gallagher	41	4.52	5.62	83	59.0			
	Folkestone RC	107	109	119	193	113	641	6	
145	Lydia Owen	47	5.48	5.55	73	60.2			
	Ashford AC	119	126	117	173	105	640	7	
155	Jessica Wood	42	7.47	5.88	78	65.3			
	Thanet AC	109	148	127	183	69	636	8	
142	Olivia Price	45	5.79	5.46	65	57.8			
	Ashford AC	115	130	114	157	119	635	9	
177	Imogen Davis	39	7.20	5.27	74	62.0			
	Invicta East Kent AC	103	145	109	175	91	623	10	
141	Grace Pitman	45	5.50	5.92	75	69.0			
	Ashford AC	115	127	128	177	52	599	11	
152	Olivia Humphries	43	4.16	5.77	67	60.8			
	Medway & Maidstone	111	89	124	161	100	585	12	
144	Aisha Booth	39	5.90	5.15	65	62.6			
	Ashford AC	103	131	105	157	86	582	13	
150	Mathilde De Varennes	50	4.56	5.03	59	62.8			
	Invicta East Kent AC	125	111	102	145	84	567	14	
151	Katie Rothery	35	4.02	5.19	70	64.3			
	Medway & Maidstone	95	83	106	167	74	525	15	
140	Amy Willard	42	5.63	5.52	43	67.7			
	Swanley & District AC	109	128	116	113	58	524	16	
146	Amy Dodd	34	4.55	4.65	66	64.7			
	Ashford AC	93	110	87	159	73	522	17	
153	Mia Cox	40	3.34	5.39	46	62.4			
	Medway & Maidstone	105	53	112	119	88	477	18	
137	Matilda Kennison	36	4.08	3.63	41	83.5			
	Swale Combined AC	97	86	50	109	0	342	19	

Team	Pts
4 Club Team	2509
Ashford AC	2473
Medway & Maidstone	2243

#### Vertical Jump 3 Best Performances

Name	Club	Perf
Emily Frimpong	Bexley AC	55
Freya Jury	Swale Combined AC	55
Mathilde De Varennes	Invicta East Kent AC	50

**Shot 3 Best Performances**

Name	Club	Perf
Jessica Wood	Thanet AC	7.47
Imogen Davis	Invicta East Kent AC	7.20
Emily Frimpong	Bexley AC	6.49

**Standing Triple Jump 3 Best Performances**

Name	Club	Perf
Emily Frimpong	Bexley AC	6.53
Abigail Walters	Medway & Maidstone	6.37
Freya Jury	Swale Combined AC	6.31

**Speed Bounce 3 Best Performances**

Name	Club	Perf
Freya Jury	Swale Combined AC	88
Megan Groombridge	Dartford Harriers	87
Caitlin Gallagher	Folkestone RC	83

**4 Lap 3 Best Performances**

Name	Club	Perf
Emily Frimpong	Bexley AC	57.0
Olivia Price	Ashford AC	57.8
Freya Jury	Swale Combined AC	58.0

Under 15 Boys		VJ	SP	STJ	SBn	4 Lap	Total	Pos'n
No	Name							
175	Harry Pitman	71	9.23	7.35	78	50.6		
	Ashford AC	167	159	171	183	179	859	1
193	Connor Neal	60	5.49	7.42	82	54.0		
	Folkestone RC	145	122	173	191	145	776	2
173	Finlay Hollyer	51	6.21	6.33	68	57.6		
	Paddock Wood AC	127	129	141	163	120	680	3
192	Archie Barwell	52	4.42	5.48	70	55.3		
	Folkestone RC	129	81	115	167	132	624	4
172	Inigo Warren	51	7.48	6.69	71	-		
	Invicta East Kent AC	127	141	151	169	0	588	5

Team	Pts
4 Club Team	2903

**Vertical Jump 3 Best Performances**

Name	Club	Perf
Harry Pitman	Ashford AC	71
Connor Neal	Folkestone RC	60
Archie Barwell	Folkestone RC	52

