**KCAA 2016 Masters Track & Field Championships & Open Information**

**Information for the Masters Track & Field Open & Championships:**

1. The meeting will be held at Erith Stadium & Leisure Centre Kent, on 10th & 11th September 2016
2. The closing date for entries is Thursday, 18th August 2016 **no late entries will be considered.**
3. To seek to ensure safety & quality competition; if entry numbers require athletes asking to compete in the Open competition will be accepted in date order.
4. Age groups are as per age on the first day of competition.
5. Minimum Triple Jump board for M60 and W60 or older will be 5m and 7m for all others.
6. Medals will only be issued if the performance is better than the SCVAC Medal Standards.
7. Any enquires to the entry secretary barry@kcaa.org.uk

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| **The 2015 schedule of events was – the organisers reserve the right to amend if necessary** |
| Saturday | Sunday |
| 200m All | 100m All |
| 800m All | 400m All |
| 5000m All | 1500m All |
| 80mH W40 - W70, M70 - M80 | 110mH M35 - M40 |
| 100mH W35, M50 - M60 | 300mH W50 - W60, M60 – M70 |
| High Jump All | 400mH W35 - W40, M35 - M50 |
| Pole Vault All | 2000m Walks All |
| Triple Jump All | Long Jump All |
| Javelin Women | Shot Men |
| Hammer Women | Discus Men |
| Shot Women | Javelin Men |
| Discus Women | Hammer Men |

**Information applicable to all KCAA 2016 Championships**

1. All of KCAA championships are run under UKA rules as amended by KCAA rules further details can be found on the Track & Field page at [www.kcaa.org.uk](http://www.kcaa.org.uk/)
2. UKA rule 21 S1 requires competing athletes to be registered, so you need to provide your Athlete Registration number; if you do not know it please ask your club membership secretary.
3. Please do not send postal entries by “signature required” delivery as volunteers process them & they may not be at home during the day. Proof of posting is sufficient if you feel you need it, as entries received will usually appear on the KCAA website within a week of submission.
4. Online entry will issue you a confirmation email. **If you do not receive one your entry has not been accepted for some reason**, either try again or contact the Entry Secretary at the email address below
5. Late Entries will not be accepted; unless the reason was outside of your control
6. Qualification to enter KCAA Championships is by birth or continuous association as per UKA Rule 21 S6 or residence. To qualify by residence, you must have continuously lived within the Kent county boundary, or relevant London Post Code, for nine months prior to the event. Further details can be found on the Track & Field page at [www.kcaa.org.uk](http://www.kcaa.org.uk/)
7. Timetables for championships will be posted on the KCAA website approximately 1 week after entries close, they will not be mailed out in advance.
8. Club or School colours must be worn or clothing acceptable under UKA Rule 143.
9. Your Bib numbers must be collected from the athlete registration desk at the Championships, they will not be mailed out in advance. You must also confirm your registration for **each** event at least an hour before its scheduled start time; otherwise you may not be able to compete.
10. If after qualifying for a second round or final, you need to withdraw, you must inform the referee for that event. You will be allowed to withdraw but may not be allowed to compete again during the championships, without good reason as per UKA Rule 166 S1 (3)
11. Personal implements may be used but in the case of field events they must be taken to the equipment room at least 1 hour before your event warm up time. Personal starting blocks may be used except indoors or where FSE is in use.
12. Athletes who compete in multi age group events will only be issued with one medal.

**KCAA Masters Track & Field Championships & Open Meeting**

**Entry Form**

 **(Access to online entry can be found on the Track & Field Page of the KCAA website)**

**At Erith Stadium, Kent on the10th & 11th September 2016**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Select:** | **Championship** |  |  **complete \* below as necessary** | **Open** |  |

Please indicate

|  |  |
| --- | --- |
|  | AGE GROUPS |
| Women: | W35 |  | W40 |  | W50 |  | W60 |  | W70 |  |  |  |
| Men: | M35 |  | M40 |  | M50 |  | M60 |  | M70 |  | M80 |  |

**Please complete in BLOCK CAPITALS.**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Surname** |  | **Forenames** |  |  |  |  |  |
| **Date of Birth** |  | **Club** |  |
| **Athlete Registration No** |  |
| **Address** |  |
| **Town** |  | **Post Code** |  |
| **Phone Number** |  | **Email** |  |
| **Town (or District / Postcode if London) of Birth** |  |
| **If a residential qualification is claimed, the following MUST be completed:** |
| **I have continuously resided at:** |  |
| **Postcode:** |  |
| **Since:**  |  |

**EVENTS ENTERED**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Event** | **Current PB** |  | **Event** | **Current PB** |
| **1.** |  |  | **4.** |  |  |
| **2.** |  |  | **5.** |  |  |
| **3.** |  |  | **6.** |  |  |

**Entry Fee** £7.00 Championship & £11 Open per event for up to two events or £6.00 Championship and £10 Open per event for three or more events.

Please reserve an adult sized Lime Green T-Shirt for me, please put number required in box below

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **S** |  | **M** |  | **L** |  | **XL** |  | **XXL** |  | I enclose an additional £8 per shirt, which I will collect on the day of competition |

I hereby declare that I am an Amateur as defined by UKA Rule 21 S1 and eligible to compete either by birth or residence in the above championships, and enclose the required entry fee (including cost of T- Shirts, if required) of £

**Please make cheques payable to “Kent County A. A.”** (not KCAA please)

|  |  |  |  |
| --- | --- | --- | --- |
| **Signed** |  | **Date** | **2016** |
|  |  |  |  |

**Please send entries to** The KCAA Entry Secretary, 18 Bearstead Rise, London SE4 1RQ

**To be received by Thursday, 18th August 2016 no late entries will be accepted**