

KCAA Veterans/Masters Championships - Norman Park, Bromley 13-14/09/2014

M35

1500m Final

	No.	Name	Club	Perf	
1	G	44	Jon Fish	Bexley AC	4:43.16

5000m Final

	No.	Name	Club	Perf	
1	G	51	James Gordon	Cambridge Harriers	16:41.59
2	S	52	Barry Hopkins	Canterbury Harriers	19:36.62

400m Hurdles Final

	No.	Name	Club	Perf	
1	G	57	Kehinde Dauda	Kent AC	64.68

Shot Final

	No.	Name	Club	Perf	
1	G	78	Stephen Timmins	Blackheath & Bromley H AC	14.19

CBP 14.19, nt, 13.72, nt, 13.45, 13.25

Discus Final

	No.	Name	Club	Perf	
1	G	78	Stephen Timmins	Blackheath & Bromley H AC	37.12

37.10, 35.90, 36.46, 37.12, nt, nt

Hammer Final

	No.	Name	Club	Perf	
1	G	78	Stephen Timmins	Blackheath & Bromley H AC	47.28
2	S	92	Leon Weaving	Thanet AC	37.49

nt, 47.02, 47.28, 46.29, nt, nt
35.15, 33.33, 34.95, 34.16, 37.49, 31.98

Javelin Final

	No.	Name	Club	Perf	
1	G	78	Stephen Timmins	Blackheath & Bromley H AC	41.08

CBP 37.35, 39.88, 40.01, 40.00, 41.08, 40.33

M40

100m Final w/s+0.9

	No.	Name	Club	Perf	
1	G	3	Mark McAllister	Tonbridge AC	12.40
2	S	4	John Munroe	Thames Valley Harriers	12.62
3		2	Nick Lauder (G)	Veterans AC	12.71
4	B	1	Jason Cannon	Tonbridge AC	12.92
5		5	Wole Odele	Cambridge Harriers	13.03

200m Final w/s+0.7

	No.	Name	Club	Perf	
1	G	23	Peter Davey	Ashford AC	24.34
2		2	Nick Lauder (G)	Veterans AC	25.83
3	S	1	Jason Cannon	Tonbridge AC	26.50
4	B	5	Wole Odele	Cambridge Harriers	26.65

400m Final

	No.	Name	Club	Perf	
1	G	23	Peter Davey	Ashford AC	55.98
2	S	29	Lloyd Collier	Tunbridge Wells Harriers	56.40
3	B	1	Jason Cannon	Tonbridge AC	58.95
4		31	Gavin Kitchingham	Orpington Road Runners	60.61
5		30	John Cox	Kent AC	60.76
6		5	Wole Odele	Cambridge Harriers	60.96
7		2	Nick Lauder (G)	Veterans AC	61.23

800m Final

	No.	Name	Club	Perf	
1	G	36	Craig Sharp	Dartford Harriers AC	2:01.71
2	S	29	Lloyd Collier	Tunbridge Wells Harriers	2:07.64
3	B	31	Gavin Kitchingham	Orpington Road Runners	2:14.47
4		30	John Cox	Kent AC	2:17.45

CBP

1500m**Final**

	No.	Name	Club	Perf	
1	G	36	Craig Sharp	Dartford Harriers AC	4:20.08
2	S	31	Gavin Kitchingham	Orpington Road Runners	4:36.04

5000m**Final**

	No.	Name	Club	Perf	
1	G	31	Gavin Kitchingham	Orpington Road Runners	17:35.12

110m Hurdles**Final**

w/s+2.4

	No.	Name	Club	Perf	
1	G	23	Peter Davey	Ashford AC	16.20

CBP

Pole Vault**Final**

	No.	Name	Club	Perf	
1		65	Murray Hilborne (G)	Blackheath & Bromley H AC	2.70

2.40 o;2.50 o;2.60 o;2.70 xxo;2.80 xxx

Long Jump**Final**

	No.	Name	Club	Perf	
1	G	23	Peter Davey	Ashford AC	5.44
2	S	5	Wole Odele	Cambridge Harriers	5.16

5.40, 5.25, 5.36, 5.42, 5.44, 5.30

4.94, 4.90, 5.16, 4.47, -, 4.31

Shot**Final**

	No.	Name	Club	Perf	
1	-	79	David Glendower	Pembrokeshire Harriers	7.38

nt, 7.38, 7.34, 7.06, 7.16, -

Discus**Final**

	No.	Name	Club	Perf	
1	-	79	David Glendower	Pembrokeshire Harriers	21.11

18.74, 18.63, nt, 21.11, 19.54, 20.38

M50**100m****Final**

w/s+1.4

	No.	Name	Club	Perf	
1		8	Sholto Douglas-Home (G)	SCVAC	13.37
2	G	7	Carl Beech	Swale Combined AC	14.24

