

Danson Park 28th November 2015

Dear Athlete

Welcome to Danson Park – Bexley AC, hope you have a great race but also a safe one

This year we are in the south part of Danson Park, unfortunately it has become increasingly difficult to host in the area we have got used to, due to extra race furniture and the high water table. Hence we are giving this part of the park a go.

I would be grateful if you read the following important information.

Toilets – Are situated at the internal car park within the park (near Danson House). There are two sets of loos either side of this block. There is also a café here, and another at the boathouse – our apologies but please allow time when accessing the toilet facilities. You will need to cross the bridge to the south side of the park for the race venue

First Aid – The league will be providing and will be situated at the Start/Finish area

Parking – Parking is unchanged from previous years, please use the internal car or park in Danson Road. The access road to the start finish at Lakeside close will only be open for drop of club tents, parking for race officials (& only those who have equipment to bring on site).

Course

We might have to make small alterations during the day to avoid wear and tear.

Getting there

Danson park postcode is DA6 8HL, most common access is from the A2 coming off at the Danson interchange, take sign towards Bexleyheath. You cannot miss the park on your left.

Team managers – please make your competitors aware of the above, Please allow plenty of time when traveling to the venue

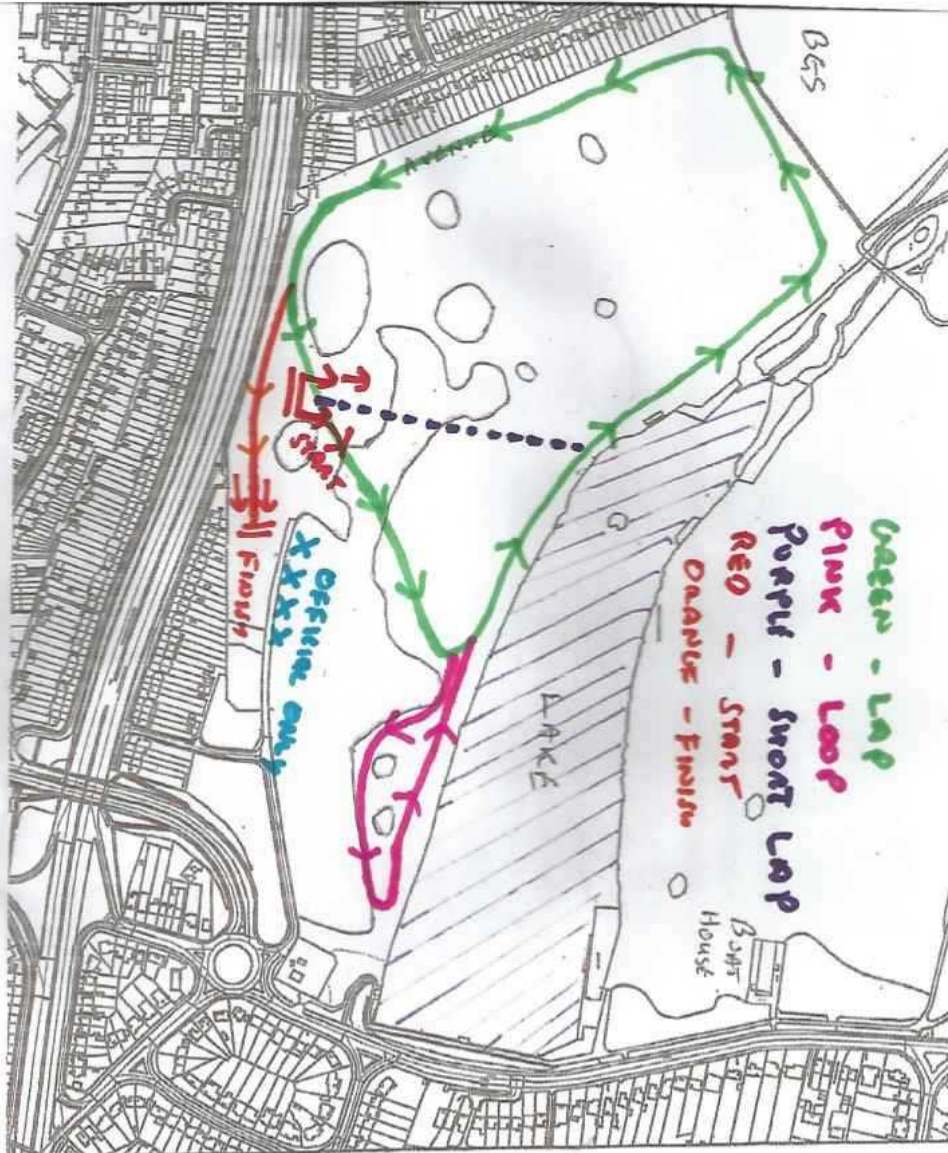
Unfortunately whilst the above is not ideal on what we would like to deliver. It is increasingly difficult to find suitable venues within the area. It is very important that we are able to return in future years.

