AAA

STANDARDS SCHEME

2011/2012

THE COMMON STANDARDS SCHEME

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The agreement reached in 1996 between representatives of the AAA of England and the Celtic Countries in respect of the recognition of common Track and Field Standards essentially remains in force. The performances listed hereunder (with the exception of non UK YAL competition for Under 13 age group athletes in N.Ireland) apply to all British Athletics, irrespective of whether any Country intends, or not, to make Certificates and/or Badges available to their athletes.

With the advent of data bases of performances it has been decided to completely revise the standards tables every two years and to introduce standards for events which appear in the data bases which have not previously appeared in the tables. The method of revising the tables has been to look at the total number of performances recorded in the data bases and to try to pitch the standards such that the top 7.5% of performances would attain a grade 1 standard; the top 15% of performances a grade 2 standard; the top 30% a grade 3 standard; the top 65% a grade 4 standard. Some events have been removed due to there being insufficient data on which to base a realistic standard. Whilst the walks fall into this category their standards have been retained in the hope that more performances will be forthcoming.

The Standards for Senior athletes are for guidance only as there are no badges available for that age group. It is recognised that this is the area where performances seem to be decreasing but perhaps this is due to the larger participation in area leagues rather than a diminishing performance at the top levels – international and elite.

In the previous tables indoor 60 metres and 60 metres Hurdles standards were fixed with two decimal places as most indoor competition now has the advantage of photo finish. This appears to have been successful with most performances now having higher standards.

Any queries on this Scheme should be addressed to Edwin Bellamy, 17 Parkdale, Barton upon Humber DN18 5EQ.
Telephone: 01652 633422. E-mail: ebellath@aol.com

AAA STANDARDS SCHEME

This Association will for the 2011 & 2012 Seasons, use the COMMON STANDARDS SCHEME incorporating the revisions referred to above. All the applicable Standards are listed in the following pages. Badges are available for the FOUR Grades in the UNDER 17, UNDER 15 and UNDER 13 AGE GROUPS and THREE Grades in the UNDER 20 AGE GROUP, as defined by UK Athletic Rules.

The performance to be recognised must be achieved in the actual category of competition at 1) National, Territorial and County Championships: 2) at all Young Athletes and other League competitions, Open Meetings and Inter-Club Trophy Meetings; 3) at other approved meetings: and 4) at ESAA National, Regional and County Championships.

The Scheme is co-ordinated by the Territorial Associations from whom Certificates and/or Badges are available. The Certificates, issued free, give details of addresses from which Athletes may obtain Badges at a cost of **£2.00 PLUS SELF ADDRESSED STAMPED ENVELOPE** for return of Badge. Clubs are encouraged to make bulk applications for their athletes.

1. The Standards set for ALL FIELD EVENTS in EACH AGE GROUP are based on the use of the implement weights and specifications as detailed under UK Athletic Rules. Standards are not set for the use of 'under' or 'over' weight implements. Similarly Standards for Hurdle/Steeplechase events are based on the use of Hurdles/Barriers to the heights and spacings as defined by UK Athletic Rules.

2. Standards may be obtained for ALL Indoor Events additional to the 60 metres and 60m Hurdles using the relevant outdoor tables.

3. Standards may be obtained in each or every single event contained within any Combined-Event competition.

4. Although Standards are listed for SENIORS it is NOT the intention to make BADGES available for this Age Group. They are included for use by Leagues etc.

Queries on the scheme may be addressed to the AAA Hon. Standards Officer, Edwin Bellamy, 17 Parkdale, Barton upon Humber DN18 5EQ. Telephone: 01652 633422. E-mail: ebellath@aol.com ; to the Midland Counties AA or South of England AA at their registered HQ address as below. The Hon. Standards Officer would appreciate copies of full results (including all heats, finals and rounds) of all competitions. Organisers of athletic meetings are urged to ensure that full results of their meetings are provided to those who maintain performance databases as it is only by having the full range of performances recorded that the standards can be revised accurately.