200m**Final**

w/s+0.7

	No.	Name	Club	Perf	
1	G	9	David Kemp	Dartford Harriers AC	26.40

400m**Final**

	No.	Name	Club	Perf	
1	G	24	Terry Gibbs	Dartford Harriers AC	61.68
2	S	33	Philip Greenfield	Bromley Vets AC	66.12

800m**Final**

	No.	Name	Club	Perf	
1	G	39	Andrew Howey	Tunbridge Wells Harriers	2:09.58
2	S	37	Mark Ashby	Cambridge Harriers	2:23.20
3	B	41	Nick Swatton	Herne Hill Harriers	2:43.82
4		40	Ian Mackett	Ashford AC	2:46.78

CBP

1500m**Final**

	No.	Name	Club	Perf	
1	G	39	Andrew Howey	Tunbridge Wells Harriers	4:25.33
2	S	47	Tony Tuohy	Dulwich Runners	4:33.66
3	-	7	Carl Beech	Swale Combined AC	6:23.77

CBP

5000m**Final**

	No.	Name	Club	Perf	
1	G	47	Tony Tuohy	Dulwich Runners	16:54.76
2		53	Colin Oxlade (G)	Croydon Harriers	19:46.91

100m Hurdles**Final**

w/s+1.1

	No.	Name	Club	Perf	
1	G	10	Paul Sutherland	Blackheath & Bromley H AC	17.81

400m Hurdles**Final**

	No.	Name	Club	Perf	
1	-	41	Nick Swatton	Herne Hill Harriers	98.68

2000m Walk**Final**

	No.	Name	Club	Perf	
1	G	58	Christopher Hobbs	Ashford AC	9:49.42
2	S	33	Philip Greenfield	Bromley Vets AC	12:03.33

High Jump**Final**

	No.	Name	Club	Perf	
1	G	62	Gary Capon	Dartford Harriers AC	1.55

1.30 o;1.33 -;1.45 o;1.50 xo;1.55 xo;1.58 xxx

Pole Vault**Final**

	No.	Name	Club	Perf	
1	G	67	Wayne Martin	Hastings AC	2.80

2.40 o;2.50 o;2.60 o;2.70 xo;2.80 o;2.90 xxx

Long Jump**Final**

	No.	Name	Club	Perf	
1	G	33	Philip Greenfield	Bromley Vets AC	4.41

-, -, 4.08, 4.41, 4.25, -

Triple Jump**Final**

	No.	Name	Club	Perf	
1	G	62	Gary Capon	Dartford Harriers AC	10.04

10.04, nj, 9.88, 10.04, nj, 9.90

Shot**Final**

	No.	Name	Club	Perf	
1	G	82	Anthony Tipping	Cambridge Harriers	12.68
2	S	80	Micheal Farrell	Swale Combined AC	8.51
3	B	81	Richard Scoones	Swale Combined AC	8.41

11.40, nt, 11.80, 11.83, 12.51, 12.68
8.24, 8.23, 8.41, 7.72, 8.51, nt
8.00, 8.12, 8.41, 8.29, 8.29, 7.37**Discus****Final**

	No.	Name	Club	Perf	
1	G	82	Anthony Tipping	Cambridge Harriers	42.00
2	S	80	Micheal Farrell	Swale Combined AC	29.42
3	B	81	Richard Scoones	Swale Combined AC	28.36

nt, 40.06, 39.93, 41.14, 42.00, 39.61
26.38, 28.58, 28.34, 29.42, nt, 28.57
nt, 28.36, nt, nt, -, -**Hammer****Final**

	No.	Name	Club	Perf	
1	G	82	Anthony Tipping	Cambridge Harriers	43.02
2	S	81	Richard Scoones	Swale Combined AC	29.09
3	-	80	Micheal Farrell	Swale Combined AC	24.43

43.02, 42.87, 39.59, 41.77, 42.23, 41.85
nt, 25.00, 26.26, 29.09, 28.16, 25.54
21.84, 24.05, 24.43, nt, 22.26, 19.26**M60****100m****Final**

w/s+1.4

	No.	Name	Club	Perf	
1	G	11	Tim Carter	Cambridge Harriers	13.89
2	S	14	Tony Unsel	Bromley Vets AC	16.12
3	-	12	Robert Coombes	Dartford Harriers AC	18.24