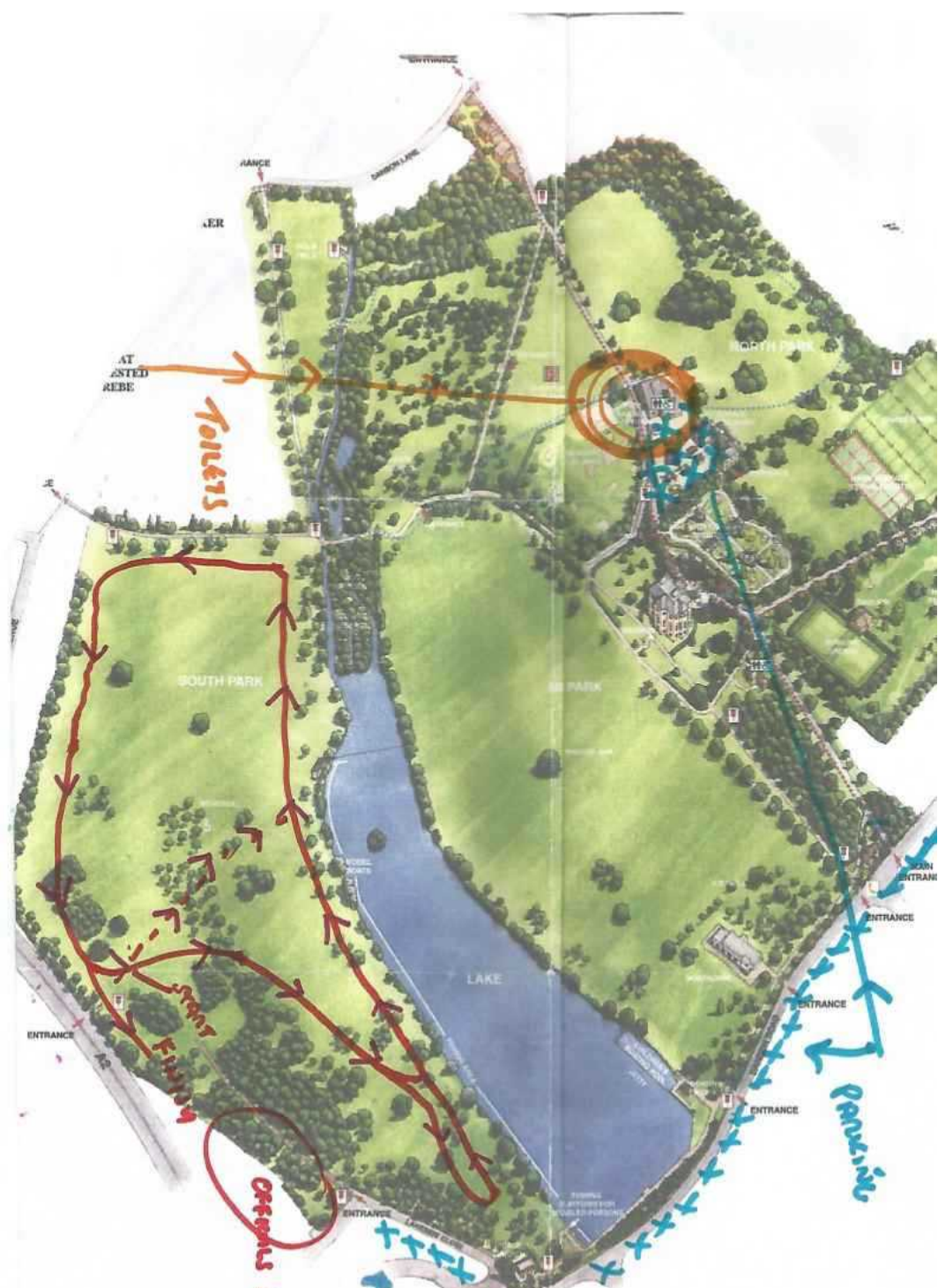
Kevin Winch -- Bexley AC

Kent Cross Country League Danson Saturday 28th November 2015

Start Time

12:00 AM	Under 13 Girls	2 1/2 k	1 lap plus 2 extra loops
12:20 pm	under 13 boys	3k	2 laps
12:40 pm	under 15 girls	3k	2 laps
13:00 pm	under 15 boys	4k	2 Laps plus 2 extra loops
13:20 pm	under 17 & 20 Women	3.5 k	1 lap plus cut off
13:40 pm	under 17 & 20 Men	5k	3 laps plus one extra loop only
14:00 pm	Senior Women	5k	3 laps plus one extra loop only





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From A2
DANSON INTERCHANGE