Midland Counties AA *Alexander Stadium, Walsall Road, Perry Barr, Birmingham B42 2LR*

Northern Athletics *E.S.BELLAMY, 17 Parkdale, Barton-upon-Humber. DN18 5EQ*

South of England AA *SEAA Office, The Jubilee Stand, The Crystal Palace National Sports Centre, Ledrington Road, London, SE19 2BB*

Standards for Men and Boys 2011-12

*Improved standard, # reduced standard; ^ new event

Senior Men

Event	Grade 1	Grade 2	Grade 3
100 metres	10.8 sec.#	11.0 sec #	11.2 sec*
200 metres	21.8 sec #	22.2 sec #	22.5 sec
400 metres	48.5 sec	49.4 sec *	50.3 sec
800 metres	1 min 51.7 sec *	1 min 53.6 sec	1 min .56.5 sec #
1,500 metres	3 min 48.5 sec *	3 min 54.0 sec*	3 min 59.5 sec
3,000 metres	8 min19.5 sec #	8 min 30.5 sec #	8 min 45.0 sec #
5,000 metres	14 min 28.0 sec #	14 min 48.0 sec #	15 min 18.0 sec #
10,000 metres	29 min 50.5 sec #	30 min 28.5 sec *	31 min 35.0 sec *
110 metres Hurdles	14.6 sec #	15.0 sec #	15.6 sec #
400 metres Hurdles	53.2 sec *	54.8 sec *	57.1 sec *
3000 metres Steeplechase	9 min 15.4 sec *	9 min 38.0 sec *	9 min 55.9 sec *
High Jump	2.00 metres	1.95 metres	1.86 metres #
Pole Vault	4.70 metres	4.40 metres	4.00 metres#
Long Jump	7.00 metres *	6.75 metres	6.45 metres
Triple Jump	14.25 metres *	13.70 metres *	13.00 metres*
Shot	14.20 metres *	13.15 metres *	12.15 metres*
Discus	45.60 Metres *	40.60 metres #	36.90 metres
Javelin	58.65 metres *	52.85 metres *	47.95 metres *
Hammer	54.60 metres #	47.75 metres #	41.45 metres #
Decathlon	7440 points	7080 points *	6530 points *
3,000 metres Walk	12 min 50.0 sec	13 min 15 .0 sec	14 min 00.0 sec
5,000 metres Walk	21 min 25.0 sec	22min 25.0 sec	23 min 05.0 sec
10,000 metres Walk	44 min 20.0 sec	46 min 50.0 sec	48 min 35.0 sec
Indoor			
60 metres	6.85 sec *	7.00 sec	7.05 sec *
60 metres Hurdles	7.95 sec #	8.10 sec *	8.30 sec *
Heptathlon	5690 points #	5510 points #	5050 points

Under 20 Men

Event	Grade 1	Grade 2	Grade 3
100 metres	10.9 sec	11.1 sec	11.3 sec
200 metres	22.1 sec *	22.4 sec *	22.7 sec *
400 metres	49.4 sec *	50.1 sec *	51.1 sec *
800 metres	1 min 54.0 sec *	1 min 55.5 sec *	1 min 58.0 sec *
1,500 metres	3 min 54.5 sec *	3 min 58.0 sec *	4 min 03.5 sec *
3,000 metres	8 min25.5 sec *	8 min 35.5 sec *	8 min 51.5 sec *
5,000 metres	14 min 33.5 sec *	14 min 53.0 sec *	15 min 23.5 sec *
110 metres Hurdles	14.5 sec #	14.9 sec *	15.5 sec *
400 metres Hurdles	55.2 sec *	56.5 sec *	58.0 sec *
2,000 metres Steeplechase	6 min 11.0 sec	6 min 17.4 sec*	6 min 30.5 sec *
High Jump	2.00 metres *	1.95 metres *	1.87 metres *
Pole Vault	4.75 metres *	4.40 metres *	4.00 metres *
Long Jump	6.95 metres *	6.70 metres *	6.35 metres *
Triple Jump	14.25 metres *	13.80 metres *	13.10 metres *
Shot	14.40 metres *	13.60 metres *	12.50 metres *
Discus	45.45 metres *	41.35 metres *	37.35 metres *
Javelin	55.85 metres *	50.90 metres *	46.10 metres *
Hammer	57.80 metres *	55.05 metres *	47.20 metres *
Decathlon	7200 points *	6475 points *	5950 points *
3,000 metres Walk	13 min 00.0 sec	14 min 00.0 sec	14 min 45.0 sec
5,000 metres Walk	21 min 40.0 sec	22 min 45.0 sec	23 min 30 .0 sec
10,000 metres Walk	45 min 10.0 sec	47 min 35.0 sec	49 min 10.0 sec
Indoor			
60 metres	7.00 sec *	7.05 sec *	7.20 sec
60 metres Hurdles	8.00 sec *	8.05 sec *	8.30 sec *
Heptathlon	5800 points *	5300 points *	5080 points *

