



Outdoor open athletics meetings 2013

Ashford Leisure Trust is running a series of five outdoor open athletics meetings during 2013.

- Electronic Timing, Photo Finish and LED scoreboard will be in use for all meetings
- Sprint races will be run on the straight with a + wind
- Run under British Athletics Rules and IPC Approved

Wednesday 24th April 2013	
6.20	1500m Steeplechase men 1500m Steeplechase women 2 lap steeplechase challenge
7.00	+ wind 100m
7.50	1500m
8.15	+ wind 200m

Wednesday 22nd May 2013	
6.20	1500m Steeplechase men 1500m Steeplechase women 2 lap steeplechase challenge
7.00	+ wind 100m
7.50	400m
8.15	+ wind 200m

Wednesday 12th June 2013	
7.00	+ wind 100m Pole Vault
8.15	+ wind 200m

Wednesday 24th July 2013	
7.00	+ wind 100m
8.15	+ wind 200m

Wednesday 18th September 2013	
6.20	1500m Steeplechase men 1500m Steeplechase women 2 lap steeplechase challenge
7.00	+ wind 100m
7.50	800m
8.15	+ wind 200m

- Event Information**
- Julie Rose Stadium, Ashford, Kent TN24 9QX
 - Online entries close at 1800 the day before each competition
 - Races will be run with the fastest athletes first based on entry PB
 - On the day entries close 30mins before the start of each event

Pre enter online, pay on the day: 1 event £4, 2 events £6
 Enter on the day, pay on the day: 1 event £6, 2 events: £10

ENTER ONLINE TODAY: www.justiming-live.co.uk/ashford2013.html

For more information please contact Peter Le Rossignol on 01233 667 125 or e-mail pete.lerossignol@ashfordleisuretrust.co.uk