

KCAA 2016 3,000m &10,000m Championships Information

Information for the 3,000m &10,000m Championships & Open:

1. The meeting will be held at the Central Park Athletics Track, Cranford Road, Dartford, Kent. DA1 1JP on the 22nd June 2016 (The meeting is being held within the Dartford Harriers Open meeting, for which KCAA is very grateful.)
2. Electronic lap timing & Photofinish results system will be in use at this meeting in 2016, which accounts for the increase in entry fees.
3. There will be no online entry option for this meeting
4. The closing date for entries is Monday, 20th June 2016.
5. The 3K race will start at 19.30; followed by the 10K approximately 15 minutes later.
6. Athletes may only compete within their own age group, except U20's who may also compete as seniors.
7. To seek to ensure safety & quality competition; if entry numbers require athletes from none KCAA registered clubs will be accepted in date order.
8. Any enquires to the Entry Secretary gary@kcaa.org.uk

Information applicable to all KCAA 2016 Championships

1. All of KCAA championships are run under UKA rules as amended by KCAA rules further details can be found on the Track & Field page at www.kcaa.org.uk
2. UKA requires all competing athletes to be registered, therefore we need to ask for your Athlete Registration number; if you do not know it please ask your club membership secretary.
3. Please do not send postal entries by "signature required" delivery as volunteers process them & they may not be at home during the day. Proof of posting is sufficient if you feel you need it, as entries received will usually appear on the KCAA website within a week of submission.
5. Late Entries will not be accepted; unless the reason was outside of your control
6. Qualification to enter KCAA Championships is by birth or continuous association as per UK Rule 9 or residence. To qualify by residence, you must have continuously lived within the Kent county boundary, or relevant London Post Code, for nine months prior to the event. Further details can be found on the Track & Field page at www.kcaa.org.uk
8. Club colours must be worn or clothing acceptable under UKA Rule 17.
9. Athlete Bib numbers must be collected from the athlete registration desk at the Championships, they will not be mailed out in advance.
11. Athletes who compete in multi age group events will only be issued with one medal.

KCAA 3Km & 10Km Championships & Open 2016 - Entry Form

(There will be no online entry option for this meeting)

To be held at Central Park Athletics Track, Cranford Road, Dartford, Kent. DA1 1JP on the
22nd June 2016

Please complete in BLOCK CAPITALS.

Surname **Forenames** **Male:** **Female:**

Date of Birth **Club**

Athlete Registration No

Address

Town **Post Code**

Phone Number **Email**

Town (or District / Postcode if London) of Birth

If a residential qualification is claimed, the following MUST be completed:

**I have continuously resided
at:**

Postcode:

Since:

Event Entry: (Please indicate with "Y")

Championship
Entry

Open Entry

10,000m					
Under 20 Men			Senior Men		Masters 35 Men
Masters 40 Men			Masters 50 Men		Masters 60 Men
Masters 70 Men					
Under 20 Women			Senior Women		Masters 35 Women
Masters 40 Women			Masters 50 Women		Masters 60 Women
3,000m					
Under 17 Men					
Under 17 Women			Under 20 Women		Senior Women

ENTRY FEES - £10.00

Closing Date Monday 20th June 2016

I hereby declare that I am an Amateur as defined by UKA Rule 1 and eligible to compete either by birth or residence in the above championships.

I either enclose a cheque or have made a bank transfer for: £

Cheques payable to Kent County Athletics Association (please do not just use KCAA)

Transfers should be to: Kent County Athletics Association Account at Barclays.

Sort Code 20-06-72 Account number: 40546445 (Please add "3K/10K & your name in reference box)

Signed

Date

2016

Please send entries to The KCAA Entry secretary, 1 Kemsley Close, Northfleet, Kent. DA11 8PH
or email to gary@kcaa.org.uk