Under 17 Men

Event	Grade 1	Grade 2	Grade 3	Grade 4
100 metres	11.2 sec	11.4 sec #	11.5 sec *	11.8 sec *
200 metres	22.8 sec #	23.1 sec	23.5 sec #	24.1 sec #
400 metres	51.0 sec	51.8 sec *	52.9 sec *	54.4 sec *
800 metres	1 min 57.0 sec *	1 min 59.5 sec *	2 min 02.0 sec *	2 min 06.5 sec *
1,500 metres	4 min 06.0 sec *	4 min 11.0 sec *	4 min 17.0 sec	4 min 26.5 sec #

3,000 metres	8 min 49.5 sec *	9 min 01.0 sec *	9 min 15.5 sec *	9 min 38.5 sec *
100 metres Hurdles	13.7 sec	14.0 sec	14.6 sec *	15.4 sec *
400 metres Hurdles	56.5 sec	58.5 sec *	60.5 sec *	62.5 sec *
1,500 metres Steeplechase	4 min 31.0 sec *	4 min 37.0 sec *	4 min 47.0 sec *	5 min.02.0 sec *
High Jump	1.85 metres	1.82 metres *	1.75 metres	1.70 metres *
Pole Vault	4.00 metres	3.65 metres	3.50 metres *	3.00 metres *
Long Jump	6.40 metres *	6.20 metres *	5.90 metres *	5.60 metres*
Triple Jump	13.00 metres	12.55 metres *	12.10 metres *	11.45 metres #
Shot	13.35 metres *	12.65 metres *	11.85 metres *	10.70 metres *
Discus	40.95 metres #	37.10 metres #	32.70 metres #	28.10 metres #
Javelin	50.55 metres *	47.00 metres *	43.30 metres *	38.10 metres *
Hammer	58.00 metres *	48.60 metres *	39.25 metres #	29.30 metres #
Octathlon	4685 points *	4465 points *	4110 points *	3675 points *
3,000 metres Walk	14 min 50.0 sec	15 min 10.0 sec	16 min.00.0 sec	17 min 00.0 sec
5,000 metres Walk	24 min 40 sec	25 min 00.0 sec	25 min 50.0 sec	27 min 42.0 sec
Indoor				
60 metres	7.15 sec *	7.30 sec	7.40 sec	7.60 sec
60 metres Hurdles	8.30 sec *	8.45 sec *	8.55 sec *	8.85 sec *
Pentathlon	3700 points *	3575 points *	3200 points *	2940 points *
Heptathlon	4825 points	4600 points *	4025 points #	3555 points #

Under 15 Boys

Event	Grade 1	Grade 2	Grade 3	Grade 4
100 metres	11.7 sec	11.9 sec	12.1 sec	12.5 sec
200 metres	24.0 sec #	24.4 sec #	24.9 sec #	25.6 sec
400 metres	54.7 sec #	55.7 sec *	57.0 sec	59.0 sec
800 metres	2 min 06.5 sec *	2 min10.0 sec	2 min 13.5 sec	2 min 18.5 sec
1,500 metres	4 min 23.0 sec #	4 min 28.0 sec *	4 min 35.5 sec	4 min 46.5 sec #
3,000 metres	9 min 18.0 sec *	9 min 25.5 sec *	9 min 45.5 sec *	10 min 05.0 sec *
80 metres Hurdles	11.9 sec *	12.2 sec *	12.7 sec *	13.4 sec *
High Jump	1.70 metres	1.66 metres *	1.60 metres	1.55 metres
Pole Vault	3.20 metres *	3.00 metres *	2.80 metres *	2.40 metres *
Long Jump	5.70 metres *	5.55 metres *	5.32 metres	5.00 metres
Triple Jump	11.90 metres *	11.50 metres *	11.15 metres *	10.45 metres *
Shot	12.35 metres *	11.75 metres *	10.95 metres	10.15 metres *
Discus	34.50 metres #	32.15 metres #	28.90 metres #	25.55 metres #
Javelin	42.55 metres *	39.90 metres *	37.00 metres *	32.65 metres #
Hammer	46.20 metres	41.10 metres *	34.20 metres *	27.80 metres *
Pentathlon	2575 points *	2400 points	2210 points *	1840 points #
3,000 metres Walk	14 min 53.0 sec	15 min 45.0 sec	16 min 33.0 sec	17 min 16.0 sec
Indoor				
60 metres	7.40 sec *	7.55 sec *	7.65 sec *	7.85 sec*
60 metres Hurdles	8.80 sec	8.85 sec *	9.10 sec *	9.40 sec *
Pentathlon	2710 points *	2470 points *	2280 points *	1910 points *