200m**Final**

w/s+0.7

	No.	Name	Club	Perf	
1	G	11	Tim Carter	Cambridge Harriers	28.36

400m**Final**

	No.	Name	Club	Perf	
1	G	11	Tim Carter	Cambridge Harriers	63.88
2	S	13	Geoffrey Kitchener	Sevenoaks AC	68.46
3	-	12	Robert Coombes	Dartford Harriers AC	87.92

800m**Final**

	No.	Name	Club	Perf	
1	G	11	Tim Carter	Cambridge Harriers	2:40.24
2	S	42	Brian Buckwell	Tonbridge AC	2:40.85
3	B	43	Peter Watts	Swanley & District AC	3:00.67
4		12	Robert Coombes	Dartford Harriers AC	3:14.07

1500m**Final**

	No.	Name	Club	Perf
1	G 48	Robert Brown	Blackheath & Bromley H AC	5:29.41
2	S 49	Maurice Marchant	Tonbridge AC	6:15.88
3	B 12	Robert Coombes	Dartford Harriers AC	6:26.62

100m Hurdles**Final**

w/s+1.1

	No.	Name	Club	Perf
1	G 27	Robert Sibley	Medway & Maidstone AC	18.76

2000m Walk**Final**

	No.	Name	Club	Perf
1	G 43	Peter Watts	Swanley & District AC	13:26.34
2	- 59	Stephen Holliday	Ashford AC	15:02.91

Pole Vault**Final**

	No.	Name	Club	Perf
1	68	David Blunt (G)	Epsom & Ewell Harriers	3.00
	70	Allan Williams	Blackheath & Bromley H AC	nhr

2.80 o;2.90 -;3.00 o;3.20 xxx
3.20 xxx**Long Jump****Final**

	No.	Name	Club	Perf
1	G 11	Tim Carter	Cambridge Harriers	3.92

3.67, 3.92, 3.71, 3.87, 3.58, -

Triple Jump**Final**

	No.	Name	Club	Perf
1	G 27	Robert Sibley	Medway & Maidstone AC	9.22

9.22, 9.13, nj, 8.63, 8.25, 8.33

Shot**Final**

	No.	Name	Club	Perf
1	84	Anthony Richards (G)	Croydon Harriers	11.54
2	G 83	Peter Hawney	Cambridge Harriers	9.66

11.30, nt, 11.54, 11.04, nt, 11.36
9.18, 9.64, 9.57, 8.99, 9.28, 9.66**Discus****Final**

	No.	Name	Club	Perf
1	84	Anthony Richards (G)	Croydon Harriers	38.37
2	G 83	Peter Hawney	Cambridge Harriers	32.11

nt, 36.76, 37.90, nt, nt, 38.37
31.00, nt, 32.11, 31.88, 29.57, 31.66**M70****100m****Final**

w/s+4.3

	No.	Name	Club	Perf
1	G 16	Anthony Garrett	Bexley AC	16.31

200m**Final**

w/s-0.8

	No.	Name	Club	Perf
1	G 16	Anthony Garrett	Bexley AC	34.26

400m**Final**

	No.	Name	Club	Perf
1	- 34	Ronald Denney	Sevenoaks AC	100.42

800m**Final**

	No.	Name	Club	Perf
1	G 34	Ronald Denney	Sevenoaks AC	3:45.30

1500m**Final**

	No.	Name	Club	Perf
1	- 34	Ronald Denney	Sevenoaks AC	7:44.98

5000m**Final**

	No.	Name	Club	Perf
1	G 34	Ronald Denney	Sevenoaks AC	28:21.96

High Jump**Final**

	No.	Name	Club	Perf
1	G 16	Anthony Garrett	Bexley AC	1.18

1.00 o;1.03 -;1.06 o;1.09 -;1.12 xo;1.15 o;1.18 xxo;1.21 xxx

Pole Vault**Final**

	No.	Name	Club	Perf
1	71	Brian Harlick (G)	Epsom & Ewell Harriers	2.20

1.80 xo;2.00 xo;2.10 xo;2.20 xo;2.30 xxx

Long Jump**Final**

	No.	Name	Club	Perf
1	-	Anthony Garrett	Bexley AC	2.69

2.69, 2.56, nj

Shot**Final**

	No.	Name	Club	Perf
1	G	85 John Gilbert	Invicta East Kent AC	10.36

8.09, 9.35, nt, 10.36, 9.47, 9.80

Discus**Final**

	No.	Name	Club	Perf
1	G	85 John Gilbert	Invicta East Kent AC	29.11
2		71 Brian Harlick (G)	Epsom & Ewell Harriers	28.77
3	-	34 Ronald Denney	Sevenoaks AC	15.11

nt, 23.75, nt, nt, 29.04, 29.11
21.81, 27.66, nt, nt, 28.77, 26.80
15.11, 12.18, 13.73, 12.67, 14.84, nt**Javelin****Final**

