**KCAA Indoor Track & Field Championships**

**Information for the Kent Indoor Track & Field Championships**

1. The meeting will be held at Lee Valley Indoor Athletics Centre, Edmonton. N9 0AR on the 18th & 19th March 2017 in conjunction with Hertfordshire & Middlesex.
2. The closing date for entries is Thursday, 2nd March 2017. No late entries will be considered.
3. Age groups are as at midnight 31/08/17, except Under 20’s which is midnight 31/12/17
4. Athletes may only compete within their own age group, except Under 20’s who may also compete as Seniors.
5. No Under 13 athletes will be permitted to enter.
6. Under 15 and Under 17 athletes will not be permitted to compete in more than **three** individual events on the same day.
7. Races may be combined with other ages or counties where it is seen by the organisers to improve the competition experience for all athletes
8. Only Stadium blocks may be used, but their use is optional.
9. Field event competitors will be allowed a maximum of 4 attempts, except in High Jump and Pole Vault.
10. In Triple jump the board positions will be as follows:- SM 11/13m; U20M 9/11m; SW, U20W, U17s and U15s 7/9m.
11. Any enquiries to the entry secretary brian@kcaa.org.uk
12. The Expected Schedule of events:

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| **Saturday – 18th March** | **Sunday – 19th March** |
|  |   |
| 60mH (all) | 60m (all including disability classes) |
| 200m (all) | 300m (U15s/U17W)/400m (others) |
| 800m (all) | 1500m (all) |
| 1K Walk (all) |   |
| HJ (arena) U17W, U20W, SW | HJ (plateau) U15G |
| HJ (arena) U20M, SM | HJ (plateau) U15B, U17M |
| PV (Women) | SP (Women including disability classes) |
| LJ (Men including disability classes) | LJ (Women including disability classes) |
| TJ (Women) | TJ (Men) |
| SP (Men including disability classes) | PV (Men) |
|  |  |

# **The organisers reserve the right to amend if necessary once entry numbers are known**

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**Information applicable to all KCAA Championships**

1. All of KCAA championships are run under UKA rules as amended by KCAA rules further details can be found on the Track & Field page at [www.kcaa.org.uk](http://www.kcaa.org.uk/)
2. UKA rule 21 S1 requires competing athletes to be registered, so you need to provide your Athlete Registration number; if you do not know it please ask your club membership secretary.
3. Please do not send postal entries by “signature required” delivery as volunteers process them & they may not be at home during the day. Proof of posting is sufficient if you feel you need it, as entries received will usually appear on the KCAA website within a week of submission.
4. Online entry will issue you a confirmation email. **If you do not receive one your entry has not been accepted for some reason**, either try again or contact the Entry Secretary at the email address below
5. Late Entries will not be accepted; unless the reason was outside of your control
6. Qualification to enter KCAA Championships is by birth or continuous association as per UKA Rule 21 S6 or residence. To qualify by residence, you must have continuously lived within the Kent county boundary, or relevant London Post Code, for nine months prior to the event. Further details can be found on the Track & Field page at [www.kcaa.org.uk](http://www.kcaa.org.uk/)
7. Timetables for championships will be posted on the KCAA website approximately 1 week after entries close, they will not be mailed out in advance.
8. Club or School colours must be worn or clothing acceptable under UKA Rule 143.
9. Your Bib numbers must be collected from the athlete registration desk at the Championships, they will not be mailed out in advance. You must also confirm your registration for each event at least an hour before its scheduled start time; otherwise you may not be able to compete.
10. If after qualifying for a second round or final, you need to withdraw, you must inform the referee for that event. You will be allowed to withdraw but may not be allowed to compete again during the championships, without good reason as per UKA Rule 166 S1 (3)
11. Personal implements may be used but in the case of field events they must be taken to the equipment room at least 1 hour before your event warm up time. Personal starting blocks may be used except indoors or where FSE is in use
12. Athletes who compete in multi age group events will only be issued with one medal.

Kent, Hertfordshire and Middlesex Indoor Athletics Championships 2017 Postal Entry Form

(Access to online entry can be found on the Track & Field Page of the KCAA website)

To be Held at Lee Valley Indoor Athletics Centre, Edmonton - N9 0AR

18th and 19th March 2017

Under 20s please submit a separate application form if competing as Senior for each age group entered, but a single competition number will be issued.

**Please complete in BLOCK CAPITALS.**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Surname** |  | **Forenames** |  | **Male:** |  | **Female:** |  |
| **Date of Birth** |  | **Club** |  |
| **Athlete Registration No** |  |
| **Address** |  |
| **Town** |  | **Post Code** |  |
| **Phone Number** |  | **Email** |  |
| **Town (or District / Postcode if London) of Birth** |  |
| **If a residential qualification is claimed, the following MUST be completed:** |
| **I have continuously resided at:** |  |
| **Postcode:** |  |
| **Since:**  |  |

**Event Entry:** Please indicate below which event(s) you wish to enter. **ENTRY FEE** **- £7.00 per event**

|  |  |
| --- | --- |
| **Age Group Entered** |  |
| **Events Entered** | **1.** |  | **PB:** |  |
| **2.** |  | **PB:** |  | **3.** |  | **PB:** |  |
| **4.** |  | **PB:** |  | **5.** |  | **PB:** |  |
| **6.** |  | **PB:** |  | **7.** |  | **PB:** |  |

I hereby declare that I am an Amateur as defined by UKA Rule 21 S1 and eligible to compete either by birth or residence in the above championships, and enclose the required entry fee of £

**Please make cheques & Postal Orders payable to “Kent County A. A.”** (not KCAA please)

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| --- | --- | --- | --- |
| **Signed** |  | **Date** | **2017** |

## **Please send entries to: - KCAA Entry Secretary, c/o Jesmond Dene, Seed Road, Newnham, Sittingbourne, Kent ME9 0NA** (Please see general note 3 above re posting)

**To be received by Thursday 2rd March 2017 no late entries will be accepted**