Under 13 Boys

Event	Grade 1	Grade 2	Grade 3	Grade 4
75 metres	10.7 sec #	10.9 sec #	11.4 sec #	12.1 sec #
100 metres	12.9 sec *	13.1 sec *	13.4 sec *	13.9 sec *
150 metres	20.0 sec	20.5 sec	21.5 sec	22.5 sec
200 metres	26.7 sec *	27.6 sec	28.0 sec *	29.0 sec *-
800 metres	2 min 22.0 sec *	2 min 24.5 sec *	2 min 28.5 sec *-	2 min 34.5 sec *
1,500 metres	4 min 50.5 sec *	4 min 56.5 sec *	5 min 03.5 sec *	5 min 16.0 sec *
75 metres Hurdles	13.0 sec *	13.4 sec *	14.0 sec *	15.2 sec *
High Jump	1.45 metres	1.40 metres	1.35 metres	1.30 metres
Pole Vault	2.70 metres ^	2.60 metres ^	2.30 metres ^	2.10 metres ^
Long Jump	4.70 metres *	4.60 metres *	4.50 metres *	4.15 metres *
Shot	9.55 metres *	8.95 metres *	8.10 metres *	7.10 metres *
Discus	25.85 metres *	22.60 metres *	19.25 metres #	16.15 metres #
Javelin	31.65 metres *	29.10 metres #	25.70 metres #	21.40 metres #
Pentathlon	1860 points *	1555 points *	1450 points *	1355 points *
2,000 metres Walk	10 min 48.0 sec	11 min 15.0 sec	11 min 50.0 sec	12 min 30.0 sec
Indoor				
60 metres	8.00 sec *	8.30 sec *	8.50 sec *	8.60 sec *
60 metres Hurdles	10.00 sec *	10.30 sec *	10.50 sec *	10.90 sec *

Standards for Women and Girls 2011-12

*Improved standard, # reduced standard; ^ new event

Senior Women

Event	Grade 1	Grade 2	Grade 3
100 metres	12.2 sec #	12.4 sec #	12.7 sec #
200 metres	25.0 sec #	25.4 sec #	25.9 sec #
400 metres	57.2 sec #	58.2 sec #	59.8 sec #
800 metres	2 min 10.9 sec #	2 min 13.0 sec #	2 min 16.5 sec #
1,500 metres	4 min 27.5 sec #	4 min 34.0 sec #	4 min 41.5 sec #
3,000 metres	9 min 41.5 sec #	9 min 57.5 sec #	10 min 17.5 sec #
5,000 metres	15 min 23.5 sec *	16 min24.0 sec *	16 min 35.5 sec *
10,000 metres	32 min 49.0 sec #	33 min 33.0 sec *	35 min 48.0 sec *
100 metres Hurdles	14.7 sec #	15.0 sec #	15.5 sec #
400 metres Hurdles	63.2 sec #	65.0 sec #	67.5 sec #
1,500 metres Steeplechase	5 min 26.0 sec #	5 min 35.0 sec #	5 min 45.0 sec #
2,000 metres Steeplechase	7 min 04.5 sec #	7 min 13.5 sec #	7 min 29.0 sec #
3,000 metres Steeplechase	9 min 50.0 sec #	10 min 02.0 sec #	10 min 25.0 sec #
High Jump	1.72 metres *	1.69 metres *	1.61 metres *
Pole Vault	3.65 metres #	3.40 metres #	3.10 metres
Long Jump	5.75 metres *	5.50 metres *	5.25 metres *
Triple Jump	11.55 metres #	11.00 metres #	10.65 metres *
Shot	11.50 metres #	10.55 metres #	9.70 metres #
Discus	39.15 metres #	35.45 metres #	31.50 metres #
Javelin	41.30 metres *	35.20 metres #	33.10 metres
Hammer	50.10 metres *	45.35 metres *	39.85 metres *
Heptathlon	4725 points #	4500 points #	4200 points #
3,000 metres Walk	14 min 50.0 sec	15 min 20.0 sec	15 min 40.0 sec
5,000 metres Walk	24 min 30.0 sec	26 min 00.0 sec	26 min 50.0 sec
10,000 metres Walk	53 min 00.0 sec	58 min 00.0 sec	61 min 00.0 sec
Indoor			
60 metres	7.70 sec	7.85 sec #	8.05 sec *
60 metres Hurdles	8.80 sec #	9.00 sec #	9.20 sec #
Pentathlon	4045 points #	3810 points #	3575 points #