	No.	Name	Club	Perf
1	G	94 Michael Duffin	Paddock Wood AC	23.12
2	S	72 David Simpson	Sevenoaks AC	20.97
3	-	34 Ronald Denney	Sevenoaks AC	7.20

21.33, 23.12, 20.95, 20.80, 22.94, 21.28
20.51, 19.19, nt, 20.14, 20.97, 19.65
nt, nt, 7.20, nt, nt, nt**M80****200m****Final**

w/s-0.8

	No.	Name	Club	Perf
1	-	17 Richard Pitcairn-Knowles	Sevenoaks AC	47.38

800m**Final**

	No.	Name	Club	Perf
		17 Richard Pitcairn-Knowles	Sevenoaks AC	dnf

Discus**Final**

	No.	Name	Club	Perf
1	G	89 Peter Barber	Cambridge Harriers	20.84

CBP , 20.84, 18.42, 20.22, 20.60, nt

Hammer**Final**

	No.	Name	Club	Perf
1	G	89 Peter Barber	Cambridge Harriers	31.09

CBP nt, 29.33, 28.66, 29.14, 31.09, nt

W35**200m****Final**

w/s-0.8

	No.	Name	Club	Perf
1	G	25 Fleur Hardie	Dartford Harriers AC	30.37

5000m**Final**

	No.	Name	Club	Perf
1	-	50 Vilma Eitautaitė-Farrell	Swale Combined AC	25:35.74

100m Hurdles**Final**

w/s+1.1

	No.	Name	Club	Perf
		28 Elizabeth Duffin	Paddock Wood AC	dnf

High Jump**Final**

	No.	Name	Club	Perf
1	-	28 Elizabeth Duffin	Paddock Wood AC	1.24

1.12 o;1.15 o;1.18 o;1.21 -;1.24 o;1.27 xxx

Shot**Final**

	No.	Name	Club	Perf
1	-	86 Sarah Steadman	Bexley AC	7.89

7.32, 5.79, nt, 7.68, 7.89, 7.83

Discus**Final**

	No.	Name	Club	Perf
1	-	86 Sarah Steadman	Bexley AC	16.14

nt, 15.16, 16.11, 16.14, -, -

Hammer**Final**

	No.	Name	Club	Perf
1	G	86 Sarah Steadman	Bexley AC	31.15
2	-	28 Elizabeth Duffin	Paddock Wood AC	25.03

31.15, nt, 30.32, 28.49, nt, nt
22.59, 23.99, nt, 25.03, nt, nt**Javelin****Final**

	No.	Name	Club	Perf
1	G	28 Elizabeth Duffin	Paddock Wood AC	25.15

19.22, 23.25, 22.54, nt, 24.51, 25.15

W40**100m****Final**

w/s+4.3

	No.	Name	Club	Perf
1	G	18 Kate Maryon	Paddock Wood AC	14.12

200m**Final**

w/s-0.8

	No.	Name	Club	Perf
1	G	18 Kate Maryon	Paddock Wood AC	30.16

400m**Final**

	No.	Name	Club	Perf
1	G	35 Allison Page	Dartford Harriers AC	69.90

5000m**Final**

	No.	Name	Club	Perf
1	G	54 Candy Hawkins	Ashford AC	22:51.16

W50**200m****Final**

w/s-0.8

	No.	Name	Club	Perf
1	G	26 Jackie Montgomery	Blackheath & Bromley H AC	30.71

CBP

5000m**Final**

	No.	Name	Club	Perf
1	G	55 Kim Howes	Larkfield AC	21:22.38

80m Hurdles**Final**

w/s+1.3

	No.	Name	Club	Perf
1	G	63 Teresa Eades	Dartford Harriers AC	16.14

2000m Walk**Final**

	No.	Name	Club	Perf
1	G	61 Lesley Hall	Ashford AC	12:19.80

CBP

High Jump**Final**

	No.	Name	Club	Perf
1	G	63 Teresa Eades	Dartford Harriers AC	1.30

1.18 o;1.21 -;1.24 o;1.27 o;1.30 xo;1.33 xxx

Pole Vault**Final**

	No.	Name	Club	Perf
1	G	26 Jackie Montgomery	Blackheath & Bromley H AC	2.60
2	S	63 Teresa Eades	Dartford Harriers AC	2.50

CBP

2.30 o;2.40 o;2.50 xxo;2.60 xo;2.70 xxx
2.30 o;2.40 o;2.50 xxo;2.60 xxx**Long Jump****Final**