**Shot 3 Best Performances**

Name	Club	Perf
Harry Pitman	Ashford AC	9.23
Inigo Warren	Invicta East Kent AC	7.48
Finlay Hollyer	Paddock Wood AC	6.21

**Standing Triple Jump 3 Best Performances**

Name	Club	Perf
Connor Neal	Folkestone RC	7.42
Harry Pitman	Ashford AC	7.35
Inigo Warren	Invicta East Kent AC	6.69



**Speed Bounce 3 Best Performances**

Name	Club	Perf
Connor Neal	Folkestone RC	82
Harry Pitman	Ashford AC	78
Inigo Warren	Invicta East Kent AC	71

**4 Lap 3 Best Performances**

Name	Club	Perf
Harry Pitman	Ashford AC	50.6
Connor Neal	Folkestone RC	54.0
Archie Barwell	Folkestone RC	55.3

Under 15 Girls		VJ	SP	STJ	SBn	4 Lap	Total	Pos'n	
No	Name								
194	Faith Cox	54	7.94	6.35	81	56.7			
	Ashford AC	133	143	141	189	124	730	1	
176	Lauren Macey	47	5.82	6.22	85	56.8			
	Invicta East Kent AC	119	124	137	197	124	701	2	
190	Katie Lacey	49	6.12	6.36	83	58.7			
	Folkestone RC	123	126	141	193	114	697	3	
197	Elenor Jury	48	5.04	6.50	81	58.6			
	Swale Combined AC	121	110	146	189	115	681	4	
178	Nika Najjar	51	5.99	5.55	77	57.6			
	Medway & Maidstone	127	125	117	181	120	670	5	
180	Lauren Colwell	46	6.14	5.47	77	59.4			
	Medway & Maidstone	117	127	115	181	111	651	6	
186	Sam Hockey	49	5.53	5.92	78	62.6			
	Paddock Wood AC	123	121	128	183	86	641	7	
195	Elise Hinde	49	5.02	5.75	59	58.6			
	Swale Combined AC	123	109	123	145	115	615	8	
179	Amaka Ogbue	47	3.81	6.33	63	58.4			
	Medway & Maidstone	119	62	141	153	116	591	9	
191	Josie Doust	46	6.63	5.74	10	58.4			
	Folkestone RC	117	131	123	47	116	534	10	
187	Amy Bateman	45	4.54	5.54	-	-			
	Paddock Wood AC	115	86	117	0	0	318	11	

Team	Pts
Invicta EK/Med & Maid	2613
Paddock W/Swale	2255

**Vertical Jump 5 Best Performances**

Name	Club	Perf
Faith Cox	Ashford AC	54
Nika Najjar	Medway & Maidstone	51
Sam Hockey	Paddock Wood AC	49
Katie Lacey	Folkestone RC	49
Elise Hinde	Swale Combined AC	49

**Shot 3 Best Performances**

Name	Club	Perf
Faith Cox	Ashford AC	7.94
Josie Doust	Folkestone RC	6.63
Lauren Colwell	Medway & Maidstone	6.14

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**Standing Triple Jump 3 Best Performances**

Name	Club	Perf
Elenor Jury	Swale Combined AC	6.50
Katie Lacey	Folkestone RC	6.36
Faith Cox	Ashford AC	6.35

**Speed Bounce 4 Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Lauren Macey	Invicta East Kent AC	85
Katie Lacey	Folkestone RC	83
Faith Cox	Ashford AC	81
Elenor Jury	Swale Combined AC	81

**4 Lap 3 Best Performances**

<b>Name</b>	<b>Club</b>	<b>Perf</b>
Faith Cox	Ashford AC	56.7
Lauren Macey	Invicta East Kent AC	56.8
Nika Najjar	Medway & Maidstone	57.6

Under 17 Boys		VJ	SP	SLJ	SBn	2 Lap	Total	Pos'n
No	Name							
198	James Butler	67	9.20	6.97	60	53.9		
	Swale Combined AC	159	159	160	147	146	771	1