Under 20 Women

Event	Grade 1	Grade 2	Grade 3
100 metres	12.3 sec	12.4 sec *	12.7 sec *
200 metres	25.0 sec *	25.4 sec *	25.9 sec *
400 metres	57.2 sec *	58.2 sec *	59.8 sec *
800 metres	2 min 11.0 sec *	2 min 13.0 sec *	2 min 16.5 sec *
1,500 metres	4 min 27.5 sec *	4 min 34.0 sec *	4 min 41.5 sec *
3,000 metres	9 min 41.5 sec *	9 min 57.5 sec *	10 min 17.5 sec *
5,000 metres	15 min 23.5 sec *	16 min 24.0 sec *	16 min 35.5 sec *
100 metres Hurdles	14.5 sec *	15.0 sec	15.5 sec #
400 metres Hurdles	63.2 sec *	65.0 sec *	67.5 sec *
1,500 metres Steeplechase	5 min 10.0 sec *	5 min 15.0 sec *	5 min 23.0 sec *
2,000 metres Steeplechase	7 min 04.5 sec ^	7 min 13.5 sec ^	7 min 29.0 sec ^
High Jump	1.72 metres *	1.69 metres *	1.61 metres *
Pole Vault	3.65 metres *	3.40 metres *	3.10 metres *
Long Jump	5.75 metres *	5.50 metres *	5.25 metres *
Triple Jump	11.55 metres *	11.00 metres *	10.65 metres *
Shot	11.50 metres *	10.75 metres *	9.70 metres *
Discus	39.15 metres *	35.45 metres *	31.50 metres *
Javelin	41.30 metres *	35.20 metres *	33.10 metres *
Hammer	50.10 metres *	45.35 metres *	39.85 metres *
Heptathlon	4725 points #	4500 points #	4200 points #
3,000 metres Walk	15 min 40.0 sec	16 min 20.0 sec	17 min 00.0 sec
5,000 metres Walk	26 min 25.0 sec	27 min 30.0 sec	28 min 35.0 sec
10,000 metres Walk	55 min 50.0 sec	58 min 00.0 sec	60 min 10.0 sec
Indoor			
60 metres	7.70 sec *	7.85 sec *	8.05 sec *
60 metres Hurdles	8.80 sec *	9.00 sec *	9.20 sec *
Pentathlon	4145 points *	3520 points #	3315 points #

Under 17 Women

Event	Grade 1	Grade 2	Grade 3	Grade 4
100 metres	12.4 sec *	12.6 sec *	12.8 sec *	13.1 sec
200 metres	25.4 sec *	25.8 sec *	26.3 sec *	27.1 sec

300 metres	41.4 sec	42.2 sec #	43.0 sec	44.4 sec #
400 metres	58.6 sec	59.5 sec	60.2 sec	62.0 sec
800 metres	2 min 14.8 sec #	2 min 17.5 sec #	2 min 20.8 sec	2 min 25.9 sec #
1,500 metres	4 min 41.0 sec #	4 min 47.0 sec #	4 min 53.8 sec #	5 min 04.8 sec #
3,000 metres	10 min08.5 sec *	10 min 31.0 sec *	10 min 50.5 sec *	11 min 27.5 sec *
80 metres Hurdles	12.0 sec *	12.2 sec *	12.7 sec *	13.2 sec *
300 metres Hurdles	45.5 sec *	46.7 sec *	47.9 sec *	50.0 sec *
High Jump	1.65 metres *	1.61 metres *	1.55 metres	1.48 metres
Pole Vault	3.40 metres *	3.20 metres *	2.90 metres *	2.50 metres *
Long Jump	5.35 metres *	5.20 metres *	5.05 metres *	4.75 metres *
Triple Jump	10.90 metres *	10.60 metres *	10.10 metres *	9.40 metres *
Shot	9.95 metres	9.35 metres #	8.70 metres #	7.80 metres #
Discus	33.25 metres *	31.50 metres *	27.90 metres #	23.25 metres #
Javelin	38.30 metres *	34.00 metres *	29.60 metres *	24.9 metres #
Hammer	40.70 metres *	36.85 metres *	31.60 metres *	22.60 metres *
Heptathlon	4220 points #	3900 points #	3730 points #	3070 points *
3,000 metres Walk	15 min 48.0 sec	16 min 00.0 sec	16 min 13.0 sec	17 min 42.0 sec
5,000 metres Walk	26 min 25.0 sec	26 min 40.0 sec	27 min 04.0 sec	29 min 25.0 sec
Indoor				
60 metres	7.85 sec*	8.00 sec *	8.15 sec *	8.35 sec *
60 metres Hurdles	8.90 sec *	9.05 sec *	9.35 sec *	9.80 sec *
Pentathlon	3165 points #	3010 points #	2840 points #	2520 points #