	No.	Name	Club	Perf
1	G	63 Teresa Eades	Dartford Harriers AC	3.98

3.72, 2.92, 3.73, 3.81, nj, 3.98

Triple Jump**Final**

	No.	Name	Club	Perf
1		76 Amanda Rowley-Jones (G)	Croydon Harriers	9.29
2	G	63 Teresa Eades	Dartford Harriers AC	8.92

9.29, 8.72, 8.82, 9.01, 9.02, 8.78
8.92, nj, nj, 8.55, 8.80, 8.55**Shot****Final**

	No.	Name	Club	Perf
1	-	87 Christine Lynch	Swale Combined AC	5.72

5.56, 5.51, 5.72, 5.66, 5.47, 5.71

Discus**Final**

	No.	Name	Club	Perf	
1	G	90	Helen Daniel	Cambridge Harriers	28.72
2	S	91	Christine Pates	Bexley AC	18.23
3	-	87	Christine Lynch	Swale Combined AC	13.83

CBP 24.75, 26.73, 27.53, 24.80, 28.72, 27.99
15.91, 17.91, 16.97, 18.23, 16.90, 18.15
12.59, 13.45, nt, 13.60, 13.83, 13.75

Hammer**Final**

	No.	Name	Club	Perf	
1	G	93	Kim Weaving	Thanet AC	24.08
2	S	87	Christine Lynch	Swale Combined AC	20.58

22.83, 24.08, 21.44, nt, -, -
19.61, 18.97, nt, 20.58, 17.21, 18.46

W60**100m****Final**

w/s+4.3

	No.	Name	Club	Perf	
1	G	19	Fiona Argent	Medway & Maidstone AC	16.48
2	S	20	Anne Unseld	Bromley Vets AC	16.73

CBP

200m**Final**

w/s-0.8

	No.	Name	Club	Perf	
1	G	19	Fiona Argent	Medway & Maidstone AC	34.94
2	S	20	Anne Unseld	Bromley Vets AC	36.04

CBP

400m**Final**

	No.	Name	Club	Perf	
1	G	19	Fiona Argent	Medway & Maidstone AC	85.12

CBP

80m Hurdles**Final**

w/s+1.3

	No.	Name	Club	Perf	
1	G	19	Fiona Argent	Medway & Maidstone AC	17.53

High Jump**Final**

	No.	Name	Club	Perf	
1	G	64	Patricia Oakes	Medway & Maidstone AC	1.06

1.00 xo;1.03 o;1.06 o;1.09 xxx

Pole Vault**Final**

	No.	Name	Club	Perf	
1		73	Sue Yeomans (G)	St Albans AC	2.50

2.40 o;2.50 o;2.60 xxx

Long Jump**Final**

	No.	Name	Club	Perf	
1	G	64	Patricia Oakes	Medway & Maidstone AC	2.76

2.68, 2.76, 2.63, nj, 2.53, 2.40

Triple Jump**Final**

	No.	Name	Club	Perf	
1	G	77	Christine Clements	Dartford Harriers AC	7.80
2	S	64	Patricia Oakes	Medway & Maidstone AC	6.47
3		75	Linda Oxlade (G)	Croydon Harriers	5.26

7.51, 7.68, nj, nj, 7.49, 7.80
6.31, 6.47, 6.30, 6.20, 6.22, 6.19
5.18, 5.17, 5.26, nj, 5.25, nj

Shot**Final**

	No.	Name	Club	Perf	
1	G	88	Barbara Terry	Blackheath & Bromley H AC	8.14

7.72, 8.03, 7.93, nt, 8.14, 7.94

Discus**Final**

	No.	Name	Club	Perf	
1	G	88	Barbara Terry	Blackheath & Bromley H AC	20.03

16.68, nt, 20.03, 19.00, 18.60, nt

Hammer**Final**

	No.	Name	Club	Perf	
1	G	88	Barbara Terry	Blackheath & Bromley H AC	24.26

24.26, 19.84, nt, 20.14, 21.34, 24.23

Javelin**Final**

	No.	Name	Club	Perf	
1	G	77	Christine Clements	Dartford Harriers AC	17.76
2	S	88	Barbara Terry	Blackheath & Bromley H AC	16.38
3	B	64	Patricia Oakes	Medway & Maidstone AC	15.86

16.10, 15.69, 17.76, nt, nt, 16.20
16.00, 15.47, 16.38, nt, 16.30, 15.38
nt, 8.94, 12.12, 11.89, nt, 15.86

W70**100m****Final**

w/s+4.3

	No.	Name	Club	Perf
	21	Joan Burns	Bromley Vets AC	dnf