

K.C.A.A. TRACK & FIELD CHAMPIONSHIPS 2009

ENTRY FORM FOR 10,000 METRES and 3000 METRES CHAMPIONSHIPS

NORMAN PARK, BROMLEY.
DATE: Wed 24th JUNE 2009 at 7:30pm

Note: The 3K will precede the 10K.

EVENT ENTERED

10,000 Metres

Please Indicate Age Group

U20 MEN		U20 WOMEN		SENIOR MEN	
SENIOR WOMEN		VET WOMEN 35		VET WOMEN 40	
VET MEN 40		VET WOMEN 50		VET MEN 50	
VET WOMEN 60		VET MEN 60		VET MEN 70	

3000 Metres

Please Indicate Age Group

SENIOR WOMEN		U20 WOMEN		U17 WOMEN	
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Please complete in BLOCK CAPITALS

SURNAME..... **FORE NAME**.....

DOB..... **CLUB** **TOWN OF BIRTH**

ADDRESS.....

TOWN..... **POST CODE**..... **PHONE NO.**

QUALIFICATION TO COMPETE

Entry to K.C.A.A. Championships is by birth, continuous association as per U.K.A. Rule 9, or by residence. To qualify by residence you must have lived within the Kent County Boundary, or relevant London Post Code area, continuously for at least 9 months prior to the championships.

If a residential qualification is claimed, the following **MUST** be completed:

I have continuously resided at:-

.....

..... Post Code Since

CLUB COLOURS MUST BE WORN (Or Clothing Acceptable Under UKA Rule 17)

ENTRY FEE: £4.00 per individual **CLOSING DATE FOR ENTRIES:** Friday 19th June 2009

ENTRIES TO: Entry Secretary, 1 Kemsley Close, Northfleet, Kent DA11 8PH

I hereby declare that I am an Amateur as defined by UKA Rule 1 and eligible to compete in the above named Kent County Athletic Association Championships, and enclose the required entry fee of £.....

Please make cheques & Postal Orders payable to "Kent County A.A."

Please do not send entries recorded delivery, proof of posting will suffice.

Signed **Date**