Under 15 Girls

Event	Grade 1	Grade 2	Grade 3	Grade 4
100 metres	12.8 sec	12.9 sec *	13.1 sec *	13.5 sec *
200 metres	26.3 sec	26.7 sec *	27.2 sec *	28.0 sec
800 metres	2 min19.5 sec *	2 min 23.0 sec *	2 min 26.5 sec *	2 min 31.0 sec *
1,500 metres	4 min 50.5 sec *	4 min 57.5 sec *	5 min 05.5 sec #	5 min 17.0 sec #
3,000 metres	10 min30.0 sec #	10 min 44.5 sec *	11 min 04.0 sec *	11 min 40.0 sec *
75 metres Hurdles	12.0 sec	12.3 sec	12.7 sec *	13.3 sec *
High Jump	1.55 metres	1.50 metres	1.45 metres	1.40 metres
Pole Vault	2.90 metrres *	2.80 metres *	2.50 metres *	2.20 metres *
Long Jump	5.00 metres *	4.85 metres *	4.70 metres *	4.45 metres *
Shot	9.85 metres *	9.15 metres	8.60 metres *	7.85 metres *
Discus	27.30 metres #	25.05 metres #	22.30 metres *	19.65 metres #
Javelin	28.80 metres #	26.35 metres *	23.85 metres #	20.40 metres #
Hammer	38.10 metres #	35.20 metres #	31.05 metres *	23.35 metres *
Pentathlon	2735 points *	2570 points *	2390 points *	2055 points *
2,500 metres Walk	13 min 35.0 sec	14 min 00.0 sec	14 min 30.0 sec	16 min 10.0 sec
3,000 metres Walk	16min 15.0 sec	16 min 45.0 sec	17 min 20.0 sec	19 min 20.0 sec
Indoor				
60 metres	8.15 sec *	8.25 sec *	8.45 sec *	8.70 sec *
60 metres Hurdles	9.35 sec *	9.60 sec *	9.75 sec *	10.10 sec *
Pentathlon	2830 points #	2670 points #	2490 points #	2165 points *

Under 13 Girls

Event	Grade 1	Grade 2	Grade 3	Grade 4
75 metres	10.4 sec	10.6 sec*	10.9 sec #	11.3 sec #
100 metres	13.6 sec	13.8 sec *	14.1 sec *	14.5 sec *
150 metres	20.6 sec #	21.0 sec	21.5 sec	22.4 sec
200 metres	28.5 sec #	29.0 sec	29.6 sec *	30.8 sec
800 metres	2 min29.5 sec	2 min 31.5 sec *	2 min 35.5 sec *	2 min 41.0 sec *
1200 metres	3 min 57.0 sec *	4 min 01.0 sec *	4 min 07.0 sec *	4 min15.0 sec *
1500 metres	5 min 05.0 sec *	5 min 12.0 sec *	5 min 20.0 sec *	5 min 36.5 sec *
70 metres Hurdles	12.2 sec *	12.5 sec *	12.8 sec *	13.4 sec *
High Jump	1.40 metres *	1.35 metres *	1.30 metres *	1.25 metres *
Pole Vault	2.90 metres ^	2.80 metres ^	2.40 metres ^	2.30 metres ^
Long Jump	4.45 metres *	4.35metres *	4.20 metres *	3.95 metres *
Shot	8.35 metres *	7.85 metres *	7.35 metres *	6.55 metres *
Discus	22.10 metres *	19.50 metres #	17.55 metres *	15.00 metres *
Javelin	25.20 metres *	22.45 metres *	19.45 metres *	15.45 metres *
Pentathlon	2360 points *	2190 points *	2020 points *	1675 points *
2,500 metres Walk	11 min 30.0 sec	11 min 50.0 sec	12 min 40.0 sec	13 min 20.0 sec
3,000 metres Walk	14 min 35.0 sec	14 min 55.0 sec	15 min 55.0 sec	16 min 45.0 sec
Indoor				
60 metres	8.60 sec	8.75 sec *	8.85 sec *	9.15 sec *
60 metres Hurdles	9.85 sec *	10.00 sec *	10.20 sec *	10.60 sec *